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Life, Page B1

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Photos by Annalise Braught / Bemidji Pioneer

Bemidji State women's hockey players Kate Boland, left, and Paige Anderson help incoming freshmen bring their things into Oak Hall on Thursday, during BSU move-in day.

'Rolling up their sleeves'

Bemidji State athletes welcome freshmen to campus

By Daltyn Lofstrom
The Bemidji Pioneer

On a typical move-in day for Bemidji State University, several Beaver athletics teams can be seen doing the heavy lifting for freshmen living in the Oak and Tamarack Residence Halls.

This tradition was kept alive Thursday, Aug. 18, 800 students flocked to campus in anticipation of the 2022-2023 school year.

"I'm most excited about meeting the new people in my classes and having narrowed down my



Bemidji State soccer players Lexi Johnson, left, and Sylve Waters help an incoming freshman bring her things into Tamarack Hall on Thursday, during BSU move-in day.

major now that I have it set in stone," biology sophomore and women's hockey player Taylor Larson said. Accompanying Larson was her teammate and business management

sophomore Adriana Van De Leest to help freshmen move into Oak Hall.

"I'm excited to be out of my general classes now and into my major-specific ones, meeting more people who are in my major and forming study groups. Going to the library, (it's all) super fun," Van De Leest detailed.

Van De Leest and Larson chose BSU for its hockey program along with small class sizes and ample outdoor activities right outside their Linden dorms.

WELCOME: Page A10

Beltrami County worker recognized

Will Haubrich receives ESGR Patriot Award

By Nicole Ronchetti
The Bemidji Pioneer

BEMIDJI — After being deployed, there's something very special about being welcomed back by those at home, whether that's friends, family and sometimes even coworkers.

For Marten Schrage, who was recently deployed in Kuwait as a member of the U.S. Army National Guard, seeing how much care and effort his coworkers and supervisor at Beltrami County put in to support him inspired him to show them his own appreciation in return.

"It was really nice to see that they were still thinking about me while I was gone," Schrage said. "The atmosphere here at the county of really working together as a team made me feel

comfortable leaving, and then also comfortable coming back."

This led Schrage to nominate Beltrami County for the Patriot Award, a part of the Employer Support of the Guard and Reserve program that aims to recognize and promote understanding between members of the Reserve Component Service and their civilian employers.

A few months after putting in his nomination, Schrage was able to present the award to his supervisor, Will Haubrich, during a county board meeting, thanking him and the county for the support he had received as a member of the armed services.

"It was nice for me as a veteran to be able to present that award directly to Will, but also to recognize and give thanks and appreciation to the entire county for all that they do for veterans," Schrage said.

HAUBRICH: Page A6



Contributed

ESGR representative Doug Underthun, left, stands with Beltrami County Economic Assistance Program Manager Will Haubrich, center, after he receives a Patriot Award from his employee Marten Schrage during a Beltrami County board meeting.

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Headwaters Angel Network

Group connects investors to local entrepreneurs

By Nicole Ronchetti
The Bemidji Pioneer

BEMIDJI — When the inspiration for a business strikes it can be invigorating, but once the search for capital begins it can feel like the only way to get it off the ground is a miracle. That's where the Headwaters Angel Network comes into play.

A new initiative with Greater Bemidji, the net-



Huch

"The Angel Network is essentially a platform to connect entrepreneurs with high-net-worth investors," said Brian Huch, director of the network. "Essentially, the goal of it is to expand the opportunity and access to capital for local entrepreneurs."

The network is designed to address the frequent obstacle that new businesses and entrepreneurs face when looking for money to fund their ventures since often banks and other funding sources aren't willing to take on the risk without requiring high collateral or down payments.

"Some people can get banked, but a lot of people can't really find somebody willing to take on the risk without significant collateral,"

NETWORK: Page A6

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Music Under
The Pines returns
to Lake Bemidji
State Park

BEMIDJI — Friends of Lake Bemidji State Park will host Music Under The Pines on Saturdays and Sundays throughout the month of August at the Lake Bemidji State Park amphitheater, 3401 State Park Road NE.

Remaining perfor-
mance dates are:

- 2 p.m. Sunday, Aug. 21: The Northwind Clarinet Quintet
- 7 p.m. Saturday, Aug. 27: Antonia Arce
- 2 p.m. Sunday, Aug. 28: Lance Benson

Our Redeemer's
Lutheran Church
to hold ice cream
and pie social

PUPOSKY — Our Redeemer's Lutheran Church will host their annual ice cream and pie social from 2 to 4 p.m. on Sunday, Aug. 21, at the church, 1214 Durand Dr. NW in Puposky.

There will be a free-will offering at the event, and everyone from the community and surrounding areas is welcome to attend.

HRDC to offer
homebuyer
education workshop

BEMIDJI — The Headwaters Regional Development Commission will offer a Home Stretch workshop from 4:30 to 9 p.m. on Monday, Aug. 22, and Tuesday, Aug. 23, via Zoom.

The workshop will provide potential home buyers with the information they need to navigate the home buying process with ease. Local experts will present on topics like improving credit, mortgage products, shopping for a home and more.

The class is designed for buyers at any stage of the process, a release said.

The cost to attend is \$40 per household and registrations will be open until Friday, Aug. 19. To register, call the HRDC at (218) 444-4732 or visit hrdc.org/home-stretch.



Contributed

Pictured from left: Third Coast Chamber Collective quartet members Natalia Korenchuk, Evgeny Zvonnikov, Magdalena Sas and Pedro Oviedo.

Watermark
to host Third
Coast Chamber
Collective Festival
performance

BEMIDJI — Watermark Art Center is set to host the final performance of the Third Coast Chamber Collective Festival at 6 p.m. on Sunday, Aug. 21, at Watermark, 505 Bemidji Ave. N.

“Presented by the Itasca Orchestra and Strings Program, the 2022 Third Coast Chamber Collective Festival features an exciting combination of French music and works by women composers of the 20th and 21st century,” a release said.

The final concert will feature the Third Coast Chamber Collective quartet of Evgeny Zvonnikov, Natalia Korenchuk, Pedro Oviedo and Magdalena Sas, along with guest artist Jennifer Olson.

To purchase tickets, visit the Reif Center Box Office website or call (218) 327-5780.

Hands of Action
International to
host charcuterie
fundraiser

BEMIDJI — Hands of Action International and Minnesota Nice Cafe will host a Graze and Gather charcuterie fundraiser from 5 to 7 p.m. on Wednesday, Aug. 24, at Minnesota Nice Cafe, 315 Irvine Ave. NW.

The open-house event will include charcuterie-style meat, cheese, veggies, and fruits as well as crostini, bruschetta and desserts. Gluten free options will be available, a release said.

There will also be a

pop-up shop at the event with locally-made mugs and jewelry.

Tickets cost \$20 each and will be available until the day of the event or until sold out. All proceeds will support the mission work of Hands of Action International, the release said.

Hands of Action International is a Bemidji-area nonprofit organization dedicated to educating, feeding and caring for over 1,000 children in Uganda, East Africa.

To order tickets or learn more, visit www.handsofactioninternational.org.

Bemidji Area
Church Musicians to
hold recital Aug. 24

BEMIDJI — The 35th season of the Bemidji Area Church Musicians Summer Recital Series continues at noon on Wednesday, Aug. 24, at the First Lutheran Church, 900 Bemidji Ave N.

The recital will feature Jon Romer, Native Flute and Sarah Carlson, piano and organ.

According to a press release, Jon Romer, who lived in Bemidji for many years and was an active member of the Bemidji Area Church Musicians, now lives with his wife in Albert Lea, MN. He has played the Native flute and taught others to play for many years.

He has written numerous pieces for the flute and will perform several in this concert. He and Sarah Carlson performed together many times when he lived in Bemidji. This concert will be a bit longer than others

in the Summer Series, extending to 45 minutes, a release said.

A luncheon will follow the recital with a price to be announced.

The event is free and open to the public, a free-will offering will be received at the door for the scholarship programs of the BACM.

For further information call Kenneth Wold (218) 751-2554, Barb Fisher (218) 444-3442 or Shar Paquette (218) 751-1893.

Retired State
Trooper to
hold Defensive
Driving Course

BEMIDJI — A Defensive Driving Course will be offered from 5:30 to 9:30 p.m. on Thursday, Aug. 25, through Zoom.

The four-hour refresher courses are for drivers age 55 and older that have already had an eight-hour beginner's course and want to continue receiving a discount on their insurance. The instructor for the classes will be retired Minnesota State Patrol Trooper Mike Flatley.

The cost of the course is \$14. To pre-register contact (218) 750-3189 or email mnflats@hotmail.com. For more information on Mike Flatley's upcoming courses visit mndefensivedriving.blogspot.com.

Justice Bus
event set for
Aug. 25 at Bemidji
Public Library

BEMIDJI — The Bemidji Public Library is partnering with Legal Services of Northwest Minnesota to bring the Justice Bus to the library from 10 a.m. to 2 p.m. on the fourth Thursday of each month. The bus will be at the library this month on Aug. 25.

The Justice Bus is part of Reach Justice Minnesota, a series of initiatives that leverage technology to provide free, non-criminal legal services to the state of Minnesota.

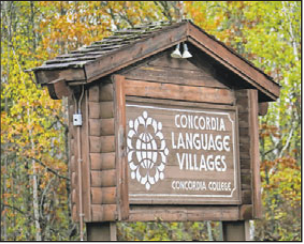
The bus is staffed by Legal Services of Northwest Minnesota and provides the community members with legal

advice on housing, family, elder and disability law, work, unemployment, money/debt, taxes and abuse victims.

There is no appointment needed and no cost to use the services.

Legal aid cannot advise on criminal, traffic, or malpractice cases, a release said.

The library is located at 509 America Ave. NW and is open from 9 a.m. to 7 p.m. Monday through Thursday and 9 a.m. to 5 p.m. Friday and Saturday.



Annalise Braught / Bemidji Pioneer

Concordia Language Villages is located at 8659 Thorsonveien Rd. NE near Bemidji.

Sons of Norway
set to hold movie
night Aug. 25

BEMIDJI — Sons of Norway will host a movie night at 4 p.m. on Thursday, Aug. 25, at the Skogfjorden (Norwegian) Concordia Language Village, 8607 Thorsonveien Road NE.

The movie “The Heroes of Trondheim” will be shown followed by a potluck meal. The event is free and open to the public.

Bemidji Senior
Center offers
bus to Minnesota
State Fair

BEMIDJI — The Bemidji Senior Center is chartering a bus to the State Fair on Monday, Aug. 29, on a first-come, first-served basis.

The cost for members is \$80 and for \$90 for non-members.

For more information contact, (218) 751-8836.

Lutheran Social
Services to hold
'Friends in
the Kitchen'
cooking class

BEMIDJI — Lutheran Social Service of Minnesota will hold a “Friends in the Kitchen” cook-

ing class for ages 55 and older from 12:30 to 2 p.m. on Tuesday, Aug. 30, at the Bemidji Community Food Shelf, 1260 Exchange Ave. SE.

The class is geared toward those who have mobility limitations, special dietary needs or want to learn how to eat healthy without spending a lot of money, a release said.

“Each class provides participants with flavorful, healthy meal choices that they can cook at home. During classes, participants taste the food and learn how to make it,” the release said. “The meals are designed to be both freezer-ready and shareable and avoid using processed ingredients.”

Related: Events happening in the Bemidji area

There is no cost to attend the class. The event will be canceled without notice if the weather is an issue, so attendees should call ahead.

For more information, call Angie Ness at (503) 200-0494, email friend-sintheKitchenbemidji@gmail.com or visit www.lssmn.org.

The event is sponsored by Lutheran Social Service of Minnesota, Bemidji Community Food Shelf, Harmony Food Co-Op and Split Oak Farm.

NARFE set to
meet Aug. 24
at Senior Center

BEMIDJI — The local chapter of the National Active and Retired Federal Employees Association meets at noon on the fourth Wednesday of each month at the Bemidji Senior Center.

“No one works harder to protect the benefits retired and current federal employees have earned over a lifetime of service than NARFE,” a release said.

Kevin Cease will be speaking at the next meeting, set for Aug. 24, on the topic of funeral planning.

Everyone is welcome to attend. Direct questions to John Hurlbert, club president, at jhulbrt@paulbunyan.net.

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Chance Showers	Partly Cloudy	Partly Cloudy	Mostly Sunny	Few Showers
76° 55°	77° 57°	78° 58°	79° 57°	75° 54°
Winds: 3-7 mph NNE	Winds: 1-5 mph SW	Winds: 2-6 mph SSW	Winds: 3-6 mph SSE	Winds: 7 mph E

LOCAL OUTLOOK

Today we will see partly cloudy skies with a 35% chance of showers, high temperature of 76°, humidity of 64%. North northeast wind 3 to 7 mph. The record high temperature for today is 95° set in 1976. Expect mostly clear skies tonight, overnight low of 55°.

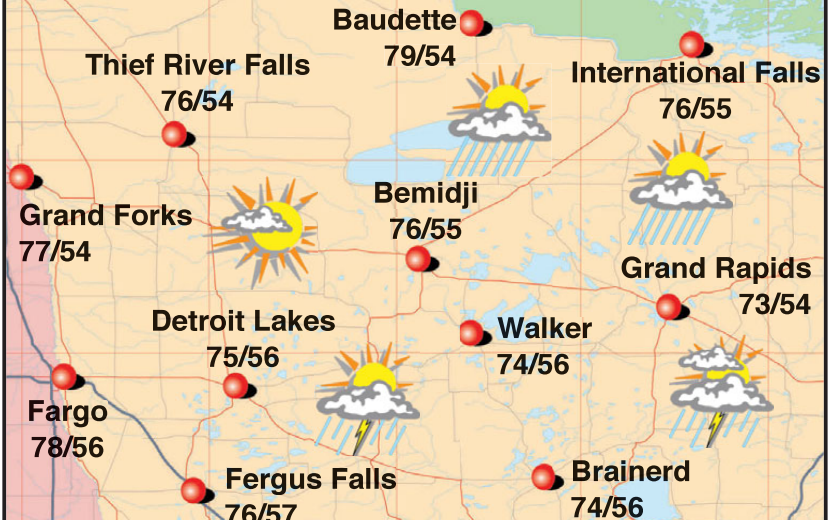
FISHING/HUNTING
TIMES



PEAK TIMES

DAY	AM	PM
Sat	7:07-9:07	7:32-9:32
Sun	7:57-9:57	8:22-10:22
Mon	8:47-10:47	9:13-11:13
Tue	9:38-11:38	10:03-12:03
Wed	10:28-12:28	10:52-12:52
Thu	--	11:16-1:16

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Beltrami County Board to receive jail feasibility study report

Pioneer Staff Report
news@bemidjipioneer.com

BEMIDJI — The Beltrami County Board of Commissioners is set to receive the final report for the Beltrami County Jail Needs Assessment and Feasibility Study at a special work session at 9:30 a.m. Wednesday in the County Board Room.

“The Beltrami County Jail has experienced many challenges over the years and the County has been working with the National Institute of Corrections, the Department of Corrections, and the community to establish a plan moving forward to address them,” a release said.

The challenges faced include severe housing capacity limitations, an inability for the jail to meet Department of Corrections jail design standards and an increase in needs for mental health and chemical dependency resources.

Further challenges include



Pioneer file photo

The Beltrami County Jail is located at 626 Minnesota Ave. NW.

jail staff recruiting and retention impediments due to working conditions, elevated movement and safety liabilities due to current design limitations and outdated and aging building infrastructure, the release said.

In 2019, Beltrami County entered into an agreement

duct evaluations on the facility and develop a future programming projection model and infrastructure projection model.

Justice Planners LLC was hired to conduct the study and has been collecting data on jail populations, jail bookings, inmate demographics, court proceedings, arrest data, probation data and mental health data for the past six months.

In February, Justice Planners conducted three days of interviews with the jail project committees, jail and sheriff administration, county commissioners, local law enforcement agencies, county and city attorney’s offices, Beltrami County Health and Human Services, county judges, county court administration, county public defenders, Minnesota Department of Corrections and Beltrami County Management Information Systems.

Justice Planners also conducted a tour of the jail to

assess the building’s design, layout and functionality, the release said.

The special work session to go over the final report Wednesday is open to the public, but there will be no public comment period.

Following the meeting, the public is invited to comment on the findings at co.beltrami.mn.us/jailprojectportal.

Only comments submitted through the county’s website will be presented to the board for consideration, the release said.

A public hearing regarding the feasibility study will be held at 5 p.m. on Sept. 22 in the County Board Room.

All comments submitted to the county’s website between Aug. 25 and Sept. 21 will be documented and a summary will be provided to the board at the hearing. The public is encouraged to attend the hearing and comment in person also.

Lehmann Park honors man who loved nature

Editor’s note: This story, initially published on Page C16 in the Aug. 13 edition of the Pioneer, associated the namesake of this park with the wrong person, the story has been updated to reflect the correct Roger Lehmann the park was named after.

By Maggi Fellerman
The Bemidji Pioneer

Roger Lehmann Park, nestled along the southern shore of Lake Irving, is named after a man who spent a lifetime outdoors and was an active member of the community.

Born June 4, 1911, in Mason City, Iowa, Roger Lehmann attended Mason City Junior College before graduating with a Bachelor of Science degree in architecture in 1936.

Shortly after graduating, Lehmann married Phyllis Gustafson on Oct. 19, 1939, at the Little Brown Church in Nashua, Iowa, and had two sons and a daughter – William, who lives in Elizabeth City, N.C., Judy (Patterson) and Donald, who both live in Sitka, Alaska.

According to his youngest son, Donald, his father started working for the Minnesota Department of Natural Resources in the early 1950s out of Minneapolis and moved to Bemidji to continue his work in the field as an Area Game Manager, which he did until his retirement in 1973.

“He wanted field work, that’s why he moved to Bemidji, he wanted to be outdoors,” Donald said. “We bought the lot on South Lake Irving, he cleared it himself and created a garden there. We had raspberries and a variety of vegetables for the family along with numerous conifers.”

Donald also mentioned that a number of the trees still standing around town were most likely contributed by

Lehmann, as he started many conifers from seed and had a small tree nursery business on his lot where Bemidjians now know to be Roger Lehmann Park.

After Lehmann died on Sept. 30, 1979, at age 68, his wife Phyllis looked to sell the plot of land. According to Donald, it was her idea to donate the land to the city in his honor.

“My siblings and I agreed, he loved that area of land. He loved nature and was associated with wildlife his entire life,” Donald said. “He always wanted to give back to the community. One motto he bestowed on us kids was to always leave a place better than how you found it.”

The small triangle of land located in the South Lake Irving neighborhood serves as a place for families to gather for picnics and a playground for children. There are also basketball and tennis courts for all to enjoy.

In Lehmann’s 25 years working for the DNR, he was involved in numerous projects such as wetlands acquisition, land classification and habitat development, along with accelerated and emergency programs for deer and game surveys. He also served as an observer for 10 years, where he rode in an airplane to survey the moose population, which eventually led to the state’s first moose hunting season.

As a member of various organizations in Bemidji such as the United Methodist Church and Bemidji Elks Lodge, he also served on the Itasca State Park board of directors, as president of the South Lake Irving Association, the Minnetonka Sportsman Club and the Minnesota State Game and Fish Employees Association.

Of all the areas he was involved in, Lehmann



Maggi Fellerman / Bemidji Pioneer

After Roger Lehmann died in 1979, his family donated land on the south shore of Lake Irving for a park in his memory.

was most proud of the 50 wildlife management areas that he purchased and developed for the state. A couple of his favorites are still active today, including the Red Lake Trail and the Gulch Trail.

Besides his work and wide dedication to the Bemidji community, in his free time, he liked deer hunting, fishing, spending time in his garden and enjoying the outdoors in any way he could.

He and his family also had a cabin where they would deer hunt, they called it “the Palace in the Popple” located just north of town near the Turtle River Cemetery where Lehmann is buried.

According to Donald, his father also enjoyed going to the Bemidji’s Elks Club every Thursday night for what he called “choir practice,” where instead of singing, he and his buddies gathered to play a game or two of poker.

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BEMIDJI AREA SCHOOLS

A commitment to envisioning a stronger Bemidji

Greetings from Bemidji Area Schools! First and foremost, I want to extend my thanks to the community of Bemidji for the warmth and hospitality that you have exhibited in welcoming me to the community. There are so many great people here and I look forward to working with all of you. I have been equally grateful and impressed by the tremendous collaborative spirit and the forward-thinking nature of Bemidji. There appears to be strong support for economic development and a commitment to envisioning a stronger Bemidji that is exciting to see.

I am looking forward to continuing to meet various stakeholders in and around the area and in time hope to contribute to the success and vitality of the communities that make up Bemidji Area Schools. One of my commitments to you as a community is to be open and transparent in my communication. My job is to give you a sense of where we are going directionally and inform you of what is happening in your school district. Public schools function best when they are responsive to and supported by the

communities that they serve. Public schools are a vital part of the community, serving as a driver of economic growth by preparing and connecting students for the future.

Bemidji Area Schools is already moving in the direction of connecting students to the future with the innovative Bemidji Career Academies. Currently, we have 15 different career academies with 22 pathways for students to explore.

These academies are aligned with and supported by a variety of local businesses. Over the course of this year, we will be reviewing these academies to ensure that we have the right pathways available for our students.

I would like to also take this opportunity to thank our business partners for your continued support of career academies and for helping our district provide these opportunities to our students.

As we look toward the start of the 2022-2023 school year, there are a couple of items that I would like to point out for your consideration.

Free and reduced lunch applications
You help the school immensely when you qualify for free or reduced status by filling out a free/reduced lunch application. The federal government will not be providing free

meals for students this year and therefore the district will be charging for meals.

Filling out free/reduced applications gives families a way to reduce or eliminate these charges. Students that qualify bring an additional funding source to the school as well as to the food service program.

I want to encourage parents to take the time to fill out these forms if there is any possibility of qualifying. Qualifying applications help the school food service program, increase direct state funding, potentially increase preschool funding and increase the likelihood of success for future grants.

Qualification depends on the total household income as well as the number of people in the household. Bemidji Area Schools lost out on almost \$2 million of state funding last year due to these forms not being filled out.

This is why we are asking you to please take the time to fill out these important forms. These state funds have no impact on local taxes and are used locally which helps our community.

You can find these forms by going to the district website at bemidji.k12.mn.us and clicking on the banner “complete an application for educational benefits today.”

Student orientations
We are holding several student orientations to ensure that students feel welcomed and have an opportunity to see their new school.

The orientation days are for students who are new to the district or switching from one school to the next on their educational journey.

Bemidji Middle School will hold sixth-grade orientation from 8:15 to 10 a.m. on Tuesday, Aug. 30, and from 10:45 to 11:45 a.m. for new seventh and eighth-grade students.

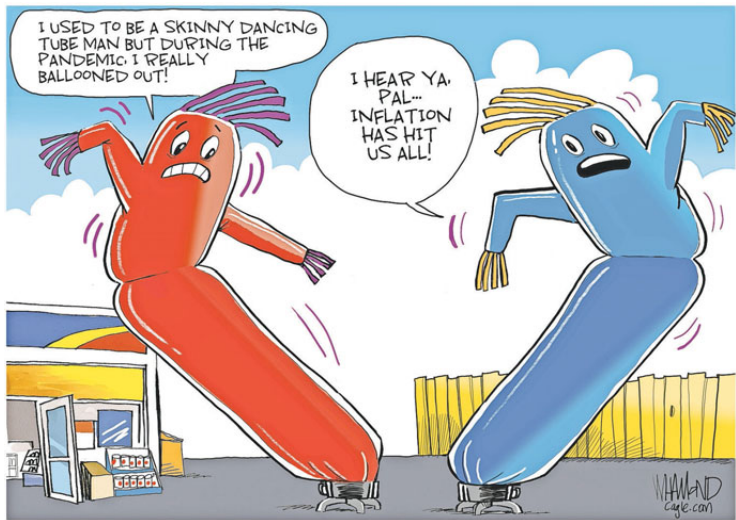
All Bemidji elementary schools and Bemidji High School will hold orientations starting at 8 a.m. on Thursday, Sept. 1. We want to welcome both students who are new to the school and students who are new to our community to these events.

I would especially like to invite you to come and learn about what Bemidji Area Schools has to offer your students from strong elementary schools, STEAM courses, exceptional fine arts programming, diverse course offerings, career academies and more.

We have so much to offer our students and community. I look forward to continuing to work with our community as we work to make Bemidji a better place for kids and families. This is going to be a great school year. Go Jacks!

Jeremy Olson is superintendent of Bemidji Area Schools. He can be reached via email at dr_jeremy_olson@isd31.net.

CARTOONIST’S VIEW



CARTOONIST'S VIEW



LETTER TO THE EDITOR

Help save the library

I am very concerned with the proposed budget cut to the Beltrami County libraries. The library is an important resource for a community. It provides literature and technical information to all our residents and for many, it may be the only affordable access to the internet. Bemidji is a great community, but these cuts will be a tragedy for the entire area.

Steve Nelson, Bemidji

Beltrami County is proposing a 35% cut to the library budget

I am writing to express my deep concern about the proposed 35% cut to the library budget.

I was born and raised in Bemidji and have seen the library move through many changes (and even buildings) over the many years I have lived here. All of these changes built upon

the foundation of a truly wonderful resource for residents of our county.

A sudden cut to the budget would not only mean the importance of this community resource would be reduced to mere dollar signs but it would mean that future generations will not have the benefit of accessing the same resources.

Some of my most treasured memories as a young child in Bemidji are of walking into the library and feeling the magic of all the books around me.

I felt safe there snuggled into one of the reading nooks with my stack of books as my mom would go to choose some for herself. It was a family event that brings so many loving memories back to me.

Now, as an educator, I often cite my early introduction to the library as vital to my success. Though I moved away from Bemidji for my education at Harvard and Boston Universities, I always vowed to come

back to Bemidji.

The commitment to education and community in my hometown was a significant part of this decision — both of which are personified in the strong library system.

I continue to relish the community events, author readings and Red Door nook at the library. I connect to the history of Minnesota through the local author talks and to my continued passion to support our community through fun and educational events.

I ask you to consider a quote by the Swiss philosopher Henri Frederic Amiel, “Everything you need for a better future and success has already been written. And guess what? All you have to do is go to the library.”

Let us continue to provide this important community resource for the better future and success of Beltrami County.

Lara Gerhardson, Bemidji

From the Pioneer archives

10 years ago

August 20, 2012 – The city’s local public access station Upstream TV has approached the Bemidji City Council with a request for funding to help improve and expand its services. The request is for \$40,000 and the station also asked the council to consider approving the monthly cost for customers from 50 cents to \$1.

25 years ago

August 20, 1997 – The Beltrami County Board of Commissioners has filled a long-vacant position: official county bagpiper. The board appointed David Batty, who has played the bagpipes for years, to the position where his responsibilities include calling the board meetings to order and playing while the flag is raised.

50 years ago

August 20, 1972 – Over 250 quarter horses will take part in the first annual Registered Quarter Horse Show at the Beltrami County Fair over the weekend. Participants from multiple states, some as far away as Texas, will show their horses in a number of different categories for a series of prizes. Admission is \$1.

100 years ago

August 20, 1922 – A barn near Tenstrike that had dynamite stored in it was lost in a fire. Two Bemidji boys noticed the flames and went to help before neighbors ran out to warn them of the danger. Everyone was able to make it to a safe distance before the explosion occurred and then worked to keep the flames from spreading to nearby properties.

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Photos by Madelyn Haasken / Bemidji Pioneer

An attendee speaks about the proposed budget cuts to funding for the Bemidji and Blackduck libraries during an open comment period at a Beltrami County Board meeting on Tuesday at Northern Town Hall.

LIBRARY

From Page A1

“We had only asked for a 3% increase from 2022, well below the pace of inflation,” Gallo said, adding that KRLS was already committing \$42,000 to help reduce the county’s costs. If the proposed budget is accepted with the 35% decrease, the Bemidji Public Library would likely have to reduce the number of days it’s open, reduce services and potentially lay off staff.

“This kind of cut will have a huge impact on the services,” said Deb Rossman, vice chair of the Bemidji Public Library Board. “Hours would have to be cut, staff would have to be cut.”

Other members of the public shared what the library has meant to them, recounting how its services helped them apply to jobs and colleges or got them through difficult times. One parent even shared a drawing by their 8-year-old daughter that showed what society would be like without libraries.

“The public library system is integral to a healthy community,” said community mem-



Attendees listen as someone speaks during an open comment period at a Beltrami County Board meeting on Tuesday, at Northern Town Hall.

ber Amanda Reed. “The elderly, the disabled, the poor, the homeless, all depend on programs provided by public libraries ... where our county human services fell short the Bemidji library picked up.”

Issues of budgets

As for why the county is considering cutting the library budget, part of the decision came after hearing that KRLS has a large reserve.

“We do have money in a reserve fund, just like any responsible fiscal organization,” Gallo said, explaining that the reserves were not easily accessible to cover bud-

get shortfalls since the funds have already been designated for different purposes.

If the county were to decrease the budget and assume that KRLS would cover the difference, Gallo shared his fears that other counties would follow suit and leave the library system in dire straits.

“If Beltrami County stops funding the library and goes back to the minimum that’s required by the state, what is to stop Cass, Hubbard and Wadena Counties as well from cutting their commitments?” Gallo asked.

Another motivation for the proposed cuts is to

keep the county’s levy as low as possible, something many of the people who attended the meeting could sympathize with, even if they disagreed with the method.

“The money that you propose to not give our library is the money that’s used for staffing and to keep the doors open,” said Lois Eckelhoff in her public comment. “I understand wanting to save money, but I also understand



Ara Gallo, assistant branch manager at the Bemidji Public Library, speaks Tuesday.



Deb Rossman, vice chair of the Bemidji Public Library Board, speaks Tuesday.

that keeping the library open for all of us should be a priority.”

For some, the cost-to-benefit ratio of cutting the library budget was skewed in the wrong direction, since the amount saved in the proposal was equivalent to 0.5% of the county’s total budget.

“Constituents don’t want to lose the efficacy of our libraries for the sake of saving 0.5% of the county budget,” Reed said.

Others echoed this while questioning whether such a slight decrease would really result in a lower levy.

“At a 0.5% decrease will my tax bill go down by \$20?” Gallo asked. “Because in the 20-plus years I’ve owned property in the state of Minnesota, in the county of Beltrami, my tax bill has never gone down.”

After nearly 40 minutes of comments, those advocating for the libraries concluded and District 4 County Commissioner Tim Sumner broke from usual prac-

tice and gave a brief response.

“I know that this issue is really near and dear to a lot of folks,” Sumner said. “Cutting budgets is never easy. We try to be fiscally prudent and responsible with your money.”

Sumner went on to emphasize that the proposed cuts haven’t been finalized and that there is still time for adjustments to be made if the board chooses before the preliminary budget is approved on Sept. 20.

Alongside this reassurance, Sumner also thanked those who commented for attending the meeting and sharing their perspectives and knowledge.

“We do appreciate you coming out,” Sumner said. “I strongly believe communication is key. I personally learned a lot more from the emails, phone calls and tonight’s meeting about what’s going on at the library.”

Readers can reach Pioneer reporter Nicole Ronchetti at (218) 333-9791 or nronchetti@bemidjipioneer.com.



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THANK YOU For Making The 2022 Beltrami County Fair A Huge Success!

Thanks to all of the sponsors, exhibitors, vendors, volunteers and everyone who attended and supported the Beltrami County Fair!

See you next year... August 9th-13th!



-Beltrami County Fair Board Pictured Above-



Contributed photos
Attendees participate in the Northwoods Battered Women's Shelter De-Feet Violence run/walk on Saturday, Aug. 13, at Paul Bunyan Park.

Annual De-Feet Violence run/walk held Aug. 13

Pioneer Staff Report
news@bemidjipioneer.com

BEMIDJI — The Northwoods Battered Women's Shelter held its annual De-Feet Violence 5K/10K run/walk on Saturday, Aug. 13. The event is the shelter's annual fund-raising event and drew 29 participants.



The first, second and third place 5K participants pose for a photo after the Northwoods Battered Women's Shelter De-Feet Violence run/walk on Saturday, Aug. 13, at Paul Bunyan Park.

HAUBRICH

From Page A1

For Haubrich, being presented with the award marked a considerable honor, since he's a veteran himself. "I was on active duty for almost nine years, and then I retired at the 21-year mark from the reserve," Haubrich explained. "Supporting fellow service members is very important to me, and near and dear to my heart. It's a real honor, that's for sure."

Haubrich, who is the county's economic assistance program manager, worked to make sure Schrage felt supported throughout every part of the deployment process. And from getting his notice to returning home, that support is just what Schrage felt.

"Everyone at the county told me that they were fully behind

me," Schrage said. "All the leadership was fully supportive of me leaving and they made the transition really easy."

Even once he was deployed, Schrage said he still felt supported by his colleagues in Minnesota who sent regular emails and even care packages.

"Will consistently emailed me seeing how things were going, even helped process some of my annual raises while I was gone," Schrage shared. "Then the entire team sent me a care package with a photo of them and some things that are nice to have while I was away."

This active involvement is something that Haubrich encouraged with his department, especially after interest was expressed by the team to support Schrage and keep him included in every way possible.

"It was a great opportunity to use my per-

spective and help educate people and help them to understand," Haubrich said. "It was a great experience to see everyone involved. It was really active and engaging and that's heartwarming."

All of this is what Schrage hoped to recognize with the ESGR Patriot Award, and what inspired him to put in the nomination for Beltrami County.

"We really wanted to present it in front of the county board to get recognition for the program and the county," Schrage said. "It was a great thing to see there's a lot of people out there who want to be supportive."

For anyone interested in nominating their employer or getting involved with the ESGR, visit www.esgr.mil.

Readers can reach Pioneer reporter Nicole Ronchetti at (218) 333-9791 or nronchetti@bemidjipioneer.com.

ADVERTISEMENT

Mistic Hangs Up Her Scrubs for a Fresh and Flexible Career in Medical Coding



Sara Mistic

Sara Mistic has always been called to the field of medicine. From Bemidji, Minnesota, this mom of five has leaned on Northwest Technical College twice to help launch her careers.

After graduating with a license in practical nursing from Northwest Tech in 2008, Mistic worked as an LPN until October 2021. However, just a year before hanging up her scrubs, Mistic enrolled in - and completed - NTC's fully online medical coding program.

Professionals in medical coding organize and manage medical data, including medical facility records, health care training materials, official health care documents and medical research reports. Overall employment is projected to grow nine percent from 2020 to 2030 with about 34,300 openings projected each year, on average, over the decade.

The one-year, 30-credit certificate prepares graduates for entry-level medical coding positions and was perfect for Mistic when she was looking

to pursue another path of medicine.

"I was inspired to get into medicine because I like to help people," she said. "We needed to do something that better accommodated our family schedule, but I knew that I wanted to stay in the health field and this was the best option."

