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WEEKEND POSTBULLETIN

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Rochester consultants bypassed on riverfront

Massachusetts firm selected for city project

BY RANDY PETERSEN
 Post Bulletin

At least three firms with Rochester offices pitched proposals for creating a vision for the city-owned section of the downtown riverfront. Representatives of each expressed disappointment in the city's decision to hire a consultant from Cambridge, Mass., but they cited understanding related to the selection process.

"We thought we had a very solid team put together, but in the same breath, I understand the process and have been there myself and can appreciate the process they went through to make the selections," said Chris Petree, director of operations for WSB's local office and a former Rochester Public Works director.

Hal Henderson, a principal with HGA's Rochester office, said the company's proposal was the most costly among those reviewed by the city, so he understands why city officials went in a different direction, but he also said he believes there's a tendency to overlook local talent.

"With the amazing amount of talent in Rochester, I don't think it's fully appreciated," he said.

John Eckerman of RSP Architects said not getting the recent project is balanced by being tapped for work in the Heart of the City and Discovery Walk projects in other Destination Medical Center subdistricts.

"We've had a lot of great projects with the city," he said. Rochester City Council member Kelly Rae Kirkpatrick said the city should show greater commitment to hiring local consultants. That, she said, explains why she didn't

See PROJECT, Page A5

Help for evacuees

Rochester starts to mobilize aid for Afghanistan refugees

BY JOHN MOLSEED
 Post Bulletin

Ben Harris used his paid time off to help supply Afghan evacuees in Wisconsin with essential clothing items. Returning to work felt like a vacation in comparison. Harris, manager at Shoe Dept. Encore at Apache Mall, volunteered with Team Rubicon to help sort thousands of donated items sent to Fort McCoy, Wis.

Team Rubicon is coordinating the effort to provide clothing to more than 12,500 Afghan evacuees living on the base. Fort McCoy is one of eight U.S. military bases housing the more than 50,000 Afghans who fled their country when Taliban forces overthrew the government in August.

"There were so many items coming in every day," Harris said. "It was really quite amazing."

He returned to work Monday after seven days of volunteer duty.

"I'm young, I have the energy," the 22-year-old added.

Volunteers like Harris are sorting tens of thousands of items for evacuees every day and sending them to the nearby military base.

John Stuhlmacher said he's glad when he sees Amazon boxes arrive at the temporary sorting facility.

"We may not know what's in the box, but we know it's something we can use," said Stuhlmacher, senior operations associate with Team Rubicon.

Stuhlmacher said the evacuees there need culturally appropriate clothing, winter clothing and underwear.

Of the tens of thousands of items arriving, not all donations are needed.

A box of kitchen sponges? "We've seen that," he said.

"We also get a lot of swimwear including



Contributed photos / Ben Harris
 Ben Harris, left, sorts donated items for Afghan evacuees at Fort McCoy, Wisconsin, at the National Guard Armory in Sparta, Wisconsin.



Team Rubicon volunteers sorts donated items for Afghan evacuees at Fort McCoy, Wisconsin at the National Guard Armory in Sparta, Wisconsin.



Items for Afghan evacuees at Fort McCoy, Wisconsin at the National Guard Armory in Sparta, Wisconsin

bikinis," he added. "That's what we mean by culturally appropriate."

Stuhlmacher said the organization has tried to prioritize evacuees who left after a bombing incident outside the Kabul airport. Following the bombing, evacuees boarding flights to the U.S. weren't allowed to bring baggage. This sped up the security process, but came at a cost.

"People literally came only with the clothes on their back," Stuhlmacher said.

People trying to help were already behind before they arrived, he added.

"We started out here behind the ball," he said. "When we got here, there was already a couple thousand people at Fort McCoy."

Stuhlmacher set up an Amazon wish list on the Team Rubicon website for people who want to help to ensure items the people need the most continue to come in.

While used items are appreciated, new items

are preferred because they require less sorting time and are in wearable condition.

"People have different definitions of 'gently used,'" Stuhlmacher said.

Harris said he sorted some winter items, but knows cold weather can set in fast.

"We know how quickly it can go from 60 degrees to 40 to 20," Harris said.

Catholic Charities of Southern Minnesota is

See HELP, Page A5

Daughter explores her dad's adventures

Leilani Raashida Henry writes about her father, George Gibbs

BY MATTHEW STOLLE
 Post Bulletin

George Gibbs is arguably the most historically significant African American to live in Rochester. Most Rochester people are vaguely aware of his exploits if for no other reason than his name is borne in places where he made the most impact: In Rochester, where a school and street are named after him. And in Antarctica, where Gibbs



Gibbs

became the first African American to set foot on the South Pole.

Now, his daughter, Leilani Raashida Henry, has written a book for young adults, "The Call of Antarctica: Exploring and Protecting Earth's Coldest Continent," that delves into Gibbs' life and explorations.

Henry traveled the country interviewing descendants of the explorers. The hardcover book is set for release on Oct. 5.

Born and raised in Jacksonville, Fla., Gibbs grew up in a racially segregated society when Jim Crow was the law of the land. He



Contributed photo
 Leilani Raashida Henry, daughter of George Gibbs.

enlisted and then re-enlisted in the Navy. Gibbs saw the Navy, if not an escape from racism, as an avenue of expanded opportunities. He was able to earn his GED as

well as a college degree under the GI bill.

"I think he saw a bigger life for himself," Henry

See FATHER, Page A5

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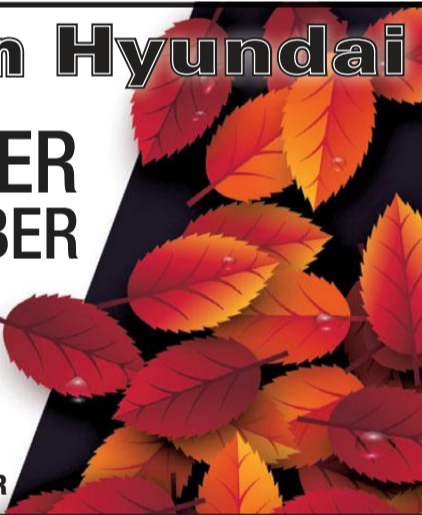
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World

YOUTH STAND TOGETHER

Groups take to the streets worldwide to demand action against climate change

BY KATE ABNETT
Reuters

BRUSSELS
Young people around the world took to the streets on Friday to demand urgent action to avert disastrous climate change, in their largest protest since the start of the COVID-19 pandemic.

The strike takes place five weeks before the U.N. COP26 summit, which aims to secure more ambitious climate action from world leaders to drastically cut the greenhouse gas emissions heating the planet.

“The concentration of CO2 in the sky hasn’t been this high for at least 3 million years,” Swedish activist Greta Thunberg told a crowd of thousands of protesters in the German capital.

“It is clearer than ever that no political party is doing close to enough.”

Demonstrations were planned in more than 1,500 locations by youth movement Fridays for Future, kicking off in Asia with small-scale demonstrations in the Philippines and Bangladesh, and spreading throughout the day to European cities including Warsaw, Turin and Berlin.

“Everyone is talking about making promises, but nobody keeps their promise. We want more action,” said Farzana Faruk Jhumu, 22, a youth climate activist in Dhaka, Bangladesh.

A landmark U.N. climate science report in August warned that human activity has already locked in climate disruptions for decades — but that rapid, large-scale action to reduce emissions could still stave off some of the most destructive impacts.

So far, governments do not plan to cut emissions anywhere



Arnd Wiegmann / Reuters

Participants gather before the start of a demonstration of Swiss environmental group Klimastreik Schweiz on the occasion of the Global Climate Strike on Friday at the Polyterrasse terrace in front of the Federal Institute of Technology (ETH) building in Zurich, Switzerland.

near fast enough to do that.

The United Nations said last week that countries’ commitments would see global emissions increase to be 16% higher in 2030 than they were in 2010 — far off the 45% reduction by 2030 needed to limit warming to 1.5 degrees

Celsius.

“We are here because we are saying a loud ‘no’ to what is happening in Poland,” said Dominika Lasota, 19, a youth activist at a protest in Warsaw, Poland.

Friday’s strike marked the in-person return of the youth climate protests that

in 2019 drew more than 6 million people onto the streets, before the COVID-19 pandemic largely halted the mass gatherings and pushed much of the action online.

But with access to COVID-19 vaccines still highly uneven around the world, activists in

some poorer countries said they would only hold symbolic actions with only a handful of people.

“In the global north, people are getting vaccinated so they might be out in huge quantities. But in the global south, we are still limited,” Baluch said.

Iowa GOP Sen. Chuck Grassley to run for 8th term

BY BRIDGET BOWMAN
CQ-Roll Call

Longtime Iowa GOP Sen. Charles E. Grassley announced early Friday morning he will run for an eighth term in the Senate, giving Republicans one fewer open-seat race to navigate in 2022.

Five Senate Republicans so far have decided not to run for reelection. Grassley, the top Republican on the Senate Judiciary Committee, had said he would decide whether to run or retire this fall.

“Serving Iowans in the United States Senate is a tremendous honor. I’m working as hard as ever for the people of Iowa and there’s more work to do,” Grassley, who is known for his early morning runs, said in a statement sent at 4 a.m. CST.

“In a time of crisis and polarization, Iowa needs strong, effective leadership,” Grassley said. “I’m focused on serving the people of Iowa as your senator and fighting for policies that will make Iowa an even better place to raise a family and grow a business.”

Grassley, who is 88, was first elected to the Senate in 1980 after serving

three terms in the House. But his campaign schedule demonstrated that he is not slowing down. A press release announcing his decision listed four Saturday campaign events.

Multiple Democrats have filed to run against Grassley, including former 1st District Rep. Abby Finkenauer, who lost her race for a second term in 2020 after flipping a GOP-held district in 2018. When she launched her campaign in July, she took aim at Grassley and referenced the Jan. 6 attack at the Capitol.

Finkenauer responded to Grassley’s announcement Friday by knocking his decades in the Senate, accusing him of becoming “just another D.C. politician who can’t let go of power and turned his back on families like mine.”

A Des Moines Register poll released earlier this week showed Finkenauer initially trailing Grassley. Fifty-five percent of the likely voters surveyed said they supported Grassley, while 37 percent backed Finkenauer, and 7 percent did not know who they would support.

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Evelyn Hockstein / Reuters / file photo

Sen. Chuck Grassley (R-Iowa) leaves the Senate floor Aug. 9 as the Senate continued to work through the bipartisan infrastructure bill at the U.S. Capitol in Washington, D.C.

Afghan Taliban defense minister orders crackdown on abuses

REUTERS

PESHAWAR, Pakistan — The Taliban’s new defense minister has issued a rebuke over misconduct by some commanders and fighters following the movement’s victory over the Western-backed government in Afghanistan last month, saying abuses would not be tolerated.

Mullah Mohammad Yaqoob said in an audio message that some “miscreants and notorious former soldiers” had been allowed to join Taliban units where they

had committed a range of sometimes violent abuses.

“We direct you keep them out of your ranks, otherwise strict action will be taken against you,” he stated. “We don’t want such people in our ranks.”

The message from one of the Taliban’s most senior ministers underlines the problems Afghanistan’s new rulers have sometimes had in controlling fighting forces as they transition from an insurgency to a peacetime administration.

Some Kabul residents have complained of abusive treatment at the hands of Taliban fighters who have appeared on the streets of the capital.

There have also been reports of reprisals against members of the former government and military or civil society activists, despite promises of an amnesty by the Taliban.

Yaqoob said there had been isolated reports of unauthorized executions, and he repeated that such actions would not be tolerated.

“As you all are aware, under the general amnesty announced in Afghanistan, no mujahid has the right to take revenge on anyone,” he said.

It was not clear precisely which incidents he was referring to, nor what prompted the message.

There have been reports of tensions within the movement between hardline battlefield commanders and political leaders more willing to seek compromise with governments outside Afghanistan.

Yaqoob also said patrols

should be restricted to areas where they were assigned and criticized the fondness of some fighters for going into government offices where they had no business and taking selfies.

“This is highly objectionable as everyone is taking out mobile phones and taking snaps in the important and sensitive ministries without any reason,” he said. “Such hanging out and taking snaps and videos will not help you in this world, and also in the hereafter.”

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ANSWERMEN

Shedding light on window tints in a vehicle

What does the law say about tinted driver's and passenger windows? Is this a "primary" offense? And what is the underlying reason to NOT HAVE tinted windows on the passenger and driver's side windows? — Jim M.

The Answer Man didn't have to look too far to find the answers to some of your questions as the Post Bulletin (and a number of other publications throughout the region) feature a column called Ask a Trooper.

Each week Minnesota State Patrol Sgt. Troy Christianson

answers questions concerning traffic-related laws and issues in the state. Rather than make Christianson repeat himself, I took my fingers on a walk across my keyboard and over to our digital archives.

In May, Christianson addressed the question of windshield tints specifically relating to medical exemptions.

This what Christianson had to say: "In Minnesota, you can have your windows tinted to a light transmittance of 50 percent, but not less. Light transmittance is the amount of light that is required to pass through both the window and the tint film. Before

any tint material is applied to your windows, a vehicle comes from the factory with tint already inside the glass material. No window comes from the factory at 100 percent light transmittance. My experience has been that most vehicles are already at 75 percent before any modifications."

Christianson also shared this with readers of his column:

- No vehicle can have ANY tint to the front windshield.
- Passenger cars are limited to 50 percent on all side and rear windows.
- Pickups, vans and SUVs are limited to 50 percent on

the front side windows.

- Pickups, vans and SUVs are not limited on the rear side and rear windows. (Can be less than 50 percent behind the front seat).

- Squad cars, limousines, and vehicles used to transport human remains by a funeral establishment are not limited on the side and rear windows.

But knowing what the law is isn't enough for my dear readers. No we must know why so I tasked one of the Answer Man's many chauffeurs to give the sergeant a call. Christianson, who has been in law enforcement for 26 years, said the law was made because it is difficult

to see out of a tinted window during the night and foggy conditions.

And for law enforcement, a heavily tinted window can create concerns for officer safety – being unable to see into a vehicle as they approach it.

If you're passionate about window tints, speeders and want to help keep all of Minnesota safe, the State Patrol is hiring.

You can always count on Answer Man to shed light on your questions. Send questions to answerman@postbulletin.com.

Project

From page A1

support the \$195,000 contract with Gamble Associates when local consultants could do the work.

"I ran on a platform that we should try to keep money locally," said the Ward 4 representative, in her first year as a council member. "We should be hiring folks that have the skill sets we need that are here, to keep the money in the community."

Kirkpatrick was joined by council member Molly Dennis in voting against the contract, but two other council members who voted in favor of the Gamble contract cited concerns with selecting an out-of-state firm.

"I, too, had some concerns ... based on the fact that we are going with some national consultants versus local consultants, and I worked through that with staff, trying to make sure we're giving our local consultants a good chance," council member Patrick Keane said.

Council President Brooke Carlson also said staff members were able to address her concerns. Jaymi Wilson, the city's project manager for riverfront effort, said the city received seven proposals for creating the small-area plan, and selected five of them for full review and interviews.

She was joined in the staff-level review by Deputy City Administrator Cindy Steinhauser, Interim



File photo

The Rochester City Council is focused on this riverfront site for redevelopment.

Community Development Director Josh Johnsen, Heritage Preservation and Urban Design Coordinator Molly Patterson-Lungren and Catherine Malmberg, the Destination Medical Center Economic Agency's interim director of economic development and placemaking.

"As a group, we really felt this was the strongest group to help us with this first out-of-the-gate planning process," Wilson said of the Gamble selection, citing a strong emphasis on past riverfront development projects.

"Across the board, we had some really strong proposals," she added.

When it came to price, she said the \$195,000 bid was in the middle of the pack, with most proposals fluctuating by \$30,000 to \$40,000.

The two outliers appear to be local proposals, with HGA at the top and WSB's bid at slightly more than

\$100,000. Petree said the lower WSB proposal likely hurt the firm's chances due to its limitations, but he was working with the expectation that the cost should be in line with a similar planning process conducted by Perkins and Will for the riverfront area that includes the former Kmart and AMPI sites.

That process, led by the national firm with a Minneapolis office, was completed for \$90,000, which was split by the city, property owners, Mayo Clinic and DMC EDA.

The \$195,000 cost for the Gamble contract is being paid through state DMC funds.

The plan presented by Gamble includes a variety of community engagement, including a co-design process with local residents, meetings with people connected to the site, and broader public events.

The plan calls for work

to start in October and wrap up next summer when the vision for the area will be submitted to the city council for final approval.

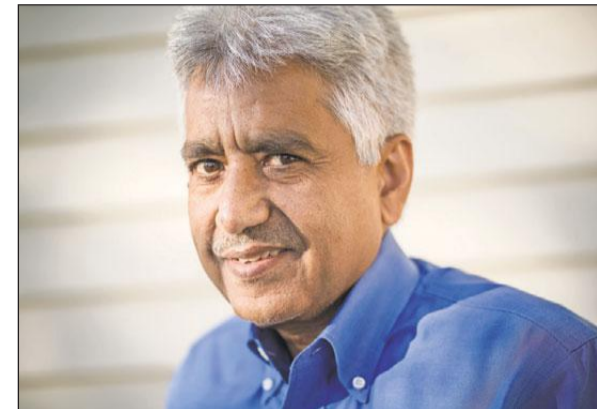
Wilson said approval of a plan will likely lead to additional work to develop the area based on whatever vision is defined during the nine-month effort.

"This is the first in a number of steps in this process before we would actually start developing on this site," she said.

Representatives from the local firms involved in the recent bidding process said they'll likely consider making proposals for future work.

"We're going to follow it close and see what the next steps are, because obviously the river has a lot of potential," RSP's Eckerman said.

Contact local government reporter Randy Petersen at rpetersen@postbulletin.com.



Joe Ahlquist / Post Bulletin

Rashid Fehmi outside his home in Rochester on Sept. 9. "One thing I remember is how the Rochester community came together to support the Muslims," he said. Fehmi recalled realizing that there were concerns about the safety of Muslims following the attack. "I went to pray that afternoon at the Mosque downtown and the door was locked," Fehmi said. Area churches opened their doors to Muslims as places to pray while the Masjid Abubakar Siddiq mosque was temporarily closed for security concerns.

Help

From page A1

collecting cash donations to help with the effort and is working with the Minnesota Department of Human Services Refugee Program to help some of the refugees in Wisconsin find temporary homes in Minnesota.

The department announced it will bring about 300 refugees to Minnesota under special immigrant visas. Those visas are given to people who have directly assisted the U.S. military. Refugees can also apply for the visa status if their lives are in danger because of their connection to U.S. forces.

Rashid Fehmi, of the Rochester Muslim Community Circle, said the group is taking cues for now from the Catholic Charities of Southern Minnesota for what the local Muslim community can do to help the refugees.

"We can definitely make provisions for anyone who arrives and help them," Fehmi said. "We can easily gather items that are needed."

The refugees would likely be welcomed. A poll of 800 registered voters conducted by MPR News/Star Tribune, KARE-11 and Frontline Minnesota shows 53% of Minnesotans would support resettling Afghan refugees in their communities.

Fehmi said the Muslim community will be able to help with other needs such as housing, finding employment and learning English.

"Right now, we are kind of in a holding pattern," he said.

Contact reporter John Molseed at jmolseed@postbulletin.com.

Father

From page A1

recently told the Post-Bulletin. "When he was in elementary school, he realized there was a bigger mission or plan for him. He was very disturbed by Jim Crow and the way African Americans were treated in the U.S."

Gibbs was a third-class mess attendant, the lowest rank on the ship, when Rear Admiral Richard Byrd set sail on his third expedition to Antarctica. The ship was a massive, 68-year-old wooden ship. Crew members harbored doubts about its seaworthiness, it was so old.

Gibbs moved his way up the ranks as the expedition progressed. The goal was to reach the magnetic South Pole and map and research the continent.

The ship wasn't free from racism, but it was a sign of how highly Gibbs was regarded that he was given the honor of being the first crew member off the ship when they reached the continent, Henry said.

The expedition took place from 1939 to 1940, prior to U.S. entry into World War II. A second secret mission, Henry learned from her research, was to keep an eye on the Nazis, who were attempting to establish a presence in Antarctica.

Gibbs retired from the Navy in 1959 and arrived in Rochester in 1963 after graduating from the University of Minnesota.

He was hired by IBM, the first black family to be recruited to Rochester. He ended up shaking up the established racist order in Rochester. He integrated the Elks

Club and other service clubs. He founded the Rochester chapter of the NAACP.

Henry said the Antarctic expedition likely factored in her dad's decision to set roots in Rochester. After enduring the bone-chilling temps of the South Pole, "the cold did not bother him," she said.

Here are excerpts from an interview with Henry:

Why did you write the book?

My father was going to write a book. But he died (in 2000) before he wrote it. Before he died, I learned that he had spoken with a woman, a news reporter, who had agreed to help him write his book. But in the end, she wasn't able to do it, because she said she was starting a family and wouldn't have the time. And so she handed me back all the materials that they had started on. So that's how I inherited the project.

Why did you think it was important the story be told?

I think it was the adventure of his life. He felt the expedition was an important thing to document and the fact that he was the first black person in the world to set foot on the continent. I also wanted to bring light to Antarctica as a continent to protect.

Did your dad tell stories about the expedition when you were a kid?

He talked about it mostly outside the family. He was a faithful Toastmasters participant, and he did a lot of public speaking. And that was his topic. I heard the joke that when George's name was on the program, people laughed because they knew what he was going to talk about.

I understand that he wasn't

only the first black man to set foot on the continent, but was also the first man off the ship?

In my research, I found that was more than likely the plan, that he was able to be the first person off the ship. I believe that Admiral Byrd and one of the other people on the ship were part of allowing this to happen. In the military, it would be highly unusual for the lowest rank on the ship to just hop off whenever he wanted to.

Was your dad aware of the historical significance of the mission?

No. He knew nothing about Antarctica. He had asked to go to Spain. The Spanish Civil War was just ending. And he thought that would be a way to help with justice in that area of the world. He was told he couldn't go to Spain, but he could apply to go to Antarctica. And that's how he got there.

Did your research reveal things about your dad you didn't know?

I learned he was a great photographer. I don't know how he learned photography. I don't know where he got his first camera. But I found out that photography was something he was good at. I learned that he was a writer. I never knew that was a passion. And I learned that he had girlfriends — more than one — during the expedition. This all happened before he was married. He had a lot of friends.

"The Call of Antarctica" costs \$37.32 and can be ordered through Amazon.com and Barnes & Noble. It is set for release Oct. 5.

Contact reporter Matthew Stolle at mstolle@postbulletin.com.

WEDNESDAYS: Family Time

Lindy Lange wraps up all the events in and around Rochester that are aimed at kids and their parents.

POST BULLETIN
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FOR CONVENIENT HOME DELIVERY, CALL 507-285-7676 or 800-562-1758.

HEALTHY ELDERLY FEMALE VOLUNTEERS NEEDED FOR AGING RESEARCH

Mayo Clinic is seeking healthy volunteers to participate in an aging research study. The purpose of this study is to find out if a form of vitamin B3, NR (Nicotinamide Riboside), has any positive effects in bone, skeletal muscle, and metabolism in aging.

YOU MAY BE ELIGIBLE TO PARTICIPATE IF:

- You are a female, 65-80 years old
- You are generally healthy
- You are NOT in current use of insulin
- The study requires 4 visits at the Clinical Research and Trial Unit (CRTU) located on the 7th floor of the Charlton Building – Methodist campus or on the 5th floor of Domitilla Building – Saint Marys campus of Mayo Clinic in Rochester.
- Also, you will be required to participate in an exercise program taking place at the Dan Abraham Healthy Living Center (DAHLC) facilities 3 times per week for 6 weeks.
- Some tests including physical exam, blood tests, tomography (non-invasive test that combines X-ray images and computer processing to visualize your bones), walking speed, muscle biopsy, and muscle force studies will be performed for further evaluation of your current health and progress.
- Remuneration and parking passes will be offered.

For more information, please contact
Department of Medicine - Research
Jeremy Smith - Clinical Research
Coordinator at (507) 255-2831
or by email Smith.Jeremy@mayo.edu

MAYO CLINIC

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OBITUARIES

Heather Wangen Holtan



Heather Wangen Holtan, 49, of Pine Island, Minnesota, died on Sunday, September 19, 2021, at her home. Heather was born on September 19, 1972, to Marlowe and Jacobina (Veldman) Wangen.

Heather attended Albert Lea High School and graduated in 1991. She then attended Northwestern College in Orange City, Iowa where she earned a bachelor's degree in teaching. Heather began her career teaching in Albert Lea, and later went on to teach in the Plainview-Elgin-Millville School District and Hiawatha Valley Education District.

Heather is survived by her husband Todd; parents, Marlowe and Jacobina of Hayward, MN; mother and father in-law, Randy and Cindy Holtan of Rochester, MN; brothers, Mathew (Gretchen) Wangen of Hayward, MN and Lucas Wangen of Chatfield, MN; as well as her nieces and nephews.

A Memorial Service will be held at 3:00 p.m. Saturday, September 25, 2021, at Ranfranz and Vine Funeral Homes (5421 Royal Pl NW, Rochester, MN 55901). Visitation will be 5-8 pm on Friday as well as one hour prior to the service.

Ranfranz and Vine Funeral Home is honored to be serving the Holtan family; to share a special memory or condolence please visit www.ranfranzandvinefh.com



Shirley Anderson



Shirley Anderson, of Detroit Lakes, formerly of Rochester, passed away peacefully at the age of 99 on September 20, 2021.

Born August 1, 1922, in Fairfield, Iowa, Shirley grew up in Sioux Falls, South Dakota. There she met her high school sweetheart and future husband of 68 years, E. Gerald, "Gary" Anderson.

Shirley graduated from Iowa State University with a degree in Home Economics. While her husband served in the South Pacific during WWII, Shirley worked in the Pillsbury test kitchens in Minneapolis. As a member of the Pillsbury team, she was one of several home economists who would respond to letters from home bakers requesting advice from the fictitious "Ann Pillsbury."

Raising their two sons in Phoenix, AZ, and Lincoln, NE, Shirley assisted Gary in the hotel and hospitality industry and volunteered in her community most of her life. Shirley and Gary were at one time the oldest volunteering married couple at Mayo Clinic, Rochester.

At her wishes, her body was bequeathed to the Mayo Clinic Anatomy and Physiology Department for medical education.

She is survived by her son, Morey (Lisa) of Rochester; son Bryce (Julie) of Frazee, MN; Granddaughter Amy (Kevin) Gerber of Rochester; and three great granddaughters. She was preceded in death by her husband, Gary Anderson.

Memorials are preferred to Ecumen Detroit Lakes Family Helping Family Fund to support employees who face financial emergencies due to a catastrophic event or extenuating circumstances such as the current COVID-19 pandemic. www.ecumen.org

See MORE OBITUARIES, Pages A7-A10

Publish life moments with Modulist.news. Listings for you or your business. Create your listings for a birthday, new arrival, engagement and wedding announcement, obituary, job posting, and more.

Police: Predatory offender moving to SE Rochester

A predatory offender will be released from Minnesota Department of Corrections' custody to a Southeast Rochester residence on Monday, Sept. 27. Malik Amin Johnson, 42, a risk level 3 predatory offender, is described as a Black male, 5 feet 9 inches tall, weighing 220 pounds, with brown eyes and black hair. "Malik Johnson engaged in sexual contact against an unknown, mentally disabled, female victim. Contact included touch," according to the Rochester Police Department.



Johnson

Prescription: Eat the pizza while soaking in the tub

I stared at the ceiling most of the night, my mind wrestling with the pros and cons.



DAN CONRADT

One minute I was convinced that I should — I was physically exhausted, mentally burned out and fighting the urge to break something. And it had been like that for too long.

The next minute I'd think of my dad; I don't remember him ever taking a sick day from work, and I could just hear the things he'd have to say about the idea of a "mental health" day.

One minute: I'm going to be a lousy employee today and say something I'm going to regret.

Next minute: They pay you to work. Do your job.

One minute: I just can't make myself do it again today.

Next minute: Suck it up.

Sorry dad ... I'm doing this for me.

I dialed the number and the phone rang eight ... ten ... twelve

times, and while I waited my mind flashed back to the one time I skipped school and spent the day at a friend's house, drinking beer and listening to Led Zeppelin.

