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INSIDE
SPRING
SPORTS WRAP
SPECIAL SECTION

In need of more nurses

Staffing shortages affecting local nursing homes

By **Thalen Zimmerman**
Alexandria Echo Press

DOUGLAS COUNTY — The American Health Care Association, which represents more than 14,000 nursing homes across the U.S., recently released the results of a survey that shows the industry faces a “serious staffing and economic crisis.”

“The survey shows the severe and persistent workforce shortage nursing home providers have been facing with too many facilities still struggling to hire and retain staff despite making every effort,” said Mark Parkinson, president and CEO of AHCA, in a press release.

Local nursing homes are feeling the impact too.

“Definitely struggling with staffing,”



Fischer

said Missy Englund, licensed assisted living director at Brandons Assisted Living.

“There’s been positions that we’ve had open for a while. Both throughout here (Brandon) and our sister facilities.”

“Over the last couple of years, it’s been extremely hard to find and retain staff,” said Kayla Thoennes president/owner of Woodcrest Assisted Living in Alexandria. “It affects Woodcrest because as the owner, that (responsibility) now lays on myself to work shifts, which becomes an issue when I have office things to get done.”

NURSES: Page 12



Thalen Zimmerman / Alexandria Echo Press

Allison Moore, 8, of Maple Grove, uses a nylon detail brush to scrub away build-up on a gravestone at Kinkead Cemetery in Alexandria on Tuesday.

HISTORY RESTORED

‘48 State Tour’ helps clean and repair vandalized gravestones at Kinkead Cemetery

By **Thalen Zimmerman**
Alexandria Echo Press

Alexandria
60 volunteers from Fargo to Mankato, including representatives from five Minnesota historical societies took part in a free cemetery restoration and cleaning workshop at Kinkead Cemetery on Tuesday, July 5.

The event was run by the CEO of Atlas

Preservation and creator of 48 State Tour, Jonathan Appell, 61, of Southington, Conn.

48 State Tour began in 2020 with a mission to teach 48 communities across 48 states in 48 days how to properly take care of cemeteries while leading them in hands-on cleaning and repair demonstrations.

The workshops are free to the communities as they are sponsored

by Appell’s company, Atlas Preservation, which sells American-made products for restoration, conservation, and construction.

“It’s partially altruistic and part adventure — traveling all over the country — and it’s also to promote our company,” said Appell when asked why he began the endeavor.

Appell started the workshop with an

introduction to the history and geology of headstones and then focused on the issues of damage and vandalism at Kinkead specifically followed by a cleaning demonstration with the non-toxic D/2 Biological Solution developed by conservators, which removes the debris while also protecting the stone from future dirt and grime.

CEMETERY: Page 12



Lowell Anderson / Echo Press

Hanah Hansen (left), a certified nursing assistant at Ecumen Bethany Community in Alexandria, chats with Evelyn LeSuer while checking her vital signs.

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Severe damage from 2 tornadoes tops \$20M

Some debris still remains in Maple Lake

By **Celeste Edenloff**
Alexandria Echo Press

DOUGLAS COUNTY — More cleanup is being proposed for Maple Lake after a tornado ripped through the Forada area, which includes Maple Lake, May 30, leaving behind tons of debris.

Douglas County Land and Resource Management Director Dave Rush told Douglas County Commissioners at their regular board meeting Wednesday, July 6, that the first round of cleanup was a



Contributed

Dave Rush, Douglas County Land and Resource Management director, second from right, talks with others who helped in the clean-up efforts on Maple Lake after a tornado left a ton of debris in the lake.

success. During a three-day period — June 22 through June 24 — more than a 100 cubic yards of construction and demolition waste was pulled from the lake,

along with 40 cubic yards of mixed municipal waste and 60 cubic yards (about 2 tons) of metal, including steel and aluminum.

DAMAGE: Page 9

School Board candidate drops out of race

Here are responses for position 4 primary

By **Al Edenloff**
Alexandria Echo Press

ALEXANDRIA — One of the candidates running for position 4 on the Alexandria School Board has dropped out of the race.

In a July 1 email to the newspaper, Dennis Conn said he has decided not to run for school board.

His name, however, will still be on the ballot for the Aug. 9 primary, because the period to withdraw from the race ended on June 2, according to Vicki Doe-

hling, Douglas County elections administrator.

The two other candidates for position 4, incumbent Sandy Susag and challenger Laura Knudsen, remain in the race.

To provide more information about the Alexandria School Board candidates who are running in the Aug. 9 primary election, the Echo Press sent out questionnaires. The Wednesday, July 6 Echo Press included responses from the four candidates vying for position 3 — Lynne Lommen, Joel Novak, Greg Odell and Shawn Reilly.

BOARD: Page 9

IN YOUR CORNER

Contact Us

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LAKES AREA FORECAST

We are over halfway through the summer now that we are well into July. The corn was more than knee high on July



Mark Anthony
Meteorologist

4th, so that appears to be a good sign for our area farmers. This is despite the fact that many farmers weren't able to get into the fields

until late due to heavy rain early this spring. Then we had severe weather that impacted west central and central Minnesota during the month of May. Farmers have also been dealing with high fuel prices, high fertilizer prices, and other issues when it comes to our

supply chain. With all of this, the crops still look to be in pretty good shape across the state.

We will see some scattered showers and thunderstorms possible over the weekend. The best chances for showers and thunderstorms will come on Sunday into Monday. However, there will be a slight chance of rain on Friday and Saturday. The winds will also pick up a bit once again over the weekend. Drier weather will return for Tuesday as high-pressure settles in across the Upper Midwest. Temperatures will be near average or above average for much of next week.

Enjoy the month of July as summer always goes by way too fast and we will see fall and cooler temperatures before we know it!

WEATHER HISTORY

On this date in 1974, it was hot all over Minnesota. Minneapolis hit a record high of 101 degrees F.

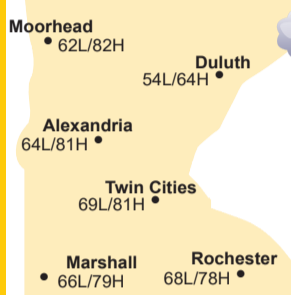
WEATHER FACT

Did you know urban areas often experience higher temperatures during the summer due to what is referred to as an "urban heat island"?

MN AT A GLANCE

Sunrise: 5:39 a.m. Sunset: 9:12 p.m.
Normal High: 81 Normal Low: 61

FRIDAY



High **81°**
Low **63°**
Winds: E 10-15 mph
Prec. Trace-.20"
Friday: Partly cloudy, 20% chance of rain.

A bit more unstable air mass will be with us over the weekend and into early next weekend. Some scattered showers and thunderstorms will be possible mainly Sunday into Monday, but also a slight chance on Friday and Saturday as well.

OUTLOOK

SATURDAY Partly cloudy, 20% chance of rain.



High **85°** Low **69°**
Winds: SSE 10-20 mph
Prec. Prec. Trace-.20"

SUNDAY Mostly cloudy, 50% chance of rain/t-storms.



High **73°** Low **55°**
Winds: SSW 15-25 mph
Prec. Prec. .20"-.50"

MONDAY Mostly cloudy, 30% chance of rain/t-storms.



High **82°** Low **63°**
Winds: NNW 10-20 mph
Prec. Prec. .10"-.30"

TUESDAY Mostly sunny.



High **81°** Low **62°**
Winds: NNW 10-15 mph
Prec. None

Your 5-day forecast is brought to you by Alomere Health

Photo of the Week



Contributed / Rick Gail

Rick Gail took this photo of a sailboat passing by the flag at his home on Lake Andrew on Monday evening. If you have a great photo, send it to Lowell Anderson at landerson@echopress.com.

FOR THE RECORD

Alexandria City Council Regular Meeting Monday, July 11

Where: The Mayor and City Council may participate in the City Council meeting remotely via telephone or video. Members of the public may participate via phone or other electronic means. Find more information at www.AlexandriaMN.city/events and click on the meeting date to display the link. If you wish to provide input to city staff and/or elected officials on matters before the City Council, please email publicinput@alexandriamn.city.

7 p.m. Pledge of Allegiance, moment of silence, approve agenda. Consent agenda: Approve minutes for June 22 city council meeting, approve minutes for June 22 special city council meeting, pay June bills

7:05 p.m. Licenses

A. Mobile food truck – Blowin'

Smoke LLC doing business as Blowin' Smoke BBQ & Catering

7:40 p.m. Old and other business

B. Temporary on-sale liquor license – BPOE Lodge 1685 doing business as Alexandria Elks Lodge 1685

7:50 p.m. Adjournment

7:10 p.m. Coalition of Greater Minnesota Cities update – Elizabeth Wefel

7:20 p.m. Resolutions and ordinances

A. Resolution appointing election judges

7:25 p.m. City Engineer Tim Schoonhoven

A. Highway Committee report

7:30 p.m. City attorney's items of business

A. 18th Avenue eminent domain update

7:35 p.m. City administrator's items of business

Note: The Alexandria City Council will convene a special City Council meeting at 4:30 p.m. to discuss the following items: Engineering/Street Department 2023 budget, 18th Avenue engineering agreement, Runestone Community Center expansion, American Rescue Plan Act priorities, and City Hall Broadway landscaping

Special note: Members of the public have the right to participate in the meeting by phone or other electronic means. To participate remotely via video, please go to our website, www.AlexandriaMN.city/events and click on the meeting date to display the link.

The above items are scheduled as of Wednesday, July 6, and are subject to change.



Growing to serve you better.

We've added over 50 new providers in the last ten years to meet the growing needs of our community.

Class of 2013:

- Samantha Aable, CNM
- Jayme Danielson, DO
- George "Dan" Kryder, MD
- Michael Kunstle, PA-C
- Kristine Pederson, PA-C
- Terrance Vanderheiden, DPM

Class of 2014:

- Dan Boll, PA-C
- Tim Busian, DO
- Shan Flatt, MD
- Greg Gesell, DO
- Dustin Lorentz, MD
- Sarah Sprengeler, MD

Class of 2015:

- Julie Anderson, FNP
- Gina Brown, MD
- Scott Harder, PA

Class of 2016:

- Josh Arickx, PA-C
- Jenna Mattocks, PNP
- Kurt Setterholm, PA-C
- Emma Wilson, PA

Class of 2017:

- James Andrews, DO
- Jessica Butanis, DO
- Scott Dack, PA
- Mitch Gesell, DO
- Leslie Kirscht, PA
- Timothy Lindley, MD
- Dane Mitteness, MD
- James Spaeth, PA-C

Class of 2018:

- Keri Anderson, PA-C
- Aaron Balgaard, MD
- Aaron Crowder, MD
- Demetra Heinrich, MD
- Emily Monroe, MD
- Jess Radermacher, PA-C

Class of 2019:

- Maxwell Berscheit, CNP
- Rebecca Brugger, MD
- Holly Eischens, AuD
- Sarah Harvey, MD
- Jonathan Harvey, MD
- Ben Kitt, DO
- Joe Marvin, MD
- William Richards, DO
- Sarah Rusch, PA
- Steve Solum, MD

Class of 2020:

- Skyler Dahlseng, MD
- Emma Erickson, MD
- Allison Juba, DO
- Trista Ostantoski, MD
- Marion Raflores, MD
- Amanda Wilson, DO
- Leann Zimny, PA-C

Class of 2021:

- David "Chase" Feivor, PA-C
- Allen Medway, MD

Class of 2022:

- Mindy Ames, NP
- James Nelson, MD

And coming in 2023:

- Jazmine Nesvik, MD
- Nathan Nelson, MD

Our providers are committed to getting to know your full-health story, listening to your concerns, and walking with you and your family for years to come.

You can read each of their biographies on our website, AlomereHealth.com. Click the "Alexandria Clinic" link at the top right, and then "Find a Provider" on the bottom right navigation.



ALOMERE
HEALTH

It's better here.

The chimney of a house was cracked and moved away from the foundation after an explosion occurred on the inside of the house. The homeowner, Scott Bany, suffered extensive burns and was airlifted by LifeLink from the scene.

Celeste Edenloff / Alexandria Echo Press



Holmes City man hurt in house explosion

By Celeste Edenloff
Alexandria Echo Press

HOLMES CITY — A Holmes City man was injured when an explosion happened inside his home Tuesday, July 5.

The Douglas County Sheriff's Office was called to a residence at 6128 County Road 4w

southwest in Holmes City at 11:51 a.m.

The homeowner, Scott Bany, 62, was the only one home at the time. He was injured in the explosion, receiving burns to several parts of his body, according to a family member on scene. Bany was treated by North Memorial Ambulance personnel

and then airlifted by LifeLink III for further medical treatment.

The State Fire Marshal's Office was summoned to the scene to assist with the investigation. The Alexandria Fire Department also responded to the scene.

According to Alexandria Fire Chief Jeff Karrow, his firefight-

ers have been busy as they also responded to a house fire around 1:30 a.m. Tuesday at a residence at 1907 North McKay Avenue and also responded to a large dumpster fire shortly after 5:45 a.m. at McDonald's at 853 Highway 29 North.

Email reporter Celeste Edenloff at cedenloff@echopress.com.

DOUGLAS COUNTY COURT REPORT: JUNE 23-30

DOUGLAS COUNTY DISTRICT COURT

Thursday, June 23

Boerner, Jessica Rae, Alexandria; Felony fifth degree controlled substance crime — possession of a Schedule II controlled substance in excess of one dosage unit, commit to commissioner of corrections correctional facility in Shakopee for 12 months and 1 day, stayed for 5 years, 68 days local confinement with 68 days credit for time served, \$354.45 fees, conditions of the court, 5 years supervised probation, concurrent

Boerner, Jessica Rae, Alexandria; Felony fifth degree controlled substance crime — methamphetamine possession in excess of .25 grams, commit to commissioner of corrections correctional facility in St. Cloud for 12 months and 1 day, stayed for 5 years, 92 days local confinement with 61 days credit for time served, \$275 fees, conditions of the court, 6 months unsupervised probation

Wednesday, June 29

Platt, Dylan Jesse, Alexandria; Felony motor vehicle theft, commit to commissioner of corrections correctional facility in St. Cloud for 13 months, stayed 3 years, 276 days local confinement with 184 days credit for time served, \$350 fees, conditions of the court, 3 years supervised probation

Thursday, June 30
Affeldt, Tristan Lee, Alexan-

dria; Felony fifth degree controlled substance crime — methamphetamine possession under .25 grams, commit to commissioner of corrections correctional facility in St. Cloud for 12 months and 1 day, stayed for 5 years, 96 days local confinement with 64 days credit for time served, \$275 fees, conditions of the court, 5 years supervised probation, concurrent; Felony fifth degree controlled substance crime — methamphetamine possession under .25 grams (subsequent offense), commit to commissioner of corrections correctional facility in St. Cloud for 12 months and 1 day, stayed for 5 years, 92 days local confinement with 61 days credit for time served, \$275 fees, conditions of the court, 5 years supervised probation

Molesworth, Jameson John, Alexandria; Felony fleeing a police officer in a motor vehicle, \$50 fees, conditions of the court, 6 months unsupervised probation

Robinson, Anthony Steven, Alexandria; Felony fleeing a police officer in a motor vehicle, 365 days local confinement, stay 320 days for 4 years, with 45 days credit for time served, \$135 fees, conditions of the court, 4 years supervised probation

This is not a comprehensive report of all district court activity, rather, a brief recap of felony charges.

LAW ENFORCEMENT BLOTTER: JUNE 27-30

DOUGLAS COUNTY SHERIFF'S OFFICE

Monday, June 27

Suspicious activity, caller's ditch was torn up overnight, Hope Road SE, Osakis.

Assist other agency, City of Forada.

Suspicious activity, plates do not match description of car, Crooked Lake Lane SW, Farwell.

Public assist, on job site and people won't pay him, Dyrud Court SE, Osakis.

Theft, intentional drive-off, County road 14 NE, Miliona.

Suspicious activity, a man was taking pictures of his vehicle, Borgrud Lane, Evansville.

Suspicious person, female laying in the road, Algonquin Trail NW.

Suspicious activity, three males were caught ringing caller's doorbell, Erickson Heritage NE.

Public assist, question about no contact order, Central Avenue N, Brandon.

Tuesday, June 28

Suspicious activity, someone digging in a dumpster, County Road 40 NW, Garfield.

Attempted fraud, caller believes someone attempted to hack into her computer yesterday, County Road 40 NW.

Suspicious activity, audible alarm inside town hall, City of Holmes City.

Public assist, caller looking for help with funds to rent a U-Haul, City of Kensington.

Driving complaint, caller concerned about ongoing speeding in the neighborhood, First Avenue E, Osakis.

Public assist, Seventh Avenue W.

Assist other agency, Third Avenue W.

Wednesday, June 29

Suspicious vehicle, second degree DWI, Third Avenue E.

Public assist, gas drive-off, South Nelson Street, Nelson.

Assist other agency, Interstate 94.

Fraud, Primrose Lane NW, Garfield.

Property damage crash, no injuries, County Road 28 SW.

Assist other agency, Third Avenue E.

Public assist, caller is on the roof, is afraid of heights and wants assistance getting down, State Highway 29 N, Miliona.

Theft, siphoned gas from vehicles, County Road 7 SW, Kensington.

Driving complaint, North McKay Avenue.

Public assist, neighbor's floodlight is pointed toward caller's house, Lake Victoria SE.

Juvenile trouble, County Road 82 NW.

Suspicious activity, car alarm going off, Broadway Street.

Suspicious activity, open gate, County Road 82 SE.

Thursday, June 30

Suspicious vehicle, person has been parking at business to go to nearby house, Sanstead Street W, Garfield.

Public assist, City of Osakis.

Suspicious vehicle, driver with odd behavior, East Lake Miliona Drive NE, Miliona.

Driving complaint, kids inside van not buckled up, jumping around, County Road 28 SW.

Suspicious activity, County Road 13 NE.

Assist other agency, State Highway 29 S.

Assist other agency, Sixth Avenue E.

Public assist, Talon Road NW, Garfield.

ALEXANDRIA POLICE DEPARTMENT

Monday, June 27

Suspicious person, male starting at kids, 10th Avenue W.

Public assist, transport home from ER, 17th Avenue E.

Public assist, lift assist, Ridgedale Drive SE.

Public assist, caller has questions about child custody, Sixth Avenue E.

Assist other agency, Fillmore Street.

Drug-related activity, found drugs in impounded vehicle, Irving Street.

Property damage crash, crash inside car wash, 44th Av-

enue W.

Property damage crash, minor crash, Broadway Street.

Drug-related activity, person arrested for OFP violation, Unumb Street.

Fraud, fraud email on a wire transfer, Fillmore Street.

Public assist, animal complaint, 11th Avenue E.

Public assist, Third Avenue W.

Driving complaint, vehicle driving excessively fast in parking lot, Lark Street.

Public assist, believes how was broken into, Lakepark Avenue.

Assist other agency, Lake Geneva.

Assist other agency, Third Avenue W.

Suspicious activity, male party tried to tow caller's vehicle and kept flashing a badge at her, Sixth Avenue E.

Juvenile trouble, Unumb Street.

Motorist assist, county Road 22 NW.

Tuesday, June 28

Public assist, lift assist, Nissen Street.

Driving complaint, pickup all over the road and high rate of speed, County Road 87 SW.

Suspicious activity, Lost Lane SW.

10-50 hit and run, government vehicle hit and run in January and it was never reported, Third Avenue W.

10-50 hit and run, Cadillac was hit, 17th Avenue E.

10-52 with pedestrian, 15th Avenue E.

Public assist, Irving Street.

Public assist, property exchange, Fillmore Street.

Public assist, Third Avenue W.

Theft, theft from vehicle, 10th Avenue E.

Public assist, 22nd Avenue E.

Assist other agency, North McKay Avenue.

Fraud, counterfeit \$100 bill, South Broadway Street.

Suspicious activity, parties were homeless and waiting for a ride, asked to move along, Lake

Street.

Juvenile trouble, Unumb Street.

Property damage crash, backed into unoccupied vehicle, Pioneer Road SE.

Wednesday, June 29

Suspicious activity, caller received suspicious letter, appears to be from a collection agency, Hawthorne Street.

Suspicious person, person was mistaken for another male, Broadway Street.

Criminal damage to property, graffiti in bathrooms, Nokomis Street.

Public assist, Sixth Avenue E.

10-50 hit and run, hit and run in parking lot, 50th Avenue W.

Public assist, lift assist, Jefferson Street.

Assist other agency, Oak Street.

Suspicious activity, Elm

Street.

Suspicious person, male asking for drugs and harassing female employee, Third Avenue E.

Motorist assist, truck overheated, 34th Avenue E.

Property damage crash, minor crash, Sixth Avenue E.

Driving complaint, North McKay Avenue.

Public assist, female needs ride home, 17th Avenue E.

Drug-related activity, George Street NW.

Suspicious activity, fire alarm beeping from inside trash can, Ridgeview Terrace NE.

Suspicious activity, car alarm going off, Broadway Street.

Assist other agency, County Road 82 NW.

Motorist assist, 22nd Avenue E.

Thursday, June 30

Public assist, Ninth Avenue E.

Property damage crash, minor crash, Broadway Street.

Attempted fraud, caller believes her Facebook was hacked, Unumb Court.

Public assist, extra patrol request, Dakota Street.

Driving complaint, Third Avenue E.

Driving complaint, speeding through mobile home park, Sixth Avenue E.

Driving complaint, Dodge driving at a high rate of speed, South Le Homme Dieu Drive NE.

Assist other agency, State Highway 29 S.

This is not a comprehensive report of all local law enforcement activity, rather, a brief recap of daily calls for service.



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Friday: 10:00 AM - 5:00 PM
Saturday: 10:00 AM - 4:00 PM



AN ECHO PRESS EDITORIAL

Stow the screens, get moving instead

Parents: Don't let the lazy days of summer turn your children into couch potatoes.

Find some interesting activities that get them moving – indoors and outdoors.

In its “Talking with the U of M” newsletter, the University of Minnesota focused on the importance of engaging young children to be more active during the summer months.

In a question-and-answer interview, Daheia Barr-Anderson, an associate professor in the university's School of Kinesiology, shared her expertise:

Q: Why is it important for children to remain active in the summertime?

Barr-Anderson: Regardless of the season, it is important for children to be physically active for the myriad physical, emotional, mental and psychological benefits that result from moving your body on a regular basis. However, in the summer when children may have less structured activities scheduled, it is imperative for parents to keep their children moving – whether with structured activities such as sports and sports camps or unstructured activities such as dedicated time at the local park or community pool. During the long days of summer – filled with sunshine but no seven-hour school day – some children may have lots of unstructured time that can easily be filled with sedentary screen time. Parents must be extra intentional to provide opportunities for their children to be active for at least an hour each day.

Q: How much daily activity is recommended for children?

Barr-Anderson: For children aged 3–5 years, the National Physical Activity Guidelines recommend preschoolers to move their bodies in structured and unstructured active play at all intensities (light, moderate and vigorous) for at least three hours per day. For this population, almost any and all movement counts towards the minimum recommendation. Guidelines for older children aged 6–17 are more specific. The goal is at least 60 minutes per day of moderate-to-vigorous physical activity with most of that 60 minutes spent

doing aerobic activities and on at least three of those days, it should include muscle- and bone-strengthening activities, such as running, jumping and skipping. Regardless of the age, it is imperative for children to engage in a variety of fun and age- and developmentally-appropriate activities.

Q: What are some good summertime activities both outdoors and indoors?

Barr-Anderson: Outdoor activities include: Playing at parks and playgrounds, biking, swimming, walking/running/hiking, structured sports (softball, baseball, soccer, etc.), tennis, jumping rope, yoga (outdoor yoga during the summer is simply awesome!) and the list goes on. As long as you are moving your body in a fun and enjoyable manner in the sunshine, children are winning!

Children can beat the heat at indoor parks and playgrounds. Depending on the space available at local community centers and indoor recreational centers, many of the outdoor activities listed above can be performed indoors – although biking might be a little challenging! If indoor space is limited to at home, physically active video games and dancing are viable options.

Q: How can parents and other caregivers support their children in physical activity?

Barr-Anderson: If it falls within the family budget, it can be easy for parents to outsource their children's physical activity by enrolling them into various sports and summer camps and have skilled professionals (or zealous teenagers) oversee their children's physical activity. However, this is not feasible for every family, so the most important support from parents and caregivers will be their sheer presence. Grab your children and be physically active with them. Go for a walk after dinner.

Plenty of outdoor opportunities are available throughout Douglas County – parks, playgrounds, beaches, the Central Lakes Trail, scouting, museums, to name just a few. Parents and their young children should break out of their summer slump and explore those places together.

LETTERS

Douglas County Library's Memory Loss Resource Center is impressive

To the editor:

I am writing to commend Library Director Dawn Dailey and the Douglas County Library for the creation of their outstanding “Memory Loss Resource Center.” As a professor of Gerontology at St. Cloud State University, I was excited to see such thoughtful attention to this important community concern. The resource center is easy to navigate and includes books, DVDs, and unique activity packets geared toward persons with memory impairments, caregivers, families, children, young adults and general interest readers.

Of particular note are the activity packets designed to stimulate discussion, reminiscence, and include persons with memory challenges in interactions with family and friends. Patrons can check out packets on topics ranging from sports, hunting, farming, cooking and so much more! As Ms. Dailey notes, “[a person] may not be able to keep up with

fast conversations, but do have feelings and do want to be part of the conversation. So, if we can make it a little easier for them by providing ‘props’ or cues that is great. If you take the time to listen and give them a chance to respond you can and will learn some amazing stories about their lives!”

While I have seen smaller reminiscence packet projects, the Douglas County Library collection is by far one of the most extensive and accessible. I was also quite pleased to learn that project creator Dawn Dailey was also able to share the benefits of her Library Services and Technology Act (LTSA) grant from the state to establish mini memory loss resource centers in each of the libraries in the Viking Library System. She has also arranged a series of speakers and presentations regarding dementia.

Hats off to Director Dailey and be sure to check out what the Douglas County Library has to offer!

Rona J. Karasik, Ph.D.
St. Cloud, MN

IT'S OUR TURN

Try to be a better driver

We have got to start doing better as motorists. Well, as humans in general really, but that is another whole topic I will leave for another day.

Rules for motorists have seemed to go by the wayside lately. Maybe it was the lack of driving during the pandemic that caused many motorists to forget what they learned while taking driver's education classes. Or maybe people are lazy or maybe they are in such a hurry they don't care.

