



# Mixed reviews for Mississippi

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# Rochester LGBTQ artists get the spotlight

C1

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## Surviving the smash-up at demolition derby Sunday

BY JOHN MOLSEED  
Post Bulletin

ROCHESTER — The first five minutes of a demolition derby are the most crucial, says Cam McCarrick.

No driver has a clear advantage yet. Every car has its full torque, steering control and the bodies aren't yet softened by impacts.

"It's like a fight to the death," said McCarrick, of Simpson, Minn. "A legal fight to the death."

McCarrick is a third-generation demolition driver. Growing up, he knew it was something he would do someday. At age 19, McCarrick has lost count of how many derbies he has competed in.

Brady Keefer, of Stewartville, drove in the Sunday heat at the Olmsted County fairgrounds for drivers under 21 years of age. It was his second derby.

The event was one of the Impact Motorsports Promotions' demolition derby heats at the Olmsted County Fairgrounds Sunday.

"It seemed fun, and I would have been here anyway," Keefer said, adding he would be at the fairgrounds watching the derby anyway.

"I definitely didn't talk you into it," McCarrick said.

"Well, you did," Keefer responded.

McCarrick has been competing in demolition derbies since he was 13.

"It's a feeling you can't explain," he said about competing.

The key to a successful heat? "Always keep moving and keep your head on a swivel," he said. "I always just try to survive the first five minutes."

After that, it's a grind dealing with diminishing control and torque and scoring critical hits on the surviving opponents.

See DERBY, Page A3

# 'IT IS A BIG DAY'

## Diocese of Winona-Rochester installs Barron as new bishop

BY JORDAN SHEARER  
Post Bulletin

### ROCHESTER

As Bishop Robert Barron walked out of the Co-Cathedral of St. John the Evangelist on Friday, he was greeted with the sound of tambourines, guitars, clapping and singing.

Over the course of the morning, the local Catholic church hosted the installation Mass for Barron, officially making him the Bishop of the Diocese of Winona-Rochester. And if the Mass itself was about tradition, piety, and prayer, the gathering in the courtyard immediately afterward was about joy and celebration.

"It is a big day," said Jackline Kassiano, who performed a reading in Arabic during the Mass. "I'm so happy to be part of this event."

The Diocese announced Barron as the next bishop in early June, replacing Bishop John M. Quinn who had served in the role for 13 years. The Diocese of Winona-Rochester oversees the 20 southernmost counties of Minnesota, according to its website.

Formerly the auxiliary bishop of the Archdiocese of Los Angeles, Barron "is one of the most-followed Catholics in the world on social media," according to a biography provided by the diocese.

"It seems to me, the task that has been entrusted to me today by the Holy Father is to facilitate the process by which the people of this diocese become ever more deeply friends of Jesus," Barron said during the Mass. "I want a diocese that worships God with enthusiasm, devotion and deep love."

The Mass drew representatives from across both the faith-based and secular communities, including those from Mayo



Contributed

The Most Reverend Robert Barron was installed as the ninth Bishop of the Diocese of Winona-Rochester on Friday at the co-Cathedral of Saint John the Evangelist in Rochester. Barron replaces Bishop John M. Quinn, who served the diocese for 13 years.

Clinic, the City of Rochester, the Archdiocese of St. Paul and Minneapolis, and the Archdiocese of Chicago. It even featured The Most Reverend Christophe Pierre, apostolic nuncio (ambassador) to the United States of America.

With eight languages used during the Mass, the celebration had a multicultural appeal. Parts of the Mass were prayed or sung in languages ranging from English, Latin and Spanish, to Tagalog, Hindi, Arabic, Italian and Kiswahili.

Even within the boundaries of the Diocese, the Mass drew people from far and wide to see the historic day.

Rosalio and Dilma Agustin traveled with their three children from Worthington in southwest Minnesota, and officially greeted the Bishop during the Mass as representatives of the Hispanic community.

"Since God has been living with our family for a really long time, our hearts are so happy that we got the chance to be with the Bishop," said 17-year-old Valery Agustin.

Ronald Guerra was one of the musicians welcoming Barron as he walked out of the Mass. Guerra drove from St. Paul for the installation Mass.

"For us, to have a new bishop is like welcoming our new Peter. He was the first bishop," Guerra said, referring to the biblical apostle. "We came to welcome our new Bishop. It's amazing for someone like Robert Barron to come. It's a blessing, and we just wanted to make ourselves known that we're here."

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# 8 questions with local chess master

## Jensen, a Mayo Clinic statistician, makes difficult game look simple

BY ERICH FISHER  
Post Bulletin

ROCHESTER — Matt Jensen makes one of the world's most difficult games look simple.

While in the middle of an interview, Jensen casually makes chess moves that his opponent stresses over while doing his best to conduct the said interview. Of course, this is how the game should go.

Jensen, 36, is a statistician at Mayo Clinic, but also a national chess master, one of the highest titles a chess player can achieve. His opponent is one of many on his list that he's dominated over a chess board since he started

## ASKED & ANSWERED

playing at a young age.

He's used his status and knowledge of chess to help others learn the game he's spent the last 32 years playing, whether that's coaching at the Rochester Chess Club, through his chess tutorial website ChessGoals.com, or just casually playing someone at a coffee shop.

See CHESS, Page A6



Tucker Allen Covey / Post Bulletin

Matt Jensen with his chess board July 15 in Cafe Steam in Downtown Rochester. Jensen has been playing chess for 32 years. "It (chess) never changes, video games come and go, chess is always around," Jensen said.

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# Bowhunting plan moves forward for Rochester parks

## POST BULLETIN STAFF REPORTS

ROCHESTER — Bow hunters are being sought to participate in a pilot program for deer hunting in several Rochester parks.

The Rochester Parks and Recreation Department is partnering with the Rochester Archery Club to implement a controlled archery hunt pilot program, with the Archery Club administering the registration for the hunt.

The Parks and Recreation Department will share responsibilities with the club in implementing safety procedures.

“The pilot deer management program in Rochester is similar to coordinated efforts throughout communities in Minnesota,” Parks and Recreation Director Paul Widman said in a statement announcing the start of the hunter application process “We have adopted best practices that will ensure safety during the hunt.”

The application process will run through Aug. 15, and participants are required to successfully complete Minnesota Bowhunter Education and pass the Minnesota Bowhunter proficiency test.

Hunters will be expected to comply with all Minnesota Department of Natural Resources deer hunting rules and regulations. Bowhunters who meet these qualifications can apply at the Rochester Archery Club site, at <http://rochesterarcheryclub.com/cityDeerManagement.htm>.

The hunt is slated for 11 locations within the park system. The sites are:

- Bear Creek Park
- Essex Park
- Foster Arend Park
- Gamehaven Regional Park
- Hadley Creek Golf Course

- Indian Heights Park
- McQuillan Field Park
- Northern Heights Park
- Willow Creek Reservoir
- South Zumbro Trail natural areas, between 16th Street Southwest and Maywood Road
- North Zumbro natural areas, from the Rochester Recreation Center to 37th Street Northwest

Some areas will see hunting allowed between Sept. 17 and Dec. 31, while others will have a limited season, which is set to start Oct. 15 and run through the end of the year.

Parks and trails will remain open during hunting season, but some areas within parks will be designated as off-limits and signed accordingly.

The pilot program was approved by the Park Board and City Council in response to public safety concerns associated with the growing urban deer population.

More than 200 deer-related vehicle accidents were reported in Rochester in 2021. Other reported concerns connected to increased deer population include property damage from over grazing and public health concerns related to deer tick-borne Lyme Disease.

Bowhunting for deer is typically done from a tree stand: a platform attached to a tree 10-20 feet above the ground. Being elevated improves the hunter’s ability to detect deer, reduces the likelihood that deer will detect the hunter and most importantly, establishes a downward shot trajectory so that arrows never travel far from the shooter’s location.

The defined practices help make bowhunting safe for the public and non-target animals, since most shots are taken at deer that are less than 20 yards away from the shooter.



Post Bulletin file photo

Deer are seen along a trail in Rochester. The city has authorized a bowhunt this fall in an effort to control the deer population.

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Photos by John Molseed / Post Bulletin

Isaac Holland shakes hands with Cassandra Hall on Sunday after a demolition derby competition. Holland was the winner of a 21-and-under heat at the Impact Motorsports Promotions' demolition derby at the Olmsted County Fairgrounds.



Cam McCarrick, of Simpson, Minnesota, driving car 3C, hits a car driven by Cassandra Hall in a 21-and-under heat at the Impact Motorsports Promotions' demolition derby Sunday at the Olmsted County Fairgrounds Sunday.

## Derby

From page A1

McCarrick and Keefer competed in the same heat. That didn't mean they were off limits on the track.

"If it came down to it," McCarrick said.

The two lasted well into the heat, but were both out of the competition by

the time it was narrowed to two drivers.

"We didn't quite make it, but we gave her hell," McCarrick said.

Isaac Holland and Cassandra Hall were the last two with Holland finally incapacitating Hall's car on the west side of the track.

Contact John Molseed at [jmolseed@postbulletin.com](mailto:jmolseed@postbulletin.com).