"This is different," I told myself. "Isn't it?" My coworker picked up on the thirteenth ring.

"This is Dan," I said. "I'm not feeling well. I'm going to take a sick day today."

I wasn't sure if calling it a "sick day" instead of a "mental health day" was a matter of semantics or cowardice, but it seemed prudent.

I was about to interrupt a lengthy pause by asking "Are you there?" when my co-worker said "Ohhh-kayyy ..."

Another awkward pause. "OK. Well, see ya tomorrow," I said. I hung up the phone and unplugged it.

That was easier than I thought. I went back to bed and got the sleep I'd missed during my should-I-or-shouldn't-I debate.

I woke up about noon, baked a frozen pizza and ate it while soaking in the bathtub; if you haven't tried it, I highly

recommend it. The rest of the day wasn't nearly so productive: I read a Hardy Boys mystery cover-to-cover, watched my VHS recording of the seventh game of the 1991 World Series (I knew the ending, which eliminated the stress and added to the anticipation), spent the entire day in my bathrobe, ate an absurd amount of chocolate Haagen-Dazs and went to bed early.

I felt a thousand percent better when I returned to work the next morning, and knew that my day away did everything a "sick day" is designed to do — it gave me a chance to heal without infecting those around me.

And while none of my coworkers asked if I was feeling better, I noticed that many of them took "sick days" over the next few weeks. And most came back "healthier."

I just hope they discovered the benefits of eating pizza in the bathtub.

Dan Conradt, a lifelong Mower County resident, lives in Austin with his wife, Carla Johnson.

AREA BRIEFS

WINONA STATE NAMED TOP MINNESOTA PUBLIC COLLEGE

WINONA — Winona State University has been recognized as the No. 1 public school in Minnesota, according to U.S. News and World Report's 2022 rankings.

WSU shares the top slot with University of Minnesota-Duluth. On a list of all public and private universities in Minnesota, WSU is tied for fourth, again with UMD.

WSU is ranked as the top public university for veterans in Minnesota and the 16th overall in the Midwest. The university is also ranked third in social mobility for public universities in Minnesota, tied with St. Cloud State University and the University of Minnesota Duluth.

Originally founded as a teacher's college, WSU today offers more than 80 undergraduate, pre-professional, licensure, graduate and doctorate programs in five colleges. The university's nursing program was established more than 50 years ago and is well-recognized across the region.

WSU is the only accredited undergraduate program in the U.S. that offers a bachelor of science in composite materials engineering.

U.S. News and World Report bases its regional rankings on peer assessment, graduation and retention rates, graduation rate performance, faculty resources, student selectivity, financial resources, and alumni giving. Complete listings are available at usnews.com/colleges

HEALTH, RIGHTS TO BE DISCUSSED AT ZUMBRO FALLS EVENT

ZUMBROTA — Anyone interested in the topics of health and rights is invited to a question and answer program at 5:30 p.m. Tuesday at 37435 County Road 17 near Zumbro Falls.

Topics will include mask and vaccine choices, informed parental decisions, and your legal rights. The event will be headlined by constitutional lawyer Greg Erickson and Dr. Scott Jensen. Informational and educational materials will be available. The event is sponsored by the MN-Patriots.com, and is free.

POLLINATOR GRANTS OFFERED TO HIGH SCHOOLS

A competitive grant program is offering funds to high schools in Minnesota and Wisconsin to support pollinator projects.

The Sand County Foundation is accepting applications through Nov. 19 from high school teachers for pollinator habitat grants that will allow opportunities to grow native wildflowers and establish habitats for insect pollinators and monarch butterflies. Successful applications will receive prairie

seeds and seedlings, a webinar and consultation, and \$1,000 to support project expenses.

Interested teachers can learn more about the program or apply at www.sandcountyfoundation.org/SchoolGrants.

Insect pollinators are essential for crop pollination and ecological diversity. Pollinator numbers are low partly due to loss of native wildflower habitat, especially in the agricultural landscape. Restoring habitat for pollinators is a key component

of a regenerative food production system.

"Students will germinate and grow native plants in the greenhouse in late winter and early spring, and manage and monitor the site through the summer," said Parker Witt, Sand County Foundation agricultural conservation specialist. "We encourage applicants to partner with landowners to establish pollinator habitat on agricultural and other working lands."

- Post Bulletin staff reports

Advertisement for 'HONOR A VETERAN' magazine. Includes options for a \$20 photo listing or a \$125 photo listing with a story. Deadline: Friday, October 4, 2021.

Korean War Club Members. After being encouraged by other club members, it was decided to have for the thirteenth year, pictures of Korean War Veterans (Dates of service June 25, 1950 - Jan. 31, 1955) in the 2021 edition of the SFVM Veterans issue that will be coming out November 6, 2021.

Form for 'HONOR A VETERAN' submission. Includes fields for name, address, city, state, zip, and options for photo listing and story.

MAIL TO: Attn.: Advertising/Honor A Veteran, Post-Bulletin Co., 1700 Greenview Drive SW, Rochester, MN 55902. Include a \$20 check per photo listing (Option A), \$15 check for a pick-up or \$125 check per photo listing and story (Option B) written to Post-Bulletin.

Obituaries

Russell L. Young



Russell Leroy Young died in his home on Wednesday, September 22, 2021 at 85 years old. He was born in his family's home on May 2, 1936, in Glenville, Minnesota to Willard and Ruth (Folkestead) Young.

Russ began working at a young age as he and his sisters were the town's paper carriers for many years and his family also owned the local hardware store. Russ attended Albert Lea High School and continued his education at Wessington Springs College in South Dakota. He then went on to Mankato State University in Mankato, MN where he earned a Master's degree in elementary education. After school, Russ joined the National Guard and traveled with them to Alaska to assist after the Great Alaskan Earthquake in 1964. Russ taught elementary classes for many years in the Rochester School System, his favorite grade to teach was 4th.

Russ met Nancy Lutter while attending Mankato State in biology class. The two of them were married on December 16, 1961. They had two children, April and Amy. Their family enjoyed taking the summers to travel all over the United States. Russ and Nancy took many snow skiing trips and especially enjoyed the view from the slopes in Colorado. Their favorite trips together include a bee keepers trip to Russia, in 1984, and an Alaskan Cruise.

Russ's hobbies include bee keeping and helping out with men's bible study at his church. He began his lifelong honeybee hobby at the age of 10 after smelling the scent of honey being extracted one day while walking to school. He was so invested in bee keeping that he took on teaching community education bee keeping classes. Every year in his own classroom, he set up an observation beehive for his students.

Russ is preceded in death by his loving wife Nancy, as well as his parents Willard and Ruth, and sisters Ruth Royer and Bonnie Boyle. He is survived by his daughters, April (Les) Rostad of Rochester, Minnesota, and Amy (Melvin) Church of Owatonna, Minnesota; his five grandchildren, Sonja Rostad (Minneapolis, MN), Bjorn Rostad (Rochester, MN), Freyja Rostad (Rochester, MN), Veronica Church (San Luis Obispo, CA) and Nolan Church (Owatonna, MN); and sister Edith Grosland of Mora, Minnesota.

A Funeral Service will be held at 11:00 am on Friday October 1, 2021 at Autumn Ridge Church, Timothy Chapel (3611 Salem Rd SW, Rochester, MN 55902). Visitation will begin at 9:30 am on Friday at the church. Burial will be at Grandview Memorial Gardens. Lunch will be served at the Ranfranz and Vine Event Center (5421 Royal Pl NW, Rochester, MN 55901) following the graveside service.

Memorials may be made to the University of Minnesota Bee Squad (PO Box 860266 Minneapolis, MN 55486-0266) or the Salvation Army.

Ranfranz and Vine Funeral Home is honored to be serving the Young family; to share a special memory or condolence please visit www.ranfranzandvinefh.com



Margaret Beardsley



Margaret Theresa Beardsley passed away after a brief illness on Monday, September 20 2021 at the age of 95. Her survivors include her daughters Julie and Lynn and their spouses Ralph and Steven. She also left six grandchildren; Charles and wife Eve, Elizabeth and fiancé Christopher and Emily, Lydia, Molly and Claire. Margaret also is survived by her brother Marcel and sister in law Dianne. There are also many nieces and nephews who all remember her as an amazing Aunt.

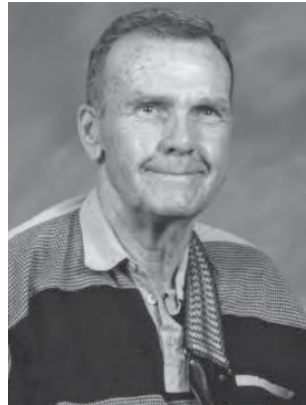
Margaret was born in Manitoba, Canada and was the fifth of six children born to Charles and Angelina Beaulieu. She finished high school and went on to complete three years of nursing training at St. Boniface Hospital. Margaret made life long friends in her training and attended reunions over many years. She worked as a registered nurse for over 50 years in many settings including the Mayo Clinic in Rochester, Minnesota where she lived for many years.

Margaret was a life long traveler and world explorer. She travelled all over the US and Canada as well as Europe, China, the Caribbean, Morocco, Egypt, Turkey and Israel. Her craft of rug hooking also took her to classes with master teachers all over the country. Her family delights in the beautiful rugs she has created and left for us to treasure always.

Above all of this was her selfless love and devotion to her children. Her daughters think about her help and sacrifice and support we received throughout her long life. And most of all she enjoyed having fun. Never one to turn down a glass of red wine or an adventure. She had many wonderful friends who celebrated her 90th birthday with us. Universally her friends described her as a role model for successful aging. We will forever miss her.

A celebration of her life will be held at 10 a.m., on Saturday, October 16, 2021, at St. Katharine Drexel Catholic Church, Frederick, MD. Interment will be private. Arrangements are with the Keeney and Basford Funeral Home, Frederick, MD.

Clarence Holt



Clarence Holt, age 92, of Charles City, Iowa, and formerly of Spring Valley, MN, transcended to everlasting life through our Lord and Savior Jesus Christ on Thursday, May 20th, 2021 at the 9th Street Chautauqua Guest Home in Charles City.

Clarence Albert Holt Jr. was born March 12, 1929, east of Byron, MN, to parents Clarence Holt Sr. and Margaret (Smith) Holt.

Clarence assisted his father in the operation of a 160-acre farm near Stewartville, MN. and on July 16, 1946, 14 months after the end of World War II, Clarence enlisted in active service with the US Army at Fort Snelling, MN. Clarence was stationed on Guam from 1946 to 1947, where he served with the 726th Engineering Heavy Shop Company as a bulldozer operator. He reached the rank of Tec 5, was decorated with a 'World War II Victory Medal' and honorably discharged on December 3, 1947.

He then moved to Waterloo, IA, and met Thelma Jean Young in 1951. On October 5, 1951, Clarence married Thelma at East St. Olaf Church near Rock Dell, MN. In 1952, they welcomed their first son Steven Holt in Waterloo and eventually the couple settled in Spring Valley, MN, in the late 1960s. Clarence spent years hauling petroleum for Ruan Trucking. Clarence and Thelma adopted their grandchildren Thomas (Tommy) and Jeremy in 1973, as sons. In the late 1980s, Clarence retired from the Teamsters and Ruan and spent time hauling flour for Bud Meyer Trucking. He also spent some time as a custodian during his retirement at Our Saviors Lutheran Church in Spring Valley.

Years after the passing of Thelma in 1996, Clarence reconnected with a friend named Trudy Post of Charles City, IA. Clarence and Trudy were married and lived in Charles City and were blessed with 16 years until her passing in 2017. After Trudy's death, Clarence became a resident who enjoyed his time spent at the 9th Street Chautauqua Guest Home in Charles City.

Clarence was well known for being a banjo picker and a genuinely kind person. The lives that he touched with his music and genuine kindness are unparalleled. Clarence was a country-boy who loved fishing and his relationship to God and his only son our Lord and Savior Jesus Christ.

Clarence is survived by his sons Tommy (Sara) Holt of Cottage Grove, MN, and Jeremy Holt of Rochester, MN; grandchildren Dan, Luke, and Elizabeth; 11 great grandchildren; 1 great great grandchild; sister Middie Noltee of Rochester, MN; and brother Bob (Linda) of Byron, MN and many nieces and nephews.

He was preceded in death by his wife Thelma of 46 years, wife Trudy of 16 years; his parents Clarence and Margaret and his son Steven (Suzanne) has passed since Clarence's death - sisters Lorraine and Deloris "Loie"; brothers John, Ernest "Ernie", Joseph "Joe", and Dale.

Funeral Services for Clarence Holt will be held at 2:00 P.M. on Sunday, September 26, 2021 at East St. Olaf Church, Rockdell, MN, with Pastor Paul Thompson officiating. Visitation will be held at 1:00 p.m. prior to the service on Sunday. Burial will take place at Zion Cemetery following the service. The family asks for memorials in lieu of flowers.

Timothy Sorensen



 Timothy Leroy Sorensen, 75, of Wanamingo,

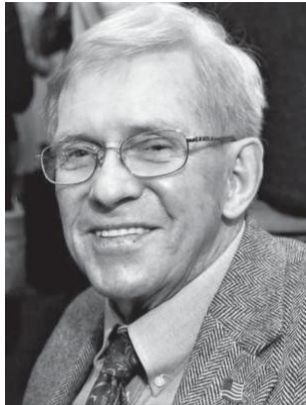
MN passed away peacefully in his sleep Tuesday, September 21, 2021 at the home of his stepson Nick Steberg. He was born on December 8, 1945 in Wakonda, SD to Chester and Marjorie (Mayer) Sorensen. Tim grew up in Freeman, SD and graduated from Freeman High School in 1964 where he ran track and cross country, as well as played basketball. He then enlisted in the Navy and served four years, including two tours in Vietnam and was awarded the Purple Heart. He served on the last active duty seaplane in US Navy service. Returning to South Dakota, Tim worked for Northwestern Public Service before joining the family business Sorensen Surge Service. He later left for Minnesota and went out on his own. A passionate and competitive pool player, Tim was affectionately known as Turbo to his many friends and fellow competitors. He was an avid hunter and fisherman and valued his time spent in the Black Hills at the family cabin. Tim loved sports and was a diehard fan of the Twins, Vikings and Gophers. He was a member of Trinity Church. Tim spent the last 36 years of his life in a loving relationship with wife Julie Steberg.

He is survived by his children Christopher (Margaret Gregg), JulieAnne, Avery (Jasmine Rose Rorvig), Brandon (Jessie McPherson), Nick Steberg (Beth Smith); grandchildren Alex Fugate (Dayna Elleraas) and Timothy (TJ); and siblings Keith (Dee), Samuel (Linda), David (Peggy) and Mary Ann (Stuart) Preheim. He was preceded in death by his parents, his wife Julie Steberg, and an infant sister Julie Ann.

A memorial service will be held Saturday October 2, 2021 at 2:00 PM at Trinity Lutheran Church in Wanamingo. The Rev. Christopher Culuris will officiate. Burial will follow at the church cemetery. Visitation will be one hour prior to the service at the church.



Lawrence H. Gray



Lawrence "Larry" Gray, 96, longtime Stewartville, MN resident, businessman and civil servant, passed away peacefully at home surrounded by family on Sunday, September 19, 2021. The Mass of Christian Burial will take place at 11:00 AM on Saturday, September 25, 2021, at St. Bernard's Catholic Church with Rev. Kevin Connolly officiating. Burial will follow at the church cemetery with military honors by the Stewartville American Post #164.

Lawrence Hubert Gray was born on December 20, 1924, at Shanavon, Saskatchewan, Canada to Bernard and Cecelia (Fitzgerald) Gray, the fourth of five sons. In 1911 Larry's parents left Rochester, MN, to homestead a parcel of land in Saskatchewan, where they farmed and raised their five sons. In 1936, at the height of the Great Depression, they returned to Rochester and in the fall of that year, moved to Stewartville.

Larry attended school in Stewartville, graduating from Stewartville HS in 1942. He was then employed at the Mayo Clinic in General Service until February of 1944 when he enlisted into the U.S. Navy. He served in the Pacific theater with U.S. Fleet Hospital #116 on Okinawa Island. Upon his discharge from the navy, he returned to Stewartville, graduated from Rochester Junior College, and received a degree in Mortuary Science from the University of Minnesota.

On June 12, 1948, Larry married Geraldine "Gerri" Griffin at St. Bernard's Catholic Church in Stewartville. Larry and Gerri worked side-by-side in the family businesses throughout their marriage, celebrating their 73rd anniversary in 2021.

Larry was involved with the Griffin-Gray Funeral Home for the past 60 years: as an employee from 1948 - 1960 when Pat Griffin retired; as owner from 1960 - 1990, when Larry and Gerri sold the firm to their son Christopher. Larry and Gerri have continued their involvement with the firm throughout their retirement. They also owned and operated Griffin Furniture in downtown Stewartville until closing and selling the building in 1978.

Larry was a longtime active member of St. Bernard's Catholic Church, serving on various boards, with the Men's Club, and on the committee to build the new church. Larry was also actively involved in many Stewartville organizations. He was a longtime member of the Stewartville Commercial Club (now Chamber of Commerce), Stewartville Jaycees, Lions Club, American Legion, and VFW.

Larry also served the City of Stewartville for 28 years: from 1969 - 1983 on the City Council and 12 years, 1985-1996, as mayor. Larry was a lifelong contributor to Stewartville's civic life—promoting and supporting, with many others, numerous city projects, including Root River restoration, Florence and Bear Cave Parks, the Tebay Industrial Park, downtown redevelopment, the building of a new public library and the civic center.

Larry enjoyed gardening, numerous do-it-yourself projects, and following local and national politics. He was also an avid and long-suffering Minnesota Vikings and Gopher football fan.

The Gray family would like to thank the staff of Mayo Hospice for their care and support. The family suggests memorials to St. Bernard's Cemetery.

Larry is survived by his wife Gerri; four daughters and three sons—Nora (Eric) Garland of La Crosse, Kevin (Susan) Gray of Stewartville, Mary Gray of Rochester, Christopher (Diane) Gray of Stewartville, Brian (Lynn) Gray of Forest Lake, Bridget Hermans of Stewartville, and Megan (Dan) Burick of Salt Lake City. He is also survived by 15 grandchildren, Katherine (Shannon) Martin and Michael Steele; Kate (Arie) Kroeger-Gray and Karin Gray; Noah Gray; Cecelia, George, and Henry Gray; Hannah (Jake) Chambers and Lilli (Matt) Carlson; Connor, Olivia, and Rosemary Hermans; Emma and Tess Burick; and great-grandchildren, Cora Martin, Frances Jagodzinske, and Theo Chambers; his brother - Charles "Chuck" Gray of Edina, MN and nieces and nephews. He was preceded in death by his parents and 3 brothers - John, Don and Ralph Gray.

The times of visitation for family and friends will take place on Friday, September 24, from 11 AM to 2 PM at Griffin-Gray Funeral Home and from 5 PM to 8 PM at St. Bernard's Church and at 10 AM at the church on Saturday morning. Arrangements are with Griffin-Gray Funeral Home, with assistance from Macken Funeral Home and Hindt Funeral Home.

Condolences and memories of Larry are welcome at www.griffin-gray.com. A livestream of the funeral service will be available at the Griffin-Gray Funeral Home website on Saturday morning beginning at 10:45 AM.

Marvin Dean Cornelius

April 5, 1952 - Aug. 28, 2021
ROCHESTER, Minn.
- Marvin Dean Cornelius, 69, Rochester, Minn., died Saturday, Aug. 28, in his home.
Arrangements by Rochester Cremation Services.

Gerald Dean Mullenix

Nov. 17, 1939 - Sept. 23, 2021
OSTRANDER, Minn.
- Gerald Dean Mullenix, 81, Spring Valley, Minn., died Thursday, Sept. 23, in Ostrander Care and Rehab.
Arrangements by Hindt Funeral Home.

Monique Ouellette



Our beloved Monique Ouellette, passed away peacefully at her home in Edina, Minnesota on August 1, 2021, at the age of 55, surrounded by family and some close friends.

Monique was born to Hugh and Joyce (Kelly) Ouellette in Shelby, Montana on August 30, 1965.

After living in six states, the family settled in Winona, Minnesota where Monique graduated from Winona Senior High School in 1983. She received a BS degree in Retail Management and Merchandising in 1988 from the University of Wisconsin-Stout.

After a brief career in fashion retail, Monique changed paths and began working as a temp employee at IBM, where her leadership, sales and communication skills were quickly recognized. For 31 years, she consistently moved up the corporate ladder and ultimately served as an IBM Vice President for the past eight years. She was a highly regarded speaker and received numerous awards and recognitions including the IBM Hundred Percent Club and was a two-time recipient of the coveted IBM Golden Circle. She had the privilege of traveling the world for her job and on occasion was accompanied by her daughter, Tyler.

Above all, Monique was most proud of her daughter, Tyler. Monique was a supportive and generous mother who helped Ty become the amazingly bright, independent and passionate person she is today.

Monique was also passionate about animals and has fostered numerous dogs over the years. She could often be seen walking around Centennial Lakes with a foster dog and her adored Yorkey mix, Morrie.

Strangers, acquaintances and friends alike were drawn to her beauty, intelligence and quick wit. She was a role model, confidant and mentor to many. She was the center of her family's world and will be dearly missed by all those who knew her.

Monique is preceded in death by her grandparents; Goldie and Walter Kelly, Pearl and Francis Ouellette, uncle Damase Ouellette, and aunts: Birdie Kelly and Frankie Ouellette-Newby.

She is survived by her daughter, Tyler Christensen; mother, Joyce Ouellette; father and step-mother, Hugh and Rita Ouellette; brother, Todd Ouellette; sister, Michone Ouellette; uncles, Bill Kelly, Tom (Helen) Kelly, and Dave Newby; former husband, Shad Christensen; in-laws, Barb and Jim Christensen, and numerous cousins.

A celebration of life will be held on October 9, 2021, from 3-7 PM at Pinstripes Restaurant, 3849 Gallagher Dr, Edina, MN 55435. Please RSVP at: <https://everloved.com/life-of/monique-ouellette>.

In lieu of flowers, please donate to the cancer organization of your choice or her favorite charity, Underdog Rescue Minnesota.

Online condolences or memories may be left for Monique's family at www.watkowski-mulyck.com.

Watkowski-Mulyck Funeral Home of Winona is assisting the family with arrangements.

Glenn A. Siercks

Glenn Andrew Siercks, of Rochester, MN passed away at Saint Marys Hospital on September 20, 2021. He was born on March 5, 1934, to Charles & Frances (Kohn) Siercks in Hammond, MN. Growing up his family also resided in Landa, ND, and Grand Forks, ND.



In 1952, at 17, he enlisted in the US Navy, he served on the USS Navasota, and the USS Hancock CVA19. He was honorably discharged in 1955. He felt very privileged to go to Washington DC on the Freedom Honor Flight in 2018.

On August 31, 1957, Glenn married Mary Tobin at Saint Francis Catholic Church in Rochester.

As a young teenager, Glenn drove truck for his uncle, custom combining from North Dakota to Oklahoma during harvest. He spent 29 years working as a stationary engineer at Assisi Heights, 15 years at Associated Milk Producers (AMPI) and 50 years driving school bus and coaches for Rochester School Bus, First Student and Minnesota Coaches.

Glenn enjoyed fishing, going for Sunday drives, stock car racing, flying lessons, the Minnesota Vikings, watching the grandkids events, attending Navasota reunions, and getting together with family & friends for a visit and a couple cold ones.

Glenn was a charter member of Pax Christi Catholic Church, a former member of the National Association of Power Engineers, and the Knights of Columbus. He belonged to the Fraternal Order of the Eagles, and the American Legion Post 92.

Survivors include his wife, Mary; a son, Christopher (Wendy) Siercks by Byron, MN; two daughters: Jennifer (Bruce) Rahlf of Hayfield, MN and Renee (Scott) Rahlf of Stewartville, MN. He is also survived by 8 grandchildren who he dearly loved: Alicia Rahlf, Jordyn Vonfeldt, Dalton Rahlf, Derek Siercks, Brianna Rahlf-Zemke, Marissa Rahlf, Maggie Rahlf and Jana Siercks; and 6 great grandchildren: Finlee, Hadley, Jaycie, Blayke, Kole and Lainey.

He was preceded in death by his parents, and 2 brothers, Francis and James.

The funeral Mass will be held at 12:00 p.m. Thursday, September 30, 2021 in Pax Christi Catholic Church with Rev. Shawn Haremza officiating. Visitation will be from 10:00 a.m. - 12:00 p.m. prior to the Mass at the church. Burial will be at St. Clement Cemetery in Hammond, MN. The family requests that all guests wear masks.

Online condolences are welcome at www.mackenfurneralhome.com.



Sharon Sackett

Sharon Lea Sackett, age 73, of Kasson, Minnesota, passed away peacefully on Wednesday, September 22, 2021 surrounded by her family.



Sharon was born on July 3, 1948 to Lorenzo and Christobel (Caylor) Quimby in Melrose, Minnesota. She graduated from Kasson Mantorville High School. She sold insurance and worked at Energy Economics.

Sharon married Dick Sackett on April 10, 1965. They enjoyed fishing, puppet ministry, snowmobiling, and playing cards.

Sharon had a strong faith in God, loved her family, was proud of her grandchildren and enjoyed watching them play sports. She loved her dog Kita, her best friends Kyle, Carol and Shari. She enjoyed watching football, bowling, bingo, and her orchids.

Sharon is survived by her children, Jeff Jerve, Marty (Stacey), Mike (Damiana), Dart (Sheridan), Devon, Alisha (Mike) Stahler, and Dave "Suess" Johnson; 29 grandchildren; 14 great grandchildren; and many nieces, nephews, other relatives and friends.

Sharon is preceded in death by her husband, Dick; her parents; 3 brothers, Gordy, Arnie, Maynard; granddaughter, Aubrey; and grandson, Adam.

Visitation will be from 6-8pm on Monday, September 27 at Rochester Assembly of God, 4240 18th Avenue NW, Rochester, Minnesota. Celebration of life will be at 1pm on Tuesday, September 28 with visitation 1 hour prior at the church.

Rochester Cremation Services is assisting the family with arrangements. Memories and condolences of Sharon may be shared at rochestercremationservicesmn.com

Clem "Lefty" Davis

Clem (Lefty) Davis, 88 from Rochester, MN passed away peacefully on Saturday September 18, 2021 at Saint Marys Hospital.



Clem (Lefty) Davis was born March 19, 1933, to parents Adabelle and Ruben Baker, Adabelle and Ruben later divorced, and she married Earl Davis, at that time Lefty took on the Davis name.

Lefty assisted on the farm as a child and on May 1, 1953 he met Joanne DeVries. Shortly after on May 14, 1953 - April 26, 1955 he joined the Army, he served in Okinawa during the Korean war era. Lefty came home on leave to marry the love of his life, Joanne, on September 17, 1953. On September 17, 2021 they celebrated their 68th Wedding anniversary.

They made their home in a small apartment in Rochester, MN for a short time until they bought their home of 60 years and raised their beloved children.

After the Army Lefty was an electrician and TV repair man owning his own business "Davis Services". He was well known for his many talents/hobbies, plumbing, deck building, car repair, his love of old cars, antenna installation, drawing, leather work, gardening fishing and etc. Lefty was an all-around handy man who loved helping others there was nothing he couldn't fix with his hands and he never threw anything away he always found a use for it. His greatest joy in life was spending time with his grandchildren (holding babies) creating memories.

Lefty is survived by his wife, Joanne (DeVries) Davis, his children; Jim Davis (Lynn) of Arizona, Ed Davis (Ann) of Rochester, MN and his daughter Diane Davis of Rochester, MN. 7 grandchildren (AKA: his "little buddies"); Jason Davis, Kristina Davis, Andrew Davis (Quinn), Aaron Kropp (Laura), Charisse Nord (Derek), Daniel Kropp (Kayla) and Jacob Lesmeister. 10 great grandchildren ("little Buddies"); Hailey, Donovan, Parker, Gavin, Emily, Linnea, Kira, Cora, Kaden and Aaliyah.

He was preceded in death by his mother Adabelle, Father Ruben and his only sister Claudine Dimler.