I am not saying that I am a perfect driver by any means; I do tend to have a lead foot on the gas pedal and a heavy foot when it comes to putting on the brakes. But at least I am aware of it.

So here's the thing, though, I do know how to use my blinker; I know not to pull out in front of other drivers so that they have to slam on their brakes; and I do stop at a stop sign, even if there are no other cars.

This is unlike many motorists in the Alexandria Lakes Area who definitely do not know those things. In the past few months, I have seen so many drivers blow right through stop signs it's like they don't even exist. Drivers don't even really slow down. It boggles the mind.

Also, I know it's confusing when stoplights aren't working and are only blinking red. This means that the intersection



CELESTE EDENLOFF
Staff Reporter

is treated like a four-way stop and everyone takes turns. The other day when the lights at Broadway and Third Avenue weren't working, the guy in front of me sat there waiting and waiting and waiting. I ended up honking my horn and he still waited and waited before FINALLY making his turn. It was so frustrating.

Pulling out in front of other motorists also seems to be the norm nowadays. And it is probably my biggest pet peeve. And what caused me to write this column.

I'll give you a great example:

About a week ago, I was driving on 30th Avenue West, going east, heading toward South Broadway, between the Viking Plaza Mall and Burger King. A white bus was coming toward me in the other lane. Instead of waiting for me to go by because I had the right of way, the driver of that bus made a left hand turn into the mall parking lot right in front of me. I had to slam on my brakes and stop or I would've driven right into the side of the bus. And yes, my hand found its way to my horn. But that's not all. In the parking lot, waiting

to make a right hand turn onto 30th Avenue West, was a big ol' camper/RV. Because the bus decided to make that turn into the parking lot in front of me, which in turn made me stop and wait for him, the driver of that camper/RV decided to go ahead and make the right hand turn — at a slow, very snail-like pace.

So not only did I have to stop and wait for the bus to make an illegal turn into the parking lot in front of me even though I had the right of way, I now had to wait for the camper/RV to make its turn right in front of me.

After sounding my horn, I will admit my arms were flailing about as I shouted loudly to myself, “What the (bleep) is going on? What are you people doing?”

I was completely dumbfounded by that whole situation. When I was finally able to continue on my way, I just kept shaking my head, bewildered by what had just happened. And I would love to know what the driver gained by not waiting. I know I gained a few more gray hairs.

My point is, just try to be a better driver. Take your time. Slow down. Watch where you are going. Actually stop at stop signs. And for heaven's sake, quit pulling out in front of other motorists. Next time, it might just cause an accident.

“It's Our Turn” is a weekly column that rotates among members of the Echo Press editorial staff.

LETTERS

Overly protecting children can send the wrong message

To the editor:

Many people have decided that it's a bad idea to allow children and adolescents to speak about the truth of things they are already observing. Racism, sexism, sexual orientation and more. “Just do not talk about it” has become a viable plan.

Psychologically, when an adult overly protects a child from discussing things about which the child already has observations, the message to the child is that they cannot manage it. After 35 years in the mental health profession, I've learned that children and adolescents often have very insightful observations. Adults too often give children too little credit for their wisdom, and for their capacity to process complex things.

When my daughter was 8, she once said to me: “Dad, when you don't let me do things I can do, you make me think that I am stupid.” These words happened when I told her that she couldn't climb to the top of the jungle gym. At that same age, she offered her opinion about the reasons a couple we knew got divorced. Without solicitation, she said: “I don't think (the husband) practiced loving (the wife) well enough.” She was 8.

When we give a child the message that “we should not talk about it,” we set the child up for a future of “not talking about it.” I know a multitude of marriages and families who have experienced incredible generational psychological pain and dysfunction because problems were not openly discussed, difficult emotions were not acknowledged. When a child has little permission to discuss emotional distress or observations of injustice, the child suffers in silence. All kinds of pathology are sure to follow. Competent adults must guide children while they offer their observations.

Denial is an incredibly bad long-term plan. Pace is everything. But “talking about it” is essential to the child's well-being.

Jon Koll
Alexandria, MN

Why do we treat conditions 2 different ways?

To the editor:

Something to consider.

There is a 30-year-old woman standing in front of the mirror. She weighs in at a mere 80 pounds.

She states as she looks intently at the reflection, “I am fat and overweight and I need to go on a diet.”

Her family and doctors come to her aid and help her with this disorder. They do all they can to get her help in treating what they see as an obvious problem. This woman is only skin and bones and has zero body fat.

I believe every person would agree she

needs help seeing herself as she is.

Now take this same woman of 30 years at 80 pounds and again she stands in front of the mirror.

She states as she looks intently at the reflection, “I am a man.”

Her family and doctors come to aid and help her with this disorder. They do all they can to help her treat what they see is an obvious problem. They do all they can to help her transition into being a man. Hormone therapy, surgeries and prescriptions to help her in seeing herself as what she is not.

Why do we treat these conditions two opposite ways?

Tim Salscheider
Hoffman, MN

Government has no right to control a woman's body

To the editor:

We continue to hear the words of many of our leaders touting that small government is the way to go, but now they just crawled in bed with me! Ick! Of course, I'm speaking of the overturning of Roe v. Wade by our Supreme Court.

It looks like small government really means removing regulations that were there to protect us from corporate greed and pollution. Where will this end? It won't.

The government will tell us who we can marry. Women will have no contraceptives and be forced into pregnancy. Women (and our daughters and granddaughters) and their precious 12 children will be doomed to lives of poverty, hunger, minimal education and subservience to men.

Be alert. It appears this is part of their plan. Is the church ready and able to get back into the orphanage business again? Will an unpreventable miscarriage be ruled a homicide? Under proposed legislation, neighbors, family and all will be able to silently turn each of us in to authorities for any infraction, instilling fear in us all.

Many elements of our government and Supreme Court want us and all citizens of all faiths to obey the Bible but here are some rules that they refuse to follow. Judge not lest ye be judged. Remember that God will harshly judge those who judge others. There are over 2,000 Bible verses about helping the poor but the rich and powerful leadership obviously don't think this applies to them.

Our Christian judges and politicians must have lost their faith by the time they got to these verses. Let's not forget that forced pregnancies kill women. Hunger and poverty kill. The death penalty kills. Our \$20 billion guns and ammo industry kills.

Government has no right to control a woman's body.

Sherry Kutter
Grey Eagle, MN

Violet G. Bjelland



Violet "Vi" (Johnson) Bjelland was born August 3, 1930, at the family farm in Urness Township. She was the first child of Adolph and Alice (Anderson) Johnson. She was baptized September 21, 1930, at the West Moe Lutheran Church and confirmed at Lands Lutheran Church, Hoffman. She attended country school and graduated from Evansville High School in 1949.

Vi married Ralph Bjelland on December 20, 1956, at St Petri Church in Minneapolis, MN. Together they were blessed with two children Cynthia and Michael. The family made their home in Minneapolis. Vi was employed for 40 years at Federal Reserve Bank and Norwest Bank. She treasured her lifelong "work" girlfriends. While living in Minneapolis they were members of Saint Phillips Lutheran Church in Fridley and Mount Olivet Lutheran Church in Minneapolis. She enjoyed being a Sunday School teacher when her kids were young. In 1994 Vi and Ralph moved to Hoffman, MN. They joined Messiah Lutheran Church. In 2003 they moved to Alexandria, MN. After Ralph passed away, she made her home for many years at Grand Arbor.

Vi's greatest enjoyment in life were the times spent with her family. She enjoyed her younger years creating memories on the family farm with her siblings. During retirement Vi cherished the extra time to spend with Ralph. This included searching for Hoffman memorabilia at auctions and attending every lutefisk dinner around the local area.

Her favorite role in life was being called grandma. Countless memories were made when spending time with the grandchildren at their home in the Twin Cities or at the cabin on Elk Lake.

Vi was a dedicated Minnesota Twins fan and found enjoyment in watching other sports as well.

Violet (Vi) Bjelland died on June 30, 2022, at the age of 91 years at Edgewood Vista in Alexandria, MN. She is survived by daughter, Cynthia (Mark) Starner of Hoffman, MN; daughter-in-law, Deb Bjelland of Brandon, SD; grandchildren, Lacey (Eric) Springer of Alexandria, MN; Nicole Amundson of Elbow Lake, MN; Sherman (Yesenia Guzman) of Hanover, MN; Michael (Jacob Kamenir) Starner of Albert Lea, MN; and Michael (Kathryn) Bjelland of Sioux Falls, SD; five great-grandchildren, Hunter and Hayden Springer, Brett and Aubrey Amundson, and Carter Junker; brother, Dave (Jean) Johnson of Alexandria, MN; brother-in-law and sister-in-law, Jim and Carolyn Bjelland of Waconia, MN; and nieces and nephews.

Vi is preceded in death by her husband, Ralph; son, Michael; parents, Adolph and Alice; and siblings: Ad (Gene) Jones, Marvin (Clem) Johnson, and Anna Marie Vinneau; and brother-in-law and sister-in-law, George and Virginia Stensland.

Vi's strong faith guided her in her daily life. She will rest in the arms of the Lord forever, reunited with her husband and son.

A Memorial Service will be held 3:00 PM on Saturday, July 9, 2022, at Messiah Lutheran Church in Hoffman. Visitation will be held for one hour prior to the service at the church.

Memorials preferred to: Messiah Lutheran Church, Lands Cemetery, Grant County Historical Society.

Arrangements are with the Anderson Funeral Home and Crematory in Alexandria.
www.andersonfuneral.net



Marlene Helen Christopherson



Marlene Helen Christopherson was born July 27, 1946, in Minneapolis MN, the daughter of Walter and Helen (Weresuik) Christopherson. She was baptized on July 13, 1947, in Minneapolis, MN and lived in Crystal MN for 71 years.

Marlene was a talented cake decorator and ran the Christy Bake Shop in Plymouth, MN, for 37 years. After the bakery closed, Marlene went to work as a Pharmacy Tech in Champlin, MN. She also worked at Thriftway Foods as a cashier until her retirement.

Marlene passed away June 18, 2022, at the Legacy of St. Michael at the age of 75 years old.

She is survived by her brother, Mark (Cathy) Christopherson and her nieces and nephews, Jenny, Luke (Kelli) and Hayley. She is preceded in death by her parents, brother Charles, and sister Carol.

Marlene was blessed to have so many lifelong friends.

A Graveside Service will take place at Oak Hill Cemetery rural Garfield MN, on Friday July 15, 2022, at 10:00 AM.

Arrangements are with the Anderson Funeral Home and Crematory.
www.andersonfuneral.net



Henry Gordon Anderson

Henry Gordon Anderson, age 101, of Alexandria and Fountain Hills, Arizona passed away peacefully surrounded by family on Sunday, July 3, 2022, at Alomere Health in Alexandria.

A visitation will be held from 2-4 p.m., on Friday, July 8, 2022, at the Lind Family Funeral Home in Alexandria with a prayer service led by Rev. Jesse Carson starting at 4 p.m. and concluding with full military honors will be accorded by the Minnesota Honor Guard, American Legion Post #87, Veteran of Foreign Wars Post #936, Vietnam Veterans of American Chapter #235, and the Marine Corps League Detachment #1409.

A funeral service will be held at 11 a.m., on Saturday, July 9, 2022, at the East Union Lutheran Church in Carver with Rev. Adam Teske Officiating. A visitation will be held one hour prior to the service at the church. Interment will take place at the church cemetery.

Henry Gordon was born on January 27, 1921, to Oscar and Anna (Rye) Anderson in Mankato, Minnesota. His exceptional height and athletic ability provided him with the opportunity to attend private school at Mankato College High School, where he played football and basketball. After graduating in 1939, he attended Mankato State University where he continued to excel in sports; playing football, basketball, and additionally joined the track team. While on the track team he participated in the 200-meter hurdle, 400-yard relay, javelin throw, and the high jump. At 19 years old, he set the school's high jump record and held it for several years. In addition to playing sports in college, he drove for Royal Taxi, helped build the college ice rink, and was a part-time cook at Wimpy's Pantry, all while remaining dedicated to his studies. While attending college, WWII had begun and in November of 1941, the day after the Japanese declaration of war, Gordon enlisted as an Aviation Cadet in the United States Air Force. He was initially stationed in Del Rio, Texas and from there was sent to Agra, India. During his time in the service, he was part of the China Burma India Theater operations. Following his honorable discharge from the Air Force, he returned to Mankato State to complete his degree. Upon graduation, he married his college sweetheart, Gloria Marilyn Olander on June 4, 1950. He continued his education and received his Master of Education degree at the University of Minnesota in 1955. Gordon served as a school administrator in Sanborn from 1948-1951; Hollandale 1951-1953; Ellendale 1953-1957; Wheaton 1957-1962; Le Sueur 1962-1966; and Hastings 1966-1981. Following retirement in 1981, he worked as a consultant with NSP in their training division for several years. Throughout his career, Gordon was active in several educational and community affairs, serving as President of Hastings Kiwanis, Lt. Governor of the St. Paul District of Kiwanis, and active in Toastmasters, Lions Club, American Legion and the Rotary International in several communities.

Gordon had a great love of the outdoors. He enjoyed hunting, fishing, and playing his favorite sport, which he started in his mid-thirties, golf. He considered golf to be a lifelong sport and was often quoted saying, "it can be played at any age" which he led by example and continued to play until he was 101. In 2021, he was featured in MN Golf Magazine for still golfing after he was at 100 years old. He enjoyed golfing in the Alexandria Senior Men's League and various senior men's leagues in Arizona. He often said that memories were made while golfing. The Painted Mountain Men's league in Mesa Arizona threw a 100th and 101st birthday party for him. He has five recorded hole-in-ones in his golf career, with his last at the age 98, at the Painted Mountain Golf Resort. He played over 25 years in the Resorters Golf Tournament at the Alexandria Golf Club. He was honored to be the Honorary Chairman of the 98th Resorters in 2019 and the Honorary Centenarian Starter of the 100th Resorters in 2021. In addition to the Resorters, he played 30 consecutive years in the Birchmont Golf Tournament in Bemidji. This was always the family's summer vacation. He also enjoyed playing in the Pine to Palm Golf tournament in Detroit Lakes.

Gordon spent his winters in Fountain Hills, Arizona where he enjoyed bible studies at his church and the fellowship he experienced at Snap Fitness, where he worked out three times a week. When he was Arizona, he would always be found at church, golfing, or at snap fitness.

He was preceded in death by his parents; wife, Gloria; brother, Robert Anderson; sister, Grace Ronne; and his brother-in-law, Earl Olander.

Gordon is survived by his daughter, Mary (Craig) Rothfusz of Fargo, North Dakota; three grandchildren, Andrew, Abigail, and Alexander; nephews, Bill and Gordy Anderson; and niece, Kay (Arnie) Marshall.

Serving as casket bearers will be Andrew Rothfusz, Alexander Rothfusz, Larry Goetze, Kent Hasse, Paul Lundquist, and Tom Lundquist.

Honorary bearers are Bill Anderson, Gordy Anderson, David Ness, A.J. Kluver, Jerry Rose, Lee Toft, Duffy Evavold, Alan Ribbie, Ron Daze, Don Wirth, Doug Hillstrom, and Ken Peterson.

In lieu of flowers memorials preferred to East Union Lutheran Church, Carver, MN, Living Word Lutheran Church, Alexandria, MN, and Shepherd of the Hills Lutheran Church, Fountain Hills, Arizona.

Arrangements by Lind Family Funeral & Cremation Services, lindfamilyfh.com.



Steven L. Wiswell

Steven L. Wiswell, formally of Miliona, MN, passed away unexpectedly at his home in Jasper, IN on March 29, 2022. Steven was born December 17, 1970 to Harvey and Dorothy (Hauer) Wiswell. He graduated from Jefferson Senior High and enlisted in the Marine Corp. Steven was honorably discharged January, 1993 and was employed by Crane Navel Base. Steven is preceded in death by his parents: Harvey and Dorothy (Hauer) Wiswell, and grandparents: Harry and Anna Wiswell, and Frank and Marian Hauer. He is survived by his siblings: Terry, Connie and Phyllis, aunts and uncle and nieces and nephews. Steven will be laid to rest at New Albany National Cemetery, New Albany, IN on August 15, 2022 with Military Honors. Special attendance: Patriot Riders/Freedom Riders.

Harley Zimmel

March 17, 1946 - July 1, 2022
EVANSVILLE, Minn. - Harley Zimmel, 76, Evansville, Minn., died Friday, July 1, in Evansville at his home.

A time of gathering will be from 10-11 a.m., followed by a funeral at 11 a.m., Friday, July 8, at St. Ann's Catholic Church in Brandon, Minn. A graveside service will be 10:30 a.m. Saturday, July 9, at St. Joseph's Catholic Cemetery in Beaulieu, Minn.

Arrangements by Anderson Family Funeral Home.

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LAKES AREA CHURCHES WELCOME YOU

Alexandria

Alexandria Covenant
4005 Dakota St., Alexandria
320-763-5659 / alexandriacovenant.org
Pastor: Trinity Opp Senior Pastor
Worship Service: Sunday 8 am Traditional 9:30 & 11 am Contemporary

Alexandria United Methodist
2210 Sixth Ave. E., Alexandria
320-763-5178 / www.calvaryalex.org
Pastor: Gary Taylor
Worship Service: Sunday 9 am
School/Adult Discipleship: Sunday school 10 AM and Adult Discipleship at 10 AM (Sept through June)

Bethesda Lutheran Church (ELCA)
1204 N. Nokomis NE., Alexandria
320-763-5164 / bethesdaalexandria.org
Pastor: Jerry Lanes
Worship Service: Sunday 5 pm
Sunday Worship 9:30am

Calvary Lutheran Church
605 Douglas Street, Alexandria
320-763-5178 / www.calvaryalex.org
Pastors: Hans Dahl & Angie Larson
Worship Services: Sundays at 8:30 am & 10:30 am, Wednesdays at 5:30 pm & 6:30pm
Youth Programming: Sunday mornings and Wednesday evenings
Watch on demand on Facebook Live or Youtube
KXRA radio at 9:30 am on Sundays
Public Access TV channel 181 at 9:30 am on Sundays

Cornerstone Church
202 7th Ave. E., Alexandria
320-762-1565 / cornerstoneofalexandria.com
Pastor: Darryl Knappen
Worship Service: Sunday 10 am
Family Integrated Church

Emmanuel Episcopal
602 12th Ave. E. & Lark St., Alexandria
320-763-3201 / alexmnepiscopal.org
Reverend: Tom Sinning
Worship Service: Sunday 10:00 am
Sunday School: 9 am-9:50 am

First Congregational United Church of Christ
221 Seventh Ave. W., Alexandria
320-762-3341 / firstcongregationalucacex.com
Reverend: Dr. Jill Sanders
Worship Service: Sunday 10 am
Service on Youtube: First Congregational UCC Alexandria, MN
Sunday Worship Radio Rebroadcast: KXRA First Sunday of the month 11 am
Communion second Sunday of the month

First Lutheran Church (ELCA)
1655 18th Ave. E., Alexandria
320-762-2196 / firstlutheranalexandria.com
Pastors: Pr. PJ Malin, Pr. Judy Holmen, Dcn. Sharon Bridges
Worship Services: Sundays at 8:30 am and 10 am
Wednesdays at 6:15 pm
Saturdays at 5:00 pm (1st and 3rd Saturday's of each month)
Youth Programming: Sunday Mornings and Wednesday Evenings
Facebook Live on Sunday and Wednesdays
KXRA radio at 10:00 am Sundays
Public Access TV channel 181 at 10:45 daily

Good Shepherd Lutheran (LCMS)
2702 Hwy. 29 N., Alexandria
320-762-5152 / goodshepherdalex.com
Pastors: Jonathan Jahnke
Worship Service: Sunday 9 am
Bible Study & Sunday School: 10:15 am
Holy Communion first & second Sunday of the month

Gospel Light Baptist Church
1210 Broadway St., Suite #265, Alexandria
gblbcalex.com / gblbcalex@icloud.com
Pastor: David Iseminger
Worship Service: Sunday 10:30 am & Thursday 6:30 pm
Sermon Series: The Model Christian Sundays 10:30 am
Sermon Series: Godly Success Thursdays at 6:30 pm

Grace Baptist Church
1704 Hazel Hill Road, Alexandria
Worship Service: Sunday 10:15 am

Lake Community Church
490 Voyager Dr., Alexandria
320-762-5424 / lakecommunity.org
Pastor: Jon Ewton
Worship Service: Sunday 9 & 10:30 am
Kids Ministry: 9 & 10:30 am

Lakes Area Seventh-Day Adventist Church
201 13th Ave. W., Alexandria
320-224-1953
alexandriasdachurch.org
Pastors: Kwan Kitching
Worship Service: Saturday 11 am
Sabbath School: Saturday 10 am

Living Word Lutheran Church
1722 16th Ave. E., Alexandria
(white church south of Woodland Elementary)
320-762-1997 / livingwordlexmn.org
Pastor: Jesse Carson
Worship Service: Sunday 9 am,
Special season services

New Life Christian
1910 Co Rd 82 SE, Alexandria
320-763-7051 / www.your-newlie.com
Pastor: John Taplin
Worship Services: Sundays 9 am & 10:30 am
Youth Programming: KidZone/Sunday School 10:30 am
AWANA Wednesdays at 6:25 pm, Jr High Youth Wednesdays at 6:30, High School Ministry Sundays at 6:30 pm

New Testament Church
2505 Hwy. 29 N., Alexandria
320-762-2444 / ntcalexandria.org
Pastors: Peter Reishus & Mike Loween
Worship Services: Sunday 10 am

Reach Church (AG)
1310 N Nokomis NE., Alexandria
320-763-5224 info@reachchurchmn.com
Pastors: Nick Grey
Worship Services: Sunday's 9:30 Also streamed on Facebook and Youtube
Kids Ministry: Sunday's 9:30
Youth Ministry: Wednesday's 6:30

Shalom Lutheran Church
681 Voyager Dr. Alexandria
320-762-8641 - shalomlutheran.org
Pastor: David Fleener
Worship Service: Sunday 9:30am
Advent & Lent Services: Wednesday 6:30pm
Youth Programming: Wednesday 5:30pm-7:00pm; Facebook live on Sundays

St. Paul's Lutheran Church (WELS)
718 Victoria Dr., Alexandria
320-762-1644 / stpaulalex.com
Pastor: Michael Neuman
Worship Service: Sunday 9 am
Sunday School & Bible Class: 10:30 am
Communion first and third Sunday of the month

Word Alone Fellowship
(A traditional Christian Worship)
1906 6th Ave. E., Alexandria
wordalonefellowship.org
Pastors: Steve Walswick & Ralph Erickson
Worship Service: Sunday 9 am
Church service on WAF website.
Communion on first and third Sunday of the month

Zion Lutheran (LCMS)
300 Lake St., Alexandria
320-763-4842 / zionalex.org
Pastor: Paul Dare, Donald Wilke & Matt Lorenz
Worship Service: Sunday 8 am & 10 am
Praise Worship: 2nd Sunday of the month 8 am
Third Sunday of the month 10 am
Holy Communion: 1st & 3rd Sunday of the month 8 am
2nd & 4th Sunday of the month 10 am

Other Areas

First Presbyterian Church
101 W Oak St, Osakis
320-859-4550
Worship Leader: Keven Withers
Worship Service: Sunday 9:30 am
Communion 1st Sunday of the month

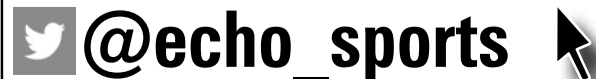
St. Luke's, Garfield (LCMC)
201 Ida St., Garfield
320-834-2285
stlukeschurchgarfield.org
Visitation Pastor: David L. Gran & Susan J. Davidson
Worship Service: Sunday 8:30 & 11 am
Coffee Fellowship & Bible Studies: Sunday 9:45 am
Holy Communion second & last Sunday of the month

Trinity Lutheran Church
16 N. Douglas, Carlos
320-852-7530
Pastor: Mark Schwarz
Worship Service: Sunday 9 am
Communion on 1st and 3rd Sunday of the month

Following area sports?

Follow Eric Morken on Twitter.

LIVE TWEETS from many area sporting events!



To be included, please call Kate at 320.763.1203.

OBITUARIES

Selective TV board to hear presentation on NextGen TV

By Travis Gulbrandson
Alexandria Echo Press

GARFIELD — The board of directors of Selective TV will have its annual meeting on Monday, July 11, at 7 p.m.

The meeting will take place at the Ida Township Hall, which is located at 4700 County Road 6 NW in Garfield.

Among the items up for discussion at the meeting will be a video presentation on what is called NextGen Television, which is also known by the technical name of ATSC 3.0.

"The technology that over-the-air television operates with is called ATSC 1.0," said Lonnie Wing, vice president of the board and Selective TV office manager. "This new technology, which is rolling out slowly in various markets across the country, is called ATSC 3.0. It's more like (Internet Protocol television) than what is currently used, and it can do some amazing things."

Among its features are 4K picture and theater sound, Wing said.

"The way the signal is formatted, it does a much better job at penetrating obstructions like buildings and trees and that kind of thing. So it's a big deal," he said.

Unlike the change from analog to digital television, which was mandated by the federal government, broadcasters are adopting NextGen Television at their own pace, Wing said.

"It's currently rolling out in some markets around the country," he said. "It's not currently rolling out in the Twin Cities ... but it eventually will."

This is reflected in the

televisions that are currently being manufactured, he said.

"If you went out and bought a new television today, a more expensive television, it would have two tuners in it — a 1.0 tuner and a 3.0 tuner built into it."

Among the other items the board of directors will discuss at the meeting is the financial statement for 2021 and an update from the board president on 2021.

Over-the-air television is expanding all the time, Wing said.

"It's just kind of exploded across the country in recent years, and one of the reasons that's happening is streaming television," he said. "If I live in an area like Alexandria where I had access to 60-some over-the-air channels (through Selective TV), including all four major networks, public television, 24/7 news channels and what I like to call specialty channels for \$10 a month, and I decide I'm going to get Netflix or Paramount or something else, that costs me another \$10 a month."

"Now I'm spending \$20 a month as opposed to \$120 a month (for cable), and I've got everything I want," he said. "So people are going back to their antennas in droves across the country, and we're seeing it right here, as well."

People can become members of Selective TV by visiting its website at www.selectivetv.org.

They can also call the office, which is open Tuesdays and Thursdays from 8 a.m.-1 p.m., at 320-763-5924.