# World

# Inflation begins to strain finances

BY ELIZABETH DILTS MARSHALL  
Reuters

NEW YORK — As high inflation forces Americans to spend more on gas and bills, young and low-income consumers are starting to feel financial pressure. Generation Z consumers and those with low credit scores are falling behind on credit card and auto loan bills and accumulating credit card debt at a pace not seen since before the pandemic. For instance, credit card balances for people ages 25 and younger rose by 30% in the second quarter from a year earlier, compared with an

increase of just 11% among the broader population, according to a random sampling of 12.5 million U.S. credit files compiled by credit score company VantageScore. Balances for non-prime borrowers, or people with credit scores below 660, rose by nearly 25% over the same period. For months, things have been looking good for U.S. consumers, their bank accounts padded by government stimulus, student loan forbearance and pandemic-era savings. Bank executives have consistently said consumers have healthy financial cushions and are

spending money despite high inflation and the slowing economy. Now there are signs that some Americans have overextended their finances from traveling and dining out while paying down less debt on their credit cards, said Silvio Tavares, head of VantageScore. That contrasts with consumers' tendencies to pay off loans and be more frugal during the first year of the pandemic, according to Fed data. "The consumer is strong, their balance sheets are strong, and their repayment history on debt is strong relative to historical averages," Tavares

said. "However, there are areas of concern. No. 1 among them is consumers are adding leverage." Federal Reserve Chairman Jerome Powell has said the clock is running out to bring down inflation, which is hovering at levels not seen since the 1980s. Data out on Thursday showed U.S. consumer spending grew at its slowest pace in two years, as the economy unexpectedly contracted in the second quarter. Those surging prices are causing consumers to cut back on discretionary spending, according to retail

and consumer companies like Walmart and Tide-maker Procter & Gamble, which lowered sales growth forecasts over the past week. Rapidly accelerating prices could exacerbate financial strains among young people and borrowers with low credit scores, Tavares said. Among non-prime borrowers, the percentage of credit card and auto loans that were more than 30 days past due also rose, VantageScore found. Credit card delinquency rates are now back to their pre-pandemic levels for young people and non-prime borrowers, the data showed.

# 'We are not going to raise taxes'

## Manchin pitches Democrats' tax-climate bill to silent Sinema

BY ERIK WASSON  
AND IAN FISHER  
Bloomberg News

Sen. Joe Manchin, the architect of the Democrats' new tax, climate and drugs bill, made a public pitch to his colleague Kyrsten Sinema to get on board with the legislation, arguing that it doesn't raise taxes. Sinema has not divulged her position on the bill and has the power to sink it. Manchin made his pitch in a series of Sunday political talk show appearances where he defended the proposed Inflation Reduction Act as cutting price increases despite a study by the University of Pennsylvania's Wharton School showing it would have little impact or could increase inflation slightly in the near term. Democrats are seeking to pass the bill this week in the Senate and in the House next week. Doing so would require all 50 members of the Senate Democratic caucus to vote yes on the bill and defeat a slew of Republican attempts to amend it. It would also require all 50 to remain COVID-free and able to endure a long vote series. Sinema's office has said the Arizona Democrat won't make her position known until later in the week at the earliest, after the top Senate rules

official has scrubbed the bill of any non-budgetary items. Manchin said he doesn't know if Sinema would vote for the bill, but she should. "She has so much in this legislation," Manchin said on CNN's "State of the Union." The West Virginia senator said tax changes in the bill don't amount to tax rate increases, something Sinema has opposed, citing the economy. The bill would impose a 15% minimum tax on large corporations and make changes to how carried interest is taxed to try to force more hedge fund managers to pay their income using the individual code's higher rate. It would also beef up Internal Revenue Service tax audits by paying for more personnel. "I agree with her 100% in that we are not going to raise taxes and we won't," Manchin said. Sinema in the past has opposed closing the carried interest loophole and Manchin last week said he is "adamant" it remain in the bill. On ABC's "This Week," Manchin cited Sinema's role in the bill's drug-price provisions. "She has an awful lot in this piece of legislation, the way it's been designed, as far as the reduction of Medicare, letting Medicare go ahead and negotiate for lower drug



Kent Nishimura / Los Angeles Times / TNS

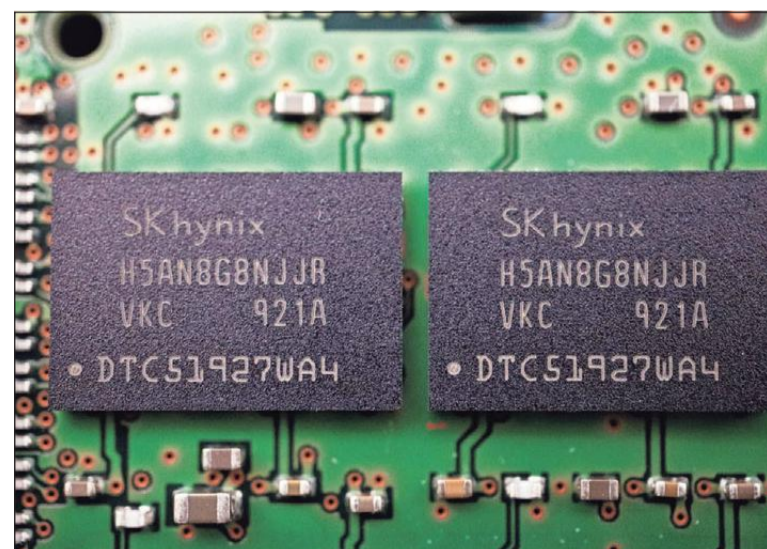
U.S. Sen. Kyrsten Sinema, D-Ariz., and U.S. Sen. Joe Manchin, D-W.Va., catch an elevator to go to the Senate Chamber in the U.S. Capitol on Sept. 30, 2021, in Washington, D.C.

prices," Manchin said. "She's very involved in that." Manchin last week announced a deal with Senate Majority Leader Chuck Schumer to fund \$370 billion in energy and climate change funding and three years of subsidies for Obamacare health insurance premiums, using money from the tax code changes and savings from lower prescription-drug prices bought by Medicare. He touted the bill as the Inflation Reduction Act of 2022, but a study out Friday from Penn Wharton economists

found that the bill would increase inflation slightly before 2024 and reduce it slightly in the year after that. "I respectfully disagree with the people from Penn Wharton," Manchin said on CNN. He said the study doesn't properly credit the effects of \$300 billion in lower budget deficits in the bill, lower drug prices and increased fossil fuel energy production he secured in a side deal with Schumer to pass a separate bill easing environmental permitting. Minneapolis Fed President

Neel Kashkari said on CBS's "Face the Nation" that the measure "may have some effect" in the long run. "My guess is over the next couple of years, it's not going to have much of an impact on inflation," he said. Right now, there's "an acute mismatch between demand and supply" that it's up to the Federal Reserve to resolve by reducing demand, Kashkari said. © 2022 Bloomberg LP. Visit bloomberg.com. Distributed by Tribune Content Agency LLC.

# US considers crackdown on chip makers in China



Reuters / Florence Lo / illustration / file

Memory chips by South Korean semiconductor supplier SK Hynix are seen on a circuit board of a computer in this illustration picture taken Feb. 25.

BY ALEXANDRA ALPER  
AND KAREN FREIFELD  
Reuters

WASHINGTON — The United States is considering limiting shipments of American chipmaking equipment to memory chip makers in China including Yangtze Memory Technologies, according to four people familiar with the matter, part of a bid to halt China's semiconductor sector advances and protect U.S. companies. If President Joe Biden's administration proceeds with the move, it could also hurt South Korean memory chip juggernauts Samsung Electronics and SK Hynix, the sources said, speaking on condition of anonymity. Samsung has two big factories in China while SK Hynix is

buying Intel's flash memory chips manufacturing business in China. The crackdown, if approved, would involve barring the shipment of U.S. chipmaking equipment to factories in China that manufacture advanced NAND chips. It would mark the first U.S. bid through export controls to target Chinese production of memory chips without specialized military applications, representing a more expansive view of American national security, according to export control experts. The move also would seek to protect the only U.S. memory chip producers, Western Digital Corp and Micron Technology, which together represent about a quarter of the NAND chips

market. NAND chips store data in devices such as smartphones and personal computers and at data centers for the likes of Amazon, Facebook and Google. How many gigabytes of data a phone or laptop can hold is determined by how many NAND chips it includes and how advanced they are. The action being considered, U.S. officials would ban the export of tools to China used to make NAND chips with more than 128 layers, according to two of the sources. LAM Research Corp and Applied Materials, both based in Silicon Valley, are the primary suppliers of such tools. All the sources described the administration's consideration of the matter as in the early stages, with no proposed regulations yet drafted.

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# Direct balloting set to start for primary election

## Here's a few things you should know about voting

BY RANDY PETERSEN  
Post Bulletin

ROCHESTER — Olmsted County direct balloting opportunities for the Aug. 9 Primary Election start Tuesday.

Two polling sites will allow voters the opportunity to feed their ballots into voting machines through Nov. 8. They are at the city-county Government Center, 151 Fourth St. SE, in Rochester, and the Olmsted County Elections Office at 2122 Campus Drive SE in Rochester.

The direct-voting sites are open to all Olmsted County voters from 8 a.m. to 5 p.m. on weekdays through Aug. 8 and from 10 a.m. to 3 p.m. on Saturday, Aug. 6.

Here are a few things to know about voting leading up to the primary:

**1. All ballots will have two sides.**

Ballots throughout the state feature a four-column front, calling for voters to select a single column, based on political party preference.

Since statewide primaries are partisan, voters in the primary are only allowed to vote for candidates in one of four major parties — the Democratic-Farmer-Labor Party, the Republican Party, the Legal Marijuana Now Party or the Grassroots-Legalize Cannabis Party.

