



Valerie Macon / AFP via Getty Images / TNS

Singer Britney Spears arrives for the premiere of Sony Pictures' "Once Upon a Time ... in Hollywood" in 2019 at the TCL Chinese Theatre in Hollywood, California.

'SORRY IF I'VE OFFENDED'

Britney Spears confirms that she is writing a memoir she calls 'therapeutic'

By Christi Carras
Los Angeles Times

Britney Spears confirmed Monday that she is writing a book about her past in a lengthy Instagram post that has since been deleted.

According to transcripts from the Hollywood Reporter, the pop musician described the writing process as "hard," "healing" and "therapeutic." Her announcement comes more than a month after Page Six reported that she had signed a \$15 million book deal with publisher Simon & Schuster.

"I'm writing a book at the moment and ... it's actually healing and

therapeutic... it's also hard bringing up past events in my life... I've never been able to express openly," Spears wrote on Instagram.

"I can only imagine that I do sound childish but I was extremely young with those events took place ... and addressing it now ... I'm sure it seems irrelevant to most and I'm completely aware of that !!!"

The "Circus" singer also took aim at her younger sister, Jamie Lynn Spears, the actor and singer who published her own memoir, "Things I Should Have Said," in January. While promoting the title, the "Zoey 101" and "Sweet Magnolias" star spoke publicly about her sister's conservatorship, which

ended last year.

In a January interview with ABC News, Jamie Lynn Spears said she was happy when the conservatorship dissolved and claimed she was involved in the legal arrangement only when her sister wanted her to be. Upon its release, Britney Spears accused Jamie Lynn of penning and selling her memoir "at my expense."

More than a decade ago, the matriarch of the Spears family, Lynne, also co-wrote a memoir about her daughters with Lorilee Craker titled "Through the Storm: A Real Story of Fame and Family in a Tabloid World."

In Monday's Instagram message, Britney Spears said she's "never felt

heard" by her family members, whom she has repeatedly criticized via social media.

"Sorry if I've offended anyone by writing these stories," the "Lucky" artist continued in her post.

"But just as my sister can legally mention my name in her book over 200 times ... cry on TV ... and get a heartfelt 'awww' from most ... I also have the right to share a couple of paragraphs on my Instagram."

While discussing her family's behavior, Spears also name-checked her ex-boyfriend, Justin Timberlake, who apologized to her and fellow musician Janet Jackson in the wake of FX's bombshell

documentary "Framing Britney Spears."

Spears did not reveal a release date or publisher for her forthcoming book.

"Instead of using my heart ... I'm using the intellectual approach as Justin so respectfully did when he apologized to Janet and me ... although he was never bullied or threatened by his family ... he took the opportunity to apologize 20 years later !!!" the Grammy winner wrote, according to Billboard.

"Timing is EVERYTHING !!! Good timing is the B— !!! Anyway ... I wanted to just let people KNOW I CARE !!! AND I'M SO SORRY !!!"

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Aly & AJ caught in shooting crossfire

Pop duo reveals they sheltered in place in tour bus downtown

By Jessica Schladebeck
New York Daily News

Pop duo Aly & AJ revealed they were forced to shelter in place during a mass shooting in Sacramento, California, over the weekend that left six people dead and several others wounded.

The former Disney darlings, Allison and Amanda Michalka, had just wrapped up a performance at the Crest Theatre in the California city's downtown area not long before the gunfire broke out early Sunday. The show was part of their 2022 "A Touch of the Beat Tour," which resumed on Monday.

"Our bus was caught in the crossfire but we sheltered in place and everyone in our

touring group is ok. Thank you for everyone reaching out," the sisters said in a tweet Sunday.

"A reminder to keep your loved ones extra close today. We have to do something about gun violence in this country."

The pair added that they have been left "distracted" since the incident and that they are thinking of "the families of those who lost their lives and those recovering today. We're praying for the health care workers caring for them."

"We hope all our fans made it home safe," the pair concluded.

Gunfire erupted in Sacramento around 2 a.m. on Sunday. According to authorities,

more than 100 bullets were unleashed following a large fight in the downtown area.

Three men and three women were killed, including Sergio Harris, 38; Johntaya Alexander, 21; Melinda Davis, 57; Yamile Martinez-Andrade, 21; Joshua Hoye-Lucchesi, 32; and De'vazia Turner, 29.

Several more people were wounded in the chaos, including four with critical injuries, police said.

On Monday, authorities announced the arrest of Dandrae Martin in connection with the massacre. He's facing charges including assault with a firearm and being a prohibited person in possession of a firearm.

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Jose Carlos Fajardo / Bay Area News Group / TNS

Sacramento police crime scene investigators place evidence markers on 10th Street on Sunday at the scene of a mass shooting in Sacramento, California.