Email reporter Travis Gulbrandson at tgulbrandson@echopress.com.

Dean L. Koenecke

Dean Lee Koenecke was born on January 31, 1939, to Frank and Elizabeth (Chworowsky) Koenecke. He was confirmed at Immanuel Lutheran church in Jackson, Minnesota and attended school in Dunnell and Sherburn, Minnesota, and then at the Minnesota School of Business. After taking Basic Training in Fort Leonard Wood, Missouri, he served in the National Guard and worked for Fareway Foods in Iowa. In 1962, he moved to Minneapolis, MN where he was a meat merchandiser for Red Owl Stores, Inc. On August 15, 1965, he was united in marriage to Vivian Bergeson in Estherville, Iowa, and they made their home in Apple Valley, Minnesota for twelve years. While living in Apple Valley, Vivian taught at Westview Elementary School and Dean worked for Red Owl. In 1977, Dean and his brother-in-law purchased a grocery store in Alexandria, Minnesota.

Dean enjoyed being on the Chamber of Commerce Board of Directors, was a member of Rotary Club, and the Downtown Merchant's Association. In 1985, he purchased a store in Faribault, Minnesota and then returned to Alexandria where Dean worked for Festival Foods and Vivian taught at Washington School. Eventually, Dean drove a school bus for District 206 for several years, and he really enjoyed the time spent with the students! He was a longtime member of Zion Lutheran Church and served as an elder and lay minister there, just as he had at Christ Lutheran Church in Eagan, Minnesota while the couple lived in Apple Valley. For as long as he was able to do so, Dean enjoyed ordering and slicing the meat for the Gemutlichkeit dinner that was held at Zion Lutheran Church in the fall.

Dean enjoyed bowling, playing golf, driving the pontoon, feeding the birds, and watching the loons and swans on the lake. For many years, he read the Portals of Prayer devotion book regularly. He will be greatly missed by his family and friends and all those who appreciated his friendly smile, sense of humor, and kind heart.

Dean Lee Koenecke went home with his Lord on Monday, July 4, 2022, at Bethany on the Lake at the age of 83. Dean is survived by his wife, Vivian of 56 years; sisters, Jean Anderson and Helen (Roger) Lueck; and many special nieces, nephews, grandnieces, and grandnephews. He was preceded in death by his parents, Frank and Elizabeth Koenecke; sisters, Vivian, Norma, Maxine, Ruth, Joan, and Kay; brothers, John, Frank, and Richard.

Services will be held in Estherville, Iowa and interment will be at Lake Freemont Cemetery in Dunnell, Minnesota at a later date.

Memorials are preferred to Zion Lutheran's Tuition Fund.

Arrangements are with the Anderson Funeral Home and Crematory.

www.andersonfuneral.net



Joseph "Joe" J. Winter

Joseph "Joe" J. Winter, age 80, of Stillwater, formerly of Nelson, died on Monday, July 4, 2022, surrounded by his family at home.

Mass of Christian Burial will be held at 11 a.m., Saturday, July 9, 2022, at The Church of St. Mary in Alexandria with Father Matthew Kuhn officiating. Entombment will take place at St. Mary's Mausoleum. Full military honors will be accorded by the Minnesota Honor Guard, American Legion Post #87, Veteran of Foreign Wars Post #936, Vietnam Veterans of American Chapter #235, and the Marine Corps League Detachment #1409.

Visitation is from 6-8 p.m., beginning with 6 p.m. parish prayers, Friday, at Lind Family Funeral Home in Alexandria. The visitation will continue one hour prior to the service at the church.

Joseph John was born on July 3, 1942, to Edward and Lucille (Schettler) Winter on the family farm in Wilmont. He was baptized and confirmed at Our Lady of Good Counsel in Wilmont. He attended parochial school until the family moved to a farm near Nelson in 1957. He graduated from Jefferson High School in Alexandria in 1960. While attending school, Joe loved working on the family farms both in Wilmont and Nelson. Following his education, he joined the Army National Guard and was honorably discharged after six years of service. Joe was blessed with three sons, Tony, Matt, and David, from a previous marriage. He made his lifelong career working various jobs for the Ford Motor Company in St. Paul. Joe was united in marriage to Debbie Dahl on October 30, 1993, at First Lutheran Church in St. Paul, officiated by a Lutheran minister and a Catholic priest. They made their home in Stillwater, where they enjoyed traveling across the country and boating on the St. Croix River together. Joe retired from Ford after 42 years. He was a member of St. Michael's Catholic Church in Stillwater. Joe was known for staying busy building and fixing many different things. He enjoyed the outdoors and taking care of his yard. Joe loved his dogs, Duke, Dimples, Daisy, and Pedals. Most of all, he loved when he could help his sons and the time spent with his family.

He was preceded in death by his parents; sister, Aggie; brothers-in-law, Ron Bettin and Dale Venzke; and niece, Annette Revering.

Joe is survived by his wife of 28 years, Debbie; three sons, Tony Winter of Oakdale, Matt Winter of Stillwater, and David (Kelly) Winter of Andover; three grandsons, Joe, Jake, and Mike; 11 siblings, Bernice (Rollie) Revering, Betty (Adam) Bock, Terry (Erling) Berger, Marge Bettin, Paulette Venzke, Doug (Chong) Winter, Rod (Barb) Winter, Mark (Verna) Winter, Lynn Mensen, Steve (Dawn) Winter, and Mike (Cindy) Winter; many nieces and nephews; and faithful canine companion, Daisy.

Pallbearers are Brad Averill, Jim Revering, Steve Winter, Rich Revering, Dan Winter, and Travis Winter.

Arrangements provided by Lind Family Funeral & Cremation Services, www.lindfamilyfh.com



Big Ole PaddleFest set for July 15-16

By Sam Stuve

Alexandria Echo Press

ALEXANDRIA — For those ages 12 and up who enjoy canoeing, kayaking and stand-up paddleboarding, the Big Ole PaddleFest is an opportunity to explore the Alexandria Chain of Lakes on July 15 and 16.

"This is super unique to our area because it allows people from inside the community and outside communities to go on an adventure through this amazing chain of lakes that we have," said Kendall Brickweg, marketing and communications coordinator for the United Way of Douglas and Pope Counties. "Some people take it like it's a race, but most people do it for fun. They come with a group of friends or buddies and get together, head to the

chain, do a course and spend the afternoon out on the lake, going through some of those culverts and under some of the channels and bridges through the courses."

Brickweg said that the event draws in people from out of state because it is something unique to do in the summertime.

"I feel like for most people who are returning, it's their annual thing," Brickweg said. "But for the people who are new, I would say there are people who are excited to get out on the lake and go explore the chain of lakes in a way that they haven't done before."

On day one of the fest, there are three courses — Sven, which is 10 miles long and runs from Lake Ida's Pilgrim Point and ends at the Arrowood

Marina; Lena, which is a five-mile route that runs from Lake Brophy County Park and ends at the Arrowood Marina as well; and the 17-mile-long Big Ole route that begins at the east access point on Lake Miltona and ends at the Arrowood Marina.

The Big Ole route begins at 8 a.m. while the Sven route begins at 10 a.m. and the Lena route starts at noon. The Long Prairie River Cruise will cap off the events for the fest. The route will begin at the Highway 29 Carlos Access point and will end at the Belle River Bridge. This cruise is eight miles long. All the courses require entry fees.

The planning for this year's fest has been in the works for months.

"The planning really started in January," Brickweg said. "Scott [Larson] is the guy who takes care of mapping the courses, as well as checking the water levels to see if they're high or low and if we're going to be able to get through some of the small water-

ways that connect to lakes and stuff like that."

The benefits of the fest will go to the United Way of Douglas and Pope Counties, and for the third time, this fest will include "Paddle 4 A Purpose."

"So after you register for the event, you can set up a little account to raise money for it. And depending on what amount of money you raise, that money comes back to you as a cool incentive — a gift card to the Faction Boardshop to be able to go out and purchase some gear from them afterward," Brickweg said. "That has been growing in popularity over the past couple of years. It's a cool way to get people behind you and to say, 'I'm paddling for a purpose for the United Way this year' and to raise some money to go back to our community."

For more information on the Big Ole PaddleFest, visit the event's Facebook page or its event page of paddleguru.com.

WHY AMERICA MATTERS

Behold, how good and how pleasant it is
For brothers to dwell together in unity!

Psalms 133:1

It is like the precious oil upon the head,
Coming down upon the beard,
Even Aaron's beard,
Coming down upon the edge of his robes.

Psalms 133:2

It is like the dew of Hermon
Coming down upon the mountains of Zion;
For there the Lord commanded the
blessing-life forever. *Psalms 133:3*

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Donald Froemming, Jr.

Donald Froemming, Jr., 69, of Big Lake, LA, passed away on Friday, July 1, 2022 at Lake Charles Memorial. He was born to his late parents, Donald Carl Froemming and Leila Ann Zwieg on May 5, 1953 in Wichita, Kansas.

Donald served as a Mechanic in the Army during the Vietnam area. After leaving the service, he was a diesel mechanic for Rocky Mountain International. Some of his hobbies included: fishing, woodworking, and causing trouble lol.

He is survived by his loving wife of 39 years, Marian Wannage Froemming; children, Brad Brown (Lesa) of Sandusky, OH, Christopher Froemming (Tatevik) of Godmanchester, UK, Sarah Froemming of White Bear, MN, Donald T. Froemming (Helen) of Bowie, TX, and Darold Froemming (Melissa) of Monticello, FL; siblings, Valerie, Joseph "Joe", Gerald "Jerry", Cindy, and James "Jim"; along with fourteen grandchildren and great-grandchildren.

Donald is preceded in death by his parents; along with his brother, Larry Froemming.

Cremation entrusted to Hixson Funeral Home in Lake Charles.

Words of comfort may be shared with the family at www.jehixson.com.



SUMMER SALAD LUNCHEON & BAKE SALE

Thursday, July 14, 2022
10:30 AM - 1 PM

First Congregational UCC
7th and Elm Alexandria, MN
(Handicapped Accessible)

Bake Sale & Quilt Raffle
10:30 AM - 1 PM

LUNCHEON 11 AM - 1 PM | \$10

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Celeste Edenoff / Alexandria Echo Press

Katie Girard sits with her dad, Ron Carlson, inside Carlson Music Center in Alexandria. Girard is now a third-generation owner of the store, purchasing it from her dad, who purchased it from his dad, Sid Carlson.

FROM SID TO RON TO KATIE

Carlson family helps others make beautiful music

By Celeste Edenloff
Alexandria Echo Press

ALEXANDRIA — Now a three-generation owned business, Carlson Music Center in downtown Alexandria is owned and operated by Katie Girard. She has actually owned the business for nearly two years, purchasing it in 2020 from her father, Ron Carlson, who purchased it from his father, Sid Carlson.

“It’s an honor for me,” said Girard of being able to keep the family business going. “It’s really cool. My dad had a successful music business that I now get to continue.”

And actually, her dad still has a successful music business in the Twin Cities as he still owns and operates Carlson’s Piano World, which is the area’s exclusive Yamaha acoustic and digital piano dealer. In fact, in 2017, Piano World was awarded the “Dealer of the Year” by Yamaha’s Keyboard Division in recognition of outstanding performance.

A little music history

Ron Carlson said that his dad started Carlson Music Center in downtown Alexandria in 1948. During that time, his dad continued to work in area high schools as a part-time band director. Carlson noted that it will be the 75th anniversary of Carlson Music Center next year.

In 1988, Carlson bought the business from his dad. After being located in a couple different spots in the downtown area, the store was moved in 1998 to its current location at 901 Broadway Street.

A ‘fun industry’

Girard, who has been involved in Carlson Music Center much of her life, had been working at Carlos Cooker Winery as a wedding coordinator at the time she decided to purchase her dad’s store.

“I decided I wanted to focus on Carlson’s instead,” she said, noting that she really enjoys working with people



Carlson

and watching people get started on the music journey. “It’s really a fun industry and we get to work with all ages.”

She said the store has 13 different instructors who teach just about everything including violin, band, drums, piano, guitar, ukulele and more. They also offer voice lessons.

Girard and Carlson have some musical talents – she grew up playing piano and he says he knows about the first eight measures to about 20 songs. Girard said her dad is more a master at marketing and running the businesses than a master at music.

She said a couple of her siblings are definitely more musical than she is.

Looking forward to her plans for the business, Girard said she would like to expand the lessons program. People can take lessons online, but Girard said it’s important to know that there are many benefits to local lessons and that is why she wants to expand that area.

Music night resurrected

Carlson said the music store has had a long history of doing music events at night, but with the pandemic and other factors, there hasn’t been one. But, all that is changing.

Girard said she is excited to announce that the store will be hosting an open mic night next week. The event will take place on Tuesday, July 12, starting at 5 p.m. Musicians are asked to call the store at 320-763-4011 to reserve a time slot.

Carlson said that every hour there will be four different spots available and that the event will take place outside of the store. However, in case of inclement weather, it will be moved inside.

“This was just something that was needed,” said Girard. “We are hoping it inspires students to play, to keep playing and to encourage all



Contributed

Carlson Music Center in Alexandria offers a variety of instruments to choose from, including all different types of guitars and other stringed instruments.

musicians to showcase their talents. It’s to bring a sense of community.”

She also noted that being part of the community and being involved in the community is something she enjoys. She loves to sponsor area organizations or events, like the Central Lakes Symphony Orchestra, Vikingland Band Festival or the Saturday Art Market.

If anyone has questions about the event or about lessons or instruments, Girard said to reach out.

“We’ll get you connected to the right instructor for lessons and to the right materials,” she said. “Just reach out and we can help.”

Email reporter Celeste Edenloff at cedenloff@echopress.com



Contributed

Sid Carlson, who started Carlson Music Center in 1948, stands next to his first delivery vehicle.

ANNIVERSARY



Happy Anniversary

Please join us in celebrating David and Valerie Kalina's 50th wedding anniversary on July 16 at the Lowry Legion from 2 - 5

Friday, July 8

2 p.m. Free Family Movie: Trolls World Tour, Douglas County Library
7 p.m. Ray and Iver – Two Radio Stories, Lakes Area Theatre, 4133 Iowa St.

Saturday, July 9

8 a.m.-5 p.m. Central Lakes Cruzers Car Show, Osakis Visitors Center, Osakis
8:30-10:30 a.m. Community Breakfast, Holmes City Trinity Lutheran Church, free will offering
8:30-11:30 a.m. Holmes City Farmers Market, 5760 County Rd 4W SW, Holmes City
9-noon Alexandria Farmers Market, Big Ole Central Park
9 a.m.-2 p.m. Saturday Art Market, Big Ole Central Park

9-10:30 a.m. Plant Management Discussion, Lake L'Homme Dieu Annual Meeting, Lure Lakebar
10 a.m.-3 p.m. Legacy of the Lakes Diamond Classic Boat Show, Arrowwood Resort
11 a.m.-1 p.m. Heather Zollman Book Signing, Cherry Street Books
6:30-8:30 p.m. Kelly Hunt concert, Legacy of the Lakes Museum & Gardens

Monday, July 11

7-8 p.m. Water Talks: Cover Crops and Water Quality, Legacy of The Lakes Museum

Tuesday, July 12

9 a.m.-noon Alexandria Farmers Market, Big Ole Central Park
11:30 a.m. Let's Talk Plants:

Gardening For Monarchs, Master Gardeners at Douglas County Library
12-17 - 7:30 p.m. Something Rotten, Theatre L'Homme Dieu
Wednesday, July 13
9 a.m. Free Boat & Water Safety Mini-Camp for Age 5 and Up, Smokey Timbers, Miltona
11 a.m. 16th Annual Golf Classic, Alexandria - Geneva Golf Course
1 p.m. Let's go Pontooning, meet at Alexandria Senior Center. Register at 320-762-2087.
7:30 p.m. Something Rotten, Theatre L'Homme Dieu

Thursday, July 14

10:30 a.m. First Congregational UCC Annual

Bazaar and Bake Sale and 11 a.m. Salad Luncheon.
11 a.m. George of the Juggle Performance, Douglas County Library
3-6 p.m. Alexandria Farmers Market, Big Ole Central Park
5:30 p.m. Todd County Fair with 6 p.m. Talent Contest, Long Prairie
6 p.m. Nautical Night Fundraiser, Legacy of the Lakes Museum Garden
7 p.m. Concert on the Courthouse Lawn, White Sidewalls, Alexandria
7:30 p.m. Something Rotten, Theatre L'Homme Dieu

Friday, July 15

7:30 a.m. Wake Up Alexandria! Alexandria Technical & Community College Foundation

8 a.m. 2022 Big Ole PaddleFest, Arrowwood Resort
8:30-3 p.m. Alexandria Senior Center Foot Clinic, call 320-762-2087 to register
4:30 p.m. Miltona Tornado Days Pork Chop Feed
1 p.m. Todd County Fair with 7 p.m. Demolition Derby, Long Prairie
2 p.m. Free Movie: Scooby!-Doo and the Curse of the 13th Ghost, Douglas County Library
5 p.m.-midnight Relay for Life, Douglas County Fairgrounds
7:30 p.m. Something Rotten, Theatre L'Homme Dieu

Send event information to echo@echopress.com, or Echo Press, P.O. Box 549, Alexandria, MN 56308.



Contributed

The Tuesday Night Club will perform at the Saturday Art Market on Saturday.

Tuesday Night Club to perform at Saturday Art Market

Echo Press staff report
ALEXANDRIA — The Tuesday Night Club will perform at the Saturday Art Market in Big Ole Central Park on July 9. The group formed several years ago with members from various other musical ventures. Current members are Jim Faber, Al Liefkort, Bill Riggs, and Terry Kennedy. They especially enjoy playing show tunes and standards from the 1930s, 1940s and 1950s. The Alexandria Art Guild organizes the Saturday Art Market. Events will continue through Sept. 3 and take place Saturdays from 9 a.m. to 2 p.m.

BIRTHS

Births at Alomere Health in Alexandria:
6/22/22 Girl born to Angela Bellino-Birt and Aaron Birt of Osakis
6/25/22 Girl born to Chloe Althaus and Zackary Dorman of Osakis
6/28/22 Boy born to Michelle and Anthony Wangstad of Sunburg
6/28/22 Boy born to Nikki and Justin Massmann of Osakis
7/1/22 Boy born to Kristina and Cody Bauleke of Cyrus
7/1/22 Boy born to Emily Rachels and Trent Sutherland of Alexandria
Year to date births (as of July 1): 313

Chamber welcomes 4 new members

Echo Press staff report
The Alexandria Lakes Area Chamber of Commerce Membership Team recognized four new Chamber members on Wednesday, June 1.

Ollie Birch Boutique is a new boutique in downtown Alexandria located at 614 Broadway St. The store offers a variety of items such as home décor, gifts, accessories, clothing sizes XS - 3X, private labeled candles and many U.S. made items. Learn more at www.olliebirchmn.com
The Smokestack BBQ Supply Store recently opened a location in Alexandria located at 1015 Hwy. 29 N. It offers a variety of smokers, grills, pellets, charcoal, seasonings, sauces, and more.

Brandon Plotz is a financial advisor with **Edward Jones** in Alexandria, his office is located at 507 N Nokomis St., Ste. 204. Edward Jones offers a variety of financial services and uses the philosophy, "Invest for the long term, seek quality invest-



Meyers Lysfjord Pallansch Barnhardt Plotz Meland

ments, and manage risk diversification." Learn more at edwardjones.com/us-en/financial-advisor/brandon-plotz.
The **Vikingland Band Festival** is entering its 38th year. The event takes place the last Sunday of June each year on Broadway St. from 4th Ave. to 15th Ave. Since the event has started, it has drawn more than 94 different bands from seven states, three Canadian provinces and Norway. Each year the event is made possible by committee members and many volunteers. Learn more at www.vikingland-bandfestival.com.

The **Vikingland Band Festival** is entering its 38th year. The event takes place the last Sunday of June each year on Broadway St. from 4th Ave. to 15th Ave. Since the event has started, it has drawn more than 94 different bands from seven states, three Canadian provinces and Norway. Each year the event is made possible by

committee members and many volunteers. Learn more at www.vikingland-bandfestival.com. The Membership Team serves as a resource to new members by providing support through conversations and introductions that will cultivate and promote positive ongoing relationships between Chamber members. For more information on the Alexandria Lakes Area Chamber of Commerce, call 320-763-3161 or visit www.alexandriamn.org.

ATCC Foundation to host Wake Up Alexandria

Echo Press staff report
ALEXANDRIA — The Alexandria Technical and Community College Foundation will host the Alexandria Lakes Area Chamber of Commerce Wake Up Alexandria event on Friday, July 15 at Foundation Hall, 317 17th Avenue East from 7:30 to 8:30 a.m. Wake Up Alexandria is a Chamber networking event that is open

to everyone. It offers an opportunity for attendees to learn about the businesses and organizations within the community. A \$1 admission is requested, with all proceeds donated to the day's nonprofit recipient, the Alexandria Rotary Club. All Chamber members will be placed in a drawing for the Pot of Gold, which is currently valued at more than \$6,000.

ATCCF was established in 1971 as the fundraising arm of the college. Over the years, thousands of students have benefited from ATCCF scholarships as well as from in-kind donations of equipment. The foundation also offers students on-campus housing at Foundation Hall. For more information visit www.alextech.edu/foundation.

Learn about opioid use disorder at Listen and Learn

Echo Press staff report
ALEXANDRIA — Opioid use disorder (OUD) remains a growing concern in the United States, with more than 100,000 overdoses occurring in 2021 alone. There is also considerable stigma associated with OUD.

The Alexandria Lakes Area Chamber of Commerce is offering a one-hour, informative, virtual Listen and Learn event on

Wednesday, July 20 from noon to 1 p.m. to hear from Dr. Allison Juba, family medicine physician with Alomere Health, on the prevalence of OUD and treatment options, and from Pat Homstad on his personal journey through recovery. The event is open to

everyone and is free of charge. Register by visiting the Alexandria Chamber website at alexandriamn.org and look for the registration link on the main page. Listen and Learn is a one-hour informative virtual event hosted by the Alexandria Chamber. These sessions offer information, education, support, and resources on topics that impact the community and its diverse business and organizational partners. For more information, call the Alexandria Lakes Area Chamber of Commerce at 320-763-3161 or email info@alexandriamn.org.

Prairie Wind Players present
AND THEN THERE WERE NONE
Directed by Sharon Thalmann
Agatha Christie's
CLASSIC MYSTERY THRILLER

DATES:
Thursday, July 21 through Sunday, July 24
• Evening performances at 7:30 p.m.
• Sunday matinee at 2:00 p.m.
Friday, July 22
• Dinner Theatre serving at 6:00 p.m.

TICKETS:
\$18 General Admission
\$38 Dinner Theatre
Tickets available at the door or online: prairiewindplayers.org
Dinner theatre tickets must be reserved in advance

PLACE:
at Historic Roosevelt Hall • 202 Hawkins Ave, Barrett MN

"This activity is made possible by the voters of Minnesota through grants from the Lake Region Arts Council, thanks to a legislative appropriation from the Arts and Cultural Heritage fund."

Losing a Spouse (1 of 3)
Not only is there grief, but also stress in dealing with finances. This financial planning checklist can help you navigate this difficult time.

Financial Planning Checklist for Widows
» **Decide who will handle your investment and financial planning needs.** For many widows, their spouses handled the finances. If that was true in your relationship, you'll need to think about who will serve this role. Will it be you or will you hire the services of a professional?
» **Seek the help of professionals if you're newly widowed.** Even if you handle your own investments and financial planning, it may be necessary to seek help in some areas.
» **Ensure the right amount of life insurance is in place.** If you've lost a loved one and they didn't leave behind much life insurance, you know how difficult this can be. To protect loved ones, make sure your financial plan includes a life insurance review.
» *To be continued...*

Source: Excerpts from bestwealth.net, blog 9/19/18

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James Schmitz & Jennifer Lesmeister, Financial Advisors

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You Asked
Have a question about something in Douglas County?
Ask the Echo Press and we'll publish your question and the answer in our You Asked column!

Send your questions to Al Edenloff at AEdenloff@echopress.com or 225 7th Avenue East, Alexandria, MN 56308 or call (320) 763-3133

DAMAGE

From Page 1

“We were able to lift larger pieces out of the water, but some items were waterlogged and sunk to the bottom,” said Rush, noting that he doesn’t think everything will ever be able to be removed from the lake. He said residents need to know that despite efforts, some things will remain in the lake.

During the cleanup process in June, Rush said multiple agencies worked together and that it was a “terrific effort” with “excellent cooperation” among all the agencies involved.

Besides the construction and demolition items, crews removed broken pieces of docks and lifts, tires, partial roofs, outboard motors, an air conditioner, garbage cans and more out of Maple Lake.

“Despite our efforts, however, there is still more in the lake,” said Rush, noting that he knows there are still pieces of steel siding and other pieces of roofs in the lake and that he knows where much of the debris is in the lake. “We removed what we could.”

Rush said lake residents and those using the lake just need

to be cautious when using the lake and to know that there is still debris, including nails, pieces of glass and more, in the water.

Douglas County Chairperson Tim Kalina said that he feels another effort should be made to clean up more of the lake.

Rush said he and his team would go back out and access it and then proceed with another cleanup effort. No dates have been set yet.

Report damages to assessor

Douglas County Assessor Stacy Honkomp said that the May 30 storm, along with another storm that occurred on May 12, left 188 taxable parcels in Douglas County with damages totaling an estimated \$20.4 million. There were 46 homes destroyed with the market value of those homes at \$8.9 million, said Honkomp.

She is still receiving reports from homeowners, especially from seasonal homeowners, about damage to their properties. Because the info being collected will be sent to the state to determine what funding will be available to the county, Honkomp said she has set Wednesday, July 13, as the

cutoff date to report damages. She also said that if property owners have any questions, they should call the assessor’s office at 320-762-3884. She will try and help answer any questions homeowners may have.

Honkomp said abatement forms for taxes will be going out to those who have reported damages and that there are local abatements available. The county will be applying for property tax relief.

“It will be a process and it is going to take time,” she said.

Public health report

Ann Stehn, Horizon Public Health administrator, presented the 2021 annual report for the five-county public health agency. She highlighted a few items from the 37-page report. One of those is that in 2021, Horizon Public Health was awarded national accreditation through the Public Health Accreditation Board.