On the second side of the ballot, voters will find any local nonpartisan primary races, such as the citywide mayor and school board races in Rochester.

The local primaries will narrow the number of candidates to two for the Nov. 8 General Election.

**2. Voters in Congressional District 1 will have two decisions to make.**

The backside of the ballot will also include the special election to fill the open Congressional District 1 seat for the remainder of 2022.

The death of Rep. Jim Hagedorn spurred the special election, which is running alongside the regular primary election for filling the seat for 2023 and 2024.

As a result, voters throughout the district that covers Southern Minnesota will select a candidate to fill Hagedorn's remaining term, as well as a candidate as the selected party's choice in the Nov. 8 general election.

**3. You can get a sneak peak at your ballot.**

Population shifts reported in the 2020 U.S. Census has led to redrawing district and ward boundaries on the state and local levels.

As a result, some voters moved into new districts

or city wards, which could affect what's on their ballots.

Anyone wanting to know ahead of time which races and candidates they will see when voting can find a sample ballot on the Minnesota Secretary of State's website at [myballotmn.sos.state.mn.us/](https://myballotmn.sos.state.mn.us/).

**4. You can hear from your candidates on your schedule.**

The Post Bulletin has posted a variety of video responses from Rochester and Olmsted County candidates, as well as videos of candidate forums, on its website.

The videos, along with other election-related coverage can be found online at [www.postbulletin.com/topics/election-2022](http://www.postbulletin.com/topics/election-2022).

**5. Your Election Day polling place might have changed.**

The redefined districts and city wards also

created the need to redraw precinct lines, which dictate where a voter goes to cast a ballot on Election Day.

Registered voters were sent postcards with their polling location, but anyone who did not receive can find their polling location on the Minnesota Secretary of State's website at <https://pollfinder.sos.state.mn.us/>.

**6. It's not too late to register.**

While the 21-day period to register online or by mail for the August 9 primary election and special election has passed, voters can register in person on Election Day.

Voters can also register from 8 a.m. to 5 p.m. Monday through Friday at the Olmsted County Elections Office or on Aug. 6 during the direct-voting period at the Elections Office or Government Center.

Information on what you need to bring can be found on the Minnesota Secretary of State

website, and voters must be at least 18 years old on Election Day.

**7. It is too late to change a vote.**

The start of direct balloting means the Olmsted County ballot board is also starting to open submitted absentee ballots for processing.

As a result, it's too late to have a replacement ballot issued for anyone who has already submitted an absentee ballot.

**8. Absentee voting remains an option**

Any voters who requested absentee ballots but have not submitted them can still mail them or drop them off at designated collection sites to avoid crowds on Election Day.

Absentee ballots must be received by Election Day in order to be counted, according to the Minnesota Secretary of State's website

Contact local government reporter Randy Petersen at [rpetersen@postbulletin.com](mailto:rpetersen@postbulletin.com).

# Details emerge in Minnesota cabin murder case

BY TIM SPEIER  
Brainerd Dispatch

PALISADE, Minn. — A note found by investigators near the body of a 62-year-old gunshot victim Wednesday, July 27, inside an Aitkin County cabin

appeared to reveal the man's suspicions of his sons stealing from him and his plan to turn them into law enforcement.

Ronald Bzdok, 24, of Buffalo, Minnesota, faces a felony second-degree murder

charge in the death of his father, Daniel Bzdok, who was the subject of a missing persons case first under investigation Tuesday by the Wright County Sheriff's Office. The Aitkin County Sheriff's Office assisted with the



Bzdok

investigation.

Daniel Bzdok, also of Buffalo, left for his cabin, a trailer on Fleming Lake in Fleming Township south of Palisade, on July 22 with his son Ronald Bzdok. Daniel Bzdok was last heard from July 23, according to the report. Authorities learned Daniel Bzdok was known to bring his .22-caliber handgun to the cabin and drove a Buick LeSabre.

After numerous unanswered phone calls, Daniel Bzdok's brother became concerned about Bzdok's well-being and went to check the cabin Tuesday. He found the main door padlocked and no vehicles around, so he left the cabin.

An Aitkin County sheriff's deputy responded to the location Wednesday to look for Daniel Bzdok. The deputy walked around the outside of the cabin and through a large window, saw a dead man with

blood on his chest seated at a dining room table.

The Minnesota Bureau of Criminal Apprehension along with its crime scene team responded to the residence. Investigators noted most of the windows were obscured and the inside of the trailer was dark.

Authorities executed a search warrant and identified the victim as the missing person Daniel Bzdok using a driver's license photo. They found the victim facing the television with a graham cracker in his hand and a single gunshot wound to the back of the head. A single .22-caliber shell casing was found next to the victim, according to authorities.

The BCA special agents found a note in front of the victim indicating Daniel Bzdok suspected Ronald Bzdok and his other son stole from him and he planned to turn them

into law enforcement and obtain a restraining order.

The Wright County Sheriff's Office reported Ronald Bzdok was arrested July 23 — the same day people last heard from Daniel Bzdok — in Wright County while driving the victim's vehicle and in possession of a .22-caliber handgun. The arrest was at 7:23 p.m. for driving while intoxicated, possession of a firearm by a convicted felon, possession of drugs and driving a vehicle without an ignition interlock device.

Thursday, investigators executed a search warrant on Ronald Bzdok's belongings and found the victim's Cabela's credit card and a key ring containing a Buick key, a Ford key, gun safe keys and numerous other keys.

Ronald Bzdok is in the Aitkin County Jail on charges of second-degree murder with

intent but not premeditated and a probation violation. The second-degree murder charge carries a maximum of 40 years of imprisonment.

Ronald Bzdok was previously convicted of a gross misdemeanor DWI for refusing to submit to a chemical test in 2020 and felony theft by swindle in February. The theft conviction arose from a report of employee theft at a Holiday gas station in Medina. He fraudulently returned items at the store without purchasing them, amounting to a loss of \$2,211.62 to the business, according to the complaint.

Bzdok was scheduled to make an appearance at 10:45 a.m. Monday in Aitkin County District Court via Zoom.

Tim Speier can be reached on Twitter @timmy2thyme, call 218-855-5859 or email [tim.speier@brainerddispatch.com](mailto:tim.speier@brainerddispatch.com).

## MINNESOTA BRIEF

### DULUTH MAN SENTENCED FOR IDENTITY THEFT

DULUTH — A Duluth man was sentenced to more than eight years in prison after pleading guilty to identity theft and fraudulently receiving unemployment insurance and federal pandemic aid.

Federal Judge Michael

Davis on Wednesday sentenced Jared Fiege to six and a half years in prison for wire fraud and an additional two years for identity theft. Fiege, 35, is also sentenced to pay \$284,000 in restitution: a combined \$31,000 to four victims identified in court records only by their initials, \$21,000 to Minnesota's

unemployment insurance program, and \$231,000 to the U.S. Small Business Administration.

In July 2021, Fiege pleaded guilty to the fraud and identity theft charges. He admitted then to using other people's names, birthdays and Social Security numbers to make a web of fake passports,

email addresses and other identifiers to apply for unemployment insurance and COVID-19 Economic Injury Disaster Loans administered by the federal business administration.

Fiege admitted on July 14, 2021 to accessing tax records held by a relative who does tax preparation. With that

information in hand, he reportedly stole victims' identities, posing, for instance, as a Duluth firefighter to apply for unemployment insurance, get a fake passport, open a bank account and get a "burner" phone account.

Authorities claimed Fiege would take a lap around the Saginaw area each day to intercept mail

from homes where he had arranged for fraudulent credit cards to be sent.

When he was arrested, authorities found about \$189,000 in cash, two guns and 14 cellphones. Each phone, police claimed, had a different victim's name taped to the back of it.

— Forum News Service

## Chess

From page A1

Jensen shared his journey to becoming a national master and how he fell in love with chess.

### When did you first start playing chess?

When I was four years old. My grandpa had this chess set that had these ancient figurines and I always thought that was super cool, and my parents would say, 'No, you're too young. You're too young.' And then we went on this camping trip and he brought his chess set, and we were rained out for the day and didn't know what to do. So we were like let's play chess. So he taught me how to play. I didn't know all the rules like I didn't know castling, en passant yet.

But I just fell in love with it. And back then you couldn't play online really, so my parents found a local club and took me there. I started playing and just like, pretty quickly, I was beating like, my mom and dad and just kind of people who knew how to move the pieces, but didn't play in tournaments and stuff.

And so when did

### you start playing in tournaments?

I think at age six I started playing in the United States Chess Federation, and my parents were super supportive. They got me a coach that was at the club and we would just meet up a couple of times a month and he would teach me like end games and openings and stuff like that.

### What about chess made you fall in love with the game?

I think I've always kind of liked different strategy games. But I never really got into a bunch of other games. Once I found chess, I kind of just stuck with it. I'm sure part of it was just seeing some good results early on really kind of motivated me to stick with it. And like I was saying, my parents were just so supportive. So sometimes we would start taking family trips that would be based around a chess tournament.

For example, there was a Chicago open. And my parents would just stay at the hotel or the terminals and then they would just go do things during the day and I would have these games that were like five hours long. They

would come back and then bring me food or whatever. And they go and do their own thing again. So yeah, it was just kind of like, part of what our family would do.