Graduating with her certificate in Spring 2020, Mistic immediately applied to take the Certified Professional Coder Certification Exam at the encouragement of Kaci Petersen, instructor of medical coding. Once the CPC exam is passed, medical coders are certified to work in the field.

"Kaci was super encouraging," Mistic said. "If it wasn't for her encouragement and positivity I wouldn't have had the same confidence to jump right in."

Now, Mistic is working as a full-time remote hospitalist coder for Sanford Health and enjoys a schedule that is more accommodating for time with her family.

Medical coding graduates from Northwest Tech are also prepared for employment opportunities in a variety of health care settings, including hospitals, clinics, insurance companies, government agencies, public health, home health agencies, long-term care facilities and dental offices.

Medical Coding

At Northwest Technical College in Bemidji, students can obtain a certificate, diploma or associate of applied science degree in medical coding. Each credential builds on the one before it, and all offer job opportunities in the Bemidji region.

For more information, contact the NTC Office of Admissions at admissions@NTCMN.edu, call (218) 333-6600 and ask for admissions or visit ntcmn.edu/admissions/visit-campus/.

NETWORK

From Page A1

Huch explained. "So they have the idea, they have the appetite, but they run into not being able to capitalize the business."

With the Angel Network, however, entrepreneurs would have a new avenue to access funds. After applying to the program, they can receive advice and resources before pitching their ideas to local investors who might consider financing their enterprise.

"That's really our goal with Bemidji, is to add another way for entrepreneurs to get capital," Huch said. "There are so many people out there who have a great idea and who want to start a business. We want to see them succeed."

No idea too big or small

The network is open to entrepreneurs with ideas of all shapes and sizes, with a particular focus on those with a local or regional connection.

"There's no idea too big or too small to pitch. Whether the entrepreneur needs \$5,000 or \$5 million, they are welcome to apply," Huch said.

Once an application has been accepted, the team at Greater Bemidji will help them hone their idea and prepare a

pitch for the network of investors.

"We help them get their pitch decks ready, refine their idea and analyze their finances," Huch explained. "We want to make sure they can put their best foot forward to pitch to these investors."

Headwaters Angel Network is also accepting interested investors who have an interest in supporting local entrepreneurs and businesses.

"We're open to any investors to apply. The one caveat is that you do have to be what's called an accredited investor, and that's something that's set by the Securities Exchange Commission," Huch said.

For those investors who meet the criteria, the network provides several advantages and streamlines the process of decision-making and financing.

"There's a lot of advantages investors get from joining our network as opposed to trying to do this sort of thing on their own," Huch explained. "We're helping find these companies and prepare them to pitch. We're helping curate the way the whole network operates which makes investing simpler."

Getting involved

Interest has already been growing in the network, and over a dozen investors have already made commitments to the program.

"We've got commitments from more than a dozen investors already, and we've heard from surrounding cities like Grand Rapids and other venture capital firms like Launch Minnesota," Huch shared. "(They) all want to be a part of what we're doing."

There's also been growing interest on the side of entrepreneurs and businesses, as five companies have already started preparing to pitch their ideas.

"We've got great things going on in Bemidji," Huch said, "having something local in Bemidji, having local people supporting you, just makes a world of difference."

Anyone interested in the Headwaters Angel Network can go to the program's website, headwatersangelnetwork.com or reach out to Huch or anyone else at Greater Bemidji for more information. Applications are available online for entrepreneurs and businesses, and interested investors should reach out to Huch via email, at bhuch@great-erbemidji.com.

"This could be something to help those local entrepreneurs who are dreaming big to pursue those dreams," Huch said. "Reaching out to me, the website or anyone at Greater Bemidji is the best way for anyone to get involved."

Readers can reach Pioneer reporter Nicole Ronchetti at (218) 333-9791 or nronchetti@bemidjipioneer.com.



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Micah Friez / Bemidji Pioneer

Bemidji’s Beth Bolte (11) celebrates with the Lumberjacks after a point during a 2021 match against Alexandria at BHS.

THREE CHEERS FOR A NEW YEAR

Analyzing what’s to come in Bemidji High School fall sports

Fall is coming, and before it even officially arrives, the athletes of Bemidji High School have been back to the grind.

Earlier this August, the Lumberjacks took to the fields, gym floors and pool once again at BHS, commencing practice for a new fall season on the horizon.

That day is right around the corner now, as Bemidji starts its fall season on Monday. Here’s a look at what to expect from each sport.

For the football team, coming off a heartbreaking loss to Alexandria in the Section 8-5A championship last season, one of the primary focuses is who starts the season under center. The frontrunner is junior Peyton Neadeau. He entered multiple contests for stretches in 2021, highlighted by his 27-yard touchdown pass in Bemidji’s 41-8 regular-season win over St. Cloud Tech.

Perhaps the biggest hole to replace is in the backfield. Running back Gemini Ellis, who rushed for 287 yards and three TDs in his final game as a Lumberjack, left big shoes to fill. The Jacks will likely rely on some combination of two-way

players Barrick Nelson and Seth Newby, plus a few handoffs for speedy wide receiver/running back Ethan Biehn.

Defensively, Nelson and Newby will help anchor a Bemidji group that lost key seniors Caden Bolte, Gavin Luksik, Nate Schwinghammer and Jack Twelvetees, all of whom are now playing football at Bemidji State. Biehn, who started as a defensive back in 2021, will also contribute on the outside.

BHS gets its season started at 7 p.m. Sept. 1 with a road contest against Rogers.

The volleyball team brings back some top hitters and a key defensive piece. Gone are contributors Lynsy Baumgart, Kate

Hildenbrand, Allie Lillquist, Kennedy Smith and Jody Pemberton, but a talented squad of newly minted seniors provides depth for this year’s Lumberjacks.

In the front row, Beth Bolte and Elizabeth Oster will step into the limelight as the Jacks’ top hitters after strong 2021 campaigns. Libero/defensive specialist Adie Potratz returns to anchor the back row, and she may get some help from Bolte, who focused more on defense in the latter half of last season.

Bemidji starts the year on the road against Alexandria at 7:15 p.m. on Thursday, Aug. 25.

The girls tennis team loses No. 1 singles player Savannah Haugen and doubles stalwarts

Paige Anderson, Chloe Hasbargen, Tatum Offerdahl and Abby Johnson.

Bigger roles are available for talented players like Emily Dondelinger, Anna Glen and Mollie Rupp on the singles courts, as well as returning doubles contributors such as Madi Jensen, Darby Neis, Kendal Midboe, Noelle Mueller and Morgan Nyhusmoen.

The tennis team kicks off the fall sports season for all Lumberjack athletes at 9 a.m. Monday with an invite in Pine City.

For boys soccer, the program returns several pieces from a team that adjusted to the higher level of



Jillian Gandsey / Bemidji Pioneer

Bemidji’s Marah Bitter (20) battles for the ball with Detroit Lakes’ Sasha Sekundiak (12) during a September 2021 match at Bemidji Middle School.



Pioneer archives

An advertisement in the May 7, 1932, edition of the Bemidji Daily Pioneer offered goods and services from local businesses for certain plays in an upcoming baseball game.

Ballplayers cashed in on zany deals from local businesses in 1932 Pioneer ad

By Micah Friez
The Bemidji Pioneer

BEMIDJI — Any ballplayer is happy to score a run, hit a double or steal a base. But for at least one amateur baseball game in 1932, athletes had the chance to cash in on their success.

On May 7, 1932, the Bemidji Daily Pioneer dedicated Page 2 of the newspaper for an advertisement of an upcoming Land O’Lakes League game between Bemidji and Blackduck. Local downtown businesses got behind the excitement of Opening Day, offering a dozen goods and services to whoever seized their enticing prizes.

In the ad, Abell’s Cafe on Minnesota Avenue proudly gifted a dinner for two to whoever hit the game’s first home run. For the first batter to smack a triple, the Leader Oil Co. promised two free quarts of Quaker State Oil because — as the advertisement declared — “a player making a three-base hit is entitled to the best.”

Whoever scored Bemidji’s first run received a whopping 500 pounds of ice, “delivered when wanted” by the Tom Smart Ice Co., while the first player to make an assist earned himself a complete car wash from Peoples Oil Co. on Beltrami Avenue.

The winning pitcher snagged a \$1 credit on a pair of golf shoes from Larson’s Brownbilt Shoe Store on Third Street. And as solace for the losing pitcher, Bender Bros. Shell Station offered a complete grease job — a value of

\$1 — and “our sincere condolences” from the corner of Second and Beltrami.

Not to be outdone, the rival Denison-Harding Chevrolet Co. provided their own complete grease job to whichever fielder made the most assists.

But the spoils didn’t end there.

The game’s first double warranted a sweatshirt from Hub Clothing Co. thanks to an ad taken out by Abe Patterson — also the founder of Patterson’s Clothing.

Whoever first reached base with a “Texas Leaguer” — or a bloop single — was awarded two bags of Karmel Korn from The Karmelkorn Shop on Beltrami Avenue. Their advertisement also boasted the product’s “irresistible crunchy flavor that has tickled the sweet tooth of Bemidji.”

The first runner to successfully steal a base earned a free dry cleaning of his suit at Model Dry Cleaners on Third Street. And despite the disappointment of striking out, whoever did it first was entitled to a 39-cent broom from Given Hardware on Minnesota Avenue.

To top it off, whoever recorded the first putout (other than a strikeout) was sent a free three-month subscription to the Daily Pioneer, which the advertisement heralded “always gives complete and accurate details of local and national sports events.”

AD: Page A8

BASKETBALL

Hibbing standout’s on-court success hid struggle with eating disorder

By Jamey Malcomb
The Bemidji Pioneer

HIBBING — From the outside, 2019 seemed like a magical time for Abbey McDonald.

In her senior season at Hibbing High School, McDonald averaged more than 20 points per game and led the Bluejackets past Section 7AAA nemesis Grand Rapids and into the girls basketball state tournament for the first time since 2007.

With all the attention on McDonald’s play on the court, however, no one seemed to take note that something was wrong.

McDonald, now 21, was waging a battle against her own thoughts telling her she

needed to appear thinner.

“It wasn’t so much about my weight as much as looking in the mirror at my figure and I started worrying about that more and more,” she said. “What got me through the senior season was just knowing that I needed to keep fueling myself for basketball.”

McDonald became “hyper-fixated” on what she ate, and toward the end of the season, she started having difficulty getting through games and workouts.

“I just started worrying about it all day, every day,” McDonald said.

McDonald’s parents heard some concerning stories from her coach about her almost

passing out at practice. They started pushing her to eat a snack before games and practices, but it wasn’t until a spring break trip that they realized the severity of the situation.

“I took her and five friends to Florida in April on their senior trip,” said McDonald’s mother, Carrie. “That is when it was very apparent to me that something was wrong, and then we went through an emotional roller coaster of getting her in to see somebody.”

After the season, McDonald had dropped to 113 pounds, frighteningly thin on her

McDONALD: Page A8



Jamey Malcomb / Forum News Service

Abbey McDonald led the Hibbing girls basketball team to Class 3A state tournament in 2019, all while she was struggling with an eating disorder.

AREA
SCHEDULE

SATURDAY, AUG. 20
No events scheduled
SUNDAY, AUG. 21
No events scheduled
MONDAY, AUG. 22
Prep Girls Tennis
Bemidji at Pine City invite,
9 a.m.
TUESDAY, AUG. 23
No events scheduled
WEDNESDAY, AUG. 24
Prep Girls Tennis
Alexandria at Bemidji, noon
Thief River Falls at Bemidji,
8 p.m.
College Women's Soccer
Saint Benedict at Bemidji
State (exhibition), 3 p.m.

FALL

From Page A7

competition in the new Section 8–3A. Returning from last year’s squad are sophomores Isaac Stone and Reed Johnson and seniors Jonathan Devescovi and Tommy DeGeus, all of whom played significant roles in the Jacks’ attack during the 2021 season. Gone from this year’s group is goalkeeper John McNallan, who anchored Bemidji all last season as its last line of defense. His likely replacement is

sophomore Connor Helm, who started multiple games last year.

The Lumberjacks get going against Sartell St–Stephen at 5 p.m. on Friday, Aug. 26, in Sartell.

Girls soccer brings back a number of options from the 2021 group that upset second–seeded Brainerd in the Section 8–3A quarterfinals. New seniors Marah Bitter, Kiera Nelson, Emma Wright and Sage Zetah–Cornelius return as contributors for a team that is tasked with

replacing 13 seniors from a year ago.

BHS starts its season against Sartell–St. Stephen at 1 p.m. on Saturday, Aug. 27, at Chet Anderson Stadium.

The girls swimming and diving team enters life without multi–year state qualifier Mady Schmidt, who has graduated to Division I diving at the University of South Dakota. But the Jacks return a number of swimmers who advanced to the section finals a year ago.

Juniors Kylie Donat, Ava Lietz, Mya Lundeen, Molly Matetich and

Marley Ueland should lead the way, joined by promising sophomore Ryan Gaskins and freshman Abigail Daman, who competed on varsity as an eighth grader last season.

Kennedy Olson, who dove at the section meet in 2021, will have the tough task of replacing Schmidt on the diving board.

Bemidji splashes into its season starting at 4 p.m. on Monday, Aug. 29, with an invite at the BHS pool.

The boys and girls cross country teams both sent runners to

state in 2021 and will look to repeat that success this season. The girls advanced to state as a team for the first time since 2014 and return state participants Regan DeWitt, Mia Hoffmann, Josey LaValley and Addison Maish from last year’s squad. New senior Carson Maish is the boys team’s lone returning state qualifier.

Both teams will get started at 9:30 a.m. on Saturday, Aug. 27, at an invite in Perham.

Christian Babcock is a sports reporter at the Pioneer. Readers can reach him at (218) 333-9787 or cbabcock@bemidjipioneer.com.

AD

From Page A7

The game itself was scheduled for May 8, 1932, at the Bemidji Fairgrounds — the site which now houses the Boys and Girls Club of the Bemidji Area — and was to include a ceremonial first pitch from mayor Tom Smart and live music from The Boys Band. Admission cost 25 cents.

The Pioneer’s advertisement also declared that “Boy; you’ll see a real brand of baseball. Both Blackduck and Bemidji have GOOD BALL CLUBS and both will be out there battling for a win in

the opening game. It will be a game worth seeing. DON’T MISS IT!”

Ironically, the game got rained out. But it was rescheduled for the following week and even featured an extra offer: a 14-inch tackle box from Tepeetonka Lodge in Blackduck for the pitcher with the most strikeouts.

Bemidji ultimately won 8–3 in “a hard battle with both teams playing alert baseball from the first pitch to the last putout,” so reported the Pioneer.

Yet with so many rewards up for grabs in the high-stakes affair, the final score was likely a secondary concern to everybody involved. Especially for anyone who sorely needed that grease job.

‘Winners of prizes in Sunday game announced’

Editor’s note: The following story ran in the May 18, 1932, edition of the Pioneer to acknowledge the winning recipients from the May 15 game.

The winners of the various prizes offered by Bemidji business men in the baseball game Sunday between Bemidji and Blackduck on the local diamond have been announced and are as follows:

Five hundred pounds of ice given by Tom Smart for the first run for Bemidji, won by Les Bailey.

A \$1 credit on a pair of golf shoes given by Larson’s Brownbilt Shoe store to the

winning pitcher, won by Oscar Baney.

A broom offered by Given Hardware to the first player to strike out, won by John Olson of Blackduck.

Tackle box offered by Tepeetonka Lodge, Blackduck, to the pitcher getting the most strikeouts, won by Oscar Baney.

A three months subscription to The Pioneer given for the first putout other than a strikeout, won by Tom Wright.

A complete grease job given by Denison–Harding Co. to the player making the most assists, won by Allan Fields.

A sweat shirt given by the Hub Clothing Co. for the first two-base hit, won by Allan Fields.

Dry cleaning of one suit

offered by the Model Dry Cleaners for the first stolen base, won by Dick Simons.

A complete grease job offered by Bender Bros. Shell Station to the losing pitcher, won by R. Wille of Pinewood, Blackduck’s pitcher.

A car wash job offered by the People’s Oil Co. to the player credited with the first assist, won by A. Olson, Blackduck.

Two bags of Karmelkorn given by Harold Naylor for the first Texas leaguer, won by Cliff Montague.

The prizes offered for the first home run and the first three-base hit were not won as there were no such long hits in Sunday’s opener.

Micah Friez is the sports editor at the Pioneer. Readers can reach him at (218) 333-9789 or mfriez@bemidjipioneer.com.

McDONALD

From Page A7

5-foot-6-inch frame. Later, therapists said her healthy weight was 135 — she was more than 16% below her ideal body weight. Even her blood work reflected how little she had been eating.

The McDonalds had Abbey evaluated by The Emily Program, a St. Paul-based treatment program. Abbey was initially diagnosed with anorexia nervosa.

Abbey began seeing a therapist specializing in athletes and a dietitian in Duluth every week. Abbey drove from Hibbing to Duluth for appointments to work on her recovery process and, hopefully, prepare for college life at St. Cloud State.

“It was a coin flip at best,” said Abbey’s father, Joel, “whether she was going to get clearance from her therapist to say, ‘You are healthy enough to play, you are healthy enough to be self-sufficient so go give it a shot.’”

‘The wheels fell off’

Concentrating on



Jed Carlson / Forum News Service

Hibbing’s Abbey McDonald led the Bluejackets to the 2019 state tournament.

Abbey’s mental health became the priority for the family, and before long, Abbey’s therapist cleared her for leaving. McDonald left for SCSU in fall 2019 but left much of her support system in Duluth.

McDonald thought she could manage being away, but simply moving away to college — something already associated with weight gain — and preparing to play college sports was a major adjustment.

Furthermore, St. Cloud State has a lot of history for the McDonalds. Joel led the Huskies in scoring during the 1993–94

turned to her uncle, Tom McDonald, for advice.

Abbey wasn’t just struggling with the eating disorder; she was afraid of disappointing her father if she decided not to play basketball — especially at a school where Joel was also a standout player.

“We’re McDonalds and we’re supposed to play basketball,” said Tom, the boys basketball coach at Ely. “She’s a really super young lady and didn’t want to hurt her dad, but I knew she needed to take care of herself and walk away, even though that might have been hard for her.”

Abbey said that, in spring 2020, “things got worse than they’ve ever been.” She decided to transfer to the College of St. Scholastica in Duluth, and she entered an intensive outpatient treatment program.

McDonald credits her uncle with helping her get through the decision to leave St. Cloud State and step away from playing.

“As much as I missed the game of basketball, I know that choosing not to play at that point was a lot better for both my mental and physical

health,” McDonald said. “I was at a point where I was doing more harm than good with continuing to do workouts and that kind of thing.”

‘A continuous battle’

While McDonald’s performance her senior year of high school didn’t reflect what she was struggling with, it is not uncommon for athletes to develop an eating disorder.

More than one-third of women competing in NCAA Division I sports reported “attitudes and symptoms” placing them at risk for anorexia nervosa, according to the National Eating Disorder Association.

A study at the Division II level found that 25% of female athletes had disordered eating, 26% reported menstrual dysfunction and 10% had low bone mineral density, with 2.6% reporting all three.

For McDonald, she is trying to move on with her recovery. She’s about to finish her degree at St. Scholastica later this month. She plans to work and prepare for the Law School Admissions Test this year and hopes to go to

law school in the Twin Cities in fall 2023.

She hasn’t played much basketball since fall 2021, but she does enjoy running. Still, her battle with the disorder continues with “ups and downs.”

On the good days, McDonald is busy with school or work and her mind isn’t stuck “worrying about how I look or what I ate that day.” When those thoughts start to creep in on the bad days, she copes by seeking out her family, friends or even spending time with the McDonalds’ three beagles.

“There’s some good days and there’s also bad days, of course, but it’s a continuous battle,” McDonald said. “I don’t know if I’ll ever truly be 100% better, but I’m just trying to be as good as I can.”

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BEAVER ROUNDUP

Beavers award captaincy honors to star-studded group

Pioneer Staff Report
sports@bemidjipioneer.com

BEMIDJI — The Bemidji State football team has selected captains for the 2022 season.

Quarterback Brandon Alt, wide receiver Brendan Beaulieu, offensive lineman Ty Cobb, running back Jalen Frye and linebacker Zollie Kaplan were named captains for the Beavers this fall. Alt and Kaplan were selected for the second straight year, while the others are first-time selections.

Alt finished the 2021 season with a conference-record 46 touchdown passes, which ranked second in the nation, and became just the 20th player in Division II history to throw for at least 4,000 yards and 40 touchdowns in a single season. He finished fifth in Harlon Hill voting for the best player in Division II, as well.

Beaulieu was one of one of Alt’s favorite targets through the



Bemidji State’s Brendan Beaulieu dives for a catch in an October 2021 game against Minot State at Chet Anderson Stadium.

air. Beaulieu made three All-American teams and set BSU single-season receiving records with 76 catches and 1,318 yards. He also ranked third in the nation in receiving yards in 2021.

Cobb started all 13 games in 2021 and con-

tributed to an offensive line that ranked fifth nationally in sacks allowed. The Beavers also had the fifth-highest passing offense and ninth-highest total offense, and Cobb was an honorable mention pick on one All-America

team.

Frye missed the 2021 season due to injury, but he returns as one of the biggest backfield threats in the conference. In 2019, Frye ranked fifth in the country with 148.6 rushing yards per game

and was 14th with 1,337 total rushing yards for an All-American campaign of his own.

Lastly, Kaplan started every game for the Bemidji State defense in 2021 and recorded 18.5 tackles for loss, the fourth-most in BSU single-season history. He also recorded 8.0 sacks, which ranked fifth in the NSIC.

The Beavers start the new season against Minnesota State at 6 p.m. on Sept. 1 at Chet Anderson Stadium.

Cross country ranked 11th in preseason poll

BURNSVILLE — The Bemidji State women’s cross country team is off to the races as the 11th-ranked team in the NSIC Preseason Coaches’ Poll, which the league announced Thursday.

The Beavers received 81 points in the poll, which put them ahead of five schools in the rankings. Minot State (107

points) and St. Cloud State (105) just snuck in front of BSU and into the top 10.

Augustana topped the poll with 225 points and 15 first-place votes. Minnesota Duluth edged U-Mary for second by a 197-196 margin despite the Marauders collecting the final first-place vote.

Bemidji State junior Mary Goodwin was also selected as the team’s Athlete to Watch. The Eagle River, Alaska, native set a personal record in the 6K last year with a time of 23:27.51.

Defending NSIC champion Lindsay Cunningham of Winona State was named the NSIC Preseason Athlete of the Year.

The Beavers will begin their fall campaign on Sept. 9 at the Dragon Twilight in Moorhead.

2022 NSIC Women’s Cross Country Preseason Coaches’ Poll
1-Augustana 225; 2-Minnesota Duluth 197; 3-U-Mary 196; 4-Minnesota State 183; 5-Winona State 180; 6-Sioux Falls 153; 7-Northern State 139; 8-MSU Moorhead 126; 9-Minot State 107; 10-St. Cloud State 105; 11-Bemidji State 81; 12-Wayne State 68; 13-Concordia-St. Paul 51; 14-Upper Iowa 47; 15-Southwest MN State 46; 16-Minnesota Crookston 16.



Dennis Peterson / Special to the Pioneer
Greg, left, and Dusty Caspers have each built a career in racing at Bemidji Speedway.

Greg, Dusty Caspers make up generational Bemidji Speedway racing lineage

By Dennis Peterson
Special to the Pioneer

BEMIDJI — If you’ve been around Bemidji Speedway over the years, one name you’ll likely recognize is Caspers.

Beginning in the mid-1970s, Greg Caspers — shortly after graduating from Bemidji High School — took up the interest in racing. Dick Jacobson was well known in the area for his racing skills and happened to be Greg’s brother-in-law, and so Caspers was soon on the track himself in the No. 5 stock car.

Caspers won several track championships at Bemidji Speedway and competed up until his final race in 2001, the Wissota Super Stock Special, where many of the top drivers in the

region were on hand. Greg won the race and retired.

Sort of.

Just a few weeks ago, Greg’s son Dusty was unable to race, so Greg got into the car and proceeded to win his heat race and finish in the top five in the feature.

Dusty got the bug himself in 2016 and decided to try his hand at racing. In his first year, Dusty was Wissota National Rookie of the Year. Dusty was racing his dad’s familiar No. 5 and in 2021 was track champion at Greenbush Speedway.

One of the highlights of Greg and Dusty’s racing career was a race when both dad and son were on the track together and finished first and second in the feature.

Lumberjack Scramble fills the course for 28th annual fundraiser



Contributed
The 28th annual Security Bank USA Lumberjack Scramble took place Aug. 12 at the Bemidji Town and Country Club to raise funds for Bemidji High School and Bemidji Middle School activities programs. The winning team this year, pictured from left, are Gary Nyberg, Dean Baggenstoss, Dave Kloha, Tony Nistler and Galen Teichert. Proceeds from the fundraiser are donated to the Bemidji Lumberjack Foundation. Since the Lumberjack Scramble’s inception in 1995, the event has raised nearly \$1 million.

SPORTS BRIEFS

Fowles wins WNBA sportsmanship award

Minnesota Lynx center Sylvia Fowles capped her sparkling career on Friday as the winner of the WNBA’s 2022 Kim Perrot Sportsmanship Award.

The award goes to the player who exemplifies the ideals of sportsmanship on the court, including ethical behavior, fair play and integrity.

A first-time winner of the honor in her 15th and final sea-

son, Fowles received 36 votes from the national panel of 56 sportswriters and broadcasters. Seattle Storm guard Briann January was runner-up with eight votes.

An eight-time All-Star, two-time WNBA champion and the 2017 league MVP, the 36-year-old Fowles retires as the WNBA’s all-time leader in rebounds (4,007) and field-goal percentage (.599). She also ranks third in blocks (721) and ninth in

points (6,415).

Los Angeles Sparks star Nneka Ogwumike won the award in each of the past three seasons. The only other player from the Lynx to win it was Teresa Edwards in 2004.

The award is named for the late Kim Perrot, who helped the Houston Comets win two WNBA titles before passing away in 1999 after a battle with cancer.

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A portrait of a young man with short, dark hair and black-rimmed glasses. He is wearing a light blue and white vertically striped short-sleeved button-down shirt. He is looking off to his right with a slight smile. The background is a dark, textured wall, possibly made of wood or stone.

Advance general admission is \$10, or free for students and seniors. Tickets can be purchased at headwatersmusicandarts.org.

**Readers can reach Pioneer reporter
Daltyn Lofstrom at (218) 333-9790
or dlofstrom@bemidjipioneer.com**



Photos by Madelyn Haasken / Bemidji Pioneer

Tricia Andrews, executive director of Headwaters Music and Arts, heads a staff of six full-time employees and 22 part-time teachers.

‘HATS OFF’ FOR 30 YEARS OF HEADWATERS MUSIC AND ARTS

By Dennis Doeden
The Bemidji Pioneer

Bemidji

Ann Hayes says she had selfish reasons for starting a music school in Bemidji 30 years ago. She was teaching violin lessons in her home, but wanted to find a larger space that could accommodate her students, and thought other teachers might want the same.

She was right, and next week Headwaters Music and Arts will celebrate its 30th birthday. Board members will serve cake and ice cream from 5:30 to 6:30 p.m. on Friday, Aug. 26, and a concert by Minneapolis singer-songwriter Jeremy Messersmith will follow at 7.

“It took a lot of good people to grow that baby into the bustling adult that it is,” Hayes said. “I can’t imagine how many talented people have been through there. We started with seven teachers and 72 students. That was in the humble beginnings, but we were glad to have it.”



Headwaters Music and Arts got its start in the Carnegie Library in 1992, and moved to its current location at 519 Minnesota Ave. NW, in 1997.

The Bemidji Community Music Center opened in September of 1992 in the basement of the Carnegie Library, which was known as the Bemidji Community Art Center at that time. After five years of growth, the organization moved to its current location at 519 Minnesota Ave. NW, and changed its name to

Headwaters School of Music and the Arts. The name has since been shortened to Headwaters Music and Arts. “The name was a bit of a mouthful,” said Tricia Andrews, Headwaters’ executive director. “We’re not a school, we’re a music and arts program. People tended to think we might offer K through 12 instruction, and that’s not

what we do. So we tightened it up a little to Headwaters Music and Arts.”

The nonprofit organization now features an administrative staff of six, plus 20 part-time music teachers and two part-time art teachers. It also has a large number of contracting and guest artist instructors. Hundreds of students of all ages take advantage of its classes. Groups like the First City Singers use the facility for rehearsals, and the public enjoys concerts in the performance space.

“Those who have been impacted by Headwaters have such fond memories,” Andrews said. “It’s unique, more than we might realize, to have a nonprofit music and arts organization whose only mission is to serve the community. We make our programming as accessible as we possibly can, and that’s been part of the vision from the beginning. There’s not any other organization like this in northern Minnesota. There’s nothing else quite

like us around.”

Headwaters Music and Arts has helped dozens of young musicians and artists launch their careers.

“I think we all feel a sense of pride and get a little reflective glory when that happens,” Andrews said. “That is very cool. Our strength is all of those people who simply had a way to express their love of music, their love of art, and to gain that foundation that served them their whole life. Whether they excelled or it’s simply a part of their life and what makes their life meaningful and a little more joyful. That’s our niche.”

For Ann Hayes, the seed for that niche was planted in the Carnegie Library basement 30 years ago. She’s pleased to know her “selfish” idea has become such an important part of Bemidji’s arts scene.

“I can only say ‘hats off’ to those who have come since,” Hayes said.

Dennis Doeden is the former publisher of the Bemidji Pioneer. He can be reached at 218-333-9771 or ddoeden@bemidjipioneer.com

Trinity Lutheran to celebrate centennial on Aug. 28

By Dennis Doeden
The Bemidji Pioneer

BEMIDJI — Trinity Lutheran Church has persevered for 100 years, surviving a depression, two world wars, the baby boom, even a pandemic.

The church, located at 129 29th St. NE, will celebrate its centennial on Sunday, Aug. 28 with a special worship, program, picnic, games and a vespers service.

“We’re glad still to be here, and we’re doing what was done at the very beginning, which is to preach the Gospel,” said Trinity’s Robert Wentzel, the latest in a long line of Missouri Synod

pastors who have served the church. “That’s our main purpose, and then also to have a Christian community where people can belong and get the help they need, not just fellowship but also their social needs.”

The person known as the founder of Trinity Lutheran was E.W. Frenk, a young pastor who came to Bemidji in 1920. He was married in October of 1921, and the newlyweds lived in a large framed parsonage at 13th Street and Beltrami Avenue. Trinity was formally organized that fall, and the new church was built next door to the parsonage. Dedication services

were held in July of 1923.

In the early 1960s, Trinity outgrew the original building, and in 1964 the present church was erected for \$166,000, according to church records. The former building is now occupied by Bethany Free Church.

“When you look back at where Bemidji was 100 years ago, boy it was a little tiny community,” said Randy Yarbrough, president of the congregation. “And Trinity went through hard times financially, depressions and world wars. Through the whole thing they kept growing and making it work, so it is pretty impressive.”

Brady Finnern, president of the Minnesota North District for the Lutheran Church Missouri Synod, will preach at the centennial worship service at 10 a.m. on Aug. 28. A program will follow at 11 a.m. and a picnic dinner will be served on the church grounds at 11:30. A tent will be set up on the grounds, and attendees can enjoy games along with the church’s preschool playground. The event will close with a vespers service at 3 p.m.

Dennis Doeden is the former publisher of the Bemidji Pioneer. He can be reached at 218-333-9771 or ddoeden@bemidjipioneer.com



Bemidji Pioneer file photo

When Trinity Lutheran Church outgrew its building at 13th Street and Beltrami Avenue, this current church was erected in 1964 at 129 29th St. NE.

Ride For The Troops donates to Veterans On The Lake Resort

Ride For The Troops committee member Al Sprague recently presented a check for \$3,000 to Veterans On The Lake Resort director Andy Berkenpas. “The resort, located in Ely, was started with the sole purpose of creating a recreational facility for disabled veterans to enjoy vacations,” the website reads. “As a non-profit facility, this recreational location was designed to and currently serves the needs of disabled veterans, able-bodied veterans, active duty military, their families and friends.”



Contributed
Ride For The Troops committee member Al Sprague, left, presents a donation to Veterans On The Lake Resort director Andy Berkenpas.



Contributed
Pictured from left: Ambassadors Ashley Stevens, Naomi Kapaun, Noemi Aylesworth, Owner Jackie Tillotson, Ambassadors Benita Dingman, Sonja Zimmerman and Chamber Executive Director Abby Randall.

Skin Radiance recognized by Bemidji Chamber

Bemidji Chamber Ambassadors recently congratulated Jackie Tillotson on her new business, Skin Radiance, located at 210 24th St. NW, Suite 200. Skin Radiance offers custom facial services for everyone including those with sensitive skin, rosacea, acne and those who need pregnancy and oncology-friendly facials, lymphatic drainage, chemical peels, dermaplaning, LED therapy and more, a release said. For more information, visit skinradiancebemidji.com.



Contributed
Pictured from left: Duane H. Bundy, Kathy Parke and Keith Winger.

Local musician Kathy Parke presented with recognition plaque

Duane H. Bundy and Keith Winger recently presented local musician Kathy Parke with a plaque during the Beltrami County Fair that reads “Thank you for your keyboard playing and singing. From all your fans.”



Contributed
Pictured from left: Ambassadors Cindy Todavich, Karl Bleser, Chamber Executive Director Abby Randall, Ambassador Paula Howard, Owner Melissa Olson, Ambassadors Barb Treat, Noemi Aylesworth and Benita Dingman.

Chamber Ambassadors welcome Hatchet House

Bemidji Chamber Ambassadors recently congratulated Melissa Olson on her new business, Hatchet House of Bemidji, located at 200 Paul Bunyan Drive S, Unit 3. “Hatchet House is Bemidji’s premier axe throwing venue offering a state-of-the-art and up-to-date axe throwing experience along with a montage of other social games to enjoy before and after your throwing experience,” a release said. To learn more or book, visit hatchethousebemidji.com.

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What is the secret of a good life?

A man sees this small hut on the top of a mountain and begins climbing towards it. After hours of painstaking climbing, he arrives at the top.

A guru is sitting on a small rug in front of the hut. The guru says, “I bet I know what you came to see me about. You want to know the meaning of life.” The man replies, “No, my car broke down at the bottom of the mountain, and I need to call a tow truck.”

All of us seek to find the meaning of life and the older we get, the more we question if we have found it. While working in Sunnyside School at the county fair this past week, a young girl came in to see the school and we talked about what she was doing at the fair and about school and other things.