“It was a lot of work. But we are pretty proud to say we got through it,” said Stehn, noting that more than 11,000 documents were received and submitted to the Public Health Accreditation Board between 2017 and 2019.

In the report, it was stated that 166 total meeting hours for accreditation activities took place in 2021 and that 12 staff members were actively involved in accreditation activities in 2021.

Stehn said that her department is the 10th local health department in Minnesota to receive the accreditation.

Here are a few other highlights from Stehn’s 2021 report:

- There was 16,384 hours of staff time devoted to COVID-19 response with 9,004 total cases of COVID-19 in the Horizon Public Health five-county area. There were 279 hospitalizations, 62 ICU admissions and 68 deaths.

- More than 10,500 vaccinations were given along with 213 influenza vaccines; and 365 immunization clinics held throughout the year.

- There were no active cases of tuberculosis and one new latent tuberculosis case in 2021.

- There were 44 car seats distributed to children 8 years of age or younger with education provided to their parents and caregivers.

- For the traditional family home visiting program, 82 families and 86 children were served with 302 visits com-

pleted. Of those visits, 114 were in person, while 55 were virtual visits and 133 were visits over the phone. Stehn said there were a number of referrals made for those who had depression and anxiety screenings.

- The WIC program served an average of 1,287 participants per month with nearly \$850,000 worth of WIC foods purchased. Of that \$850,000, there was more than \$576,700 of food purchased in Douglas County.

- There was \$293,817 in grant funding expended on community projects to improve the health of communities.

- There were 427 food, pool and lodging inspections completed and there were more than 150 radon tests distributed across the five-county area.

- Hospice of Douglas County, a program of Horizon Public Health, has been serving the area for 38 years. They had 136 admissions in 2021 and more than 9,850 patient days billed. Hospice of Douglas County was recognized by HealthcareFirst for continuously providing the highest level of satisfaction through care as measured from the patient’s point of view.

Email reporter Celeste Edenloff at cedenloff@echopress.com.

BOARD

From Page 1

The following are the responses from Susag and Knudsen. Conn did not send a response.

The two top vote-getters for each position in the primary will advance to the general election this November. There is one other contested race for the school board, position 2, which includes incumbent Alan Zeithamer and challenger Vern Engstrom.

Laura Knudsen

1. Please provide some background information and qualifications for the school board position (brief bio, occupation, experience, skills, etc.)

I’m a parent who has navigated children through our district from Early Childhood Family Education classes into high school. I have worked as a paraprofessional, with assignments in classrooms of every grade level, giving me a unique perspective as an employee. I’ve volunteered in our district as a member of the Early Childhood Advisory Board, eventually serving as its President. I’ve volunteered in classrooms, including in an art appreciation program. I’ve been a member of district referendum campaigns. The most rewarding accomplishment was working in the Carlos Parent Action Committee to raise over \$200,000 in order to make our playground safe. Past community leadership has included serving as President of the Friends of



Knudsen

Knute, a volunteer committee supporting the residents. This led to a term as the Legislative Issues Chair for the Health Care Auxiliaries of Minnesota.

2. What motivated you to run for office?

I’m motivated by my love of education, compassion for students, understanding that quality schools support our community and the need to preserve parents’ rights. Our students deserve the highest quality education. We are currently not meeting our potential, as illustrated in the state ranking of our high school. Quality education creates a home-grown work force, meeting the demands of our local industries, attracting professionals from outside our community and create new innovative businesses. Parents are the primary educators of their children, and schools should be partnering with them. Unfortunately, the trend is moving in the opposite direction.

3. What differentiates you from the other school board candidates?

Being on the frontlines with students as a parent and a paraprofessional is valuable first-hand experience. I’ve seen the issues facing our schools from inside and outside. For over a year, I’ve been connecting with parents and organizing our community to address issues, including the district ignoring parents’ rights during covid mitigation. I have experience advocating for issues to lawmakers, a skill that is a growing need for school boards in order to remain independent with local control.

4. What do you see as the primary work of the school board?

Minnesota State Stat-

utes define the work of the school board. Statute 123B.09 Subd. 8 - Duties states, “The board must superintend and manage the schools of the district; adopt rules for their organization, government, and instruction; keep registers; and prescribe textbooks and courses of study.” To do this effectively as elected officials, the work must include engaging the community to understand expectations. Board members must work with a range of parents to understand the needs of students and respect parental rights.

5. If elected, what are your priorities or what issues should the school board address?

Quality education, school safety and parental rights are leading issues. The number one job of our schools is to teach our children the skills needed to be well-rounded adults, who can function productively in our society. Math, reading and science are core knowledge areas, where all students need to reach their full potential. School safety includes providing an environment where students are physically safe. Ensuring a safe mental health environment is also necessary. Current climates at our schools are negatively impacting the mental health of students. Parental rights is a growing concern. I intend to preserve these rights.

Sandy Susag



Susag

1. Please provide some background information and qualifications for the school board position (brief bio, occupation, experience, skills, etc.)

rience, skills, etc.)

I have lived in Alexandria for several years, raised our two sons here and have been actively involved in supporting Alexandria. My last 17 years of employment involved working for the Douglas County Hospital Mental Health Unit/Lakeland Mental Health as primary intake worker. I have served as president of AAAA (Andria Theatre); original creator of the Concerts on the Courthouse Lawn; creator of Saturday Art Market. I currently serve on the Habitat for Humanity Board of Directors; raise money for the Traveling Treehouse Literacy Program; assist at Small Mall.

2. What motivated you to run for re-election for office?

I am running for re-election because I am committed to the students of District 206 and to the community of Alexandria. I have 12 years of previous service on the School Board. We possess the most amazing kids, staff, administration. We are held in high regard across the state for our commitment to excellence in education. Our school system is still! toured 8 years after we built the new high school, after implementation of the Academics model. Our students achieve on so many levels. The importance of a high functioning school system is of utmost importance in attracting new businesses and new residents to this area. It is an indisputable economic factor when people choose to relocate.

3. What differentiates you from the other school board candidates?

As I stated previously, I have 12 years of experience on the school board. Our school board is made up of highly professional indi-

viduals from this community whose only goal is to do what is best for kids. I have spent many years working on problem areas within our community: homelessness, food insufficiency, literacy, currently engaged in trying to solve the childcare issue. I serve on a committee that includes City Council reps, County Commissioners and School Board members. We work toward solutions for common problems. I see the glass as “half full.” When I encounter a problem, I seek input from others to help reach the best solution. I am a team player. I will never ask you to do something that I am not willing to do myself.

4. What do you see as the primary work of the school board?

Our School Board is a governing board. We make policy. We hire outstanding individuals to carry out these policies. In the case of the recent COVID pandemic, we relied on medical information from sources such as the CDC and our local medical community to make informed decisions. We are also governed by federal and state mandates, that when in place, we must follow. We need to offer a curriculum that helps “grow” every student. We offer educational choices of new opportunity – maybe a new career path choice. We want each and every student to be the very best form of themselves. We partner with local businesses (Champions Committee) to gain input and leadership for our students. We partner with parents and invite them to contact their child’s teachers with concerns or suggestions.

5. If elected, what are your priorities or what issues should the school

board address?

I want every student to be and to feel safe. Public focus on assault weapons attacks is of concern to everyone – including me – but there are many types of assault weapons – including verbal and physical assault on our students, especially LGBTQ students or BIPOC (Black, Indigenous, People of Color) students. Bullying is not acceptable – ever. The Code of Conduct in our schools include: Acceptance, Kindness, Empathy. We need to do better. We need to continue to help our students excel educationally but we need more work on the tolerance and acceptance factors.

PHOTOS OF POSITION 3 CANDIDATES

Photos of the four candidates running in the Aug. 9 primary for position 3 on the Alexandria School Board were inadvertently omitted from the July 6 print issue that included their responses to the questionnaire. Here they are:



Lommen



Novak



Odell



Reilly

Email Editor Al Edenloff at aedenloff@echopress.com

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PUBLIC ANNOUNCEMENTS

Annual Meeting
for all
Lake L'Homme Dieu
property owners.
Mark your calendars!
Saturday
July 9th, 9:00 - 10:30am
Speaker
Daniel McEwen, Ph.D.
Limnopro Aquatic Science, Inc
Topic: Plant Management
Survey on Lake LHD
Refreshments
Coffee, juice and rolls will be
served at
Lure Lakebar
2800 N Nokomis NE
Alexandria, MN

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PUBLIC ANNOUNCEMENTS

It is the responsibility of the advertiser to check your classified ad on the first day of publication.
If you find an error, please call us at 320-763-3133 so a correction can be made. To ensure greater accuracy, we request that ads be typed or printed neatly. Echo Press shall not be liable for failure to publish an advertisement, except for the refund of any amount prepaid for the publication of that advertisement. Liability for errors shall be limited to either republishing the advertisement in a subsequent issue or crediting the cost of one insertion occupied by the error, at the option of the Publisher.

HELP WANTED EDUCATION

Industrial Technology Teacher
Parkers Prairie School District
7-12, 1.0 FTE
2022-2023 school year
Course instruction includes Woods I, II, Building Trades, Middle School Building and Robotics, small engines. Flexibility will be given to the strengths of the instructor and student registration as needed for courses. Completed applications include the following: resume, cover letter, at least 3 current letters of recommendation, transcripts, and a completed application form. Applications can be found at isd547.com or request an application at lnori@pp.k12.mn.us. Applications should be sent to: cjohnson@pp.k12.mn.us or Secondary Principal Carey Johnson, Parkers Prairie Public Schools, PO Box 46, Parkers Prairie, MN 56361
Questions regarding the position should be directed to Secondary Principal Carey Johnson and will be answered by phone at 218.579.0437 or by email to cjohnson@pp.k12.mn.us

HELP WANTED GENERAL

Bus Driver
Temporary, intermittent (on call as needed) bus driver positions available to operate a passenger bus that carries more than 12 people. Main duties include picking up state-owned bus to transport passengers safely and deliver them to a designated location. Submit application materials (resume and cover letter) at <https://www.alextech.edu/employment>. Click on "Apply for Jobs" - Staff Positions and apply online with a deadline of July 15, 2022.

ALEXANDRIA COLLEGE
Technical & Community
A member of Minnesota State
1601 Jefferson Street, Alexandria, MN 56308
Ph: 320-762-0221 Fax: 320-762-4450
Email: employment@alextech.edu
An Equal Opportunity Employer/Educator

GARAGE SALES

PUBLIC/GARAGE SALES

Alexandria, 56308
Garage Sale
409 Voyager Ct
Friday, July 8, 10am-7pm,
Saturday, July 9th 7:30am-12:30pm
Toddler to adult clothing, toys, books, puzzles and lots of misc.

That new
JOB feeling.

Get it here.
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ESTATE SALES

50 YEAR ESTATE SALE!
Saturday, July 9th,
starting at 7AM
20499 310th Ave.
Starbuck, MN 56381
(2 miles W of Starbuck on
State Hwy 28, 1 mile S)
OVER 100 FARM TOYS!
John Deere & International;
Tonka trucks; Huge doll
collection! Many lanterns;
Butter churns; Glassware;
Clothes/coats; Christmas
decorations; Longaberger
basket collection; Antique
farm tools; Milk cans,
McCormick Deering corn
grinder; Nice wood cabinet,
& much more!

CHECK OUT THE GARAGE SALE MAP at echopress.com

Sections GARAGE SALE MAP

READ TODAY'S PAPER

Garage Sale rates starting at \$28 includes print & online

HELP WANTED EDUCATION

Kindergarten Teacher
St. Mary's School in Alexandria is accepting applications for a 1.0 FTE Kindergarten Teacher for the 2022-23 school year. St. Mary's is a growing Catholic School that offers competitive salary and benefits. Current Minnesota licensure is required and a practicing Catholic is preferred.
Please send a letter of interest, resume, letters of recommendation, teaching license and transcripts to: Troy Sladek, Principal
St. Mary's School
421 Hawthorne
Alexandria, MN 56308
Open Until Filled

DON'T WAIT. SEARCH TODAY.
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JOBHQ.COM

HELP WANTED GENERAL

HENRY'S FOODS, INC.
Full-Time Position Mon.-Fri.
Requires working in -15 degree temperatures up to nine hours per day; the ability to lift up to 50# and a desire to work with a motivated and dedicated team!
The job duties include unloading trucks and placing product in appropriate areas of the freezer. Desired applicants will be eager to work in a fast paced environment, reliable in attendance, and have a positive attitude.
Starting pay is \$16.75/hr. PLUS paid vacation, paid sick time, paid holidays, health insurance, and 401k and profit sharing are just some of our benefits.
Apply online at: henrysfoods.com or in person at 234 McKay Ave. N., Alexandria, MN.

HELP WANTED GENERAL

PLS PROGRESSIVE LIVING SOLUTIONS
\$500 NEW HIRE BONUS
PROGRESSIVE LIVING SOLUTIONS
Progressive Living Solutions is a local Alexandria residential adult group home provider supporting high functioning adults with mental illness and other disabilities. Looking for kind and nurturing caregivers to assist us in our fun and laid-back social environment, by providing supervision and other supports to our residents. No physical cares or restraining actions required. Our residents are kind individuals and there are no threats of physical injury while on shift. **Offering a competitive hourly wage, paid training, annual bonus, and a \$500.00 new hire bonus.**
Hiring immediately for Full Time & Part Time positions! **Awake Overnight Direct Support Professionals 10:00 pm - 7:30 am and PM Direct Support Professionals 3:00 pm - 10:15 pm with rotating weekends.**
Please call to discuss these opportunities! (320) 759-5730 or apply online at www.PLSMN.net/Jobs

HENRY'S FOODS, INC.
Join Our Night Warehouse Team & Enjoy Most Summer Weekends Off!!
Four or five night work week available. Up to \$300 Sign-On Bonus!
FREEZER: gear up in company provided clothing and use electronic scanners to read and locate product to pick and load for our many customers! \$17.75 per hour.
LOADING DOCK: Take product from conveyor lines and load into trailers. \$17.75 per hour.
ORDER SELECTORS: Use scanners to read and locate items for picking. \$16.75 per hour.
In addition to our competitive starting wages, we offer paid time off, health insurance, matching 401k, and most weekends off!
Apply online at henrysfoods.com or in person at 234 McKay Ave. North, Alexandria

HELP WANTED GENERAL

BE
Brandon-Evansville School District Hiring For The Following Positions
Janitorial Positions
7 hours daily starting ASAP
Dishwasher
9-1:30 pm daily during the school year
If you are interested please contact superintendent, Louisa Glenetske, at lglenetske@b-e.k12.mn.us or call (320) 834-4084, EXT 6107.
These openings are for both the Brandon and Evansville buildings.
Applications can be found at our website www.b-e.k12.mn.us

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Apprentice or Journeyman
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Email resume to: aquarius84plumbingheating@gmail.com
or mail or stop in: 214 6th Ave E Alexandria, MN 56308
320-763-3636 Ask for Buck

HELP WANTED GENERAL

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PROGRESSIVE LIVING SOLUTIONS

HELP WANTED GENERAL

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Work somewhere where you can be yourself. FT & PT hours, work when it works for you!
Advancement opportunities! Shift Managers earn \$19+/hr.
We offer paid time off after 1 year, meal discounts, uniforms, flexible schedule & medical ins. after 1 year.
Apply by texting MN148 or MN145 to 38000 or at: careers.mcdonalds.com

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LIFE COACH - ALEXANDRIA DAY PROGRAM
Full Time position providing support & assistance to adults with developmental disabilities in a vocational day training & habilitation program. Experience preferred, but will train. Flexible Daytime hours Monday - Friday. Starting wage: \$15/hr. Must be able to pass a background check and possess a clean driving record.
Apply online at: www.productivemn.org
Contact: Chelci Gira; Day Program Manager ChelciG@productivemn.org
603 22nd Ave West, Alexandria, MN 56308

HELP WANTED MAINTENANCE AND REPAIR

General Maintenance Position
Part time help wanted from an Independent Contractor interested in providing general maintenance activities for group home operations in Alexandria. 12-20 hours per week, flexible weekly schedule, AM to early afternoon hours preferred, minimal after hours emergency attention needed.
Please call 651-303-6769 to discuss this opportunity!

HELP WANTED SKILLED AND TRADES

HENRY'S FOODS, INC.
Commercial Vehicle Preventative Maintenance Technicians
The ideal candidate will have a Class A CDL and previous experience working on Commercial Vehicles doing oil changes, tire replacement, and other preventative items. However, anyone mechanically inclined is encouraged to apply.
Two Positions Available! 4AM-12:30PM & 10AM-6PM
Wages: \$22.00/hr. plus excellent benefits including health insurance, life insurance, paid vacation, paid sick time, paid holidays, profit sharing & 401k.
Apply online at henrysfoods.com
Completed applications to be mailed to Henry's Foods, Inc., PO Box 1057, Alexandria, MN or email jwhipkey@henrysfoods.com

HELP WANTED TRANSPORTATION AND LOGISTICS

HENRY'S FOODS, INC.
CLASS A CDL DRIVER
Up to \$25,000 Sign-On Bonus!
• \$22.00 per hour.
• Year round employment.
• Four or five day schedules available.
• Occasional overnight shifts include per diem.
• Well maintained fleet.
• Uniforms and seasonal outerwear provided.
• Family owned; operating with family values.
We offer health insurance, life insurance, 401k, paid vacation time, paid sick time, and paid holidays.
Must have a valid Class A CDL and current Health Card.
Apply online at henrysfoods.com or send completed application to: Henry's Foods, Inc. Attn: HR, PO Box 1057, Alexandria, MN 56308

HELP WANTED GENERAL

Want to Work in a Home-Like Setting?
Prairie Community Services has Direct Care positions open in the Alexandria area!
• Pay DOE
• Variety of work environments
• Meals provided
• Benefit packages
• Casual dress code
• Fun team atmosphere
• Consistent schedules
• Training program
For applications & more info, call Mary at (320) 763-6528 or visit us online at www.sfhs.org EOE/AA

Never too late to go after your dream JOB!

Find it here.
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HELP WANTED HEALTHCARE

Galeon of Oshes
Senior Living, Wellness, Care & Recovery
FULL-TIME OVERNIGHT LPNs or RNs
Needed to work 5-6 nights every two weeks including every third week-end. Hours are 6PM-6:30AM. Scholarships available to advance nursing career. Family like atmosphere.
For descriptions & to fill out app visit galeonmn.com or apply in person at 410 W. Main St., Osakis. 320-859-2142

HELP WANTED OFFICE AND ADMINISTRATION

Are you friendly and outgoing? We want to talk to you! Elementary Secretary Parkers Prairie Schools Start August 1, 2022. This is a 220 day per year position following the school calendar with additional days worked during the summer. The position is under the direct supervision of the building principal. Completed applications include the following: resume, cover letter, 3 current letters of recommendation and a completed application form. The application is available on our website at www.isd547.com. Click on Employee Opportunity to download an application form. Applications can be emailed or mailed to Steve Radtke Elementary Principal Parkers Prairie Schools 518 South McCormell, PO Box 46 Parkers Prairie, MN 56361 sradtke@pp.k12.mn.us Questions? Call 218-338-4079 ext 400

Thinking about a new JOB?

Start here. jobsHQ.com

HELP WANTED PROFESSIONAL SERVICES

HENRY'S FOODS, INC.

FOODSERVICE BUYER We are looking for an individual with food service experience to join our team as the Foodservice Buyer

This position is responsible for sourcing new vendors and items, negotiating prices, maintaining inventory, and marketing foodservice products.

Requirements include knowledge of the foodservice/restaurant industry, mathematical skills to determine profit margins, negotiation skills, problem solving skills, accuracy in details, and excellent interpersonal relationships skills.

Preferred applicants will have worked in the restaurant industry or previously purchased foodservice items for restaurants and delis.

We offer competitive salary, health & life insurance, 401k, paid holidays, paid vacation and paid sick time.

Email resume to jobs@henrysfoods.com or mail to: Henry's Foods Inc, HR, PO Box 1057 Alexandria, MN 56308

HELP WANTED SKILLED AND TRADES

Darchuk's Fabrication is seeking applicants for: FT WELDER/FABRICATOR Valid driver's lic. req. Apply in person or email darchukfab2@arvig.net 218-732-1427

MISCELLANEOUS FOR SALE



GREAT UTILITY VEHICLES WARM & QUIET! All trucks are 4-wheel-drive with hi/lo range.

Can also order new trucks! IN STOCK: 2021 Daihatsu HD Dump, AC, PS, DL, \$20,900. 2021 Daihatsu Dump, Silver, AC, PS, DL, \$18,900. 2022 Suzuki, AC, PS, AT, \$18,500. 1998 Daihatsu Fire Truck, \$9,800. 2019 Suzuki Dump, PS, AC, DL, \$17,500. 2005 Daihatsu, AC, PS, \$11,500. 2022 Daihatsu, AC, PS, PW, DL, \$18,800. 2021 Daihatsu, AC, PS, PW, AT, Silver, \$18,500.

COMING SOON! (2) 1 2021 Suzuki Scissor Lift & Dump, AC, PS, DL. 2003 Daihatsu Fire Truck, AC, \$11,500.

We also have lift kits, tires & wheels & other accessories available!

Call Arlen at 763-234-9118 Bemidji, MN

Scott at 701-308-0101 Lisbon, ND

DEALS & STEALS

Buying: Coin collections/accumulations/bullion, mint & proof sets, currency, tokens, etc. Will travel/pay cash. 55 yrs exp. No Deal too Big! (612) 986-2566

For Sale: Stanley Fat Max Plumb Bob Dot Laser Level (working range 100 ft). Call or leave message \$40 . (320) 762-2447

GIVE AWAY: Original Equipment Tie-Down Box Rails from a 2008 Dodge Dakota Quad Cab Pickup. Fits other years also. In Alex. (218) 790-7764

Wanted - craft items, new & old jewelry (broken or not), beads, buttons, crafting wire, scrap-booking, yarn, fabric, stamping. \$. (320) 491-7107

Wanted - Donations of Bibles, devotionals & faith-based books, CDs & DVDs for men, women & children. (320) 491-7107

For Sale: 16 inch variable speed chorded scroll saw. \$95. (320) 815-6664

DEALS & STEALS

For Sale: 10 inch Delta Power Miter Saw. Good condition, newer blade. \$50.00 (320) 634-4437

For Sale: 3-4 yr old pressure washer (Sears), have manual. Motor needs some work. \$25 (320) 886-5315

For Sale - 3/8" used plywood in good condition, all pieces are square or rectangle (320) 491-1887

For Sale - Top brand golf balls, Titleist, Callaway, Taylor Made, etc. Good Condition. \$5.00 Per dozen (615) 498-8833

For Sale: Vertical 6'2" Free-standing Wall Bike Rack, holds 2 bikes. Call or leave message. \$35. (320) 762-2447

For Sale: Orange Descoware Pot, 24-25B. Collectible. \$25. (612) 270-6295

For Sale: Sears Electric Compressor, hose plus extras! \$55 (320) 815-6664

Wanted - Donations of your perennials, will split & replant to your needs. (320) 491-1887

For Sale: 4-Person paddleboat. \$85.00/OBO. (320) 491-8805

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\$\$\$ CASH \$\$\$ FOR VINTAGE CLOTHING & FARM CLOTHING 1900'S-90'S 888-OLD-RAGS

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WANTED: Junk Riding mowers, snowblowers, outboards, ATV's, motorcycles. Sorry no walk behind mowers. FREE pickup within 15 Miles from Alex. (320) 762-0526

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AKC Standard Poodles Gorgeous, family raised on farm. AKC pups, OFA tested parents, hunting/companion/working dogs. Vet checked, up to date on shots. \$1500. 218-590-7106 www.Poodlesaround.com



Champion Blood-line AKC Reg. Mini Schnauzers Shots up to date, tails docked, dewes removed. Well adjusted. Raised in our home. Call/text: 701-261-3261 jenessasschnauzerranch.com

AKC Golden Retriever Puppies - Up to date on all shots & vaccinations, Vet checked & ready to go to their homes. Two Females available. \$1500/each. (320) 429-1029

German Wirehaired Puppies, 13 weeks, 1 M & 1 F, UTD on shots, NAVHDA registered, \$200. Call 320-290-6594.

55+ COMMUNITIES

Townhome For Rent: Alexandria, MN - 2 Bd, 2 Bath, Dbl Garage, Ages 55+ Near Alexandria Golf Club. (320) 219-8619

APARTMENTS FOR RENT

Evansville, MN 56326 Evansville Apartments 505 Johnson Street For Rent: Nice 2 bedroom on second floor. Rent based on income. Includes all utilities. All ages welcome. Call Deb 320-460-8650 Douglas County HRA Alexandria, MN 56308 "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

Parkers Prairie, MN For Rent: 2 Bd, Lakefront apartment w/garage. 2 miles from Parkers Prairie. Smoke free, \$850/mo. Heat, air cond, electricity, mowing, snow removal, laundry hookup incl. (605) 484-7233

Two Houses, 3 br 2 baths, fenced yard, garage, Starting at \$1295/month. Utilities extra. Text Gary at 612-968-9715

Completely updated 2 Bedroom upstairs apt. Great location, all utilities included. \$650/mo. 320-491-6928.

OFFICE SPACE FOR RENT

For Rent: 1500 square feet of office or retail space at 209 6th Ave E, Alexandria. \$900/month 320-766-7321 or 320-763-6518

LOTS FOR SALE

LOT FOR SALE Hoffman, MN 56339 1 ACRE LOT - \$25,000 (320) 760-1756 or 304-5347

SEEDS/FEEDS/HAY

For Sale: Grass Hay for Horses (320) 815-8488

BOATS

2014 Lund Rebel XL 1650 50 HP Yamaha 4-stroke tiller, Lowrance 5 HDI. 3 batteries on board, charger, Minn Kota V2. Shorelander trailer, w/Custom Lund HWY tarp, Like New! 320-834-3188 \$17000/OBO.

COMMERCIAL TRUCKS/VEHICLES

1999 Cummins Diesel, 208,000 miles, \$8500 or best offer. Call for details, 320-733-4317.

MOTORCYCLES

FOR SALE: 2015 Yamaha TW200 Motorcycle, w/1500 miles, asking \$4000.00. 2016 Yamaha TW200 Motorcycle, w/3400 miles, asking \$4300. Both in exceptional condition. 320-815-4061 or 815-3774 Location: Alexandria, MN

MOTORHOMES/RV



Small Cabin to be moved to your location, well built, \$12,500. Call 320-733-4317.