Memorial for Lefty will be held at a later date, he donated his body to Mayo Clinic for further research. The family asks for memorials in lieu of flowers.

Ranfranz and Vine Funeral Home is honored to be serving the Davis family; to share a special memory or condolence please visit www.ranfranzandvinefh.com



Gladys Dettmer

Gladys "Gladie" Louise Dettmer, 84, of Lake City, passed away at her home Tuesday afternoon, September 21, 2021. She was born September 7, 1937, in Rochester to Floyd and Leona (Goldbeck) Goodman. She attended Olmsted County District 6 School and graduated in 1954 from Rochester High School. On May 21, 1960, Gladie married Leslie Dettmer in Oronoco.



Before her marriage, Gladie worked for Northwestern Bell in Rochester. After marriage, she and Les farmed for thirty-five years in rural Lake City. In 1997, Gladie moved to Lake City. She served her community by volunteering with the Red Cross Blood Drive, the Lake City Hospital Auxiliary and through the Lincoln Church Ladies Aid. Gladie enjoyed quilting, bowling, playing golf and traveling.

Gladie is survived by her daughters, Cindy (Bob) Heppner of Apple Valley, Gwen (James) Bacon of Owatonna, Judy (Karen McAvoy) Dettmer of Fort Collins, CO, and Jody Dettmer - Johnson of Fort Collins, CO; ten grandchildren and three great-grandchildren; two sisters, Jeanette (Robert) Nelson of Mesquite, NV, and Margie (Joe) Sweeney of Waterloo, IA, brothers, Norman Goodman of Rochester, and Gene (Sandra) Goodman of Kasson. She was preceded in death by her parents, husband, three brothers, David, Larry, and Carrol, a sister, Julia, and son-in-law, Vic.

A memorial service will be held at 11:00 a.m. on Monday, September 27, at Trinity Lutheran Church - Lincoln in rural Lake City with Pastor Dan Reich officiating. Friends and family may visit one hour prior to the service at the church. Burial will be in St. John's Lutheran Cemetery in Lake City. Memorials will be donated to the Red Cross Blood Drive.

Arrangements by Schleicher Funeral Homes, Lake City Chapel. Guest register may be signed at www.schleicherfuneralhomes.com

Margaret Ann Lawler



Margaret Ann Lawler of Rochester, Minnesota Margaret Ann Lawler, 96, passed away on September 21, 2021, at Rochester East Living Facility in Rochester.

Margaret was born, second youngest of ten, on the "Irish Ridge" in Haverhill Township near Rochester, MN on April 22, 1925 to Margaret (Condon) and Martin Lawler and was raised on the family farm.

She attended the one room country school and graduated from Rochester High School. After working in California as a Lab Tech, she returned to Rochester and worked at the Princess Café until she retired. As a young woman, she worked on the farm and took devoted care of her mother during her illness.

Margaret was a devout Catholic who attended weekly Mass without fail. She was gentle and kind to all. She was grateful for any visit long or short, and always said, "Thank you so much for coming" with a huge smile on her face!

Margaret is survived by many loving nieces and nephews and their families. She is preceded in death by her parents; brothers, Robert, Joseph, Donald, George, James, Walter, David, and Kevin; sister, Mary Loretta.

Special thanks to her caregivers, especially her niece Lori Lawler Cranston who was with her through her decline. A family burial will be held at Calvary Cemetery.



See MORE OBITUARIES, Page A6-A7, A9-A10



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Evelyn I. Mohlis



Evelyn Ida Mohlis, age 91, of Spring Valley, MN, passed away on September 20, 2021, at her home in Kasson, MN with her beloved Wil by her side.

Funeral services for Evelyn will be 2:00 P.M., Monday, September 27, 2021, at Our Savior's Lutheran Church in Spring Valley, MN, with Pastor Jolene Knudson officiating. A public visitation will be held one hour prior to the service Monday from 1:00 - 2:00 P.M. Burial will take place at Our Savior's Cemetery in Spring Valley, MN, following the funeral.

Evelyn was born October 15, 1929, in Cresco, IA, to Leon and Ida (Queel) Davis. She graduated from Cresco High School in 1947. After graduating she worked as the school secretary and at the Rural Electric Association of Cresco. On May 08, 1949, she was united in marriage to Wilbert "Wil" Mohlis at First Lutheran Church in Cresco, IA; to this union five children were born. In 1953, they moved to Spring Valley, MN where she was able to be a stay-at-home mother; she loved to sew for her family and for leisure. She and Wil enjoyed making memories while they traveled and spent time together hiking, fishing and being in nature. While she wasn't at home or spending time with her family, she participated in the Cosmopolitan Club, was a member of Our Savior's Lutheran Church Ladies Aid and mission circle, enjoyed playing in the Spring Valley card club and read with her book club. In 2019, they moved to Prairie Meadows Senior Living in Kasson, MN.

She is survived by her husband Wilbert "Wil" Mohlis; children Connie (Jorge) Vicuna, of Huron, SD; Sonja (Jim) Hruska, of Dodge Center, MN; David (Jeanne) Mohlis, of Bloomington, MN; Carol (Steve) Aylsworth, of Fountain, MN; Craig (Kim) Mohlis, of Glencoe, MN; 10 grandchildren and 18 great-grandchildren with one on the way; sisters-in-law Betty (Mike) Guinn, of Riverside, CA; Patty Davis, of Mason City, Motosy Mohlis, of Minnetonka, MN, and many nieces and nephews.

She was preceded in death by her parents, sisters Bernice, Ellen, and brother Marvin and brothers and sisters-in-law.

Violet B. Helland



Violet Beatrice Helland, 87, of Rochester died on September 20, 2021 at her home. She was born on November 6, 1933 in Hankinson, ND to Gustav and Laura (Rich) Lenz. She graduated from Hankinson High School in 1951 and from North Dakota State College of Science. She worked for various companies in Fargo, St. Paul and Wadena, MN.

Violet married Howard J. Helland on June 21, 1953. They lived in Wadena, Moorehead and moved to Rochester in 1957. They were members of Gloria Dei Lutheran Church since 1957, and she was active in WELCA and was a member of the Sons of Norway. She was employed at Mayo Clinic and retired after seventeen years at SMH in 1994 at Admissions and Business Services as her position as an Admissions Supervisor.

Violet is survived by two sons, Kevin (Linda) of Lake Elmo, MN and Todd (Lisa) of Hudson, WI; one daughter, Sonja (Scott) Kranz of Rochester, MN; ten grandchildren, fifteen great grandchildren, one brother, Gregory (Susan) Lenz of Little Falls, MN and two sisters, Beverly (Gary) Klemm of Benson, MN and Myrna (Mike) Hanson of Birchdale, MN, son-in-law, Joel Fritsche and many nieces and nephews. She was preceded in death by her parents, spouse, daughter, Deborah, two brothers, Eugene and David and two sisters, Lillian and LaVerne.

A memorial service will be held at 1:00 pm on Wednesday, October 6, 2021 at Ranfranz and Vine Funeral Homes. Visitation will from 5:00-7:00 pm on Tuesday, October 5, 2021 at Ranfranz and Vine Funeral Homes and also one hour prior to the service at the funeral home. Burial will be at Oakwood Cemetery.

The family would like to thank Mayo Clinic Hospice who provide wonderful support and care for Violet.

Memorials are suggested to Gloria Dei Lutheran Church or Donor's Choice.



Vivian Hawk



Vivian Marie (Lentz) Hawk, 98, of Leesburg, FL and St. Charles, MN, passed away peacefully in her sleep on August 28, 2021 in Leesburg - weeks short of her 99th birthday. Vivian was born September 24, 1922 in Howard (Miner County), SD to Claus H. and Kathryn E. Lentz, the second of three children. She graduated from Pine Island High School in Pine Island, MN. On December 17, 1943, she married Dale J. Hawk at Central Methodist Church, Washington, DC. After WW II, she attended Kent State University and studied Home Economics while Dale completed his degree. She lived in Philadelphia, PA while Dale attended medical school and they started a family.

She moved to Chardon, OH, after Dale finished medical school and internship. Besides being a homemaker with three sons, Vivian was very active in the local Methodist Church and several civic clubs. In 1957 an opportunity arose for Dale and Vivian to move their family to St. Charles, MN where they lived, worked and saw their family thrive. She continued to take an active part in church, Eastern Star lodge (a 50-year member) and school activities, serving as president of the local Parent-Teachers Association. She was also very involved with sewing, crafts and collecting agates. She was an avid golfer (the best short game in our family - and she made 4 hole-in-one's) while playing countless rounds with Dale, her friends and weekly outings with her son Steven.

Vivian is survived by sons: Elliott (Gail) Hawk of Eagan, MN, and Steven (Lois) Hawk of Leesburg, FL, daughter-in-law: Sherrie Hawk, Wabasha, MN; grandchildren: Emily, Austin, Katherine, Christopher, Stephanie and Eric; and four great-grandchildren. She has been preceded in death by husband Dale, son Charles, parents Claus & Katy and brothers Luverne and Eugene (Sam).

Services to remember Vivian will be 1 p.m. Friday, October 1, 2021 at Hoff Funeral Service in St. Charles, led by funeral celebrant Jenny Hoff. A visitation will be from noon until time of services at the funeral home. A Live Stream of Vivian's funeral will be available at the following link <https://view.oneroomstreaming.com/authorise.php?k=1631301701135994> Please share a memory of Vivian and view her video tribute, when it becomes available at www.hofffuneral.com.

Ronald Fuchs



Ronald W. Fuchs, age 79, of Brainerd, passed away peacefully at his home on Wednesday, September 22, 2021. He was born to Vernon and Lorna Fuchs on April 13, 1942, in Douglas, MN. He married Sandra Hegna on June 10, 1961.

Ronald is survived by his children: Tracy Roach (Dan), Jeffrey Fuchs (Wanda), Bonnie Fancher, Connie Watson, Kristin Olson (Brad); sisters, Billie and Kathy; grandchildren: Breeanna Roach, Bethanni Navarro, Bobby Papai, Joshua Fuchs, Kali Mains, Kadin Fancher, Dakota Olson, Jayke Olson; great grandchildren: Kaleb, Taylor, Brinleigh, Blakeleigh, Brayleigh; and many nieces and nephews. He was preceded in death by his parents; wife, Sandra; and siblings: Garland, Julie, Judith "Mickie" and Connie; and son-in-law, Robert Watson.

A celebration of life will be held from 1 to 4 PM on Friday, October 1, at Lum Park in Brainerd, with a brief service beginning at 1 PM. Arrangements are with Kline Funeral Home, Pine River.

Frebert Schultz

Aug. 24, 1945 - Sept. 20, 2021 ROCHESTER, Minn. - Frebert Schultz, 76, Pepin, Wis., died Monday, Sept. 20, in Mayo Clinic Hospital, St. Marys Campus.

Visitation will be from 11 a.m. to 1 p.m., followed by a funeral at 1 p.m., Monday, Sept. 27, at Hindt-Hudek Funeral Home in Preston, Minn. Pastor David Stoeger will officiate. Burial will be in Greenwood Cemetery.

Arrangements by Hindt-Hudek Funeral Home.

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James Eldon Dykes



James (Jim) Eldon Dykes, age 79, passed away at St. Joseph's Hospital in Brainerd, Minnesota, surrounded by his family on Friday, August 20th, 2021.

Jim was born in Waterloo, Iowa on November 4th, 1941 to Eldon Leo Dykes and Eileen Veronica (Meek) Dykes. He was the first-born of five children. Jim attended St. Boniface Catholic School in Ionia, Iowa, graduating in the Class of 1959. Growing up, he farmed with his parents in Ionia before moving to Minnesota. He met his future wife of 57 years, Nancy May Spicer, at the K-M Drive-Inn in Kasson, Minnesota. On November 23, 1963, he and Nancy were married at St. John's Catholic Church in Dodge Center, and together they had five children.

After moving to Minnesota, he worked at the Kasson Livestock Exchange and the City of Kasson. In 1965, he started a life-long career at IBM in Rochester, Minnesota, retiring in 2003. There Jim worked in computer card design manufacturing, where he met life-long friends. He and Nancy also hobby-farmed in rural Kasson while raising their children.

Jim enjoyed wood-working and home construction projects with family and friends. He most enjoyed fishing the lakes of Northern Minnesota, settling at Donneybrook Farm Campground on North Long Lake in Brainerd in 1979. He treasured spending time with his wife, 5 children, 14 grandchildren, and two great-grandchildren, teaching all the kids how to fish and enjoy lake-life in Northern Minnesota.

Jim is survived by his wife Nancy (Spicer) Dykes, four siblings, Janice Williams (Butch Reynolds) of Eyota, Virgil Dykes (Connie) of Lake City, Joan Ehret (Walter) of Lewiston, and Jolene Anderson (Tom) of Byron; four siblings-in-law, Sharril Wheeler of West Concord, Lennis Spicer of Ham Lake, Arlin Spicer (Sherrie) of Phoenix, AZ, and Michael Spicer; his five children Perry Dykes (Mary) of Brainerd, Winette Prow (Steve) of Big Lake, Quintin Dykes of Rochester, Julie Johnson (Tom) of Mantorville, and Lynae Anderson (Dustin) of Lakeville. He is also survived by his 14 grandchildren: Kaitlyn Dykes, M.D., Nathan, Steven, and Zachary Dykes; Kristi Jeska (Greg) and Mathew Prow; Nick, Theresa, and Ben Peterson; Cassie, Jared, and Colby Johnson; Maya and Michael Anderson; and two great-grandchildren Landon and Bria Jeska. Jim is also survived by many nieces and nephews, and his dog Sam.

He was preceded in death by his parents, Eldon and Eileen Dykes; his parents-in-law Lawrence and Norma Spicer, and brothers-in-law Neil Wheeler and Dan Williams.

A funeral mass is scheduled at St. John's Catholic Church, 20 2nd St NE, Dodge Center MN 55927 on Saturday, October 9th at 11:00AM. A luncheon will follow at the church.



GySgt Blaine Miller Halvorson

Blaine M. Halvorson died on 9/12/2021 following a tragic vehicle accident on 9/08/2021. His last acts of heroism include pushing his wife, Ashley, to safety and saved many lives through organ donations. Blaine, a 2012 Kasson-Mantorville high school graduate, knew at a young age that he wanted to be a Marine and serve his country. He served as a combat engineer in NC, SC, CA, & Japan. He was honored to be selected to serve as a Marine Security Guard and served a year in Africa, a year in China, & his final year in Quantico, VA training others to guard our embassies.

He is survived by the love of his life, Ashley Halvorson of Ridgeland, SC. Parents Jerry & Melissa Halvorson of Kasson, MN; Sister Mickaela Halvorson of Kasson, MN; In-laws Andy & Kim Miller of Ridgeland, SC; brother-in-law Rob Miller of Ridgeland, SC; Grandmothers Suze Anderson of Byron, MN and Judy Hughes of Waterloo, IA; hundreds of aunts, uncles, cousins and extended family.

He is welcomed in Heaven by his Paternal grandparents Dick & Ceil Halvorson; Maternal grandfather Gary Hughes.

Burial will be at Arlington National Cemetery Arlington, VA, services pending. May he rest in peace.

Joanne Marie Wike



Joanne Marie Wike, 79, of Georgetown, Indiana, went to be with the Lord on Tuesday, September 21, 2021. Joanne had a heart to serve others which showed in her career in health care as a nurse and her involvement in the Methodist church.

She was born on January 3, 1942 in Charles City, Iowa to the late Myron and Marjorie Alfred Webster. Along with her parents, she is preceded in death by her husband, Allan Wike; and brother, Donald Webster.

Joanne is survived by her son, Nolan Wike; daughter, Janice (Christopher) Napier; sister, Margaret "Margo" Webster; brother, David Webster; grandchildren, Joshua Napier and Caitlin Napier.

A Memorial Gathering will be from 12:00 pm to 1:00 pm on Saturday, October 2, 2021 at Edwardsville United Methodist Church (4830 State Road 64, Georgetown, Indiana 47122). Her Memorial Service will follow at 1:00 pm on Saturday, at the church. Cremation was chosen following Joanne's wishes.

To leave a special message for the family, please visit www.NewcomerKentuckiana.com.

See MORE OBITUARIES, Page A6-A8, A10

Charles
"Chuck" Peters

Please join us as we celebrate the life of Chuck Peters on Sunday, Oct 3rd, 2021 from 2 to 5 pm at the Rochester Eagles Club.

Chuck passed away on August 28th, 2020 and now it's time to come together with family and friends to share memories and to celebrate the life of this wonderful man who is greatly missed.

masks may be required

Joshua D. Peterson

Joshua David Peterson, 40, of Hayfield, died Saturday, September 18, 2021 of injuries received in a motorcycle accident in Highland Township, Wabasha County, MN. He was born September 8, 1981 in Monticello, Minnesota and adopted by Eleanor and Dennis Peterson in February, 1982. He grew up in Claremont and attended Triton Schools where he played hockey.

He was married to Mindy Blood and the couple had three children who he adored, Kiari, Tori and Mitchell. They later divorced.

Joshua has worked in concrete and masonry for Scott Quaale of Claremont his entire career.

Outside of work, he enjoyed gaming with his children, loved riding motorcycle, sightseeing, gatherings with family especially at holidays and was an avid Minnesota Wild fan. Most of all he was a dedicated father to his three children and his life revolved around them.

He is survived by his children, Kiari Peterson, Tori, Peterson and Mitchell Peterson all of Mantorville; mother, Eleanor Peterson of Claremont; father, Dennis (Dorothy Viker) Peterson of Dodge Center; sisters, Amanda (Jeff) Tjosaas of Zumbrota and Ashley (Jared) Munnikhuysen of Dodge Center; girlfriend, Christina Sargent-Woodworth of Hayfield; niece, Kora Munnikhuysen; nephew, Brayden Munnikhuysen and aunts, uncles, cousins and other relatives and friends.

He was preceded in death by his grandparents, Roy and Izella Peterson, and Elmer and Cleo Sleeper and uncle, Bruce Peterson.

A Memorial Visitation will be at Michaelson Funeral Home on Thursday from 4:00 - 7:00 PM and at First Presbyterian Church on Friday from 10:00 - 11:00 AM. A Memorial Service will be held Friday, September 24, 2021 at 11:00 AM at First Presbyterian Church in Claremont with Reverend Douglas Walters officiating. Inurnment will be in Hillside Cemetery in Claremont.

In lieu of flowers and plants, memorials are preferred to the family and will be used for his children.

Sherman G. Brown

Sherman G. "Tip" Brown, 85, of Rochester, MN, died Sunday, September 19, 2021 at home.

Sherman was born in Rochester on April 23, 1936 to Ray and Alice Brown (Plemming). He graduated from Lourdes High School in 1954. On June 12, 1964, he married Donna Riddle at United Methodist Church in Spring Valley, Minnesota. Twenty five years later, they remarried at St. Francis Church in Rochester. He lived in Rochester all of his life working maintenance at Rochester Public Schools. He also drove school bus for over a decade, continuing after retirement, as he enjoyed helping kids.

Sherman loved watching the Minnesota Twins and Vikings. After retirement he and Donna traveled around the country visiting many ball parks, including the Twins training camp in Fort Meyers, Florida. An animal lover, he cared for and loved his many pets and grand pets. He enjoyed spending time with family over meals and holidays.

He is survived by his wife, Donna; sons, Douglas of Minneapolis, Matthew of Rochester and Eric (Tina) of Charlotte, NC; and daughter, Kerri (Ryan) Kroeze of Rochester; grandsons Zachary and Everett Brown; and brother, Joseph Brown of St. Paul and Hawaii. He was preceded in death by his parents, Ray and Alice; siblings, Duane, Ray, Rodney, Alice aka "Max", Mary, Margaret, Audrey; and an infant daughter.

The family memorial was held Thursday, September 23, 2021 at Macken Funeral Home.

Memorial Gifts are preferred to Paws and Claws (Animal Rescue) in Rochester, MN.

Online condolences are welcome at www.mackenfuneralhome.com.



Elizabeth "Betty" Erickson

Elizabeth "Betty" Erickson, 94, died Saturday, September 18, 2021 at The Pillars Hospice Home in Oakdale.

She was born January 26, 1927 in Minneapolis, the daughter of Walter George and Eleanor (Olds) Barnes, and lived there until the age of twelve. Her family then moved to Denton, Texas, where she graduated from high school and attended Texas State College for Women. Coming back to Minnesota, she graduated from the University of Minnesota with a B.A. in physiological chemistry in 1948 and a B.S. in library science in 1951.

Working in the reference library at General Mills, she met John G. Erickson, a research chemist also employed there. They were married January 23, 1954 in Minneapolis and lived there until 1957 when they moved to Stillwater. In 2000 they moved to the Boutwells Landing complex, where they lived the rest of their lives.

Betty was very active in her church, Ascension Episcopal, where she sang in the choir, served on Altar Guild, was a lay Eucharistic minister and visitor, and member of the vestry. She played the piano for nearly ninety years, and was accompanist at Boutwells Landing church services and for some years for the Oak Park School choirs. She loved crossword puzzles, knitting, and needlework. She and John traveled the whole world, hitting all seven continents. Many trips were birding trips. Betty was a charter member and fellow of the Minnesota Genealogical Society, a member of the Connecticut Society of Genealogists and a life member of the New England Historic Genealogical Society.

Betty was preceded in death by her parents; husband; sons, Peter Erickson and Rolf Erickson; son-in-law, Dick Staub; grandson, Matthew Schmolke; sisters, Mary Hudspeth and Sheila Emerson. She is survived by her daughters, Julia (Tim) Schmolke and Torre (Tim) Valley; grandchildren, Joanna Schnedler, Mary Bayer, Margaret Halsten, Rick Schmolke, Thomas Schmolke, John Schmolke, Katy Schmolke, Erika Staub, Carl Staub, Ellen Fritton, and Paul Valley; great grandchildren, Eleanor, Camille, Josie, Grace, Will, Francis, and Annabelle.

A funeral service will be held at Ascension Episcopal Church on Sunday, September 26 at 1 p.m. It will be streamed on YouTube on the Stillwater Episcopal Church channel.



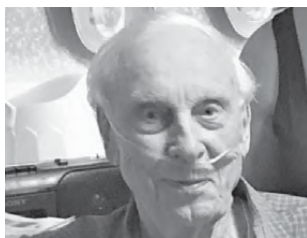
Leonard W. Westin

Leonard W. Westin, 91, a longtime Sargeant, MN area farmer, died on Wednesday (September 22, 2021) of natural causes, at his home, with his loving family by his side.

Leonard Warren Westin was born on June 6, 1930 in Hayfield, MN to Edward and Edith (Anderson) Westin. He grew up on the family farm and attended rural schools and Hayfield schools, graduating from Hayfield H.S. in 1948. He served in the US Air Force for 2 years. Following his discharge he returned to his home in Minnesota. Leonard was married on March 12, 1954 in Kasson, MN to Vivien Louks. Following their marriage the couple moved to the Westin Family Farm where they raised their children, farmed for many years and have continued to make their home for over 65 years. Leonard was a lifelong farmer and Vivien was a farmwife and home maker. Leonard was a baptized and confirmed member of Evanger Lutheran Church in Sargeant, where he and Vivien volunteered in many ways for many years. He and Vivien enjoyed traveling in their retirement years including a trip to Leonard's homeland in Sweden. He was an avid golfer and league bowler, followed MN sports teams and sports in general. He enjoyed visiting with friends and neighbors and loved time spent with family, especially his grandchildren and great grandchildren.

Leonard is survived by his wife of 67 years - Vivien; his daughter - Paula (Steven) McCamy of Waltham, MN and his son, Gary (Terri) Westin of Bemidji, MN; 6 grandchildren - Marcy (Shawn) Sundine, Molly Severson, Samantha (Travis) Thurman, Megan (Joe) Johnson, Erik (Sarah) Westin and step-grandchild - Lori (Sam) Warner-Klisch; 10 great-grandchildren - Henry & Harrison Sundine, Charlee & Mason Severson, Edith Thurman, Hunter & Cody Johnson, Garret, Alaina & Ruby Westin, step-great grandchildren- Julia & Lucy Klisch and Ava & Tyler Warner. He was preceded in death by his parents, his sister - Lillian (Phillip) Johnson, 3 brothers - Russ (Madeline) Westin, Sanford "Sandy" (Gladys) Westin and Stanley (Rose Mary) Westin and an infant sister, Edna Westin.

A Celebration of Life will be held at Evanger Lutheran Church in Sargeant, MN on Monday, September 27, 2021 at 1:00 pm. with Vicar Jackie Short officiating. Burial will follow in the church cemetery. Arrangements are with Griffin-Gray F.H. in Stewartville. Condolences and memories of Leonard are welcome at www.griffin-gray.com.



Blaine Halvorson

April 18, 1994 - Sept. 12, 2021 COLTON, Calif.

Blaine Halvorson, 27, Camp Pendleton, Calif., died Sunday, Sept. 12, in Arrowhead Regional Medical Center from a motor vehicle accident.

Burial will be at a future date in Arlington National Cemetery.

E-PAPER OBITUARIES

These obituaries were published by the Post Bulletin in e-papers this week:

DeWaldon Bendtsen, 88, of Rochester, died Sept. 16.(Monday)

Heather Wangen Holtan, 49, of Pine Island, died Sept. 19. (Wednesday)

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1921: New building on Fourth Street SW to have 24 apartments

1996 - 25 years ago
Rochester Community and Technical College running back William Coleman has been named Offensive Player of the Week in the Minnesota Community College Conference's Southern Division for his performance in RCTC's game against Hibbing.
IBM plans to introduce the latest version of its OS/2 software, code-named Merlin.

1971 - 50 years ago
Home deliveries of milk have continued to drop steadily. The main reason is the price. The average price of milk delivered to a home is 67.4 cents per half-gallon. This compares with 57.9 cents for the

1946 - 75 years ago
About 75 naval ships, berthed on the west coast and Pearl Harbor, are suspected of dangerous radioactivity because of the atomic bomb tests in the Bikini Atoll.

The For-Get-Me-Not sale, conducted by the ladies of the Chatfield American Legion, netted \$48.
1921 - 100 years ago
Mr. and Mrs. Balfour, mother and father of Dr. D. C. Balfour, of Hamilton, Canada, are guests at this home.
A new three-story apartment building will be built on Fourth Street SW. The building will include 24 apartments and will be sold outright to applicants. The cost of the apartments will be from \$4,000 to \$7,000.
Mr. J. P. Madden took first place in the horseshoe pitching tournament in Mayo Park. There were 16 entries.



THE DAY IN HISTORY
Loren Else

same amount of milk purchased at the store.

The five homecoming queen finalists at Rochester Mayo High School are Debbie Allhiser, Jena Browning, Ann Eastman, Mandy Hyatt, and Susan Worthington.

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Mamerto Tejero Magno

Mamerto Tejero Magno, 78, of Rochester, MN, passed away on Monday, September 20, 2021 at Rochester Methodist Hospital.

Mamerto was born on May 19, 1943. He graduated at Far Eastern University where he got his Bachelor of Science in Business Administration and worked as a Shipping Director at Maritima Shipping Company of the Philippines. On January 5, 1985, he married Rolita (Odette) Filoteo at Manila Cathedral, Philippines. In 1986, he joined his wife to live in Rochester, MN.

Mamerto is survived by his wife, Rolita (Odette); sister, Letty Magno (Tony Maralit) of Rochester, MN; brothers, Tejero (Elvie) Magno of Rochester, MN and Tito Magno of the Philippines; five nieces; five grandnieces; seven grandnephews and one great-grandnephew.

The memorial service will be held at 11:00 a.m. on Tuesday, September 28, 2021 in the River Park Chapel at Macken Funeral Home. Visitation will be held one hour prior to the service. Burial will be in Calvary Cemetery.

Online condolences are welcome at www.mackenfuneralhome.com.