She reminded me of Anne in “Anne of Green Gables.” Like Anne, she was very inquisitive and seemed to have an excellent outlook on life. She was energetic, smiling and asked good questions. I gave her a copy of one of my books and inscribed it, “Hannah, lead a good life.”

What is a good life? Everyone has their own interpretation. Lucy of the Peanuts Gang says, “All I really need is love, but a little chocolate now and then doesn’t hurt!” If everyone could get what Lucy wants, we would be better off than we are now.

What would you say if you had to pick out the ingredients for a good life? Here are a few recommendations.

Since our dogs recently got sprayed twice by the same skunk, I would have to put a quart of hydrogen peroxide, baking soda and Dawn dish soap at the top of the list. Washing your dogs with this solution does work. I hope you



JOHN EGGERS
Education

don’t have to use it and get on with leading a good life.

To continue with my list, let’s put good memories on it. I saw many people sit at those old brown country school desks in Sunnyside School.

The young kids who enjoyed them had no idea what it was like to attend a country school, and for this reason, Sunnyside School was preserved.

During my first four years in school, I sat in one of those brown desks with cast iron scroll work on the side and about a three-inch hole located at the top right for an ink well.

Because all of the desks were attached to a long wooden board to keep them in a straight line, a student could hide behind the person in front in case he didn’t want to or couldn’t answer the question posed by the teacher. Maybe this is why all the “bad” kids had to sit in the front seats.

Those old desks evoked many memories from the older folks who visited the school; you can be sure that most of the memories were good and meaningful. It’s important to have memories of good things because, at the end of our life, that’s all we have left.

Did you know that if you wake up with a smile on your face and go to bed with a smile on your face, you will live longer? Smiling can also make you more attractive and look more youthful.

The muscles we use to smile lift the skin on your face and

100%

We wish to thank Alan Roy, Bemidji Bus Line, Jason Riggs, Minnesota Citizens Concerned For Life and Northern Minnesota Robotics Conference for being the most recent to join the 100% graduation rate initiative.

make you appear younger.

When you smile, your brain releases tiny molecules called neuropeptides to help fight off stress. One of these stress fighters is serotonin, an antidepressant.

Here’s another thing about smiling. When you smile, others are also more likely to smile. When kids smile for you, don’t you also give a smile in return? Acting like a kid again when you get older is good medicine.

Every day you should do something that you like to do. It will give you something to look forward to. This is why hobbies are so important; they give us something to look forward to.

I promised myself I would go fishing yesterday even though the Vikings were playing for the first time this season. The Vikings have brought much enjoyment to my life, but I think it is about time to turn them off and do more meaningful things like reading or fishing, exercising or even cleaning my office and workshop.

We have become a society of volunteers and Beltrami County has thousands of them. We recognize that helping someone rejuvenates our spirit and makes us feel better.

Everyone should do something daily to help someone. It could be as simple as making a phone call or sending a card. Many of you do so much more, and even though you don’t need or

want to be recognized for your good deeds, I hope you realize that you are making the world a better place and without you, our world would not be as good.

Leading a good life or finding the secret of life doesn’t take a brain surgeon to figure out what makes life tick — recalling good memories, smiling, doing something every day for someone, having something to look forward to, and eating some chocolate if you need to.

All of these will help you lead a good life. If Hannah wants to keep some baking soda and hydrogen peroxide around just in case, it’s always good to be prepared.

I want to add one other essential ingredient to our list. Beltrami County is a county of spirituality. I am exaggerating, but there is almost a church on every corner. Many of our volunteer efforts are motivated by our spiritual background.

I don’t believe I ever attended a significant event in Red Lake or White Earth that didn’t begin with prayer, even, yes, at public school events.

So, I am trying to say that if you wish to lead a good life, if you are searching for the good life, say a prayer every day and you are more likely to find it. If you want to say more than one, that’s fine and dandy.

Riddle: Two fathers and two sons went fishing. Each caught two fish, but they only came home with six fish. How do you explain this? (Answer: The fishermen were a man, his son and his grandson.). Doing a brain teaser daily will help you lead a good life by keeping your brain active.

John R. Eggers of Bemidji is a former university professor and area principal. He also is a writer and public speaker.

STUDENTS IN THE NEWS

Hamrin graduates from Baylor

WACO, Texas — Sadie Hamrin of Bemidji recently graduated Cum Laude from Baylor University with a Bachelor of Music Degree in Applied Music. She was also named to the dean’s list for maintaining a GPA of 3.70 or higher while completing 12 or more credits during the spring 2022 semester.

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Area Worship Services

Cass Lake Alliance 21 2nd St NE, Cass Lake 218-335-8892 Sunday service 10 a.m. Mokahum Chapel 15784 Roosevelt Rd. SE, Cass Lake 218-368-6806 Sunday service 10:30 a.m. mokahum.wordpress.com House of Prayer 1701 Birch Lane NW, Bemidji 218-368-7998 Sunday service 9 a.m. & 10:30 a.m. bemidjihop.com	St. Charles Catholic Pennington - Sat. 4:00 p.m. May 14 - Labor Day weekend Sacred Heart Catholic 135 3rd St, Wilton 218-751-8446 Sunday Mass 9 a.m. sacredheartwilton.com St. Joseph's Catholic 16 Red Lake Ave NW, Bagley 218-694-6416 Sunday Mass: 10:30 a.m. stjosephsbagley.org St. Charles Catholic 308 Central Ave, Cass Lake, 218-335-2359 Sunday 11 a.m. St. Patrick's / Kelliher 131 Fifth St. NE, Kelliher 218-647-8300 Saturday Mass 5 p.m. triparish.org St. Michael / Northome 12026 Lake St., Northome 218-897-5628 Sunday Mass 8 a.m. St. John's/Nebish 27867 Irvine Ave. NE, Nebish 218-647-8300 Sunday Mass 10:15 a.m. triparish.org St. Mary's Mission / Red Lake Highway 1, Box 189, Red Lake 218-679-3615 Sunday Mass 10:45 a.m. stmarysmmission.org St. Ann's Catholic / Blackduck 388 1st Street E, Blackduck 218-647-8300 Sunday Mass 8 a.m. triparish.org Our Lady of the Pines / Nevis 205 Main Street West, Nevis 218-652-4005 Sunday Mass 10 a.m. ccnevislaporte.org St. Theodore of Tarsus / Laporte 580 Country Road 39, Laporte 218-224-3135 (Message), 218-652-4005 Sunday Mass 8:30 a.m. ccnevislaporte.org	St. Batholomew's Episcopal 1800 Irvine Ave., Bemidji 218-444-7131 Sunday services 10 a.m. St. Antipas' Episcopal Hwy 1, Redby Sunday Holy Eucharist, 9:30 a.m. St. John's Episcopal/Red Lake Sunday Holy Eucharist 11:30 a.m. Evangelical Evangelical Free 115 Carr Lake Rd., Bemidji 218-751-8834 Sunday worship 8:30 a.m. Traditional 10:45 a.m. Contemporary efcbemidji.org Evangelical Covenant 5405 Hart Lane NW, Bemidji 218-751-3699 Sun. services 9 a.m. (Traditional), 10:45 a.m. (Contemporary) bemidjicovenant.com Blackduck Evangelical Free 241 Oscar Ave SW, Blackduck 218-835-4580 September-May Sunday 9:15 am Sunday School, Adult Bible Class 10:30 am Worship. Wed. 5:30 pm Awana and 7 p.m. Youth Group June-August Sunday 9 a.m. Adult Bible Class, 10 a.m. Worship, Children's Church bfreechurch.com	Trinity Lutheran (Missouri Synod) Pastor, Rev. Robert Wentzel 123 29th Street NE, Bemidji 218-444-4441 Worship: Wed: 6:45 p.m., Sun: 9 a.m. trinitybemidji.org Trinity Lutheran 26685 Debs Road NW, Pinewood Sunday service 10:30 a.m. Our Redeemer's Lutheran Puposky-Debs 1214 Durand Drive, Puposky 218-766-0062 Sunday service 9 a.m. ourredeemers.blogspot.com Aardahl Lutheran 2920 Van Buren Ave. S.E., Bemidji 218-444-8865 Sunday service 8:30 a.m. aardahlutheran.com Malvik Lutheran (ELCA) 1 mile so. of Nary on County Rd 36, 1.5 miles east on #102. 218-444-4112 Sunday service 10 a.m. Landstad Free Lutheran (AFLC) 220 2nd St E, Shevlin 218-785-2125 Sunday service 9:00 a.m. Trinity Lutheran 150 2nd Street NE, Laporte, MN 218-224-2417 10 a.m. Sunday worship Redeemer Lutheran (LS-MS) 11 Red Lake Ave SW, Bagley 218-694-6258 Sunday Worship 9:30 a.m. Trinity Free Lutheran (AFLC) 6 Miles N of US 2 on Hwy 89, Wilton 218-467-3254 Sunday service 10 a.m. New Salem Lutheran (ELCA) 7491 Birchmont View Dr NE, Turtle River 218-586-2262 Sunday service 9:30 a.m. newsalemllutheran.org On YouTube: New Salem Lutheran Church, Turtle River Salem Lutheran (Missouri Synod) 37115 US 71, Lake George 218-266-3330 Sunday service 9 a.m. Clearwater-Solway Lutheran Parish Pastor: Mark Kuleta P.O. Box 9, Shevlin Phone: 218-785-2146 Clearwater Lutheran 186 Second Street West, Shevlin 218-785-2146 Sunday Services - 9:00 a.m. Sunday School - 10:30 a.m. Solway Lutheran 277 2nd Street, Solway 218-467-3460 Sunday Services - 10:45 a.m. Zion Lutheran (ELCA) 217 Main St., Blackduck 218-835-4530 Online Sunday Worship: 8:30 a.m. Blackduck Lutheran Church YouTube Channel or nbelp.org Immanuel Lutheran (Missouri Synod) 349 3rd Street NE, Cass Lake 218-335-6134 Sunday service 10:30 a.m. icasslake.org Holy Trinity Lutheran (Missouri Synod) 125 1st St W, Blackduck 218-835-4423 Sunday service 8:30 a.m.	Faith Lutheran (AALC) 481 4th St NE, Blackduck 218-835-6296 Sunday service 9 a.m. faithlutheranchurchblackduck.or Trinity Lutheran 6810 US Highway 2 NW, Cass Lake PO Box 788, Cass Lake, 56633 218-335-6393 Sunday service 10:30 a.m. tlccasslake.com Peoples Church 824 America Ave., Bemidji 218-444-8240 Sunday Worship: 1 p.m. peopleschurch-elca.org Hope Lutheran (AFLC) 12234 3rd St., Northome 218-897-5654 Sunday service 10:30 a.m. Bethesda Lutheran (AFLC) 11348 Itasca St., Mizpah 218-897-5607 Sunday service 9 a.m. Our Savior Lutheran (ELCA) 249 W. Main, Kelliher 218-647-8606 Sunday Morning Worship: 11 a.m. in-person & livestreamed on church Facebook page Methodist Bemidji United Methodist 924 Beltrami Ave., Bemidji 218-751-3503 In Person Sunday Worship 10:30 a.m. Pastor Deborah Davis Pentecostal New Life Church 616 Wood Ave. SE, Bemidji 218-333-0577 upcbemidji.org Worship Service & Kids Church 11 a.m. Mid-Week Service & Kids Church Wed. 7 p.m. Lighthouse Church of God 335 2nd St NE, Cass Lake Sunday service 12:30 p.m. Presbyterian First Presbyterian 501 Minnesota Ave., Bemidji 218-444-5016 Sunday worship 10 a.m. firstpresbj.com First Presbyterian of Blackduck 23285 Gate Lane NE, Blackduck 218-835-6651 Sunday Service: 10 a.m. Quaker Northern Light Friends Meeting 2048 Agate Lane NW, Solway 218-467-3584 Sunday worship: 10 a.m. Seventh-day Adventist Bemidji Seventh-day Adventist 4400 Eccles Rd NW, Bemidji 218-333-7322 Saturday Sabbath worship 10:55 a.m. bemidjisdachurch.com Unitarian Headwaters Unitarian Universalist Fellowship Headwaters Peace Center 1826 Mikrantip Rd. SW, Bemidji Meets Sept - May at 10 am Sundays headwatersuu.org Independent Tenstrike Community Church 145 Dredry St NW, Tenstrike 218-586-2960 - Sunday Service at 10:00 a.m. tenstrikechurch.com	Guthrie Community Bible 43948 275th Ave, Laporte 218-987-2580 - Sunday services 10 a.m. Christ Gospel Fellowship Laporte Hwy 39, Laporte 218-224-2800 Sunday worship 10:30 a.m. Northern Bible Church 8648 Irvine Ave. NW, Bemidji 218-444-2654 Sunday School 9:30 a.m. & Service 10:30 a.m. northernbible.com Mount Zion Church 414 Lincoln Ave. SE, Bemidji 218-751-8000 Sunday service 10 a.m. mtzionbemidji.org Solway Bible Chapel 222 Solway Ave NW, Solway 218-467-3410 Sunday Service 10:30 a.m. River City Church 50915 Co Rd. 3, Bemidji 218-333-0516 Sunday Service: 10 a.m. rivercitychurchbemidji.com Lake George Bible Chapel 37285 US 71, Lake George 218-699-3013 Sunday service 10 a.m. lakegeorgebiblechapel.weebly.com Redby Community Church State Hwy 1, Redby 218-760-4953 Sunday Service: 10 a.m. Pennington Revival Center Pennington, MN 218-335-0102 Sunday service 11 a.m. Real Life Christian Fellowship 5097 Scribner Road NW, Bemidji 218-444-7150 Sunday Worship service 10:30 a.m. rlcf.ne Kabekona Community Church 24044 Old Cemetery Rd, Laporte 218-224-2827 Sunday service 10:45 a.m. kabekona.org Mikdash Mikeveh - Hope Temple Messianic Fellowship 3117 15th St. NW, Bemidji Messianic Rabbi John Ballek 218-929-3231 Sat. Service 10 a.m. (meal following) Torah Club Tues. 6:30 p.m. Calvary Chapel 500 Irvine Ave, Bemidji 218-751-9192 Sun. service 8:30 & 10:30 a.m., Wed. service 6:30 p.m. calvarybemidji.com Assembly of God Missionary Fellowship 1017 Clausen Ave. S. W., Bemidji 218-751-4400 Sunday service 10:30 a.m. Chippewa Bible Chapel 12998 56th Ave NW, Cass Lake 11 a.m. Sunday service (Oak Point) Home Fellowship Servants of Almighty Yahuah, the only Savior (Is. 43:1), are meeting in homes on Yahuah's Sacred Sabbaths for Torah/scripture study and fellowship. 218-766-8716 Endless Blessings 181 Main Street South Blackduck Sat. Sabbath Call 218-TELLGOD Destiny Fellowship 1701 Birch Lane NE Bemidji 218-333-8814 - Sunday service 4:30 p.m. Laporte Community Bible Church 155 Main St. W, Laporte The Beat Saturday service 6 p.m. Sunday service 10:45 a.m. Wednesday meal and activities 5:30 p.m.
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OBITUARIES

Jacob Boomgaarden



Jacob John Boomgaarden, 92, of Clearbrook Minnesota, passed away on August 12, 2022. He was born to Albert and Ella Boomgaarden in Pitt, Minnesota on November 13, 1929.

Jacob graduated from Baudette High School in 1947. He attended Bemidji State Teachers College for 2 years, taught at Pitt country school for a year, and then returned to graduate from Bemidji State Teacher's College in 1951. After graduation, Jacob joined the Marine Corps. He was commissioned as an artillery officer and served in Korea. Before shipping out, he married his love, and lifelong partner, Clarice Ames. His daughter Diane was born while he was in Korea.

Upon returning stateside, Jacob taught for a year in Stephen, MN and then moved to a teaching position in Clearbrook in 1955, where his sons, Bradley and Mark, were born. He and Clarice made Clearbrook their lifetime home.

Jacob continued his military service for several more years as an officer with the National Guard. He was President of the Northern Division of the Minnesota Education Association and served as a delegate to the National Education Association Assembly in New York City. He also returned to Bemidji State College where he earned a master's degree in English. Jacob was very active with the City of Clearbrook and served on the city council and as mayor.

Jacob enjoyed hunting, fishing, maple syruping, reading, music, singing, whistling, teaching, telling stories, and spending time with his family. He appreciated a variety of humor and was well versed from satire to limerick.

Jacob taught at Clearbrook for 52 years. He initially was the Band Director but spent most of his career teaching English and Advanced Literature. He also directed school plays and was the speech coach for many years. "Mr. Boomgaarden" would want to leave behind, sincere appreciation for the many students who blessed and enriched his life over the years. Teaching was his passion and his purpose. "A good teacher affects eternity; he can never tell where his influence stops." Mr. Boomgaarden was dedicated to inspiring the love of learning and it gave him great joy and satisfaction.

Jacob was preceded in death by his mother, Ella; his father, Albert; his sister, Vera; and his brothers, Albert, Marvin, DeWayne, Leon, and Eldon. He is survived by his wife of 69 years, Clarice; his daughter, Diane Saar; his sons, Bradley (Paula) Boomgaarden and Mark (Laura) Boomgaarden; his brother, Steven; his 8 grandchildren; and his 4 great grandchildren.

Funeral services will be held on Saturday August 27th, 2022, at 11:00 a.m. at Elim Lutheran Brethren Church in Clearbrook, Minnesota with a visitation one hour prior. Interment will be held at the Elim Lutheran Brethren Cemetery in Clearbrook, MN. The Cease Family Funeral Home of Bagley assisted the family with arrangements.

Lorna Dawn Larson

Lorna Dawn Larson, 76 of Aitkin passed away Monday, August 15, 2022 at Aicota Health Care Center in Aitkin. She was born June 20, 1946 in Bagley to Oral and Agnes (Anderson) Johnson. She graduated from Kelliher High School and then attended a culinary school. Lorna was united in marriage to Lee Larson in 1973 in Waskish, MN. She enjoyed working many jobs including as a cook. She was preceded in death by her parents and her husband. Lorna is survived by her siblings: Elwood (Ardell) Johnson, Dennis (Marge) Johnson, Delores Kosbau, Zelda McClellan, Celestine Omlid, Lorna's twin Orlan (Lynn) Johnson, Coreen (Dan) Mohs, Gailan (Carol) Johnson, Lynette (Jim) Cook, and many special nieces, nephews, other relatives and friends.

There are no services planned at this time. Burial will be in Sunset Memorial Park Cemetery in Minneapolis. Arrangements are with Sorensen-Root-Thompson Funeral Home & Cremation services of Aitkin. To leave a message of condolence please go to www.srtfuneral.com

Larry Christensen

Oct. 17, 1935 - Aug. 14, 2022
BEMIDJI, Minn. - Larry Christensen, 86, Bemidji, Minn., died Sunday, Aug. 14, in his home.

Services are pending with Olson-Schwartz Funeral Home & Cremation Service.

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Avis Kelm

Feb. 10, 1930 - May 27, 2022
BEMIDJI, Minn. - Avis Kelm, 92, Bemidji, Minn., died Friday, May 27, in D&D Caring Hearts Assisted Living Center.

A celebration of life will be from 6-8 p.m. Thursday, Aug. 25, at Blue Belle Event Center near Bemidji.

Arrangements by Cease Family Funeral Home in Bemidji.

Affordable Connectivity Program sign-up event set for Aug. 25

Pioneer Staff Report
news@bemidjipioneer.com

BEMIDJI — Paul Bunyan Communications and Red Lake Nation will hold a sign-up day for the Affordable Connectivity Program from 9 a.m. to 3 p.m. on Thursday, Aug. 25, at the Red Lake Nation College, 15480 Migizi Drive.

"This new long-term benefit will help to lower the cost of broadband service for eligible households struggling to afford internet service and provides a discount of up to \$30 per month toward broadband service for eligible households and up to \$75 per month for qualifying households on qualifying tribal lands," a release said.

A household is eligible if one member of the household meets at least one of the criteria below:

- ▶ Has an income that is at or below 200% of the Federal Poverty Guidelines.
- ▶ Participates in certain assistance programs, such as SNAP, Medicaid, Federal Public Housing Assistance, SSI, WIC or Lifeline.
- ▶ Participates in one of several Tribal specific programs, such as Bureau of Indian Affairs General Assistance, Tribal Head Start (only households meeting the relevant income qualifying standard) Tribal TANF or Food Distribution Program on Indian Reservations.
- ▶ Is approved to receive benefits under the free and reduced-price school lunch program or the school breakfast program, including through the USDA Community Eligibility Provision.
- ▶ Received a Federal Pell Grant during the current award year.
- ▶ Meets the eligibility criteria for a participating broadband provider's existing low-income program.

Eligible households can enroll at the sign-up event, through a participating broadband provider or by going to ACPBenefit.org to submit an online application or print a mail-in application and contact their preferred participating broadband provider and select a plan.

Additional information about the Emergency Broadband Benefit is available at www.fcc.gov/ACP, or by calling (877) 384-2575 between 9 a.m. and 9 p.m. ET any day of the week.

BUSINESS ANNOUNCEMENTS

Sanford Health welcomes Amy Roy, MD, to the anesthesiology team

Sanford Health in Bemidji welcomes Amy Roy, MD, to the anesthesiology team at the Sanford Bemidji Medical Center.

Dr. Roy obtained her undergraduate degree from Eastern Illinois University in Charleston, IL, and later attended Eastern Virginia Medical School in Norfolk, VA, where she completed her Doctor of Medicine.

Post-graduation from medical school, Dr. Roy completed her residency in anesthesiology with Saint Louis University School of Medicine in St. Louis, MO, where she gained valuable knowledge and experience. She is also board certified in anesthesiology by the American Board of Anesthesiology.

Before joining Sanford Health, Dr. Roy worked as a staff anesthesiologist for many years at St. John's Hospital in Springfield, IL.

Dr. Roy provides anesthesia services to patients of all ages. These include monitoring sedation and anesthesia patients; performing spinal anesthesia, epidurals for labor and pain management and various peripheral nerve blocks; using ultrasounds to place arterial and central lines; and providing anesthesia during procedures related to general surgery, orthopedics, obstetrics, gynecology, cardiology, vascular, neurology, pediatrics and more.

When asked about the care she provides, Dr. Roy shared, "I treat all my patients equally with VIP service. I always promise to give them my very best of care."

In her spare time, Dr. Roy likes to indulge her culinary side in the kitchen and stay creative with knitting. She also loves playing with her three rescue dogs that always keep her on her toes.



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Insure Forward hires Kaiser as Customer Service Agent

Insure Forward is pleased to announce that Julie Kaiser has joined the insurance team in Bemidji as a Customer Service Agent. Kaiser, a Bemidji native, joins the bank with local knowledge and customer service experience.

Insure Forward, part of Bank Forward, has operated as an independent insurance agency since 1927. Bank Forward operates under one charter with locations in North Dakota and Minnesota. The bank offers a complete line of financial, insurance and tax services.

BSU receives \$261,888 McNair grant from Department of Education

Pioneer Staff Report
news@bemidjipioneer.com

BEMIDJI — The U.S. Department of Education recently awarded Bemidji State University with a \$261,888 McNair grant for the 2022-2023 school year to help the university better serve and assist low-income, first-generation college students and those with disabilities to earn doctoral degrees.

According to a release, the Ronald E. McNair Postbaccalaureate Achievement Program provides grants to universities and colleges for projects designed to provide disadvantaged college students with effective preparation for doctoral studies.

"When we look at U.S. students studying to become our future physicians, professors, sci-

entists and other crucial professionals requiring graduate degrees, many demographic groups are underrepresented, including first-generation college students and those from low-income families," Nasser Paydar, assistant secretary of the Office of Postsecondary Education, said in a release.

Through McNair funding, opportunities can be provided including summer internships, seminars, tutoring, academic counseling and financial assistance among other support services.

BSU was one of 189 grant recipients representing 45 states and Puerto Rico with grants totaling \$51.7 million.

A full list of grant recipients can be found at www.ed.gov.

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Apply by August 25, 2022 to: Manager, Blackduck Community Library, PO Box 326, Blackduck, MN 56630. See www.krls.org for full job description and downloadable application.

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GENERAL

Merchandiser
Seeking qualified individual to fill a merchandiser position for the weekdays & weekends. Must be responsible, dependable & a self starter who has the ability to work well with managers.
Please call 218-751-1617 Coca-Cola Bottling Co. of Bemidji, Inc.

HELP WANTED
HEALTHCARE

GOLDPINE HOME LPNs: Full/Part Time All shifts! PM shift: 2pm-10pm; Overnights: 10pm-6am & AM Shift 6am-2pm. All FT positions receive benefits! **Both** FT & PT positions will get a discount on childcare at our new childcare center depending on if you are FT or PT.
Check out our Facebook page: PinePals.org
Pick up an app at 1700 30th St. NW or online: goldpinehome.org EOE


Welcome Home.
Dental Hygienist
Full Or Part Time
Pay Based On Experience

Be a Part of our Dental "FAMILY"!

Are you positive, hard-working & a team player? Join our progressive Dental Office in Bemidji.

Full benefit package including Health Insurance, 401K, CE, etc.

Our dental family includes 2 Dentists, 4 Hygienists and an awesome supporting team.

Send your resume to:
Black Bear Family Dental
1628 30th Street NW Bemidji, MN 56601 or info@blackbearfamilydental.com

Please feel free to give our office a call at 218-444-2004 with any questions you may have regarding this opportunity.

HELP WANTED
TRANSPORTATION AND LOGISTICS

Route Driver
Monday thru Friday!
Benefits available. Must be able to lift 75 lbs. Must have CDL or be able to get one.

Please call 218-751-1617 Coca-Cola Bottling Co. of Bemidji, Inc.

MISCELLANEOUS FOR SALE


GREAT UTILITY VEHICLES WARM & QUIET! VERY FUEL EFFICIENT!

All trucks are 4-wheel-drive with hi/lo range.

Can also order new trucks!

IN STOCK:
2021 Daihatsu HD Dump, AC, PS, DL, \$20,900.
2022 Suzuki, AC, PS, AT, \$18,500.
1998 Daihatsu Fire Truck, \$9,800.
2019 Suzuki Dump, PS, AC, DL, \$17,500.
2022 Daihatsu, AC, PS, PW, DL, \$18,800.

COMING SOON!
(2) 2021 Suzuki Scissor Lift & Dump, AC, PS, DL, \$22,500
2003 Daihatsu Fire Truck, AC, \$11,500.
2022 Daihatsu Dump, Silver, AC, PS, DL, \$19,500
2000 Daihatsu, H/L, \$9,800.
2022 Suzuki Jumbo Cab, Green, AC, PS, PW, DL, \$21,500.
2011 Daihatsu, AC, PS, H/L, \$12,500.
2017 Daihatsu Deck Van, AC, PS, PW, 4WD, 5-spd, \$17,500.

We also have lift kits, tires & wheels & other accessories available!

Call Arlen at 763-234-9118 Bemidji, MN
Scott at 701-308-0101 Lisbon, ND

MISCELLANEOUS FOR SALE

APPLES
Pick your own. Itasca. 218-266-3944

Used Standard Pool Table in good condition. Photo's avail upon request. \$800 OBO. Call 218-209-7911.

Furniture/Medical Equip.
Large glass/wood coffee & end table; Bamboo rocker; (2) ceiling fans with lights; Ottoman with 4 trays; IPPB breathing machine for medicine. All under \$100. 218-368-5469 or 444-5721

DEALS & STEALS

Nordic Track Pro Ski Machine
Early 90's model 1 owner
Very Good Condition
\$100.00 218-308-0544.

FIREWOOD

Oak firewood.
Cut, split and delivered. \$200 a cord, delivered in 2 cord loads. 218-556-3977

DOGS

Cockers - all colors. Also Cocker-liers. Vet, shots, \$250-\$350. 218-839-9766 MN#355291

Mini Aussiedoodles F1B
3 females, ready August 24. Hypo-allergenic, non-shedding. \$1,600. 712-451-8183

Miniature Aussies
First shot, wormed, Frontline & care package. M & F, \$600. Will meet. Text for pics: 218-851-6219

AKC German Shorthaired Pointer Puppies
Champion bloodlines. Excellent hunters and family dogs! Tails docked, dew claws removed, registered and micro chipped. 3 Female, 5 Male. Call/Text Ryan 320.260.8618

STORAGE SPACE FOR RENT

Mayflower Mini Storage, Bemidji, MN
218-766-8986
10x14 \$60/month; secure outdoor storage \$20/foot


Exciting Employment Opportunities as a Production Team Member!

PotlatchDeltic Corporation is seeking qualified applicants to join our team as a **PRODUCTION TEAM MEMBER** at our lumber manufacturing facility in Bemidji, MN. This a benefited hourly position which involves machine center relief, clean-up duties, operating mobile stock, and operating multiple work stations to support the Lumbermill processes.

APPLY ONLINE by visiting our career page at www.potlatchdeltic.com. Only on-line applications through our Company web site will be accepted.

PotlatchDeltic is an EEO/Affirmative Action/Male/Female/Veteran/Disabled Employer and supports a drug free work environment.

HELP WANTED
GENERAL

JOIN OUR GROWING BUSINESS!


We are Hiring a HEAVY TRUCK MECHANIC AND LABORERS! Immediate Positions Open

Interested in becoming a team member in a strong, Minnesota growing based company with a high level of integrity? Lakes Concrete is the company for you! Competitive wages. Benefits package includes 401K, IRA and Medical Coverage. Drug test required.

Apply in person at 5422 Hwy. 71 NW, Bemidji, MN 56601 or email resume to: hr@lakesconcreteplus.com or apply online at: lakesconcreteplus.com



Itasca-Mantrap
Your Touchstone Energy® Cooperative

Director of Operations

Itasca-Mantrap Co-op. Electrical Ass'n. located in Park Rapids, Minnesota, is hiring a Director of Operations. Qualified professionals will find we have a lot to offer: competitive salary, excellent benefits, financially strong and well respected cooperative with close ties to our members and community.

For more information regarding our open position and Itasca-Mantrap Co-op. Electrical Ass'n., please visit our website at www.itsasca-mantrap.com/careers.

To apply, please mail or e-mail your resume with salary requirements by September 12, 2022
to: Katie Dollard, Great River Energy, 12300 Elm Creek Boulevard, Maple Grove, MN 55369-4718. KDollard@grenergy.com.
An EEO/AA Employer. No agencies please.



BELTRAMI county *est. 1866*
Employment Opportunities

BELTRAMI COUNTY IS ACCEPTING APPLICATIONS FOR THE FOLLOWING POSITIONS:
All benefited positions include a generous insurance package, paid holidays, paid time off, enrollment in one of the MNPERA pension plans and a competitive pay scale.

Deputy Sheriff
Working 80 Hrs Every Two Weeks, Benefited
Apply by 8/25/2022, 4:30 pm

Highway Maintenance Worker II or III
Working at the Bemidji Shop
Full-time, Benefited
Apply by 8/25/2022, 4:30 pm

PHN / RN - Managed Care
Full-time, Benefited
Position will be open until filled

To apply, complete our online job application at:
www.co.beltrami.mn.us

If you do not have access to a personal computer, the Career Force Center, the Bemidji Public Library & Oshkimaajitahdah have free public computers for use.

To receive further assistance, visit the Beltrami County Human Resources Department at 701 Minnesota Ave NW, Suite 210, Bemidji, MN 56601 or contact 218-333-4156.

AN EQUAL OPPORTUNITY EMPLOYER

HELP WANTED
CONSTRUCTION

The Leech Lake Band of Ojibwe Housing Authority is currently seeking one highly motivated individual with proficiency in communication, team building and leadership. Management that focuses on completing projects as efficiently and promptly as possible.

Project Manager

Responsible for planning, overseeing and leading projects from ideation through to completion. Leading project planning sessions. Coordinating staff and internal resources. Manage project progress and adapt work as required. Supervision of pertinent staff.

Qualifications: Bachelor's Degree relating to the construction field preferred. Minimum of two years vocational or technical training, with four years practical experience and state certifications and/or licenses in construction field. Knowledge and understanding of TERO Ordinance and related Federal Law, building codes (Minnesota and International, MN Energy, Mechanical, National Electrical, etc.), OSHA and Davis Bacon standards. Knowledge and experience in standard office equipment. Experience in MS office computer software systems are a must. A valid MN Driver's License is required and be insurable per the LLBO Fleet Management Driver/Motor Vehicle Record Criteria.

Wage: DOQ (wage determination based on education and experience) Full-Time. Benefits: (upon eligibility Health/Dental Insurance, Life Insurance, Short Term Disability, Retirement, Personal Leave, etc.

A full job description is available online at: <https://llboha.org/employment/>. Resumes will not be accepted in lieu of a completed LLHA application. Please submit certification(s) with application.

Leech Lake Band Member preference, MCT, and other Native American preference apply – proof of enrollment and Veterans status required.

All applicants considered for hire must pass pre-employment drug and alcohol testing. Background check required

Call LL Housing Authority Human Resources for information to apply or update an application at 218-335-8280 or 218-335-4414.

Opened Until Filled

HELP WANTED
EDUCATION

The Bemidji Regional Interdistrict Council, a large special education services cooperative serving 11 member Districts in North Central Minnesota has an openings effective the 2022-2023 school year for the following position:

Occupational Therapist
Full Time Occupational Therapists (OT) to provide direct and indirect services pre-K through grade 12.

The BRIC offers a competitive compensation package, effective supervision, in-service training and technology support.

Interested candidates should complete the online application at www.bric-k12.com

Positions Close: Open Until Filled

HELP WANTED
EDUCATION

Public/Garage Sales

Bemidji, 56601
LARGE GARAGE SALE
928 Miles Ave SE
Friday Aug 19th 9-7 & Saturday Aug 20th 9-4
All name brand clothes, mens & womens, youth, adult XL, household & childrens items.

and outdoor items. Plus many more misc items.
No Early Sales / Cash Only!

Bemidji, 56601
GARAGE SALE
16616 Irvine Ave NW
Sat 27, Sun 28th & Wed 31st 9-5
Household items. Foam Bed/frame, Oak table/chairs, garage/garden , Hardware/tools, Hunting/ Fishing items, Doors & pet supplies, scrap iron/sheeting. Cash Only!

Blackduck, 56630
MULTI FAMILY GARAGE SALE
29998 HWY 72 NE
Aug 19th & 20th 10-2
Household, Furniture, Clothes & More
Cash Only.