2019 ROCKWOOD 32' ULTRA LITE 2707 WS MINT-used 4X, Stored inside, 3 slides, sleeps 6. Ready to camp! 218-639-4044. \$27000



MN LEGALS

Ad for Bids Publish July 6, 8, 13, 2022

REQUEST FOR BID TO: QUALIFIED CONTRACTORS FROM: JOEL SEELA, DIRECTOR OF FACILITIES & SECURITY ALEXANDRIA TECHNICAL COLLEGE SUBJECT: CARPENTRY CLASSROOM SITE GRADING DATE: JULY 1, 2022

Alexandria Technical College is requesting sealed bids for the following: Price to construct road to 1st Year Carpentry house building lab per Plan sheet 1 and 2 from Landteam dated May 19, 2022. PRICED WITH All Material & Labor To complete INCLUDES: Removal or supply of fill if required Grading permit (plans have been submitted to City) Prevailing wages EXCLUDES: Irrigation or watering Contractor must attend mandatory pre-bid site visit to verify conditions of work, and access requirements for the work to be performed. Schedule visit with Facility Director. Normal working hours will be M-F 7-4:30 excluding holidays. Work to be substantially complete by August 22, 2022. Provide alternate price for delayed installation if unable to meet schedule. Certificate of insurance meeting MNCSU minimum insurance requirements. Minimum insurance requirements for the State of Minnesota are \$2,000,000 annual aggregate and \$2,000,000 each occurrence for commercial general liability, \$2,000,000 business automobile liability, and \$100,000 to \$500,000 workers' compensation required with this quote. Sealed Bids due July 15 at 1pm and will be publicly

Director of Facilities & Security Alexandria Technical College 1601 Jefferson Street Alexandria, MN 56308 Phone:320-762-4635 Email: JoelS@alextech.edu Thank you for your time, and we look forward to hearing from you. Quote form: Please complete and return: Name: Address: Telephone Number: E-mail Address: Base Bid Amount: Alternate Bid Amount: Alternate completion Date Signature: Title

Joel Seela Director of Facilities & Security Alexandria Technical College 1601 Jefferson Street Alexandria, MN 56308 Phone:320-762-4635 Email: JoelS@alextech.edu Thank you for your time, and we look forward to hearing from you. Quote form: Please complete and return: Name: Address: Telephone Number: E-mail Address: Base Bid Amount: Alternate Bid Amount: Alternate completion Date Signature: Title

Title 79585

Joel Seela Director of Facilities & Security Alexandria Technical College 1601 Jefferson Street Alexandria, MN 56308 Phone:320-762-4635 Email: JoelS@alextech.edu Thank you for your time, and we look forward to hearing from you. Quote form: Please complete and return: Name: Address: Telephone Number: E-mail Address: Base Bid Amount: Alternate Bid Amount: Alternate completion Date Signature: Title

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MN LEGALS

Stewart Estate Publish July 1, 8, 2022 STATE OF MINNESOTA COUNTY OF DOUGLAS SEVENTH JUDICIAL DISTRICT DISTRICT COURT PROBATE DIVISION Court File No. 21-PR-22-1011 NOTICE OF INFORMAL PROBATE OF WILL AND APPOINTMENT OF PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS Estate of Patricia Ann Stewart, a/k/a Patricia A. Stewart, a/k/a Patricia G. Stewart, a/k/a Patricia A. Groninga, a/k/a Patricia A. Turdik, Decedent Notice is given that an application for informal probate of the Decedent's Will, dated October 16, 2019, ("Will"), has been filed with the Registrar. The application has been granted. Notice is also given that the Registrar has informally appointed Bremer Bank, National Association, whose address is 1100 W St. Germain St., PO Box 986, St. Cloud, Minnesota, 56302; Timothy Stewart, whose address is 1036 Ashland Avenue, St. Paul, Minnesota, 55104; and Kathleen Stewart, whose address is 1036 Ashland Avenue, St. Paul, Minnesota, 55104, as personal representatives of the Estate of the Decedent. Any heir, devisee or other interested person may be entitled to appointment as personal representative or may object to the appointment of the personal representative. Unless objections are filed with the Court (pursuant to Minnesota Statutes section 524.3-607) and the Court otherwise orders, the personal representative has full power to administer the Estate, including, after 30 days from the date of issuance of letters, the power to sell, encumber, lease or distribute real estate. Any objections to the probate of the Will or appointment of the Personal Representatives must be filed with this Court and will be heard by the Court after the filing of an appropriate petition and proper notice of hearing. Notice is also given that (subject to Minnesota Statutes section 524.3-801) all creditors having claims against the Estate are required to present the claims to the personal representative or to the Court Administrator within four months after the date of this Notice or the claims will be barred. Dated: June 24, 2022 /s/ Shari Kris Registrar Kim Peterson Court Administrator Attorney for Personal Representative Barbara M. Kristiansson Messleri Kramer 1400 Fifth Street Towers 100 South Fifth Street Minneapolis, MN, 55402 Attorney License No: 03344443 Telephone: (612) 672-3682 FAX: (612) 672-3777 bkristiansson@messlerikramer.com 78409

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Public Notice Publish July 8, 13, 2022 NOTICE OF FILING FOR LAGRAN TOWNSHIP ELECTION

Notice is hereby given to qualified voters of LaGrand Township, Douglas County, State of Minnesota, that filing for town office will be held for a two-week period beginning Tuesday August 2, 2022.

Affidavits of Candidacy shall be filed with the Town Clerk, Kelly Beilke, 501 Town Hall Road, 763-7482 from Tuesday, August 2, 2022 to Tuesday, August 16, 2022.

Supervisor Position - 4-year term Filing will close on August 16, 2022 at 5:00 pm. Filing fee is \$2.00. Kelly A Beilke Clerk LaGrand Township 76351

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SUDOKU

Fun by the Numbers. Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Sudoku grid with some numbers filled in. Row 1: empty, 9, empty, empty, empty, empty, empty, empty, empty. Row 2: 8, 2, empty, empty, empty, empty, empty, empty, empty. Row 3: 5, 7, 3, empty, empty, 8, empty, empty, empty. Row 4: empty, 9, empty, empty, 5, 4, 2, empty, empty. Row 5: empty, empty, empty, 2, 6, empty, empty, empty, empty. Row 6: empty, empty, empty, 7, empty, empty, empty, empty, empty. Row 7: 1, 6, 5, 7, 3, empty, empty, empty, empty. Row 8: 9, 3, 8, empty, empty, empty, empty, 1, empty. Row 9: 5, empty, empty, empty, 2, empty, empty, empty, empty.

HERE'S HOW IT WORKS:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

TODAY'S PUZZLE SOLVED grid showing the completed sudoku solution. Row 1: 9, 8, 2, 6, 3, 1, 5, 7, 4. Row 2: 1, 5, 7, 7, 8, 2, 3, 9, 6. Row 3: 6, 3, 7, 5, 9, 4, 1, 8, 2. Row 4: 8, 1, 9, 4, 7, 5, 2, 6, 3. Row 5: 3, 7, 6, 9, 2, 8, 4, 5, 1. Row 6: 2, 4, 5, 3, 1, 6, 8, 7, 9. Row 7: 4, 9, 8, 2, 6, 3, 7, 1, 5. Row 8: 5, 6, 3, 1, 4, 7, 9, 2, 8. Row 9: 7, 2, 1, 8, 5, 9, 6, 3, 4.

CROSSWORD

Crossword grid with numbered squares. 1-31 are marked for across clues, and 1-32 are marked for down clues.

- ACROSS: 1. Come again? 5. Santa's staffer 8. Bird's "arm" 12. Comic Bob 13. Bogeater 14. Aroma 15. Chooses 16. Wintry 17. Only 18. Nip and 20. Soared 21. Discolor 24. Female sheep 27. Ships' bottoms 28. River barrier 29. Sow's home 32. Heeded 34. Urge 36. Mas' mates 37. Eternity 39. Secondhand TV fare 40. Informed of 41. Helium and nitrogen, e.g. 42. Peddle 45. Gusted 47. Recompensed 48. Dove's call 49. Cracked open 53. Teen skin problem 54. Unusual 55. Ire 56. Formerly 57. Adios! 58. Tinted
- DOWN: 1. Which person? 2. Bunny's step 3. Prone 4. Grumpily 5. Long tale 6. Was without 7. Cook in lard 8. down 10. Naught 11. Increased 19. Concealed 21. Store 22. Large brass horn 23. Pub orders 25. Lump 26. Come forth 29. Gentlemen
- 30. Faithful 31. Hankerings 33. Dash's partner 35. Facing the ocean 38. Nary a soul 40. Of the past 42. Petty argument 43. To his own 44. Succession 46. Mother 48. Corn core 50. Host Leno 51. of Aquarius 52. Like Rudolph's nose

PUZZLE SOLUTION grid showing the completed crossword solution. Row 1: D E D D B E N E H T. Row 2: G A G A V A L L E. Row 3: A V A O C O D I A S. Row 4: M W L E B L L S. Row 5: S E S V A G O L N O. Row 6: N U R B E R N O E S A. Row 7: E R I S E D E D P B E. Row 8: Y S T Y D A M S T U L. Row 9: M S W A W E N I A S. Row 10: W E L F L K C K T U K. Row 11: E N O T L Y C I F T S. Row 12: O R O P A R P A R H O. Row 13: I N G W I L F E L F W A. Row 14: T H H

CEMETERY

From Page 1

Appell says in his over 20 years as a specialist in historic gravestones and monuments, plus 15 prior years as a monument installer, he has seen see a lot of “really bad things” being done that are detrimental to the stone such as placing them into a puddle of concrete and cleaning them with “aggressive chemicals.”

After the demo, volunteers scattered throughout the cemetery, armed with the solution and soft-bristled brushes, to do their cleaning on weathered headstones. Later in the afternoon, fractured tablets were re-joined, a fallen monument was risen and leaning stones were straightened.

“The goal is to do representative repairs of the most common conditions that people encounter,” said Appell.

According to Appell, there are many reasons why stone repair and cleaning are necessary, including to pay respect to those who came before us, but the main reason for him is safety. He said large leaning stones have fallen on top of people, resulting in injury and sometimes, death.



Photos by Thalen Zimmerman / Alexandria Echo Press
A debris-covered Kinkead Cemetery gravestone is sprayed with the non-toxic D/2 Biological Solution.

Alexandria is the 33rd stop for Appell this summer. After the tour, he said he will be working on a monument of Francis Scott Key — who wrote the Star Spangled Banner — among others.

Douglas County Historical Society Director Brittany Johnson reached out to the organization to visit Alexandria as its Minnesota stop for the 2022 season. Johnson said she began looking into groups to host cemetery repair workshops after vandals damaged 20 headstones at Kinkead last October, sparking community

interest in preserving local cemeteries.

“Douglas County has more than 50 small cemeteries and burial sites,” said Johnson. “People want to take care of these things, but they want to know the best way how to do it.”

Johnson said she counted 60 volunteers in attendance at Tuesday’s workshop with some coming from as far east as Mankato and as far west as Fargo. She said 60 to 70 headstones — “maybe more” — were cleaned and/or repaired following the 48 State Tour workshop.

“He (Appell) did say this is one of his best-

attended workshops. And I’m really proud of that for Douglas County,” said Johnson. “It does show, in our rural areas, we are taking care of our history.”

When asked, Apple said, “the historical society did a fabulous job. So yes, this is definitely one of the biggest turnouts so far.”

Johnson said the oldest stones date back to the mid-1860s and 70s with some of the deceased born in the late 1700s.

Among the volunteers were four other representatives from historical societies



A Kinkead Cemetery gravestone is legible again after applying the non-toxic D/2 Biological Solution followed by a soft-bristled scrubbing and water rinse.

across the state — Otter Tail, Grant and Pope counties and the Maplewood area.

Pope County Historical Society Director Merlin Peterson attended the workshop to learn more about the cleaning and repair process of headstones in preparation for the Northern Bedrock historic preservation workshop in August — co-hosted by Pope and Douglas County Historical Societies.

Kinkead is the second Douglas County

cemetery to receive volunteer cleaning this summer with the help of the Douglas County Historical Society. Johnson said with two cemeteries in the books, she would like to add three more before the winter season.

Those interested in donating for future cemetery work can give money in person or mail it to Douglas County Historical Society at 1219 Nokomis Street, Alexandria, MN 56308.

Email reporter Thalen Zimmerman at tzimmerman@echopress.com

NURSES

From Page 1

“Bethany on the Lake is not immune to the struggles facing the healthcare industry nationwide,” said Matthew Fischer executive director of Bethany on the Lake. “Thankfully, we have an amazing culture of staff committed to providing excellent care to our residents day in and out. We have adequate staff to provide the care necessary to meet the needs of our residents. However, we still obviously have opportunities with open positions that can be filled, more specifically, RNs LPNs and CNAs.”

From referral and sign-on bonuses to increased wages, Bethany, Woodcrest, along with Brandons’ and its sister facilities — Evansville Care Center and Alex Assisted Living — have added incentives to retain and gain employees.

Englund added that while bonuses and incentives were offered, Brandons has still not received many applications. She said there is a lack of qualified applicants, but mostly a lack of applicants in general.

“We have had posts open for weeks, some for a month, and there is nobody applying,” said Englund.

She added that the small

town care centers with lower income can not afford to compete with wages offered by corporate-owned facilities in the area.

“At this moment, it’s OK. I know it will be changing because I have a couple leaving at the end of the month,” Englund said. “My staffing crisis might kick in come July.”

Brandons and its affiliated facilities have had to limit their intake of new residents. Those with more medical issues and physical demands that require more attentive care are more likely to be turned away.

“We really have to be careful of what we take on for new admissions,” said Englund. “I need more staff to take care of them; we can’t take care of them if we don’t have more staff.”

With the intake limit, Brandons maintains enough staff to ensure the current residents receive proper care as each resident is a “one-assist” — a resident who only needs the care of one provider at a time.

Both Bethany and Woodcrest have been able to maintain adequate staff to prevent a pause or limit on resident admissions, according to Thoennes and Fischer.

“We hope we don’t have to go down that road. But, in the

healthcare industry, every day is different and we take each day as it comes,” said Fischer.

“I have not allowed this pandemic to stop helping the elderly with finding a home,” said Thoennes.

To accommodate for the staffing shortage, current Bethany and Brandons’ staff have had to put in long days and extra overtime hours to ensure residents are taken care of around the clock.

“As a smaller facility, I as the owner make sure there are no long hours being worked,” said Thoennes. “I work them if needed.”

Englund said one of her departing staff members is leaving because they want to get out of the health care industry.

Fischer added some of those who have left Bethany, also left the healthcare industry altogether.

Thoennes says she foresees a lot of elderly needing homes and not enough staff to participate in helping care for their elderly.

“It’s a scary thing happening with our workforce right now,” said Thoennes. “Something needs to change.”

“It’s physically, emotionally, mentally demanding. It is not easy to take care of anyone,” said Englund. “It’s

a tough field to be in..They are getting burnt out... Why

wouldn’t someone want to go work at Culver’s starting at \$18 an hour and not have to worry about the physical demands of taking care of someone? I feel like people are going to slowly trickle out of healthcare. If this continues, there will not be people to care for the elderly. Then where will they go to get taken care of?”

Englund, Thoennes and Fischer said they first noticed the shortage of applicants and a dwindling staff around the start of the COVID-19 pandemic.

Englund added the Evansville facility is experiencing a worse time. She says Brandon Borgstrom, administrator at the Evansville campus, has been pushing for legislators to pass bills for funding so they can increase wages and lower residents living rates.

Borgstrom was unable to be reached for comment.

Key findings from the survey:

▶ Six out of 10 nursing homes across the U.S. are limiting the admission of new patients due to staffing shortages.

▶ 60% of nursing home providers said their workforce situation has worsened since January.

▶ 87% are currently facing moderate to high staffing

shortages.

▶ 98% are experiencing difficulty hiring staff.

▶ 99% are asking staff to work overtime or extra shifts.

▶ Nine out of 10 have offered increased wages and bonuses

▶ 71% said the lack of interested or qualified candidates is their top obstacle

▶ 76% said their current financial situation and lack of funding prevent them from offering competitive wages.

▶ 61% are limiting new admissions due to staffing shortages.

▶ 73% are concerned about having to close their facilities.

▶ Providers estimate their average costs have increased by 41% since last year.

▶ 53% said they can not sustain their current operating pace for more than one year.

The survey came out around the same time 500 long-term care professionals went to Capitol Hill to meet with the nation’s lawmakers.

“We all agree that nursing homes need to hire more caregivers. The question is how,” said Parkinson. “Unfunded staffing mandates would only make the crisis worse. Congress must invest in our long-term care workforce and protect access to care for millions of seniors.”

Email reporter Thalen Zimmerman at tzimmerman@echopress.com

MN LEGALS

Public Notice

Publish July 1, 8, 2022

NOTICE OF HEARING ON THE UPGRADING AND BITUMINOUS SURFACING OF SUNNY BROOK DRIVE TO WHOM IT MAY CONCERN:

NOTICE IS HEREBY GIVEN that the Board of Supervisors of the Township of Ida, Douglas County, Minnesota, will meet at the Ida Town Hall, located at 4700 County Road 6 NW, Garfield Minnesota, at 7:00 p.m. July 18, 2022, to consider the upgrading and bituminous surfacing of Sunny Brook Drive pursuant to Minn. Stat. §429.051 through 429.081.

The area to be assessed for such improvement is the abutting property accessing such roads in Section 36 of Ida Township. The estimated cost of the whole improvement project and the amount estimated to be assessed is \$139,080.00. A reasonable estimate of the impact of the assessment and estimated costs of the project will be available at the hearing. Such person who has a desire to be heard with reference to the proposed improvement will be heard at this meeting.

Barbara D. Kilgore
Ida Township Clerk/Treasurer
73906

Public Notice

Publish July 8, 2022

SCHOOL BOARD COMMITTEE MEETINGS ALEXANDRIA SCHOOL DISTRICT 206 ALEXANDRIA, MINNESOTA

There will be committee meetings of the School Board of Independent School District 206 on Tuesday, July 12 at 6:00 a.m. and 4:30 p.m. and Wednesday, July 13 at 6:45 a.m. in the District Office, 1410 S. McKay Avenue, Alexandria, Minnesota.

Angela Krebs, Chair
Board of Education
79922

MN LEGALS

Foreclosure Sale

Publish July 1, 8, 15, 22, 29, Aug 5, 2022

NOTICE OF MORTGAGE FORECLOSURE SALE

NOTICE IS HEREBY GIVEN that default has occurred in the conditions of the following described mortgage:
DATE OF MORTGAGE: May 17, 2016

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$75,200.00
MORTGAGOR(S): Autumn M. Janke, an unmarried individual

MORTGAGEE: Vikings Savings Bank

DATE AND PLACE OF RECORDING: May 17, 2016 Douglas County Recorder

Document Number: 383885

ASSIGNMENTS OF MORTGAGE: And assigned to: Mortgage Electronic Registration Systems, Inc., its successors and assigns

Dated: May 17, 2016
Recorded: May 17, 2016 Douglas County Recorder

Document Number: 383886

And assigned to: Iowa Bankers Mortgage Corporation
Dated: May 16, 2022
Recorded: May 17, 2022 Douglas County Recorder

Document Number: A441946
Transaction Agent: Not Applicable
Transaction Agent Mortgage Identification Number: Not Applicable

Lender/Broker/Mortgage Originator: Vikings Savings Bank
Residential Mortgage Servicer: Iowa Bankers Mortgage Corporation
COUNTY IN WHICH PROPERTY IS LOCATED: Douglas

PROPERTY Address: 521 5th Avenue East, Alexandria, MN 56308
Tax Parcel ID Number: 63-1928-000

LEGAL DESCRIPTION OF PROPERTY: The East 53 1/2 feet of Lots 7 and 8, Block 5, Hick’s 4th Addition to the City of Alexandria, Douglas County, Minnesota

AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NO-

MN LEGALS

TICE: \$66,549.05

THAT all pre-foreclosure requirements have been complied with; that no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof; that this is registered property;

PURSUANT to the power of sale contained in said mortgage, the above-described property will be sold by the Sheriff of said county as follows:

DATE AND TIME OF SALE: August 18, 2022 at 10:00 AM

PLACE OF SALE: County Sheriff’s office, 216 7th Avenue W, Alexandria, Minnesota 56308

to pay the debt secured by said mortgage and taxes, if any, on said premises and the costs and disbursements, including attorney fees allowed by law, subject to redemption within six (6) months from the date of said sale by the mortgagor(s), their personal representatives or assigns.

If the Mortgage is not reinstated under Minn. Stat. §580.30 or the property is not redeemed under Minn. Stat. §580.23, the Mortgagor must vacate the property on or before 11:59 p.m. on February 18, 2023, or the next business day if February 18, 2023 falls on a Saturday, Sunday or legal holiday.

Mortgagor(s) released from financial obligation: NONE

THIS COMMUNICATION IS FROM A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.

THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR’S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MIN-

MN LEGALS

NETOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED. DATED: June 28, 2022

MORTGAGEE: Iowa Bankers Mortgage Corporation

Wilford, Geske & Cook, P.A. Attorneys for Mortgagee

7616 Currell Boulevard, Suite 200 Woodbury, MN 55125

(651) 209-3300
File Number: 051164-F1 78276

Foreclosure Sale

Publish June 3, 10, 17, 24, July 1, 8, 2022

NOTICE OF MORTGAGE FORECLOSURE SALE

THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.

NOTICE IS HEREBY GIVEN: That default has occurred in the conditions of the following described mortgage:
DATE OF MORTGAGE: July 1, 2003

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$117,300.00
MORTGAGOR(S): Daniel S Borchert, a single person

MORTGAGEE: Wells Fargo Home Mortgage, Inc. n/k/a Wells Fargo Bank, N.A. successor by merger to Wells Fargo Home Mortgage, Inc.

DATE AND PLACE OF FILING: Recorded on July 2, 2003 as Document Number 243133 in the Office of the County Recorder of Douglas County, Minnesota.

ASSIGNMENTS OF MORTGAGE: Assigned to: None

LEGAL DESCRIPTION OF PROPERTY: That part of the SE 1/4 SW 1/4, Section 13, Township 130 North, Range 38 West, Douglas County, Minnesota, described as fol-

MN LEGALS

lows:
Commencing at the Southwest corner of the said SE 1/4 SW 1/4; thence North along the West line of said SE 1/4 SW 1/4 528.00 feet; thence East and parallel to the East-West Section line 165.00 feet; thence South parallel with the North-South Section line 528.00 feet; thence West and along the South Section line of said Section 13 165.00 feet to the point of beginning;

Containing 2 acres more or less, Douglas County, Minnesota.

STREET ADDRESS OF PROPERTY: 2391 COUNTY RD 14 NW, MILTONA, MN 56354

COUNTY IN WHICH PROPERTY IS LOCATED: Douglas County, Minnesota.

THE AMOUNT CLAIMED TO BE DUE ON THE MORTGAGE ON THE DATE OF THE NOTICE: \$72,540.79

TRANSACTION AGENT: None

NAME OF MORTGAGE ORIGINATOR: Wells Fargo Home Mortgage, Inc. n/k/a Wells Fargo Bank, N.A. successor by merger to Wells Fargo Home Mortgage, Inc.

RESIDENTIAL SERVICER: Wells Fargo Bank, N.A.

TAX PARCEL IDENTIFICATION NUMBER: 33-0091-000

TRANSACTION AGENT’S MORTGAGE IDENTIFICATION NUMBER: None

THAT no action or proceeding has been instituted at law to recover the debt then remaining secured by such mortgage, or any part thereof, or, if the action or proceeding has been instituted, that the same has been discontinued, or that an execution upon the judgment rendered therein has been returned unsatisfied, in whole or in part.

PURSUANT to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:

DATE AND TIME OF SALE: July 29, 2022 at 10:00 AM.

PLACE OF SALE: Douglas County Sheriff’s Office, 216 7th Av-

MN LEGALS

enue W, Alexandria, MN 56308.
to pay the debt then secured by said mortgage and taxes, if any actually paid by the mortgagor, on the premises and the costs and disbursements allowed by law. The time allowed by law for redemption by said mortgagor(s), their personal representatives or assigns is twelve (12) months from the date of sale.

TIME AND DATE TO VACATE PROPERTY: Unless said mortgage is reinstated or the property redeemed, or unless the time for redemption is reduced by judicial order, you must vacate the premises by 11:59 p.m. on July 31, 2023.

THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR’S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED.

MORTGAGOR(S) RELEASED FROM FINANCIAL OBLIGATION ON MORTGAGE: None

Dated: May 27, 2022
WELLS FARGO BANK, N.A. Mortgagee

TROTT LAW, P.C.

By: /s/ N. Kibongni Fondungallah, Esq. Samuel R. Coleman, Esq.

“Sung Woo Hong, Esq.” Attorneys for Mortgagee

25 Dale Street North St. Paul, MN 55102

(651) 209-9760
(22-0604-FC01)

THIS IS A COMMUNICATION FROM A DEBT COLLECTOR.

69549

What to do when fish won't bite

Alexandria
Anyone who fishes a good bit encounters days or times during the day when the fish are less than cooperative. When the fish aren't biting, I like to try some things that I have had enough success with over the years that they are now part of my "tough bite ritual" for lack of a better descriptor.

Here is my approach when I encounter fish that won't bite.

Lure adjustments

Oftentimes, I start a fishing day using one or two fishing lures that I have confidence in for the particular fishing situation encountered. For example, if I am targeting summer bass holding in heavy weed clumps on mid-depths flats, I will fish a big skirted bass jig in the 1/2-to-3/4-ounce size range tipped with a Rage Craw. My second lure will be a Texas-rigged plastic of some sort. I'll start by making short pitches to likely spots alternating the two baits. These two lure choices have proven effective time and time again when "dropping" in heavy weeds.

If I'm not getting bit, or not getting many bites, I will often tweak my baits a bit. Maybe I change from a black and blue jig/craw combo to a green pumpkin pattern. Or, maybe I change the plastic bait to a smaller version of that bait.

What I won't do is completely abandon these two bait choices because I have lots of confidence in them for this fishing situation and



Mike Frisch lands a summer bass from a recent day on the water. Sometimes simple adjustments to a lure or the way it is fished can turn a slow bite into a better bite.

believe that if I'm around fish that eventually I can find the right combination to get some to bite.