### What age did you realize just how advanced you were at this stage?

I think probably already at six or seven because there were like local tournaments that were held through community education in town, and a lot of those tournaments I was beating like fourth, fifth and sixth graders, and there would only be maybe one or two of those older elementary kids that were beating me, so I knew pretty early on. I was doing well for my age group, and then in first grade I tied for first in state in kindergarten through third grade, then tied for first in first grade, and second and third grade also tied for first.

### So going forward, what role did chess play in your life once you started middle school and then throughout high school?

Chess was just kind of on the side, you know?

I liked playing but it was never really like a focus in my life. I think nowadays, the kids are really good, or they're prodigies, they'll be homeschooled flying around the world playing tournaments... But for the most part, it was like kids are just playing on the weekends kind of thing.

### When did you start coming close to achieving the title of national master and what was it like for you once you'd finally achieved it?

I actually thought it was out of reach for a long time. So, when I was right around eighth grade going into ninth grade, I think I my rating hit 2,000 and I would say that was my peak in terms of how good I was for my age with being a 2,000 player at 13... But then high school hit, and I just started playing different sports and the poker boom was happening like right around age 15 or 16 and I got super into poker and my friend group was just playing every time it could and really chess just took a huge back seat. And so I stalled and my rating was low 2,100s when I graduated high school and I just thought

I would never be a master and I even kind of quit playing but just playing the bare minimum for six or seven years.

And then in 2012, I got back into it again and I kind of helped out the Rochester Chess Club and we sort of revived it... and all of a sudden the club started taking off and then at some point then I was like okay maybe I will make that push and let's see if I get to 2,200.

(Achieving it) was huge for me. I didn't realize how much it would matter to me I guess until I got it because it's really kind of like the first recognized title. If you're in the 2,000s I think it's called "expert" but it's not a recognized title, so I was really pumped to get it for sure.

### You've been watching the Rochester Chess Club grow over these years, and just recently Rochester hosted its biggest chess tournament since 1958 with the Rochester Open. What do you think the tournament meant to chess in Rochester?

I think it was really impressive. It's just really cool. A lot of people came together to volunteer to

make it happen. And the Civic Center was really helpful giving us a good rein on the space and stuff like that, which is usually one of the biggest costs.

It was really cool to play in too. There was a long stretch where I was the head tournament director for the Rochester opens and it's really hard to play in an event while directing it. And this one, I was able to just focus on the playing which is really fun.

### Last question I wanted to ask you is just what has chess meant to you overall in your life?

Chess is something that I always come back to. There are stretches in my life where I don't play much at all for a few years, but I get back into and it's like it never left. You know, it's something I'll hopefully be playing when I'm 70 years old. I hope that's like something that I could do someday.

Asked & Answered is a weekly question-and-answer column featuring people of south-eastern Minnesota. Is there somebody you'd like to see featured? Send suggestions to [news@postbulletin.com](mailto:news@postbulletin.com).



# StormTRACKER



Dillon Robert Jesse John Wheeler Lydia Jared Tim  
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Get the latest weather news and alerts with up-to-date forecasts, current and future radar and more with the Stormtracker app.



Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
90/76 Mostly Sunny	86/59 Mostly Cloudy	79/62 Sunny	85/68 Sunny	87/67 PM Thunderstorms	82/63 AM Thunderstorms	81/63 Sunny
Wind: S 15 mph	Wind: W 12 mph	Wind: NE 6 mph	Wind: S 12 mph	Wind: S 10 mph	Wind: N 8 mph	Wind: E 8 mph

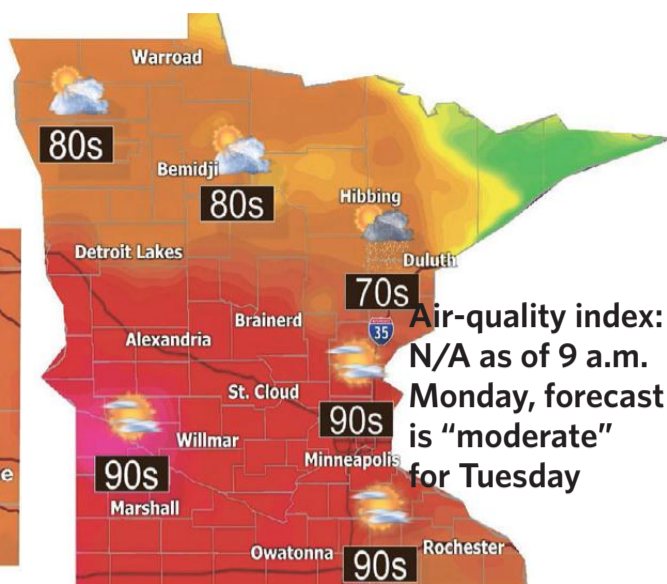
\*Average wind speed for each day

UV Index Today

8

0-2 Low, 3-5 Moderate, 6-7 High, 8-10 Very High, 11+ Extreme.

Area highs for today



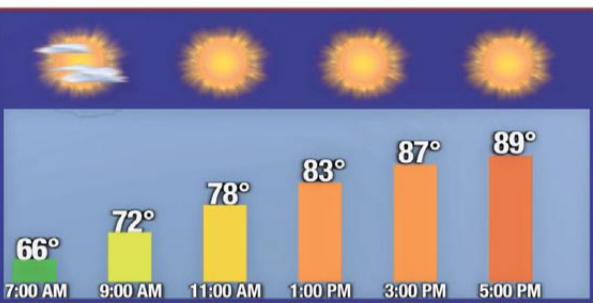
Air-quality index: N/A as of 9 a.m. Monday, forecast is "moderate" for Tuesday

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### StormTRACKER Forecast

Hot today with highs in the lower 90s. Highs in the 80s the rest of the week.

Almanac Through 6 pm Sunday

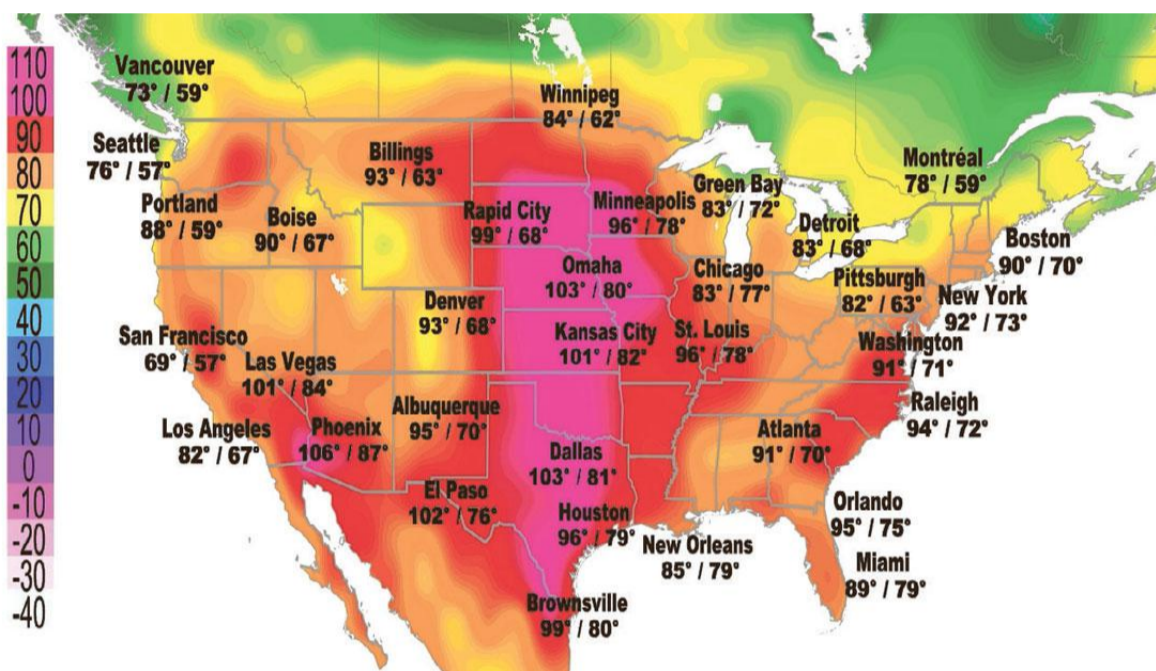
Temperature	High	Low
Sunday	80°	57°
Normal	79°	60°
Record	102° in 1988	45° in 1960

Precipitation	In Inches
Sunday	.08"
Month To Date	5.01"
Departure From Avg Month To Date	.82"
Year To Date	23.85"
Departure From Avg Year To Date	2.41"

First Aug. 5 Full Aug. 11  
Third Aug. 18 New Aug. 27  
Sunrise: 5:59 a.m. Sunset: 8:32 p.m.  
Moonrise: 10:51 a.m. Moonset: 11:04 p.m.