FARM LAND FOR SALE

75 Acre Hobby Farm!
Property includes older 4BR farmhouse in need of repair, lg garage, hay shed, pole shed. Approx 55 acres of tillable land currently in hay/alfalfa. Lots of potential!
MLS#6247384 \$225,000

Mark Dickinson
444-1900

www.century21dickinson.com

LAKE PROPERTY FOR SALE

CENTURY 21
Dickinson Realtors
MISSISSIPPI RIVER!
Exceptional 5BR 4BA home features 3 frplcs, huge windows, excellent storage, 7 stalls of garage space, gorgeous yard and beautiful solid river frontage with beach area!
MLS#6217969 \$814,900

20 ACRES!
Wonderful 3R 2BA home features large open kitchen, hardwood floors, vaulted ceilings, custom fireplace, mudroom and dbl attached garage! Huge backyard deck, fenced garden area too!
MLS#6201498 \$399,000

www.century21dickinson.com
751-1228

PUBLIC/GARAGE SALES

Multi-Party Sale!
510 Miles Ave.
Across from Nymore Park
Fri 8/19 & Sat 8/20 8am-5pm
Furniture, clothes, books, household items, and lots of other stuff! Cash Only.

PUBLIC/GARAGE SALES

Multi-Party Sale
2537 Brinkman Dr. NE
Fri 8/26 7am-5pm & Sat 8/27 7am-3pm
Morton Building full plus outside items. Boat trailer, furniture, antiques, tools, collectibles, clothes (adult/teens), etc.

PUBLIC/GARAGE SALES

Multi Party Garage Sale
407 Miles Ave SE
Aug 19th 8-3:30 & Aug. 20th 8-noon. Baby items, household, furniture, bike and much more. Cash only.

Garage Sale
8614 Country Club Rd NE
Aug. 26th 8-4pm & Sat. 27th 8-1pm.
Office and craft supplies, Precious Moment figurines, collectibles, holiday decor, hshld. clothes.
Cash Only

PUBLIC/GARAGE SALES

apartmentsHQ
www.apartmentsHQ.com

OPEN HOUSES

OPEN HOUSES

OPEN HOUSES

HOMES FOR SALE

REAL ESTATE WANTED

AGRICULTURE
MISCELLANEOUS

CENTURY 21
Dickinson Realtors

**SUNDAY, AUG. 21
OPEN HOUSE**

1:00-2:30 PM

4928 Magnolia Ln. NW
Country Home! 2BR/2BA on 2.9+ nicely wooded acres. Multiple decks for picturesque sunrise & sunset views. Attached insulated/heated garage, storage shed & a 32x50 outbuilding.

MLS# 6244952 \$325,000

Your Host: Scott Pearson 218.766.6530
Directions: West on Hwy 2, right on Magnolia Ln.

www.century21dickinson.com

751-1228

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Smiley Ads

Give a friend of relative something to smiley about. Stop by our office and place a smiley ad.

- Birthday
- Graduation
- Anniversary
- Retirement
- Congratulations
- Thanks

For any special occasion or just to cheer someone up!

The Bemidji
Pioneer
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ESTATE SALE
Down sizing?
Moving to assisted living?
Let us help. We purchase your home and all personal items, cars, boats, tools, furniture, etc....
ONE TRANSACTION.
No auctioneer or months of tagging items and stuck with unsold items.
Please call for details.
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info@standardhomesllc.com

homesHQ.com

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Purchase will be AS IS Cond, including rural properties, no improvements needed & leave behind all unwanted items. Also no random people walking through your home. The property does not have to be clean or realtor ready.
STANDARD HOMES
218-208-3883
833-403-2020
info@standardhomesllc.com

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Pasture Raised Butcher Hog
250 pound Yorkshire near Cass Lake. Vegetarian/Free range forage fed, never meds, hormones or antibiotics. Process yourself. I can skin and quarter (\$100), or use a mobile butcher (~\$200). \$400. Text/call Roger 320-250-8544

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OPEN HOUSE SUNDAY, AUG. 21ST

Realty EXPERTS
444-1021
realtylexpertsbemidji.com
1499 Anne St. NW
Bemidji, MN 56601
877-445-2450

1:00-2:30pm

2008 Whiting Rd. NW Unit 14, Bemidji
MLS #6241057
Newer split level home in Wheatfield C.I.C. Open kitchen/living/dining, lower level family room, deck, natural gas heating, open yard, triple attached garage and paved drive. **\$289,900.**
Directions: North on Irvine Ave. NW, West on Whiting Rd. NW, turn left at 2008, Unit 14 will be on the right.

Hosted by
Evy Aylesworth
218.766.6179

Ready. Set. Sell! Call to find out how classifieds can work for you.
The Bemidji Pioneer 218-333-9200 | bemidjipioneer.com

SERVICE DIRECTORY

YOUR GUIDE TO GREAT SERVICES!

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► CARPET CLEANING ► HOUSEKEEPING ► MECHANIC ► ELECTRICAL ► AND MORE!

AG

KENT LIMOUSIN
LANCASTER, MN

Limousin bulls for sale. Add more muscle & feed efficiency to your calf crop. Excellent disposition. Red or black. Several heifer bull prospects. EPDs avail. Fertility tested. Free delivery. 218-280-9691

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EXPERIENCED LOCAL CARPENTER
Looking for a few more projects:
Roofing, Ice Dams, Siding, Garages, Additions, Bobcat work & more.
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ALTERATIONS/SEWING

Specializing in all of your canvas repair & fabrication needs

Up North Canvas Company
4972 Jackpine Rd NW
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218-556-0172

- Boat Covers
- Boat Lift Canopies
- Bimini Tops
- Snowmobile & UTV Upholstery
- Awnings & Truck Tarps
- Zipper Repair
- Etc.

www.upnorthcanvas.com

INSURANCE

I Know Medicare.

If you have questions, I have answers... call today!
Jerry Downs
751-7737
1425 PAUL BUNYAN DR. NW • BEMIDJI, MN 56601

MISCELLANEOUS SERVICES

Jake's Stump Grinding LLC

Jacob Mellema
218-760-2224
Insured & Bonded

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Bemidji's #1 pest control company!
NORTH STAR PEST CONTROL
Locally owned and operated by Corey and Sue Westrum
Call today for a **FREE** estimate!
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www.northstarpestcontrol.com

Specializing in:
Spiders, Flies, Asian Beetles, Bed Bugs, Ants and other creepy things!

CHILDCARE

♥ ♥ ♥ ♥

Season's Preschool/Daycare
Full time child care in my home for children 3-8 years old. Provided by retired kindergarten teacher. Call 218-760-6936
Only 2 spots available!

CONCRETE/
MUDJACKING

LAKES CONCRETE Plus

PROMPT DELIVERY!
Redi-mix, Class 5, Washed Rock & Sand, Top Soil, Culverts, Septic Tanks, Concrete Pumping
Bemidji 444-9112
Fosston 431-1486
Walker 766-4430
Little Fork 766-4131

ALTERATIONS/SEWING

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POWERWASHING HOUSES - ROOFS - DECKS CHIMNEY SWEEP GUTTER CLEANOUT
FULLY INSURED
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website: www.grahamoutdoors.net

INSULATION

Energy Saver

Energy Saver INSULATION
Polyurethane Spray Foam
Blown-in Fiberglass

Nick Lee
218-556-2523
Serving the Bemidji area for 34+ years

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Call for all ROOFING and CONSTRUCTION needs.
Your local storm damage specialists.
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Heartland RV Repair
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- Water Heater
- Winterizing
- Roof Repair
- Awning
- Slide Outs
- Bath Room
- Hydraulic Leveling
- Electrical
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- Furnace

FLOORING

THE TILE GUYS Inc.

35 YEARS EXPERIENCE

Specializing in:
CUSTOM SHOWERS & FLOORS
Porcelain, Marble, Granite, Slate, Natural Stone, Ceramic Tile, Grout/Stone Restoration, Re-Grout
Call or Text Dan NOW for a **FAST & FREE Estimate**
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Fax# 218-694-6651

JUNK REMOVAL

BUYING JUNK CARS & TRUCKS
PAYING TOP DOLLAR
Free Towing!
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Licensed & Insured Professionals

- Fertilize & Weed
- Control
- Hydro mulching/seeding
- Stump Grinding
- Lawn Aeration
- Overseeding
- Dirt Work

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Reduce. Reuse. Recycle.

The Bemidji Pioneer

CARPENTRY

TREE SERVICE/
STUMP REMOVAL

Kolstad Tree & Shrub Care
ISA Certified
Arborist
Free Estimates
Call 218-444-4282

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218.556.8491
INSURED

Roof & House Washing | Commercial Hood Cleaning
Power Washing | Steam Washing
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GROVE INSULATION

Insulate your home, garage or cabin. Loose fill attics & knee walls. Pressure blow slants & side walls. Foundations, crawl spaces & rim joists. Blower door pressure testing before & after work.
218-280-5834
Rebate available through MN Energy

DRYWALL/SHEETROCK

Drywall Finishing, LLC
"For all your finishing needs"
Taping, Texturing, Painting

Tim Quinn, Owner
Call now to get on our schedule:
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cell
quinn210@paulbunyan.net
quinnndogga@gmail.com

MISCELLANEOUS SERVICES

VOGT'S DIRT SERVICE
EST. 1983
Bemidji, Minnesota

218-556-0267

Barn yard black dirt screened Screened top soil
All gravel tested and certified to MNDOT specifications

- Class 5 Gravel
- Class 1 Gravel
- 1 1/2" Rock
- 3/4" Rock
- Washed Sand
- Fill Dirt

HEADWATERS
CONCRETE

Where Quality Matters
218-224-3101
headwatersconcrete@outlook.com
*All Aggregates are MN state certified.

- Ready Mix
- Concrete Pumping
- Professional Grade Concrete Products
- Class 5
- Class 1
- Rip Rap
- 3/4" Rock
- 1 1/2" Rock
- Top Soil
- Washed Sand

AUCTION SALES

LIVE AUCTION
Wednesday, August 24th, 10am. Detroit Lakes, 27515 260th St. Mark Greenig Estate, Alumacraft Lunker V16 Boat Package, 1995 Chevy Silverado 2500 4x4 Pickup, 2007 VW Rabbit (salvage title), Yamaha G-Max Golf Cart, Trailers, Shop/Tools, Lawn, Artwork, Furniture, more!
JokelaAuction.com, Park Rapids

PUBLIC NOTICE

NOTICE OF BELTRAMI COUNTY TRAILER HAULING CONTRACT INVITATION FOR PROPOSAL AND BID.
BELTRAMI COUNTY AUDITOR-TREASURER
BELTRAMI COUNTY TRAILER HAULING CONTRACT: 2023-2025
NOTICE OF S.W.-04: TRAILER HAULING CONTRACT - INVITATION TO BID
STATE OF MINNESOTA
COUNTY OF BELTRAMI
OFFICIAL NOTICE OF BID LETTING
BELTRAMI COUNTY SOLID WASTE FACILITIES
TRAILER HAULING CONTRACT: 2020-2022
BELTRAMI COUNTY will receive **SEALED BID PROPOSALS** for the **S.W.-04: TRAILER HAULING CONTRACT: 2023-2025** until 10:00 a.m. on Thursday, September 1, 2022 at the Beltrami County Commissioners Conference Room in the Beltrami County Administration Building. Proposals received after 10:00 a.m. on Thursday, September 1, 2022 will not be considered, and will be returned to the bidder unopened. Proposals will be opened and read publicly at 10:00 a.m. on Thursday, September 1, 2022 by the Board of County Commissioners or their representative in the Commissioners' Conference Room at the Beltrami County Administration Building, located at 701 Minnesota Ave NW, Bemidji, MN 56601
Base Proposal – Work consists primarily of:
Daily trailer inspections, trailer greasing, tarping, weighing, and hauling walking-floor style transfer trailer(s) of various materials between Beltrami

PUBLIC NOTICE

County's Transfer Station in Bemidji, Polk County's Transfer Station in Crookston, Hubbard County Transfer Stations in Laporte and Park Rapids, Polk County's MSW Landfill near Gentilly and the Resource Recovery Facility in Fosston and unloading containers as required.
No proposal may be withdrawn by any bidder for a period of sixty (60) days after the bid submittal deadline. Award of the contract by the County of Beltrami will consider, but not necessarily be limited by factors of price, equipment, experience of the contractor, familiar with the system, analysis and comparison of specification details, and past experience of the County with similar and related projects. This is a multi-county effort and the right is reserved to reject any or all bids, and to waive any irregularities or defects therein, and to award the contract to a party other than the lowest bidder if the interests of the County(s) would be best served thereby. The County Board further reserves the right to withhold final acceptance and award for a period not to exceed sixty (60) days from the date of the bid submittal deadline thereof to allow time for inspection of any bid. All bids shall be held firm until the award has been made. Bids must be accompanied by certified check or corporate surety bond in favor of the County Auditor-Treasurer of Beltrami County for not less than 5% of the total contract bid as a guarantee that the bidder will enter into a contract with Beltrami County to furnish the equipment and services described in the proposal. The bid security shall be subject to forfeiture as provided by law.
Bid proposal forms can be picked up at the Beltrami County Solid Waste Office at 751 Industrial Park Dr SE, Bemidji, MN 56601, Phone: 218-333-8105 or 218-333-8278, or Email: brian.olson@co.beltrami.mn.us (August 10, 13, 17, 20 ,24 & 27, 2022) 89676

PUBLIC NOTICE

NOTICE OF MORTGAGE FORECLOSURE SALE
NOTICE IS HEREBY GIVEN that default has occurred in the conditions of the following described mortgage:
DATE OF MORTGAGE: November 23, 2004
ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$60,000.00
MORTGAGOR(S): Eli Hautajarvi and Sharon K. Hautajarvi, Husband and Wife
MORTGAGEE: Ameriquest Mortgage Company
DATE AND PLACE OF RECORDING: Recorded: December 16, 2004 Beltrami County Recorder
Document Number: A000448340
ASSIGNMENTS OF MORTGAGE: And assigned to: Deutsche Bank National Trust Company, as Trustee for Ameriquest Mortgage Securities Inc., Quest Trust 2005-X1, Asset Backed

PUBLIC NOTICE

Certificates, Series 2005-X1, under the Pooling and Servicing Agreement Dated March 1, 2005
Recorded: January 20, 2009
Recorded: February 17, 2009 Beltrami County Recorder
Document Number: A000490398
Transaction Agent: Not Applicable
Transaction Agent Mortgage Identification Number: Not Applicable
Lender/Broker/Mortgage Originator: Ameriquest Mortgage Company
Residential Mortgage Servicer: PHH Mortgage Corporation
COUNTY IN WHICH PROPERTY IS LOCATED: Beltrami
Property Address: 927 20th St NW, Bemidji, MN 56601
Tax Parcel ID Number: 80.04591.00
LEGAL DESCRIPTION OF PROPERTY: Lot Three (3) and the East Half (E 1/2) of Lot Two (2), Norton Avenue Addition
AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NOTICE: \$46,488.13
THAT all pre-foreclosure requirements have been complied with; that no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof; that this is registered property;
PURSUANT to the power of sale contained in said mortgage, the above-described property will be sold by the Sheriff of said county as follows:
DATE AND TIME OF SALE: September 06, 2022 at 10:00 AM
PLACE OF SALE: County Sheriff's office, Law Enforcement Center lobby, 613 Minnesota Ave. NW, Bemidji Minnesota
to pay the debt secured by said mortgage and taxes, if any, on said premises and the costs and disbursements, including attorney fees allowed by law, subject to redemption within six (6) months from the date of said sale by the mortgagor(s), their personal representatives or assigns.
If the Mortgage is not reinstated under Minn. Stat. §580.30 or the property is not redeemed under Minn. Stat. §580.23, the Mortgagor must vacate the property on or before 11:59 p.m. on March 09, 2023, or the next business day if March 09, 2023 falls on a Saturday, Sunday or legal holiday.
Mortgagor(s) released from financial obligation: NONE
THIS COMMUNICATION IS FROM A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.
THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.
THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED

PUBLIC NOTICE

TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED.
DATED: July 18, 2022
MORTGAGEE: Deutsche Bank National Trust Company, as Trustee for Ameriquest Mortgage Securities Inc., Quest Trust 2005-X1, Asset Backed Certificates, Series 2005-X1 Wilford, Geske & Cook, P.A.
Attorneys for Mortgagee
7616 Currell Boulevard, Suite 200 Woodbury, MN 55125 (651) 209-3300
File Number: 051347-F1 (July 23 & 30; Aug. 6, 13, 20 & 27, 2022) 83330

PUBLIC NOTICE

scribed as follows:
Beginning at the intersection of the West line of said Government Lot 1 with the shore of Movil Lake; thence North along said West line to a point which lies 296.50 feet South of the Northwest corner of said Government Lot 1; thence deflect right 88 degrees 46 minutes 39 seconds a distance of 350.04 feet; thence deflect right 91 degrees 13 minutes 21 seconds along a line parallel to said West line a distance of 294 feet, more or less to the shore of Movil Lake; thence Westerly along the shore of Movil Lake a distance of 350 feet, more or less, to the point of beginning and there terminating, Beltrami County, Minnesota.
STREET ADDRESS OF PROPERTY: 12805 ARCADIA CT NE, BEMIDJI, MN 56601
COUNTY IN WHICH PROPERTY IS LOCATED: Beltrami County, Minnesota.
THE AMOUNT CLAIMED TO BE DUE ON THE MORTGAGE ON THE DATE OF THE NOTICE: \$425,807.43
TRANSACTION AGENT: None
NAME OF MORTGAGE ORIGINATOR: Wells Fargo Bank, N.A.
RESIDENTIAL SERVICER: Wells Fargo Bank, N.A.
TAX PARCEL IDENTIFICATION NUMBER: 47.00611.00
TRANSACTION AGENT'S MORTGAGE IDENTIFICATION NUMBER: None
THAT no action or proceeding has been instituted at law to recover the debt then remaining secured by such mortgage, or any part thereof, or, if the action or proceeding has been instituted, that the same has been discontinued, or that an execution upon the judgment rendered therein has been returned unsatisfied, in whole or in part.
PURSUANT, to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:
DATE AND TIME OF SALE: September 06, 2022 at 10:00 AM.
PLACE OF SALE: Beltrami County Sheriff's Office, 613 Minnesota Avenue NW, Law Enforcement Center, Bemidji, MN 56601.
to pay the debt then secured by said mortgage and taxes, if any actually paid by the mortgagee, on the premises and the costs and disbursements allowed by law. The time allowed by law for redemption by said mortgagor(s), their personal representatives or assigns is six (6) months from the date of sale.
TIME AND DATE TO VACATE PROPERTY: Unless said mortgage is reinstated or the property redeemed, or unless the time for redemption is reduced by judicial order, you must vacate the premises by 11:59 p.m. on March 6, 2023.
THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S


PUBLIC NOTICE

PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED.
MORTGAGOR(S) RELEASED FROM FINANCIAL OBLIGATION ON MORTGAGE: None
Dated: July 12, 2022
WELLS FARGO BANK, N.A. Mortgagee

PUBLIC NOTICE

TROTT LAW, P.C.
By: /s/
N. Kibongni Fondungallah, Esq.
Samuel R. Coleman, Esq.
Sung Woo Hong, Esq.
Attorneys for Mortgagee
25 Dale Street North
St. Paul, MN 55102
(651) 209-9760
(19-0727-FC04)
THIS IS A COMMUNICATION FROM A DEBT COLLECTOR.
(July 16, 23 & 30; Aug. 6, 13 & 20, 2022) 81810

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Certificate of Assumed Name
Minnesota Statutes, Chapter 333
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ASSUMED NAME: Berglunds Roofing and Sheetmetal
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NAMEHOLDER(S):
Name: Sundve Corp
Address: 5099 Theater Ln Bemidji MN 56601 USA
By typing my name, I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/her behalf or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath.
SIGNED BY: Ronald Sundve
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SATURDAY'S PUZZLES

JUMBLE
Unscramble these Jumbles, one letter to each square, to form four ordinary words.
WPEST
OTHTO
PRLIEP
DAINTB
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THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek
Assigned to: None
LEGAL DESCRIPTION OF PROPERTY: That part of Lot Five (5), Block One (1), IDLEWILD BAY ESTATES, lying Westerly of a line described as follows: Commencing at the Southwest corner of said Lot 5; thence North 89 degrees 54 minutes 31 seconds East, bearing assumed along the South line of said Lot 5, a distance of 350.04 feet to the point of beginning of the line to be described; thence North 01 degree 07 minutes 06 seconds East, along a line parallel with the West line of said Lot 5, a distance of 284.03 feet to the intersection with the North line of said Lot 5 and said line there terminating. AND That part of Government Lot 1, Section 34, Township 148, Range 33, de-



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G59 | N35 | G53 | B13 | I17 | 74 | G54 | I16 | N34

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38. Boring event	44. Obstruct	48. Mah-jongg piece	53. Agile
40. Golf course	46. Gave the old __-ho to; fired	49. Poems of praise	55. Sorority letter
41. Tiny body of water	47. Sailor's mop	50. Dissolve	56. __ after; chased
43. Most urgent		52. Björn of tennis	57. Feminine pronoun

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Twenty years later, Fosston’s police force returns

Move bucks trend in rural Minnesota

By Dan Gunderson
MPR News

FOSSTON, Minn. — A tour of the Fosston Police Department takes just minutes.

There’s the chief’s office, a small workroom for officers and a short wall of historical photos marking the law enforcement presence dating to the first marshal appointed in 1889.

Dustin Manecke is the first chief of police for the rebuilt department in this town of 1,451 about 45 minutes west of Bemidji on U.S. Highway 2.

The highway across northern Minnesota brings several thousand vehicles through the community daily. A bustling industrial park draws about 750 workers a day into town.

Until earlier this year, Fosston was under contract with the Polk County Sheriff’s Office for policing.

Such arrangements are now common in Minnesota.

Data from the Minnesota Board of Peace Officer Standards and Training show the number of law enforcement agencies in Minnesota declined from 501 in 2000, to 420 in 2020.

“I know the trend in today’s world where small towns are disbanding police departments, not that they don’t like them, or they’re not pertinent to their area — but a lot of it comes down to funding,” said Manecke.

Fosston decided to increase funding for law enforcement, creating a four-person department in January.

The city was spending \$250,000 a year for a contract with the Polk County Sheriff’s Office to provide coverage from two deputies, said Mayor Jim Offerdahl.

The decision to create a new police department started with a city council discussion about law enforcement spending.

“And the conclusion was, no, we’re not spending enough on law enforcement. We haven’t been for years,” said Offerdahl, who was elected to the city council in 2001 and has been mayor since 2006.

After deciding they needed to spend more on law enforcement, city leaders weighed the options: expand the contract with the sheriff’s department, or start from scratch.

“It became apparent that we could get more service and more community-oriented service by having our own department versus expanding a contract with the sheriff’s department,” recalled Offerdahl.

He’s quick to acknowledge it’s not that the sheriff’s department did a bad job, but he said residents wanted more enforcement of city ordinances, and the mayor felt the city needed a stronger focus

on community policing.

“Fosston is a relatively peaceful town,” Offerdahl said. “But there’s plenty of criminal activity too, anything from drugs to vandalism.”

Chief Manecke sees dealing with the little irritations of life as an important part of policing in a small town.

“I have to train my officers that yes, it might be a barking dog to us, but for them, (residents calling in) this is the biggest problem in their life right now,” Manecke said.

The new Fosston Police Department was formed in January and has responded to 1,061 calls since officers hit the streets in late February.

The department averages 40–60 traffic stops a month, and they’ve handled a range of incidents including sexual assault, domestic violence, mental health crises, thefts, vandalism and narcotics.

The city council approved a department budget of about \$400,000 according to city administrator Cassie Heide, who said the additional funding came from “tightening the budget” and not cutting any existing services.

Coming home

This job is a homecoming for Manecke. He grew up in Fosston before moving to Fargo-Moorhead. He spent a year with the Cass County Sheriff’s Office and nine years with the West Fargo Police Department, rising to the rank of detective in a department with 65 employees.

“And I worked a lot of really big, really neat cases,” he said, “But coming back home, being able to be a part of something that is in my heart, it means a lot to me.”

Manecke and his wife, who is also a Fosston native, moved back to the area in 2018 to raise their young family in a small town close to family. Manecke stepped away from law enforcement to run a family business before the opportunity arose to build a department from scratch in his hometown.

He said city officials agreed that if they were going to start a police department, they would do it right: competitive pay and the latest gear, including body-worn cameras.

When they advertised for two officers early this year, there were 18 applicants.

In addition to the chief, there are two patrol officers and a recently hired sergeant. Two of the three are longtime local residents.

Starting a police department involved a lot of details, finding equipment amidst supply chain disruptions, designing a badge and a uniform patch and getting the FBI to unretire the federal identification number for the Fosston Police Department.

Manecke is learning



Photos by Dan Gunderson / MPR News

Dustin Manecke is the chief of police in Fosston, Minnesota. The city of Fosston has rebuilt its police department more than 20 years after city officials eliminated the department.

that crime and human nature don’t change much from a city of nearly 40,000 where he previously worked, and a rural town of fewer than 1,500.

“One of the things that was so similar to the West Fargo, Fargo-Moorhead area was the mental health issues. There is a dire need for mental health services in Fosston, just like in every community,” he said.

Trying to bring more mental health services to the area has become a priority for Manecke.

Another priority is the department being seen in the community. Visiting the schools, stopping at the coffee spots, keeping his office door open for visitors.

He’s also learned a small-town police chief wears many hats.

“You’re a counselor, you’re a dad to this child, you’re an officer, you’re a firefighter, you just keep changing the hats,” he said.

The mayor and the chief say most local residents like the change.

At a local convenience store, clerk Martin Johnson said he was glad to see a local police presence.

“Because it usually takes the county cops a little while to get here. Now that we’ve got a police station in town they’re here a little quicker. The benefit is the response time for sure,” he said.

Of course, not everyone in a small town is thrilled to have more police presence on the streets.

“You’re always going to get the person that isn’t happy that they got stopped and feel like, ‘Why do I need to stop at the stop sign now if I didn’t have to stop at it the last 10 years?’ ” said Manecke.



Fosston Mayor Jim Offerdahl thinks a local police force can provide better around-the-clock service to residents than a contract with the county sheriff’s office.



Details of starting a new police department included designing a new patch for officer uniforms.

He’s stopped a few people for ignoring traffic laws, but said he’s yet to write a ticket for those offenses, choosing education over enforcement. That might change if scofflaws don’t get the message.

City officials have run long-term budget projections and are confident the Fosston Police Department is here to stay.

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In a nod to history, a previous Fosston police chief serves as an advisor and chief emeritus for the new department.



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Awaiting the call of the black-billed cuckoo

It has been at least two years since I've observed one of northern Minnesota's most uncommon, secretive and interesting songbirds: the black-billed cuckoo.

Most often heard and not seen, the telltale call of the cuckoo is a curiously monotonous series of whistled notes, "po po po po . . . po po po po . . . po po po" as well as other calls.



Cuckoos belong to an avian family of only a handful of members. Three different species of cuckoos — the mangrove cuckoo, yellow-billed cuckoo and the black-billed cuckoo — and two species of anis (pronounced AH-nee), the groove-billed anis and smooth-billed anis — along with the greater roadrunner.

Preferred habitats for black-billed cuckoos are forests of dense deciduous trees and shrubs where they actively hunt for their favorite food — caterpillars.

And while the range of yellow-billed cuckoo includes southern Minnesota with records in the north too, chances are that any cuckoo observed here in the Northland will be the black-billed cuckoo. It's likely that the lack of caterpillars this summer is the reason why so few cuckoos seem to be around.

About a foot long and between the size of a robin and a crow, their off-white underparts, brownish upperparts, long tail with white tail spots, black de-curved beak, and red eye-ring sets this bird apart from other birds. A cuckoo's hunchback posture when perching is distinctive, too.

Cuckoos are somewhat secretive birds during their brief stay here in Minnesota, but in years when caterpillar



Courtesy of Pixabay

Preferred habitats for black-billed cuckoos are forests of dense deciduous trees and shrubs where they actively hunt for their favorite food — caterpillars.

populations are especially high, such as during forest tent caterpillar infestations, there are often an abundance of cuckoos feasting on caterpillars.

Black-billed cuckoos consume many different species of caterpillars, as well as other insects, but are especially fond of caterpillars. In fact, cuckoos are adapted to eating caterpillars that are adorned with protective spines, which don't bother cuckoos.

Yet while caterpillar spines tend to stick to the lining of a cuckoos' stomachs, these birds periodically shed their stomach lining to rid themselves of any accumulating spines.

The nests of cuckoos are normally built of twigs in the lower parts of trees and shrubs. Because of their

irregular nesting habits, some eggs tend to become partially incubated during the egg-laying process before all the eggs are laid. This sometimes results in different-sized nestlings.

Also of interest, black-billed cuckoos are known brood parasites, although not to the extent that brown-headed cowbirds are. Cuckoos are especially known to dump eggs in other cuckoos' nests like the dump-nesting behavior of some cavity-nesting waterfowl like wood ducks.

According to the literature, the black-billed cuckoo is known to have one of the shortest nesting periods of any bird known. From egg to fledging can occur in as little as 17 days. Despite this remarkably short period of time, cuckoos typically raise

only one brood per nesting season, but will sometimes raise two broods.

The fascinating cuckoo is one of those birds that capture people's attention whenever encountered. When they call from the tops of trees, they pump their long tails a lot like phoebes do. And they fly gracefully on long pointed wings wherever they go.

A cuckoo's feeding behavior is also interesting to note. Unlike many birds that are constantly on the move in search of food, cuckoos normally sit quietly hiding in trees for long periods of time waiting for caterpillars and other insects to basically come to them.

When a caterpillar is spotted nearby, the cuckoo quickly runs or hops from its hiding spot on a branch

and captures the caterpillar. And like a dog shaking a rag, cuckoos often shake and strike caterpillars against tree limbs to remove the spines of certain species.

Perhaps you have observed the black-billed cuckoo this summer. Or, like me, you're wondering where they are this year.

And while most of North America except the western United States is black-billed cuckoo breeding territory, their abundance or lack thereof is tied to the boom-and-bust cycles so common in caterpillar populations.

As such, maybe next year we'll see and hear the black-billed cuckoo once again as we get out and enjoy the great outdoors.

Blane Klemek is a Minnesota DNR wildlife manager. He can be reached at bklemek@yahoo.com.

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- August 21 - 27, 2022 -

Fire & Blood

Emma D'Arcy and Matt Smith in
"House of the Dragon"



While winter may be coming (though hopefully not for a while yet), it isn't the Starks who are currently top of mind for "Game of Thrones" fans. More than three years since author George R.R. Martin's original TV series ended, and nearly as long since a spinoff was announced (October 2019), the newest addition to the GOT franchise begins. "House of the Dragon" premieres Sunday, Aug. 21, on HBO and HBO Max.

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NETFLIX this week

By Raye Smith
TV Media

“Me Time” (2022)

Take some well-deserved time to yourself and settle in with the new adventure comedy “Me Time,” premiering Friday, Aug. 26, on Netflix. With his wife and kids away for the weekend, stay-at-home dad Sonny (Kevin Hart, “Central Intelligence,” 2016) finds himself with some “me time” for the first time in years. Reconnecting with his former best friend, Huck (Mark Wahlberg, “In Treatment”), Sonny is pulled into a wild weekend that nearly upends his whole life. Directed and written by John Hamburg (“The Unicorn”), the film is produced by Hamburg, Hart and Bryan Smiley (“Celebrity Game Face”). The film also stars Regina Hall (“Nine Perfect Strang-

ers”), Jimmy O. Yang (“Space Force”), Luis Gerardo Méndez (“Narcos: Mexico”), Tahj Mowry (“Smart Guy”), Carlo Rota (“The Boondock Saints,” 1999), Melanie Minichino (“T.O.T.S.”), Thomas Ochoa (“God Save the Queens,” 2022), Deborah S. Craig (“The Blacklist”), Ilia Isorelys Paulino (“The Sex Lives of College Girls”), Chau Long (“PEN15”), Che Tafari (“Rel”), Kieran Roberts (“Up Country,” 2021) and Kayden Alexander Koshelev (“Search Party”).

“Under Fire” - Season 1

Take cover and stick together for the Netflix premiere of the Dutch/Belgian drama series “Under Fire” (“Onder Vuur,” as originally titled) when it releases on the streamer Wednesday, Aug. 24. Tight-knit and headstrong, the firefighters at the “Post Oosteroever” fire sta-

tion in Ostend, Belgium, do what it takes to stick together and protect one another. But after an abrupt change of leadership shakes them to the core and a fatal error puts their whole station under scrutiny, the team must fight to keep their beloved station up and running. From creators Toon Anthoni and Carl Plaisier (both of “Het Gezin”), Jasper Moeyaert and Emanuel Vanderjeugd (both of “Snackmasters”) and Bjorn Van den Eynde (“Ghost Rockers”), “Under Fire” is directed by Joost Wynant (“The Last Summer,” 2007). Louis Talpe (“Of Kings and Prophets”), Lien De Graeve (“De Rodenburgs”), Lynn Van Royen (“The Window”), Sam Louwyck (“Brimstone,” 2016), Dirk van Dijk (“De zonen van Van as”), Alessia Sartor (“Hotel Beau Séjour”), Wouter Bruneel (“Zuidflank”), Maarten Ketels (“A Good Year”), Piet De Praitere



Mo Amer and Farah Bsieso in “Mo”

(“Johnny Walker,” 2015), Sahin Avci (“Amigo’s”), Ann Tuts (“The Natives”) and Aimé Claeys (“Wij,” 2018).

“Queer Eye: Brazil” - Season 1

The Fab Five is taking Brazil! The newest iteration of Netflix’s hit “Queer Eye” revival, “Queer Eye: Brazil,” premieres on the streamer Wednesday, Aug. 24. Heading to a whole new continent with five new lifestyle experts, “Queer Eye” continues to change the lives of deserving heroes around the world. The newest “Fab Five” include well-being expert Fred Nicácio, design expert Guto Requena, style expert Rica Benozzati, culture expert Luca Scarpelli and beauty expert Yohan Nicolas.

As they provide support, guidance, resources and expertise, the group helps lead each lucky hero through a total life transformation in this uplifting series. “Queer Eye: Brazil” is the second international spinoff of the Primetime Emmy-winning American series, behind the recently released “Queer Eye: Germany” (also available to stream exclusively on Netflix).

“Mo” - Season 1

Come along for a hilarious ride with the new comedy series “Mo,” premiering Wednesday, Aug. 24, on Netflix. From the mind of comedian Mo Amer (“Mo Amer: the Vagabond,” 2018), the series creator and star, the new scripted comedy series “Mo” follows Mo Najjar (Amer), a Pal-

estinian refugee constantly living one step away from asylum as he works toward U.S. citizenship. Straddling the line between two cultures and three languages while dealing with a bunch of bureaucracy, Mo takes his family to Houston, where they must navigate everything the world throws their way. Executive produced and written by Amer and fellow comedian Ramy Youssef (“Mr. Robot”), “Mo” is directed by Solvan Naim (“Full Circle,” 2013), who also acts as an executive producer for the series. The eight-episode season also stars Teresa Ruiz (“Narcos: Mexico”), Farah Bsieso (“Daughters of Abdul-Rahman,” 2021), Omar Elba (“Limetown”) and rapper Tobe Nwigwe (known for the 2020 hit “EAT”).