Retrieve adjustments

Another often-overlooked adjustment involving the use of a

high confidence bait is changing how we retrieve that particular lure.

Last summer, a partner and I were on a dynamite bass bite throwing Thunder Cricket vibrating jigs tipped with plastics and reeling them back with steady retrieves. When the

bite slowed, my partner started experimenting with retrieves and eventually caught the two biggest fish of the day by abruptly pausing his retrieve.

Two fat "largies" in the four-pound class aggressively ate his jig/plastic combo when it suddenly started

plummeting toward bottom!

That situation and others like it again have me believing that, rather than abandoning a high confidence bait, I should try adjusting how I am fishing it before abandoning it all together.

Move!

The adjustments above have proven successful often enough that I usually try them when the fish won't cooperate. Sometimes, however, adjustments don't work and it's just best to abandon a school of fish or likely fish-holding area. Abandon them at least for the time being.

Early in my fishing career, I had a tendency to stay with a school of negative fish thinking that I could eventually make them bite. This often happened during the summer when I would mark on sonar what were presumed to be schools of walleyes usually holding on classic summer structure like a sunken island or hump.

One time after a frustrating tournament day, my dad made a comment I've never forgotten. "You're pretty good at finding fish, but you stick with 'em too long when they don't bite," was dad's assessment. I thought a lot about that and came to the conclusion he was right and since then have tried to be less stubborn about "figuring these fish out" and more willing to move to the next spot in hopes of finding more cooperative fish.

Today, when the fish won't bite I'll tweak my lure(s) and adjust retrieves in an effort to trigger bites. If those adjustments don't lead to success, it won't be long before I'll be on the move looking for the next group of fish that will hopefully be more willing to eat.

As always, good luck in your search for willing biters this summer and remember to include a youngster in your next outdoors adventure!

Mike Frisch hosts the popular Fishing the Midwest TV series and is a co-founder of the ZEBCO School of Fish. Visit www.fishingthemidwest.com to see all things Fishing the Midwest.

Study confirms walleye prefer certain colors

By John Hayes
 Pittsburgh Post-Gazette

Lake Erie's dominant predator spends much of its time chasing food in the dark — at night and at depths that obscure most light frequencies.

Named for their odd pearlescent eyes, walleye can distinguish colors in various water conditions and see in shades of darkness that blind their prey.

Veteran walleye anglers and fishing guides base strategies on the fish's evolutionary visual advantages. But scientific research on the species hasn't kept up with studies of freshwater bass and trout, despite the walleye's natural range stretching from the Arctic to Alabama.

A recent study at Ohio State University explored precisely what walleye can see in various water conditions. Some of the research confirmed details that anglers have long suspected. In clear water, the study found, walleye will strike white lures or almost any color. When the water is clouded by sediment, they are more likely to go for yellow or gold, and in green algae-laden waters, walleye eyes are best at seeing black.

Suzanne Gray, a professor of environment and natural resources at Ohio State, researches why and how some animals can adapt

easier than others to human-induced environmental changes.

She was initially attracted to Lake Erie walleye because of their exceptional visual skills and exposure to annual algal blooms in their spawning waters in the warm shallows of the lake's western basin. Human-induced nitrogen-rich agricultural runoff causes the blooms, which can grow dense, massive and spread across half of Lake Erie.

Gray recently explained some of her research in a webinar angled for anglers and hosted by Ohio State and Ohio Sea Grant, a research, education and outreach center linked to the National Oceanic and Atmospheric Administration.

"From my perspective, I think of individual fish and how they respond to environmental stressors, whether that's changes in the color and clarity of the water or changes in the temperature of the water," she said. "How do fish sense those changes internally? Do they then react and respond, and what does that mean across the lifespan of the fish and the community of fish?"

Some rely on smell. Other fish feel disturbances in the water through the sensitive lateral line.

The walleye's eyes evolved as its predominant sense. The bul-

bous organs find food and avoid predators even through dense algal matting and mud or other sediment from waves or tributaries. The eyes detect movement under high waves and have acuity at water depths beyond the reach of visual light (about 33 feet below the surface of clear water).

Walleye rely on sight to spawn, to scan the water during the twilight of dusk and dawn, during starless nights and when a bright moon casts stark silhouettes.

Some of what Gray has learned about walleye eyes may help anglers make decisions about lure color choices in degrees of water clarity.

"These are very visually dominated fish, so they use vision for a lot of different tasks," she said. "Then, of course, there's the human dimension. [Anglers] are likely to spend some time thinking about what lure you're going to use each time you go to catch fish. In the case of walleye, they are visual hunters. They have color vision, they can see in really low light. We know these things. So really understanding what they see under different conditions is pretty important to this recreational angling industry, which is worth about \$2 billion a year in Ohio."

Gray and her research team conducted a lab test to document the basic

visual abilities of walleye under various water color and clarity conditions. A phone app was developed and Lake Erie charter captains were recruited to log data noting lure color, water color and clarity as well as clients' walleye catches during various levels of water turbidity.

The researchers used that information to make predictions about the walleye bite when using lures of particular colors under various water conditions. Finally, they tested those predictions in a controlled fishing experiment.

As expected, the initial laboratory testing confirmed that visual perception decreased in water clouded with sediment, and was further degraded in mixed sediment and algae. When the water contained algae only, however, walleye vision reduced 40% as compared with what they could see in sediment.

Also, to detect prey in algal waters, walleye needed to be 15% closer than in sediment.

The charter captains' data showed base lure color success varied by water clarity and color. This part of the research found that white lures outfished other colors when the water was clear. Yellow and gold were hot in water clouded with sediment. But when waters were green with algae, more walleye



Dennis Anderson / TNS
 The walleye's eyes evolved as its predominant sense. The bulbous organs find food and avoid predators even through dense algal matting and mud or other sediment from waves or tributaries.

were caught on black and purple lures.

In the controlled fishing experiment, grad students performed the hard work of fishing in Lake Erie. They logged lure color, water clarity and time of day to test the predictions developed using data from the previous testing.

They took six fishing trips in clear water, six in turbid water and three trips during algal blooms. Four people were fishing at a time, each with a different lure color.

"For our experiment we used this analysis to understand if fish preferred any of these four lure colors in a given water condition," said Gray. "What we found was that in clear water ... there was no preference, they would just pick whatever color they saw first, maybe. In sedimentary turbid condi-

tions ... given all the lure colors, the probability that the fish were going to strike on a gold lure is much higher. Under algae conditions ... when given a choice between all four colors, the fish seemed to prefer black."

Despite low sample sizes and reduced research in algal waters, Gray said the experiment confirmed that in various water conditions walleye could see some colors better than others, and proved that researchers could predict walleye lure color preferences in various water conditions.

That's what fishing guides successful walleye anglers do on every trip. But conducted in controlled conditions, the study put some PhD credibility behind knowledge of an important yet understudied game species.

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VIKING SPEEDWAY

TRACK AND FIELD

4 earn MVP honors for Alexandria girls

By Eric Morken
Alexandria Echo Press

Like the Alexandria boys' team, the girls for the Cardinals track and field program put together another big season that included Central Lakes Conference and Section 8AA championships after earning a trip to the Class AAA state true team meet.

The Alexandria girls named four most valuable performers from different events who helped lead the way.

Junior Izzy Kent earned the Cardinals' Most Valuable Field Athlete Award, while seniors Emma Ecker and Aleah Miller shared that most-valuable honor among distance runners, and senior Hailie Kent was the most valuable sprinter/hurdler. Seniors Ailynn Fettig and Sonja Schabel also earned team honors by sharing the Coaches' Award.

Ecker was part of the 4x800 relay team with junior Giselle Jahner, sophomore Jaelyn Miller and freshman Kasey Soderholm that won the Class AA state title. All four earned all-state honors by being top-nine finishers from the state meet, while Ecker also added that honor in the 3200-meter



Izzy Kent, MV Field Athlete



Hailie Kent, MV Sprinter/Hurdler



Ailynn Fettig, Coaches Award



Sonja Schabel, Coaches Award



Aleah Miller, Co-Most Valuable Distance Athlete

run where she finished fifth. That's in addition to earning All-CLC honors from the conference championship in the 3200 and 4x800 relay.

With the addition of a third class in track and field in the Minnesota State High School League in 2022, winners from the Class AA state meet are new record holders. So the 4x800-relay time from Alexandria of 9:26.31 is

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Photos by Eric Morken / Alexandria Echo Press

Brandon driver Dustin Bitzan holds up his trophy from victory lane after winning the Modified feature race at the Viking Speedway on Saturday. Bitzan is atop the Modified point standings this summer at the Alexandria track, with Villard driver Brady Gerdes, winner of four straight track titles in the division, sitting just one point behind him.

Bitzan, Gerdes pushing each other again

Weekend showcases competition between 2 local drivers

By Eric Morken
Alexandria Echo Press

Alexandria Villard's Brady Gerdes and Brandon's Dustin Bitzan have been two of the toughest guys to beat at local race tracks in the Modified Division in recent years, and this weekend was a perfect example of how competitive it is between these two.

Gerdes and Bitzan had a photo finish in a Friday night feature at the I-94 Speedway in Fergus Falls where Bitzan held off Gerdes for the win at the last second.

A day later, a field of 10 Modifieds started the final feature of the night at the Viking Speedway as Gerdes and Bitzan rose to the front of the pack in the 15-lap event.

Gerdes created some distance going into the final lap. He looked well on his way to padding his point lead in the division with a win, but things changed going into the second turn.



Villard driver Brady Gerdes races at the front of the pack during the Modified feature at the Viking Speedway on Saturday. Gerdes led most of the race before an electrical problem with his car on the last lap allowed Dustin Bitzan of Brandon to get by him down the stretch. Gerdes, a five-time track champion in the Modified Division in Alexandria, and Bitzan are separated by just one point in the overall standings this summer.

"Something electrical went bad," Gerdes said. "I came out of two and gauges started going everywhere, and I just basically lost power at that point."

Bitzan was ready to pounce on the opportunity as he shot by Gerdes down the stretch to take his second win of the weekend. It was his first

win of the season at Viking Speedway.

Gerdes had built enough of a cushion that he still made his way across the finish line and finished third. Jason Thoennes of Garfield took second in the feature.

"I felt I was closing in on him," Bitzan said of trying to track down Gerdes on Saturday.

"Then I had a mess up, I don't remember how many laps were left to go, but I recovered. I was closing in again and on that last lap, I sensed that something must have happened to his car because he went off the pace pretty quick. I knew I had to make a move to get by him quick. I didn't know what was wrong or if he was going to keep going. I had a pretty good head of steam coming out of the corner. I shot right in there."

It was not exactly the way Bitzan wanted to take the checkered flag, but both of these guys have raced long enough to know things like this happen.

"I was doing everything I could," Bitzan said. "If he wouldn't have had problems, he would have won that race. He had everything working for him. He was on track, and when things are good he's one of the toughest guys to beat here."

RACING: Page 15

TRACK AND FIELD

Doumbia, Heydt and Brault earn MVP honors for Alex boys

By Eric Morken
Alexandria Echo Press

A season of accomplishments that included Central Lakes Conference and Section 8AA titles and a trip to the state true team meet meant there was plenty to recognize for the Alexandria boys track and field program.

In team honors, the Cardinals named three athletes MVPs of their events.

Senior Joel Brault earned the most valuable distance runner award. Fellow seniors Christian Doumbia and Will Heydt were the



Joel Brault, Most Valuable Distance Runner



Christian Doumbia, Most Valuable Sprinter/Hurdler

most valuable sprinter/hurdler and most valuable field event athletes, respectively.

Brault, who was one of six senior captains this past season with Heydt, Joey Lanoux, Teagan Pfeffer, Myles Sansted

and Jack Theien, was an honorable-mention All-Central Lakes Conference runner in the 1600-meter race from the conference meet.

Heydt wrapped up his standout career as a jumper by taking third place in the triple jump. That's after he won the 2021 state title in that event as a junior.

Heydt was an All-CLC athlete in the triple jump and the 4x200 relay with Venald Becker, Daniel Jackson and Trey Negen. Heydt was also honorable-mention All-CLC in the long jump.

Heydt owns the Section 8AA record in the triple jump (43-05.75). He rounded out his list of postseason honors by being an academic all-state recipient as well.

Doumbia proved himself as one of the top sprinters in the state this season after joining the track and field program as a junior. Doumbia made the Class AA state meet in the 100 (eighth place), 200 (fourth) and 400 (ninth) dashes and finished as an all-state performer in all three with those

BOYS: Page 15



Sam Stuve / Alexandria Echo Press

Alexandria senior Emma Ecker, right, runs in the 3200-meter race at the Class AA state meet on June 10. Ecker earned the Cardinals' Most Valuable Distance Runner Award with senior teammate Aleah Miller after Ecker finished as an all-state athlete in both the 3200 run (fifth place) and 4x800 relay (first place). Miller was all state in the 1600-meter run after winning the Class AA championship in that event.



Sam Stuve / Alexandria Echo Press

Alexandria senior Will Heydt lands a jump in the triple jump at the 2022 Class AA state meet. Heydt finished third in the state triple jump after winning the 2021 state title. He wrapped up his Alexandria career by earning the Most Valuable Field Event Athlete Award from the Cardinals.

GOLF

Drew Imdieke, Averyonna Graff grab top honors



Contributed

Team award winners for the 2022 Osakis golf teams included, left to right, Drew Imdieke, boys most outstanding golfer; Aaron Nack, most improved; and Averyonna Graff, girls most outstanding golfer.

By Eric Morken
Alexandria Echo Press

The Osakis boys and girls golf teams wrapped up their seasons on June 26 with a season-ending banquet where Averyonna Graff and Drew Imdieke were named the most outstanding golfers for their teams.

Imdieke and Chase Triebenbach were both sophomores who earned a spot on the all-conference team in 2022. Imdieke had a season average of 40.4 on nine-hole events with a best of 38. He had an 81.6 average in 18-hole events with a season-best of 76.

Imdieke advanced to day two of the section meet and finished tied for 16th with a two-day score of 168.

Triebenbach had a season average of 40.2 in 9-hole meets with a season-best of 38. He had a season average of 83.9 in 18-hole meets with a best of 82. Triebenbach also advanced to day two of the section meet and tied with Imdieke for 16th with a 168.

Senior Aaron Nack rounded out the boys' team award winners by being named the most improved. Nack had an average of 43.6 with a season-best round of 40 in nine-hole events. His season-best over 18 holes was an 86 as he finished with a season average of 90.3.

Graff, a sophomore, led a very young Osakis girls team in the 2022 season. She had a season-best round of 52 in

nine-hole meets with a season average of 62. Her best 18-hole round came at the section meet where she shot a 114.

This past spring season was mostly about getting newcomers to golf accustomed to playing the sport competitively for the Osakis girls.

"The rest of our team was all brand new golfers this year," head coach Chris Grove said of the players outside of Graff. "It is hard to get an accurate scoring average as we played the circle 10 rule for scoring in most cases. It was fun to see the improvement throughout the season and see how many holes they did not have to use the circle 10 rule by the end."

Email sports and outdoor editor Eric Morken at emorken@echopress.com.

Alexandria to host the Junior Legion tournament at Knute

8 teams are set to play

By Sam Stuve

Alexandria Echo Press

ALEXANDRIA - Knute Nelson Memorial Ballpark will play host to a Junior American Legion Tournament on Friday through Sunday this

week. The Alexandria Junior Legion Black team (11-3-1) and the Junior Red team (2-14) are two of the eight teams in the tournament.

The tournament will consist of four teams in a pool. Alexandria Black is in pool A, while Alexandria Red is in Pool B, and each team will play the three other teams in their pool throughout

Friday and Saturday.

On Sunday, each team will play an opponent from the other pool which will be determined by how each team placed in pool play. The Championship game will be played at 3:30 p.m. on Sunday.

Alexandria Junior Legion Black, which consists of the older-age level athletes in Junior

Legion, begins the tournament on Friday with games against Aitkin at 9 a.m. and against Marshall at 1:30 p.m. They wrap up the pool play portion of the tournament against Elk River at 8:30 p.m. on Saturday.

Alexandria Red begins the tournament with a game on Friday against Worthington at 8:30 p.m. before playing East

Ridge at 1:30 p.m. on Saturday and Blaine at 6 p.m.

If there is a tiebreaker, it'll first be broken down by head-to-head record, then if necessary, runs allowed, then by runs scored, then a coin flip if needed.

Alexandria Junior American Legion Tournament Schedule:
Friday, July 8
9 a.m. - Alex Black vs Aitkin
11 a.m. - Aitkin vs Elk River
1:30 p.m. - Alex Black vs Marshall

3:30 p.m. - East Ridge vs Blaine
6 p.m. - Blaine vs Worthington
8:30 p.m. - Worthington vs Alex Red
Saturday, July 9
9 a.m. - Marshall vs Elk River
11 a.m. - Aitkin vs Marshall
1:30 p.m. - Alex Red vs East Ridge
3:30 p.m. - East Ridge vs Worthington
6 p.m. - Alex Red vs Blaine
8:30 p.m. - Alex Black vs Elk River
Sunday, July 10
9 a.m. - Pool A 4th Place vs Pool B 4th Place
11 a.m. - Pool A 3rd Place vs Pool B 3rd Place
1:30 p.m. - Pool A 2nd Place vs Pool B 2nd Place
3:30 p.m. - Pool A 1st Place vs Pool B 1st Place

Email sports reporter Sam Stuve at sstuve@echopress.com

RACING

From Page 14

The feature race in Fergus Falls the night before gave fans an exciting finish. This time it was Bitzan who held a lead as Gerdes closed the gap in the final seconds.

"It was less than a foot. That's a lot of fun," Bitzan said of his win on Friday. "He closed in on me at the end of the race. He was right there, and when you're out front, you really don't know where you should be. The guy in second can watch you and move around and try to find fast places on the track. The guy in the front really doesn't know."

Gerdes said the issue with his car should be a quick fix and he'll be ready to go again this coming weekend. He is still searching for his first win of the season at Viking Speedway.

"Just been tinkering on the car. We've been getting closer and closer," Gerdes said. "Now I feel like we got something good. Now we just need to find some luck. Car has been good. Just haven't found the luck. Has to turn around eventually."

Gerdes' consistency from night to night had still allowed him to sit in first place in

the Modified point standings going into Saturday's races. All six feature races have resulted in top-five finishes this summer. The same is true for Bitzan.

"It's one of those deals, we're both pushing each other," Gerdes said of Bitzan. "There's other guys out here obviously who are fast that you got to beat, but it seems like us two are the most consistent I would say. If you lose to the one, you go to the shop and get better, and if it's the other way around, they do it."

Gerdes has won four straight Modified point titles at the Viking Speedway and five of the last six after getting his first in Alexandria in 2016. Josh Thoennes is the last driver other than Gerdes to win the division when Thoennes took the title in 2017.

Bitzan has been right on the cusp of catching Gerdes in recent seasons, and it looks like it will come down to the wire again this summer. Bitzan's win on Saturday gave him a one-point lead over Gerdes in the standings. Jason Thoennes is close too, sitting just 9 points off the lead.

"It only takes one bad night that can knock you out of that (track championship race)," Bitzan said. "You got to be consistent and you need luck on your side too. (Gerdes)



Eric Morken / Alexandria Echo Press

Justin Vogel, left, of Brooten and Ryan Satter of Dent share a laugh after Satter held off Vogel in the Street Stock feature race at the Viking Speedway in Alexandria on Saturday.

didn't have it tonight and had an issue at the end. I think we found something that works and that I can drive. It will be interesting to see how the rest of the season plays out."

Saurers, Satter and Robinson add wins

It was a good night for the Saurers on Saturday as well as Travis and Trevor both grabbed feature wins.

Travis, out of Elizabeth, started the features by taking the 14-car Midwest

Modified win. Shawn Olson of Alexandria was second, and Avery Anderson of Alexandria finished third.

Trevor, out of Dalton, won the Super Stock feature. Jack Koranda of Bluffton was second, and Glenwood's Matt Miller finished third.

Shawn Robinson of Dalton won the Short Trackers feature ahead of David Wahl of Fergus Falls in second place. Donnelly's Austin Rath was third.

The tightest feature race

across the finish line came in the Street Stock Division between Dent's Ryan Satter and Justin Vogel of Brooten.

Satter, the 2020 and 2021 track champion in Street Stocks, held off Vogel in the final seconds to get his fourth win of the season in six starts. Vogel, the 2014 track champion himself, ran into Victory Lane with a smile on his face to congratulate Satter as he celebrated the win.

Satter looks well on his way to a third straight point title in the division. He has an 80-point cushion over Jason Thimmesh of Garfield in the overall point standings.

Up next at Viking Speedway

Next up at the Viking Speedway is the Advantage RV Modified Tour and Fallen Lineman Special on July 9. Midwest Modifieds, Modifieds, Street Stocks, Super Stocks and Short Trackers will all run this coming Saturday night with heats starting at 6:30.

TOP-THREE VIKING SPEEDWAY POINT STANDINGS (As of July 2, 2022): MIDWEST MODIFIEDS - Brendan Blaszyk, Hoffman - 596; Travis Saurer, Elizabeth - 595; Shawn Olson, Alexandria - 592
STREET STOCK - Ryan Satter, Dent - 625; Jason Thimmesh, Garfield - 545; JJ Nieuwbeerta, Alexandria - 531
SUPER STOCK - Trevor Saurer, Dalton - 648; Matt Miller, Glenwood - 625; Karter Reents, Glenwood - 586
MODIFIEDS - Dustin Bitzan, Brandon - 616; Brady Gerdes, Villard - 615; Jason Thoennes, Garfield - 607
SHORT TRACKERS - David Wahl, Fergus Falls - 610; Kevin Wahl, Fergus Falls - 601; Tristan Rath, Donnelly - 581

Email sports and outdoor editor Eric Morken at emorken@echopress.com.

BOYS

From Page 14

top-nine finishes. He is also the Section 8AA record holder after winning section titles in the 200 and 400-meter dashes. That's in addition to being All-CLC in all three sprint events.

Alexandria's finish at the state meet left the program with multiple podium finishers from the finals. Those all-state athletes in addition to Heydt and Doumbia were senior Gavin Ashmore (4x400, eighth), Lanoux (shot put, ninth), Myles Sansted (4x400), junior Riley Wagner (4x400)

and sophomore Owen Draper (4x400).

The Cardinals also had a good season in the classroom with many student-athletes taking home academic all-state awards. Joining Heydt with that honor were Pfeffer, Sansted, junior Kelly Johnson, Wagner, Draper, sophomore Walker Hennen, sophomore Samuel Williams and freshmen Otto Anderson, Daniel Jackson, Evan Kludt and Trey Negen.

Alexandria has named its captains for the 2023 season with soon-to-be seniors Bryr Homelvig, Johnson, Ashton Sayre and Wagner serving in that role.

Email sports and outdoor editor Eric Morken at emorken@echopress.com.

GIRLS

From Page 14

the mark to beat, and so too is Aleah Miller's 1600-meter state-winning time of 4:59.57. That's in addition to also holding the Section 8AA record in the 1600 after winning that event in 4:56.16. Miller was also All-CLC in the 1600 and 4x400 relay.

Hailie Kent was a versatile athlete throughout her career in the jumps and sprints. She finished all state in the long jump (seventh), and triple jump (eighth) as a senior. She became the Section 8AA record

holder by winning both those events, along with earning All-CLC honors in both jumps, and honorable-mention All-CLC honors in the 100-meter dash and 4x100 relay.

Kent helped to lead the field athletes for Alexandria by earning honorable-mention All-CLC honors in the pole vault from the conference meet. She set a school record in the pole vault this spring by clearing 9-feet, 10-inches.

Other all-state athletes from the Cardinals' season with top-nine finishes at the state meet included Jaelyn Miller in the 800-meter run (sixth), sophomore Amaria Sowada in the discus (eighth) and freshman Alison Krasky

in the long jump (ninth).

The Alexandria girls added a big group of academic all-state athletes in 2022. Those award winners included Ecker, Hailie Kent, Aleah Miller, Elena Fuglestad, Emma Hochhalter, Jahner, Izzy Kent, Brynn Kusters, Ella Steussy, Kaia Emter, Addison Fettig, Elle Heydt, Sophia Korynta, Elise Maggaard, Greta Oldenkamp, Marisa Rousu, Maya Wagner, and Alison Krasky.

The Cardinals named soon-to-be seniors Elena Fuglestad, Giselle Jahner, Izzy Kent, Brynn Kusters and Sophia Vinje as their 2023 team captains.

Email sports and outdoor editor Eric Morken at emorken@echopress.com.

Bayer Built Woodworks is hiring an Environmental, Health, and Safety Coordinator. This position oversees the day to day facilitation of safety, workers compensation, and environmental safety related issues and record keeping. Essential functions include new hire training and orientation, facilitating workers compensation paperwork and reporting, and environmental tracking and reporting. Successful candidate will be self-driven, have an understanding and experience with OSHA rules and regulations, and be familiar with Environmental impact, emissions, and reporting.