Regional Weather	Today		Tomorrow		Regional Weather	Today		Tomorrow	
	Hi	Lo	Hi	Lo		Hi	Lo	Hi	Lo
Albert Lea, MN	92	76	87	58	Mankato, MN	96	77	90	59
Duluth, MN	77	67	82	58	Marshall, MN	99	75	86	58
Eau Claire, WI	91	76	90	59	Minneapolis, MN	96	78	90	62
International Falls, MN	81	65	69	50	Moorhead, MN	95	69	81	63
La Crosse, WI	91	78	88	63	St. Cloud, MN	96	74	84	56



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**BRATWURST**

**\$2.99**  
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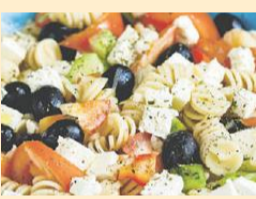
**\$3.99**  
12 oz



ARCTIC SHORES  
**COOKED SHRIMP**  
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**\$7.99**  
16 oz

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Greek Feta Pasta  
**\$4.99**  
lb



Silver Lake's Sloppy Joes  
**\$5.99**  
lb



Silver Lake's Creamy Coleslaw  
**\$3.99**  
lb

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**SWEET BABY RAY'S BBQ SAUCE**



18 oz

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Washington Red Cherries  
**\$3.99**  
lb



Imported Clementine Oranges  
**\$4.99**  
3lb bag



Golden Pineapple  
**\$3.99**



Green Giant Baby Peeled Carrots  
**\$1.29**  
1 lb Bag



Sno White Mushrooms  
**\$1.49**  
8 oz Pkg



Florida B Size Red Potatoes  
**\$3.99**  
3 lb bag

## Dairy



Essential Everyday Deli Sliced Cheese  
7-8 oz



Simply Lemonade  
52 oz

**\$2.79**    **2/\$5.00**

## Frozen



Essential Everyday Waffles  
12.3 oz



Totino's Pizza Rolls  
24.80 oz

**2/\$3.00**    **\$3.99**



Marie Calendar Large Pot Pies  
15 oz



Kemps Ice Cream Pails  
128 oz

**2/\$7.00**    **\$6.99**

## Groceries



7-Up, A&W, RC  
**3/\$12.00**  
12 pk



Kellogg's Pop Tarts or Nutri Grain Bars  
8 ct.

**\$2.79**



Cameron's Single Serve and Coffee Bags  
4.33 oz or 10-12 oz

**\$5.99**



Essential Everyday Honey Bear  
12 oz

**\$2.99**



Essential Everyday Soft & Strong Bath Tissue  
12 ct DBL Roll

**\$6.99**



Essential Everyday Pickle Spears  
24 oz

**\$1.99**



McCormick Taco Seasoning  
87-1.25 oz

**89¢**



Tide Laundry Detergent or Pods  
46 oz or 15-20 ct

**\$7.99**



Essential Everyday Tomato Sauce  
15 oz

**99¢**



Earls Cheese Puffs, Carmel Corn or Triple Popcorn

**\$2.99**  
each



Hawaiian Punch Asst. Flavors  
Gallon

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Pace Medium Salsa or Medium Picante Sauce  
16 oz

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Pepsi  
24 pk

**\$9.99**



# New headliner announced for final Down by the Riverside concert

BY JOHN MOLSEED  
Post Bulletin

ROCHESTER — The lineup of the final Down by the Riverside concert of the 2022 season has been changed.

The flavor hasn't. Rochester Civic Music announced Monday that Kashmir — The Live Led Zeppelin Show will headline the Aug. 14 show.

The Jason Bonham Led Zeppelin Experience was initially on the schedule. Bonham is the son of late Led Zeppelin drummer John Bonham.

Avital Rabinowitz, director of Civic Music, said the original lineup had changed due to contractual reasons.

Rochester band 9th Planet is still set to open the show.

Down by the Riverside is a free outdoor concert series at Mayo Park.

Kashmir bill's itself as an authentic tribute show. All four of the band members assume the roles of the original Led Zeppelin band members to recreate the experience of seeing the pioneering classic rock band live at the height of their popularity.

Jean Violet is on vocals and harmonica; Kevin Slover is on guitar and, yes, theremin; Paul Cooper on drums; Felix



Contributed

## Jean Violet of Led Zeppelin tribute band Kashmir.

Hanemann on bass, keys and mandolin.

Local breweries Little Thistle Brewing Co. and Thesis Beer Project will be on site for the final show of the season. Other area vendors, Old Abe Coffee Co., Tacos Barajas, B-Lo Zero Sno

Cones, Infuzn Foods, and Carroll's Corn will be selling food.

Down by the Riverside is a free outdoor concert series at Mayo Park.

Contact John Molseed at [jmolseed@postbulletin.com](mailto:jmolseed@postbulletin.com).

# Trial begins over denial of morning-after pill in Minn.

BY ALEX DEROSIER  
Post Bulletin

AITKIN, Minn. — A trial this week could determine whether a pharmacist violated a Minnesota woman's human rights when he declined to fill her prescription for emergency contraceptives.

Andrea Anderson, a mother from McGregor, Minnesota, sued under the Minnesota Human Rights Act in 2019 after a pharmacist at a Thrifty White Pharmacy, the only pharmacy in the town, said he couldn't fill her prescription for the "morning after pill" Ella because of his religious beliefs.

After a pharmacy 20 miles away in Aitkin said it could not provide her the prescription, Anderson had to make a 100-mile round trip to Brainerd during a January snowstorm to obtain the drug, according to the lawsuit filed in Aitkin County District Court. She spent more than 3 hours on the road in winter conditions with her then 2-year-old child.

After her experience with the pharmacy in McGregor, Anderson felt she could no longer trust the pharmacy in her town and now fills her prescriptions in Aitkin and Brainerd, significantly increasing how far she must travel to get medication, the lawsuit said.

The trial is scheduled to continue Tuesday, Aug. 2, in Aitkin



Stock image via Unsplash

## The "morning after pill" Ella is at the center of a human rights trial taking place this week in Aitkin County District Court.

County District Court, where jury selection started Monday. Judge David F. Hermerding is presiding over the case. Jurors will have the final say on whether the pharmacist violated state human rights law, which protects against discrimination based on sex — which is defined to include pregnancy, childbirth, and other related conditions.

In a past statement on the case, Gender Justice, a Minnesota legal advocacy nonprofit representing Anderson, said no one should be denied medical care due to the beliefs of their health care providers.

"Pharmacists, like any health care provider, have a legal and ethical duty to provide their patients the care they need,"

the nonprofit said. "In this regard, Andrea was failed at every turn, and we intend to ensure that others don't have to jump the same ridiculous hurdles she did."

The pharmacist at the Thrifty White location in McGregor, George Badeaux, a pastor at a local church, said he objects to the drug Ella as it can prevent an embryo from implanting in the wall of the uterus, according to court documents. In a deposition, he said he had refused to provide emergency contraceptives on three other occasions.

Emergency contraceptives such as Ella and Plan B are not considered abortion drugs by the Food and Drug Administration and work by preventing ovulation. Badeaux's

defense will not be allowed to use terms like abortion during the trial.

While Badeaux said he declined to fill Anderson's prescription for religious reasons, he will not be permitted to present a religious freedom argument and frame his defense in terms of constitutional rights, according to court documents filed ahead of the trial.

Hermerding wrote that the trial's focus must remain on whether Badeaux discriminated against Anderson based on sex. However, Badeaux will be able to explain his religious beliefs on the drug Ella.

Follow Alex Derosier on Twitter [@xanderosier](https://twitter.com/xanderosier) or email [aderosier@forum-comm.com](mailto:aderosier@forum-comm.com).

# Mayor's race spending tops \$28K heading into primary

BY RANDY PETERSEN  
Post Bulletin

ROCHESTER — Campaigns for Rochester's four mayoral candidates have spent a combined \$28,160.55.

Pre-primary election reports, which were due Saturday, show that one candidate — Brad Trahan — was responsible for more than half the reported campaign spending.

Trahan's campaign spent a reported \$15,604.25 of the \$18,366.89 the campaign raised by July 28.

Britt Noser's campaign has reportedly spent \$8,629.02 by July 27, coming in with the second-highest spending in the mayoral race. His campaign reported raising just as much as was spent.

Incumbent Kim Norton's campaign reported spending \$3,333.50 so far, leaving nearly \$12,000 in donations remaining to be spent.

Dean Koutsoukos, who is also challenging Norton for the city's mayoral seat, has reported spending \$593.78, without any contributions aside from his own funds.

All candidates contributed directly to their campaigns, with Noser reporting the largest combined financial contribution at \$2,000.

Trahan followed with \$1,682 in personal contributions to his campaign, and Norton reported a \$100 contribution to her campaign.

The four candidates are on the Aug. 9 ballot, which will reduce the number of candidates to two for the Nov. 8 general

election ballot.

Spending among campaigns for Rochester City Council appears to be less than what is seen for the citywide mayor race.

Candidates are not required to file financial reports until \$750 in spending or contributions are received.

So far, only four council candidates among the city's three ward races have reported their campaign spending.

In Ward 1, incumbent Patrick Keane's campaign has reported \$3,000 in contributions and \$2,395 in spending.

The campaigns of his challengers — Andy Hemenway and Daniel Sepeda — have not filed reports.

In Ward 3, Norman Wahl's campaign has reported \$1,873 in contributions, with \$1,275 spent so far.

Svaar Vinje's campaign has reported raising \$1,300, with \$200 in expenses by July 15.

Ward 3 campaigns for Casey McGregor and Vangie Casto have not filed spending reports.

In Ward 5, incumbent Shaun Palmer's campaign reported \$5,200 in contributions by May 25, with \$500 in spending, but doesn't face a primary challenge.

The campaign for his challenger, Saida Omar, has not yet reported donations or spending that exceeds \$750.

While some candidates will be required to file reports once they cross the \$750 threshold, the next required filing for campaigns that have already filed reports is Oct. 30, shortly before the general election.

Contact local government reporter Randy Petersen at [rpetersen@postbulletin.com](mailto:rpetersen@postbulletin.com).