Guto Requena, Yohan Nicolas, Rica Benozzati, Fred Nicácio and Luca Scarpelli in “Queer Eye: Brazil”

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Disney+ this week

By Raye Smith
TV Media

"Black-ish" - Season 8

Say a final farewell to the Johnson family when the eighth and final season of "Black-ish" joins the Disney+ streaming lineup Wednesday, Aug. 24. The series follows parents Andre "Dre" (Anthony Anderson, "Law & Order") and Rainbow Johnson (Tracee Ellis Ross, "Girlfriends") as they raise their four children, Zoey (Yara Shahidi, "Grown-ish"), Junior (Marcus Scribner, "Dragons: The Nine Realms"), Jack (Miles Brown, "Arcane") and Diane (Marsai Martin, "Little," 2019). With a great job and a big house in a classy neighborhood, Dre seems to have it all. But as he raises his children, he worries about their sense of cultural identity. Doing his best to have his kids honor their identity while



A scene from "Chibi Tiny Tales"

trying his best to prepare them for the future, this slice-of-life sitcom follows the family through the ups and downs of modern American life. As the series wraps up this season, the kids look toward their future while Dre and Rainbow consider some

major life changes. From series creator Kenya Barris ("Cheaper By the Dozen," 2022), "Black-ish" also stars Peter Mackenzie ("Trumbo," 2015), Jennifer Lewis ("I Love That For You"), Jeff Meacham ("The Thundermans"), Deon Cole ("The Harder They Fall," 2021), Laurence Fishburne ("The Matrix," 1999), Katlyn Nichol ("American Soul"), Nicole Sullivan ("DC Super Hero Girls") and Liz Jenkins ("Con Man," 2018). Special guest stars this season include former first lady Michelle Obama ("Waffles + Mochi"); Los Angeles Lakers owner and president Jeanie Buss; professional basketball players Kent Bazemore, Dwight Howard, Magic Johnson, DeAndre Jordan, Malik Monk, Rajon Rondo and Montrezl Harrell; sports reporter Steven A. Smith; actors Vivica A. Fox ("Keeping Up With the Joneses") and Isaiah Mustafa ("It Chapter Two," 2019); American singer-songwriter Babyface (1993 album "For the Cool in

You"); and four-time Olympic gold medal-winning gymnast Simone Biles.

"Chibi Tiny Tales" - Season 2

Dive back into a world of adorable adventures when Season 2 of "Chibi Tiny Tales" comes to Disney+ Wednesday, Aug. 24. Following the adventures of some of the most beloved Disney characters, presented in the Japanese Chibi animation style, this fun children's anthology series tells a new story in each episode. Featuring appearances by characters from "DuckTales," "Miraculous: Tales of Ladybug and Cat Noir," "We Bare Bears," "Tangled" (2010), "Moana" (2016), the Descendants franchise, the Zombies franchise, "The Ghost and Molly McGee" and more, "Tiny Tales" showcases the cute and creative adventures of these Disney favorites like they've never been seen before. Created by Gino Guzzardo ("This Duckburg Life"), the series is co-written by Guzzardo and Dan Siegel ("Chiverse").

"Hamster & Gretel" - Season 1, five episodes

Jump into a fantastical fairytale adventure like no other with five episodes from "Hamster & Gretel's" first season, available now to stream on Disney+. When young Gretel (voiced by relative newcomer Melissa Povenmire, "Unicorn Wednesday") and her pet Hamster (aptly named Hamster and voiced by comedian Beck Bennett, "Sing," 2016) un-



The cast of "Black-ish"

expectedly wind up with superpowers of their very own, Gretel's older brother Kevin (voiced by Michael Cimino, "Love, Victor") finds himself acting as a heroic go-between, working with his newly powerful sister and her equally powerful pet to stop dangers around the city. Among the first few episodes of the series (also airing on Disney Channel), Hamster and Gretel get their superpowers from aliens, argue with Kevin about the best way to stop a meteor from colliding with planet Earth, save family dinner

night in their household with Kevin's help and face off against a lightning-powered cowboy. (There's even a little something for the parents as Gretel and Kevin's dad, Dave, struggles to find the perfect anniversary present for their mom, Karolina.) Created by Dan Povenmire ("Phineas and Ferb"), "Hamster & Gretel" also voice stars Joey King ("The Act"), Matt Jones ("Bob Hearts Abishola"), Priah Ferguson ("Stranger Things"), Richie Moriarty ("Ghosts") and Liza Koshy ("Dancing With Myself").



Kevin, Dave, Gretel and Karolina in "Hamster & Gretel"



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hulu this week

By Raye Smith
TV Media

“Mike”

Peek into the storied life of an athletic legend with the eight-episode sports biopic “Mike,” premiering Thursday, Aug. 25, on Hulu. Shining a light on the tumultuous personal life of former heavyweight boxing champion Mike Tyson — played by Trevante Rhodes (“Moonlight,” 2016) in adulthood, B.J. Minor (“After Laughing,” 2021) as a teenager and Ethan Barrett (“Passing,” 2021) as the boxing legend during his childhood — the series follows Tyson from his childhood through to the height of his career, including his time in prison, his marriage and much more. Alongside Mike Tyson’s personal story, the series “examines class

in America, race in America, fame and the power of media, misogyny, the wealth divide, the promise of the American Dream and ultimately our own role in shaping Mike’s story” as he transitioned from beloved global athlete to social pariah and back again (per Hulu). Not authorized by Tyson himself, “Mike” gives a no-holds-barred look at the man behind the legend. Created and written by Steven Rogers (“I, Tonya,” 2017), “Mike” is directed by Craig Gillespie (“Million Dollar Arm,” 2014) and Director X (“Across the Line,” 2015). The series also stars Scott MacDonald (“Queen Sugar”), Harvey Keitel (“Reservoir Dogs,” 1992), Suzette Lange (“NCIS: New Orleans”), Nathalie J. Alarcon (“Torn Hearts,” 2022), Kale Browne (“Another World”), Russell Hornsby (“The Hate U Give,” 2018),

Kerry Sims (“Roots”) and new talent Chédra Arielle.

“Little Demon” - Season 1

Be careful about dancing with the devil, unless, of course, the devil is your dad. The first season of the FXX adult animated comedy, “Little Demon,” streams Friday, Aug. 26, through FX on Hulu. Centering on reluctant mother Laura Feinberg (voiced by “Parks and Recreation” star Aubrey Plaza), who was impregnated by Satan 13 years ago, and her anti-Christ daughter, Chrissy (Lucy DeVito, “Deadbeat”), the story follows the pair as they try to live an ordinary life in Delaware. However, as Laura tries to get used to small-town life and Chrissy navigates junior high school, any and all of their attempts at normalcy are thwarted by monstrous forces, including Satan (Danny DeVito, “It’s Always Sunny in Philadelphia”) himself, who wants custody of his daughter’s soul. Directed by Jeanette Moreno King (“Q-Force”), “Little Demon” is written by Darcy Fowler (“Nightmare Time,” 2016), Seth Kirschner (“Stop the Bleeding!”), Kieran Valla (“Delinquent,” 2016) and Keyshawn C. Garraway (“Hate: A Dark Comedy,” 2018). The series is executive produced by Dan Harmon (“Community”), D. DeVito, L. DeVito, Jake DeVito (“The Better Angels,” 2014), Plaza, Fowler, Kirschner, Valla, Alexander Bulkley (“Robot Chicken”), Corey Campodonico (“BoJack Horseman”) and Monica Mitchell (“Final Space”).



Emma Presley, Brea Bee, Ruby Presley and Jackson Presley in “Hostile Territory”

“Hostile Territory” (2022)

Follow along with a story of perseverance and family in the new western action-adventure film “Hostile Territory,” premiering Wednesday, Aug. 24, on Hulu. Finally released after the end of the Civil War, former prisoner of war Jack Calgrove (Brian Presley, “Touchback,” 2011) returns home to learn that his wife has died and his children, presumed parentless, have been sent away on an orphan train, crossing old enemy lines as it heads into

Missouri. Determined to move heaven and earth to be reunited with his family, Calgrove and a group of determined allies race to intercept the orphan train before all hope is lost. Directed and written by Presley, this Wild West adventure is based on a true story. The film also stars Matt McCoy (“Tom Clancy’s Jack Ryan”), Brad Leland (“Friday Night Lights”), Brea Bee (“Silver Linings

Playbook,” 2012), Lew Temple (“Murder at Yellowstone City,” 2022), Craig Tate (“Greyhound,” 2020), Tom Dragt (“Treasure Valley,” 2022), Cooper North (“The Great Alaskan Race,” 2019), Scott L. Perez (“Hatchlings,” 2019), Emily Shenaut (“Get Gone,” 2019), Emma Presley (“The Great Alaskan Race,” 2019), Lorna Larkin (“Close Your Eyes,” 2019) and newcomer Jackson Presley.



Chrissy and Laura in “Little Demon”



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Trevante Rhodes in “Mike”

Sports this week

SUNDAY, Aug 21	
6:00 am	GOLF DP World Golf Czech Masters. Final Round. (Live) (4h30)
8:00 am	ESPN Baseball Little League World Series. (Live) (2h)
	USA EPL Soccer Chelsea at Leeds United. (Live) (2h)
10:00 am	ESPN Baseball Little League World Series. (Live) (2h)
10:30 am	USA EPL Soccer Manchester City at Newcastle United. (Live) (2h)
11:00 am	KSAX WNBA Basketball Playoffs. (Live) (2h)
	ESPN2 Baseball Junior League World Series. World Championship. (Live) (2h)
	GOLF PGA Golf BMW Championship. Final Round. (Live) (2h)
11:30 am	KARE KVLV Gymnastics U.S. Championship. (Live) (1h30)
12:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
12:30 pm	KCCW PBR Bull Riding Stampede Days. (Live) (2h)
1:00 pm	KARE KVLV PGA Golf BMW Championship. Final Round. (Live) (4h)
	KSAX Baseball Little League World Series. Elimination Game. (Live) (2h30)
	ESPN2 A.U. Softball Women's. (Live) (2h)
	BSNOR MLB Baseball Texas Rangers at Minnesota Twins. (Live) (3h)
	GOLF USGA Golf U.S. Amateur. Final. (Live) (3h)
2:00 pm	KSTC MILB Baseball Scranton/Wilkes-Barre RailRiders at St. Paul Saints. (Live) (3h)
	USA NASCAR Auto Racing Go Bowling at The Glen. Cup Series. (Live) (2h30)
2:30 pm	KMSP WFTC NHRA Drag Racing Nationals. Camping World Series. (Live) (3h)
3:00 pm	KCCW BIG3 Basketball Championship. (Live) (2h)
	ESPN WNBA Basketball Playoffs. First Round. (Live) (2h)
3:30 pm	ESPN2 A.U. Softball Women's. (Live) (2h)
4:30 pm	FS1 MLS Soccer Atlanta United FC at Columbus Crew. (Live) (2h)
6:00 pm	ESPN ESPN2 MLB Baseball Boston Red Sox vs. Baltimore Orioles. (Live) (3h)
6:30 pm	FS1 MLS Soccer Portland Timbers at Sporting Kansas City. (Live) (2h25)
7:00 pm	KMSP WFTC NFL Football Pre-season. Baltimore Ravens at Arizona Cardinals. (Live) (3h)
8:55 pm	FS1 FIFA Soccer U-20 World Cup. Women's Quarter-final. (Live) (2h05)
MONDAY, Aug 22	
12:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
2:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
4:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
6:00 pm	ESPN2 Baseball Little League World Series. (Live) (2h)
	BSNOR MLB Baseball Texas Rangers at Minnesota Twins. (Live) (3h)
7:00 pm	ESPN NFL Football Pre-season. Atlanta Falcons at New York Jets. (Live) (3h)
	USA WWE Raw (Live) (3h)
TUESDAY, Aug 23	
12:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
2:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
4:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
6:30 pm	USA NASCAR Auto Racing Wawa 250. Xfinity Series. (Live) (2h30)
7:00 pm	KMSP WFTC WWE Smack-Down (Live) (2h)
	ESPN MLS Soccer Los Angeles FC at Austin FC. (Live) (2h15)
	FS1 NCAA Volleyball Texas at Ohio State. Women's. (Live) (2h)
	BSNOR MLB Baseball San Francisco Giants at Minnesota Twins. (Live) (3h)
9:15 pm	ESPN MLS Soccer Seattle Sounders FC at Portland Timbers. (Live) (2h15)
9:30 pm	ESPN2 CFL Football Saskatchewan Roughriders at BC Lions. (Live) (3h)
5:55 am	ESPN2 F1 Auto Racing Belgian Grand Prix. Practice. (Live) (1h05)
WEDNESDAY, Aug 24	
12:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
2:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
	GOLF PGA Golf Tour Championship Charity Challenge. (Live) (2h)
4:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
6:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
	ESPN2 WNBA Basketball Playoffs. (Live) (2h)
	FS1 MLB Baseball Chicago White Sox at Baltimore Orioles. (Live) (3h)
7:00 pm	BSNOR MLB Baseball Minnesota Twins at Houston Astros. (Live) (3h)
8:00 pm	ESPN2 WNBA Basketball Playoffs. (Live) (2h)
THURSDAY, Aug 25	
6:30 am	GOLF DP World Golf European Masters. Round 1. (Live) (2h)
8:30 am	GOLF LPGA Golf CP Open. Round 1. (Live) (3h)
12:00 pm	GOLF PGA Golf Tour Championship. Round 1. (Live) (5h)
2:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
5:00 pm	B10 NCAA Soccer West Virginia vs. Penn State. Women's. (Live) (2h)
5:25 pm	FS1 FIFA Soccer U-20 World Cup. Women's Semifinal. (Live) (2h05)
6:00 pm	ESPN Baseball Little League World Series. (Live) (2h)
7:00 pm	BSNOR MLB Baseball Minnesota Twins at Houston Astros. (Live) (3h)
7:30 pm	B10 NCAA Soccer Rhode Island at Penn State. (Live) (2h)
8:50 pm	FS1 FIFA Soccer U-20 World Cup. Women's. (Live) (2h10)
FRIDAY, Aug 26	
6:30 am	GOLF DP World Golf European Masters. Round 2. (Live) (2h)
8:30 am	GOLF LPGA Golf CP Open. Round 2. (Live) (3h)
9:55 am	ESPN2 F1 Auto Racing Belgian Grand Prix. Practice. (Live) (1h05)
12:00 pm	GOLF PGA Golf Tour Championship. Round 2. (Live) (5h)
2:00 pm	USA NASCAR Auto Racing Wawa 250. Xfinity Series Qualifying. (Live) (1h30)
4:00 pm	USA NASCAR Auto Racing Coke Zero 400. Cup Series Qualifying. (Live) (1h30)
5:00 pm	B10 NCAA Soccer BYU vs. Ohio State. Women's. (Live) (2h)
6:00 pm	ESPN Baseball Little League Home Run Derby. (Live) (1h)
	ESPN2 H.S. Football Kickoff. (Live) (3h)
SATURDAY, Aug 27	
6:00 am	GOLF DP World Golf European Masters. Round 3. (Live) (4h30)
6:30 am	USA EPL Soccer Manchester United at Southampton. (Live) (2h)
8:55 am	ESPN2 F1 Auto Racing Belgian Grand Prix. Qualifying. (Live) (1h05)
9:00 am	USA EPL Soccer Leeds United at Brighton & Hove Albion. (Live) (2h)
11:00 am	ESPN H.S. Football Kickoff. (Live) (3h)
11:30 am	KARE KVLV EPL Soccer (Live) (2h)
	KMSP WFTC NCAA Football Nebraska vs. Northwestern. (Live) (3h30)
	KSAX Baseball Little League World Series. (Live) (3h)
12:00 pm	GOLF PGA Golf Tour Championship. Round 3. (Live) (1h30)
1:30 pm	KARE KVLV PGA Golf Tour Championship. Round 3. (Live) (4h30)
	GOLF LPGA Golf CP Open. Round 3. (Live) (3h)
2:30 pm	KSAX Baseball Little League World Series. (Live) (2h30)
	WUCW BSNOR MLS Soccer Houston Dynamo at Minnesota United FC. (Live) (2h)
	ESPN NCAA Football FCS Kickoff. Jacksonville State vs. Stephen F Austin. (Live) (3h)
3:00 pm	B10 NCAA Football Wyoming at Illinois. (Live) (3h)
	ESPN2 H.S. Football Kickoff. (Live) (3h)
	FS1 NCAA Football Connecticut at Utah State. (Live) (3h30)
3:30 pm	KMSP WFTC Horse Racing Travers Stakes. (Live) (1h30)
6:00 pm	KARE KVLV NASCAR Auto Racing Coke Zero Sugar 400. Cup Series. (Live) (4h)
	KMSP WFTC MLB Baseball San Francisco Giants at Minnesota Twins. (Live) (1h)
	ESPN NCAA Football MEAC/ SWAC Challenge. Howard University vs. Alabama State. (Live) (3h)
	ESPN2 H.S. Football Kickoff. (Live) (3h)
7:00 pm	B10 NCAA Volleyball Texas vs. Ohio State. Women's. (Live) (2h)
8:00 pm	KMSP WFTC NFL Football Pre-season. Minnesota Vikings at Denver Broncos. (Live) (3h)
9:00 pm	ESPN2 NCAA Football (Live) (3h)
	FS1 MLB Baseball Cleveland Guardians at Seattle Mariners. (Live) (3h)
9:30 pm	ESPN Boxing Top Rank. Jose Pedraza vs. Richard Commye. (Live) (2h30)
Bemidji Pioneer, MN: Sports Aug 21, 2022 to Aug 27, 2022	

Cover story

HBO takes viewers on new ‘GOT’ adventure in ‘House of the Dragon’

By Dana Simpson
TV Media

While winter may be coming (though hopefully not for a while yet), it isn't the Starks who are currently top of mind for "Game of Thrones" fans. More than three years since author George R.R. Martin's original TV series ended, and nearly as long since a spinoff was announced (October 2019), the newest addition to the GOT franchise begins.

"House of the Dragon" premieres Sunday, Aug. 21, on HBO and HBO Max.

Set approximately 200 years before the events of "Game of Thrones" take place, "House of the Dragon" — hereby shortened to "HOTD" for the sake of brevity — is classified as a prequel. That said, it doesn't stray too far from the original material as fans of Martin's book series might be able to attest. "HOTD," which centers on House Targaryen and its lengthy rule over Westeros, is based on Martin's novellas "The Princess and the Queen" and "The Rogue Prince," as well as his full-length (736-page) historical novel "Fire & Blood," all of which stand separate from (but are related to) his "A Song of Ice and Fire" series that inspired HBO's "GOT."

Martin is once again behind the adaptation of his story for television, as is Ryan Condal ("Colony"), who serves as showrunner on the production. While working together on the new series, Martin took to his blog to praise Condal and his decisions regarding "HOTD."

"I've now watched rough cuts of nine of the 10 episodes and I continue to be impressed," Martin wrote. "The acting, the directing and the writing are first-rate. ... I think Ryan Condal and his writers made good choices. Even some improvements."

(Jokingly, Martin added, "Heresy, I know, but being the author, I am allowed to say so.")

As for the plot of the series, fans can expect a lot more than just dragons — although, yes, there will be many of those onscreen, as is evidenced by the official HBO trailer. "HOTD" kicks off around 103 AC (the "AC" stands for "After Conquest," the time when Aegon the Conqueror flew across the ocean with his wives/sisters to take Westeros by the force of his drag-



Olivia Cooke in "House of the Dragon"

ons). In 103 AC, the Seven Kingdoms are united under one ruling faction, House Targaryen, for the very first time and have been this way for just over a century. Of course, diehard Martin fans will know that House Targaryen's reign only lasts for another 177 years or so at this point. Thus the story begins.

The new HBO series aims to cover the events leading from 103 AC to the iconic Dance of the Dragons, a battle between members of the Targaryen family that tore the dynasty and the Seven Kingdoms apart and led to the extinction of the dragon species as a whole — until Daenerys (Emilia Clarke, "Last Christmas," 2019) comes along a couple of decades later in "GOT," that is.

And even though Clarke will not be starring in "HOTD," due to Daenerys's birth occurring much later in the "GOT" timeline, there is sure to be no shortage of pale, blond-haired, blue-eyed dragon lovers for fans to enjoy.

Chief among them, quite literally, is King Viserys Targaryen, played by Paddy Considine ("The World's End," 2013). Chosen by the lords of Westeros as the kingdom's newest leader, Viserys is described as a "warm, kind and decent man" who "wishes to carry forward his grandfather's legacy." While, in another story, these might be admirable traits, this is the "GOT" universe, where "decent" has very little place.

Next in line — though equally as blond — are Matt Smith ("Doctor Who") and Emma D'Arcy ("Truth Seekers") as Prince Daemon and Princess Rhaenyra. While Daemon, the king's little brother, is described as a "peerless warrior and dragon rider [who] possesses the true

blood of the dragon," Rhaenyra, were she not born female, would likely have Daemon matched on all counts.

In a battle of succession familiar to all "GOT" fans (and even modern-day shows such as "Succession" and "Billions"), viewers must remember that many members of House Targaryen are plagued with a madness from within. Anything could happen depending on how the winds of fate blow.

Rounding out the cast are Rhys Ifans ("Snowden," 2016) and Olivia Cooke ("Bates Motel") as Otto and Alicent Hightower; Eve Best ("The King's Speech," 2010) as Princess Rhaenys Targaryen; Steve Toussaint ("Prince of Persia: The Sands of Time," 2010) as the "Sea Snake," Lord Corlys Valeryon; Fabien Frankel ("The Serpent") as Ser Criston Cole; and Sonoya Mizuno ("La La Land," 2016) as Mysaria.

Audiences looking forward to "HOTD" may also delight to know that Clarke herself plans to watch, though she did admit in an interview with BBC that, having been the only Targaryen on TV for so long, "it's going to be weird."

Clarke was also one of the first people to openly discuss fellow "GOT" actor Kit Harington's involvement in the upcoming Jon Snow series, currently still in the development stages at HBO, saying, "It's been created by Kit, as far as I can understand, so he's in it from the ground up."

When asked if she would ever consider returning to the screen as the Breaker of Chains herself, however, Clark declined: "No, I think I'm done."

Don't miss the premiere of "House of the Dragon" when it airs Sunday, Aug. 21, on HBO and HBO Max.

Delicious Miss Brown

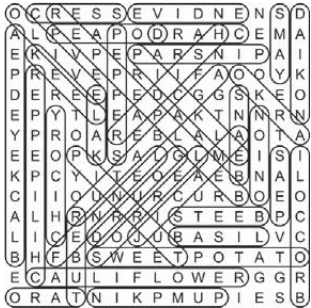
FOOD 11:00 am
Grandma Josephine pays a visit in this new episode and brings her closest friends along for a special birthday dinner make by Kardea. To honor her granny, Kardea cooks stuffed lobster tails topped with a blender Béarnaise, tomato pie and more.

Kelly's Heroes

TCM 4:30 pm
Clint Eastwood and Donald Sutherland star in this action film about a group of eccentric American soldiers who take time out from combat during World War II to steal a fortune in gold from a bank located behind enemy lines. Telly Savalas also stars.



Janelle James hosts "The Final Straw"



Tales of the Walking Dead

AMC 8:00 pm
The second episode of this new anthology spinoff series from the Walking Dead universe airs tonight. This new episode, focusing on characters Blair (Parker Posey) and Gina (Jillian Bell), features a fast-paced, reality-twisting buddy-action heist.

The Final Straw

KSAX 9:00 pm
Janelle James hosts another episode of this new, larger-than-life physical comedy game show. Four teams of contestants face off to combat tremendous tipping towers, hoping to be the last team standing to take on the Mega Stack and win a cash prize.

SUNDAY EVENING, AUGUST 21, 2022																			P – PAUL BUNYAN COMMUNICATIONS M – MIDCONTINENT COMMUNICATIONS	
P	M		4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30		
7	4	CBWT CBC	★★★ Monster House ('06)	Mitchel Musso.			Dragons' Den		British Baking "Caramel Week" (N)		RaceTide	SkyMed (N)			The National (N)		Rick Mercer	Exhibit.		
6	6	KARE NBC	1:00 PGA Golf		News (N)	News (N)	Gymnastics U.S. Championships				America's Got Talent "Qualifiers 2"				News (N)	Minnesota	:05 Ent. Tonight (N)			
9	9	KAWF PBS	Opinion	Cvl Dscrse	Bolder	Healthy	PBS News	Harvest	Secret Agents		Secret Agents	Secret Agents	Secret Agents		Native	Ground	Charlie Bee	"Beeweeaver"		
4	12	KCCW CBS	3:00 BIG3 Basketball		News (N)	News	60 Minutes		Big Brother (N)		Equalizer "Chinatown"	NCIS: Los Angeles			News (N)	:35 News	:05 J.Osteen	:35 David J.		
8	8	KMSP FOX	2:30 NHRA Drag Racing Nationals (L)		News (N)		Call Me Kat North		NFL Football Pre-season		Baltimore Ravens at Arizona Cardinals (L)		FOX 9 News (N)				:05 Sports	TMZ		
41	164	KPXM ION	NCIS "Lockdown"		NCIS "Viral"		NCIS "16 Years"		NCIS "Saviors"		NCIS "Day in Court"	NCIS "Blood Brothers"			NCIS "Spinning Wheel"		NCIS "Sister City"			
3	5	KSAX ABC	Shopper's	Shopper's	News (N)	News (N)	Home Videos		Celebrity Fam. Feud (N)		\$100,000 Pyramid (N)	The Final Straw (N)			News (N)	News (N)	Road	In Depth		
45	15	KSTC IND	2:00 MILB Baseball (L)		Wipeout		Sheldon	Sheldon	Seinfeld	Seinfeld	Last Man	Last Man	News (N)		2 Broke G.	2 Broke G.	FamilyGuy	FamilyGuy		
11	11	KVLY NBC	1:00 PGA Golf		Paid	News (N)	Gymnastics U.S. Championships				America's Got Talent "Qualifiers 2"				News (N)	Inv.TV	The Song	Opry		
10	10	WFTC MyTV	2:30 NHRA Drag Racing Nationals (L)		News (N)		Call Me Kat North		NFL Football Pre-season		Baltimore Ravens at Arizona Cardinals (L)				FOX 9 News (N)		:05 Sports	TMZ		
23	7	WUCW CW	★★★★ Baby Boom ('87)	Diane Keaton.			2½ Men	2½ Men	Animals	Animals	Penn & Teller: Fool Us	Schwebel	MarketP		The National Desk		R.Jeffress	MarketP		
120	42	A&E	2:00 ♀ White House Do...		Biography: WWE Legends	"Undertaker"			Biography: WWE Legends	"Edge" (N)			WWE Rivals (N)		:05 WWETalk	:35 WWE Trs	:05 Bio WWE	"Edge"		
152	58	AMC	1:00 ★★★★★ Casino		★★★★ Shooter (2007, Action)	Michael Peña, Mark Wahlberg.					Tales "Blair/ Gina" (N)		:10 Tales-TWD "Evie/ Joe"		:15 ★★★★★ Shooter ('07)	Mark Wahlberg.				
260	44	ANPL	Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law (N)		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law			
59	28	B10	NCAA Football Classics		NCAA Football Classics		NCAA Football Classics		NCAA Football Classics		NCAA Football		B1G Live		B1G Live			Eats		
156	59	BRAVO	Housewives Atlanta		Housewives Atlanta		Atlanta "Montego Baes"		Housewives Atl. (N)		Married to Medicine (N)		Housewives Atlanta		Married to Medicine		Family Karma			
56	27	BSNOR	Post-game	Destination	American Ninja Warrior		Boxing EntroBox Site: Caribe Royale Orlando -- Orlando, Fla.						The Rally Rewind		18 Holes	Swing	WPT Poker			
320	54	CNBC	FIM Motorcycle Racing		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank			
308	22	CNN	CNN Acosta (N)		CNN Brown (N)		CNN Brown (N)		CNN Brown (N)		CNN Special Report (N)		United Shades (N)		UnitedShadesAmerica		CNN Special Report			
168	65	COMC	3:00 ♀ To Be Announced		♀ To Be Announced				♀ To Be Announced						South Park	South Park	South Park	South Park		
330	3	CSPAN	9:30 Washington Week		Newsmaker Washington	This Week			Q & A		Questions	Public Affairs Events			Q & A		Questions	Pub.Affairs		
190	45	DISC	Naked "Strength in Pain"		Naked and Afraid		Naked and Afraid XL		Naked and Afraid XL (N)		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid XL			
210	38	DISN	BigCity	BigCity	Miraculous	Miraculous	♀ Teen Beach Movie 2 ('15) Ross Lynch.				Villains	Villains	Jessie	Jessie	Hamster	Hamster	BigCity	BigCity		
212	103	DISXD	GravityFalls	GravityFalls	Gravity Falls		★★★★ Happy Feet Two ('11) Elijah Wood.				:55 Ghost	:25 Owl	GravityFalls	GravityFalls	Amphibia	Amphibia	Amphibia	Amphibia		
164	66	E!	3:30 ♀★★★ Meet the Fockers ('04) Robert De Niro.		★★★★ Little Fockers ('10) Ben Stiller.				★★★★ Bridesmaids (2011, Comedy) Maya Rudolph, Kristen Wiig.								★★★★ Knocked Up			
50	24	ESPN	3:00 WNBA Basketball		Baseball Tonight		MLB Baseball Boston Red Sox vs. Baltimore Orioles Site: Bowman Field (L)				SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsC.			
51	25	ESPN2	3:30 A.U. Softball (L)		Baseball T.		MLB Baseball Boston Red Sox vs. Baltimore Orioles Site: Bowman Field (L)				World of X Games (N)		World of X Games (N)		Featured "Jackie to Me"		World of X Games (N)			
304	51	FNC	The Big Sunday Show		Fox Report		Sunday Night		Life, Liberty & Levin		The Next Revolution		Sunday Night		Life, Liberty & Levin		The Next Revolution			
268	34	FOOD	Guy's Grocery Games		Guy's Grocery Games		Game "Supermoms"		Guy's Grocery Games		Alex vs. America (N)		Alex vs. America		Supermarket Stakeout		Alex vs. "Alex vs French"			
128	37	FREE	3:45 ★★★★★ The Little Mermaid		:45 ★★★★★ Beauty and the Beast Paige O'Hara.		:50 ♀ Aladdin (2019, Adventure) Mena Massoud, Will Smith.										:55 ★★★★★ Maleficent			
66	71	FS1	2:00 Saratoga		MLS Soccer Atlanta vs Columbus (L)		MLS Soccer Portland Timbers at Sporting Kansas City (L)						:55 FIFA Soccer U-20 World Cup (L)				FIFA Soccer			
154	60	FX	Movie	♀★★★ Baywatch (2017, Comedy) Zac Efron, Dwayne Johnson.		♀ Jumanji: The Next Level ('19) Jack Black, Dwayne Johnson.		♀ Jumanji: The Next Level ('19) Jack Black, Dwayne Johnson.		♀ Jumanji: The Next Level ('19) Jack Black, Dwayne Johnson.		♀ Jumanji: The Next Level ('19) Jack Black, Dwayne Johnson.		♀ Jumanji: The Next Level ('19) Jack Black, Dwayne Johnson.		♀ Jumanji: The Next Level ('19) Jack Black, Dwayne Johnson.		♀ Jumanji: The Next Level ('19) Jack Black, Dwayne Johnson.		
155	148	FXX	Simpsons	Simpsons	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	Simpsons	Simpsons	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	Futurama	Futurama		
65	75	GOLF	CHAMPS Golf Dick's Sporting Goods Open		Golf Cent. "On-Site" (L)		Korn Ferry Golf Boise Open						PGA Golf BMW Championship Site: Wilmington Country Club							
124	32	HALL	3:00 ♀ A Royal Runaw...		♀ Dating the Delaneys ('22) Rachel Boston.		Chesapeake Shores (N)		♀ One Summer ('21, Rom)		Sarah Drew, Sam Page.		G. Girls		G. Girls		G. Girls	G. Girls		
400	401	HBO	:20 The Rehearsal		:55 ★★★★★ The Batman (2022, Action) Zoë Kravitz, Robert Pattinson.		House of the Dragon (N)		House of the Dragon (N)		:10 House of the Dragon		:20 Last Week (N)		:55 House of the Dragon					
248	35	HGTV	Dream H.	Dream H.	Renovat "New Normal"	Renovation "Half Baked"	Renovat "Middle Man"	Renovation "Flight Path"			Bargain (N)	IsIndLif (N)	Renovation Island (N)		Renovation "Flight Path"					
180	43	HIST	Pawn Stars		Pawn Stars		Pawn Star "Off the Rails"		Colosseum "The Martyr"		Colosseum (N)		:05 Ancients	:35 Ancients	:05 Colosseum		:05 Colosseum			
132	29	LIFE	3:00 ♀ You May Now ...		♀ Here Kills the Bride ('22) Ashlee Fuss.		♀ Big Lies in a Small Town (Thriller)				:05 ♀ Temptation Under the Sun Annika Foster.				♀ Big Lies in a Small ...					
422	420	MAX	3:15 ♀★★★ Red Dragon		:20 ♀ Collide ('16) Felicity Jones, Nicholas Hoult.		★★★★ Marked for Death				:35 ★★★★★ The Bourne Identity ('02) Matt Damon.		:35 ♀ Unlocked ('17) Noomi Rapace.							
324	52	MSNBC	PoliticsNation (N)		American Voices (N)		American Voices (N)		Mehdi Hasan (N)		Ayman (N)		Field Report		Stories We Tell		Dateline			
188	152	NGEO	Showdown		Showdown		Showdown (N)		Showdown (N)		Showdown (N)		Showdown		Showdown		Wild "Monster Sturgeon"			
100	23	NEWSN	Last Man	Last Man	Last Man	Last Man	NewsNation Prime (N)		NewsNation Prime (N)		NewsNation Prime (N)		NewsNation Prime		NewsNation Prime		NewsNation Prime			
228	39	NICK	SpongeBob	SpongeBob	★★★★ Wonder Park (2019, Animated)		★★★★ Open Season ('06) Martin Lawrence.						Friends	Friends	Friends	Friends	Friends	Friends		
69	72	OUT	3:00 Major		Fishing	Shockey (N)	McMillan	Live2 (N)	The Crush	Hunt (N)	Realtree (N)	Bone	Jackie	Primos	Driven	Outdoors	Ted Nugent	Drop Zone		
137	31	OXY	Snap. "Theresa Ramirez"		Snap. "Angel Sawyer" (N)		Mastermind (N)		Snapped "Linda Dancer"		Snapped "Angel Sawyer"		Mastermind of Murder		Living/Serial Killer		Killer "Stephen Griffiths"			
116	64	PARMT	3:00 ★★★★★ John Wick: Chapter 3 - Parabellum		★★★★ John Wick: Chapter 2 (2017, Action) Common, Keanu Reeves.		★★★★ John Wick: Chapter 3 - Parabellum ('19) Halle Berry, Keanu Reeves.						★★★★ John Wick: Chapter 3 - Parabellum ('19) Halle Berry, Keanu Reeves.							
440	435	SHOW	3:30 ♀ The Contractor		:15 ♀ Infinite Storm ('22) Naomi Watts.		★★★★ Jackass Forever						:35 Flatbush	:05 Flatbush	:35 ♀ Infinite Storm ('22) Naomi Watts.					
160	47	SYFY	★★★★ Fast and Furious ('09) Vin Diesel.		★★★★ Fast Five (2011, Action) Paul Walker, Vin Diesel.		:45 ★★★★★ Central Intelligence ('16) Dwayne Johnson.										:15 ★★★★★ Peppermint			
104	61	TBS	★★★★ Role Models ('08) Seann William Scott.		BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	Lovelife (N)		★★★★ Friends With Benefits ('11) Mila Kunis.		Movie			
148	57	TCM	Movie	★★★★ Kelly's Heroes ('70) Donald Sutherland, Clint Eastwood.		★★★★ Outlaw Josey Wales ('76) Clint Eastwood.							★★★★ The Gauntlet ('77) Clint Eastwood.				Movie			
172	46	TLC	90 Day Fiancé		90 Day Fiancé "Tell All Part 1" 1/2 cont'd next		90 Day Fiancé "Tell All Part 2" (N)						I Love a Mama's Boy (N)		90 Day Fiancé (N)		90 Day "Tell All Part 2"			
449	455	TMC	3:00 ♀ Vox Lux		★★★★ Hot Summer Nights ('17) Timothée Chalamet.		★★★★ Love Actually ('03) Emma Thompson.						:15 ★★★★★ Up in the Air ('09) George Clooney.		:05 ♀ Vox Lux					
108	63	TNT	2:30 ♀ Justice League		★★★★ Aquaman (2018, Action) Amber Heard, Jason Momoa.		Animal "Exodus" (N)		Animal "Exodus" (N)		Animal King "Exodus"		★★★★ Shazam! ('19) Mark Strong, Zachary Levi.							
220	40	TOON	3:00 ★★★★★ The Lorax		★★★★ Shrek ('01) Mike Myers.	:50 Wipeout	BobBrg	BobBrg	Futurama	Futurama	Amer. Dad	Amer. Dad	Morty	Morty	Tuca (N)	Birdgirl				
264	33	TRAVEL	Haunted Towns		Haunted Towns		Haunted Towns		Haunted Towns		Ghosts "Blood Feud" (N)		Haunted Towns		Haunted Towns		Haunted Towns			
272	48	truTV	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	101 Places	101 Places	InsideJoke	InsideJoke		
232	41	TVLAND	Molly	Molly	Molly	Molly	2½ Men	:35 2½ Men	:10 2½ Men	:45 2½ Men	:20 Two and a Half		:55 2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men		
112	62	USA	2:00 Racing	Post-Race	★★★★ Harry Potter and the Deathly Hallows: Part 1 ('10) Daniel Radcliffe.		:05 ★★★★★ Harry Potter and the Deathly Hallows: Part 2 Daniel Radcliffe.										:55 Law & Order: S.V.U.			
136	30	WE	LawOrder "Reality Bites"		Law & Order "Dignity"		Law & Order		Law & Order		Law & Order "Doped"		Law & Order		Law&Order "Shotgun"		Law & Order "Fed"			