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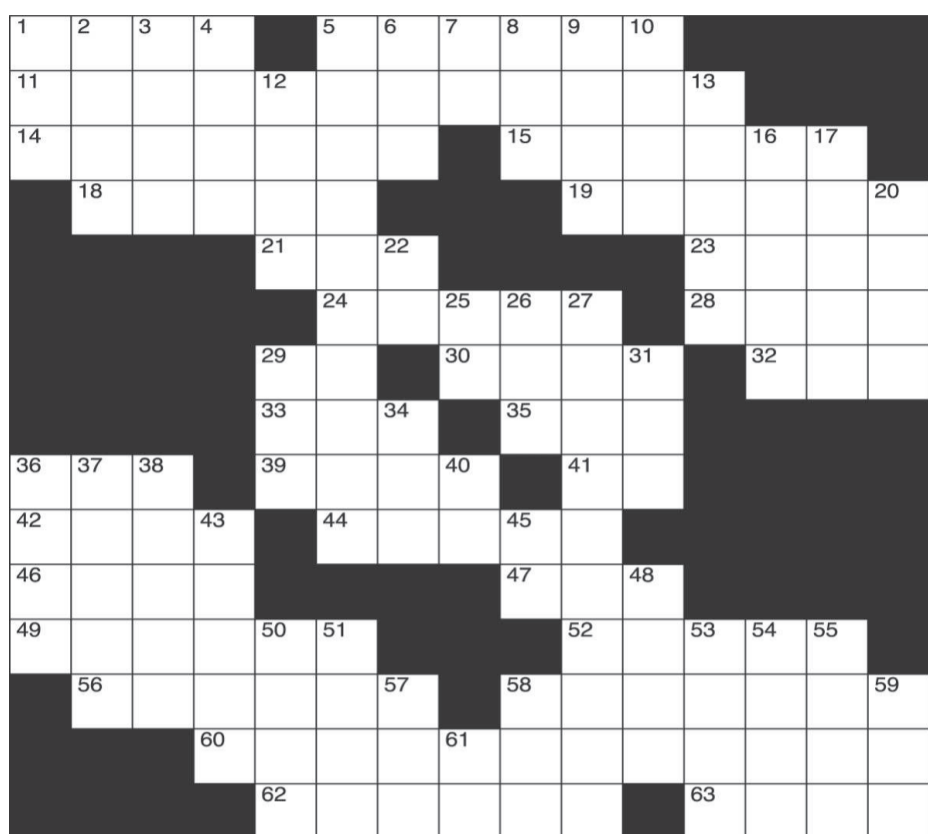


CLUES ACROSS

1. Absence of difficulty
5. Preserve a dead body
11. Gratitude
14. The act of coming together again
15. More cushy
18. Visionaries
19. Large, fish-eating bird
21. Indicates near
23. NY Mets legend Tommie
24. Icelandic books
28. Pop
29. Hammer is one
30. Sense of self-importance
32. Thyrotrophic hormone
33. Can't be found
35. Electronic data processing
36. Passports and licenses are two
39. Snake-like fishes
41. Air Force
42. Popular computers
44. Intermediate ecological stage
46. Wings
47. Used in combination
49. Laid back
52. Jewelled headdress
56. Slow
58. Famous Falls
60. Reassertions
62. Periods of time
63. Hyphen

CLUES DOWN

1. Body part
2. Mimics
3. Expel large quantities
4. Sea eagle
5. Genetically distinct varieties
6. Dialect of Chinese
7. Famous Mr. T character
8. Consumed
9. Chinese dynasty
10. Menace to yards
12. Ireland
13. Palm trees
16. Fungal disease
17. Willis and Robert are two
20. Affirmative! (slang)
22. It shows who you are
25. The First State (abbr.)
26. Get older
27. Associations
29. Woman (French)
31. Sunscreen rating
34. Brew
36. Leader
37. Plants in the legume family
38. Burn with a hot liquid
40. Junior's father
43. Scads
45. Morning
48. Length of a line (abbr.)
50. Double curve
51. Small, thin person
53. Worn by exposure to the weather



54. Mars crater
55. Humanities
57. Word element meaning ear
58. To the_ degree
59. Residue of something burned
61. It cools your home



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CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to blueberries. Each number corresponds to a letter. (Hint: 21 = E)

- A. 22 21 12 14 9 22
Clue: Well-being
- B. 26 21 25 25 23
Clue: Small fruit
- C. 5 10 9 25 18 21 5 9 7
Clue: Vitamins/minerals
- D. 4 21 14 18 6 18 19 10 7
Clue: Very tasty

Answers: A. health B. berry C. nutrients D. delicious

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to summer barbecues. Each number corresponds to a letter. (Hint: 5 = R)

- A. 3 5 24 20 6 3 2 5 16 17 5
Clue: Hot dog
- B. 12 2 5 1 17 5
Clue: Meat patty
- C. 3 9 24 10 17 8
Clue: Hot, glowing part of combustion
- D. 15 22 11 15 6 17 20
Clue: Poultry

Answers: A. frankfurter B. burger C. flames D. chicken

OUTDOOR FEAST WORD SEARCH

C L K V H I L C G H E N A P O R P I G M
W I T O E B L A T C E R I D G U H K V G
D H G G A U T A O L L D S H P D W V S C
E Y M L T R S V V C E T A R G V E G T H
K R A D U G B O T W R N K L M S N S E I
N C U V U E H R M R T A H T O O E N A C
N M N T S R Y O D G O R H S T L D A K K
T V P K A S N R O P F H C C B T N F R E
I G N A D R A G G K M C E A W L D W W N
D L P T M Y E S R O O D T U O Y O Y S P
G E R F K D Y P F V G E S G Y O M P V W
M N U C U R S I M L G V M E D K A B K C
F D A C F R E P G E I E M N A T M I W U
I B A C E W F K V L T P A O U F A D A E
E E G V B B N L O A K L U L M E O L C V
W C V K A N R F O M W S A S T K L O M I
Y I A A S A F A G W S L F O T E B D D T
A B P P T S A B B T H S V W M B R W N S
E S G W E K P S Y N I A T R E T N E U E
U U C L O U L L I R G C V L N Y O L U F

WORDS

- BACKYARD
- BARBECUE
- BASTE
- BURGERS
- CHARCOAL
- CHICKEN
- DIRECT
- ENTERTAIN
- FESTIVE
- FLIP
- GRATE
- GRILL
- HEAT
- OUTDOORS
- PROPANE
- SEAFOOD
- SEAR
- SMOKER
- SPATULA
- STEAK
- TEMPERATURE
- TONGS
- VEGETABLES
- WOOD

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to vacation.

CTETKI

--	--	--	--	--	--

Answer: Ticket

WORD SCRAMBLE

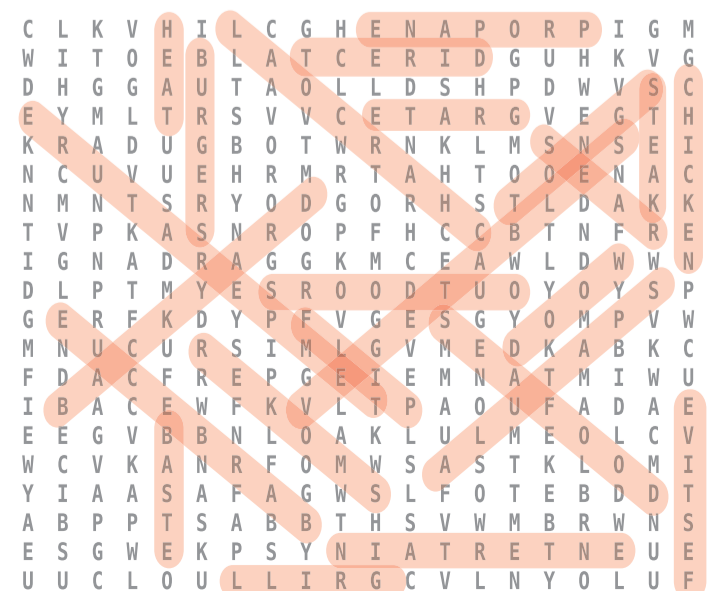
Rearrange the letters to spell something pertaining to irrigation.

SMSYTES

--	--	--	--	--	--

Answer: Systems

WORD SEARCH ANSWERS



SPORTS SPRING WRAP

ALEX BASEBALL PG.1 | ALEX GIRLS GOLF PG.1 | ALEX BOYS GOLF PG.2 | ALEX BOYS TENNIS PG.2 | ALEX SOFTBALL PG.3 | OSAKIS SOFTBALL PG.3
 OSAKIS TENNIS PG.4 | OSAKIS TRACK & FIELD PG.4 | BE BASEBALL PG.5 | OSAKIS BASEBALL PG.5 | BE SOFTBALL PG.6 | ABE TRACK & FIELD PG.6



BASEBALL

ALEXANDRIA LOOKS BACK ON HISTORIC SEASON

Numbers tell the story of a memorable year

By Eric Morken
 Alexandria Echo Press

The Alexandria baseball team had much to celebrate after finishing in third place at the Class AAA state tournament this past spring, and the Cardinals named senior catcher Lake Hagen as its team MVP after he helped lead them to a 21-7 overall record.

Hagen also earned the team's Most Improved Award and joined fellow seniors JD Hennen, Brock Lorfald and Caleb Runge in being named All-Central Lakes Conference players. Hennen and Runge were both named to the Class AAA state all-tournament team.

Seniors Nate Hammerback and Parker Jendro were honorable-mention All-CLC players, and juniors Jaxon Schoenrock (.286 batting average, 16 RBI, 15 runs; 38.1 IP, 50 SO, 1.46 ERA) and Nick Levasseur also added that honorable-mention honor.

Hagen was consistently behind the plate catching a pitching staff that finished with a team ERA of 1.865. He played in 27 of the 28 games, and in addition to his defense, had a team-high (among starters) .407 batting average with a team-best 29 RBI's. Hagen had 13 doubles, and one home run to go with 10 walks and just nine strikeouts for a .464 on-base percentage.

Alexandria senior catcher Lake Hagen gathers himself during an at-bat during the third-place game at the Class AAA state tournament on June 15, 2022. Hagen earned the Cardinals' MVP and Most Improved Award this past season after hitting for a .407 batting average with a team-best 29 RBI's. Hagen had 13 doubles and one home run to go with 10 walks and just nine strikeouts for a .464 on-base percentage.

Eric Morken / Alexandria Echo Press



Hennen earned Alexandria's Most Valuable Pitcher Award. He threw 43 innings, second only to Jendro, who finished at 46.1 innings with 40 strikeouts and a 2.266 ERA. Hennen led the team in strikeouts with 75 as he posted a 1.302 ERA in nine starts. He also hit .318 with 16 RBI's and 13 runs scored.

Levasseur was also a big part of the pitching staff as he took home the Lock Down Award.

Levasseur made 12 appearances in relief and threw 18 innings, posting a 0.389 ERA with 17 strikeouts, nine hits allowed and five walks.

Lorfald took the Gold Glove Award as he anchored the infield play from second base. He also was a top offensive player for Alexandria, finishing with a .385 batting average, .436 on-base percentage, 18 RBI's and a team-high 27 runs scored.

Hammerback earned the Pat Callaghan Award for his leadership role on this team. He solidified first base defensively and hit .287 with a .337 on-base percentage, 11 RBI's and 15 runs scored.

Runge added the final team award for the Cardinals with the Big Stick Award. He hit .352 with a .457 on-base percentage. Runge had eight doubles, two home runs,

one triple, 19 RBI's and 23 runs scored.

Alexandria's pitching got a lot of headlines for this group with that 1.865 team ERA and 221 strikeouts in 187.2 innings. But the offense put pressure on teams up and down the lineup too.

The Cardinals had a team batting average of .324. Spencer Schmidt (.750 AVG, 4 AB), Wyatt Mohr (.636 BA, 11 AB), Matthew Hornstein (.500 BA, 4 AB), Hagen, Lorfald, Runge, Nate Knoll (.333 BA, 3 AB), Reed Reisdorf (.330 BA, 91 AB), Hennen, and Devin Cimbura (.311 BA, 45 AB) all hit over .300 in various roles for the team.

Email sports and outdoor editor Eric Morken at emorken@echopress.com.

SPRING SPORTS AWARDS

This section features the award winners from spring sports teams from Douglas County schools. Not all team award winners were available by the time this issue went to print. Those stories will run in a future issue of the Echo Press if they become available.



JD Hennen, Most Valuable Pitcher



Nate Hammerback, Pat Callaghan Award



Caleb Runge, Big Stick Award



Brock Lorfald, Gold Glove



Nick Levasseur, Lock Down Award

GIRLS GOLF

Larson, Boraas share MVP honors for state champs

By Sam Stuve
 Alexandria Echo Press

For the second straight season, the Alexandria girls golf program took home the MSHSL Class AAA state championship, its fifth in program history.

This championship effort was led by senior Cora Larson and junior Hannah Boraas who were named co-MVPs of the team.

"Hannah and Cora were named co-MVPs and their scoring averages were very similar all year long," Alexandria head coach Tim Zupfer said. "They led the way."

The Cardinals were section champions and conference champions and didn't finish worse than a tie for first all season.

Larson finished with all-state honors and placed sixth individually at the state tournament.

She also earned a spot on the all-state academic team as well. Boraas was a member of the all-state team as well.

Eighth-grader Ellie Sticha and freshman Rachel Bowen were named as the team's most improved players.

"Those two players dropped their scoring average by 10 shots over 18 holes from last year to this year," Zupfer said.

These four, along with junior Aisling O'Connor and senior Lauren Rebrovich were all named to the All-Central Lakes Conference team as well.

Senior Isabella Hagen and junior Teryn Jaworski also earned varsity letters this season.

Junior Ella Houska, along with sophomores Avery Sinning, Grace Herzog, freshmen Zoey Quinn, Savannah Auran, Kennedy Ellingson, Dania Jacquez, Haley Srock, Chloe Scholl, Alexis Loosbrock, Hailey Iverson and Malorie Raether earned participation certificates and are apart of youth movement by the program to grow for the future.

Contact sports reporter Sam Stuve at sstuve@echopress.com.



Sam Stuve / Alexandria Echo Press

Alexandria's Cora Larson watches her approach shot during the Class AAA state tournament on June 15, 2022. Larson finished off her senior season by being named the co-MVP with junior teammate Hannah Boraas after they helped lead the Cardinals to a second straight state championship.



Hannah Boraas, Co-MVP



Ellie Sticha, Most Improved Player



Rachel Bowen, Most Improved Player



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BOYS GOLF

Cardinals recognize top-three finish at state

By Sam Stuve

Alexandria Echo Press

With a third place finish at the 2022 MSHSL Class AAA tournament, the Alexandria boys golf team had a lot to celebrate this past spring season.

Recently, the Cardinals handed out some awards at a season-ending banquet.

With a season stroke average of 73.4, junior Braeden Sladek was named the team's MVP. Sladek finished tied for 19th at the state championship on June 15. He also earned all-state honors by having a scoring average in the top 20.

Sophomore Bennett Olsen, who was the Cardinals' highest finisher at the state meet with his tied-for-10th place finish, was named the team's most improved player. Olsen had a 76.5 season scoring average.

Senior Drew Swedberg was named the team's comeback player of the year, and he was an academic all-state award winner in an honor that goes just to seniors.

Swedberg and freshman Carver Larson had a 78.3 season scoring average.

These four, along with sophomore Jack Holtz (79 season scoring average) and Ashton Sladek (81.2 season scoring average) were All-Central Lakes Conference honorees, with Olsen taking third and Braeden Sladek taking first.

Peter Sansted earned Alexandria's final team award by taking home the Cardinal Award. This honor goes to a student-athlete who shows a positive attitude, works hard and is good in their sport and in the classroom.

"He is well deserving of this award, especially since he was our seventh man and would have easily been a top-six player on most teams in Minnesota," head coach Brady Swedberg said.

The entire Alexandria team won an all-state academic award. This honor goes to one team per section based on the cumulative team GPA.

Email sports reporter Sam Stuve at [sstuve@echopress.com](mailto:ssstuve@echopress.com).



Eric Morken / Alexandria Echo Press

Alexandria junior Braeden Sladek hits a tee shot during a round at the Alexandria Golf Club on May 16, 2022. Sladek earned the Cardinals' MVP Award from the 2022 season and was also an all-state player after finishing with a scoring average among the top 20 golfers in Class AAA.



Drew Swedberg, Comeback POY



Bennett Olsen, Most Improved



Peter Sansted, Cardinal Award

BOYS TENNIS

Cardinals recognize a 15-win season

By Sam Stuve

Alexandria Echo Press

In Nick Jansen's first season as the head coach of the Alexandria boys tennis program, the Cardinals finished with a winning record of 15-10 and recently handed out awards for the spring season.

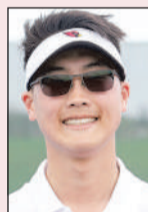
The Cardinals had two doubles teams advance to the second day of the Section 8AAA Tournament, led by Pieter Mulder and Owen Gilbertson's third place finish. Brennan Lattimer and Ryan Meuwissen also competed on day two of the section tournament.

Meuwissen had the most wins on the season with 19 (19-3).

Gilbertson, a sophomore who played a lot at first singles and finished at 13-17, and Mulder (17-8), along with Blake Svee (17-10) were All-Central Lakes Conference players. Meuwissen, Lattimer (14-7) and Cole Haabala (15-10) were honorable mentions.

Haabala was named the team's hardest worker, while Mulder won the most intense award from the team. Gabe Hilbrands was named the team's Most Improved Player while Gabe Evink won the Cardinal Award for respect, timeliness, positive energy, team spirit, selflessness, patience, humility and leadership.

Contact sports reporter Sam Stuve at [sstuve@echopress.com](mailto:ssstuve@echopress.com).



Ryan Meuwissen, Most Wins



Pieter Mulder, Most Intense



Gabe Evink, Cardinal Award



Gabe Hilbrands, Most Improved



Eric Morken / Alexandria Echo Press

Alexandria sophomore Cole Haabala serves during a home match on April 9, 2022. Haabala earned the Cardinals' Hardest Worker Award after going 15-11 as one of the top singles players in the lineup this past spring season.

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SOFTBALL

Stender paces Alexandria award winners

By Sam Stuve

Alexandria Echo Press

In head coach Britt Bruzek's first season at the helm, the Alexandria Cardinals made a run to the 2022 Section 8AAA playoff semifinals but got eliminated by Rocori and Little Falls.

"A lot of growth happened this season and we're looking forward to building for the future of Cardinal Softball," Bruzek said.

Alexandria finished the season with an 8-16 record.

At the season-ending banquet, the Cardinals highlighted their season with some awards.

Brookelyn Stender, who was an all-section and All-Central Lakes Conference player, won the team's Gold Glove Award for her defensive play. She also had a .423 batting average and 10 doubles.

Jordan O'Kane was an all-conference player and she won the team's Cardinal Clutch Award. O'Kane had a .424 batting average with eight doubles and two triples.

Kinzie Johnson was an all-conference player this season and was all-state honorable mention. She had a .524 batting average, 18 doubles and three home runs this season.

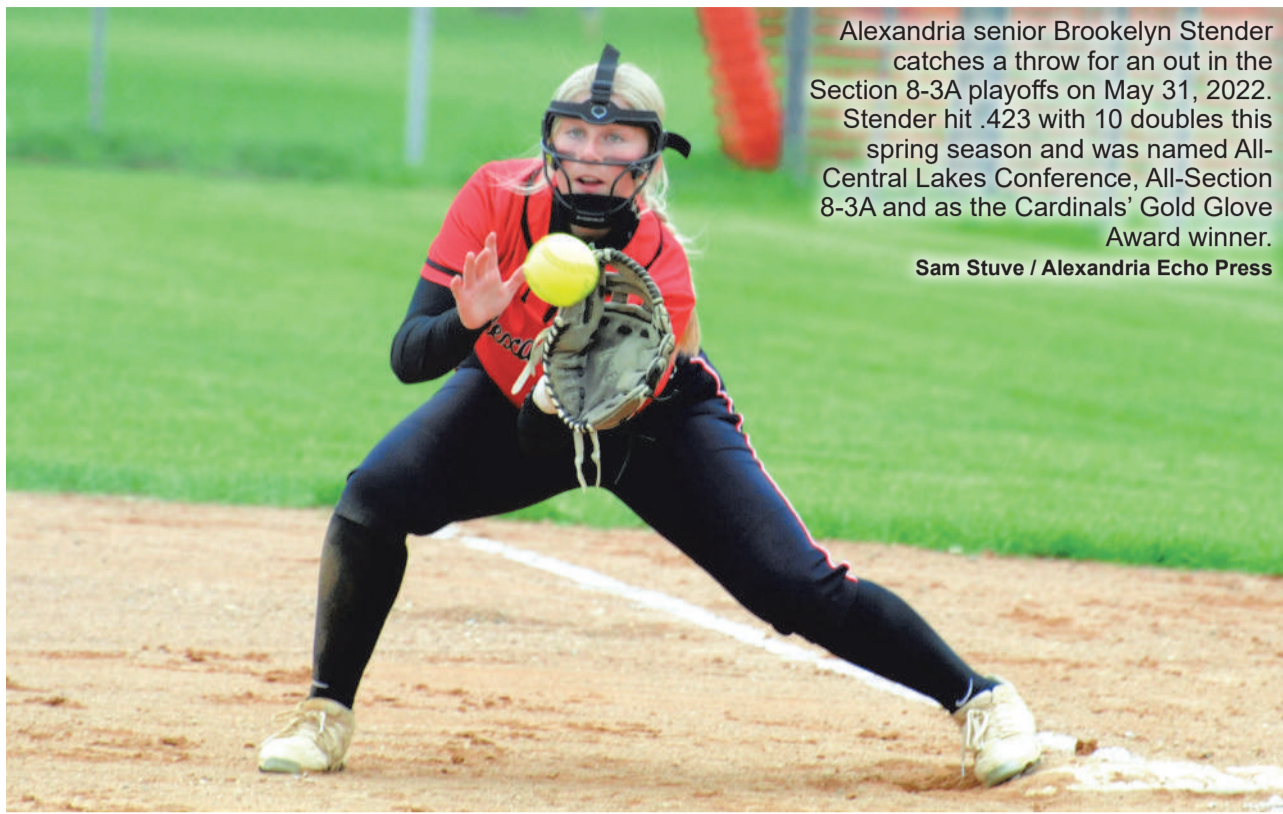
Peyton Goetsch, who had a .440 batting average and 11 doubles, was named the team's offensive most valuable player. The Most Improved Player Award was awarded to Lauren Hornstein. Erika Wentworth earned the Positive Cardinal Award, while Brianna Burtzel won the team's Coach's Award.

Goetsch, along with Aubrie Porter, Maddie Buboltz and Chloe Loch, were all-conference honorable mentions this season.

Porter had a .387 batting average and one home run while Buboltz had a .325 batting average and Loch had a .320 batting average. Porter was named to the all-section team as well.

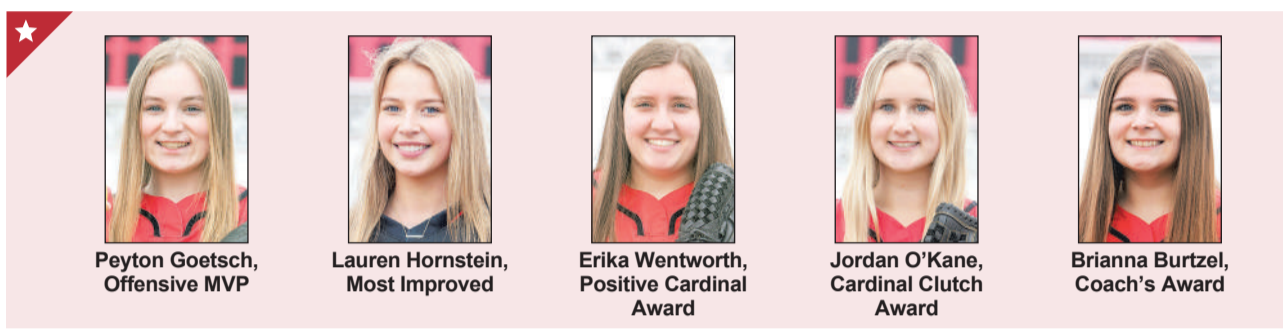
The Cardinals have announced that Loch, Johnson and Burtzel will be the team captains for the 2023 season.

Email sports reporter Sam Stuve at [sstuve@echopress.com](mailto:ssstuve@echopress.com).



Alexandria senior Brookelyn Stender catches a throw for an out in the Section 8-3A playoffs on May 31, 2022. Stender hit .423 with 10 doubles this spring season and was named All-Central Lakes Conference, All-Section 8-3A and as the Cardinals' Gold Glove Award winner.

Sam Stuve / Alexandria Echo Press



Peyton Goetsch, Offensive MVP



Lauren Hornstein, Most Improved



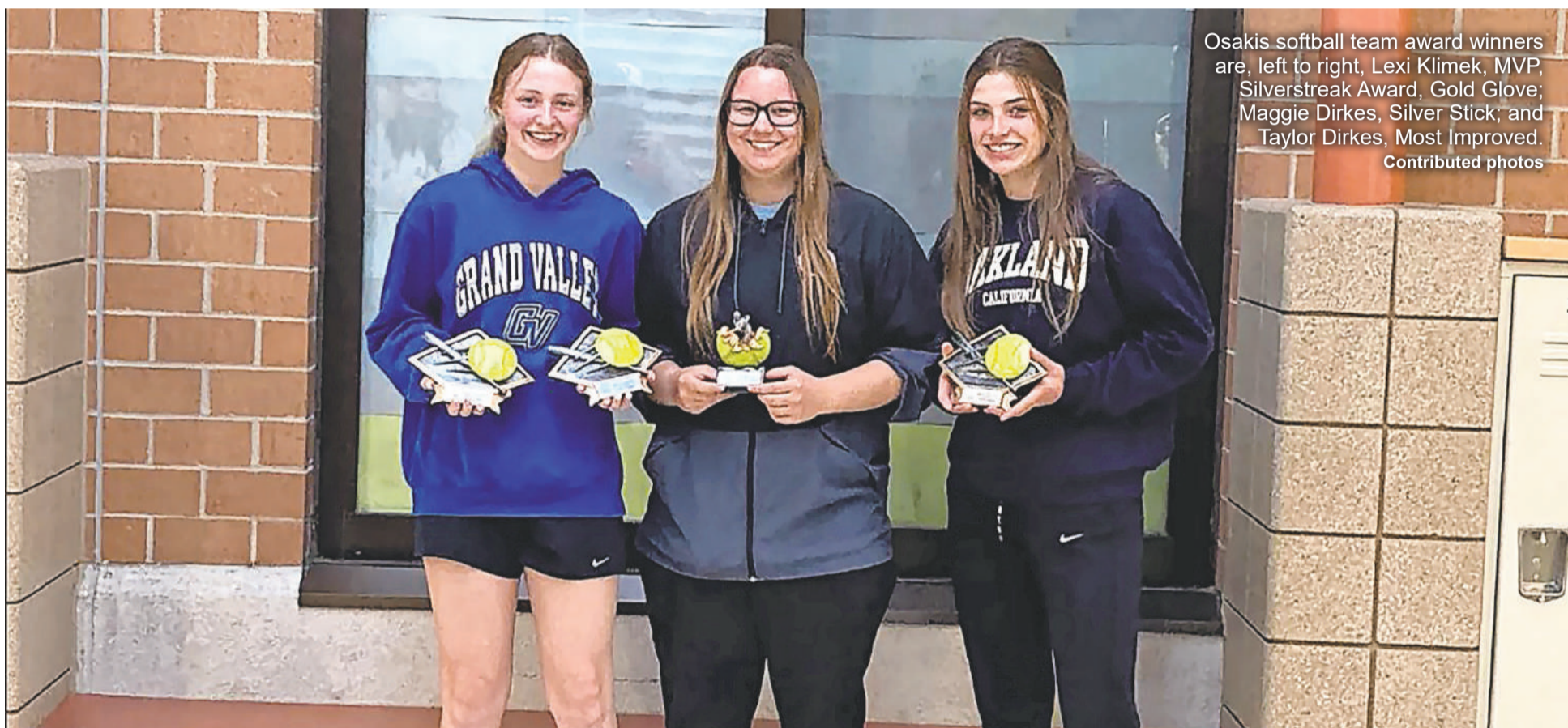
Erika Wentworth, Positive Cardinal Award



Jordan O'Kane, Cardinal Clutch Award



Brianna Burtzel, Coach's Award



Osakis softball team award winners are, left to right, Lexi Klimek, MVP, Silverstreak Award, Gold Glove; Maggie Dirkes, Silver Stick; and Taylor Dirkes, Most Improved. Contributed photos

Klimek headlines award winners for Osakis

By Eric Morken

Alexandria Echo Press

Osakis softball coach John Stigman always felt the Silverstreaks were more talented than a 5-12 record and a 15-seed in the Section 6AA Tournament would indicate this past spring.