StormTRACKER



Jared Piepenburg Jesse Ritka Chief Meteorologist John Wheeler Lydia Blume Robert Poynter

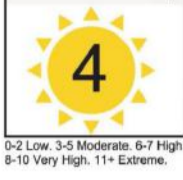
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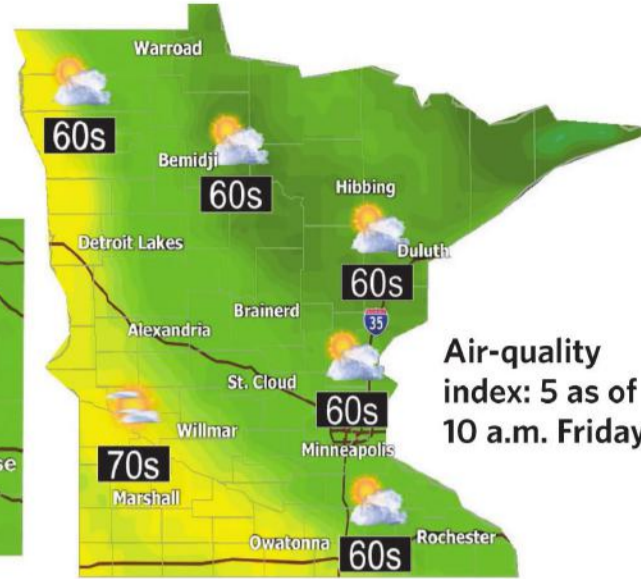
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
66/48	78/52	79/52	83/57	83/60	77/58 PM	77/56
Partly Cloudy	Partly Cloudy	Partly Cloudy	Sunny	Mostly Sunny	Thunderstorms	Mostly Cloudy
Wind: W 13 mph	Wind: S 8 mph	Wind: E 6 mph	Wind: SE 6 mph	Wind: SE 10 mph	Wind: SE 8 mph	Wind: SE 7 mph

*Average wind speed for each day

UV Index Today



Area highs for today



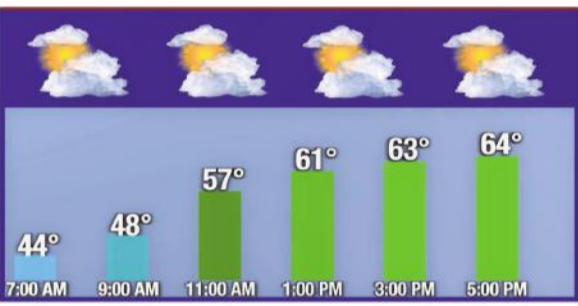
Air-quality index: 5 as of 10 a.m. Friday

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StormTRACKER Forecast

Highs in the 60s today. Warmer tomorrow through midweek. Highs in the 70s to lower 80s.

Almanac Through 6 pm Thursday

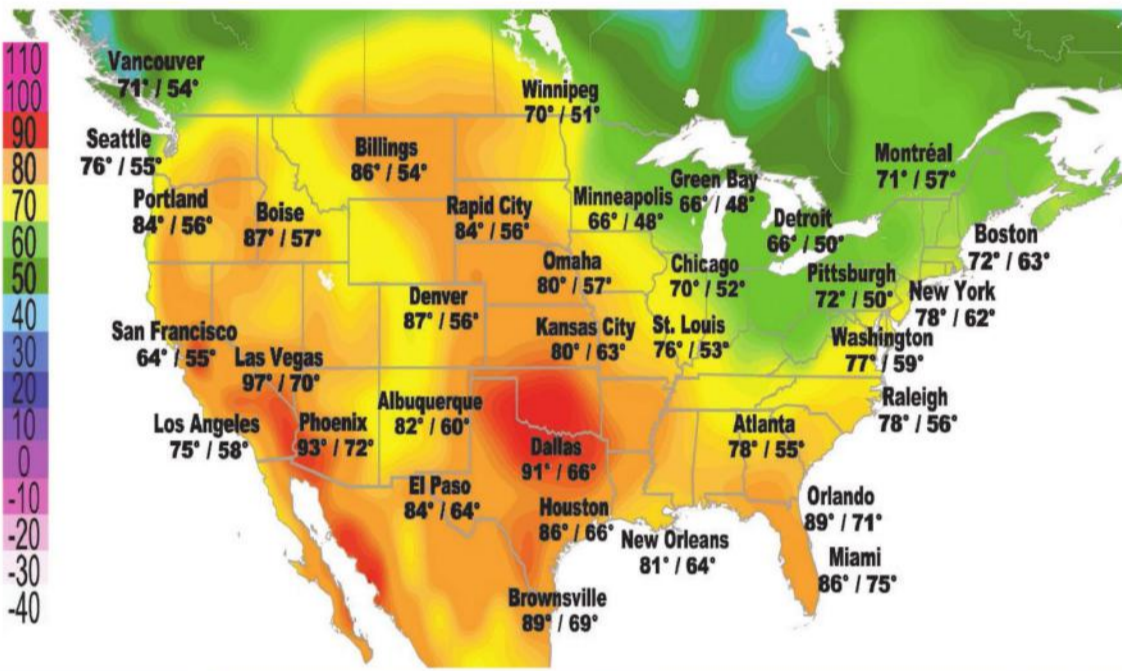
Temperature	High	Low
Thursday	72°	43°
Normal	69°	48°
Record	92° in 1937	28° in 1989

Precipitation	In Inches
Thursday	0
Month To Date	1.55"
Departure From Avg Month To Date	-1.23"
Year To Date	22.66"
Departure From Avg Year To Date	-5.68"

Phase	Date
Third	Sept. 28
New	Oct. 6
First	Oct. 12
Full	Oct. 20

Event	Time
Sunrise	7:00 a.m.
Sunset	7:01 p.m.
Moonrise	9:22 p.m.
Moonset	11:42 a.m.

Regional Weather	Today Hi	Today Lo	Tomorrow Hi	Tomorrow Lo
Albert Lea, MN	68	45	79	52
Duluth, MN	64	47	66	48
Eau Claire, WI	65	45	78	48
International Falls, MN	60	44	69	47
La Crosse, WI	69	48	81	53
Mankato, MN	70	46	82	52
Marshall, MN	72	52	84	54
Minneapolis, MN	66	48	79	52
Moorhead, MN	72	48	78	52
St. Cloud, MN	66	45	77	47



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K-M soccer team eyes special year

KoMets girls off to hot start thanks to experienced team

BY ALEX VANDENHOUTEN
Post Bulletin

Both Halle Determan and Elle Hager knew their senior season was going to be a memorable one.

In fact, the Kasson-Mantorville senior midfielders have been letting people know that for a while now.

“Ever since Halle and I were in the eighth grade, we were like, ‘When we get to become seniors, we’re going to be so good.’ We would talk with our soccer buddies that were in soccer and say, ‘Guys, we’re going to be so good our senior year on varsity and have so much fun,’” Hager said. “We have always talked about this year.”

So far, they’ve made good on that prediction.

After returning 15 varsity letterwinners and all but one starter from a team that went 5-5-3 last year, the KoMets are 9-1 this season and a perfect 4-0 in the HVL with impressive victories over familiar foes and perennial powers in Park of Cottage Grove and Lourdes.

It’s the program’s best start since going 6-1-2 in 2015.

With an offensive attack that seemingly knows where each other is at any given time, the KoMets have outscored opponents 42-6 in their 10 games with an incredible 10 players recording two or more assists.

“It’s amazing to play with this group,” junior forward Kaylee Narveson said. “It’s crazy to be playing with all the girls for this long, and we have such a great team chemistry that we make good outside passes and we are able to connect each pass and control the game.”

“The chemistry is just super good,” Hager said. “Before games, we’re always laughing

and having fun with each other. We all just trust each other.”

That trust is something that was years in the making.

Hager, Determan, Narveson and junior defender Maclyn Smith have been playing on varsity since the eighth grade, while sophomore defender Charlotte Woodrum has started since she was a seventh-grader. Yet, this group’s relationship extends well off the field.

Team sleepovers are common and they often can be found together at Buffalo Wild Wings or doing team dinners at each other’s houses, enjoying the different parents’ specialties such as the taco hot dish courtesy of Erin Krahn’s mother.

“Last season, I think COVID brought everyone down a little bit,” Narveson said. “It really affected us. Then coming into this year, I really think we came in strong and we knew we had to get through this as a team.”

“... We really focus on team bonding outside of soccer. It’s not just individually, it’s as a team. Nobody is ever left out.”

Of course, experience isn’t enough. Talent is also needed to back it up, and the KoMets have plenty of that.

Determan is the quarterback of the midfield where she joins forces with Hager to form a dynamic duo. Those two are flanked by freshmen Makenzie Carrier and Delaney Awe on the outside, who were eased into varsity action last year as eighth-graders. The two combined for all three goals in the KoMets’ 3-0 victory against Pine Island/Zumbrota-Mazeppa on Wednesday, with Awe netting her seventh and eighth goals of the season.

See **SOCCER**, Page B4



Traci Westcott / Post Bulletin

Kasson-Mantorville’s Halle Determan (8) and goalie Elizabeth Johnson are introduced during a girls soccer game against Plainview-Elgin-Millville on Sept. 11 at Eckstein Field in Plainview.



Photos by Traci Westcott / Post Bulletin

Mayo junior Abby Wigle does a back somersault single twist dive during girls swim meet Tuesday at John Marshall High School. In just her second year as a diver, Wigle has emerged as one of the best in Section 1AA.

MAYO’S WIGLE DIVES RIGHT IN

Junior finds a new passion on the board and in the pool

BY GUY N. LIMBECK
Post Bulletin

A year ago, when she was a sophomore at Mayo High School, Abby Wigle was feeling a bit burned out by one sport so she decided to be adventurous and try something new.

Now a junior, Wigle has a renewed passion for sports while still maintaining an interest in an old love.

Wigle spent eight years in club gymnastics at Jets Gymnastics in Rochester and took it very seriously. But a year-plus ago she finished at Jets. She still went out for gymnastics at Mayo and was on the varsity as a sophomore. But she also took up diving and track and field, too.

“I sort of lost my passion for gymnastics over the years, I had just been doing it for so long,” Wigle said. “It’s just been really fun to do new things. I feel like I’m passionate about stuff again. I just tried a bunch of new things last year.”

In just a short time, she has come to enjoy both diving and track and field.

“I just thought diving would be a good, natural kind of switch over,” she said. “I heard a lot about gymnasts switching over and I thought it would be fun.”

Wigle has been a fast learner as a diver and her gymnastics background played a big part in the transition.

“Diving is mostly based



Mayo junior Abby Wigle dives during a girls swim meet against Mayo on Tuesday at John Marshall High School. Wigle had a personal best score of 200.75 to win the event. In just her second year as a diver, Wigle is one of the best in Section 1AA.

on your awareness in the air,” Wigle said. “That’s so important and I’ve learned from gymnastics to be aware, because it’s all twisting and flipping and easy to get lost.”

A big challenge for Wigle has been the landing, which is quite different from gymnastics to diving. She is no longer landing on her feet, but trying to enter the water, usually hands first, while making as little splash as possible.

“At first it was definitely really hard because even landing in the water, I found myself flexing my feet to try and land, but obviously you want to point your toes going into the water on head-first entries,” Wigle said.

She has been a model of consistency this season. In Mayo’s first three meets she

scored between 185.95 and 195.83 each time, winning each time. In her last outing she won with a personal-best score of 200.75. She has also played second at the Lakeville Invitational.

“She just started last year and she’s just crushing it,” Mayo coach Juliet Parlette said. “She’s had some really good scores and she’s been really consistent.”

“My dives have been really consistent,” Wigle said. “And I think I have been really surprised because sometimes in gymnastics I’ve been more of an inconsistent person, so I’ve been really happy with how this season has been going.”

Last season, when she was new to the sport, Wigle had

See **WIGLE**, Page B4

Speedy Grand Meadow senior bounces back to make an impact

Copley has 7 TDs in the past 2 games after bout with COVID

BY GUY N. LIMBECK
Post Bulletin

Grand Meadow senior Dustin Copley hopes his COVID days are behind him, but he might want to take some extra caution if a game against Lanesboro is looming.

Last season Copley was among a number of Superlarks who missed the Section 1 9-Man championship contest against Lanesboro because they had to quarantine after being exposed to COVID.

Copley had the start of his senior season delayed as he missed the opener — also against

Lanesboro — because he had COVID. Grand Meadow lost both the contests to the Burros, including 28-0 to open 2021.

“I’m feeling a lot better right now,” Copley said. “Yeah, that was a terrible feeling to miss that first game.”

The speedy Copley is expected to be a big part of Grand Meadow’s success this season. After missing the opener, he has returned and made an immediate impact. In the second game, he took the opening kickoff back 76 yards for a touchdown and the Superlarks went on to defeat Heron Lake-

Okabena/Fulda 53-16.

It took Copley a while to regain his conditioning.

“The first game when I came back, I couldn’t breathe after some of the runs, I was so tired,” Copley said.

That didn’t stop Copley from rushing for 127 yards and three touchdowns in just 10 carries.

In the third game on Sept. 17, he rushed for 118 yards and three more TDs in a 38-0 win over Houston, and he felt as good as new.

“The next game I felt absolutely amazing, actually,” he said. “I don’t know how it came back so fast, but I felt pretty good the second game.”

See **COPLEY**, Page B3



Post Bulletin file photo / Traci Westcott

Grand Meadow’s Dustin Copley (15) is taken down by Southland’s Noah Bauer (26) during a game last season. Copley missed the 2021 season opener due to COVID, but he has scored seven touchdowns in two games since his return.

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Wigle

From page B1

to adjust to a learning curve. She started out diving a long way from the board instead of being close. She said once she started getting the technique of diving down, the individual dives became much easier.

Rochester diving coach Greg Andrews also had a big influence on Wigle's improvement. "He's been really helpful because he has seen gymnasts come through so he definitely knows how to best coach these kinds of girls from gymnastics into diving," Wigle said. "We've been working really closely and I definitely owe a lot

of my improvement to him."

The 5-foot-4 Wigle said her biggest strength as a diver is probably her ability to do quick twists and flips from the diving board that is just one-meter from the water. Her gymnastics background plays a big part of that ability.

Last season she placed seventh in the Section 1AA meet with a score 285.8 for 11 dives. In her only 11-dive meet this season, she posted a score of 325. With that vast improvement, she should have a shot at a top-four section finish, which would qualify her for the state meet.

"We've been compiling a list of dives that he (Andrews) thinks that I would need in order to go to state," Wigle said.

"And I think that is a really big goal of mine. I really want to make it to state, but there are a lot of dives I would need to get."

"The improvement she's made in the last year is phenomenal," Parlette said.

While the state meet is a goal for Wigle in swimming, she also intends to compete in gymnastics in the winter and track and field — as a sprinter and pole vaulter — in the spring.

It's a ways off, but with her newfound passion for her new sports, Wigle might want to look into competing in either diving or track and field in college.



Traci Westcott / Post Bulletin
Mayo junior Abby Wigle hugs her teammate after seeing her score in diving during a girls swimming and diving meet against Mayo on Tuesday at John Marshall High School. Wigle set a personal best in the meet with a score of 200.75. In just her second season as a diver, Wigle has emerged as one of the top divers in Section 1AA.

Soccer

From page B1

But it's Narveson who is the goal-scorer up front, with a team-best 11, thanks to the combination of a strong leg and toughness in the box.

The backend is anchored by Smith, with goaltender Lizzy Johnson proving she can make big saves when needed.

"I knew if we could work hard and stay healthy, we could make things interesting," coach Chris Soderberg said. "So far, so good."

Soderberg has split up the 16-game schedule into four sections with Park and Lourdes in their first four games. With those opponents, Soderberg admitted he would have been perfectly fine with a 2-1-1 record. Instead, they went 4-0.

They did it in different ways, too.

Against Park, Johnson was a late scratch in net because of an illness and in stepped senior

Lauren Ingram for her first varsity start. All she did was make 12 saves as the KoMets won 2-1.

"She's a great story," Soderberg said. "A senior that stuck it out and when I told her (she was starting), her eyes just lit up. ... That's what high school sports is all about."

Against Lourdes, it was Narveson's hat trick — including a shot that came from more than 30 yards out — that knocked off the top-10 ranked Eagles 3-1 and helped the KoMets deliver an impressive message to future opponents.

"That definitely showed everyone that we are serious and it showed our team, we have what we need — we can do things this season," Hager said. "We can beat the big teams. We really realized that after the Park game."

They have another potential message sender in Saturday's game against defending Section 1A champion Winona Cotter.

But K-M also knows



Traci Westcott / Post Bulletin
Kasson-Mantorville's Elle Hager (5) kicks the ball during a girls soccer game against Plainview-Elgin-Millville on Sept. 11 at Eckstein Field in Plainview.

a potential playoff run is anything but guaranteed. Especially with Byron looking strong and

the improvements of Winona and Red Wing. "This is a strong senior class," Soderberg said. "We have a lot of

good teams in the south here." But the KoMets have been building for this. "We saw that the team

was becoming really good," Hager said. "We are ready to just bring it this year and make this year the best one."

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 Agendas, staff reports, minutes, and virtual meeting links will be posted on the City's website the Friday before the meeting at: http://rochestercity.mn.iqm2.com/Citizens/default.aspx Community Development: (p) 507.328.2600 (e) communitydevelopment@rochester.mn.gov (a) 4001 West River Parkway, Suite 100 - Rochester, MN 55901 (Sept. 25, 2021) 2905531

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CAMTS/PPM PUBLIC NOTICE
 The Commission on Accreditation of Medical Transport Systems will conduct an accreditation site visit of: Mayo Clinic Ambulance Service (name of the program) on October 6th and 7th 2021 (site survey dates)
 The purpose of the site visit will be to evaluate the program's compliance with nationally established medical transport standards. The site visit results will be used to determine whether, and the conditions under which accreditation should be awarded to the program. CAMTS accreditation standards deal with issues of patient care and safety of the transport environment. Anyone believing that he or she has pertinent or valid information about such matters may request a public information interview with the CAMTS site surveyors at the time of the site visit. Information presented at the interview will be carefully evaluated for relevance to the accreditation process. Requests for public information interviews must be made in writing and sent to CAMTS no later than 10 business days before the site survey begins. The request should also indicate the nature of the information to be provided during the interview. Such request should be addressed to: Office of the Executive Director Commission on Accreditation of Medical Transport Systems PO Box 130 Sandy Springs, SC 29677 The Commission will acknowledge such written requests in writing or by telephone and will inform the program of the request for an interview. The Commission will, in turn, notify the interviewee of the date, time and place of the meeting. This notice is posted in accordance with CAMTS requirements and shall not be removed until the site visit is completed. Date Posted: September 5th, 2021 (Aug. 31; Sept. 4, 11, 18 & 25; Oct. 2, 2021) 2901737

Classifieds Work!
507-285-7777

PUBLIC NOTICE

HAVERHILL PLANNING COMMISSION NOTICE OF PUBLIC HEARINGS CONDITIONAL USE PERMIT REQUESTS
 The Haverhill Planning Commission will hold public hearings at the Haverhill Town Hall, 4000 55th Ave NE, Rochester, MN on Tuesday, October 5th, 2021 after 7:00 PM regarding:
Hearing #1:
 An application for a conditional use permit on a 46+/- acre parcel of property zoned A-2; Agricultural Protection District. The conditional use permit would allow the owner/applicant to work in an area of flood soils to construct a driveway for his buildable parcel.
Partial Legal Description:
 Parcel #: 73.05.32.033257 - Lying mostly in the NW1/4 of the SW1/4 of Section 5 T107N R13W, Olmsted County, MN. On the north side of 65th Street NE approximately 1-1/4 miles east of North Broadway.
Applicant/Property Owner:
 Nathan Augeson - 3255 65th Street NE - Rochester, MN 55906
Hearing #2:
 An application for a conditional use permit on a 40+/- acre parcel of property zoned A-3; Agricultural District. The conditional use permit would allow a seasonal road-side stand for pumpkin and Christmas tree sales in a proposed accessory structure.
Partial Legal Description:
 Parcel #: 73.18.42.045690 - SECT-18 TWP-107 RANGE-013 40.00 AC NW1/4 SEC 1/4 SEC 18-107-13. Lying on the south side of 48th Street NE just southeast of the Hadley Valley Road NE and 48th Street NE intersection.
Applicant/Property Owner:
 Doug Dose - 2230 48th Street NE - Rochester, MN 55906
 All interested parties are encouraged to attend or send written comments to Township Cooperative Planning Association, 4111 11th Avenue SW, Room 10, Rochester, MN 55902, or you may call 507-529-0774.
 Haverhill Township For: Joseph Mahoney, Clerk 2905353 (Sept. 25, 2021)

NOTICE OF BIDS
 Sealed bids for the construction of well house #26 will be received by Rochester Public Utilities, 4000 East River Road NE, Rochester MN 55906, until **10:00 am, October 13th 2021**. By 10:30 am, the bids will be available for review at www.publicpurchase.com. Any bid received subsequent to the time specified will be promptly returned to the bidder unopened. A mandatory pre-bid meeting will take place **Wednesday, September 29th, 2021 at 10:00 am local time**. Instructions for the pre-bid meeting, specifications and submittal requirements can be found at: www.publicpurchase.com/gems/roches ter,mn/buyer/public/home. Bid must be accompanied by a cash deposit, bid bond, cashier's check or a certified check payable to the City of Rochester, Minnesota, for five percent (5%) of the amount of the bid, which shall be forfeited to the City if the bidder, upon the letting of the contract, shall fail to enter into a contract. The Public Utility Board reserves the right to reject any and all bids. (Sept. 25, 2021) 0000000

NOTICE OF PUBLIC HEARINGS
 Notice is hereby given that the Olmsted County Planning Advisory Commission will hold a public hearing at **7:00 p.m. on Thursday, October 7, 2021** in the Council/Board Chambers of the Government Center, 151 4th Street SE, Rochester, MN for the purpose of considering the following petitions:
Olmsted County Conditional Use Permit #02021-003CUP by Arthur Friedrich to amend the existing Conditional Use Permit #02015-001CUP. The request to allow for equipment and vehicle repair and limited vehicle sales. These are used by a Conditional Use Permit in the ARC-LLI district. The property is currently used as a contractors yard. The property is located in the NW 1/4 of the SE 1/4 of Section 35 in Marion Township at 6611 Highway 52 South.
 The Teams link will be provided in the Agenda Packet at the PrimeGov Link.
 All persons are invited to submit written comments prior to the hearing to planningweb@co.olmsted.mn.us. If you have any questions, please contact the Olmsted County Planning Dept. at 507.328.7100. (Sept. 25, 2021) 2905392

Office of the Minnesota Secretary of State Amendment to Assumed Name Minnesota Statutes, Chapter 333
 The filing of an assumed name does not provide a user with exclusive rights to that name. The filing is required for consumer protection in order to enable customers to be able to identify the true owner of a business.
ASSUMED NAME:
RajMorgan Photography
 PRINCIPAL PLACE OF BUSINESS: 1025 9th Ave SE Rochester, MN 55904 NAMEHOLDER(S): Name: Hannah M. Nelson Address: 1025 9th Ave SE Rochester, MN 55904 This certificate is an amendment of Certificate of Assumed Name File Number: 1249421000027 Originally filed on: 08/24/2021 I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/her behalf, or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath. Dated: 09/20/2021 SIGNED BY: Hannah M Nelson MAILING ADDRESS: None Provided EMAIL FOR OFFICIAL NOTICES: rajmorganphotography@gmail.com (Sept. 25 & 28, 2021) 2905413

ROCHESTER PUBLIC SCHOOLS ISD 535 ADVERTISEMENT FOR BIDS
 Rochester Public Schools ISD 535 is requesting bids for John Marshall High School IAQ Improvements - Bid Package 1. Information can be found: www.rochesterschools.org/bids
 Sealed bids are due at 1:00 PM CST Monday, October 4, 2021 at: Facilities Services Center, 3935 Highway 14 East, Rochester, MN 55904.
 Please contact Tanner Sorensen, Purchasing Manager at 507-328-4410 with any questions. (Sept. 18, 21, 25 & 28, 2021) 2904768

Got questions?

Never fear... The Answer Man is here!
 Send questions to answerman@postbulletin.com.

Appearing daily in the Post-Bulletin and at postbulletin.com.

POST BULLETIN
 POSTBULLETIN.COM ▶▶▶

own/rent

FURNISHED APARTMENTS

SW spacious nicely furnished 1BR apt. Walking distance to Mayo campus with garage. Available now! Call for other amenities. No smoking, no pets. \$900. 507-288-9406

GARAGE SALES

2805 20th Ave. SE, Rochester
Sat., Sept. 25, 9-5PM; Sun., Sept. 26, 9-4PM.
 Household items, pictures, dishes, mens & womens jackets, stools, entertainment centers, TVs, much more!

ROGERS ESTATE SALE
1114 Northern Valley Dr NE
Rochester, MN 55906
Friday Sept. 24, 10-6
Saturday Sept. 25, 9-2
Sunday Sept. 26, 10-2

Jewel Long Arm Baby Lock Sewing Machine, Baby Lock Unity Embroidery Machine, Tailormade Sewing Cabinet, Memory Craft Sewing Machine, Baby Lock Evolve Serger, Janome Memory Craft Sewing Machine, Accuquilt Go Fabric Cutter, OODLES of Fabric, Several Beautiful Quilts, Vintage Linens & Clothing, Kitchenware, China, Glassware, Silverware, Large Teapot Collection, Like New Electric Reclining Sofa, Recliners, Kitchen Table/Chairs, Queen Beds, Dressers, Knitting Machines, Tons of Yarn, Quilt/Sewing/Knitting Books & Patterns, Dairy Queen Blizzard Machine, Commercial Chip Warmer & Cheese Dispenser, Toy Tractor & Model Airplanes, Vintage Train, Dolls, Doll House, Holiday Decor, Yard Tools, Tools, Shelving, Piano and SO MUCH MORE!!! For more info and pictures go to:
Candace Williams
EstateSales.com
507-261-5384

DOGS

Miniature Schnauzer Puppies. 1st shots, wormed, home raised, happy, healthy, lovable! Make great family pets! \$600. 641-425-9963



Springerdoodles
 Springer/Poodle. Health checked, Family raised shots dewormed. \$1500
 www.mnspringerdoodle.com
 Males & Females. 612-501-2554 delivery possible.

HELP WANTED - GENERAL

PAID VOLUNTEERS OPPORTUNITIES!

- Make a difference as a Senior Companion providing friendly visits to homebound seniors while following CDC guidelines.
- Earn an hourly stipend, travel reimbursement and other benefits while helping your community!



To learn more about serving or to be linked with a volunteer companion please contact:
Rochelle Shultz at 507.512.1036 or Rochelle.Shultz@lssmn.org

HELP WANTED - HEALTHCARE

REGISTERED DENTAL HYGIENIST
\$35-\$42/hour

Elgin Family Dentistry is seeking a Full time Reg. Dental Hygienist to work 3-4 days a week (Monday - Thursday)

Benefits available:
 401K + Match, Health, Dental, HSA, PTO, Paid holidays, Continuing education benefits, and more!

JOIN AN AMAZING TEAM!
 Please submit a resume via email to **juleekingsley@gmail.com**

HELP WANTED - RESTAURANT & FOOD SERVICE

Would you like to make a difference in the lives of seniors in your community?
 Semcac Senior Nutrition is looking for a **Part-Time Assistant Cook** for our site in Rochester, MN. Five hours per day, M-F (no weekends!)
 Semcac offers a great benefit package including paid holidays, sick, and vacation leave. Application and additional information are available at **www.semcac.org** or contact Semcac Senior Services at **seniorservices@semcac.org** or **507-864-8231**. Applications must be postmarked by **October 08, 2021**. EOE

HOUSES FOR RENT

5 bdrm, 4 bath executive home located in NW Rochester. 2-garage, fenced yard. All appliances included. \$1,750/mo. 507-261-0261

Southwest nicely decorated 3-4 bed, 2 bath, nice neighborhood near Mayo clinic, shopping & bike trail. Open floor plan with deck. Cherry cabinets, family room, \$1,750/mo. Available now! Call 507-251-5490.



Westies, vet checked, dewes, shots, wormed, pet homes, \$1850. Call 319-464-6874.

MOTORS

CARS • RVS • BOATS • POWERSPORTS

SELL YOUR CAR

Classifieds Work!

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autos



treasures

DOGS

BORDER COLLIE PUPPIES
 Farm raised, 8 weeks old on Sept. 2. (3) females, (4) males \$200 each. Call Mary at 507-259-3330 or Lynn 507-273-0911.

STARTING A BUSINESS?