# St. James nurses vote to decertify from union representation

BY THEODORE TOLLEFSON  
Post Bulletin

ST. JAMES — For the second time in the span of a week, nurses at a Mayo Clinic Health System location have voted to decertify themselves from union representation.

On Monday, the National Labor Relations Board announced that nurses at the Mayo Clinic in St. James met approval for decertification from American Federation of State, County and Municipal Employees Council 65. Nurses at Mayo Clinic St. James voted 15-2 in favor of decertification.

The petition for the decertification was led by Heather Youngwirth, a registered nurse at Mayo Clinic St. James. Youngwirth received help from the National Right to Work Legal Foundation, a conservative nonprofit that helps to break workers from union representation.

The vote was put ahead of the current contract expiration between the Mayo Clinic St. James nurses and AFSCME Council 65, which was set to expire Aug. 21. All 17 nurses participated in the voting through mail-in balloting according to NWRL spokesperson Kylie Thomas.

Youngwirth did not respond to requests from the Post Bulletin for comment.

NWRL Kylie Thomas

said the following on what drove these nurses to vote on union decertification:

"These nurses clearly believe they would be better off without the union, but I'm unable to provide any more specific reasons in this instance. I can say that in other decertification efforts we've seen workers cite union officials ineffectiveness, mismanagement, lack of accountability, and the prioritizing of internal union interests over those of rank-and-file workers."

AFSCME Council 65 did not respond in time of this story's publication to a request for comment on the vote.

In a press release published today, NWRL said that the nurses voted on the basis of union officials at AFSCME wanting to end "monopoly bargaining powers at the Mayo Clinic."

NWRL also assisted nurses at the Mayo Clinic in Mankato, who voted to decertify themselves from the Minnesota Nurses Association union.

That decertification effort was led by Brittnay Burgess, a nurse at Mayo Clinic's Mankato campus.

NWRL is also working with other Minnesota nurses employed at the Cuyuna Regional Medical Center in the Brainerd Lakes region who are seeking to decertify their membership with Services Employees International Union.

## NEWS BRIEF

### SENJEM NAMED RECIPIENT OF MINNESOTA LEGACY AWARD

ROCHESTER — The Coalition of Greater Minnesota Cities selected state Sen. David Senjem, R-Rochester, as a recipient of this year's Minnesota Legacy award.

Senjem was one of seven Minnesota Legacy Award recipients this year.

Every summer, the CGMC recognizes city officials, legislators and community leaders across the state. This year, the coalition's awards were presented on July 28 at its three-day conference in

Red Wing.

The Minnesota Legacy Award is given to legislators after their retirement who had a stand-out positive impact on Minnesota cities during their time serving in state government.

In his legislative career, Senjem has chaired the energy and utilities, finance, and policy committees. He also served as vice chair on the capital investment committee, environment and natural resources policy committee, and legacy finance committee.

According to the CGMC, Senjem was "instrumental" in passing vital capital investment, transportation and environmental bills, and he

has navigated politics to move forward bills beneficial to the state's rural communities.

Senjem, a moderate Republican senator, has been known for his willingness to cross party lines, especially for environmental policy and gender equity issues. Most notably, Senjem served as the sole male senator on the "Advisory Task Force on Expanding the Economic Security of Women."

After wrapping up his sixth term of legislative service, Senjem now plans to run for the Olmsted County Board of Commissioners' District Two seat this fall.

Post Bulletin staff reports



Senjem



# Puzzles/TV

## TV TONIGHT

08/02/2022	Channel	Time	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	Dist	Dirctv
<b>LOCAL CHANNELS</b>																
KTCA	2	2	PBS NewsHour (N)	Finding Your Roots	America Outdoors (N)	Frontline (N)	Nova	Expedition	2	2						
tptMN	22	196	Wisconsin P.Mosaic	MN Orig. Minnesot	Stage	Weaving The Social	Affordable Housing	Street	17	17						
tptLife	23	194	FreeRange Chef's Life	The Coroner	Masterpiece (N)	Cobra (N)	News	Amanpour/Company	Chavis	-	-					
tptKids	24	200	Wild Kratts	Wild Kratts	Arthur	Cyberchase/PinkaPet	Elinor W Donkey	D.Tiger	-	-						
KIMT	3	3	KIMT News	Wheel	FBI	FBI: International	FBI: Most Wanted	News	(35) The Late Show	(35) Corden	-	-				
MNT	32	193	Mom	Sheldon	Chicago Fire	BigBang	Sheldon	Access H.	Friends	Seinf. 2/2	Extra (N)	-	-			
WCCO	4	4	News	Wheel	FBI	FBI: International	FBI: Most Wanted	News	(35) The Late Show	(35) Corden	-	-				
KSTP	5	5	News	News	Celebrity Family Feud	Judge Steve Harvey	The Rookie	News	(35) Jimmy Kimmel (N)	(35) Nightl.	5	5				
KAAL	6	6	News	ABC6News	Celebrity Family Feud	Judge Steve Harvey	The Rookie	News	(35) Jimmy Kimmel (N)	(35) Nightl.	-	-				
THIS	62	192	News	Castlerock (00)	Sox (2013, Family)	Kerry Feirman, David DeLuse.	A Dog of Flanders ('59, Adv)	Donald Crisp, David Ladd.	-	-						
KITC	10	12	KITC News	Inside Ed.	America's Got Talent (N)	Family Game Fight (N)	KITC News	(35) The Tonight Show	(35) Meyers	-	-					
CW	10.2	7	Family Guy	Family Guy	Superman & Lois	Tom Swift (F) (N)	Goldberg	Goldberg	BobBrg	BobBrg	Black-ish	Black-ish	-	-		
H&I	10.3	179	Walker, TR Pt. 2 of 2	Walker, TR Pt. 2 of 2	Star Trek: Next Gen.	Star Trek: Next Gen.	Star Trek: DS Nine	Star Trek: Voyager	Star Trek: Enterprise	-	-					
KARE	11	-	News	News	America's Got Talent (N)	Family Game Fight (N)	News	(35) The Tonight Show	(35) Meyers	11	11					
KSMQ	15	13	Democracy Now!	Democracy Now!	POV	PBS NewsHour	Amanpour/Company	Sister Boniface Mys	-	-						
DW	15.2	197	DW News	Kick Off!	DW News	The Day (N)	News	Close Up	The Day	The77	News	G 3000	The Day	Germany	-	-
CREATE	15.3	198	ProjectFire	Nick S	Milk Street	Harvest	Wine First	Wine First	Steves	Travel	Fly Brother	Paint	Harvest	Milk Street	-	-
KVIN	24	-	News	Wood Shop	Finding Your Roots	America Outdoors (N)	Frontline (N)	Steves	Real Road	Death in Paradise	-	-				
WORLD	24.3	-	News	Nova	Expedition (N)	Nova	PBS NewsHour (N)	News	Amanpour/Company	The Day (N)	-	-				
WFTC	29	-	News	News	Crime Scene Kitchen	Fantasy Island	FOX 9 at 9:00 p.m. (N)	10 at 10	(35) TMZ	(05) Access	DishNat.	29	29			
KSTC	45	-	Seinfeld	Seinf. 2/2	Friends	Friends	Last Man	Last Man	2 Broke G.	2 Broke G.	Mom	Mom	45	45		
KXLT	47	8	Last Man	Last Man	Crime Scene Kitchen	Fantasy Island	FOX 47 News (N)	DailyMail	Molly	Molly	Queens	-	-			
MeTV	47.2	190	M*A*S*H	M*A*S*H	A. Griffith	A. Griffith	Gomer Pyle/Gr. Acres	HoganHero	HoganHero	C.Burnett	Perry Mason	Twilight	-	-		
<b>CABLE CHANNELS</b>																
A&E	42	42	The First 48	The First 48	The First 48	The First 48	(05) The First 48	(05) The First 48	118	265						
AMC	48	48	S. National Lampoon...	S. National Lampoon...	S. National Lampoon...	S. National Lampoon...	(88) Michael Keaton.	(88) Michael Keaton.	131	254						
ANPL	60	60	North Woods Law	North Woods Law	North Woods Law	North Woods Law	Lone Star Law	North Woods Law	184	282						
BET	43	43	Tyler Perry's the Oval	Tyler Perry's the Oval	Tyler Perry's the Oval	Tyler Perry's the Oval	Celebrity Family Feud	Celebrity Family Feud	124	329						
BRAYO	64	64	BD Down Under	BD Down Under	BD Down Under	BD Down Under	Watch	(35) Field of Dreams	(89) James Earl Jones, Kevin Costner.	129	327					
COM	47	47	Daily Show	(45) Tosh.0	(20) Tosh.0	(55) Tosh.0	Tosh.0	Tosh.0	Daily Show	(45) SouthPk	(15) SouthPk	(45) SouthPk	107	249		
DISC	56	56	Deadliest Catch (N)	Deadliest Catch (N)	Deadliest Catch (N)	Deadliest Catch (N)	Naked and Afraid XL	Naked and Afraid XL	182	278						
EI	41	41	Modern	Modern	Modern	Modern	Celeb-Beef	Celebrity Game Face	Nightly	Sex & City	Sex & City	114	236			
ESPN	31	25	30 for 30	30 for 30	30 for 30	30 for 30	Basketball The Tournament -- Dayton, Ohio (Live)	SportsCenter (N)	SportsCenter (N)	140	206					
ESPN2	32	32	NFL Live	NFL Live	NFL Live	NFL Live	To Be Announced	To Be Announced	DC & RC	PFL 2022	143	209				
FOOD	36	36	Chopped	Chopped	Chopped	Chopped	Market Stakeout (N)	Kitchen Crash (N)	Chopped	Supermarket Stakeout	110	231				
FREE	66	66	The Office	The Office	The Office	The Office	Fort Salem (N)	The 700 Club	Simpsons	Simpsons	180	311				
FX	51	51	Movie	(35) Guardians of the Galaxy	(14) Chris Pratt.	(14) Chris Pratt.	Shadows	Shadows	(19) Good Boys	(19) Good Boys	136	248				
GAME	79	79	Ppl. Puzzler	Says	Says	Says	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	116	233		
HALL	78	78	Sweet Autumn	Sweet Autumn	Sweet Autumn	Sweet Autumn	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	185	312		
H&TV	40	40	Good Bones	Good Bones	Good Bones	Good Bones	H.Hunt	House	H.Hunt	House	Good Bones	112	229			
HIST	57	57	Booze, Bets, Sex	Booze, Bets, Sex	Booze, Bets, Sex	Booze, Bets, Sex	(05) The Booze, Bets and Sex That Built America	(05) The Booze, Bets and Sex That Built America	(05) Booze, Bets, Sex	120	269					
INSP	81	81	Guns	Guns	Guns	Guns	Bonanza	Guns	Guns	Wagon Train	Guns	259	364			
LIFE	28	28	Castle	Castle	Castle	Castle	(05) Castle	(05) Castle	Castle	Castle	108	252				
MTV	45	45	Catfish: The TV Show	Catfish (N)	Teen Mom: Young (N)	Teen Mom: Young (N)	Catfish: The TV Show	Catfish: The TV Show	Ridiculous	Ridiculous	160	331				
NEWSN	15	15	On Balance (N)	NewsNation Prime (N)	Dan Abrams Live (N)	Dan Abrams Live (N)	Banfield (N)	NewsNation Tonight (N)	Dan Abrams Live	239	307					
NGEO	59	59	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Primal Survivor (N)	Life Below Zero	Primal Survivor	197	276					
NICK	63	63	The Peanuts Movie	(15) Noah Schnapp.	Friends	Friends	Friends	Friends	Friends	Friends	170	299				
OXY	14	14	Dateline	Dateline	Unforgettable (N)	Unforgettable (N)	Dateline: Secrets Uncovered	Dateline: Secrets Uncovered	127	251						
PARMT	54	54	2 1/2 Men	2 1/2 Men	(89, Com) Tom Berenger, Charlie Sheen.	(89, Com) Tom Berenger, Charlie Sheen.	Tommy Boy (1995, Comedy)	David Spade, Chris Farley.	241	241						
RFD	138	138	TX Agr	TX Agr	Ag PhD (N)	Cattleman (N)	Chris Cox	Saddle Pl	America	Rural News	Ag PhD	Cattleman	231	345		
SYFY	50	50	Movie	(35) Tomb Raider	(18)	(35) Snow White and the Huntsman	(12) Kristen Stewart.	(35) The Huntsman: Winter's War	122	244						
TBS	29	29	Sheldon	Sheldon	Sheldon	Sheldon	Pre-game	MLB Baseball	Los Angeles Dodgers at San Francisco Giants -- San Francisco, Calif. (Live)	139	247					
TLC	55	55	Welcome to Plathville	Welcome to Plathville	Welcome to Plathville	Welcome to Plathville	(N)	Welcome to Plathville	(N)	Welcome to Plathville	138	245				
TNT	52	52	Movie	(2017, Action)	Chris Pine, Gal Gadot.	Titans	(55) Wonder Woman	(17, Act)	Chris Pine, Gal Gadot.	183	280					
TRAVEL	58	58	UFO Witness	UFO Witness	UFO Witness	UFO Witness	UFO Witness	UFO Witness	UFO Witness	UFO Witness	196	277				
TVLAND	49	49	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Queens	40 Queens	15 Queens	50 Queens	106	304		
USA	53	53	Law & Order: S.V.U.	Law & Order: S.V.U.	WWE NXT (Live)	WWE NXT (Live)	(10) Snake in the Grass	(10) Snake in the Grass	(10) Journey 2: The Mysterious Island	105	242					
VH1	44	44	Wild	Wild	Wild	Wild	Black Ink Chicago (N)	Wild	Wild	Wild	Wild	Wild	162	335		