Minnesota weather threw a curveball at teams that forced Osakis to play many double-headers in a short period of time for a program that was implementing a group of young athletes in with the returning upperclassmen.

"What if we had not been indoors for seven weeks?" Stigman said. "What if we did not have to play half our schedule in six days, 4 double-headers? In the end, we play the season we have to and our efforts were there, even though the circumstances did not do us any favors. I am not making excuses. We needed a normal spring

for what we had in front of us and Minnesota weather did not help us."

Osakis had plenty to recognize from the team both on the field and off. Osakis earned an academic gold award with a team GPA of 3.75 or higher. Shelbe Schmidt, Lexi Klimek, Lara Drum, Averie Mounsdon, and Kennedy George earned academic all-state honors in an award that is only eligible for seniors.

Schmidt, Klimek, Kennedy George, Drum, Mounsdon and Maggie Dirkes also earned Prairie Conference academic awards for their work in the classroom.

Klimek earned Osakis' team MVP Award, along with the Silverstreak Award and Gold Glove Award as the team's top defender. Klimek had a team-high .397 batting average with three doubles, one triple, 16 RBI's, 18 runs scored and nine walks.

Maggie Dirkes earned

the Silverstreaks' Silver Stick Award as their top hitter. She hit at a .388 clip with a team-high six doubles, five home runs, 27 RBI's, 13 runs scored and 13 walks.

Both Dirkes and Klimek were All-Prairie Conference players, while Klimek added an All-Section 6AA award. Schmidt and Hayleigh Niehoff were honorable-mention all-conference players.

Both Schmidt and Niehoff drove in 10 runs, along with anchoring the team from the pitching circle. Niehoff threw a team-high 69.1 innings with 58 strikeouts, while Schmidt struck out 14 in 28.1 innings from the rubber.

Taylor Dirkes earned Osakis' final team award by being named the most-improved player. Dirkes had a .378 batting average with a .481 on-base percentage to go along with one double, 15 runs scored and



Contributed photo

The 2022 Osakis softball team featured, back, left to right, Emma Drum, Kennedy George, Hayleigh Niehoff, Lara Drum, Shelbe Schmidt, middle, Jaclyn Detrich, Josee Hartshorn, Taylor Dirkes, Lexi Klimek, Dari Meyer, Charlee Theischafer, Averie Mounsdon, Joy Kral, front, Rachel Moore, Maggie Dirkes, and Kylee Lebrun.

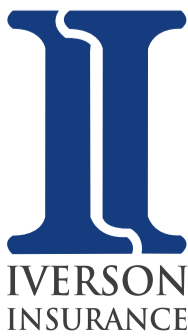
five RBI's. Niehoff, Kennedy George, Kali Schoeck, Klimek, Schmidt, Drum and Mounsdon are seniors who Osakis will have to replace going

into next spring. "Each senior has left an indelible mark on our program from their first year to last," Stigman said. "They have been a part of building, suc-

ceeding, then building again. We appreciated all of their efforts and all of their hard work."

Email sports and outdoor editor Eric Morken at emorken@echopress.com.

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TRACK & FIELD

Recognition after another good season for Osakis

By Eric Morken
Alexandria Echo Press

The Osakis track and field programs always have a lot to honor from a talented Class A team, and that proved to be the case again during the 2022 season.

The Silverstreaks had six all-state athletes. Kiley Kranz (shot put, discus), Tessa Stanek (4x100, 4x200 relays), Mara VanNyhuis (4x100), Hailey Walker (4x100, 4x200), Kiana Kendall (4x100, 4x200) and Kaelyn Walker (4x200) earned that honor with top-nine finishes at the state meet.

They were part of a group of state qualifiers that also included the 4x400 team of Bella Weisser, Ally Boyer and Kaia Fiskness (with Kaelyn Walker) on the girls' side, and McCarter Kirksey (shot put) on the boys' side.

In awards voted on by the student-athletes, Stanek earned Osakis' Most Valuable Track Athlete Award for the girls' team in her final season before moving on to run at Bemidji State University. Stanek was an MVP from the Prairie Conference meet as a sprinter and jumper to wrap up a standout career in Osakis.

Kranz earned the girls' Most Valuable Field Athlete Award. The junior anchored another good throwing group by taking fourth in the shot put at state and seventh in the discus.

Eighth-grader Bella Weisser was the most improved athlete for the girls, while VanNyhuis, a senior, was the team's Silverstreak Award winner for her leadership on and off the track

and field. Fiskness, a 7th-grader, earned the Will to Win Award after helping to anchor the distance runners early in her career.

For the Osakis boys, freshman Zackery Bruder earned both the Most Valuable Track Athlete Award, and the Will to Win Award. Kirksey, a junior, was the Most Valuable Field Athlete after his run to the state meet, while junior Joseph Aaser was the most-improved athlete, and junior Jack Petrich earned the Silverstreak Award.

Osakis also started a new award after this season called the Stroup "Big Picture" Award in memory of former Osakis coach Chris Stroup, who died unexpectedly on Feb. 22 at the age of 52. Silverstreaks' head coach Lee VanNyhuis and assistant coach Justin Dahlheimer were both close friends with Stroup and continued to feel his presence in the program even after the Stroup family moved from the Osakis area. They talked to Chris' wife, Jill, about the characteristics they wanted this new award to represent.

"This is what Jill wrote," VanNyhuis said of Jill's influence on the new award. "Someone who strives to reach their own potential by being coachable. Someone who supports the team and accepts their role in that big picture, finds the fun in the competition. Sees beyond themselves as an athlete that translates to real life."

Junior Madison Douvier was the inaugural recipient of this award for the girls, and junior Logan Karnes earned the honor for the boys.

"It is fitting that the award went to two throwers the first year that recipients were chosen," L. VanNyhuis said. "Chris transformed the culture in the events he coached. He set high expectations for his athletes, taught them how to work hard while having fun. After Chris left, the athletes have paid forward to others those same values. He would be proud of where we are at as a team right now, and he would be honored that Madi and Logan would be receiving this award. He would have liked coaching them."

Osakis also earned high honors in the classroom this past season. Lexi Spsychalla, VanNyhuis, Alexis Johanson, Stanek, Kranz and Douvier all earned academic all-state awards for those with a GPA over 3.6 that also meet performance standards.

Both the boys (3.843 cumulative GPA) and girls (3.986) teams earned academic all-state gold awards. That goes to teams with a GPA above 3.75.

On the track and field, it was a season for the girls that featured another trip to the true team state meet, where they finished ninth, after winning the Section 6A True Team meet. The girls also won the Prairie Conference championship and took second in Section 6A.

"I really feel our kids met or exceeded all of the performance goals at the beginning of the season," L. VanNyhuis said after the season ended. "The coaching staff did a great job of preparing them, and we had a lot of fun this year."

ADDITIONAL OSAKIS



Contributed photo

From left to right, the Osakis boys team award winners from the 2022 season are Logan Karnes, Stroup "Big Picture" Award; Joseph Aaser, Most Improved; McCarter Kirksey, Most Valuable Field Athlete; Jack Petrich, Silverstreak Award; and Zackery Bruder, Most Valuable Track Athlete, Will to Win.



Contributed photo

From left to right, Osakis girls track and field team award winners from the 2022 season are Mara VanNyhuis, Silverstreak Award; Madison Douvier, Stroup "Big Picture" Award; Tessa Stanek, Most Valuable Track Athlete; Kiley Kranz, Most Valuable Field Athlete; Bella Weisser, Most Improved; and Kaia Fiskness, Will to Win.

TRACK AND FIELD AWARDS

PRAIRIE CONFERENCE ALL-ACADEMIC (Letter winner, 3.7 GPA) - Jack Petrich, John Pahl, Kale Drevlow, Jacob Taplin, Isaac Ruugemer, Kaleb Helberg, Lexi Spsychalla, Mara VanNyhuis, Alexis Johanson, Larissa Hoffarth, Madi Douvier, Bria Hoffarth, Emma Nobles, Eva Van Acker, Hailey Walker

LETTER WINNERS - BOYS TEAM - Alessandro Bettiol, Brody Wussow, Logan Karnes, Joseph Aaser, Jack Petrich,

John Pahl, Issac Loverink, Noah Schultz, Kale Drevlow, McCarter Kirksey, Stewart Jones, Jacob Taplin, Blake Bouldin, Andrew Paulson, Noah Goodwin, Brennen Gustafson, Isaac Ruegemer, Jayden Schlosser, Mikkel Steinert, Zackery Bruder, Kaleb Helberg, Trenton VanNyhuis, Keaton Lien, Christian Nathe, Jaxon Christner; **GIRLS TEAM** - Hatti Schmidtbauer, Lexi Spsychalla, Mara VanNyhuis, Makenzie Lien, Alexis Johanson, Tessa Stanek, Kiley Kranz, Kyrah Oeltjen, Madelyn

Collins, Larissa Hoffarth, Madi Douvier, Izabella Nowak, Bria Hoffarth, Emma Nobles, Kiana Kendall, Eva Van Acker, Lauren Anderson, Madeline Anderson, Hailey Walker, Victoria Hoepfer, Carlee Muenzhuber, Stephy Marthaler, Morgan Baker, Charity Buchanan, Kaelyn Walker, Bella Weisser, Shiann Holmquist, Addison Roering, Ally Boyer, Kaia Fiskness, Katie Collins, McKenna Meyer

Email sports and outdoor editor Eric Morken at emorken@echopress.com.

TENNIS

Maddock, Stier, Wolf recognized for Osakis

By Eric Morken
emorken@echopress.com

Osakis tennis coach Ryan Maddock liked the progress he saw up and down the lineup for his boys team during the program's second season back after restarting the program in 2021.

The Silverstreaks were still an inexperienced group overall with the majority of their players getting used to playing competitive matches in the sport.

"We saw a lot of improvement from our returning players from last year and saw nice improvement from our new players this year as well," Maddock said. "We had many more individual wins this year than a year ago and look forward to increasing our team and individual win totals a year from now."

Junior Isaac Maddock is one player who has years of experience, and it showed in what was a dominant season for him through much of the spring.

Isaac earned the Silverstreaks' MVP

Award after finishing 25-1 overall playing No. 1 singles. His only loss came in the Class A state championship against Evan Fraser of Mounds Park Academy. Maddock never even went to a third set in all 25 of his wins.

Marcus Wolf was another junior on this team, and Wolf earned Osakis' Silverstreak Award. Wolf and fellow junior Connor Gulbranson teamed up to get seven wins at the No. 1 doubles spot.

Eighth-grader Tyler Stier rounded out the team's award winners by earning the Most Improved Award. Stier had five wins at the No. 3 singles spot, while freshmen Micah Moore had four wins at fourth singles, and Bryce Moen had two wins at second singles.

OSAKIS TENNIS LETTER WINNERS - JUNIORS - Isaac Maddock, Connor Gulbranson, Marcus Wolf; 9th-grade: Micah Moore, Bryce Moen, Michael Laumeyer; 8th-grade: Tyler Stier, Zeke Fiskness; 7th-grade: Preston Steinert, Trent Redetzke.



Contributed photo

Osakis boys tennis award winners from the 2022 season are, left to right, Isaac Maddock, MVP; Tyler Stier, Most Improved; and Marcus Wolf, Silverstreak Award.

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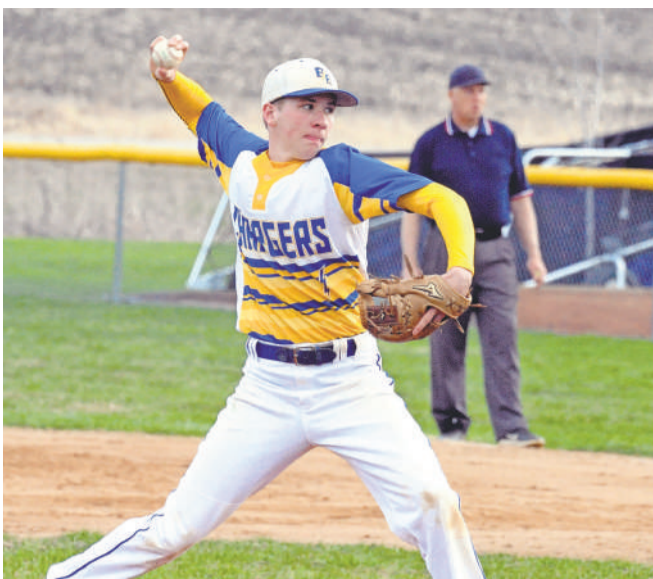
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BASEBALL

Perleberg racks up big honors for B-E



Sam Stuve / Alexandria Echo Press

Brandon-Evansville junior Brady Perleberg pitches in a game against Ashby on May 5, 2022. Perleberg took home four team postseason honors for the Chargers, including the MVP Award, Hardest Worker Award, Top Gun Award (1.31 ERA) and Hustle and Heart Award.

By Sam Stuve
Alexandria Echo Press

For the fifth straight season, the Brandon-Evansville baseball team has had a winning season. After having a 5-6 record on May 9, B-E won six out of its final seven games, including a 1-0 win over then-undefeated Upsala-Swanville on May 19.

The Chargers beat Browerville-Eagle Valley but lost to Ashby and Parkers Prairie in the Section 6A Playoffs to finish the 2022 campaign with a 12-9

(9-8 Section 6A) record. At the season-ending banquet, Brady Perleberg was named the team's Most Valuable Player in addition to winning the hardest worker, hustle and heart, and top gun award with a 1.31 ERA on the mound.

Dezmond White took home two awards, both of which are batting awards. He won the Silver Slugger award with a .383 batting average and he was the RBI leader with 21. Defensively, Braydon Englund won the team's Golden Glove

Award because of his play. Although he was limited in what he could do on the field for the season with a torn labrum, senior Titus Fuller still won the team's CHARGER Award for his leadership qualities on and off the diamond. Jayden Hoidahl was named the team's most improved player, while Carter White took home the team's Golden Spikes award because of his speed on the base path. He had a team-high 12 stolen bases this season.



Braydon Englund, Golden Glove



Dezmond White, Silver Slugger, RBI Champ



Titus Fuller, Charger Award



Jayden Hoidahl, Most Improved



Carter White, Golden Spikes

Klimek, Mages brothers take home Osakis honors

By Sam Stuve
Alexandria Echo Press

After finishing the 2021 season with a 5-13 record, the Osakis baseball program took a step forward by finishing with an 8-9 record in the 2022 season.

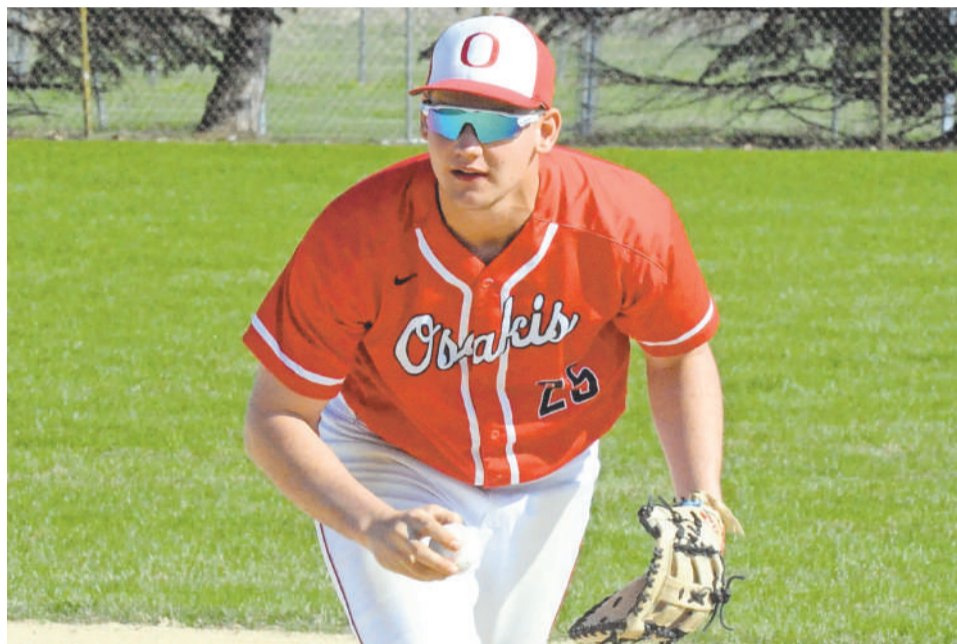
At one point in the season, the Silverstreaks had an 8-5 record but lost their final three games of the regular season and were bounced out of the Section 3AA Playoffs with a 3-2 loss to the Kimball Area Cubs on May 31.

The Silverstreaks had a six-game winning streak going from May 9-19. Osakis was led by All-Prairie Confer-

ence players in seniors Bauer Klimek and Brady Mages. At the season's end, Mages was named the team's Offensive Most Valuable Player, while Klimek won the team's Golden Glove award for his defensive play.

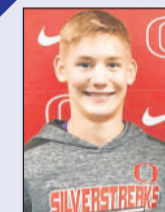
Kyle and Grant Mages, both sophomores, were all-conference honorable mentions this year as well. Kyle Mages won the team's Most Valuable Pitcher award while Grant Mages took home the team's Most Improved Player award.

Email sports reporter Sam Stuve at [sstuve@echopress.com](mailto:ssstuve@echopress.com).



Sam Stuve / Alexandria Echo Press

Osakis senior Brady Mages makes a play at first base against Minnewaska on May 6, 2022. Mages was an All-Prairie Conference player this past spring and earned the Silverstreaks' Offensive MVP award for his role in helping Osakis improve to eight wins in 2022 from five during the 2021 season.



Kyle Mages, Most Valuable Pitcher



Grant Mages, Most Improved



Bauer Klimek, Golden Glove

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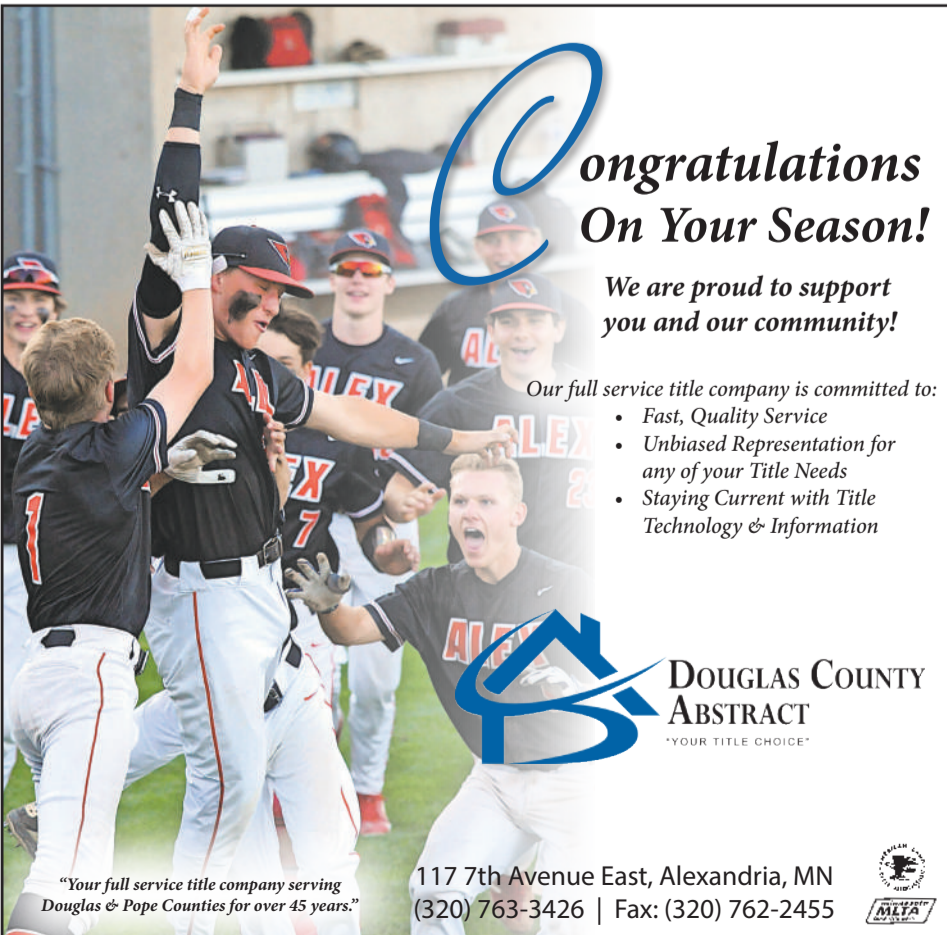


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SOFTBALL

Chargers recognize solid young nucleus



Sam Stuve / Alexandria Echo Press

Brandon-Evansville's Sophie Koep takes a cut during a game against Ortonville on May 16, 2022. Koep, a junior infielder, was named the Chargers' Gold Glove Award winner for her play defensively this season.

By Eric Morken
Alexandria Echo Press

The Brandon-Evansville softball team had two athletes earn first-team honors when the All-Pheasant Conference awards were announced in June.

Junior center fielder Sydney Schaefer and shortstop/pitcher Kylee Dingwall both were a part of that 10-person group that made the first team.

Junior Taylin Kramer (SS/P) was a second-team all-conference player, and junior Sophie Koep (1B) and senior Kaytlyn Pattrin (OF/P/3B) were honorable-mention selections. Pattrin had a 2.56 ERA with 17 strikeouts in 13.2 innings pitched. She hit at a .275 clip with a .431 on-base percentage while scoring 16

runs and driving in 7.

Schaefer earned Brandon-Evansville's team MVP Award. She hit at a .404 average with a .470 on-base percentage. Schaefer led the Chargers in runs scored with 23 and RBI's with 16.

Koep was the Gold Glove Award winner, while Dingwall won the Silver Slugger Award. Koep hit .319 with 16 runs scored and 6 RBI's. Dingwall hit a team-best .433 among regular starters. She had 21 runs scored and 12 RBI's.

Kramer earned the Miss Hustle Award for her energy on the field. She scored 18 runs and drove in 10 with a .269 batting average and .433 on-base percentage.

Kramer also led the team in innings pitched at 47.2. She went 4-4 with a 3.67 ERA behind 58 strikeouts and 36 walks.

Madeline Stich, an 8th-grader who started behind the plate at catcher, earned the team's Most Improved Player Award.

She broke out with a .361 batting average and .439 on-base percentage and added six runs scored and five RBI's.

The Chargers finished with an 11-7 overall record. They went 10-4 in the Pheasant Conference. Hancock and Clinton-Graceville-Beardsley both tied for first in league play with 13-1 records.

Jessica Moberg of CGB was named the Pheasant Conference MVP, and CGB's Brice Hoffman was named the Coach of the Year. Hancock's Carlee Hanson was the Pitcher of the Year and the Offensive Player of the Year Award winner in the conference.

Brandon-Evansville was leaning on many athletes who were moving into bigger or completely new roles on varsity this season, giving the Chargers hope that they can improve on their 11-win season in 2023.

Email sports and outdoor editor Eric Morken at emorken@echopress.com.



Madeline Stich, Most Improved



Taylin Kramer, Miss Hustle



Kylee Dingwall, Silver Slugger



Sydney Schaefer, MVP

TRACK & FIELD

Wales, Fuller earn MVP honors from A-B-E

By Sam Stuve
Alexandria Echo Press

The Ashby-Brandon-Evansville track and field program gave out seasonal awards to certain team members following the conclusion of the 2022 season.

Leading the way in the awards were sophomore Lucea Wales and freshman Micah Fuller, who won the Most Valuable Athlete awards.

Wales was an all-state athlete by making the finals in three events (long jump, 300m hurdles and 200m dash) at the state meet at St. Michael-Albertville High School. At the state meet, Wales finished third in the 300m hurdles, seventh in the 200m dash and eighth place in the long jump. Wales also won A-B-E's Heart of

a Champion Award.

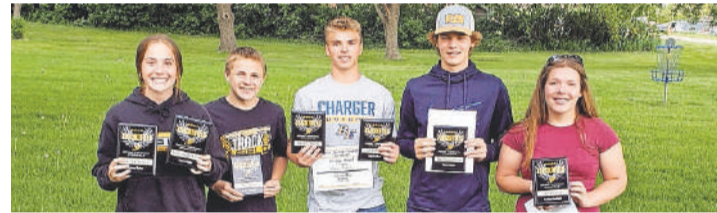
At the Section 6A boys meet, Fuller finished 11th in the 110m hurdles and 13th 300m hurdles.

Eighth-grader Kaleb Fuglseth was named the most improved athlete on the boys team, while senior Katrina Buchholz earned the award on the girls side. Buchholz finished in eighth place at the section meet in the discus throw.

On the boys side, sophomore Logan Haburn took home the team's Heart of a Champion Award and the Newcomer of the Year Award. At the section meet, Haburn finished seventh in the 100m dash and 14th in the 200m dash.

Seventh-grader Hope Rovang was the winner of the newcomer of year award for the girls team.

Email sports reporter Sam Stuve at sstuve@echopress.com.



Contributed photo

Award winners from the Ashby-Brandon-Evansville track and field team in 2022 included, left to right, Lucea Wales, Most Valuable, Heart of a Champion; Kaleb Fuglseth, Most Improved; Logan Haburn, Heart of a Champion, Newcomer Award; Micah Fuller, Most Valuable; and Katrina Buchholz, Most Improved. Not pictured is Hope Rovang, Newcomer Award.

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