ADVERTISE IN OUR BUSINESS SERVICE DIRECTORY



CALL 507-285-7777 or 800-562-1758
 8:00-5:00 [24/7 Online]
 www.postbulletin.com

HELP WANTED - EDUCATION

HELP WANTED - EDUCATION

AUTOMOBILES

2016 Chrysler 300S
 4 door, all wheel drive, V6, 40,000 actual miles, reverse camera, leather hot seats, remote start, special black alum. wheels, show floor new inside & out, gorgeous onyx black finish. Where do you find one? This vehicle stands out in a crowd! **Sale priced at \$27,900!**
Tom Heffernan Ford
We pay top \$\$\$ for used vehicles!
 (651) 345-5313
Celebrating 48 years in business!
 www.tomheffernanford.com

DEALS & STEALS

1920s INDIAN BASKET, small \$50 6202666764



Golden Doodle Pups
 Red & apricot colors. Vet checked, shots, guaranteed. \$700M; \$800F. Also Minis. 218-839-4646 MN#355291

ANIMALS/PETS FOR SALE

Pride Jazzy power wheelchair, excellent condition, w/extras & seat that can be elevated. pd. \$4400, asking \$2500/offer. Mike, 507-369-5066 between 8AM-7PM.

UNIVERSITY OF MINNESOTA EXTENSION

The University of Minnesota Extension is hiring Extension Educators, 4-H Youth Development.
The positions are professional and academic appointments.

Openings in each of the following Minnesota counties: **Aitkin, Anoka, Chippewa, Dodge, Goodhue, Hubbard, Jackson, Stevens, Traverse, Wabasha, Washington, West Otter Tail and Winona.** Positions range from half-time to full-time.

Local Extension educators work in partnership with communities to build engaged youth who are able to learn and lead in a global society. Primary responsibilities are program development and delivery; volunteer systems support and management; program operations; and communications & reporting.

To access complete job descriptions and apply online, go to: <https://z.umn.edu/EE4HYDPositions>

Priority deadline is **October 1**. Positions will remain open until filled.

The U of M is an equal opportunity educator and employer.

2020 Kia Optima LE
 4 door Sedan, only 23,000 actual miles, reverse camera, lane keeping system, alum. wheels, show floor new inside and out, gorgeous maroon metallic finish, this one stands out in the crowd. **Sale priced, \$26,900!**
Tom Heffernan Ford
We pay top \$\$\$ for used vehicles!
Celebrating our 48th year!
 (651) 345-5313
 www.tomheffernanford.com

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Men's, t-shirts, polo, dress shirts, hoodies, sweatshirts. XX large, jeans, shorts, & dress pants 44 x 30 IS, Belts 44, size 8 shoes \$5:00 each. 507-281-1097

jobs

HELP WANTED - PROFESSIONAL SERVICES

HELP WANTED - PROFESSIONAL SERVICES

SUVs

2005 Dodge Durango
 4 door 4x4, runs good, \$4995!
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QUALITY, RENT SUBSIDIZED APARTMENTS FOR SENIORS

- Safe, controlled access entry
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- Accessible units available
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- Large community room with kitchen facilities
- 3 Floors with elevator
- Sitting/Reading rooms
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- Approved pets welcome

KenoshaDrive Apartments
 3461 Kenosha Drive NW
 Rochester, Minnesota

For more information call **800-466-7722** online at **www.accessiblespace.org**



HELP WANTED - GENERAL

Head Groundskeeper
Zumbro Valley Golf Course

The Groundskeeper is responsible for leading all ground maintenance tasks and staff. Including overseeing preventative maintenance on equipment and the irrigation system. Providing a safe, quality golf course for our members and guests.

Good organizational and verbal skills are a must. With the ability to lead a team, inform board members on the state of the golf course, and communicate with members. Ability to use logical and rational thinking to resolve issues. Experience a plus, but not required.

Shift/Days: Available to work varying schedules including weekends and holidays averaging 40 hours a week March - October.

Pay: Negotiable based on experience. No benefits

All inquiries please call the Zumbro Valley Golf Course Clubhouse, 507-635-2821 or email zumbrovalleygolf@gmail.com

POWER DELIVERY ENGINEER

Southern Minnesota Municipal Power Agency is looking for an electrical engineer to provide engineering support and assistance in the planning and model building activities for the Agency's power delivery system.

Starting salary (\$78,000 - \$85,000 per year) DOE and a full benefit package.

Qualifications for the position:

- Bachelor's degree in electrical engineering or equivalent combination of education and experience.
- Up to three years of related utility experience with Power System Simulator for Engineering (PSSE) software.
- Knowledge of Mid-continent Independent System Operator's Model on Demand (MOD) and web-tool experience preferred.
- Knowledge of Auto-CAD drafting software preferred.
- A valid driver's license required.
- Successful completion a criminal/consumer background and alcohol/drug use screening required

Please submit resume by **Sept 30, 2021** to: **Sandra K. Feehan (sk.feehan@smmpa.org)**, Southern Minnesota Municipal Power Agency, 500 First Avenue SW, Rochester, MN 55902



2012 Dodge Durango AWD
 4 door, power sunroof, power seats - passenger & drivers, trailer tow package, rear entertainment center, nav. system, 3rd seat, reverse camera, gorgeous metallic black finish, exceptionally clean throughout!
Sale priced \$13,900!
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AUCTION SALES

AUCTION SALES

FRASER CONST. RETIREMENT AUCTION

330+ ITEMS SELLING NO RESERVE THURSDAY, SEPTEMBER 30



DI1111 '07 CAT 330DL excavator w/ Bay Shore Systems LoDril
KK9148 Movax SP-100 excavator vibratory pile driver

ITEMS LOCATED IN ROCHESTER, MN

OPEN INSPECTION: Sept. 27 & 28, 8am-4pm **INVENTORY INCLUDES:** excavators, dozers, backhoes, skid steers, mini excavators, dump trucks, wheel loaders, telehandlers, compact utility loader, vibratory rollers, motor graders, vacuum excavator, tilt deck equipment trailers and more.
All items are sold "AS IS." 10% buyers premium applies.



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NOW HIRING MOTOR COACH DRIVERS

Earn up to \$300/day driving in the Rochester & La Crosse Areas.

Additional opportunities for *School Bus Drivers - routes or charters* available.

Apply in person at: 1803 14th Street NW, Rochester, MN 55901 online at **minnesotacoaches.com/employment**, or call Dave at Ready Bus Company: 507-289-8950 or 507-254-2094.

HELP WANTED - GENERAL

HELP WANTED - GENERAL

HELP WANTED - GENERAL

MMAM MINNESOTA MARINE ART MUSEUM

GREAT ART INSPIRED BY WATER

EXECUTIVE DIRECTOR

The Minnesota Marine Art Museum seeks a qualified individual for the position of Executive Director.

Located in Winona, MN, a beautiful and livable small city of 28,000 on the banks of the Mississippi River, the MMAM exhibits great art inspired by water.

The Executive Director is active in all management areas including Artistic, Educational, Strategic Planning, Marketing, Personnel and Fundraising.

The Executive Director oversees and supports a talented team of 9 FTE employees. They work with outside agencies on insurance and benefits issues, and with our accounting firm on monthly financial reporting.

Starting salary is competitive (\$65,000 - \$100,000) and a generous benefit package is available, including retirement plan and health insurance.

More information is available on **MMAM.org**. Please submit a full academic and employment history and a letter of interest. The deadline for receipt of materials is **October 17, 2021**. Submit all materials to **mmamjob21@gmail.com**

Minnesota Marine Art Museum (MMAM) is an equal opportunity employer. No recruiters or contract solicitations, please.

WINONA MN • **MMAM.ORG**

SUVs

2014 Ford Expedition XLT 4x4, 5.4 V8, trailer tow package, leather hot & cold seats, 3rd seat, nav. system, 2nd row bucket seats, reverse camera, rear DVD entertainment center for the kiddos, luggage rack, SOS post crash alert system, rust free, looks & runs show floor new, gorgeous white platinum tri-coat metallic/bronze finish. Why pay over \$70,00 for new? Sale priced at \$23,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

MOTORS

2014 Ford Explorer 4 door, 3rd seat, luggage rack, alum. wheels, V6, rust free, gorgeous snow white finish. Sale priced at \$16,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

2016 Ford Escape SE 4 door, 4x4, remote start, hot seats, reverse camera, looks and runs like new, 1 owner, gorgeous jet black finish. Sale priced at \$18,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

2016 Ford Escape Titanium 4 door, front wheel drive, leather hot seats, power seats, nav. system, reverse camera, remote start, alum. wheels, newer tires, gorgeous silver finish, 2.0 cu. in. engine, gorgeous platinum silver finish, Safe & Smart pkg., adaptive cruise control, show floor new inside & out! Never seen a MN winter...spent winters in AZ! Sale priced at \$20,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

HELP WANTED - GENERAL

SUVs

2016 Ford Explorer 4x4 XLT 4 door, leather hot seats, nav. system, reverse camera, remote start, alum. wheels, luggage rack, show floor new inside & out, gorgeous white platinum metallic finish. Sale priced at \$31,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year. (651) 345-5313 www.tomheffernanford.com

2017 Dodge Durango GT 4x4 SUV, only 40k miles, V6, power moon roof, leather hot seats, 3rd seat, nav. system, reverse camera, trailer tow pkg., special black alum. wheels, loaded, show floor new inside & out, gorgeous burgundy velvet finish. Sale priced at \$36,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

SELL YOUR TRUCK

2017 Ford Escape Titanium 4 door 4x4, leather hot seats, reverse camera, remote start, trailer tow package, alum. wheels, show floor new. Just traded in by a retired couple on a new 21' Escape! Sale priced at \$23,900! Celebrating our 48th year! Tom Heffernan Ford Named Lake City, MN Small Business of the Year! (651) 345-5313 www.tomheffernanford.com

2017 Toyota RAV4 SUV 4 door, all wheel drive, Platinum model, 30,000 actual 1 owner miles, leather hot seats, power moon roof, nav. system, reverse camera, alum. wheels, luggage rack, loaded with all accessories possible. This vehicle is show floor new...looks like it's still sitting on the show floor. Sale priced at \$33,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

HELP WANTED - GENERAL

SUVs

2018 Ford Edge SEL All wheel drive, only 13,000 actually unbelievable miles, rear camera, leather hot seats, power driver & passenger seats, nav. system, hands-free foot activated lift gate, remote start, hot steering wheel, Ford Safe & Smart pkg., cruise with collision warning, blind spot info system, SOS post crash alert system, 18" alum. wheels, gorgeous white platinum tri-coat finish, show floor new. Sale priced at \$36,995! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

2018 Ford Edge SEL All wheel drive, V6, leather hot seats, hands free foot activated tailgate, nav. system, remote start, reverse camera, hot steering wheel, Class II trailer tow pkg., 18" alum. wheels, power driver & passenger power seat, gorgeous burgundy velvet metallic finish, 1 owner, show floor new, only 39,000 actual miles. Sale priced at \$32,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

2018 Ford Escape SEL 4 door 4x4, 15,000 actual miles, leather hot seats, roof rack, SOS post crash alert system, nav. system, reverse camera, panoramic vista roof, alum. wheels, gorgeous white platinum metallic tri-coat finish, Ford program car, show floor new inside & out! Sale priced \$30,995! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year. (651) 345-5313 www.tomheffernanford.com

2019 Mitsubishi SEL SUV All wheel drive, 38,000 actual mi, leather hot seats, power seats, aluminum wheels, reverse camera, luggage rack, looks & runs like new, a great SUV to drive! Sale priced at \$22,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

HELP WANTED - GENERAL

SUVs

SOLD 2018 Ford Escape Titanium 4 door 4x4, 30,000 actual miles, leather hot seats, nav. system, reverse camera, trailer tow pkg., luggage rack, alum. wheels, remaining factory warranty, show floor new throughout, gorgeous platinum white finish. Was \$31,900 - Now Sale Priced at \$29,900! Celebrating our 48th year! Tom Heffernan Ford Named Lake City, MN Small Business of the Year! (651) 345-5313 www.tomheffernanford.com

2018 Lincoln MKX SUV 4 door AWD, leather hot & cold leather seats, 28,000 actual miles, 3.7 V6 engine, cross traffic alert system, panoramic vista moon roof, hot steering wheel, lane keeping system, pre-collision assist detection, nav. system, reverse camera, lane keeping system, Weather-Tech floor mats, active park assist, alum. wheels, gorgeous white platinum tri-coat, show floor new inside & out. Why pay \$60-\$70k for new? Sale priced at \$46,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year. (651) 345-5313 www.tomheffernanford.com

2018 Toyota Highlander XLE All wheel drive, 3.5L V6, leather heated front seats, reverse camera, power lift gate, nav. system, moon roof. Sale priced at \$33,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

2019 Ford Edge SEL All wheel drive, hot leather seats, nav. system, reverse camera, Ford co-pilot 360 assist, blind spot info system, power driver & passenger seat, SOS post crash system, auto dual zone climate control, 18" alum. wheels, hot steering wheel, evasive steering assist, gorgeous agate black finish. Sale priced at \$37,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

2019 Ford Edge SEL AWD 18,000 actual miles, Ford program vehicle, leather hot seats, reverse camera, hot steering wheel, foot activated tailgate, remote start system, SOS post crash alert system, blind spot info system, gorgeous blue metallic finish, factory warranty. Sale priced at \$36,995! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

SOLD 2019 Ford Escape SE 4 door, all wheel drive, 12,000 1-owner miles, remote start, Ford safe & smart package, lane keeping system, adapt cruise/collision warning, blind spot info system, gorgeous ruby red finish. Show floor new inside & out! Priced to sell! Tom Heffernan Ford Named Lake City, MN Small Business of the year! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

SUVs

2019 Ford Escape SEL 4 door 4x4, 30,000 actual miles, leather hot seats, nav. system, reverse camera, luggage rack, alum. wheels, gorgeous titanium gray finish, show floor new, remaining factory warranty. Sale priced at \$29,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

2019 Ford Explorer XLT 4x4 4 door, V6, trailer tow pkg., nav. system, reverse camera, leather hot seats, luggage rack, power lift gate, remote start, 27,000 actual miles. XLT Sport appearance pkg., special 20" black alum. wheels, safe & sound package, gorgeous platinum white finish. Sale priced at \$42,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

SOLD 2020 Kia Sportage EX 4 door SUV, 28,000 actual miles, AZ vehicle...never seen MN snow! Leather hot seats, power seat, tilt steering, reverse camera, luggage rack, alum. wheels, Weather-Tec floor mats, trailer tow package, gorgeous toredore red finish, show floor new inside & out. Sale priced at \$29,900! Celebrating our 48th year! Tom Heffernan Ford Named Lake City, MN Small Business of the year! (651) 345-5313 www.tomheffernanford.com

AS GOOD AS SOLD!

PICKUPS

1996 Mazda Pickup 2 wheel drive, 5 speed stick, V6, matching fiberglass top, bedliner, runs great, great cheap truck to have a round. Sale priced at \$3995! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

2010 Ford F150 XLT 4x4 4 door Super Crew, only 100,000 actual miles, 5.4 V8, 17" aluminum wheels, trailer tow pkg., power adjustable pedals, power drivers seat, trailer sway controller, spray-on bedliner, tonneau cover, gorgeous metallic tuxedo black finish, looks & runs like show floor new...must see to appreciate! Sale priced at \$18,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

2013 Ford F150 Lariat 4x4 4 door Crew Cab, leather hot & cold seats, tonneau cover, trailer tow package, remote start, power pedals, tailgate step, chrome grill guard, looks and runs great, gorgeous white platinum finish, reverse camera. Sale priced at \$25,900! Tom Heffernan Ford We pay top \$\$\$ for used vehicles! Celebrating our 48th year! (651) 345-5313 www.tomheffernanford.com

PICKUPS

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Please submit resume by **September 30, 2021** to: Sandra K. Feehan (sk.feehan@smmpa.org), Southern Minnesota Municipal Power Agency

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HOLY EVERYTHING
Emily Carson

Some things never give up, they just wait for more light

The snapdragons weren't getting enough sunlight. The eggplant wasn't either. Or the mint, rosemary or lavender.

In all my sunflower-growing bliss, I had overlooked an unintended consequence of a garden bursting with so many varieties of yellow floral delight. My dear (and oft-documented) tree-like sunflowers created a lot of shade. All of the neighboring flowers and vegetables tried their best to thrive underneath them, but they couldn't reach their full potential.

This is a rookie gardening mistake, no doubt, and I am a rookie, so it makes sense that this would end up being another of this growing season's many learnings. Note to self: next year, plot out the garden in a way that gives all of the plants access to the right amount of light.

When I stuck all the little seeds into squares of dirt inside black, plastic trays on Good Friday, I figured I'd just be able to intuit where to place the plants when it was time. By late May and early June when all the plants went into the ground, everything was still pretty small. It seemed nearly impossible that any of the plants would ever be competing for light or water. They all looked tiny and quite spread apart.

But plants grow.

By early July, the zucchini and cucumbers were getting crowded by the squash which were seemingly taking over the entire neighborhood. The sunflowers were growing expeditiously. I found them so mesmerizing I didn't notice the slowed growth of everything around them. I assumed it was just natural for those plants to slow down.

Of course, there's nothing wrong with beautiful, enormous sunflowers and all their many varieties. But this year has taught me that I do need to pay attention to where I plant them. I understand now that just because there's room for a sea of 3-inch baby sunflowers to go into the ground in May, doesn't necessarily mean that there's going to be enough space for a sea of 14-foot sunflowers a few months later.

Most of the summer was very dry. When it did start to rain, the sunflowers started to tip completely over. Most of them were drying by that point, and their big faces were drooping low. I pulled the last few down a few weeks back and put them in a sunflower cemetery at the edge of the yard. The garden looked so bare and sad without them. I missed my giant companions with their surprisingly huge trunk-like stems.

Then, as the days passed, something unexpected happened. The eggplant started to grow taller and wider. They became filled with flowers ready to become fruit. The mint, which had been sparse all season, began to spread. The modest sage plant morphed into something like a sage shrub. The plants who had lived in the shade of the sunflowers were growing!



Photos by Traci Westcott / Post Bulletin

A tractor ride pulls in on opening day Saturday at Scanlan's Red Barn Learning Farm near Hayfield.

Farm finds its niche

Visitors have steadily increased since opening

BY LYDIA HANSEN
For the Post Bulletin

HAYFIELD

For almost a decade, visitors at Scanlan's Red Barn Learning Farm east of Hayfield have learned about animals and agriculture from owners Brian and Brenna Scanlan.

The Scanlans have spent nine years learning as well — primarily about what kind of activities and experiences will bring people out to the farm.

"We've grown every year, we've found our niche," Brenna said. "We've found what works as far as hours for the public goes and the events to have."

At the heart of that niche are the animals. Red Barn is home to chickens, ducks, goats, turkeys, sheep, potbellied pigs, bunnies, guinea pigs, donkeys, llamas, alpacas and miniature ponies. Visitors can pet them, hold them or feed them with treats bought at the farm store.

But if you can't go to the farm, the farm can come to you. For the last four years, Red Barn Learning Farm also has offered a mobile farm for rent as a mini petting zoo. A request from a visitor several years ago prompted the addition.

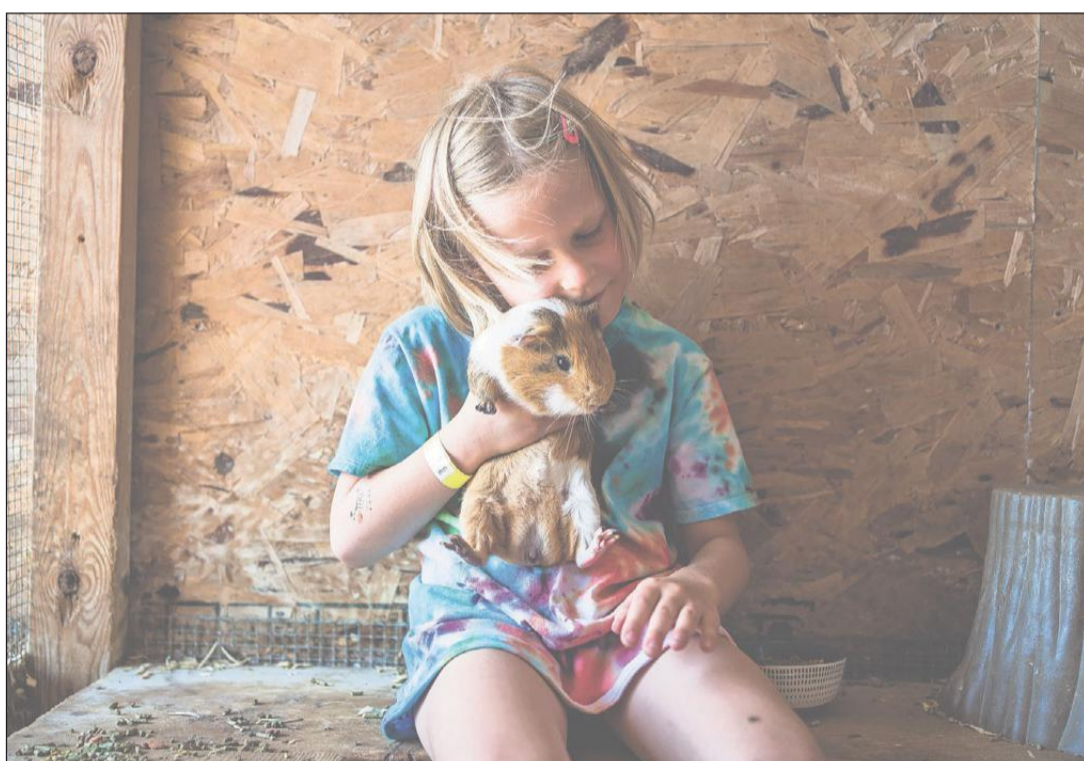
"We'd like to have people come to the farm, but if they can't, we're more than happy to bring it to them," Brian said.

Another popular attraction begun in the last five years are farm camps. Fourth-through 12th-graders visit the farm for four-day or day camp experiences, helping with chores, participating in activities and learning about farm management and animal care.

But where the farm has seen the most growth is in attendance, particularly around seasonal events. The annual spring egg-gathering used to draw the most visitors, but for the past three years, the last day of the fall season has surpassed it, increasing from approximately 200 visitors in 2018 to 700 in 2020.

"Fall in general has become so big. It's our biggest season," Brenna said.

The pandemic brought concerns, delaying opening in 2020 by six weeks, but despite the early setback, attendance continued its upward trajectory.



Selah Stageberg, 5, of Rochester, hugs a guinea pig on opening day at Scanlan's Red Barn Learning Farm near Hayfield.

If you go

WHAT: Scanlan's Red Barn Learning Farm

ADDRESS: 27251 Minnesota Highway 30, Hayfield

COST: \$9 plus tax, for anyone 1 and older

OPEN: Weekends through October. Weekdays by appointment for groups.

HOURS: 9 a.m. to 4 p.m. Saturdays, 11 a.m. to 5 p.m. Sundays, and 10 a.m. to 4 p.m. on MEA Thursday and Friday.

CONTACT: 507-272-7465 or redbarnfarm@kmtel.com



Above: A llama on opening day at Scanlan's Red Barn Learning Farm near Hayfield.

Below: Grace Cahill, 6, of Waseca, slides into a corn pit on opening day at Scanlan's Red Barn Learning Farm near Hayfield.



How long have the herons been on hilltop?

Discovery of a great blue heron nest colony in the path of a proposed development west of Rochester came as a surprise to the developers, township leaders and wildlife officials.

It seemed the only people who were aware of the birds' nesting colony were the people who lived near the site. However, that might not be the case.

The heron nesting colony, known as a rookery, may have been on the radar of the Minnesota Department of Natural Resources for more than two decades.

A 1997 Minnesota Biological Survey map of Olmsted County shows a "colonial waterbird nesting site" in Rochester Township approximately at the site of the proposed development.

The map is part of a statewide effort to document natural communities and rare species. The colonial waterbird nesting site in Rochester Township is the only one identified in Olmsted County on that map.

DNR officials have not yet responded to my requests for information about the site — when it was first documented, species observed, the size of the colony.

Carrol Henderson, former head of the Minnesota Department of Natural Resources' non-game wildlife division, said he is unsure why further study and documentation of the site wasn't done.

"It is quite possible there has been a colony all those years, but no one has been tracking it," Henderson said.

Despite the indicator on the map, Carrol said he first learned of the rookery after neighbors filed an injunction against the development, Pavilion Estates, headed by developer Aderonke Mordi.

Carrol said the rookery was the first heron nesting colony



A great blue heron, seen Sunday through a trail guardrail, stands in the Zumbro River near downtown Rochester.

John Molseed / Post Bulletin



GREEN SPACE

John Molseed

he had heard of to be confirmed in an upland woods site and not along a major body of water.

"I wish there was a really squeaky clean answer to how that site fell through the cracks," Henderson said. "I think it was just not investigated."

Henderson said GPS technology wasn't as common or as accurate as it is now and that pinpointing the location of the nest colony might not have been accurately documented on maps for researchers to find later for follow-up study.

"I think it was simply overlooked at the time," Henderson said.

The colony is not documented in Minnesota's breeding bird atlas which compiled data and observation from 2009 to 2013.

Henderson said revelation of the rookery in Rochester Township shows there are flaws in the documentation process.

"Now we're playing catch up," he said.

Meanwhile, development plans are paused for now. The Rochester Township Board accepted an Environmental Assessment Worksheet of the site Sept. 9. The EAW was conducted

to find if there would be significant wildlife impacts from the project and whether a more detailed investigation into those impacts and alternatives or alternatives to the project should be explored in an environmental impact statement.

Under Minnesota regulations, it's up to the township board to decide whether the findings in the environmental worksheet warrant an environmental impact statement. Township board member Jeff Orth said the board is not requesting such a study.

Under Minnesota regulations, advocates for doing the study can appeal the decision of a regulating authority, in this case, the township board, to the Minnesota Court of Appeals.

That's one of the options advocates for saving the rookery are exploring, said Jenna Didier, a member of a group called "The Rookies" advocating sparing the rookery from development.

Didier said litigation isn't the group's preferred method for their mission, but Didier said the group has found it tends to be the only avenue they have had so far in the governmental process.

"We just feel like we're always scrambling," she said. "We're not interested in litigation, we're interested in doing what we can do to make our

habitat resilient."

One solid fact the group has to appeal for an environmental impact statement is that the land use permit for the development issued by the Olmsted County Board was issued while the worksheet was still ongoing. State regulations specify project permitting is to be paused pending the assessment.

Didier said the group's preference would be to purchase the site at a price to make the landowner and developer whole and donate the land and portions of surrounding private property to Minnesota as a state scientific and natural area. That would take collaboration with the DNR which has remained relatively quiet regarding the project. However, a DNR response to the environmental worksheet, written by Melissa Collins, DNR regional environmental assessment ecologist, contained the strongest language the organization has officially issued so far regarding the project saying it could have a "significant impact to local wildlife."

John Molseed is a tree-hugging Minnesota transplant making his way through his state parks passport. This column is a space for stories of people doing their part (and more) to keep Minnesota green. Send questions, comments and suggestions to life@postbulletin.com.

The learning farm is spread over 8 acres. The Scanlans want to obtain a few more acres, which would be space for more parking, as well as other buildings, including a larger farm store and a new building for private parties.

"The demand is there and we just haven't been able to accommodate," Brian said.

Expansion is on hold as they wait for the cost of construction

materials to go down, but they'd like to see some of these changes begin as early as next year.

Another goal is to expand food offerings at the farm, potentially with a snack shop. The farm has already had success with bringing in outside vendors, such as Twisted Barrel Wood Fire Pizza.

"There's a lot of things in the future we want to do," Brenna said.

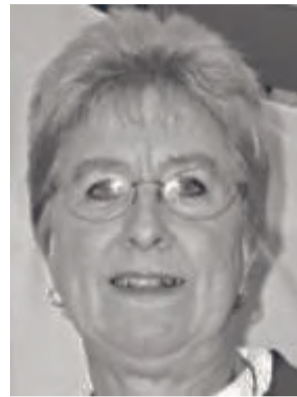
ANNIVERSARY



50th Wedding Anniversary

Mark and Liz Felten got married on August 21, 1971 at St. Paul's Catholic Church in Zumbrota. They are celebrating with family/friends at a later date and also plan a trip to Hawaii.