## HOROSCOPE | EUGENIA LAST | TOMORROW'S HOROSCOPE

**ARIES** (March 21-April 19): You've got more going for you than you realize. Step into the spotlight and let your intelligence capture the attention you deserve. ★★

**TAURUS** (April 20-May 20): Don't let a change of plans disrupt your day. Put force behind the changes you want. ★★

**GEMINI** (May 21-June 20): Put more force behind your words. Don't stop until you are happy with the results. ★★

**CANCER** (June 21-July 22): You can be expressive without exaggerating. Sticking to the facts will make your life easier and help you gain respect. ★★

**LEO** (July 23-Aug. 22): An open mind will bring exciting ideas. ★★

**VIRGO** (Aug. 23-Sept. 22): Adjust what you don't like and keep moving forward. ★★

**LIBRA** (Sept. 23-Oct. 22): Keep life simple, doable and stable. Refuse

to let your emotions take over and ruin a good thing. ★★

**SCORPIO** (Oct. 23-Nov. 21): Follow through and make your dreams come true. ★★

**SAGITTARIUS** (Nov. 22-Dec. 21): Money is heading your way. Invest in your talents and skills. ★★

**CAPRICORN** (Dec. 22-Jan. 19): Be aware of what's happening around you. ★★

**AQUARIUS** (Jan. 20-

Feb. 18): You'll get a good look at how someone operates if you open your eyes and go over what's transpired. Don't ignore the signs when it comes to financial partnerships. ★★

**PISCES** (Feb. 19-March 20): A change is favored. Add skills that help you pursue your dreams. ★★

Eugenia Last may be reached at 1-900-451-5571 or www.eugenialast.com.

# Life under bombardment

It's a question some of us must have considered, and the subject of countless shows and films: What would we do during wartime? How would we go about our day-to-day lives during invasion and bombardment?



**TUNE IN TONIGHT**  
Kevin McDonough

"Frontline" (9 p.m., PBS, check local listings) presents "Ukraine: Life Under Russia's Attack." The focus here is not on grand strategies or Putin's atrocities or NATO's endgame, but the lives of ordinary Ukrainians in the border city of Kharkiv, driven from their burned-out apartment buildings and forced to live, sleep and educate their children in subway stations and other underground shelters.

We meet a firefighter, his wife and his 7-year-old daughter, who have moved to the relative safety of the fire house. He makes emergency runs to burning buildings and marketplaces while mother and daughter stay at home trying to keep up with school and homework. The cameras follow an EMT team to a building where an elderly couple have been grievously wounded by a Russian artillery shell. An older man, whose daughter has left the country, continues his work as a street busker, strumming his guitar and singing mournful tunes more attuned to a cabaret than scenes of destruction.

The camera hovers over a subway station turned into a sea of people and blankets. It looks like a

mass homeless encampment — because that's exactly what it is.

Events are presented in a matter-of-fact manner without overt propaganda. You don't need a voiceover to know what these victims of Putin's barbaric war think of him. The fact that many are Russian-speakers and have family on the other side makes matters even more confusing.

At the same time, I was left with technical questions. As someone who lives in a part of rural upstate New York where a strong wind or thunderstorm can cause power outages and leave thousands without broadband, I was shocked to see that many of the people in this film were working on computers, under electric lights and even had cellphone connections. How do you keep a water and sewer system working under such conditions? These are perhaps questions best handled in a different kind of documentary.

Viewers who have become a bit numb to coverage of a war begun in February owe it to themselves to watch this "Frontline," a reminder of the human faces behind the headlines and two-minute news summaries.

## PUZZLES | AUGUST 2, 2022

### BRIDGE | KING FEATURES

#### The exploratory approach

North dealer.  
East-West vulnerable.  
**NORTH**  
♠ 9 5 4  
♥ K 10 8 6  
♦ K 9 8 3  
♣ A J

**WEST**  
♠ K Q 10 7 6 3  
♥ 2  
♦ J 6 2  
♣ 10 8 5

**EAST**  
♠ A J  
♥ Q 7 5  
♦ Q 10 4  
♣ 9 7 6 3 2

**SOUTH**  
♠ 8 2  
♥ A J 9 4 3  
♦ A 7 5  
♣ K Q 4

The bidding:  
North East South West  
Pass Pass 1♥ Pass  
3♥ Pass 4♥ Pass

Opening lead — king of spades.

to guess the location of a missing queen all the time -- just most of the time.

**In the actual** case, declarer had no trouble making the contract. West led the king of spades, overtaken by East with the ace. East returned the jack to West's queen, and West continued with the ten of spades, ruffed by declarer after East discarded a club.

**Now, instead of** tackling the trump suit immediately, which seems the natural thing to do, South embarked on a line of play that he hoped would shed more light on the location of the missing queen. He cashed the A-K-Q of clubs and the A-K of diamonds, then exited with a diamond, won by East with the queen.

**At this point,** declarer had accumulated all the information he needed to solve the trump problem. West had shown up with six spades, three diamonds and three clubs, and therefore could not have started with more than one trump. So when East returned a club at trick ten, South ruffed it in dummy, cashed the king of trump and then finessed the jack with 100% assurance that it would win the trick.