WEEKDAY DAYTIME, AUGUST 22, 2022 TO AUGUST 26, 2022																		P – PAUL BUNYAN COMMUNICATIONS	
																		M – MIDCONTINENT COMMUNICATIONS	
P	M		8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	
7	4	CBWT CBC	Force	Padding	Various	TheGang	Various	True	Anne/E Calls Heart		CBC News Network		Escape to the Country		FamilyFeud	Kim's	Being Erica		
6	6	KARE NBC	7:00 Today		Today III		Today With Hoda and Jenna		Live With Kelly and Ryan		Days of Our Lives		The Rachael Ray Show		Daily Blast Live	Daily Blast Live	Inside Edition	Entertainm ent Tonight	
9	9	KAWF PBS	Curious George	Daniel Tiger	Donkey Hodie	Elinor Wonders W	Sesame Street	Pinkalicious & Peterrific	Dinosaur Train	Various	Essentrics/F Sit and Fit	Various	Daniel Tiger	Let's Go Luna!	Nature Cat	Wild Kratts	Alma's Way	Xavier Riddle	
4	12	KCCW CBS	7:00 CBS Mornings		WCCO Mid-Morning 9:00 a.m.		The Price Is Right		The Young and the Restless		WCCO 4 News	Bold-Beautiful	The Talk		Let's Make a Deal		Dr. Phil		
8	8	KMSP FOX	FOX 9 Morning at 8:00 a.m.		:55 FOX 9 Good Day		The Jason Show		FOX 9 News at 11:00 a.m.		The Wendy Williams Show		The Nick Cannon Show		TMZ Live!		You Bet Your Life	You Bet Your Life	
41	164	KPKM ION	Various	F Xplorat	NCIS:LA/ NCIS:NO/ Hawaii		Various		Various		Various		Various		Various		Various		
3	5	KSAX ABC	7:00 Good Morning America		Minnesota Live		The View		5 Eyewitness News Midday		GMA3: What You Need to Know		General Hospital		The Kelly Clarkson Show		Twin Cities Live		
45	15	KSTC IND	Eyewitness News at 8		Law & Order: S.V.U.		This Minute	This Minute	Tamron Hall		Eyewitness News at		Black-ish	Black-ish	Queens	Queens	Molly	Molly	
11	11	KVLY NBC	7:00 Today		North Dakota Today		Today III		Today With Hoda and Jenna		Days of Our Lives		Judge Judy	Judge Judy	The Kelly Clarkson Show		The Ellen DeGeneres Show		
10	10	WFTC MyTV	FOX 9 Morning		:55 FOX 9 Good Day		The Jason Show		FOX 9 News at 11		Wendy Williams		The Nick Cannon Show		TMZ Live!		Your Life	Your Life	
23	7	WUCW CW	MarketP	Family Feud	Drew Barrymore		The Steve Wilkos Show		Maury		Judge Mathis		The People's Court		Rel.Just	Judge Jerry	Drew Barrymore		
120	42	A&E	Various	P.Wars	Various	RoadWars	Various	Neighbor	Various	Neighbor	Various	Neighbor	Various	W Court C.	First48	W Court C.	First48	W Court C.	
152	58	AMC	Various	Tu :45 Red Dawn	M Casino	F :45 Star Trek Beyo...	W Armageddon / Th Law Citizen		Abiding		Tu Young Guns		Th Gladiator...	M Red Dawn	W Road House	Tu Young Guns II		F Groundh....	
260	44	ANPL	M Naked/It's the Irwins		M Naked/Mountain Vet		M Naked/Mountain Vet		M Naked/Tanked!		M Naked/Tanked!		M Naked/Pit Bull Parole		Pit Bulls & Parolees		Various		
59	28	B10	Tu At/ Net/Th Football	Tu At the Net	Various	B1G Show/ Link Up	Various	W Link Up/ Kenny Bell	B1G Today		Various	Tu The B1G Story	B1G Today		Various		B1GToday/ Football/ Football/ Football		
156	59	BRAVO	Various		Various		Various		Various		Various		Various		Various		Various		
56	27	BSNOR	Twins Live Post-game	Various	Various	F Midwest Outdoors	Am.Ninja/ L. Smith	F Discover Wisconsin	Live on the Line		Various	W Inside/Th 18 Holes	Tu Baseball / W Th Baseball		Various		Various	Various	
320	54	CNBC	Squawk on the Street		TechCheck		Fast Money Halftime		The Exchange		Power Lunch		Closing Bell		Closing Bell		Closing Bell		
308	22	CNN	CNNHarlowSciutto		CNNHarlowSciutto		At This Hour		Inside Politics		CNN Ana Cabrera		CNNCamerotaBlackwell		CNNCamerotaBlackwell		The Lead		
168	65	COMC	Noah/ Futur.	Various	Various	SouthPk	Various	Various	Tu Th Futur.	Various	SouthPk	SouthPk	SouthPk	SouthPk	SouthPk	Various	Various	Various	
330	3	CSPAN	F House of Represent.		M Public Affairs Event / Tu-Th House of Represent.		M U.S. House of Representatives		F Public Affairs Events		F Public Affairs Events		F Public Affairs Events		F Public Affairs Events		F Public Affairs Events		
190	45	DISC	Various		Various		Various		Various		Various		Various		Various		Various		
210	38	DISN	Bluey	Bluey	Bluey	Bluey	Mickey	Bluey	Bluey	Bluey	BigCity	BigCity	BigCity	BigCity	Miraculous	Miraculous	Miraculous	Miraculous	
212	103	DISXD	BigCity	BigCity	Amphibia	Amphibia	Amphibia	Amphibia	GravityFalls	GravityFalls	GravityFalls	GravityFalls	GhostForce	Yu-Gi-Oh	QuadDrive	Amphibia	Amphibia	Amphibia	
164	66	E!	Various	LastMan	Various	LastMan	The Daily Pop		Sex & City	Sex & City	Movie	Modern	Modern	Modern	Modern	Various	Various	Modern	
50	24	ESPN	7:00 Get Up		First Take		SportsCenter		M-W Baseball / Th F SportsCenter		Th This Just In / F SportsCenter		Baseball / F This Just In		F NFL Live		F NFL Live		
51	25	ESPN2	SportsCenter		Get Up		F :55 Auto Racing		First Take		M-W SportsCenter		Just In/ SprtC/ Captain		Jalen/F SprtC	C. Football	NFL/F Jalen	F Football	
304	51	FNC	America's Newsroom		The Faulkner Focus		Outnumbered		America Reports		The Story		Your World		Your World		Your World		
268	34	FOOD	Various	Various	Various	W Pioneer	Various	W Pioneer	Various	W Pioneer	Various	Various	Various	BeatFlay	Various	BeatFlay	Various	BeatFlay	
128	37	FREE	The 700 Club		700 Club		Various	M Middle	M Middle	M 21 Jump Street		Various	F Fam.Guy	F Fam.Guy	Movie	F FamilyGuyOffice		Office	
66	71	FS1	6:30 First	Skip and Shannon: Undisputed / F First Things First		The Herd With Colin Cowherd		The Herd With Colin Cowherd		The Herd With Colin Cowherd		The Herd With Colin Cowherd		The Herd With Colin Cowherd		The Herd With Colin Cowherd		Speak for Yourself / F Saratoga Live	
154	60	FX	7:30 Happy Death Day/Dawn of the		Movies	Movie	Th Happy Death Day	Movie	Movie	Tu Ted/W Independen...	F Logan		Movie		Tu The A-Team		Tu The A-Team		
155	148	FXX	Movies		F The House With a Clock in Its Walls		M-W Clevela.		Clevela.	Clevela.	Various	Various	King of Hill	King of Hill	King of Hill	King of Hill	Simps.	Simps.	
65	75	GOLF	7:00 Golf/Golf	Various	Tu Golf	W The CUT		Golf Today	Pre-game	Th F Golf	M-W Golf Today		W Golf		M Golf Cent./Tu Golf H/L		M Golf Cent./Tu Golf H/L		
124	32	HALL	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	Movies		Movies		Movies		Movies		Movies		
400	401	HBO	F Kin	W :45 Red 2	M F9: The Fast Saga	Tu :40 3:10 to Yuma / F :45 Say Anything	W :45 Dune / Th :45 Golden Arm		M :25 Man of Steel		Th :20 Moonrise Kingdom		Movies		Th The Princess		Various		
248	35	HGTV	Various	Th H.Hunt	Various	Th H.Hunt	Various		Various		Various	F Dream H.	Various	F Dream H.	Various	F Dream H.	Various	F Dream H.	
180	43	HIST	Various		Aliens/ Engineer/ Mountain		Various		Aliens/ Engineer/ Mountain		Various		Aliens/ Forged/ Mountain		Various		Various		
132	29	LIFE	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's/ Castle/ Rizzoli		Various		
422	420	MAX	F Gun Shy / M :20 I, Robot		W :15 Inside Man	Th :35 Anna Karenina	M :20 Man of the Year		F :10 The Rainmake...	W :25 Man of the Y...	M :15 First Blood		Tu :20 Serving	F Voyagers / Th :35 Deep Impact / M :50 All My Life	Tu Limbo/F :20 The Bo...		W Fighting		
324	52	MSNBC	Morning Joe		José Diaz-Balart Reports		MSNBC Reports		Andrea Mitchell Reports		Chris Jansing Reports		Katy Tur Reports		Hallie Jackson Reports		Deadline: White House		
100	23	NEWSN	Morning in America		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		
188	152	NGEO	Various		Various		Various		Various		Various		Various		Various		Various		
228	39	NICK	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	M Face/PAW	PAW Patrol	PAW	PAW Patrol	PAW Patrol	PAW Patrol	Middle	Movie	SpongeBob	SpongeBob	PatShow	SpongeBob	
69	72	OUT	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	
137	31	OXY	Various		Murdered/ Accident/ Fatal A		Various		Various		Various		Various		Snap./ Secrets/ Snap.: Killer		Snap./ Secrets/ Snap.: Killer		
116	64	PARMT	Bar Rescue		W Bar Res./Bar Res.		BarRes.		:55 Bar Res.	Bar Rescue	:50 Bar Res.	Bar Rescue	W :50 Mom	Mom/ Mom	Mom/ Mom	Mom/ Mom	2½Men	2½Men	
440	435	SHOW	Th August: Osage County/W :15 The Hu...		Tu Nacho Libre	F Animal Kingdom...	W Th :05 Spotlights...	Tu :35 Raiders of the Lost Ark	F Ingrid Goes West	Th :40 Sharknado	M :20 Parker	W Now You See Me	F The Mummy Returns / Tu :20 The Scorpion King		Th :50 Sharknad...	M :05 Fast Five	Tu :25 Journey 2:...		
160	47	SYFY	W Eureka	Th :35 Last Kingdom	W :05 Eureka	Th :35 Last Kingdom	W :05 Death Wish	Th :40 Sharknado	Th :25 Gods of Egypt / F The Mummy / Th :40 Sharknado		M :20 Parker	W Now You See Me	F The Mummy Returns / Tu :20 The Scorpion King		Th :50 Sharknad...	M :05 Fast Five	Tu :25 Journey 2:...		
104	61	TBS	2 Broke G.	2 Broke G.	2 Broke G.	2 Broke G.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
148	57	TCM	M :15 Lady with a Past		W The Thief Who Ca...	M :45 Two Against T...	F Anna Karenina		M The Common Law/W Spiral Staircase		F The Roman Sp...	M Rockabye...	Tu National Velvet/Th Beneath the 12 Mile ...		M After Tonight	W :45 The Deep	Th The Miracle o...	M After Office H...	
172	46	TLC	Various		Various		Various		Various		Th Addict.	Various	Th Addict.	Various		Mother/ My Big/ Mama'sB.		Various	
449	455	TMC	F :15 The Florida P...	Th JFK Revisited:...	Tu :05 A Serial Kill...	W :40 Separated	W Up in the Air	Tu The Sea of Trees	M Shakesp...	W :50 Drunk Bus	Th A Thin Line Bet.....	Tu The Djinn	M :05 Big Stone Gap	W :35 Another	Tu Broken Star		M Spotlight	Tu The Bling Rin...	
108	63	TNT	Charmed		Supernat/ NCIS:NO		Supernat/ NCIS:NO		Supernat/ NCIS:NO		Supernat/ NCIS:NO		Supernat/ NCIS:NO		Various		W Lucifer		
220	40	TOON	Mecha	Bugs/ Bugs	Drama	Drama	WeBears	BareBear	Craig/ Craig	Craig/ Craig	Craig/ Craig	Craig/ Craig	Gumball	Gumball	Gumball	Gumball	Various	Titans!	
264	33	TRAVEL	The Haunting of ...		M American/Haunting of		Various		Various		Various		Various		Various		Various		
272	48	TruTV	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest...		World's Dumbest...		World's Dumbest...		World's Dumbest...		Various		
232	41	TVLAND	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M F Bonanza	:50 Gunsmk.	M F Gunsmoke	:55 Gunsmk./ Gunsmk.		Gunsmoke		Gunsmoke		A. Griffith			
112	62	USA	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	Chicago/ SVU/ Chi.Fire	
136	30	WE	Paid	Paid	Various	Various	Various	F L&O: CI	Various	F L&O: CI	Various	F L&O: CI	Various	F L&O: CI	Various	F C.Minds	Various	F C.Minds	

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television crossword

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15					16					17		
				18								
19	20	21				22						
23								24		25	26	27
28										29		
30				31	32				33	34		
				35		36	37		38			
		39	40					41				
42										43	44	45
46					47					48		
49					50					51		

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Across

1. Rich fabric

5. Chip's cartoon chum

9. Jump-worthy emotion

12. "Nurse Jackie" star Falco

13. ____ Bator (capital of Mongolia)

14. Gibbon, for one

15. Series that new fantasy series "House of the Dragon" is a prequel to (3)

18. Spans of time that are roughly 72 years

19. Poe bird

22. Food staple

23. Annual summer TV event: ____ Fest

24. Whopper topper

28. Alt. spelling

29. Historic beginning

30. Intimidate, with "out"

33. Hearty steak

35. The good life

38. "Law & ____"

39. "House of the Dragon" star Paddy

42. Apathy

46. Poker prize

47. "The Postman Always Rings Twice" (1946) star Turner

48. Penultimate fairy tale word

49. Lennon's love

50. Brio and panache

51. San ____, Italy

Down

4. Classic Hollywood star Ruby, of "42nd Street" (1933)

5. Former teen idol Hilary, of "Lizzie McGuire"

6. Fiddle with

7. "Evil" and "Chicago Hope" star Christine

8. Physicist Fermi

9. Hollywood icon Fonda

10. Unlocks, poetically

11. Sycophant's response

16. Sty cry

17. Doomsayer's sign

19. Invitation letters

20. Triumphant cries

21. Be different

25. Digital device discontinued in 2022

26. French river

27. Poetic contraction

31. Professional wrestler and Hollywood star John

32. Pain in the neck

33. Voice mail prompt

34. "Silicon Valley" star Josh

36. Rope fiber

37. Patsy's "Absolutely Fabulous" pal

39. "Time's a-wastin'!"

40. Vision: Prefix

41. "Terrible" czar

42. Wall St. debut

43. Joanne Woodward's Oscar-winning role

44. Religious sch.

45. Full house sign

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TMZ Special

KMSP WFTC 7:00 pm

Popular online entertainment news magazine and video feed TMZ makes its way to Fox tonight for a new special. Famous for breaking news and up-to-the-minute reporting on the biggest stories in pop culture, TMZ delivers another brand-new hourlong program.

Roswell, New Mexico

wucw 7:00 pm

As Liz (Jeanine Mason) begins to see the error of her ways in this new episode, she is faced with a new threat that forces her to make a tough decision. Meanwhile, Max (Jason Behr) finds himself in a standoff and Michael (Brendan Fehr) begins losing hope.

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Industry

HBO 8:00 pm

The Pierpoint employees hit the floor running in a new episode of this drama series. Desperate to prove themselves and hold on to their jobs in London's highly competitive finance industry, the budding businesspeople try to navigate their careers.

Journey 2: The Mysterious Island

syfy 8:30 pm

A teenager (Josh Hutcherson) enlists the help of his stepdad (Dwayne Johnson) to find his missing grandfather in this adventurous sequel. Also starring Vanessa Hudgens, the film offers an updated take on the novel "The Mysterious Island" by Jules Verne.

MONDAY EVENING, AUGUST 22, 2022

P – PAUL BUNYAN COMMUNICATIONS
M – MIDCONTINENT COMMUNICATIONS

			4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
7	4	CBWT CBC	Downton Abbey		Baking "Semi-Final"		CBC Winnipeg News (N)		CorrieSt (N)	CorrieSt (N)	Murdoch "Devil Music"		Coroner "Safe Space"		The National (N)		News (N)	:35 TallBoyz
6	6	KARE NBC	News (N)	Jeopardy	News (N)	News (N)	News (N)	News (N)	American Ninja Warrior		"National Finals 2" (N)		Weakest Link		News (N)	:35 The Tonight Show	:35 Meyers	
9	9	KAWK PBS	Odd Squad	Arthur	Molly	News	PBS Newshour (N)		Antiques Roadshow		Antiques Roadshow		To Be Announced		News	News	Amanpour/Company	
4	12	KCCW CBS	Ellen DeGeneres		News (N)	News (N)	News (N)	Wheel	Nbhood	Bob Hearts	NCIS		NCIS: Haw "Spies, Part 2"		News (N)	:35 The Late Show	:35 Corden	
8	8	KMSP FOX	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	TMZ Special (N)		Beat Shazam (N)		FOX 9 at 9:00 p.m. (N)		10 at 10 (N)	:35 TMZ (N)	:05 Access	:35 DishNat.
41	164	KPXM ION	MacGyver		MacGyver		MacGyver		MacGyver		Leverage: Redemption		Leverage: Redemption		Leverage: Redemption		Leverage	
3	5	KXAS ABC	TwinCity	News (N)	News (N)	News (N)	News (N)	News (N)	The Bachelorette (N)				Claim to Fame (N)		News	:35 Jimmy Kimmel (N)	:35 Nightl.	
45	15	KSTC IND	Goldberg	Goldberg	Sheldon	Sheldon	Seinfeld	Seinfeld	Friends	Friends	Last Man	Last Man	News (N)		2 Broke G.	2 Broke G.	Mom	Mom
11	11	KVLY NBC	Dr. Phil		News (N)	News (N)	News (N)	Wheel	American Ninja Warrior		"National Finals 2" (N)		Weakest Link		News (N)	:35 The Tonight Show	:35 Meyers	
10	10	WFTC MyTV	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	TMZ Special (N)		Beat Shazam (N)		FOX 9 at 9:00 p.m. (N)		10 at 10 (N)	:35 TMZ (N)	:05 Access	:35 DishNat.
23	7	WUCW CW	Fam. Feud	FunnyAsk	2½ Men	2½ Men	Fam. Feud	Fam. Feud	Roswell New Mex. (N)		In the Dark (N)		News (N)	News (N)	News (N)	News (N)	Extra (N)	Daily (N)
120	42	A&E	Intervention		Intervention		Intervention		Intervention		Intervention		Digital Addiction		:05 Intervention		:05 Intervention	
152	58	AMC	3:45 **** Beetlejuice			:45 **** Uncle Buck '89, Com)	Amy Madigan, John Candy.		Kevin Can F**K H (N)				**** Beetlejuice ('88)		Michael Keaton.		Kevin Can F**K Himself	
260	44	ANPL	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid				Naked and Afraid		Naked and Afraid		Naked and Afraid	
59	28	B10	NCAA Football Classics		B1G Show	B1G Mom.	NCAA Football Classics		NCAA Football Classics		B1G Show	Big Ten Elite	B1G Show		NCAA Football Classics		B1G Show	B1G Show
156	59	BRAVO	Below Deck		Below Deck		Below Deck (N)		Below Deck (N)		Under "The Safety Dance"		Below "For Tooth's Sake"		Below Deck		BelowDeck "Boat Daddy"	
56	27	BSNOR	The Rally (N)			Pre-game	MLB Baseball Texas Rangers at Minnesota Twins Site:		Target Field (L)				Post-game	Outdoors	Outdoors	Fishing Sto.	Destination	Pre-game
320	54	CNBC	Fast Money		Mad Money		The News (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		The News	
308	22	CNN	The Lead (N)		The Situation Room (N)		OutFront (N)		A. Cooper 360 (N)		CNN Tonight (N)		Don Lemon Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360	
168	65	COMC	The Office	The Office	The Office	The Office	Daily Show	:45 Office	:20 The Office		:55 Office	The Office	The Office	The Office	Daily Show	:45 Office	:15 SouthPk	:45 SouthPk
330	3	CSPAN	11:00 U.S. House of Representatives Floor proceedings of the U.S. House of Representatives. (L)				Politics & Public Policy Today										Politics & Public	
190	45	DISC	Street Outlaws "The Murder Nova Manifestation"				Street Outlaws: Full		Street Outlaws: End Game		"Get in the Game" (N)				Street Outlaws		StreetOutlawsEndGame	
210	38	DISN	Tangled: The Series		Tangled	Tangled	Magic Bake-Off "Frozen"		**** Frozen ('13) Kristen Bell.		:45 Hamster		:10 BigCity	:35 BigCity	Miraculous	Miraculous	Jessie	Jessie
212	103	DISXD	GravityFalls	:35 **** Happy Feet Two ('11) Elijah Wood.		GhostMolly	Owl House	GravityFalls	BigCity		BigCity		Phineas	GhostMolly	Owl House	GravityFalls	BigCity	BigCity
164	66	E!	Modern	Modern	**** Bridesmaids (2011, Comedy) Maya Rudolph, Kristen Wiig.		**** Pitch Perfect ('12, Com) Brittany Snow, Anna Kendrick.		**** Nightly (N)		Sex & City	Sex & City					Sex & City	Sex & City
50	24	ESPN	Baseball Little League World Series (L)		Monday Countdown (L)		NFL Football Pre-season Atlanta Falcons at New York Jets (L)		SportsCenter (N)						SportsCenter (N)		SportsCenter (N)	
51	25	ESPN2	Daily Wager (L)		SportsCenter (N)		Baseball Little League World Series (L)		World of X Games (N)		World of X Games (N)		World of X Games (N)		Spikeball		30 for 30 "The U"	
304	51	FNC	The Five		Special Report		Jesse Watters Primetime		Tucker Carlson		Hannity		The Ingraham Angle		Gutfeld!		Fox News @ Night (N)	
268	34	FOOD	Alex vs. America		Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Bobby and Sophie (N)		Beat Play	Beat Play	Beat Play	Beat Play	Bobby and Sophie On	
128	37	FREE	Movie	*** National Treasure (2004, Adventure) Diane Kruger, Nicolas Cage.		*** National Treasure: Book of Secrets ('07) Nicolas Cage.							The 700 Club				Simpsons	Simpsons
66	71	FS1	The Herd		NASCAR Race Hub (L)		Motorcycle Racing		Moto. Racing Peoria TT		Motorcycle Racing		M.Racing Castle Rock TT		PBC Countdown (N)		Boxing Classics	
154	60	FX	2:30 *** Baywatch		*** Skyscraper ('18) Dwayne Johnson.		*** The A-Team (2010, Action) Bradley Cooper, Liam Neeson.		*** Ted (2012, Comedy) Mila Kunis, Mark Wahlberg.									
155	148	FXX	Simpsons	Simpsons	Simpsons	Simpsons	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	Futurama	Futurama
65	75	GOLF	Masters Highlights		Golf Central		School (N)	One Shot			PGA Golf BMW Championship Final Round Site: Wilmington Country Club -- Wilmington, Del.							
124	32	HALL	3:00 ** June in January		** Love and Sunshine ('19) Danica McKellar.		** My One and Only ('19) Pascale Hutton.		G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls
400	401	HBO	:20 House "The Heirs of the Dragon"		*** Fantastic Beasts: The Secrets of		Dumbledore Jude Law.		Industry (N)		House of the Dragon		:10 Industry		:10 * We're the Millers			
248	35	HGTV	Unsell. "Retro Reno"		Unsellable Houses		Inside Out (N)		Inside Out (N)		Flip To A Million (N)		Love It or List It		Love It or List It		Flip To A Million	
180	43	HIST	Ancient Aliens		Ancient Aliens		Ancient Aliens		Modern Marvels		Modern Marvels		:05 Modern Marvels		:05 Modern Marvels		:05 Modern Marvels	
132	29	LIFE	The First 48 "Monster"		The First 48		The First 48 "Snatched"		The First 48: Crit		Sleeping "Raul Ortiz" (N)		:05 Phrogging (N)		:05 Phrogging		The First 48: Crit	
422	420	MAX	3:20 **** Hotel Rwanda		:25 *** Escape Plan 2: Hades		*** Adventureland Jesse Eisenberg.		:50 **** Extract Jason Bateman.		:20 **** Real Steel ('11) Hugh Jackman.							
324	52	MSNBC	3:00 Deadline (N)		The Beat (N)		The ReidOut (N)		All in Chris Hayes (N)		Rachel Maddow (N)		The Last Word (N)		The 11th Hour (N)		Rachel Maddow	
188	152	NGEO	Primal Survivor		Primal Survivor		Primal Survivor		Running Wild		Running Wild (N)		Running Wild (N)		Running Wild		Running Wild	
100	23	NEWSN	NewsNation (N)		NewsNation (N)		On Balance (N)		NewsNation Prime (N)		Dan Abrams Live (N)		Banfield (N)		NewsNation Prime		Dan Abrams Live	
228	39	NICK	**** The Peanuts Movie ('15) Noah Schnapp.		**** Shrek Forever After ('10) Mike Myers.		Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
69	72	OUT	Legend Fall	Monster	Wicked Tuna		FarmWild	Man Eats W	MeatEater	Nick's Ride	Longmire		Humanimal	McMillan	FarmWild	Man Eats W	The Crush Lee Tiff	
137	31	OXY	Snapped "Dawn Fowler"		Snap. "Donna Blanton"		Snap. "Diane Borchardt"		Snapped "Susan Walls"		Snapped		Snap. "Giselle Esteban"		Mastermind of Murder		Mastermind of Murder	
116	64	PARMT	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	**** Tommy Boy (1995, Comedy) David Spade, Chris Farley.		**** Major League ('89, Com) Tom Berenger, Charlie Sheen.							
440	435	SHOW	VICE	*** Stillwater (2021, Drama) Camille Cottin, Matt Damon.			The Chi "Sweet Thing"		City on a Hill		**** Hostage ('05, Act) Kevin Pollak, Bruce Willis.		* Animal Kingdom					
160	47	SYFY	3:05 **** Fast Five ('11) Vin Diesel.		*** Central Intelligence ('16) Kevin Hart, Dwayne Johnson.		*** Journey 2: The Mysterious Island		*** The Scorpion King									
104	61	TBS	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad
148	57	TCM	3:30 *** After Office Hou...		**** Topper ('37) Constance Bennett.		**** Merrily We Live		:45 **** What Price Hollywood?		*** Bed of Roses		Movie					
172	46	TLC	Chantel "Can I Come In?"		The Family Chantel		Chantel "Like a Lawyer"		sMothered (N)		Seeking Sister Wife (N)		I Love a Mama's Boy		The Family Chantel			
449	455	TMC	3:00 **** Spotlight		:10 **** Billionaire Boys Club ('18) Kevin Spacey.		*** Last Call (2021, Drama)		:45 **** North Hollywood (2021, Drama)		* The Exchange ('21) Justin Hartley.							
108	63	TNT	Movie	**** The Intern ('15, Com) Anne Hathaway, Robert De Niro.		**** The Blind Side ('09, Spt) Tim McGraw, Sandra Bullock.		**** The Blind Side ('09, Spt) Tim McGraw, Sandra Bullock.										
220	40	TOON	3:00 **** Shrek		Victor (N)	Victor/ Victor	Titans!	Titans!	King of H.	King of H.	BobBrg	BobBrg	Amer. Dad	Amer. Dad	Amer. Dad	Morty	Boondocks	Robot
264	33	TRAVEL	American Mystery!		Mysteries of the Unknown		Mysteries of the Unknown (N)		Mysteries of the Unknown									
272	48	TruTV	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	*** Click ('06) Kate Beckinsale, Adam Sandler.		:15 **** Click			
232	41	TVLAND	A. Griffith	A. Griffith	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Queens	Queens	Queens	Queens
112	62	USA	Chicago P.D. "Trust"		Chicago P.D. "Outrage"		Chicago P.D.		WWE Raw (L)						Snake in the Grass (N)		Chicago "Homecoming"	
136	30	WE	Criminal Mind "Hope"		Criminal Minds		Criminal Minds		C.Minds "True Genius"		Criminal Minds		C.Minds "Snake Eyes"		C.Minds "Closing Time"		C.Minds "A Thin Line"	

Now You See Me

syfy 5:30 pm

Four daring illusionists are tracked by the FBI and Interpol due to a magic act which involves a series of bank heists that reward their audiences with large sums of stolen cash in this film starring Jesse Eisenberg and Isla Fisher. Its sequel airs next.

sMothered

tlc 7:00 pm

A new episode of this reality series follows the shockingly close relationships between several mothers and daughters. From matching plastic surgery to sharing bathwater, partying and more, these duos redefine the phrase “like mother, like daughter.”



Sunhe and Angelica from “sMothered”

Origins of Hip-Hop

A&E 9:00 pm

This docuseries delves into the inspiring origin stories of some of hip hop’s most iconic stars. While each star tells their story from the very beginning to the present, they reflect on the challenges they faced and the moments that shaped them.

House Hunters International

hgtv 9:30 pm

A new episode of this international real estate series sees a London-based culinary entrepreneur seek out relaxation in Playa del Carmen, Mexico. Following her dad’s death, she looks for a place near the beach to call home. Hopefully it’s in her budget.