BIRTHDAY



Rosy's 80th Birthday

Rosy (Schwanke) Krier will be turning 80 years old on Saturday, October 9. An Open House will be held on that date at 140 2nd Ave NW, Elgin from noon to 3 p.m. Please help Rosy celebrate her 80th!



Contributed / Emily Carson

For months, the snapdragons in this garden had limited sunlight because of towering sunflowers. Now, with the sunflowers gone, they are growing and even blooming.

Holy

From page C1

I don't have much experience with flowers, but last spring I thought I'd try to start some snapdragons in trays with the other vegetables. They sprouted with everything else, and I put them in the raised bed with the herbs. They grew very slowly and then came to a screeching halt. The row of sunflowers planted behind them created a

significant shadow.

For many months, the snapdragons had almost no sunlight at all. This morning, as I watered them, I noticed they were looking especially green and lush. A few are even blooming, and it looks like more flowers are on the way.

It's a late-September surprise. The snapdragons never gave up. They were just waiting for a little light.

Emily Carson is a Lutheran pastor. Visit her website, emilyannecarson.com.

Scanlan's

From page C1

The learning farm averaged 800-1,000 visitors per day every weekend last fall. The Scanlans expect to see that many or more this year, making expansion a major goal. "We're definitely busting at the seams as far as our space here," Brenna said.

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FAITH FOCUS

CHERRY GROVE COWBOY CHURCH WILL BE HELD OCT. 3

SPRING VALLEY — Cherry Grove Cowboy Church will be held Sunday, Oct. 3. Music begins at 5:45 p.m. and the service begins at 6.

Cowboy Church is a nondenominational way of spreading God's message through music. The service includes a mix of country, Christian country, cowboy and Southern gospel, and bluegrass music. All musicians are welcome.

Musicians can contact Cindy Seabright at seabright.cindy@gmail.com or call 507-272-1682 one week before the first Sunday-of-the-month service to participate.

The Cherry Grove United Methodist Church is at 18183 160th St. in rural Spring Valley.

Post Bulletin staff reports

Ideas for debugging an earworm

Dear Annie: I moved to a new neighborhood a few weeks ago. I really love the bustle and the energy; however, there is one drawback — the noise. More specifically, the noise of this one ice cream truck that passes by my apartment every single day. Talk about "First World problems," I know. I am lucky enough to work remotely during this pandemic, so I'm at home all day. And even with the windows shut, I still hear the song. I find myself singing it in the shower, when doing chores and as I'm falling asleep. Plus, it makes me think about ice cream more often than is probably healthy.

Annie, do you or your readers have advice on how to tune out the tunes? I can only imagine what parents go



DEAR ANNIE Annie Lane

through listening to the same movies or music day in and day out, particularly during this last year. I would appreciate any tips!

— Debugging This Earworm

Dear Debugging: Use this daily occurrence as a reason to get up and out. Take advantage of the time the truck sits on your block to walk around your new neighborhood. Get acquainted with your new home. With the bustle and energy you mention, there should be more than enough to explore,

and now that your home is also your office, it will do you good to get a change of scenery now and again.

On the other side of the coin, you can always lean into the skid. One of the best ways to rid yourself of an earworm is to embrace it. Grab yourself a cone and listen to the song up close. Life is sweet; enjoy it before it melts.

Dear Annie: I was married 45-plus years when my husband passed away. After being alone for a few years, I married a longtime family friend. His wife had passed away several years earlier. He pursued me and is a good man, and we seem to be happy together.

But at times, I do feel like his first wife lives with us. My question is, should he be carrying a picture of his first

wife in his billfold? He does not carry one of the two of us. This really bothers me, and I am wondering what you think. — Second Wife

Dear Second Wife: If there's any hope of the two of you carrying out a fulfilling and enduring marriage, it's time to bury the past. Share with your husband how it makes you feel to have his late wife still seemingly, and quite literally, in the picture. He may not realize that what he perceives as part of the grieving process is actually a detriment to the security and progression of your marriage.

As for his billfold, it's in with the new. Find a pocket photo of you and your husband to give to him. He may not have had one before.

Send your questions for Annie Lane to dearannie@creators.com.

Adjust diet, exercise to help cat slim down

Dear Readers: If your cat is a bit chubby, that is not a good thing. Any extra fat that your cat has could cause aching joints, diabetes or liver problems. But how do you really know if your cat is fat? Try this. Can you feel your cat's ribs or spine? If you cannot, your cat is most likely overweight. Take steps to help your kitty lose any extra weight.

Take your cat to your vet to discuss weight management for it. This will include increasing your cat's activity while decreasing the amount of food and calories your cat is consuming. And this means fewer kitty treats! So schedule lots more play or exercise time and start feeding smaller meals. With a concerted effort,



HINTS FROM HELOISE

and checking in with your vet to monitor progress, your cat will be healthier and live longer. — Heloise

Dear Heloise: Today's column in the Orange County Register reminded me of a hint I can share regarding parking spaces. It was good advice from the reader to park uphill from shopping cart racks! One time, I placed my shopping cart near my trunk, went to get something in front of my car, and a few moments later found the cart had disappeared!

I looked around in befuddlement; it was nowhere to be found.

I thought I had lost my mind. A couple of minutes later, someone came up to my car with my full shopping cart saying: "You look like you're looking for something. I think this might be yours." It had rolled to the bottom of the lot, past several cars! Now I park directly next to the cart corral, on the upslope side, so one side of my car is protected from any dings from other car doors, and I can easily return my cart to the corral.

— Peggy Cordero

Dear Readers: Be sure to create a special print calendar or online document to track your pets' medical history, records, appointments

and vaccination schedules. This is important to help keep your precious pets healthy. — Heloise

Dear Heloise: I have been a faithful reader of this column since 1963, when I was a young bride of 18 years old. I appreciate the hints very much. I read about the expenses of weddings nowadays. Eight years ago, I married for the second time. I had known this guy for over 50 years, since I was in his first wedding. His wife had died.

We decided to get

married and I didn't want to spend a lot of money, so I put out a Facebook message to our friends that we were getting married on Aug. 31 at the park. Including a new dress, a suit for my guy, simple artificial flowers (which I arranged), nice rented chairs and tables, food for 200 guests (we are in a small town and everyone knows us), we spent less than \$2,000. It can be done! Spending a lot on a wedding is ridiculous — more effort needs to be spent on the marriage! — Sondra Dahl

Dear Heloise: I just wanted to say how grateful I am that you print so much about pets. I, too, am a big pet lover, and I am glad you use your column to give many helpful tips about the care and protection of our beloved animals. Thank you for all the good you do for man's best friends. — Shirley Noel

Send a money-saving or timesaving hint to Heloise, P.O. Box 795001, San Antonio, TX 78279-5001, or you can fax it to 1-210-HELOISE or email it to Heloise@Heloise.com.

PUZZLES | SEPTEMBER 25, 2021

BRIDGE | KING FEATURES

Bridge hand diagram showing North, South, West, and East cards and bidding sequence.

At times, declarer is faced with a seemingly hopeless assignment. Nevertheless, he is obliged to try to find a way to get home safely. Usually, this means assuming a distribution of the opposing cards that will allow him to succeed -- however unlikely that distribution might be -- and then proceeding accordingly.

Consider this deal where South wound up in five hearts after a pre-emptive four-diamond opening by East. Declarer ruffed the diamond opening and surveyed the situation. He had four possible losers -- two clubs and two spades. Even if West

had the ace of clubs, which seemed likely on the bidding, down one appeared inevitable.

But South had been to the wars before. He realized that if the spades were divided 5-2 and East had the doubleton queen or king, the contract could be made.

So at trick two, he led a heart to the ten and ruffed a diamond, then crossed to the heart king and ruffed dummy's last diamond. A club was next led toward dummy's king.

West put up the ace and returned the queen to dummy's king. South then ruffed dummy's last club to bring about the position he had visualized at the outset. With the clubs and diamonds eliminated from both his own hand and dummy, South played the ace and another spade.

This rendered the defense helpless. If West allowed East to win with the queen, East would have to return a diamond, yielding a fatal ruff-and-discard. And if West put up the king -- catching East's queen in the process -- dummy's jack of spades would become declarer's 11th trick. Either way, the contract was home.

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CRYPTOQUOTE | KING FEATURES

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

9-25 CRYPTOQUOTE

AK Q BEEH IDJSKCKW; IDJSKC KDBGSZ - ODXK VKWLKCS EO SGK SDYK. HKXKIEV SGK QWS EO IDJSKDCB. — Q.Q. YECQVKWS

Yesterday's Cryptoquote: TO LIVE IS THE RAREST THING IN THE WORLD. MOST PEOPLE EXIST: THAT IS ALL. — OSCAR WILDE

JUMBLE | ARNOLD AND ARGIRION

JUMBLE THAT SCRAMBLED WORD GAME By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

Jumble puzzle grid with words NIOGG, SMYOS, OGD TUU, and TWHISC.

Answer here: [Grid] (Answers Monday) Yesterday's Jumbles: JOUST RALLY SKETCH BEMOAN Answer: His son washed and waxed his car but did a — LACKLUSTER JOB



THE GOLFER'S ERRATIC PLAY ON THE COURSE RESULTED IN ---

SUDOKU | UNIVERSAL FEATURES

Sudoku puzzle grid with difficulty rating of five stars.

Complete the grid so every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

YESTERDAY'S ANSWER 9 1 8 5 3 7 2 6 4

CROSSWORD | THOMAS JOSEPH

ACROSS

- 1 Kitchen work
5 Custom
10 Convoy trucks
12 Without aid
13 Tea party guest
14 Hinds' mates
15 Lumber unit
16 Stretch of years
18 Catching aid
19 Mason of movies
21 Quite
22 Gumshoe's specialty
24 Provinces
25 Crossing the Berlin Wall, e.g.
29 Course activity
30 Besides
32 Band blaster
33 Old hand
34 Army address
35 Marlins' home
37 Future seed
39 Follow
40 Tender areas
41 Hotel units
42 Ties the knot

YESTERDAY'S ANSWER

Grid for yesterday's crossword answer.

- 4 Snap
5 'How droll!'
6 Imitating
7 Malay island
8 Hospital worker
9 Irritable
11 'Now listen!'
17 Indy auto
20 Personnel
21 Drop in
23 Arm art
25 Game piece
26 Border city
27 'Yeah, right!'
28 Executed perfectly
29 Joustick wielder
31 Lock
33 Diner desserts
36 Silent
38 Swear

DOWN

- 1 Sacred song
2 Do a musketeer's job
3 Asylum seeker

Crossword puzzle grid with numbers 1-42.

Time can play a factor, so don't delay health care

This summer I finally got caught up on routine medical screening tests and exams that were delayed during the COVID-19 shutdown. My health care providers reached out to reschedule as soon as the situation improved, but still, things took time. And as the number of COVID-19 cases continues to be of concern, I want to encourage people tempted to delay care, especially for chronic or urgent health issues, not to do so.



HEALTH FUSION
Vivien Williams

The Centers for Disease Control and Prevention estimates that by June of last year 41% of adults delayed care because of concerns about COVID-19. And delaying or avoiding care might make existing conditions worse or you might miss new, potentially serious issues that arise. It seems there's truth to Ben Franklin's saying, "an ounce of prevention is

worth a pound of cure." Recently, I interviewed Dr. Christopher DeSimone, a cardiac electrophysiologist at Mayo Clinic. We talked about the issue of delaying care in regards to people with atrial fibrillation (AFib), which is a problem with the heart's electrical system. It causes fast and/or irregular heartbeats and can reduce how well your heart pumps. The condition increases your risk of stroke, heart failure and other issues. People who have AFib may have no symptoms at all or they may feel a variety of different symptoms including fatigue,

lightheadedness, irregular heartbeats, racing heartbeats, a quivering sensation in the heart, shortness of breath and chest pain. Symptoms of AFib can destroy quality of life.

DeSimone says that people who have AFib should not delay care, even if they don't have symptoms. Because left untreated, the condition not only makes you feel lousy and increases your risk of stroke, but also it becomes harder to treat successfully.

"There are studies out there that are sending a strong signal that even if you don't have symptoms, addressing AFib earlier is better," says DeSimone. "That's because if we can start modifying risk factors or things that might trigger AFib, such as obstructive sleep apnea or too much coffee or alcohol, and if we intervene early with treatments to stop the irregular heartbeats, we may be able to prevent long-term

complications. It's much easier to treat AFib early on than wait until damage has been done."

DeSimone is passionate about early intervention. He also wants people with AFib to know that a new method of treating the condition appears to be more effective.

"In the past, studies showed that if you had AFib with or without symptoms, you could stay in that irregular heart rhythm as long as your heart rate did not reach a certain level," says DeSimone. "We're learning that people should not go on for long periods of time in persistent abnormal rhythms because it may cause continued damage, making it harder to treat. Instead, we need to get people into normal heart rhythm early on when treatment is easier to do."

DeSimone says treatments include medication and ablations. During an ablation procedure, the experts run a

catheter from an entry point in a blood vessel at your groin up to the heart. Once there, they either freeze or burn the tissue, causing a scar around the spot where the electrical misfiring is happening. That prevents the malfunctioning electrical signal from reaching the rest of the heart tissue.

"It's sort of like caging a tiger or cutting a fire line in a forest to prevent spread," says DeSimone.

Atrial fibrillation is just one example of how delaying care might negatively impact your health long term. If you have appointments, keep them unless otherwise instructed by your health care provider. Maintaining your health is too valuable to avoid or delay care.

Vivien Williams is a video content producer for NewsMD and the host of "Health Fusion." She can be reached at vwilliams@newsmd.com.

Acceptance means not fighting a psychological battle

Minnesotans celebrate the first snow and maybe even the 20th, but not when it snows on the Fourth of July. Recently, my goldendoodle puppy, Simba, taught me an important lesson about going with the flow.

Before her first winter, I worried Simba won't find enough grass for her needs. From shoveling a small patch in the yard to getting artificial grass — I weighed many different options. But when it snowed, Simba just marched into the white landscape, ran around and loved getting wet.



DEAR FRIEND
Amit Sood

Snow in Minnesota, heat in Arizona, dust storms in the Sahara are inevitable. You can't change the weather. But your mind has the choice to accept the extremes if you live at one of these places. That's choosing wisely. Acceptance doesn't mean I love the dust storm. Accept means I won't fight a psychological battle with the storm.

Instead, I will save my energy to do what I can to stay safe and savor other aspects of life.

Acceptance helps you transcend your limitations, even personal disabilities, so you turn them into strengths, transforming your life and lifting others.

Think of a few uncontrollable aspects of your life that you are willing to accept today.

Dr. Amit Sood answers questions about stress, resilience, happiness, relationships and related topics in his column. Email dearfriend@postbulletin.com.

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PUZZLES | SEPTEMBER 27, 2021

BRIDGE | KING FEATURES

West dealer. Both sides vulnerable.

NORTH
♠ A K J
♥ Q 10
♦ A Q 8 7 6
♣ J 9 8

WEST
♠ 8 4
♥ A K J 9 4
♦ J 9
♣ A 6 4 2

EAST
♠ Q 9
♥ 2
♦ K 10 5 3 2
♣ K Q 10 7 5

SOUTH
♠ 10 7 6 5 3 2
♥ 8 7 6 5 3
♦ 4
♣ 3

The bidding:
West 2♥ North Dble East 4♣ South 4♠
Pass Pass Dble

Opening lead — ace of hearts.

This was passed around to Ekeblad, who made a well-judged double based primarily on his singleton heart and his good diamond holding behind dummy's expected diamond strength. The defenders then extracted the maximum penalty.

Sukoneck began by cashing the A-K of hearts. Ekeblad discarded a low club on the second heart to encourage his partner to continue hearts. West followed instructions, and declarer ruffed the third heart with dummy's ace. South then cashed the diamond ace, ruffed a diamond and ruffed another heart with the spade king.

Declarer attempted to ruff another diamond with the seven, but Sukoneck overruffed with the eight and led a trump to East's queen. Ekeblad then returned the diamond king, leaving declarer with another heart and a club to lose for down three -- minus 800.

The action -- if it can be called that -- was much more subdued at the other table. West opened with one heart, North overcalled with two diamonds, and everyone passed. Declarer went down three for a loss of 300 points, but since his teammates were plus 800 at the other table, the net result was a gain of 500 points, or 11 IMPs, for his team.

Tomorrow: The arithmetical approach.

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There are times when a partnership's bidding methods are ideally suited to a particular deal, enabling them to get a far better result than might otherwise be expected. A case in point is this deal from the semifinal-round clash between two U.S. squads at the 1990 world team championship.

West was Ron Sukoneck, and East Russ Ekeblad. Sukoneck's opening two-heart bid showed five or more hearts and four clubs with 11 to 15 high-card points. After North's takeout double, Ekeblad jumped to four clubs, a "limit raise" in clubs that also implied shortness in hearts.

South, seduced by his 6-5-1-1 distribution, ventured four spades.

JUMBLE | ARNOLD AND ARGIRION

JUMBLE THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

TULEF
VAEEW
HEPNYH
TECEDT

Get the free JUST JUMBLE app - Follow us on Twitter @PlayJumble

THEY SAT TOGETHER WITH A BOWL OF PORK RINDS AND ---

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

(Answers tomorrow)

Saturday's Jumbles: GOING MOSSY DUGOUT SWITCH
Answer: The golfer's erratic play on the course resulted in — MOOD SWINGS

CROSSWORD | THOMAS JOSEPH

ACROSS

- Con man's con
- Engrave
- Map area
- Leafy lunch
- Vine-covered shelter
- Sweet liqueur
- Wineglass
- In the style of
- Wicked
- Roof supporter
- Take in
- Take in
- Caught in a rodeo
- Oysters' prizes
- Saloon
- Checkers demand
- Mystique
- Nest item
- Laptop's kin
- Select group
- 'Winnie-the-Pooh' writer
- Bolshevik leader
- Notions
- Watch over
- Collections

DOWN

- Tried hard
- Taxi driver
- Coral island
- Simple
- PC key
- Road sealer
- Traction aids
- Ophelia's love
- Wise ones
- Precious
- One with instant siblings
- Gets older
- Nourished
- Frosh quarters
- Scandal sheet
- Winnie-the-Pooh's pal
- Car part
- Ammo unit
- Sports settings
- Merits
- Ship part
- Tolerate
- 'Lucky Jim' author
- Light metal
- Finale

SATURDAY'S ANSWER

P	R	E	P	H	A	B	I	T
S	E	M	I	S	A	L	O	N
A	L	I	C	E	H	A	R	T
L	O	G	E	R	A	N	E	T
M	A	R	S	H	A	V	E	R
D	E	T	E	C	T	I	O	N
A	R	E	A	S				
D	E	F	E	C	T	I	O	N
G	O	L	F	A	T	H	A	T
A	M	P	P	R	O	S	I	R
M	I	A	M	I	O	V	U	L
E	N	S	E	S				
R	O	O	M	S				
W	E	D	S					

CRYPTOQUOTE | KING FEATURES

A X Y D L B A A X R
is L O N G F E L L O W

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

9-27 CRYPTOQUOTE

N U L P O K A P P , W O Y A N K

N L G T C T U O W A , Q N P G T U A

I S O M A K O K T S I A S G T H A G

S A P L W G P . — U . F . R T S U A P

Saturday's Cryptoquote: BE A GOOD LISTENER; LISTEN EIGHTY-FIVE PERCENT OF THE TIME. DEVELOP THE ART OF LISTENING. — A.A. MONTAPERT

SUDOKU | UNIVERSAL FEATURES

5	1			3	2		4	
3			4	5				2
9	4	2		1				3
		4		7	3	6		
	7			4			2	
		8	2	9		1		
8				6		2	9	1
4				2	9			7
	2		3	8			5	6

DIFFICULTY RATING: ★☆☆☆☆

SOLUTION:

3	9	6	7	1	5	8	2	4
2	1	4	3	6	8	9	7	5
7	5	8	2	4	9	1	3	6
1	8	5	4	3	6	2	9	7
6	3	9	5	7	2	4	1	8
4	7	2	9	8	1	6	5	3
8	2	3	1	5	4	7	6	9
5	4	1	6	9	7	3	8	2
9	6	7	8	2	3	5	4	1

Complete the grid so every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

SATURDAY'S ANSWER

PUZZLES | SEPTEMBER 28, 2021

BRIDGE | KING FEATURES

East dealer. Both sides vulnerable. NORTH AK8 QJ3 942 AKJ75 WEST 109752 4 76 Q9642 SOUTH 63 AK1097 J85 K108 The bidding: East 1 South 1 West Pass North 4 Opening lead — seven of diamonds.

hold that card. After taking East's trump return, declarer draws three more rounds of trump, learning in the process that East began with four trumps and West with one. At this stage, South might decide to finesse against East for the club queen on the basis that East opened the bidding. As can be seen, this would bring the play to an unhappy conclusion -- at least from South's viewpoint.

However, he should recognize that there is a chance to learn more about the unseen hands before the club suit is broached. Since East is already known to have started with five diamonds and four hearts, declarer's next step should be to learn how many spades East was dealt.

Accordingly, he cashes the A-K of spades and ruffs a spade with his last trump at trick 10. In the process, South discovers that East started with at least three spades, leaving him room for no more than one club.

The rest is easy. Declarer cashes the club king to guard against East's holding the singleton queen, then leads a club to the jack. All guesswork is eliminated simply by counting to 13.

Tomorrow: The Rule of Eleven. (c)2021 King Features Syndicate Inc.

CRYPTOQUOTE | KING FEATURES

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

9-28 CRYPTOQUOTE

GRF XSRKKZ LX BKG GRF FBP

MCG KBZQ GRF MFNLBBLBN

KT EB FPCSEGLKB. — SEZDLB

SKKZLPNF

Yesterday's Cryptoquote: A BUSINESS, LIKE AN AUTOMOBILE, HAS TO BE DRIVEN IN ORDER TO GET RESULTS. — B.C. FORBES

PUZZLES | SEPTEMBER 29, 2021

BRIDGE | KING FEATURES

East dealer. East-West vulnerable. NORTH QJ103 K65 KJ5 1084 WEST 74 Q10872 A74 J32 SOUTH AK8 943 Q1092 AK6 The bidding: East 1 South 1 NT West Pass North 3 NT Opening lead — seven of hearts.

your hand, South must have exactly one.) South's heart higher than the seven cannot be the queen. If declarer had that card, West would have led the ten, not the seven. Declarer therefore has the ten, nine or eight, so your partner has the queen.

It doesn't follow, however, that you should play the jack merely because you know it will win the trick. This would be a shortsighted view. Instead, you weigh the advantage of winning with the jack against the advantage of winning with the ace and returning the jack in order to establish partner's suit.

On balance, the odds strongly favor playing the ace followed by the jack. In the actual deal, this method of defense succeeds when West overtakes the jack with the queen and forces out the king. Eventually, South goes down one.

But note that if you play the jack at trick one -- paying blind obedience to the Rule of Eleven -- declarer easily makes the contract after driving out the ace of diamonds. You win the initial battle, but you lose the war.

Tomorrow: Sylvia con-founds the experts. (c)2021 King Features Syndicate Inc.

CRYPTOQUOTE | KING FEATURES

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

9-29 CRYPTOQUOTE

TS TLNJQE'D TQPR ULPDHDNQA

LB NCL UJLHUQD: NXWQ HN

LE GQXYQ HN. — MRAAS

JXUWQNN

Yesterday's Cryptoquote: THE SCHOOL IS NOT THE END BUT ONLY THE BEGINNING OF AN EDUCATION. — CALVIN COOLIDGE

JUMBLE | ARNOLD AND ARGIRION

JUMBLE

THAT SCRAMBLED WORD GAME By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

MNHAU BHUYB CPOCYU GATUCH



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Yesterdays' Jumbles: FLUTE WEAVE HYPHEN DETECT Answer: They sat together with a bowl of pork rinds and — CHEWED THE FAT

SUDOKU | UNIVERSAL FEATURES

9/28 SUDOKU grid with numbers 4, 9, 2, 7, 9, 4, 6, 1, 5, 3, 4, 9, 2, 3, 6, 5, 1, 8, 6, 9, 2, 5, 1, 6, 2, 4, 5, 8, 3, 6, 8, 2, 9, 5, 1, 7, 4, 8, 5, 3, 7, 6, 4, 2, 9, 1, 4, 6, 1, 5, 2, 9, 8, 3, 7, 2, 9, 3, 8, 1, 4, 5, 6

DIFFICULTY RATING: ★★☆☆☆

Complete the grid so every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

YESTERDAY'S ANSWER

CROSSWORD | THOMAS JOSEPH

ACROSS

- 1 Food in shells 6 Divides 11 Outfit 12 Boise's state 13 Pondering 15 Light touch 16 Brief drop 17 Retina setting 18 Spells 20 Fall flower 23 Spanish boys 27 'Star Wars' princess 28 Enthusiasm 29 Bring to bear 31 Trifling 32 Brass band members 34 Droop 37 Place down 38 Seventh Greek letter 41 Stopping, as a speeder 44 Enjoyed avidly 45 Vigilant 46 Salad servers 47 Bit of change

DOWN

- 1 Helper 2 Blue hue 3 Group of believers 4 Squeak stopper 5 Web spinner 6 Messy room 7 Hoopla 8 Dance party

YESTERDAY'S ANSWER

Crossword grid with words: SCAM, ETCHE, STATE, SALAD, ARBOR, CREME, GOBLET, ALA, EVIL, RAFTER, SEE, DIGEST, ROPED, PEARLS, BAR, KINGME, AURA, EGG, TABLET, ELITE, MILNE, LENIN, IDEAS, TEND, SETS

- 9 Those people 10 Ticked off 14 Veto 18 Body pump 19 Tag numbers 20 Tavern drink 21 Kinsey topic 22 Even score 24 Volleyball need 25 Cereal bit 26 Cunning 30 Dutch blooms 31 Salary disparity 33 Prohibit 34 Petty fight 35 Car 36 Secluded valley 38 Divisible by two 39 Ocean bird 40 Pretentious 42 Big galoot 43 Bullring cheer

9-28 CROSSWORD grid

JUMBLE | ARNOLD AND ARGIRION

JUMBLE

THAT SCRAMBLED WORD GAME By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

IGDRI CGEOK TНИЕЕC VAYCIT



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Yesterdays' Jumbles: HUMAN HUBBY OCCUPLY CAUGHT Answer: The 'Brandenburg Concerto No. 5' and 'Suite No. 2 in B minor' would be played — 'BACH' TO 'BACH'

SUDOKU | UNIVERSAL FEATURES

9/29 SUDOKU grid with numbers 5, 7, 3, 2, 8, 8, 4, 1, 3, 9, 1, 9, 1, 2, 5, 9, 4, 8, 6, 1, 6, 7, 4, 2, 9, 8, 2, 7, 5

DIFFICULTY RATING: ★★☆☆☆

Complete the grid so every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

YESTERDAY'S ANSWER

CROSSWORD | THOMAS JOSEPH

ACROSS

- 1 Store door sign 7 Cracked 11 Take out 12 Folded food 13 Emulate Lothario 14 Twice tetra- 15 Got smaller 17 Bar bills 20 Lofty 23 Ailing 24 Danger signal 26 Menu phrase 27 Flamenco cheer 28 Some amount of 29 Brings to mind 31 Beanie or beret 32 Tibia's end 33 Revue segment 34 Ignatius of Loyola follower 37 Surgery memento 39 Deep studies 43 Formal agreement 44 Bullfight star 45 Sacred chests 46 Eventually

DOWN

- 1 LP successors 2 Writer Harper 3 Unoriginal 4 Grinch's creator 5 Make printing plates

YESTERDAY'S ANSWER

Crossword grid with words: TACOS, PARTS, EQUIP, IDAHO, MULLINGOVER, PAT, DIP, EYE, HEXES, ASTER, NINOS, LEIA, ZEAL, EXERT, PETTY, TUBAS, SAG, LAY, ETA, PULLINGOVER, ATEUP, ALERT, TONGS, PENNY

- 6 Glade grazer 7 Very much 8 'Jumanji' co-star 9 Drama division 10 Aussie hopper 16 Llama's land 17 Pageant topper 18 Patriot Ethan 19 Casino game 21 Veranda 22 Sphinx setting 24 Parts 25 Building wing 30 Tips off 33 Mall business 35 Plotting 36 Magnetic metal 37 Sauna site 38 Train unit 40 Flower plot 41 Epoch's kin 42 Tofu base

9-29 CROSSWORD grid

PUZZLES | SEPTEMBER 30, 2021

BRIDGE | KING FEATURES

South dealer. Both sides vulnerable. NORTH: A6, AQ, AK92, QJ1097. WEST: K43, J9, 876, AK654. EAST: 10876543, QJ10, 832. SOUTH: QJ1098752, K2, 543. The bidding: South West North East. Opening lead — king of clubs.

