

Cancer

Prevention Month

You should know some of the general signs and symptoms of cancer. But remember, having any of these does not mean that you have cancer—many other things cause these signs and symptoms, too. If you have any of these symptoms and they last for a long time or get worse, please see a doctor to find out what's going on.

For More Information or to Donate to the Cause Visit

www.cancer.org

- Unexplained weight loss
- Fever
- Fatigue
- Pain
- Skin changes
- Change in bowel habits or bladder function
- Sores that do not heal
- Indigestion or trouble swallowing
- White patches inside the mouth or white spots on the tongue
- Unusual bleeding or discharge
- Nagging cough or hoarseness
- Thickening or lump in the breast or other parts of the body
- Recent change in a wart or mole or any new skin change

Source: www.cancer.org



Just a sample of the many different kinds of cancer ribbons there are. There are more than 200 Different kinds of Cancers

This page is courtesy of these fine sponsors.

FELLING TRAILERS
The Trailer EXPERTS.

1525 Main Street South • Sauk Centre, MN
(320) 352-5239 • 1-800-245-2809 • www.felling.com

LONG PRAIRIE PACKING CO.

P.O. Box 148 • Long Prairie, MN 56347
320-732-2171

Fairway Pines SENIOR LIVING
...because the journey matters

320-351-4900
606 Main St. N.
Sauk Centre, MN 56378 | www.fairwaypineseniorliving.com

Rousslang Transfer

33 - 12th Street South
Sauk Centre, MN 56378

Freight • Grain 320-980-1107
320-212-0153 • 320-980-4396

Your Total Glass Service

FIRST RATE GLASS, INC.
320-554-2255

15803 135th St. HWY 28
Villard, MN 56385
www.FirstRateGlass.com

H&R BLOCK®

Kathy Marthaler, Franchisee
320-352-3591 • 1800 2nd St. S • Sauk Centre, MN 56378

Kutter Insurance Agency, Inc.
107 Main Street • Grey Eagle, MN

GRINNELL MUTUAL

Michael W. Kutter MN Lic. # IN-22558
Janine I. Kutter MN Lic. # IN-2008521

"For all your insurance needs"

800-955-6051 • 320-285-2299
www.kutterinsuranceagency.com

WE HAUL FOR YOU

DOUG LEGATT
(320) 250-2855
wehaulforyou.com
doug@wehaulforyou.com

Professional movers for your home or business

USDOT 1144430 MNDOT 3754475

• COMPETITIVE RATES • EXCELLENT SERVICE
• FLEXIBLE BILLING • STRONG COMPANIES

Offices ALBANY • HOLDINGFORD • LONG PRAIRIE
in • MELROSE • PIERZ • SAUK CENTRE • ST. CLOUD

ADVANTAGE 1- Auto-Owners INSURANCE
LIFE • HOME • CAR • BUSINESS

• Business • Auto • Home • Farm • Crop Hail • Life • Health
320-252-6650 • advantageoneins.com

Preferred Controls Inc.

460 Huskie Drive
Albany, MN 56307
320-845-6772

www.preferredcontrols.com

WELDING & FAB

Brandon Petermeier 10098 County 11, Sauk Centre
320.223.2852

Building Relationships Since 1958™
BEHIND EVERY PROJECT IS A True Value.

KRAEMER LUMBER CO., INC.

826 County Rd. 13, Melrose, MN 56352
Phone: 320-256-4275

MELROSE ELECTRIC INC.

119 North 8th Avenue West • P.O. Box 234
Melrose, MN 56352
320-256-3846

Established in 1975
MBC Drainage LLC.

Howard Marthaler 320-250-2984
Jason Marthaler 320-249-6062 • Karl Larson 320-808-8012

• Ditching • Tiling • Excavating
• Ag Waste Systems

1800 2nd St. S. • Sauk Centre, MN

1st STATE BANK
"We're here to help!"

423 Main Street South • P.O. Box 266
Sauk Centre, MN 56378
320-352-5771

Member FDIC
www.firststatebanksc.com

COOP'S CORNER
RESTAURANT • CONVENIENCE STORE

ATM • Lottery
Snacks • Gift Cards • Pizza
Burgers • Tacos • Salads
Take & Bake Pizzas
Broaster Chicken
"Fresh from the Coop"

320-254-3204
Restaurant - Grills + Oven
Open 11 am to 9 pm

320-254-3108
Convenience Store - All items open
5 am to 10 pm 5 & 5 open 6 am to 10 pm

Hwy. 55 Belgrade, MN 56312
PROPANE EXCHANGE!

LICENSED • BONDED • INSURED Lic. #61280-PM

Walker Plumbing

JOE WALKER
P.O. Box 134 • Villard, MN 56385
HEATING & SEWER SERVICE
320.554.6601 • 320.766.0341

Central Minnesota Credit Union

mycmcu.org

we care about your community, because it's our community too.

simple human sense

Let us help you with your insurance needs!

MINNESOTA
Sauk Centre Long Prairie
2520 Hwy 138 2520 Hwy 138
131 2nd Street South
Sauk Centre, MN 56378

www.mnmutualagency.com
info@mnmutualagency.com

Auto-Owners INSURANCE
LIFE • HOME • CAR • BUSINESS

We provide compassionate care

In-Home Care Services

Nursing Services • Cleaning • Cooking • Bathing Assistance
Medication Set-Ups • Transportation • and Much More

ALTERNATIVE SENIOR CARE

For more information call
320-352-3350
www.alternativeseniorcare.net

KAMPSEN Heating & A/C

Sauk Centre, Mn. 320-354-HEAT (4328)

• New Construction/Remodeling • Furnaces & A/C
• In floor radiant heat • Air exchangers

Jason Kampsen, Owner
33467 415th Ave.
Sauk Centre, MN 56378

320-351-HEAT (4328)
320-248-6655 Cell

HONESTY & QUALITY

Albany FAMILY DENTISTRY

Dr. Jason Spychala
855-845-8415
360 Railroad Ave • Albany, MN

Office Hours:
Monday
through Thursday
7 A.M. - 3:30 P.M.

KOTZER EXCAVATING

COMMERCIAL • RESIDENTIAL • AGRICULTURAL

CHRIS KOTZER 21745 340th St.
320-980-0015 Cell ALBANY, MN 56307
320-845-6211 Fax chris@kotzerexcavating.com

NEED A LOAN?
Call M.O.M.

Purchases and Refinances
• VA • FHA • USDA

And a variety of conventional products to meet your needs.

We Have Programs for Purchases with Zero Money Down! Call Angie today!

Angie Hoeschen
NMLS#361171
320) 352-3999 • 888-461-3999
Visit Our Website: www.mortgagesonmain.com

M.O.M. MORTGAGES ON MAIN
NMLS#361171