TUESDAY EVENING, AUGUST 23, 2022

P – PAUL BUNYAN COMMUNICATIONS
M – MIDCONTINENT COMMUNICATIONS

			4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
7	4	CBWT CBC	Downton Abbey		British Baking "Final"		CBC Winnipeg News (N)		CorrieSt (N)	JFL: Gags	SonCritch	Strays	WorkMom	Sort Of	The National (N)		News (N)	:35 Baroness
6	6	KARE NBC	News (N)	Jeopardy	News (N)	News (N)	News (N)	News (N)	America's Got Talent "Qualifiers 3" (N)				Password (N)		News (N)	:35 The Tonight Show	:35 Meyers	
9	9	KAWK PBS	Odd Squad	Arthur	Molly	News	PBS NewsHour		Roots "Fashion's Roots"	To Be Announced			Frontline		News	News	Amanpour/Company	
4	12	KCCW CBS	Ellen DeGeneres		News (N)	News (N)	News (N)	Wheel	FBI "Fostered"		FBI: International		MostWant "Gladiator"		News (N)	:35 The Late Show	:35 Corden	
8	8	KMSP FOX	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	Think You Can Dance		Fantasy Island		FOX 9 at 9:00 p.m. (N)		10 at 10 (N)	:35 TMZ (N)	:05 Access	:35 DishNat.
41	164	KPKM ION	Chicago Fire		Chicago Fire		Chicago Fire		Chicago Fire		Chi.Fire "A Dark Day"		Chi.Fire "One More Shot"		Chicago Fire		Chicago Fire "Always"	
3	5	KSAX ABC	TwinCity	News (N)	News (N)	News (N)	News (N)	News (N)	Celebrity Wheel		Generation Gap		Celebrity Family Feud		News	:35 Jimmy Kimmel (N)	:35 Nightl.	
45	15	KSTC IND	Goldberg	Goldberg	Sheldon	Sheldon	Seinfeld	Seinfeld	Friends	Friends	Last Man	Last Man	News (N)		2 Broke G.	2 Broke G.	Mom	Mom
11	11	KVLY NBC	Dr. Phil		News (N)	News (N)	News (N)	Wheel	America's Got Talent "Qualifiers 3" (N)				Password (N)		News (N)	:35 The Tonight Show	:35 Meyers	
10	10	WFTC MyTV	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	Think You Can Dance		Fantasy Island		FOX 9 at 9:00 p.m. (N)		10 at 10 (N)	:35 TMZ (N)	:05 Access	:35 DishNat.
23	7	WUCW CW	Fam. Feud	FunnyAsk	2½ Men	2½ Men	Fam. Feud	Fam. Feud	Leonardo (N)		Devils (N)		News (N)	News (N)	News (N)	News (N)	Extra (N)	Daily (N)
120	42	A&E	The First 48		The First 48		The First 48		Origins of Hip-Hop		Origins of Hip-Hop		Origins of Hip-Hop		:05 Origins of Hip-Hop		:05 Origins of Hip-Hop	
152	58	AMC	Movie	*** Road	House (1989, Action) Sam Elliott, Patrick Swayze.				*** Tombstone (1993, Western) Val Kilmer, Kurt Russell.						*** Armageddon ('98) Liv Tyler, Bruce Willis.			
260	44	ANPL	3:00 Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue				Homestead Rescue		Homestead Rescue		Homestead Rescue	
59	28	B10	B1G Today		NCAA Football Classics		NCAA Football Classics		B1G Today		NCAA Football Classics		B1G Today		NCAA Football Classics		B1G Live	
156	59	BRAVO	Below Deck		Below Deck		BelowDeck Down Under		BD Down Under (N)		Under "Prom Night" (N)		*** 13 Going on 30 ('04) Jennifer Garner.				*** 13 Going on 30	
56	27	BSNOR	Live on the Line		The Rally (N)			Pre-game	MLB Baseball Minnesota	Twins at Houston Astros Site: Minute Maid Park (L)			Post-game	18 Holes		Swing	Pre-game	
320	54	CNBC	Fast Money		Mad Money		The News (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		The News	
308	22	CNN	The Lead (N)		The Situation Room (N)		OutFront (N)		A. Cooper 360 (N)		CNN Tonight (N)		Don Lemon Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360	
168	65	COMC	The Office	The Office	The Office	The Office	Daily Show	:45 Tosh.0	:20 Tosh.0		:55 Tosh.0	Tosh.0	Tosh.0	Tosh.0	Daily Show	:45 SouthPk	:15 SouthPk	:45 SouthPk
330	3	CSPAN	9:00 U.S. House of Representatives	Floor proceedings of the U.S. House of Representatives.	(L)				Politics & Public Policy Today								Politics & Public	
190	45	DISC	Deadliest Catch		Deadliest Catch		Deadliest Catch (N)		Deadliest Catch		Deadliest Catch		Deadliest Catch "The Aftermath"				Deadliest Catch	
210	38	DISN	Tangled: The Series		*** Descendants 3 ('19) Dove Cameron.				*** Mulan ('98) Ming-Na Wen.		:35 Cat Noir		BigCity	BigCity	Miraculous	Miraculous	Jessie	Jessie
212	103	DISXD	GravityFalls	GravityFalls	Phineas	Phineas	GravityFalls	GravityFalls	GravityFalls	GravityFalls	BigCity	BigCity	Amphibia "All In"		GravityFalls	GravityFalls	BigCity	BigCity
164	66	E!	3:00 *** Burlesque ('10) Cher.		*** Pitch Perfect ('12, Com) Brittany Snow, Anna Kendrick.				Celebrity Game Face (N)		Beef (N)		Celebrity Game Face	Nightly (N)			*** Burlesque Cher.	
50	24	ESPN	Baseball Little League World Series (L)				Baseball Little League World Series (L)		ESPN Films (N)				SportsCenter (N)				SportsCenter (N)	
51	25	ESPN2	Daily Wager (L)		SportsCenter (N)		WNBA Basketball Playoffs (L)				WNBA Basketball Playoffs (L)				NFLGreat	NFL Live		30 for 30
304	51	FNC	The Five		Special Report		Jesse Watters Primetime		Tucker Carlson		Hannity		The Ingraham Angle		Gutfeld!		Fox News @ Night (N)	
268	34	FOOD	Chopped		Chopped "PB and J"		Chopped		Chopped		Market Stakeout (N)		Big Bad Budget (N)		Game "DDD Champs"		Supermarket Stakeout	
128	37	FREE	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Fort Salem (F) (N)		The 700 Club		Simpsons	Simpsons
66	71	FS1	Skip and Shannon		NASCAR Race Hub (L)		NASCAR Race Hub		AVP Beach Volleyball Atlanta Open				AVP Beach Volleyball Manhattan Beach Open				TMZ (N)	PBC Count
154	60	FX	3:00 *** The A-Team Liam Neeson.		***** Avengers: Infinity War (2018, Action) Chris Evans, Josh Brolin.								Shadows	Shadows	Shadows	*** Independence Day: Resurgence		
155	148	FXX	Simpsons	Simpsons	Simpsons	Simpsons	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	Futurama	Futurama
65	75	GOLF	The CUT (N)	Learn (N)	Golf Central (L)		Payne Stewart Award (L)		Golf Films "Payne"		Golf Central		Payne Stewart Award		The CUT	School Golf	Golf Central	
124	32	HALL	3:00 * Feeling Butterfli...		*** Pearl in Paradise ('18) Jill Wagner.				* Snowkissed ('21, Rom) Chris McNally, Jen Lilley.		G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	
400	401	HBO	*** Death on the Nile ('22) Tom Bateman.		:10 Bill Maher				:10 *** Non-Stop ('14) Liam Neeson.				Hard Knocks (N)		Real Sports (N)		Industry	
248	35	HGTV	Good Bones		Good Bones		Good Bones		Good Bones (N)		Good Bones (N)		HouseHunt.	House	HouseHunt.	House	Good Bones	
180	43	HIST	3:00 Greatest Mysteries		Mysteries "Roswell: The First Witness - The Writer"				Greatest Mysteries "The Death of Bruce Lee"		:05 Greatest Mysteries		:05 Greatest Mysteries		:05 Greatest Mysteries		:05 Greatest Mysteries	
132	29	LIFE	Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's Anatomy		Grey's A. "Invasion"		:05 Grey's Anatomy		:05 Grey's Anatomy		Grey's Anatomy	
422	420	MAX	Movie	:45 *** 12 Years a Slave ('13) Chiwetel Ejiofor.					*** The Jacket ('05) Adrien Brody.	:45 *** Red			Eye Rachel McAdams.		:10 *** R.I.P.D. ('13) Ryan Reynolds.		Movie	
324	52	MSNBC	3:00 Deadline (N)		The Beat (N)		The ReidOut (N)		All in Chris Hayes (N)		Alex Wagner (N)		The Last Word (N)		The 11th Hour (N)		Alex Wagner Tonight	
188	152	NGEO	Life Below Zero		Life Below Zero		Life-0 "Open Season"		Life Below Zero		Primal Survivor (N)		Life -0 (N)	Northern	Northern		Life-0	
100	23	NEWSN	NewsNation (N)		NewsNation (N)		On Balance (N)		NewsNation Prime (N)		Dan Abrams Live (N)		Banfield (N)		NewsNation Prime		Dan Abrams Live	
228	39	NICK	* Shrek Forever After						Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
69	72	OUT	Realtree	The Crush	Wicked Tuna		Primos	LindseyWay	The Hunt	Ted Nugent	GameKeep	Driven	Drury's 13	Critical Mas	Bowlife	Live2Hunt	The Choice	R/Hunt
137	31	OXY	Secrets Uncovered		Secrets Uncovered		Secrets Uncovered		Dateline (N)		Dateline: Unforgettable		Under The Desert Sky"		Dateline: Unforgettable		Dateline: Unforgettable	
116	64	PARMT	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	*** Major League ('89, Com) Tom Berenger, Charlie Sheen.		* To Be Announced							
440	435	SHOW	Movie	:45 *** Indiana Jones and the Kingdom of the Crystal Skull					*** The Mexican ('01) Brad Pitt, Julia Roberts.		:05 *** Jackass Forever		:45 Flatbush		:15 *** Planet Terror			
160	47	SYFY	3:25 * Journey 2: The Mysterious Is...		*** Now You See Me ('13, Cri) Common, Jesse Eisenberg.				*** Now You See Me 2 (2016, Action) Lizzy Caplan, Jesse Eisenberg.								:55 Eureka	
104	61	TBS	Sheldon	Sheldon	Sheldon	Pre-game	MLB Baseball New York Mets at New York Yankees Site: Yankee Stadium -- Bronx, N.Y. (L)		Post-game	Sheldon	Sheldon		Sheldon	Sheldon		Sheldon	Sheldon	
148	57	TCM	3:15 *** Killer McCoy		:15 *** The Strip ('51) Mickey Rooney.				*** Strike Up the Band ('40) Judy Garland.		:15 *** Andy Hardy Gets Spring Fever						* Boys Town	
172	46	TLC	Johnston "Coming Clean"		Johnstons "The Finn-ale"		7 Little Johnstons		sMothered (N)		7 Little Johnstons (N)		Big Fat Fabulous Li. (N)		Seeking Sister Wife		sMothered	
449	455	TMC	3:30 *** The Bling Ring		:05 *** Queen Bees (2021, Comedy)				***** Philomena ('13) Judi Dench.	:40 * Six Minutes to Midnight ('20) Eddie Izzard.		*** A Room With a View						
108	63	TNT	*** Armageddon (1998, Adventure) Liv Tyler, Bruce Willis.						*** Ready Player One (2018, Action) Letitia Wright, Tye Sheridan.				Titans "Jericho"				*** Ready Player One	
220	40	TOON	Titans!	Titans!	Victor (N)	Victor/ Victor	Titans!	Titans!	King of H.	King of H.	BobBrig	BobBrig	Amer. Dad	Amer. Dad	Amer. Dad	Morty	Boondocks	Robot
264	33	TRAVEL	Osbornes Believe		Expedition Bigfoot "Closer Than Ever" (N)				Expedition "Evidence from Below and Above" (N)				Legend of Bigfoot				Expedition Bigfoot	
272	48	TruTV	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	*** Independence Day (1996, Sci-Fi) Bill Pullman, Will Smith.					
232	41	TVLAND	:10 Griffith	:50 Griffith	:25 A. Griffith Show		A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	:05 Queens	:40 Queens	:15 Queens	:50 Queens
112	62	USA	SVU "Motherly Love"		SVU "Great Expectations"		SVU "Know It All"		WWE NXT (L)				:10 *** A Madea Family Funeral ('19) Tyler Perry.				:40 Snake	
136	30	WE	Law&Order "Boy on Fire"		Law & Order		Law&Order "Innocence"		Law&O. "Four Cops Shot"		Law & Order "Brazil"		Law & Order "Crashers"		Law & Order		Law & Order "Immortal"	

Where Your Heart Belongs

HALL 3:00 pm

A marketing executive from New York returns to her hometown for her friend’s wedding and learns that the love and support of her family means more to her than she ever imagined in this new romance film. Jen Lilley and Christopher Russell star.

MasterChef

KMSP WFTC 7:00 pm

Home cooks attempt to prove they have what it takes to become a culinary master in a new episode of this hit competition series. Gordon Ramsay hosts as the contestants compete in challenges designed to test their palates and cooking skills.



Gordon Ramsay hosts “MasterChef”

Katrina Babies

HBO 8:00 pm

Director Edward Buckles Jr. takes an in-depth look at the impact Hurricane Katrina had on the youth of New Orleans. This documentary features interviews with survivors who share their personal stories of loss, love and hope amid a massive tragedy.

Forged in Fire

HIST 8:00 pm

Four bladesmiths create their most dazzling, spectacular Damascus knives in a new episode of this weapon-making competition series. The smith who impresses the judges most heads straight to the final round and gets to select the weapon they will forge.

WEDNESDAY EVENING, AUGUST 24, 2022																		P – PAUL BUNYAN COMMUNICATIONS M – MIDCONTINENT COMMUNICATIONS	
P	M		4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
7	4	CBWT CBC	Downton Abbey ☐		TravelMan	TravelMan	CBC Winnipeg News (N)	CorrieSt (N)	JFL: Gags ☐	Diggstown "Miles Jones"			HardCases "Bug Spray"		The National (N) ☐		News (N)	:35 LandSea	
6	6	KARE NBC	News (N)	Jeopardy ☐	News (N)	News (N)	News (N)	News (N)	America's Got Talent (N)	Chicago Fire			Chicago P.D.		News (N)	:35 The Tonight Show ☐	:35 Meyers		
9	9	KAWK PBS	Odd Squad	Arthur ☐	Molly	News	PBS NewsHour (N) ☐		Nature		Nova		A.Exper. "Fatal Flood"		News	News	Amanpour/Company (N)		
4	12	KCCW CBS	Ellen DeGeneres ☐		News (N)	News (N)	News (N)	Wheel	Big Brother (N) ☐	The Challenge (N) ☐			S.W.A.T. "Safe House" ☐		News (N)	:35 The Late Show ☐	:35 Corden		
8	8	KMSP FOX	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	MasterChef (N) ☐				FOX 9 at 9:00 p.m. (N) ☐		10 at 10 (N)	:35 TMZ (N)	:05 Access		
41	164	KPKM ION	BlueB. "Scorched Earth"		BlueB. "Risk and Reward"		BlueB. "Greener Grass"		Blue Blood "Nightmares"		Blue Bloods		BlueB. "Secrets and Lies"		Blue Bloods		Blue Bloods		
3	5	KSAX ABC	TwinCity	News (N)	News (N)	News (N)	News (N)	News (N)	Conners	Goldberg	Abbott	Home Ec.	Your Luck "Oh Mylanta!"		News	:35 Jimmy Kimmel (N) ☐	:35 Nightl.		
45	15	KSTC IND	Goldberg	Goldberg	Sheldon	Sheldon	Seinfeld ☐	Seinfeld ☐	Friends ☐	Friends ☐	Last Man	Last Man	News (N) ☐		2 Broke G.	2 Broke G.	Mom ☐		
11	11	KVLY NBC	Dr. Phil ☐		News (N)	News (N)	News (N)	Wheel	America's Got Talent (N)	Chicago Fire			Chicago P.D.		News (N)	:35 The Tonight Show ☐	:35 Meyers		
10	10	WFTC MyTV	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	MasterChef (N)				FOX 9 at 9:00 p.m. (N) ☐		10 at 10 (N)	:35 TMZ (N)	:05 Access		
23	7	WUCW CW	Fam. Feud	FunnyAsk	2½ Men	2½ Men	Fam. Feud	Fam. Feud	Mysteries Decoded (N)	Paranormal	Paranormal		News (N)	News (N)	News (N)	News (N)	Extra (N)	Daily (N)	
120	42	A&E	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Neighbor	Road Wars	:05 Court C.	:35 Court C.	:05 Court C.	:35 Court C.	
152	58	AMC	☹☹☹☹ Tombstone (1993,		Western) Val Kilmer, Kurt Russell.				☹☹☹☹ The Fugitive (1993, Thriller)		Sela Ward, Harrison Ford.				☹☹☹☹ Gladiator ('00)		Russell Crowe.	☐	
260	44	ANPL	The Zoo		The Zoo ☐		The Zoo ☐		The Zoo: San Diego				Crikey! It's the Irwins		Crikey! It's the Irwins		The Zoo: San Diego		
59	28	B10	B1G Story	Eats	B1G Show	NCAA Football Classics	B1G Show		Big Ten Elite		NCAA Football Neb./Mo.		B1G Show	B1G Show	NCAA Football Classics	B1G Show	B1G Show		
156	59	BRAVO	The Real Housewives		The Real Housewives		The Real "Girls Trippin'"		The Real "Salty Waters"		The Real Housewives (N)		The Real "Du-bye Girl"		Housewives Atlanta ☐		Housewives-Salt Lake		
56	27	BSNOR	Live on the Line		The Rally (N) ☐			Pre-game	MLB Baseball Minnesota	Twins at Houston Astros Site:	Minute Maid Park (L) ☐		Post-game	WPT Poker			Pre-game		
320	54	CNBC	Fast Money		Mad Money ☐		The News (N)		Shark Tank ☐		Shark Tank ☐		Shark Tank ☐		Shark Tank ☐		The News		
308	22	CNN	The Lead (N)		The Situation Room (N)		OutFront (N)		A. Cooper 360 (N) ☐		CNN Tonight (N)		Don Lemon Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360 ☐		
168	65	COMC	:25 South Park ☐		South Park	South Park	Daily Show	:45 SouthPk	:10 SouthPk	:35 SouthPk	South Park	South Park	South Park	South Park	Daily Show	:45 SouthPk	:15 SouthPk	:45 SouthPk	
330	3	CSPAN	9:00 U.S. House of Representatives		Floor proceedings of the U.S. House of Representatives.		(L)		Politics & Public Policy Today ☐								Politics & Public ☐		
190	45	DISC	Expedition Unknown		Expedition Unknown		Expedition Unknown ☐		Expedition Unknown ☐		:10 Mysteries Deep (N)		:10 Expedition Unknown		:10 Expedition Unknown		Expedition Unknown ☐		
210	38	DISN	Rapunzel's Tangled A		Rapunzel	Rapunzel's Tangled A	Descend.		☹☹☹☹ Beauty and the Beast		:35 Hamster		BigCity	BigCity	Miraculous	Miraculous	Jessie ☐	Jessie ☐	
212	103	DISXD	GravityFalls	GravityFalls	Phineas	Phineas	Amphibia	Amphibia	Amphibia	Amphibia	BigCity	BigCity	Amphibia	Amphibia	GravityFalls	GravityFalls	BigCity	BigCity	
164	66	E!	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Nightly (N)	Celeb-Beef	Sex & City	
50	24	ESPN	Baseball Little League World Series (L) ☐				Baseball Little League World Series (L) ☐				ESPN Films (N) ☐				SportsCenter (N) ☐		SportsCenter (N) ☐		
51	25	ESPN2	Daily Wager (L)		SportsCenter (N) ☐		WNBA Basketball Playoffs (L) ☐				WNBA Basketball Playoffs (L) ☐				NFL Live ☐		30 for 30 "Pony Excess"		
304	51	FNC	The Five		Special Report ☐		Jesse Watters Primetime		Tucker Carlson ☐		Hannity ☐		The Ingraham Angle		Gutfeld!		Fox News @ Night (N)		
268	34	FOOD	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Game "ABC Mania"		Game "Grand Reopening"		Game "Grand Reopening"		Game "ABC Mania"		
128	37	FREE	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Grown (N)	Trash (N)	The 700 Club ☐		Simpsons	Simpsons	
66	71	FS1	The Herd ☐		NASCAR Race Hub (L) ☐		Pre-game		MLB Baseball	Chicago White Sox at Baltimore Orioles Site: Camden Yards (L) ☐			MLB Post-game (L)		Best Of	MLB Epic	TMZ (N)	Boxing ☐	
154	60	FX	3:00 ☹☹☹☹☹ Avengers: Infinity War ('18)		Josh Brolin.		☹☹☹☹☹ Deadpool ('16, Act)		Morena Baccarin, Ryan Reynolds.		Wrexham	Wrexham	Wrexham	Wrexham	Wrexham	Wrexham	Wrexham	Wrexham	
155	148	FXX	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	Archer (N)	Archer ☐	Archer ☐	BobBrg	BobBrg	BobBrg	
65	75	GOLF	Golf Central (L) ☐		Golf Highlights		Learning C.	The CUT	PGA Golf Tour Championship Charity Challenge ☐				Golf Central ☐		PGA Golf Tour Championship Charity Challenge ☐				
124	32	HALL	3:00 ☹☹ Where Your Hea...		☹☹ Matching Hearts ('20)		Taylor Cole.		☹☹☹☹ My Favorite Wedding ('17)		Maggie Lawson.		G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	
400	401	HBO	3:25 Sports	:25 HrdKnock	:20 The Rehearsal		:55 ☹☹ The Many Saints of Newark				☹☹ Katrina Babies ('22, Doc)	(P) ☐	:25 HrdKnock		:20 House "The Heirs of the Dragon"		☹☹ Enemy		
248	35	HGTV	Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer		Farmhouse Fixer (N)		Farmhouse Fixer (N)		HouseHunt.	HouseHunt.	HouseHunt.	HouseHunt.	Farmhouse Fixer		
180	43	HIST	Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire (N)		:05 Forged in Fire		:05 Forged in Fire		:05 Forged in Fire		
132	29	LIFE	Castle		Castle		Castle "Kill Switch" ☐		Married at First Sight	"Party Ways" (N) ☐			:05 5 Guys "Sienna"		:05 Married1stSight (N)		Married "Party Ways"		
422	420	MAX	3:30 ☹☹☹ Fighting		:15 ☹☹☹ The Haunting in Connecticut				☹☹☹☹ War ('07) Jet Li.	☐		:45 ☹☹☹☹ Disturbing Behavior		:10 ☹☹☹☹☹ The Bourne Identity ('02)		Matt Damon.			
324	52	MSNBC	3:00	Deadline (N) ☐		The Beat (N)		The ReidOut (N)	All in Chris Hayes (N) ☐	Alex Wagner (N) ☐			The Last Word (N) ☐		The 11th Hour (N) ☐		Alex Wagner Tonight ☐		
188	152	NGEO	To Catch "False Bottom"		To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler		Narco Wars (N)		Narco Wars (N) ☐		To Catch a Smuggler		Narco Wars		
100	23	NEWSN	NewsNation (N) ☐		NewsNation (N) ☐		On Balance (N) ☐		NewsNation Prime (N) ☐	Dan Abrams Live (N)			Banfield (N)		NewsNation Prime ☐		Dan Abrams Live		
228	39	NICK	To Be Announced ☐								Friends ☐	Friends ☐	Friends ☐	Friends ☐	Friends ☐	Friends ☐	Friends ☐	Friends ☐	
69	72	OUT	In Out	Hunt	Wicked Tuna		Backyard B	Airgunner	GunsAmmo	Rifleman		Shooting USA ☐		Backyard B	Airgunner	GunsAmmo	Rifleman	Shooting USA ☐	
137	31	OXY	Secrets "Deadly Triangle"		Secrets Uncovered		Secrets Unco "Frantic"		Secrets Uncovered (N)		Secrets Uncovered		Secrets Uncovered		Secrets "Deadly Betrayal"		Secrets "Lethal Weapon"		
116	64	PARMT	:10 2½ Men	:35 2½ Men	:05 2½ Men	2½ Men	2½ Men	2½ Men	☹☹ To Be Announced ☐						☹☹ To Be Announced ☐				
440	435	SHOW	Movie		☹☹☹☹☹ Robin Hood: Prince of Thieves		('91) Kevin Costner.		☹☹☹☹☹ Tin Cup ('96)		Rene Russo, Kevin Costner.		:15	☹☹☹☹☹ Message in a Bottle ('99)		Kevin Costner.		Movie	
160	47	SYFY	3:05 ☹☹☹☹☹ Now You See Me 2 ('16)		Jesse Eisenberg.		☹☹☹☹☹ Independence Day (1996, Sci-Fi)		Bill Pullman, Will Smith.		☐		R. Alien "The Weight" (N)		La Brea		☹☹ Independence Day		
104	61	TBS	Sheldon	Sheldon	BigBang	BigBang	BigBang	BigBang	All Elite Wrestling: Dynamite (N)				BattleBots "CHAMPIONS: The Slugfest Part 3"		☐		Sheldon	Sheldon	
148	57	TCM	2:45 ☹☹☹☹☹ The Deep		☹☹☹☹☹ Bullitt ('68)		Steve McQueen.	☐	☹☹☹☹☹☹☹ Day for Night ('73)		Jacqueline Bisset.	☐	:15	☹☹☹☹☹ La cérémonie ('95)		Isabelle Huppert.	:15	☹☹☹☹☹ Under the Volcano	
172	46	TLC	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper (N)	Dr. Pimple Popper (N)			Bad Hair Day (N)		Stuck "Stiletto in the Eye"		Dr. Pimple Popper		
449	455	TMC	3:10 ☹☹☹☹☹ Congo		☹☹☹☹☹☹☹ The Lighthouse ('19)		Willem Dafoe.	☐	☹☹☹☹☹☹☹ Minority Report (2002, Sci-Fi)		Colin Farrell, Tom Cruise.	☐	☹☹☹☹☹☹☹ Side Effects Rooney Mara.		:20	☹☹☹☹☹☹☹ Basic Instinct			
108	63	TNT	Lucifer "Favorite Son" ☐		Lucifer "Wingman" ☐		Lucifer "Et Tu, Doctor?"		☹☹☹☹☹ Terminator: Dark Fate ('19)		Linda Hamilton.	☐			☹☹☹☹☹ Total Recall ('12, Action)		Bokeem Woodbine, Colin Farrell.	☐	
220	40	TOON	Titans!	Titans!	Victor (N)	Victor/ Victor	Titans!	Titans!	King of H.	King of H.	BobBrg	BobBrg	Amer. Dad	Amer. Dad	Amer. Dad	Morty	Boondocks	Robot	
264	33	TRAVEL	Osbournes Believe		Osbournes Believe		Osbournes Believe		Osbourne "Lost in Space"		Osbournes Believe		Osbournes Believe		Osbournes Believe		Osbourne "Lost in Space"		
272	48	TruTV	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	Imp. Jokers	Imp. Jokers	101 Places	101 Places	Imp. Jokers	Imp. Jokers	
232	41	TVLAND	A. Griffith	A. Griffith	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Queens	Queens	Queens	Queens	
112	62	USA	SVU "Hardwired"		Law&Order: SVU "Gray"		SVU "Delinquent"		SVU "Friending Emily"		SVU "Lessons Learned"		SVU "Dissonant Voices"		SVU "Comic Perversion"		SVU "Catfishing Teacher"		
136	30	WE	NCIS "Reveille" ☐		NCIS "See No Evil" ☐		NCIS		NCIS "Vanished" ☐		NCIS "Lt. Jane Doe" ☐		NCIS "The Bone Yard" ☐		NCIS "Terminal Leave" ☐		NCIS "Call of Silence" ☐		

Jurassic Park

HBO 4:50 pm

A billionaire funds research to bring back the dinosaurs, hoping to open a theme park where visitors can experience the magnificent creatures in this original trilogy. Unfortunately, the dinos seem have trouble keeping their claws to themselves.

Big Brother

KCCW 8:00 pm

Julie Chen Moonves hosts another new episode of this hit reality series. A group of strangers scheme, form alliances and instigate rivalries while they live together in one house. As they compete for a cash prize, their every move is tracked on camera.



Julie Chen Moonves hosts "Big Brother"

E	9	1	3	4	8	5	6	7
5	4	8	7	2	6	3	1	9
6	3	7	5	1	9	2	4	8
8	1	3	2	9	7	4	5	6
4	7	5	6	3	1	9	8	2
9	2	6	8	5	4	1	7	3
3	6	2	4	8	5	7	9	1
7	5	9	1	6	2	8	3	4
1	8	4	9	7	3	6	2	5

220821

Great Chocolate Showdown

wucw 8:00 pm

The remaining eight bakers are tasked with a delicious, albeit complicated, task in this new episode of the Canadian competition series. In order to stay in the game, they must prove that chocolate and vegetables go together like two peas in a pod.

The Hulk

syfy 10:05 pm

A comic-book legend comes to life in this live-action movie starring Eric Bana as The Hulk. When Dr. Bruce Banner accidentally gets in the way of an experimental ray, he grows into a super-powered beast who wreaks havoc wherever he goes.

THURSDAY EVENING, AUGUST 25, 2022

P – PAUL BUNYAN COMMUNICATIONS
M – MIDCONTINENT COMMUNICATIONS

P	M		4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
7	4	CBWT CBC	Downton Abbey		TravelMan	TravelMan	CBC Winnipeg News (N)	CorrieSt (N)	JFL: Gags	Heart. "Brand New Day"	Moonshine		The National (N)		News (N)		News (N)	:35 Reflect.
6	6	KARE NBC	News (N)	Jeopardy	News (N)	News (N)	News (N)	News (N)	Law&O. "Black and Blue"	Law & Order: S.V.U.	Crime "Lost One"		News (N)	:35 The Tonight Show		:35 Meyers		
9	9	KAWK PBS	Odd Squad	Arthur	Molly	News	PBS Newshour (N)	Ground	Backroads	Dionne Warwick	Old House	Ask House	News	News	Amanpour/Company			
4	12	KCCW CBS	WCCO 4 at Fair (N)		News (N)	News (N)	News (N)	Wheel	Sheldon	Ghosts	Big Brother (N)		CSI: Vegas "In the Blood"	News (N)	:35 The Late Show		:35 Corden	
8	8	KMSP FOX	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	MasterChef		Wel.Flatch	Call Me Kat	FOX 9 at 9:00 p.m. (N)		10 at 10 (N)	:35 PJFleck	:05 Access	:35 DishNat.
41	164	KPKM ION	Chicago "Due Process"		Chicago "Trouble Dolls"		Chicago P.D. "Safe"		Chicago P.D.		Chicago "The Other Side"		Chicago P.D. "Reform"		Chicago P.D.		Chicago P.D. "Promise"	
3	5	KXAS ABC	TwinCity	News (N)	News (N)	News (N)	News (N)	News (N)	Press Your Luck (N)		Generation Gap (N)		The Con (N)	News	:35 Jimmy Kimmel (N)		:35 Nightl.	
45	15	KSTC IND	Goldberg	Goldberg	Sheldon	Sheldon	Seinfeld	Seinf. 1/2	Friends	Friends 1/2	Last Man	Last Man	News (N)		2 Broke G.	2 Broke G.	Mom	Mom
11	11	KVLY NBC	Dr. Phil		News (N)	News (N)	News (N)	Wheel	Law&O. "Black and Blue"	Law & Order: S.V.U.	Crime "Lost One"		News (N)	:35 The Tonight Show		:35 Meyers		
10	10	WFTC MyTV	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	MasterChef		Wel.Flatch	Call Me Kat	FOX 9 at 9:00 p.m. (N)		10 at 10 (N)	:35 PJFleck	:05 Access	:35 DishNat.
23	7	WUCW CW	Fam. Feud	FunnyAsk	2½ Men	2½ Men	Fam. Feud	Fam. Feud	Bump (N)	Whose Line	Chocolate (N)		News (N)	News (N)	News (N)	News (N)	Extra (N)	Daily (N)
120	42	A&E	The First 48		The First 48		The First 48		After the First 48		Accused: Guilty or		Interrogation Raw		:05 The First 48		:05 After the First 48	
152	58	AMC	★★★★ The Fugitive (1993, Thriller)	Sela Ward, Harrison Ford.					★★★★ Star Trek Beyond ('16, Act)	Zachary Quinto, Chris Pine.		:45	★★★★ Star Trek (2009, Sci-Fi)	Zachary Quinto, Chris Pine.				
260	44	ANPL	Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch	
59	28	B10	B1G Today		NCAA Soccer West Virginia vs. Penn State (L)				Eats	NCAA Soccer Rhode Island at Penn State (L)			NCAA Football Classics		B1G Video Recall		Foot.60	
156	59	BRAVO	Shahs of Sunset		Shahs "High and Dry"		Southern Charm		Southern Charm (N)	Southern Charm (N)	★★★★ Walk the Line ('05, Biography)		Reese Witherspoon, Joaquin Phoenix.					
56	27	BSNOR	Live on the Line		The Rally (N)			Pre-game	MLB Baseball Minnesota	Twins at Houston Astros Site: Minute Maid Park (L)			Post-game		Outdoor (N)		Rooster	Pre-game
320	54	CNBC	Fast Money		Mad Money		The News (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		The News	
308	22	CNN	The Lead (N)		The Situation Room (N)		OutFront (N)		A. Cooper 360 (N)		CNN Tonight (N)		Don Lemon Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360	
168	65	COMC	The Office	The Office	The Office	The Office	Daily Show	:45 Office	:20 The Office		:55 Office	The Office	The Office	The Office	Daily Show	:45 Office	:15 SouthPk	:45 SouthPk
330	3	CSPAN	9:00 U.S. House of Representatives		Floor proceedings of the U.S. House of Representatives.						Politics & Public Policy Today						Politics & Public	
190	45	DISC	3:00 BattleBots		BattleBots		BattleBots		BattleBots "CHAMPIONS: The Slugfest Part 4" (N)		BattleBots "Turning Up the Heat"						BattleBots	
210	38	DISN	Rapunzel's Tangled A		Rapunzel	Rapunzel	Bake-Off "Princesses"		★★★★ The Princess and the Frog		:45 Cat Noir		:10 BigCity	:35 BigCity	Miraculous	Miraculous	Jessie	Jessie
212	103	DISXD	GravityFalls	GravityFalls	Phineas	Phineas	GhostMolly	GhostMolly	GhostMolly	GhostMolly	BigCity	BigCity	Amphibia	Amphibia	GravityFalls	GravityFalls	BigCity	BigCity
164	66	E!	★★★★ Knocked Up ('07, Comedy)	Katherine Heigl, Seth Rogen.		★★★★ Happy Gilmore ('96)	Adam Sandler.		★★★★ The Waterboy ('98)	Adam Sandler.			Nightly (N)				Celebrity Game Face	
50	24	ESPN	Horn	Interrupt	SportsCenter (N)		Baseball Little League World Series (L)		Heisman		Herbies Pre-season		SportsCenter (N)				SportsCenter (N)	
51	25	ESPN2	NFL Live		Daily Wager (L)		The Power Rankings		30 for 30		30 for 30		30 for 30		30 for 30		Herbies Pre-season (N)	
304	51	FNC	The Five		Special Report		Jesse Watters Primetime		Tucker Carlson		Hannity		The Ingraham Angle		Gutfeld!		Fox News @ Night (N)	
268	34	FOOD	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	BeatPlay (N)	Beat Play	It's CompliPlated (N)		Beat Play	Beat Play	Beat Play	Beat Play
128	37	FREE	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Good Trouble (N)		The 700 Club		Simpsons	Simpsons
66	71	FS1	The Herd		NASCAR Race Hub (L)		:25 FIFA Soccer U-20 World Cup (L)		Road/Glory		2021Copa	GC: Finals	:50 FIFA Soccer U-20 World Cup (L)				WWE SmackDown	
154	60	FX	Movie		★★★★ Deadpool ('16, Act)	Morena Baccarin, Ryan Reynolds.		★★★★ The Fate of the Furious (2017, Action)	Dwayne Johnson, Vin Diesel.		★★★★ The Fate of the Furious ('17)	Vin Diesel.						
155	148	FXX	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	Demon (N)	Demon (N)	Demon	Demon	FamilyGuy	FamilyGuy
65	75	GOLF	12:00 PGA Golf		Golf Central (L)		Korn Ferry Golf				PGA Golf Tour Championship Round 1 Site: East Lake Golf Club -- Atlanta, Ga.							
124	32	HALL	3:00 A Country Wed...		★★ A Royal Winter ('17)	Merritt Patterson.			★ Dating the Delaneys ('22)	Rachel Boston.		G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls
400	401	HBO	3:50 WWorld	:50	★★★★ Jurassic Park (1993, Sci-Fi)	Laura Dern, Sam Neill.			House of the Dragon		:10 ★ King Richard (2021, Biography)	Aunjanue Ellis, Will Smith.		:35 Real Sports		Movie		
248	35	HGTV	No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno		No Demo Reno (N)		HouseHunt.	House	HouseHunt.	House	No Demo Reno	
180	43	HIST	Mountain Men		Mountain "Strike it Rich"		Mountain Men		Alone "Frost Bound"		Alone "The Edge" (N)		:05 Alone	:35 Alone	:05 Alone "The Edge"		:05 Alone "Frost Bound"	
132	29	LIFE	Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		:05 Rizzoli & Isles		:05 Rizzoli & Isles		:05 Rizzoli & Isles		Rizzoli & Isles	
422	420	MAX	3:40 ★ Unlocked		:20 ★★ After the Sunset ('04)	Pierce Brosnan.		★ Casa de Mi Padre ('12)	Will Ferrell.		:25 ★ Borat: Cultural L...		:50 ★★ Just Married ('03)	Ashton Kutcher.		Movie		
324	52	MSNBC	3:00 Deadline (N)		The Beat (N)		The ReidOut (N)		All in Chris Hayes (N)		Alex Wagner (N)		The Last Word (N)		The 11th Hour (N)		Alex Wagner Tonight	
188	152	NGEO	Zero "Primal Ways"		Zero "Hungry Winter"		Zero "Change of Plans"		Zero		Extra Grit (N)		Extra Grit (N)		Running Wild		Extra Grit	
100	23	NEWSN	NewsNation (N)		NewsNation (N)		On Balance (N)		NewsNation Prime (N)		Dan Abrams Live (N)		Banfield (N)		NewsNation Prime		Dan Abrams Live	
228	39	NICK	To Be Announced				★ Sonic the Hedgehog ('20, Fam)	James Marsden, Jim Carrey.		★ Friends		Friends	Friends	Friends	Friends	Friends	Friends	Friends
69	72	OUT	The Choice	Driven	Wicked Tuna		Bowlife	In Out	Freaks	Headhunt	McMillan	Bowhunt	Bow Mad	The One	Eastman	Legend Fall	The Hunt	Bone
137	31	OXY	Snapped: Killer Couples		Snapped: Killer Couples		Buried in the Backyard		Buried in the Backyard		Dateline: Unforgettable		"Somebody's Daughter"		Dateline "Return to the Lonely Road"			
116	64	PARMT	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	★★★ The Hitman's Bodyguard ('17, Act)	Samuel L. Jackson, Ryan Reynolds.		★★★ Bad Teacher ('11)	Cameron Diaz.					
440	435	SHOW	★★★★ Rounders ('98)	Matt Damon.			:15 ★ Equity ('16, Dra)	James Purefoy, Anna Gunn.		★ Infinite Storm ('22)	Naomi Watts.		:45 City on a Hill		:45 Flatbush		:15 VICE	:45 ★ Bull
160	47	SYFY	2:50 ★ Sharknado 3: O...		:55 ★★ Sharknado: The 4th Awakens	Tara Reid.		★★ Sharknado 5: Global Swarming	Ian Ziering.		The End is Nye (N)		:05 ★★ The Hulk ('03)	Eric Bana.				
104	61	TBS	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad
148	57	TCM	3:00 ★ The Miracle of ...		★★★★ The Bad and the Beautiful	Lana Turner.		★ Beauty And The Bandit			★ Robin Hood of Mont...		:45 ★★ Apache War Smoke ('52)	Gilbert Roland.		Movie		
172	46	TLC	Seeking Sister Wife		SisterW. "Brazil or Bust"		Bad Hair "Bye, Alopecia"		Pimple "Eggs Lipoma"		Dr. Pimple Popper (N)		My 600-lb Life "Gina's Story"				Pimple "Eggs Lipoma"	
449	455	TMC	3:30 ★ John & The Hole		:15 ★★ Zeroville ('19)	Megan Fox, James Franco.		★★★★ The Lobster ('15)	Colin Farrell.				★★★★ The Killing of a Sacred Deer	Colin Farrell.		:05 ★★ Lamb		
108	63	TNT	Movie		★★ Terminator: Dark Fate ('19)	Linda Hamilton.		:15 ★★ Rampage ('18, Act)	Malin Akerman, Dwayne Johnson.		★★★★ Kong: Skull Island ('17)	Tom Hiddleston.						
220	40	TOON	Titans!	Titans!	Victor (N)	Victor/ Victor	Titans!	Titans!	King of H.	King of H.	BobBrg	BobBrg	Amer. Dad	Amer. Dad	Amer. Dad	Morty	Genndy T	Robot
264	33	TRAVEL	Paranormal		Paranormal		Paranormal		Paranormal Caught on Camera (N)		Fright Club (N)		Fright Club		Paranormal			
272	48	TruTV	FastFood	FastFood	FastFood	FastFood	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	101Place	InsideJoke	InsideJoke	InsideJoke	101 Places
232	41	TVLAND	A. Griffith	A. Griffith	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Queens	Queens	Queens	Queens
112	62	USA	SVU "Real Fake News"		SVU "Spellbound"		SVU "Conversion"		Chrisley	Chrisley	Chrisley	ADillon (N)	Snake in the Grass	Chrisley	Chrisley	Austin Dill	Austin Dill	
136	30	WE	C.Minds "Foundation"		Criminal Minds		C.Minds "The Company"		Waka & Tammy		Waka & Tammy (N)		Monogamy (N)		Waka & Tammy		Super Sized Salon	