West overcalled with two clubs, which was greeted with a blood-curdling double by North. Sylvia blithely jumped to four spades, and North couldn't really be blamed for bidding six, even with Sylvia as a partner.

Now anyone can plainly see that Sylvia was sure to go down, since she had to lose a spade and a diamond. But the wonderful thing about Sylvia was that she never realized when she was licked.

She trumped the first club, led a spade to dummy's six and ruffed another club. A heart to the queen and a club ruff were followed by a heart to the ace and another club ruff.

Then, after crossing to the king of diamonds, Sylvia trumped dummy's last club before cashing the ace of diamonds and exiting with a diamond to East's queen.

This left everyone with two cards. Sylvia had the Q-J of spades, West the K-4 of spades, dummy the ace of spades and nine of diamonds, and East two hearts. On East's heart return, Sylvia ruffed with the jack, and West's apparently invincible trump trick disappeared!

Tomorrow: Bidding quiz. (c)2021 King Features Syndicate Inc.

JUMBLE | ARNOLD AND ARGIRION

JUMBLE THAT SCRAMBLED WORD GAME By David L. Hoyt and Jeff Knurek. Unscramble these Jumbles, one letter to each square, to form four ordinary words. ZAREC, MEHET, NREYDT, LAVSUI. Includes cartoon: 'TURNING THEIR PROPERTY AROUND THE CREEK INTO A CAMPGROUND CREATED A ---'

SUDOKU | UNIVERSAL FEATURES

Sudoku grid with numbers 5, 8, 3, 8, 2, 1, 6, 4, 9, 5, 1, 5, 8, 6, 7, 3, 9, 1, 3, 7, 9, 1, 3, 2, 8, 6, 4, 9, 8, 9, 2, 7, 6, 4, 5, 1, 3, 4, 3, 6, 5, 9, 1, 8, 2, 7, 7, 2, 5, 8, 4, 6, 3, 9, 1, 3, 6, 1, 2, 5, 9, 4, 7, 8, 9, 8, 4, 1, 7, 3, 2, 5, 6, 2, 5, 8, 6, 1, 7, 9, 3, 4, 6, 7, 9, 4, 3, 5, 1, 8, 2, 1, 4, 3, 9, 8, 2, 7, 6, 5.

Complete the grid so every row, column and 3x3 box contains every digit from 1 to 9 inclusively. DIFFICULTY RATING: ★★★★★

YESTERDAY'S ANSWER: 1 4 3 9 8 2 7 6 5

CROSSWORD | THOMAS JOSEPH

ACROSS: 1 Flank, 5 Scarecrow fill, 10 School events, 12 Head out, 13 Incurred, as debt, 14 Had a curving path, 15 Skater Midori, 16 Migrating rodent, 18 Desert rodent, 20 Be litigious, 21 'My Way' writer, 23 Talking bear of films, 24 Mint product, 26 Game fish, 28 Jazz instrument, 29 Lip, 31 — loss, 32 Burrowing rodent, 36 Pet rodent, 39 Pub pint, 40 Similar, 41 Aisle walker, 43 1998 De Niro movie, 44 Quite full, 45 Deal maker, 46 Lean and sinewy. YESTERDAY'S ANSWER: 4 Aussie bird, 5 Close with a bang, 6 Semester, 7 Intolerant group, 8 Broad streets, 9 In a tight spot, perhaps, 11 Healing aids, 17 Moose's kin, 19 Outlaw, 22 Soaks up, 24 Buyer's guide, 25 Look over, 27 Pharaoh's symbol, 28 African expanse, 30 Candle count, 33 Port-au-Prince's nation, 34 Church leader, 35 Frail, 37 Tattoo site, 38 Circus setting, 42 Unrefined.

DOWN: 1 Parsley unit, 2 Seething, 3 Generous person

Crossword grid with numbers 1-46.

9-30

CRYPTOQUOTE | KING FEATURES

AXYDLBAAXR is LONGFELLOW. One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

9-30 CRYPTOQUOTE

P XKWZC HEDLTH QT DLT VEI

XLK QKWRLD DLT QHKKFZOI

QHPCRT DLEI DLT VEI XLK

GKZC PD. — XPZZ HKRTHG

Yesterday's Cryptoquote: MY MOTHER'S MENU CONSISTED OF TWO CHOICES: TAKE IT OR LEAVE IT. — BUDDY HACKETT

PUZZLES | OCTOBER 1, 2021

BRIDGE | KING FEATURES

You are South, with neither side vulnerable, and the bidding has gone: South West North East. 1 ♠ Pass 2 ♣ 3 ♥. What would you bid now with each of the following five hands?

ner's spade raise, the location of your honor cards and the inferences you can legitimately draw, your hand is worth about 20 points.

4. Double. You have four probable defensive tricks, and partner is likely to have one or two more, so the best solution is to let East play the hand, doubled. The alternatives are to pass or to bid three spades, but neither of these actions is quite as attractive as the double.

5. Four clubs. This is an unequivocal slam try, because you would simply bid four spades if your only goal was to get game.

You hope partner's response will be four diamonds, showing not only the ace but also a willingness to cooperate in getting to slam. You could then, either immediately or eventually, bid six spades. Partner doesn't need much of a hand for the slam to come home.

Tomorrow: High-class technique. (c)2021 King Features Syndicate Inc.

JUMBLE | ARNOLD AND ARGIRION

JUMBLE THAT SCRAMBLED WORD GAME By David L. Hoyt and Jeff Knurek. Unscramble these Jumbles, one letter to each square, to form four ordinary words. BFAEL, SYHUK, LISIEM, YRNCOA. Includes cartoon: 'FOR THE WEALTHY ARISTOCRATS, VACATIONING AT THEIR BEACHFRONT ESTATE WAS A ---'

SUDOKU | UNIVERSAL FEATURES

Sudoku grid with numbers 1, 3, 6, 6, 1, 9, 2, 3, 8, 2, 5, 8, 6, 9, 4, 4, 5, 5, 8, 7, 6, 9, 9, 7, 3, 8, 5, 8, 5, 6, 6, 7, 3, 8, 5, 1, 6, 5, 1, 6, 7, 3, 5, 4, 4, 3, 7, 9, 5, 2, 8, 6, 1, 1, 5, 3, 7, 4, 8, 6, 2, 9, 2, 4, 6, 5, 1, 9, 7, 3, 8, 9, 7, 8, 3, 2, 6, 1, 4, 5, 7, 6, 4, 2, 9, 1, 5, 8, 3, 3, 8, 9, 6, 7, 5, 4, 1, 2, 5, 2, 1, 8, 3, 4, 9, 7, 6.

Complete the grid so every row, column and 3x3 box contains every digit from 1 to 9 inclusively. DIFFICULTY RATING: ★★★★★

YESTERDAY'S ANSWER: 5 2 1 8 3 4 9 7 6

CROSSWORD | THOMAS JOSEPH

ACROSS: 1 Spice from nutmeg, 5 Forks over, 9 Golf bag group, 11 Brighten, 13 Have faith in, 14 Chair worker, 15 Pinnacle, 16 Ketchikan native, 18 Distended, 20 Print units, 21 Golfer Sam, 22 For fear that, 23 Machinery part, 24 Big bird of myth, 25 Cronies, 27 Natatorium features, 29 Ring great, 30 "Patton" and "Pollock," for two, 32 Punch and Judy, e.g., 34 Letter after upsilon, 35 Sufficient, 36 Used a keyboard, 38 Contemptuous look, 39 Note from the boss, 40 Some nest eggs, 41 Son of Zeus. YESTERDAY'S ANSWER: 4 Print units, 5 Praline nut, 6 Weary sigh, 7 19th-century sailing ship, 8 Prepares broccoli, 10 Prison camp, 12 Painter Max, 17 Was ahead, 19 Some July babies, 22 Aerobatics feat, 24 Perches, 25 Half of a '60s rock group, 26 Homecoming group, 27 Chasm, 28 Plot, 30 Saloon orders, 31 Borders, 33 Entreaty, 37 Backer's vote.

DOWN: 1 Catchers' needs, 2 Quiver contents, 3 Thrifty shopper, maybe

Crossword grid with numbers 1-41.

10-1

CRYPTOQUOTE | KING FEATURES

AXYDLBAAXR is LONGFELLOW. One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

10-1 CRYPTOQUOTE

O C ' J G P J D C N F P T G

V S O Y E O V U G J I F G Y D N K ' S G

S O E F . C F G O Z V N S C P Y C C F O Y X

O J C N F P T G V S O Y E O V U G J I F G Y

D N K ' S G V N N S . — S P D P . R S N E

Yesterday's Cryptoquote: I WOULD RATHER BE THE MAN WHO BOUGHT THE BROOKLYN BRIDGE THAN THE MAN WHO SOLD IT. — WILL ROGERS

Fall is hunting (for a bargain) season

This is the time of the year when men find collectibles at auctions and a few craft vendor fairs, and women find furniture, home décor and Christmas gifts and ideas. Together, they all find food goodies.

A real shopping adventure is in those fall festivals, flea markets, auctions, barn and estate sales, craft fairs, junk markets and some of the forgotten antique shops.

Should you buy on impulse? Each shopper has their own style, and while it really doesn't matter how you carry out your own treasure hunt, I know you will find something you must have. Just remember to follow your instincts and yet keep an open mind.

When you're collecting vintage, recycled and repurposed things, there is so much stuff still on the market that you can limit yourself to one color or style. When it comes to truly unique items, remember that they can be sold out in a matter of an hour.



ANTIQUES & COLLECTIBLES
Sandy Erdman

A FEW SALES

Lori Rasmussen Peterson, Country View Crafts, 44051 Tower Ridge Road, Peterson — Fall Market on the Farm. Oct. 1, noon to 7 p.m., Oct. 2, 2-3 p.m.

"We find a lot of our things to repurpose at garage sales, thrift stores, auctions or just by people knowing what we do and they ask us if we want something that they are going to get rid of," she said. "We also buy some things at craft stores and add them to our projects."

"Enjoy the beauty of the farm during harvest season while supporting participating vendors who will bring all their best crafts, farmers market items, antiques and baked goods. Also enjoy the live music and food vendors



Contributed photo

SeptOberfest at 5th and Grant Boutique in Wabasha.

on site this year at our store and the market on the farm."

Some sales are seasonal such as the SeptOberfest in Wabasha-Kellogg, Sept. 8-Oct. 28 (www.wabashamn.org/septoberfest) where a group of people get together to sell treasures for the home and garden from antiques to unique things along with antique reproductions, nice

pine and oak furniture to fall and Christmas yard art.

Marla's 176 Pembroke Ave, will be open from 11 a.m. to 2 p.m. Fridays and 10 a.m. to 2 p.m. Saturdays. "We offer a fun, affordable array of used-a-bit, refurbished gems and a delightful assortment for everyone," said Marsha Hall.

"We are changing colors just like the season. As the

temperatures drop, the leaves start to change color, we start to move indoors," said Shayna Dais of The Rusty Bucket, East Third Street in downtown Winona. "We'll have lots of fall décor and colors to choose from at our next sale — 9 a.m. to 4 p.m. Oct. 1 and noon to 4 p.m. Oct. 2."

GOING, GOING GONE AT AUCTION

Fall can be a good time for auctions, estate sales and outdoor craft fairs.

Auctions are fun events where people can buy antiques that remind them of their childhood. Demographics have changed and buyers now tend to be younger and they are buying things that remind them of the 1950s, '60s and '70s.

Farm-style kitchen items, automobile and gas station signs, automobiles and bikes are all bringing good prices.

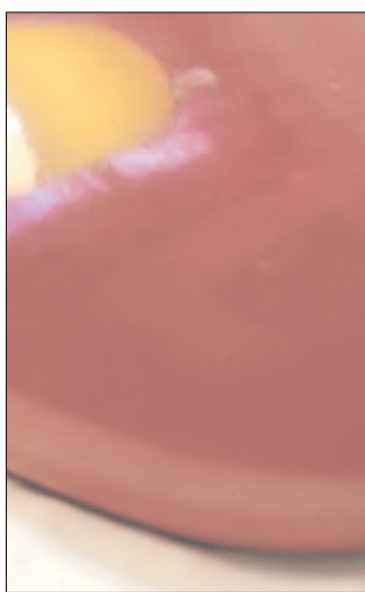
Sandy Erdman is a Winona-based freelance writer and certified appraiser concentrating on vintage, antique and collectible items. Send comments and story suggestions to Sandy at life@postbulletin.com.

MYSTERY PHOTO

Here's a new mystery for this week. Think you know what it is? Send an email to life@postbulletin.com with the words "Mystery Photo" in the subject. Watch this feature next week for the answer and the name of the first person to guess correctly. Contributed



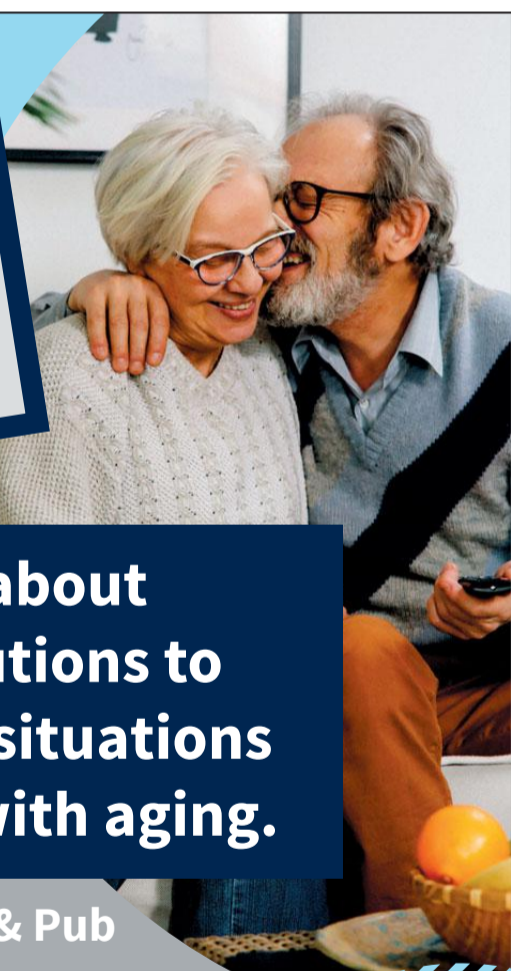
Contributed photo



Some mysteries are downright impenetrable. Take, for instance, last week's Mystery Photo. It shows the corner edge of a 1948 Coca-Cola button sign, a metal decoration you once would have found on the sides of buildings. But due to the need for metal during World War II, many signs were put on hold and some were scrapped for the war effort. This led to their current scarcity and popularity among collectors. After the war, the signs were made of less expensive materials, aluminum or plastic. This sign would sell for about \$400. Reproductions are also rarely marked and condition can give you clues to the age, so if a sign you're considering buying seems too good to be true, well, trust your instinct — you are probably correct. More information in "Picker's Pocket Guide, Signs," by Eric Bradley.

Contributed photo

FREE Educational Seminar for Seniors and Family Members



Come learn about creative solutions to challenging situations associated with aging.

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FOOD WILL BE PROVIDED!

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Whitney Prude, PharmD, BCPS, NBC-HWC

- Resources for managing change and improving your health.
- Medication Review

Andrea Buck

- Certified Aging in Place Specialist
- Modify your home so you can stay homelonger.

Doug Schommer

- Visiting Angels
- Receive individualized help wherever you live.

Kimberly Groteboer, BSN, RN, SRES

- SENIOR Real Estate Specialist
- Life Transitions Consultant
- Resources for decluttering/downsizing



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Sidney Frye makes frugal look fabulous

A mashup of modern dad and chic-for-cheap can best characterize the eclectic and thrifty style of Rochester's Sidney Frye. The father of five looks to signature socks and frugal finds to round out his wardrobe.

Sidney currently serves as the program manager for Olmsted County's Diversity & Equity Community Outreach (DECO) team and has lived in Rochester for nearly 30 years. Additionally, he is an adjunct professor at North Central University, and as the founder/principal consultant of Mind Shifts Consulting LLC, Sidney provides DEI consulting for organizations. He also is an ordained minister.



YOUR STYLE
Jeanette Caban

How do you define your style?

A combination of classy sophistication with youthful flair. I like to stay trend-ish, but make my look uniquely my own. I'm super frugal, so most of my closet collection is consignment and thrift store gems, alongside clearance rack specials.

How does your day job impact your daily outfit selection? How does that compare to weekend wear?

At work, expectations for attire typically fall within the "business casual" range. If I have to give a presentation or attend an important meeting, I tend to step my game up a bit and come "suited and booted." On the weekends when I'm hanging out with my wife and kids, we like to be active, so I'm usually in athletic wear — sweats, graphic tee, and low-top Nikes.

How has your style evolved over the years?

I don't know that it's really changed drastically over time. I've been rocking my Sunday best bow ties since I was 3 years old, now I just might wear them any day of the week.

What makes your style unique?

I think what makes my look different is that it's so eclectic. I'm not a fan of rocking a pre-packaged outfit combo, I'd much rather find an old-school tie at the thrift store that you're not going to find anywhere else, and pair it with a new-school shirt I picked up at the mall. I'm also not afraid of color!

Best compliment you've ever received?

The best compliments are when I'm sporting a full-on secondhand look and people ask me where I got that outfit from. I have to be like, bro you can't buy this anywhere. Sometimes I don't even want to tell them how much it cost or where I got it from. Let them think I broke the bank when I know better.

What could we use more of to amplify Rochester's style scene?

I think we need more local entrepreneurs, particularly black-owned businesses, to help diversify. Shout out to Everyday 365 Clothing and LVLS House of Hoodies.

What do you consider a splurge-worthy item?

When it comes to splurging, I'm a textbook curmudgeon. But if you forced me, I'd probably have to say a new suit. A suit must have just the right fit, so sometimes that means buying one brand new.

Go-to pair of kicks?

Secondhand low-top Nikes for casual wear. I'm getting more into shoe restoration lately.

Best clothing purchase you've ever made?

I'm going to go with my elaborate pancake-themed dress socks. A stack of flapjacks with a dollop of butter, and a cascading pool of syrup. My kids and I make "big breakfast" every weekend, so I had to find the right piece to dress the part.

Most sentimental item you own?

A men's leather bracelet my wife got me for Father's Day with personalized name engravings of all of my kids.

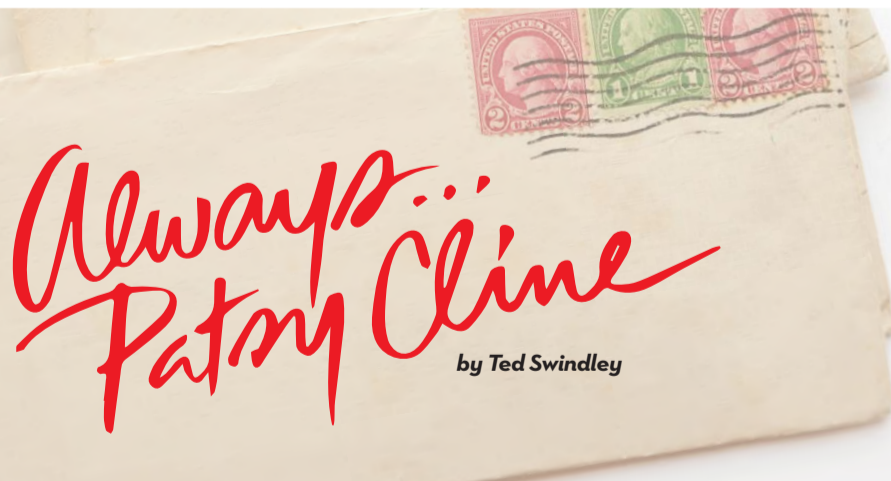
Do you know someone who has unique style? Send nominations to life@postbulletin.com with "Your Style" in the subject line.



Photos by Traci Westcott / Post Bulletin
Sidney Frye.

Style motto

An original is always more valuable than a replica. It's one thing to be inspired by a trend, it's another thing entirely to set your own. Let your fashion sense reflect the uniquely creative individual God created you to be!



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WOMEN AT WORK
Kristen Asleson

Celebrating National Recovery Month

September is known as National Recovery Month to a large sector.

Not everyone knows or acknowledges it as such because, for most, talking about addiction and the journey of recovery is uncomfortable.

It is easy to turn a blind eye and ear to something that does not hit close to home. For others, it has hit not only their home, but their work as well.

Because I know how sharing stories impacts others or can make a difference to someone who is struggling, it is not uncommon for me to share that I am a mother of an addict in recovery. Those words did not always flow so freely from my mouth because of the stigma and negativity surrounding drug use and the journey to recovery, but times change.

The Substance Abuse and Mental Health Services Administration states, "Recovery is for Everyone: Every Person, Every Family, and Every Community." This I believe 100%, if not more, and let me tell you why.

At the age of 16, one of my daughters discovered getting high. What started as something insignificant, snowballed into much more. During this time, she was also working part-time after school. I can't help but beam with pride when I look back and recall hearing her employer tell me that "she was the most responsible addict ever."

It is crazy to think those words make me smile, but let's give credit where credit is due. When there were days she knew she was going to not be at work, she always found a replacement for her shift. Leaving her supervisor and coworkers short one person on a shift was never going to happen. So, although she knew what she was doing to herself, she was still trying to protect others.

Getting sober was not an easy feat. In fact, it took two short stints in a treatment facility which were both followed by relapses to make her realize she needed more help. After the second relapse, and months of feeling hopeless and helpless as parents, she hit rock bottom. Throughout those months, we never abandoned her. Yet, we did not enable either. If she was hungry, I brought her food. If she was cold on a bench, I brought her blankets. If she needed clean clothes, I brought her clothes. It may sound cold, but we took care of her while taking care of ourselves and our other children.

The final stint in the treatment facility took a long eight months. Every Sunday I drove several hours to spend an hour with her. And then I turned around and drove home. Those drives were filled with many tears and a lot of talking to myself. The day she graduated and began that path to recovery was one of the most pride-filled days that I have ever experienced.

Did she make decisions to use? Yes, she did. But, she also made the decision to quit.

The last decade has been a journey full of ups and downs and one with multiple career changes. This week, she began a job that brought her back to doing what she loves to do – working in the mental health field. It is exciting to see the passion in her eyes and hear her ideas about her new job.

It does not matter how one gets sober or where you turn for help – whether it is God, court-ordered help or a 12-step program. What matters is you did it, or a loved one did it. And for that, you should be proud.

Kristen Asleson is owner of Midwest Virtual Assistants. Send comments and ideas to news@postbulletin.com.



Photos by Joe Ahlquist / Post Bulletin

Vanicream skin cream is packaged at Pharmaceutical Specialties Inc., maker of Vanicream, on Tuesday in Rochester.

Still growing

Vanicream an overnight success for more than 40 years

BY JEFF KIGER
Post Bulletin

Vanicream, a skin cream developed and made in Rochester, is not colorful or sexy, but its sales and production are climbing every year as consumers flock to chemical-free products.

Pharmaceutical Specialties Inc., founded by Rochester pharmacists Conrad Thompson and Edward Mansfield in 1974, introduced Vanicream in 1980. The thick, white skin cream without any fragrances or chemicals is still the company's top seller more than 40 years later.

However, the type of customers buying Vanicream in blue and white tubs in Target, Walgreens or on Amazon might be changing.



Murn

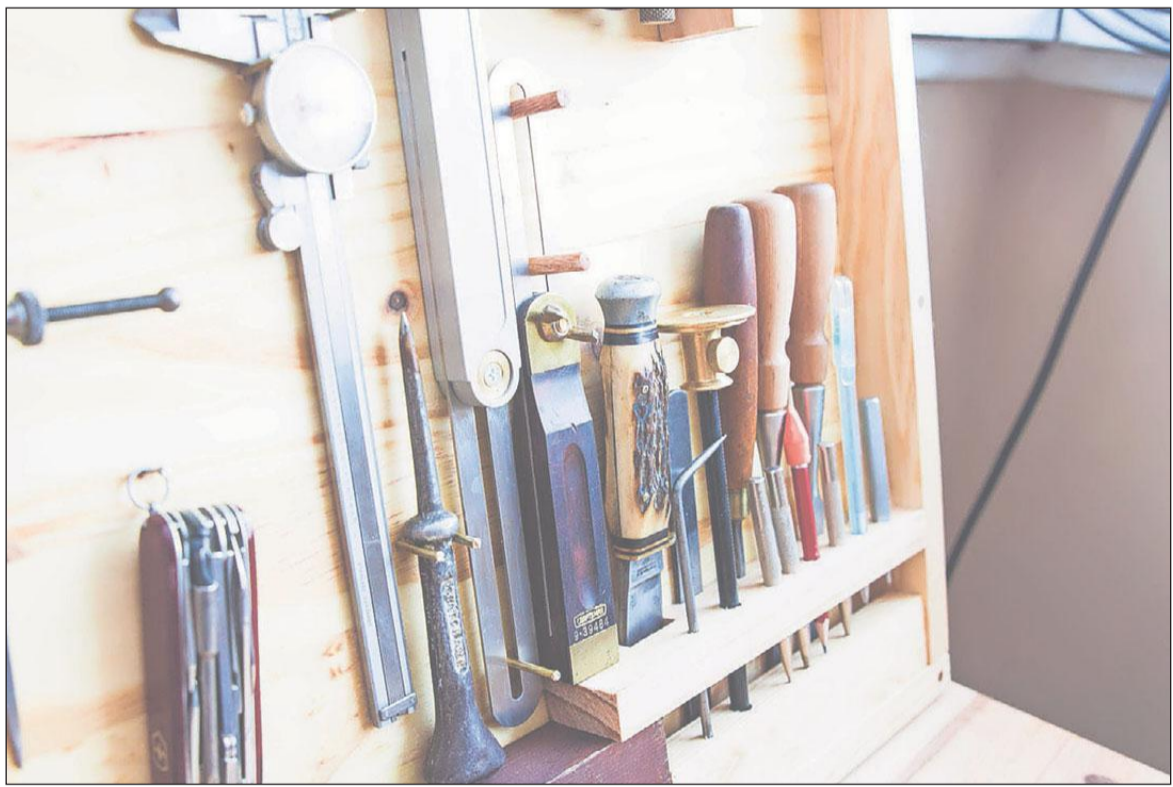
enough for me," said Allison Murn, a senior lecturer at the University

"Free" products have absolutely become mainstream. Consumers are thinking 'If it's good enough for someone who has severe allergies or super sensitive skin, that'd be good



Sample boxes at Pharmaceutical Specialties Inc., maker of Vanicream, that will be shipped to dermatologists, pediatricians and allergists Tuesday in Rochester.

See **VANICREAM**, Page D2



Sean Archer is opening a new shop on Oct. 7 under his Knotty Woodpecker brand in the lower level of the Riverview Building at 307 E. Center St. The concept at the heart of his project is to bring locally made gifts and goods to Med City shoppers. Archer will have wooden products ranging from soap dishes to earrings to dough scrapers to furniture.

Contributed photos

Locally-made items at heart of Knotty Woodpecker shop

Sean Archer is bringing his hand-made wooden home goods, furniture and jewelry, as well as a variety of products from other local makers, to downtown Rochester.

Archer is opening a new shop on Oct. 7 under his **Knotty Woodpecker** brand in the lower level of the **Riverview Building** at 307 E. Center St.

That's the building adjacent to the Center Street bridge that is best known as the former headquarters of the **Rochester Honkers Baseball** team.

The concept at the heart of his project is to bring locally made gifts and goods to Med City shoppers. Archer will have wooden products ranging from soap dishes to earrings to dough scrapers to furniture.

All of his work is done by hand, so Archer can feel what "the wood is doing" as he works with his vintage



HEARD ON THE STREET
Jeff Kiger

hand tools. Customers will be able watch him at work, as his studio is part of the shop.

"I always want people to come see it for themselves. I want them to touch things, because the wood feels different," he said.

While the name is Knotty Woodpecker, the shelves will hold more than wood products.

On opening day, the shop will feature items by area makers like Rochester's **Jeb Taylor Knives**, **Keep Moving Clay** and **CHOOCHOO-ca-Chew** as well as Winona-based **Wenonah Body Lab** soaps



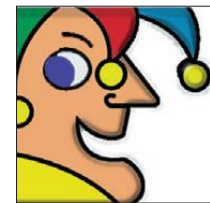
Sean Archer is opening a new shop on Oct. 7 under his **Knotty Woodpecker** brand in the lower level of the **Riverview Building** at 307 E. Center St. The concept at the heart of his project is to bring locally made gifts and goods to Med City shoppers. Archer will have wooden products ranging from soap dishes to earrings to dough scrapers to furniture.

and skincare products.

Archer expects to have the store open Thursday through Saturday.

Jeff Kiger tracks business action

in Rochester and southeastern Minnesota every day in "Heard on the Street." Send tips to jkiger@postbulletin.com or via Twitter to @whereskiger. You can call him at 507-285-7798.



The Motley Fool

Ask the Fool

IRAS AND LOSSES

Q I have a Roth IRA. If I sell a stock in it at a loss, may I deduct the loss on my tax return? — G.H., St. Joseph, Mich.

A Nope. In a regular taxable brokerage account, if your losses exceed your gains, you can offset up to \$3,000 of income, carrying any excess forward to future years. But IRAs work differently, and do not permit deducting losses.

IRAs offer other benefits, though. Traditional IRAs give you an upfront tax break, letting you shrink your taxable income by the amount of your contribution. Roth IRAs, if you follow the rules, let you withdraw money in retirement tax-free. That can be a big deal if you've grown the account to be worth many thousands of dollars. Learn more about IRAs and retirement topics at Fool.com.

Q What are NFTs? — R.T., Lake City, Fla.

A Non-fungible tokens (NFTs) are complicated, but in a nutshell, each NFT is a unique digital asset, representing ownership of a specific asset. It's recorded via blockchain technology, like cryptocurrencies, but whereas one Bitcoin is interchangeable with another (just as one dollar is interchangeable with any other), there is only one of each NFT.

NFTs exist for a wide range of digital material, such as art and music (including GIFs and video clips), along with other collectibles. They've grown in prominence as more people have begun selling — and buying — NFTs. Twitter co-founder Jack Dorsey, for example, sold his first tweet, autographed, as an NFT for more than \$2.9 million. The fact that the tweet merely says "just setting up my twttr" demonstrates that NFTs can seem very — well, speculative. They're probably best avoided by average investors.

Fool's school

Guides to Successful Investing

University of Pennsylvania professor Jeremy Siegel's book "Stocks for the Long Run" (McGraw-Hill, \$42), first published in 1994, has become a classic. Its success is largely due to the depth of Siegel's research, which draws from data on investment returns going back to 1802. Here are six "guides to successful investing" that he offers:

1. "Keep your expectations in line with history." Siegel notes that over long periods, the stock market has averaged annual growth of around 9%. So don't expect to average, say, 15% or 20%.
2. "Stock returns are much more stable in the long run than in the short run." The longer your investing time frame, the more of your money should be in stocks rather than bonds.
3. "Invest the largest percentage of your stock portfolio in low-cost stock index funds." The Motley Fool has also long recommended low-cost index funds, such as those that track the S&P 500 or

the entire U.S. or world stock market: That's the easiest way to earn roughly the market's return.

4. Invest a meaningful portion of your portfolio in international stocks. Siegel suggests parking a third of your assets in the stock of companies not based in the U.S. You might achieve this in part by buying U.S. stocks that generate much of their revenue abroad. Low-cost index funds that track the world's stock markets can also be effective.

5. Favor value stocks — those with lower price-to-earnings (P/E) ratios and higher dividend yields — as they have "superior returns and lower risk than growth stocks." Go ahead and buy some exciting growth stocks if you must, but Siegel prefers stocks that seem undervalued, offering a margin of safety. Great investors such as Warren Buffett would agree.

6. Prepare to be steady in your investing, and not give in to emotion. There's much wealth to be amassed in stocks, but you'll need to stay rational, ride out volatility and avoid buying indiscriminately due to greed or selling abruptly due to fear.

My dumbest investment

Facebook Facepalm

I bought Facebook at its initial public offering (IPO). It lost a little bit after that, so I sold my shares. It was a classic short-term reaction, with me being blind to my long-term objective — building wealth. I can't even look at Facebook's stock price now — it just makes me want to cry. — D., online

The Fool responds: It looks like you learned all the right lessons. Short-term investors often miss out on phenomenal gains that occur over many years or decades.

Facebook's debut on the public market in 2012 didn't go as smoothly as hoped. The stock, initially priced at \$38 per share, started trading

at \$42.05, reflecting great interest and demand. (It was the third-largest U.S. IPO ever, at the time, with the company valued around \$104 billion.) Three months later, though, the shares had dropped 50%, in part due to questions about the company's lofty valuation and to allegations that financial information had not been properly disclosed.

Many stocks soar at their IPOs only to retreat in the following months. It's generally smart to avoid IPOs, giving the shares time to settle down. And once you invest in a company in which you have great faith, hang on — for a long time and through ups and downs. Facebook shares were recently up more than 800% from where they began trading.

The Motley Fool take

A Cereal Serial Dividend Payer

Kellogg Co. (NYSE: K) is a name you probably associate with cereal, but its cereal brands account for only about a third of its revenue today because Kellogg has been diversifying, focusing on more growth-oriented areas.

Frozen foods, including meatless alternatives, now make up around 13% of revenue. And snacks, including brands like Pringles and Cheez-It, account for just over half of the revenue pie. Meanwhile, Kellogg has adapted to the changing market, jettisoning older brands with slower growth rates, such as Keebler.

Despite its big overhaul, Kellogg has continued to reward investors with regular dividend increases. It has paid quarterly dividends

without interruption for nearly 100 years, and has boosted its payout annually for most of the last 17 years. The dividend recently yielded a hefty 3.7%.

To be fair, Kellogg's overhaul is relatively recent, and the food industry has been through an unusual period, first with the coronavirus and now with rising inflation. So Kellogg really hasn't had a chance to demonstrate how its new approach works in a more typical environment. But it does seem to be going in the right direction.

However, investors have been in a "show me" mood, and Kellogg's stock was recently around 24% below its 2016 highs. If you're looking for a company with a proven record of prioritizing its dividend, Kellogg is worth a closer lo

Foolish trivia

Name That Company

I trace my roots back to 1962, when a veteran from Oklahoma with variety store experience opened his own store. I went public in 1970. By 1990, I was America's biggest retailer. As of 2000, I employed more than a million people and sported nearly 4,000 stores and clubs worldwide. More recently, I had over 10,500 locations (in 24 countries) and my global workforce topped 2 million. I serve about 220 million customers each week. My fleet recently featured 6,100 tractors, 61,000 trailers and more than 7,800 drivers — who annually drive, on average, 100,000 miles each. Who am I?

Last Week's Trivia Answer

I trace my roots back to 1925, when my crop-dusting predecessor, Huff Daland Dusters, was founded as the first commercial agricultural flying company. Its 18 planes were the largest private fleet in the world. I bought Northwest Airlines in 2008 and nearly half of Virgin Atlantic in 2013. In 2011, I was the first airline to offer bag tracking via a mobile app. Today, based in Atlanta and with a market value recently near \$26 billion, I'm an aviation giant, transporting up to 200 million people annually via up to 15,000 flights daily. Who am I? (Answer: Delta Air Lines)



Photos by Joe Ahlquist / Post Bulletin

From left, Rick Sandwick, co-president and COO, Brian Leary, co-president and CEO, and Grant Schuth, vice president and CSO, at Pharmaceutical Specialties Inc., maker of Vanicream, on Tuesday in Rochester.

Vanicream

From page D1

of Minnesota's Carlson School of Management. "Consumers are turning to brands, like Vanicream. Vanicream seems to be one of the hottest latest things at Target. They've been killing it with Vanicream, both in store and online."

While the pandemic caused Pharmaceutical Specialties to pull its sales team back from face-to-face meetings, the brand found its footing in social media and online. Vanicream is on the top of many "best of..." skincare product lists on consumer and media websites. It's collecting hundreds of positive reviews on Amazon and elsewhere. Meanwhile, doctors keep recommending it to patients.

Of course, this isn't an overnight success. The company's skin creams, shampoos, sunscreens and lip balms have long-been popular in the personal care market.

Pharmaceutical Specialties, which employs 110 people, has repeatedly grown its manufacturing facility at 1620 Industrial Drive NW in recent years with a 15,500-square-foot expansion in 2020, followed by a 9,250-square-foot addition to its warehouse in 2019.

The company employed 30 people when it moved into the former Telex complex in 2003.

"It (growth) really has never stopped. Today's outside walls are tomorrow's inside walls as we keep adding pieces," said co-president and CEO Brian Leary as he walked through the new warehouse still with shiny floors.

Pharmaceutical Specialties has more equipment on the way to set up another production line in the facility that already can make about 32,000 units a day. That will need more employees to staff it.

Co-president and COO Rick Sandwick sees steady, continuous growth in Pharmaceutical Specialties's future. As the company reaches the limits of expanding outward on its more than four acres, he expects to expand the plant upwards.

"In five years, I think you'll see a second story," he said.

Leary said the company expects to continue to grow in every way.

"More square footage, more people, more

products," he said of Pharmaceutical Specialties's future.

The demand for the products has not slowed during the pandemic, although there have been some changes. Sales of a hand cleanser grew, while sales of deodorant slowed. Meanwhile, skin cream kept selling well as people's hands became irritated by repeated washing.

Like most businesses, the Rochester firm does face pandemic-spurred challenges, like supply chain issues and labor shortages. However, sales have continued to grow.

The top outlets for Pharmaceutical Specialties's products are Amazon, Target, Walmart, Walgreens and CVS. On a recent Tuesday afternoon, workers were boxing up Vanicream tubs to go to 20 U.S. Amazon distribution centers as another pallet of products waited to be shipped to Saudi Arabia.

Pharmaceutical Specialties currently sells 23 unique products in various sizes and packages. Each year, the company typically introduces one or two new items that were developed in the company's growing research labs.

The company not only sells creams. It also makes medicated, over-the-counter products, like its cleansing bar called Z-Bar as well as a line of sunscreen products. Those items require FDA approval, which adds to the development process. And those products also stress the ingredients that they don't have.

"We believe we are the only cleansing bar that is 'clean.'" said Z-Bar developer and chief science officer Grant Schuth. "Clean" means with no irritating chemicals, no dyes, formaldehyde, lanolin, gluten and fragrances.

Murn believes the popularity of the "clean" trend, which has driven Pharmaceutical Specialties's growth for so many years, is going to gain even more momentum.

"They've got a product that really speaks to the growing interests of mainstream consumers," she said. "I certainly see and expect the facility to succeed, if they continue to invest in marketing and driving awareness of their brand."

Contact business writer Jeff Kiger at jkiger@postbulletin.com.



Vanicream skin cream is packaged at Pharmaceutical Specialties Inc., maker of Vanicream, on Tuesday in Rochester.

Opinion

OUR VIEW

Rochester's riverfront vision should be viable, practical

With prices rising for just about everything, shoppers want bargains – but in the end, quality often trumps cost. For example, savvy consumers know that the most expensive food products you'll ever buy are the ones that gather dust on the shelf for months, then go into the garbage because no one likes them.

We'd argue that the same thing goes for development plans, including the one that the city of Rochester is buying from a Massachusetts-based urban design and planning firm.

On Monday, the city council awarded a \$195,000 contract to Gamble Associates to do the initial planning for development of 2.5 acres of city-owned land west of the Zumbro River, between Second and Fourth streets southeast.

The vote was 5-2, and one of the "nay" votes was Kelly Rae Kirkpatrick, who suggested that a local firm might have been the wiser choice. While we are tempted to agree with that view (and we aren't thrilled about \$195,000 going out-of-state), we will leave the big-picture debate about "shopping local" with taxpayer dollars until another day.

But make no mistake – Rochester should demand a big payoff from this investment.

The current plan calls for a lot of public input in the "visioning" process. Citizens will have multiple opportunities to share their wishes and dreams for the site, as will prospective developers who could build what might be a mix of residential, retail, dining and green space – or publicly owned facilities, such as a new library and/

or a bigger, better parking structure than the aging ramp and surface lot that currently occupy the site. The possibilities are endless, and we expect the wish list to be long.

In the end, however, Rochester doesn't need another pie-in-the-sky vision that looks great on picture boards but never comes to fruition – such as the \$230 million Bloom Waterfront Development project that was slated to occupy the riverfront site but went belly-up in February 2019. This time around, Rochester needs a viable, practical plan that is attractive to both the citizenry and potential developers.

To that end, Rochester might need to adjust its vision for downtown development. While we like the idea of increasing downtown vitality through mixed-use buildings that feature retail stores on the first floor, a quick walk through downtown Rochester provides ample evidence that the city's attempt to mandate such occupancy isn't working.

Visions and goals that butt heads with developers' concerns, market demands and consumer trends will not succeed, so we hope that city leaders, stakeholders and the consulting firm from Massachusetts can work together to come up with a new vision for downtown Rochester, one that will not only bring new life to 2.5 acres but will also be a model for future projects in Minnesota's fastest-growing city.

If that happens, then the city will have made great use of \$195,000.

If not – well, perhaps it's appropriate that the city council chose Gamble Associates. Rochester is making a big bet, and if the gamble doesn't pay off, our leaders should be held accountable.

LETTERS TO THE EDITOR

WHY AREN'T POLICE WILLING TO STEP UP TO THIS PLATE?

Minnesota requires motor vehicles to have two license plates. Yet, every day I see Minnesota-licensed vehicles with just a rear plate. I'll bet I see this four or five times a day, meaning a lot of cars in Rochester only have one plate displayed. Why isn't law enforcement cracking down on this?

My wife and I had dinner on Wednesday evening at the Canadian Honker. Outside was fine until a very loud pickup truck trailing two American flags literally roared past Saint Marys. A few minutes later a loud motorcycle went down Second. A bit later, another loud motorcycle drove by. Doesn't Rochester have

ordinances against loud vehicles in hospital zones? It's got to be hard to have quiet in the hospital if the outside environment is being bombarded with noise. A camera or two mounted over the crosswalk at Saint Marys might reduce the noise if drivers were notified their behavior had consequences.

These might be the basis for more stories in the PB. If nothing else, it might bring awareness to the Rochester police that there is a state law requiring two license plates and that noisy vehicles are not appreciated in hospital zones.

Bill Adler, Rochester

LET'S TAKE EFFECTIVE STEP TO STOP CLIMATE CHANGE

It is now increasingly evident that the adverse effects of climate change are impacting our nation with increased intensity and regularity. I'm referring to the long and intense drought and wildfire season in our western states, the incredible summer heatwaves in the Pacific Northwest, the regularity and intensity of tropical storms hitting our southern and eastern seaboard states, and the intense cold snap in the South.

- It is also abundantly clear that:
- Climate change is real
 - Its consequences are serious
 - It's caused by human activity
 - It's time to act.

Scientists tell us one of the best things we can do, and right away, is stop burning fossil fuels. They emit carbon dioxide (CO2) which warms our planet and destabilizes our climate. And scientists and

economists tell us the most efficient and effective way to eliminate CO2 emissions is to price carbon.

Now this will mean that all goods and services made by burning fossil fuels will cost more; so we need to pair carbon pricing with a monthly carbon dividend paid to each U.S. household based on family size.

President Biden is now working with Congress to cut America's carbon pollution 50% by 2030. The time to act is now!

Please contact Representative Jim Hagedorn, Senators Klobuchar and Smith, and President Joe Biden and tell them to support federal legislation that prices carbon and pays monthly cash back dividends to US households.

It's good for people, good for our climate, and good for our economy.
Robert Tereba, Winona

LET'S GET STRAIGHT WHAT CRT REALLY IS

Critical Race Theory, or CRT, as scholars refer to it, bears almost no resemblance to the way it is currently being used to further divide society, even at local school board meetings.

Being ignorant about CRT as I was, a summary of an article from the New Yorker Magazine caught my attention when it appeared on my e-mail.

It turns out that CRT can be traced back to Derrick Bell, who in the 19th century used the term when he was studying racism in U.S. society. He concluded that racism was so deeply ingrained that whenever it was addressed through legislation or other means, with each wave of reform, racism reasserted itself. After more than a quarter of a century, following up on Bell's study, there was an extensive academic field of

literature under the title Critical Race Theory.

Christopher F. Rufo is an activist whose comments appeared on Twitter, where he described launching the current obfuscation about CRT. The goal from the start, he said, was to distort the idea into an "touchstone": "We have successfully frozen their (CRT) brand into public conversation and are steadily driving up negative perceptions. We will eventually turn it toxic, as we put all of the various cultural insanities under that brand category."

Patricia Williams, a recognized scholar in the field of CRT, refers to the ongoing mischaracterization of CRT as "definitional theft."

This summary was the first I have seen since CRT has been bandied about in the media and in accounts of conflicts.

Patricia Keefe, Rochester



Our American ideals have been malnourished

We trumpet some virtues – liberty! justice! – we don't really live

Those pictures are traumatizing. That's because they contain so much more than what's in them, so much more than horse-mounted U.S. Border Patrol agents at the Rio Grande in Texas, running down and flogging would-be Haitian immigrants. No, those pictures contain George Floyd and forced removal from ancestral land, contain internment camps and the Pettus Bridge, contain every time the state, in its awful power, came down like a hammer on the head of the tired and poor yearning to breathe free.

That's why social media was set ablaze Monday, why the White House called the pictures "horrific" and House Speaker Nancy Pelosi said they were "heartbreaking." It's why the Department of Homeland Security launched an investigation.

As well they should. Those pictures contain multitudes. It is a sad fact that we seem to have lost the thread where America is concerned. Indeed, outside the easy patriotism of Lee Greenwood's song and the ignorant xenophobia of those who think what America really needs is to be made "great again," there is real concern about the sustainability of this experiment. America, we once liked to say, is the only nation founded upon an ideal.

But an ideal, like any living thing, must be nourished in order to survive. Ours has become



LEONARD PITTS

severely malnourished, having been fed on empty calories of jingoism and myth, a sepia fable of virtues many of us love to trumpet – liberty! justice! for all! – without really trying to live.

The cognitive disconnect between trumpeting and living is something else that is visible in those pictures. "This is why your country is s**t, because you use your women for this," one agent announced to a group of women and children in a video uploaded by Al Jazeera. As if enslavement by colonizers, and a 19-year U.S. occupation that brought puppet government, forced labor, U.S. control of Haitian finances, brutal violence and racist paternalism – "Think of it!" said William Jennings Bryan, secretary of state under Woodrow Wilson, "N****rs speaking French." – did not play some role in Haiti's present challenges.

No, says an ignoramus on horseback. Your country is bleep because you seek to flee its wretchedness. What country's wretchedness do you suppose the ignoramus' family once fled to get here? And why does the ignoramus forget?

Never mind. This is not an

argument that seeking asylum is a human and legal right, though it is both. No, this argument is grounded upon a simpler point: Human beings deserve to be treated like human beings.

One was appalled, but not particularly surprised, to have to say that when the Trump administration made cruelty its policy, caging mothers and fathers and snatching away their children. But one is both appalled and surprised to have to say it again now that Joe Biden is president. One is also disappointed. What happened this week on his watch is nothing less than an outrage.

Obviously, there is a need to re-think U.S. immigration policy and enforcement. Like the military and the police, the Border Patrol must be purged of the nationalists and extremists who seem to have found a home in its ranks. Any individual who thinks it's a good idea to jump on a horse and herd human beings like cattle is an individual who needs to be employed elsewhere. Because if those pictures contain multitudes, they also contain a warning thoughtful Americans will heed.

You can starve an ideal only so long before you kill it altogether.

Leonard Pitts Jr. is a columnist for the Miami Herald. Readers may contact him via email at lpitts@miamiherald.com. © 2021 Miami Herald. Distributed by Tribune Content Agency LLC.



Contributed / AFP

A U.S. Border Patrol agent on horseback uses the reins to try to stop a Haitian migrant from entering an encampment on the banks of the Rio Grande near the Acuna Del Rio International Bridge in Del Rio, Texas, on Sunday.

Opinion

How to stop worrying that CRT will corrupt your kids

BY VIRGINIA HEFFERNAN
Los Angeles Times

In 1925, John W. Butler, a legislator in Tennessee, told reporters that years earlier he'd "read in the papers that boys and girls were coming home from school and telling their fathers and mothers that the Bible was all nonsense."

"I didn't think that was right," Butler told the New York Times in July of that year.

At first Butler couldn't figure out exactly what students had seen in school that allegedly led them to reject Christianity. But with help from a preacher, he settled on a culprit: A biology class about heritable characteristics. Evolution.

Butler then authored the Butler Act, which banned the teaching of Darwin's theory and became the basis for the famous Scopes monkey trial.

A century later, another theory is being banned in schools: critical race theory, or CRT. Several state legislatures have passed bills to keep it out of classrooms, alleging that it challenges the popular belief that racism in America mostly ended with the civil rights movement. Some add anecdotal



Andrew Caballero-Reynolds / AFP via Getty Images / TNS

A rally against "critical race theory" (CRT) being taught in schools at the Loudoun County Government center in Leesburg, Virginia on June 12.

evidence that critical race theory guilt trips white students and leaves Black students with apathy and despair.

It corrupts the youth, in other words. Just like evolution in 1925. Or Socratic inquiry in 399 BCE.

Critical race theory is an odd object of hostility for lawmakers. Just as evolution is an effort to understand how organisms become more complex with time, CRT tries to understand why civil rights legislation in the United States didn't end segregation.

Perhaps, the theory proposes, the law itself — or the real-estate business, or policing, or even tropes in the language — is inflected by racism in ways that are hard to detect.

To take one simple

and rather shopworn example of CRT in action: What if the adjective "articulate," a go-to word of praise for individual Black people in public life, conceals an assumption that Black expression is, ordinarily, incoherent?

Sometimes "articulate" is just "articulate." But it's interesting to ask deeper questions. How might questioning our assumptions about that word illuminate ordinary experience? How might this analysis contribute to making the U.S. more just?

Opponents of critical race theory dismiss inquiry like this, but what's weird is how much it worries them. CRT, like evolution in 1925, strikes them as more than just too complicated. It

somehow threatens to deprive their kids of faith — not faith in the Christian God this time, but in the decency of the United States and in white Americans of good character.

There are some impressive leaps of logic here. A kid in this hypothesis goes from considering the reflexive use of "articulate" in certain circumstances to despair and demoralization.

I was exposed to CRT in graduate school (here's where I admit I did a PhD in English) and I find it hard to imagine how this tragedy goes down. CRT sharpened my analytical eye for the way seemingly neutral elements of experience can express something less than neutral, and how a position of "no ideology" can itself reflect an ideology. I'm not sure CRT made me a better or worse person; in fact, I doubt it touched my moral fiber.

Opponents of CRT often admit, as did Butler with evolution, that they know little about it. They don't even seem to reject it as a theory. Instead, they imagine that, as one vocal opponent put it, this theory "judges my daughter by the color of her skin" and "encourages

and instructs her to prejudice others by theirs."

I don't buy this. But as a parent I get that subjecting one's child to judgment of any kind feels risky. And what if some of that judgment is directed at you? What parent has not known the fear of being rejected by a child in favor of newly discovered values, new beliefs, a new *modus vivendi*?

Immigrant parents rue the loss of their kids to American language and culture. Religious parents mourn the children who leave the family's beliefs behind. A right-wing child can be a source of acute heartbreak to liberals. (An article in *Der Spiegel* some years ago was titled "Shock Your Parents: Become a Neo-Nazi.") Many parents treat even experiments in style — say, the adoption of a hijab or Burning Man garb — as existential rejection.

In the battle over curriculum, the immediate goal for schools and teachers is to oppose any unconstitutional bans on ideas, while not dismissing as immoral anyone who objects to critical race theory. Parents are much more likely to appreciate the value of an intellectual

challenge if schools acknowledge the primal parental fear that what gets taught may separate kids from their innocence, their faith, their optimism — and their families.

Instead of banning "The 1619 Project" or critical race theory from middle-school social studies classes, let's demand that principals and teachers address the unease some parents experience when their offspring are taught anything that contradicts what they themselves believe. At the same time, school administrators need to make it clear that classes in the humanities challenge students to examine existing beliefs. That doesn't make schoolteachers "corrupters."

Teaching in the tradition of Socrates means unsettling students with hard questions. But an intellectual provocation like critical race theory is not a trauma. It's education.

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How social media filter bubbles work

BY FILIPPO MENCZER
The Fulcrum

On the surface this seems reasonable. If people like credible news, expert opinions and fun videos, these algorithms should identify such high-quality content. But the wisdom of the crowds makes a key assumption here: that recommending what is popular will help high-quality content "bubble up."

We tested this assumption by studying an algorithm that ranks items using a mix of quality and popularity. We found that in general, popularity bias is more likely to lower the overall quality of content. The reason is that engagement is not a reliable indicator of quality when few people have been exposed to an item. In these cases, engagement generates a noisy signal, and the algorithm is likely to amplify this initial noise. Once the popularity of a low-quality item is large enough, it will keep getting amplified.

Algorithms aren't the only thing affected by engagement bias — it can affect people too. Evidence shows that information is transmitted via "complex contagion," meaning the more times people are exposed to an idea online, the more likely they are to adopt and reshare it. When social media tells people an item is going viral, their cognitive biases kick in and translate into the irresistible urge to pay attention to it and share it.

Not-so-wise crowds

We recently ran an experiment using a news literacy app called Fakey. It is a game developed by our lab, which simulates a news feed like those of Facebook and Twitter. Players see a mix of current articles from fake news, junk science, hyperpartisan and conspiratorial sources, as well as mainstream sources. They get points for sharing or liking news from reliable sources and for flagging low-credibility articles for fact-checking.

We found that players are more likely to like or share and less likely to flag articles from low-credibility sources when players can see that many other users have engaged with those articles. Exposure to the engagement metrics thus creates a vulnerability.

The wisdom of the crowds fails because it is built on the false assumption that the crowd is made up of diverse, independent sources. There may be several reasons this is not the case.

First, because of people's tendency to associate with similar people, their online neighborhoods are not very diverse. The ease with which social media users can unfriend those with

whom they disagree pushes people into homogeneous communities, often referred to as echo chambers.

Second, because many people's friends are friends of one another, they influence one another. A famous experiment demonstrated that knowing what music your friends like affects your own stated preferences. Your social desire to conform distorts your independent judgment.

Third, popularity signals can be gamed. Over the years, search engines have developed sophisticated techniques to counter so-called "link farms" and other schemes to manipulate search algorithms. Social media platforms, on the other hand, are just beginning to learn about their own vulnerabilities.

People aiming to manipulate the information market have created fake accounts, like trolls and social bots, and organized fake networks. They have flooded the network to create the appearance that a conspiracy theory or a political candidate is popular, tricking both platform algorithms and people's cognitive biases at once. They have even altered the structure of social networks to create illusions about majority opinions.

Dialing down engagement

What to do? Technology platforms are currently on the defensive. They are becoming more aggressive during elections in taking down fake accounts and harmful misinformation. But these efforts can be akin to a game of whack-a-mole.

A different, preventive approach would be to add friction. In other words, to slow down the process of spreading information. High-frequency behaviors such as automated liking and sharing could be inhibited by CAPTCHA tests or fees. Not only would this decrease opportunities for manipulation, but with less information people would be able to pay more attention to what they see. It would leave less room for engagement bias to affect people's decisions.

It would also help if social media companies adjusted their algorithms to rely less on engagement to determine the content they serve you. Perhaps the revelations of Facebook's knowledge of troll farms exploiting engagement will provide the necessary impetus.

Filippo Menczer is the Luddy distinguished professor of informatics and computer science at Indiana University.

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