Godzilla: King of the Monsters

TNT 2:00 pm

Ancient monsters known as Titans rise again, threatening the fate of humanity in this sci-fi film. Cryptozoological agency Monarch fights for humankind while Titans Godzilla, Mothra, Rodan and Ghidorah battle for the title of King of the Monsters.

The Janes

HBO 5:00 pm

This documentary follows a group of women in the 1970s who risk their personal and professional lives to support their fellow women with unwanted pregnancies. Directed by Tia Lessin and Emma Pil-des, this film is a timely reaction to recent U.S. events.



Sumit and Jenny from “90 Day Fiancé: Happily Ever After”

Diners, Drive-Ins and Dives

Food 8:00 pm

Guy Fieri is driving across North America in search of some of the most interesting and unique restaurants around. As Guy seeks out some of the best crazy creations around in this new episode, he eats savory crepes, Mexican pollo and a falafel waffle.

90 Day Fiancé: Happily Ever After?

TLC 9:00 pm

Jenny and Sumit reveal their secret to his parents in a new episode of this reality spinoff, while Andrei’s slip-up about Libby’s possible career move shocks Chuck. Also, Kim comes under fire over her future plans and Jovie struggles with Yara’s partying.

FRIDAY EVENING, AUGUST 26, 2022

P – PAUL BUNYAN COMMUNICATIONS
M – MIDCONTINENT COMMUNICATIONS

	P	M		4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
7	4	CBWT	CBC	Downton Abbey			TravelMan	CBC Winnipeg News (N)	CorrieSt (N)	JFL: Gags	Standing	RunBurbs	Comedy Festival (N)	The National (N)		News (N)	:35 The Tonight Show	:35 Meyers	:35 Exhibit.
6	6	KARE	NBC	News (N)	Jeopardy	News (N)	News (N)	News (N)	News (N)	American Ninja Warrior	"National Finals 2"		Dateline NBC	News (N)		:35 The Tonight Show	:35 Amanpour/Company		:35 Meyers
9	9	KAWK	PBS	Odd Squad	Arthur	Molly	News	PBS Newshour (N)	Almanac	Chavis	W.Week	Cap. Report	Firing Line	News	News	News			
4	12	KCCW	CBS	WCCO 4 at Fair (N)		News (N)	News (N)	News (N)	Wheel	Celebrity Renovation (N)	Blue Blood	"On the Arm"	BlueB. "The Reagan Way"	News (N)		:35 The Late Show	:35 Corden		:35 Corden
8	8	KMSP	FOX	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	WWE SmackDown (L)			News (N)	Enough (N)	News	:35 TMZ (N)	:05 Access	:35 DishNat.	:35 DishNat.
41	164	KPKM	ION	Hawaii Five-0		Hawaii Five-0	"Kai e'e"	Hawaii 5-0	"E Malama"	Hawaii Five-0		Hawaii 5-0	"Loa Aloha"	Hawaii Five-0		Hawaii Five-0		Hawaii Five-0	"Ho'opa'i"
3	5	KXAS	ABC	TwinCity	News (N)	News (N)	News (N)	News (N)	News (N)	Shark Tank		20/20		News	:35 Jimmy Kimmel	:35 Nightl.			:35 Nightl.
45	15	KSTC	IND	Goldberg	Goldberg	Sheldon	Sheldon	Seinfeld	Seinf. 2/2	Friends 2/2	Friends	Last Man	Last Man	News (N)		2 Broke G.	2 Broke G.	Mom	Mom
11	11	KVLY	NBC	Dr. Phil		News (N)	News (N)	News (N)	Wheel	American Ninja Warrior	"National Finals 2"		Dateline NBC	News (N)	:35 The Tonight Show	:35 Meyers			:35 Meyers
10	10	WFTC	MyTV	Judge Judy	Judge Judy	News (N)	:25 News	News (N)	News (N)	WWE SmackDown (L)			News (N)	Enough (N)	News	:35 TMZ (N)	:05 Access	:35 DishNat.	:35 DishNat.
23	7	WUCW	CW	Fam. Feud	FunnyAsk	2½ Men	2½ Men	Fam. Feud	Fam. Feud	Killer Camp (N)		Animals	Animals	News (N)	News (N)	News (N)	News (N)	Extra (N)	Daily (N)
120	42	A&E		The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		:05 The First 48	:05 The First 48		:05 The First 48
152	58	AMC		3:30	★★★★ Groundhog Day ('93) Bill Murray.		★★★★ Beetlejuice ('88) Michael Keaton.		★★★★ Beetlejuice ('88) Michael Keaton.		★★★ The Great Outdoors ('88) Dan Aykroyd.		★★★★ Beetlejuice ('88) Michael Keaton.						
260	44	ANPL		Tanked!		Tanked!		Tanked!		Tanked: Sea-lebrity		To Be Announced							Tanked: Sea-lebrity
59	28	B10		B1G Today		NCAA Soccer BYU vs. Ohio State (L)		B1G Show	Big Ten Elite		NCAA Football Classics	B1G Show	NCAA Football Classics	B1G Show	NCAA Football Classics	B1G Show	B1G Show	B1G Show	B1G Show
156	59	BRAVO		3:00	★ The Fast & the F...	★★★ Too Fast Too Furious ('03) Paul Walker.		★★★ Fast and Furious ('09) Vin Diesel.		★★★ The Fast and the Furious ('01) Vin Diesel.		★ Too Fast Too Furious							★ Too Fast Too Furious
56	27	BSNOR		Live on the Line		The Rally (N)		Pre-game	MLB Baseball San Francisco Giants at Minnesota Twins Site: Target Field (L)		Post-game	18 Holes		WideLife	Pre-game				Pre-game
320	54	CNBC		Fast Money	Options	Mad Money		The News (N)	Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		The News		The News
308	22	CNN		The Lead (N)		The Situation Room (N)		OutFront (N)	A. Cooper 360 (N)		CNN Tonight (N)		Don Lemon Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360		Anderson Cooper 360
168	65	COMC		South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	Esther Povitsky	South Park	South Park	South Park
330	3	CSPAN		2:00	Public Affairs Events	Public affairs events, congressional hearings, speeches, and interviews.		Politics & Public Policy Today									Politics & Public		Politics & Public
190	45	DISC		GoldRushTurinMine		GoldRushTurinMine		GoldRushTurinMine	Gold Rush: Pay Dirt (N)		GoldRushTurinMine (N)		Opal Hunters (N)		OpalHunt "Smashed" (N)		Gold Rush	"Forging On"	"Forging On"
210	38	DISN		Rapunzel	Rapunzel	★★ Descendants 2 ('17) Dove Cameron.		★★★★ Tangled ('10) Mandy Moore.	:45 Hamster		:10 Hamster	:35 Villains	Ultra Violet	Raven	Raven	Jessie			Jessie
212	103	DISXD		GravityFalls	GravityFalls	Phineas and Ferb		Roman	Roman	Roman	Roman	Roman	Roman	Roman	Roman	BigCity	BigCity	BigCity	BigCity
164	66	E!		Movie	★★★ Happy Gilmore ('96) Adam Sandler.		★★★ The Waterboy ('98) Adam Sandler.		★★★ Billy Madison ('95) Adam Sandler.		Celeb-Beef	Celeb-Beef	Celeb-Beef	Celeb-Beef	Celeb-Beef	Celeb-Beef	Celeb-Beef	Celeb-Beef	Celeb-Beef
50	24	ESPN		Horn	Interrupt	SportsCenter (N)		Baseball	MLS Soccer Los Angeles FC at Austin FC (L)		:15 MLS Soccer Seattle Sounders FC at Portland Timbers (L)						SportsC. (N)		SportsC. (N)
51	25	ESPN2		Boxing	C. Football	Daily Wager (L)		H.S. Football Kickoff -- Norcross, Ga. (L)			Heisman	CFL Football	Saskatchewan Roughriders at BC Lions (L)						
304	51	FNC		The Five		Special Report		Jesse Watters Primetime	Tucker Carlson		Hannity		The Ingraham Angle	Gutfeld!		Fox News @ Night (N)			Fox News @ Night (N)
268	34	FOOD		Diners	Diners	Diners	Diners	Diners	Diners	Diners (N)	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
128	37	FREE		FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	The 700 Club	Simpsons	Simpsons	Simpsons
66	71	FS1		2:00	Saratoga Live (L)		M.Racing Castle Rock TT	NCAA Volleyball Texas at Ohio State (L)		NCAA Football Classics	Michigan vs. Iowa								
154	60	FX		Movie	★★★ The A-Team (2010, Action) Bradley Cooper, Liam Neeson.		★★★★ 22 Jump Street ('14) Jonah Hill, Channing Tatum.		★★★★ 22 Jump Street ('14) Jonah Hill, Channing Tatum.		★★★★ 22 Jump Street ('14) Jonah Hill, Channing Tatum.								
155	148	FXX		Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	Sunny	Sunny
65	75	GOLF		12:00	PGA Golf	Golf Central (L)		CHAMPS Golf Ally Challenge		Korn Ferry Golf								PGA Golf Tour Championship	
124	32	HALL		3:00	★★★ Love on the Menu	★★★ Love on the Sidelines ('16) Emily Kinny.		★ An Unexpected Christmas ('21) Bethany Joy Lenz.		G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls
400	401	HBO		3:25	★★★ Ginger & Rosa	★ The Janes (2022, Documentary)	:45 Rehears!	:20	★★★ Ride Along ('14) Kevin Hart, Ice Cube.		To Be Announced		House of the Dragon	:10 To Be Announced					
248	35	HGTV		Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.
180	43	HIST		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens (N)		:05 Ancient Aliens	:05 Ancient Aliens	:05 Ancient Aliens	:05 Ancient Aliens	:05 Ancient Aliens	:05 Ancient Aliens
132	29	LIFE		Castle "Castle, P.I."		Castle		Castle "I, Witness"		Castle "Resurrection"		Castle "Reckoning"		:05 Castle	:05 Castle	Castle "Resurrection"			Castle "Resurrection"
422	420	MAX		3:20	★★★★ The Book Thief	★★★ The Accidental Spy Jackie Chan.		★ Hunter Hunter ('20) Camille Sullivan.		:05 ★ Collide ('16) Nicholas Hoult.	:40	★★★ Mindhunters Eion Bailey.							
324	52	MSNBC		3:00	Deadline (N)	The Beat (N)		The ReidOut (N)		All in Chris Hayes (N)	Alex Wagner (N)		The Last Word (N)		The 11th Hour (N)		Alex Wagner Tonight		Alex Wagner Tonight
188	152	NGEO		Running Wild		Dog "Front of the Pack"		Better Dog		Better Dog "Silent Biter"	Better Dog (N)		Better Dog (N)		Better Dog		Better Dog		Better Dog
100	23	NEWSN		NewsNation (N)		NewsNation (N)		On Balance (N)		NewsNation Prime (N)	Dan Abrams Live (N)		Banfield (N)		NewsNation Prime		Dan Abrams Live		Dan Abrams Live
228	39	NICK		★ The SpongeBob Movie: Sponge Out of Water		★ Sonic the Hedgehog ('20, Fam) James Marsden, Jim Carrey.		Friends		Friends			Friends		Friends		Friends		Friends
69	72	OUT		Fowl Life	The Flush	Wicked Tuna		Longmire		Kid Rodeo		★ To Be Announced							★ To Be Announced
137	31	OXY		Snap. "Geraldine Jones"		Mark of a Serial Killer		Mark of a Serial Killer		Kemper on Kemper			Snapped "Angel Sawyer"		Snap. "Susan Gigliotti"		Dateline: Unforgettable		Dateline: Unforgettable
116	64	PARMT		2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	★★★★ Ocean's Eleven (2001, Crime Story) Brad Pitt,		George Clooney.		★★★★ Knives Out ('19) Chris Evans, Daniel Craig.					
440	435	SHOW		3:00	★★★ Saturday Night...	★★★★ The Silence of the Lambs Jodie Foster.		★★★★ Death Proof ('07) Kurt Russell.		★★★★ Planet Terror Rose McGowan.	:45 The Chi								:45 Flatbush
160	47	SYFY		★★★ The Mummy: Tomb of the Dragon Emperor		★★★★ Twister (1996, Action) Bill Paxton, Helen Hunt.				The End is Nye (N)		Resident A "The Weight"		:05	★★★★ Gremlins				
104	61	TBS		Friends	Friends	Sheldon	Sheldon	Sheldon	Sheldon	★★★ Pitch Black ('00) Cole Hauser, Vin Diesel.		:05	★★★ The Chronicles of Riddick ('04) Vin Diesel.		:25	★★★ Ted 2			
148	57	TCM		Movie	:45	★ Making of a Legend: Gone With the Wind		★ Gone With the Wind											★ Waterloo Bridge
172	46	TLC		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé "More to Love: Tell All Part 2" (N)		90 Day Fiancé (N)		The Family Chantel		90 Day Fiancé			90 Day Fiancé
449	455	TMC		3:15	★ Ain't Them Bod...	:55	★★★★ Shakespeare in Love ('98) Joseph Fiennes.		★ Vox Lux ('18, Dra) Jude Law, Natalie Portman.		★★★★ The Bling Ring Katie Chang.	:35	★★★★ Hot Summer Nights						
108	63	TNT		Movie	★★★ Rampage ('18) Dwayne Johnson.		★★★★ Kong: Skull Island ('17) Tom Hiddleston.				All Elite W: Rampage (N)	★★★★ Space Cowboys ('00) Clint Eastwood.							
220	40	TOON		Titans!	Titans!	Victor/ Victor/ Victor/ Victor	Titans!	Titans!	King of H.	King of H.	Futurama	Futurama	Amer. Dad	Amer. Dad	Amer. Dad	Morty	TucaBertie	TucaBertie	TucaBertie
264	33	TRAVEL		Places "Tour of Fright"		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures "Sounds From the Grave" (N)		Ghost Adventures		Ghost Adventures			Ghost Adventures
272	48	TruTV		Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
232	41	TVLAND		A. Griffith	A. Griffith	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Queens	Queens	Queens	Queens
112	62	USA		NASCAR Auto Race Coke Zero 400 (L)		Austin Dill		Countdown		NASCAR Auto Racing Wawa 250 (L)		Xfinity Post		★★★★ Doctor Strange ('16) Benedict Cumberbatch.					
136	30	WE		3:30	C.Minds	Criminal Minds "Hit"		Criminal Minds "Run"		Love After Lockup "Most Wanted"		Love After Lockup (N)		S. Salon "He's a Dog" (N)		Love After Lockup			Love After Lockup

The Pioneer Woman

FOOD 9:00 am

Host Ree Drummond puts a twist on summer eats in this new episode. She starts out making a coconut shrimp salad and seasonal summer vegetable enchiladas. Then she makes corn cakes with avocado salsa and finishes with cool, tropical lime parfaits.

Hidden Gems

HALL 5:00 pm

While preparing for her sister’s wedding, Addie (Hunter King) loses her grandmother’s ring in the ocean off the coast of Hawaii. She hires Jack (Beau Mirchoff), a sailor, to scuba dive with her to find it and rediscovers her love of the sea along the way.



Hunter King and Beau Mirchoff in “Hidden Gems”



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SATURDAY EVENING, AUGUST 27, 2022

P – PAUL BUNYAN COMMUNICATIONS
M – MIDCONTINENT COMMUNICATIONS

			4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
7	4	CBWT CBC	3:00 WR Rugby LA Sevens		Dragons' Den		News (N)	Writing	The Nature of Things		ShortFilm (N)		✱ Splinters (2018, Drama)				✱ Trouble in the Garden		
6	6	KARE NBC	1:30 PGA Golf Tour Championship (L)				NASCAR Auto Racing Coke Zero Sugar 400 Cup Series			Site: Daytona International			Speedway (L)		News (N)	Saturday Night Live			
9	9	KAWK PBS	America	Native	Lawrence Welk Show		PBS News	Ground	Legacy List		Red Green	Backroads	ABBA Forever: A Celebration			FloridaKeys	Austin City Limits		
4	12	KCCW CBS	Paid	Paid	News (N)	News (N)	News (N)	Wheel	FBI: Int. "The Kill List"		S.W.A.T.		48 Hours		News (N)	:35 News	:05 Paid	:35 In Touch	
8	8	KMSP FOX	3:30 Horse Racing		Fight (N)	Pre-game	MLB Baseball (L)		Vikings Game Day (L)		NFL Football Pre-season Minnesota Vikings at Denver Broncos (L)					FOX 9 News (N)			
41	164	KPKM ION	SVU "Betrayal's Climax"		SVU "Wednesday's Child"		SVU "Comic Perversion"		SVU "Gridiron Soldier"		SVU "Gambler's Fallacy"		SVU "Criminal Stories"		SVU "Downloaded Child"		SVU "Beast's Obsession"		
3	5	KSAX ABC	2:30 Baseball		News (N)	News (N)	News (N)	Shopper's	Home Videos		Home Videos		\$100,000 Pyramid		News (N)	:35 Castle		:35 Wipeout	
45	15	KSTC IND	S.W.A.T.		Queens	Queens	Goldberg	Goldberg	Black-ish	Black-ish	Friends	Friends	News (N)	Molly	Molly	Mom	Mom	Liquidator	
11	11	KVLY NBC	1:30 PGA Golf Tour Championship (L)				NASCAR Auto Racing Coke Zero Sugar 400 Cup Series			Site: Daytona International			Speedway (L)		News (N)	Saturday Night Live			
10	10	WFTC MyTV	3:30 Horse Racing		Fight (N)	Pre-game	MLB Baseball (L)		Vikings Game Day (L)		NFL Football Pre-season Minnesota Vikings at Denver Broncos (L)					FOX 9 News (N)			
23	7	WUCW CW	2:30 Soccer	Post-game	MNF	FunnyAsk	Fam. Feud	Fam. Feud	Chocolate Showdown		Illusion (N) Illusion		The National Desk (N)		MacGyver		Wrestlin	Carbonaro	
120	42	A&E	The First 48		The First 48		The First 48		The First 48		First Blood		Panic 9-1-1		:05 The First 48		:05 The First 48		
152	58	AMC	Movie	✱✱✱✱ Fast Times at Ridgemont High			Sean Penn.			✱✱✱✱ Uncle Buck ('89) John Candy.			:45 ✱✱✱✱ Sixteen Candles ('84) Molly Ringwald.	:45 ✱✱✱✱ The Breakfast Club					
260	44	ANPL	River Monsters		River Monsters		River Monsters		River Monsters: Deadliest Man-Eaters				Shark Academy		MysterioftheOcean		River Monsters		
59	28	B10	3:00 NCAA Football Wyoming at Illinois (L)			Football Post-game (L)			NCAA Volleyball Texas vs. Ohio State (L)			The B1G Show (N)		The B1G Show		The B1G Show			
156	59	BRAVO	2:30 ✱ Meet the Fockers	✱✱✱ Little Fockers ('10)		Ben Stiller.		✱✱✱ Meet the Parents ('00, Com) Robert De Niro, Ben Stiller.		✱✱✱ Meet the Fockers ('04, Com) Ben Stiller, Robert De Niro.									
56	27	BSNOR	2:30 Soccer	Post-game	American Ninja Warrior		AVP Beach Volleyball Manhattan Beach Open			WPT Poker		WPT Poker		The Rally Rewind (N)					
320	54	CNBC	American Greed		American Greed		American Greed		Shark Tank		Shark Tank		Shark Tank		Back in the Game		Back in the Game		
308	22	CNN	CNN Acosta (N)		CNN Brown (N)		CNN Brown (N)		CNN Brown (N)		Films "Roadrunner: A Film About Anthony Bourdain"			Stanley Tucci		Stanley Tucci "Rome"			
168	65	COMC	3:30 ✱ To Be Announced			✱ To Be Announced			✱ To Be Announced			✱ To Be Announced							
330	3	CSPAN	9:00 Washington This Week			Comms.			Washington This Week			Public Affairs Events			Public Affairs Events				
190	45	DISC	Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Star Law "Bucks Collide"		Lone Star Law		Lone Star Law		
210	38	DISN	:15 BigCity	:40 BigCity	:05 ✱✱✱✱ Happy Feet ('06) Robin Williams.				✱✱✱✱ Happy Feet Two		Elijah Wood.	:40 Hamster	:05 Hamster	BigCity	BigCity	Miraculous	Miraculous	Miraculous	
212	103	DISXD	GravityFalls	GravityFalls	GravityFalls	GravityFalls	Amphibia "All In"		Amphibia		Animals	Animals	Owl House	Owl House	GravityFalls	GravityFalls	GravityFalls	GravityFalls	
164	66	E!	1:45 ✱ Sex & the City 2		✱✱✱✱ Dirty Dancing ('87) Patrick Swayze.					✱✱✱ Sweet Home Alabama ('02) Reese Witherspoon.		✱✱✱✱ Walk the Line ('05) Joaquin Phoenix.							
50	24	ESPN	2:30 NCAA Football FCS Kickoff (L)		Scoreboard		NCAA Football MEAC/ SWAC Challenge Howard U. vs Alabama State (L)			Scoreboard			Boxing Top Rank Site: Hard Rock Hotel & Casino (Tulsa) (L)						
51	25	ESPN2	3:00 H.S. Football Kickoff (L)						H.S. Football Kickoff -- Dallas, Texas (L)			NCAA Football (L)							
304	51	FNC	The Big Saturday Show			Fox Report		Gutfeld!		One Nation		Unfiltered		Lawrence Jones		One Nation		Unfiltered	
268	34	FOOD	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	
128	37	FREE	Movie	:50 ✱✱✱✱ Frozen ('13) Voices of Idina Menzel, Kristen Bell.						:20 ✱✱✱✱ Moana ('16) Auli'i Cravalho.			:50 ✱✱✱✱ Beauty and the Beast ('17) Emma Watson.						
66	71	FS1	3:00 NCAA Football Connecticut at Utah State (L)						WWE SmackDown			Inside PBC		MLB Baseball Cleveland Guardians at Seattle Mariners Site: T-Mobile Park (L)					
154	60	FX	2:30 ✱✱✱ X-Men: Apocalypse		✱✱✱ X-Men: Dark Phoenix ('19) James McAvoy.					✱✱✱✱ X-Men (2000, Sci-Fi) Famke Janssen, Hugh Jackman.			Undergrn "The Escape"		Undergrn				
155	148	FXX	Simpsons		Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	FamilyGuy	Archer	Archer	
65	75	GOLF	1:30 Golf	Korn Ferry Golf					Golf Central (L)		CHAMPS Golf Ally Challenge		USGA Golf U.S. Senior Women's Open		PGA Golf				
124	32	HALL	3:00 ✱ Romance in Style		✱ Hidden Gems ('22) Beau Mirchoff, Hunter King.					✱ Game, Set, Love ('22) Davida Williams.		✱ Roadhouse Romance ('21) Lauren Alaina.					G. Girls	G. Girls	
400	401	HBO	:10 ✱✱✱ The Hobbit: An Unexpected Journey ('12) Martin Freeman.						✱✱✱ The Hobbit: The Desolation of Smaug		Martin Freeman.	:45 House "The Heirs of the Dragon"				:55 ✱✱✱✱ Man of Steel			
248	35	HGTV	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Help! I Wrecked (N)		Help! I Wrecked My (N)		Help! "Heavy Repacks"		Help! I Wrecked My		
180	43	HIST	A. Pickers "Van-Tastic"		American Pickers		American Pickers		American Pickers		American Pickers (N)		:05 American Pickers (N)		:05 American Pickers		:05 American Pickers		
132	29	LIFE	3:00 ✱ Suburban Swing...		✱ Temptation Under the Sun ('22) Annika Foster.					✱ Bodyguard Seduction Jessica Morris.		:05 ✱ Tempted by Danger Keshia Knight Pulliam.			✱ Bodyguard Seduction				
422	420	MAX	3:15 ✱ The Bourne Iden...		:15 ✱✱✱ The Haunting in Connecticut					✱✱✱ Cobra ('86) Sylvester Stallone.		✱✱✱ Street Kings ('08) Keanu Reeves.		:20 ✱✱✱✱ 12 Years a Slave ('13) Chiwetel Ejiofor.					
324	52	MSNBC	PoliticsNation (N)			American Voices (N)		American Voices (N)		Ayman (N)		Ayman (N)		American Voices		Ayman		Ayman	
188	152	NGEO	Madrid			Madrid "Dirty Dealing"		Madrid "Khat Corridor"		Madrid		Narco Wars (N)		Narco Wars		Madrid		Narco Wars	
100	23	NEWSN	Blue Bloods		Blue Bloods		NewsNation Prime (N)		NewsNation Prime (N)		NewsNation Prime (N)		NewsNation Prime		NewsNation Prime		NewsNation Prime		
228	39	NICK	SpongeBob	SpongeBob	SpongeBob	SpongeBob	✱ Sonic the Hedgehog ('20, Fam) James Marsden, Jim Carrey.		✱ Friends		Friends		Friends	Friends	Friends	Friends	Friends	Friends	
69	72	OUT	Viral	Wardens	Snow Trax	Nick's Ride	FarmWild	WildFed	MeatEater	Dead Meat	✱ To Be Announced			✱ To Be Announced					
137	31	OXY	Cold Justice		Killer "Shawn Grate"		Living/Serial Killer		Living/Serial Killer		Living/Serial Killer (N)		Mastermind of Murder		Cold Justice		Cold Justice "Room #10"		
116	64	PARMT	2:00 ✱ Ocean's Eleven		✱✱✱ Ocean's Thirteen (2007, Comedy) Brad Pitt, George Clooney.						✱✱✱✱ Knives Out (2019, Mystery) Chris Evans, Daniel Craig.			✱✱✱ Ocean's Thirteen					
440	435	SHOW	✱✱✱✱ Lady Bird ('17) Saoirse Ronan.		:45 ✱✱✱✱ Message in a Bottle ('99) Kevin Costner.						✱ As They Made Us Simon Helberg.		:40 ✱✱✱✱ Love Actually ('03) Hugh Grant, Emma Thompson.						
160	47	SYFY	2:55 ✱✱✱✱ Twister ('96) Helen Hunt.		✱✱✱ 2012 (2009, Action) Amanda Peet, John Cusack.								The End is Nye (N)		✱✱✱✱ The Book of Eli ('09) Denzel Washington.				
104	61	TBS	3:00 ✱✱✱ Game Night		✱✱✱✱ Tag ('18) Annabelle Wallis, Jeremy Renner.			Amer. Dad		Amer. Dad	Amer. Dad	Amer. Dad	BobBrg	BobBrg	BobBrg	BobBrg	✱✱✱ Vacation Ed Helms.		
148	57	TCM	3:00 ✱ How to Marry a...		✱✱✱✱ Monkey Business ('52) Cary Grant.			✱✱✱✱ The Seven Year Itch ('55) Marilyn Monroe.		✱✱✱✱ Gentlemen Prefer Blondes Marilyn Monroe.		✱✱✱✱ Some Like It Hot							
172	46	TLC	90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		1000-lb Sisters		1000-lb Sisters		1000lb "End of an Era"		1000-lb Sisters		1000-lb Sisters		
449	455	TMC	✱✱✱✱ Vampire Academy			:45 ✱✱✱ Primal Fear ('96, Susp) Laura Linney, Richard Gere.			✱ 13 Fanboy ('21) Dee Wallace.			:45 ✱ Last of the Grads ('21) Brian Anguoli.		Movie					
108	63	TNT	:15 ✱✱✱ Armageddon (1998, Adventure) Liv Tyler, Bruce Willis.					:15 ✱✱✱✱ Independence Day (1996, Sci-Fi) Bill Pullman, Will Smith.					:15 ✱✱✱✱ Armageddon ('98) Liv Tyler, Bruce Willis.						
220	40	TOON	Gumball	Gumball	✱✱✱ The Lorax ('12, Ani) Taylor Swift, Zac Efron.				King of H.		King of H.	Futurama	Amer. Dad	Amer. Dad	Amer. Dad	Morty	To Be Announced		
264	33	TRAVEL	Paranormal		Paranormal		Paranormal		Paranormal		Paranormal		Ghost Brothers: (N)		Ghost "Hotel Hell"		Paranormal		
272	48	TruTV	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	
232	41	TVLAND	Molly	Molly	Molly	Molly	2½ Men	:35 2½ Men	:10 2½ Men	:45 2½ Men	:20 Two and a Half		:55 2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	2½ Men	
112	62	USA	3:00 ✱✱✱✱ Guardians of the Galaxy Vol. 2			✱✱✱ Doctor Strange ('16) Benedict Cumberbatch.						✱✱✱✱ Guardians of the Galaxy Vol. 2 ('17, Act) Zoe Saldana, Chris Pratt.							
136	30	WE	NCIS "Caught on Tape"		NCIS "Pop Life"		NCIS "An Eye for an Eye"		NCIS "Bikini Wax"		NCIS "Conspiracy Theory"		NCIS "Red Cell"		NCIS "Hometown Hero"		NCIS "SWAK"		

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Solution on page 6.