**Tomorrow:** Thinking things through.  
(c)2022 King Features Syndicate Inc.

### JUMBLE | ARNOLD AND ARGIRON

**JUMBLE** THAT SCRAMBLED WORD GAME  
By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

CFLOA  
TUHOY  
DLUEGS  
BRDOFI

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Get the free JUST JUMBLE app - Follow us on Twitter: @PlayJumble

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

(Answers tomorrow)

Yesterday's Jumbles: PIXEL RALLY ZIPPER OBJECT  
Answer: The wind was perfect, which made flying the kite -- A BREEZE



### SUDOKU | UNIVERSAL FEATURES

			8	7				1	
		6		2	1	4			
	2	9		3					6
8					7				4
	3			1		5			
9			4						3
2				4		6	5		
		8	2	9		3			
	3			6	8				

DIFFICULTY RATING: ★★☆☆☆

Complete the grid so every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

**YESTERDAY'S ANSWER**  
2 5 9 4 8 1 6 7 3  
6 8 7 5 9 3 1 4 2  
1 4 3 2 7 6 9 5 8  
7 3 1 6 4 5 2 8 9  
4 6 5 8 2 9 3 1 7  
8 9 2 1 3 7 5 6 4  
5 7 4 3 6 2 8 9 1  
9 2 6 7 1 8 4 3 5  
3 1 8 9 5 4 7 2 6

### CROSSWORD | THOMAS JOSEPH

**ACROSS**

- Insertion symbol
- Sounds from pounds
- Assumed name
- Customary
- Do a pre-meal chore
- Player's peg
- Sick
- Put in stitches
- Attempts
- Correct
- Safari sighting
- Smell
- Like a desert
- Majorette's prop
- Soda flavor
- Roll into a ball



## NBA legend, 5-time MVP Bill Russell dies at 88

BY RICK SOBEY  
Boston Herald

BOSTON — Celtics legend Bill Russell, on the Mount Rushmore of Boston sports with a whopping 11 titles as a player and two championships as the first Black head coach in North American pro sports, died on Sunday. He was 88.

His Twitter account on Sunday tweeted out an announcement with the news.

“Bill Russell, the most prolific winner in American sports history, passed away peacefully today at age 88, with his wife, Jeannine, by his side,” the message stated.

His iconic accolades include a record 11 NBA championships and five MVP awards.

In addition to all his winning on the court, Russell was being remembered for his decades of social justice activism.

“... Bill’s understanding of the struggle is what illuminated his life,” the Twitter message stated.

“From boycotting a 1961 exhibition game to unmask too-long-tolerated discrimination, to leading Mississippi’s first integrated basketball camp in the combustible wake of Medgar Evers’ assassination, to decades of activism ultimately recognized by his receipt of the Presidential Medal of Freedom in 2010,” the message continued. “Bill called out injustice with an unforgiving candor that he intended would disrupt the status quo, and with a powerful example that, though never his humble intention, will forever inspire teamwork, selflessness, and thoughtful change.”

Celtics players on Sunday were remembering the legend. Jayson Tatum tweeted, “Thank you for everything! R.I.P Legend.”

Jaylen Brown tweeted, “Rest In Peace thank you for paving the way and inspiring so many. Today is a sad day but also great day to celebrate his

legacy and what he stood for.”

Grant Williams tweeted, “R.I.P Bill Russell. You allowed me to be in the position I am in today and you changed not only the league but the world. Forever 6.”

The Celtics changed their Twitter avatar to Russell’s number 6, along with 11 shamrocks for his 11 titles as a player and two shamrocks for his two championships as a coach.

“To be the greatest champion in your sport, to revolutionize the way the game is played, and to be a societal leader all at once seems unthinkable, but that is who Bill Russell was,” the Celtics tweeted.

“Bill Russell’s DNA is woven through every element of the Celtics organization, from the relentless pursuit of excellence, to the celebration of team rewards over individual glory, to a commitment to social justice and civil rights off the court,” the team later added.

“Our thoughts are with his family as we mourn his passing and celebrate his enormous legacy in basketball, Boston, and beyond.”

NBA Commissioner Adam Silver in a statement called Russell “the greatest champion in all of team sports.”

“Bill stood for something much bigger than sports: the values of equality, respect and inclusion that he stamped into the DNA of our league,” Silver said. “At the height of his athletic career, Bill advocated vigorously for civil rights and social justice, a legacy he passed down to generations of NBA players who followed in his footsteps. Through the taunts, threats and unthinkable adversity, Bill rose above it all and remained true to his belief that everyone deserves to be treated with dignity.”

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Contributed / John Weiss

The habitat of Peterson Lake south of Wabasha is part of Pool 4 of the Upper Mississippi River that is being studied extensively as part of a major effort to find out more about the river from the Twin Cities down to near St. Louis and the Illinois River.

## Mixed reviews for Mississippi

### EMP report card has some good news, some not-so-good news for river lovers

Lovers of the Upper Mississippi River in this region, take heart:

- Common carp numbers are dropping, while the river is still blessedly devoid of the Asian carp that are violating it farther south.
- Water up here is much clearer than 25 years ago and plant life is again thriving after a crash about 40 years ago.
- Game fish, such as largemouth bass, sunfish and yellow perch, are increasing thanks to the cleaner water and more plants.
- Phosphorus levels are down, which means less algae because phosphorus is a critical chemical for them in freshwater.

Now, disheartening news:

- Sedimentation continues its insidious, relentless filling in. Tens of millions of cubic yards of sand and dirt from the river’s massive watershed have been threatening the backwaters ever since they were created in the 1930s.
- Nitrate levels haven’t changed, which is really bad news for the Gulf of Mexico’s Dead Zone - nitrates are the critical chemical for algae in salt water.
- While nutrients are down or the same, the Mississippi river continues to have way too many nutrients to meet federal water standards.
- Annual flows are increasing, which can mean more trouble for boaters



OUTDOORS  
John Weiss

and sandbar campers. And duration of floods has a big impact on plants.

Those are among the observations in a new report called “Ecological Status and Trends of the Upper Mississippi and Illinois Rivers.” It is 200 pages of documents and graphs covering the Mississippi from south of the Twin Cities near to St. Louis as well as the Illinois River. It is the result of the federal 1986 Water Resources Development Act that created the Environmental Management Program. The EMP is taking a closer look at the Upper Mississippi because it’s so valuable but is also facing significant ecological threats, mainly due to the lock-and-dam system.

Teams of experts have been probing, investigating, measuring and monitoring several stretches of the river for more than a quarter century. The two sections around here are Pool 4 from the lock and dam above Red Wing through Lake Pepin and down to Alma, Wis., and Pool 8 from Genoa, Wis., Lock

and Dam to the Dresbach Lock and Dam upriver of La Crosse, Wis.

The report is their first major report card. “The scope, scale, duration, and scientific rigor of the LTRM are unique among large rivers in the United States and perhaps even the world,” according to the report.

The Mississippi is an amazingly complex ecosystem so any report on how it’s changed in the past 26 years would also, out of necessity, be complex. There are many places where the experts said basically: this is what we found, but we’re not sure why it’s happening.

I’ve fished, canoed, hunted, watched wildlife and enjoyed the Mississippi those 26 years and nearly two decades more. Reading the report was, at times, like reading my past. I didn’t find any “ah-ha!” insights or news that stunned me. But it was welcoming to see so many things documented because here’s one of the best things about this report: It’s a blueprint for where we can go from here. It offers those who manage the river things to think about and maybe change or preserve.

Before we go on to more details, a quick history lesson:

For eons, the Mississippi flowed freely, filling in or opening new channels,

See MISSISSIPPI, Page B2



Mike Lawrie / TNS

Bill Russell, a member of the Boston Celtics’ 1966 Championship team, is honored at halftime of a game between the Boston Celtics and the Miami Heat on April 13, 2016, at TD Garden in Boston. Russell died Sunday.

## Rochester FC making huge jump

### Soccer franchise moving up 2 rungs, adding women’s USL W-League team

EDITORS NOTE: This story was also published in the Post Bulletin’s Monday e-edition

BY PAT RUFF  
Post Bulletin

ROCHESTER — Midhat Mujic and Muharem Dedic are taking a considerable plunge.

The co-owners of men’s amateur soccer club Rochester FC will be operating in much deeper waters next season, the former members of the United Premier Soccer League now joining USL League Two.

USL League Two is still amateur soccer, meaning its players are not paid. But it is just one notch below professional soccer, which

will make it the highest rated soccer in Rochester, surpassing Med City FC which is two rungs below professional in their National Premier Soccer League. Rochester FC’s former UPSL is one rung below the NPSL.

Not only are Bosnian natives Mujic and Dedic joining the men’s ranks of USL League Two, but they will also be fielding a women’s USL team in Rochester that will be operating a single rung below the professionals. That club is joining the 44-team USL W-League, which just completed its inaugural season. Rochester also has women’s soccer franchise Rochester United FC, which

plays in the Women’s Premier Soccer League.

Mujic and Dedic made the announcements in a press conference Friday afternoon at Mayo Civic Center. They also included that they have signed a contract to be outfitted by Adidas and that they’re making subtle changes to their Rochester FC logo.

“We have always been pushing for local player development and discussing how important that is,” said Mujic, who along with Dedic founded Rochester FC in 2018. “What we want to do now is develop a strong and competitive soccer system in Rochester that gives kids growing up here something



Tucker Allen Covey / Post Bulletin

Midhat Mujic and Muharem Dedic shake hands under the table after announcing that Rochester FC will enter the USL League Two on Friday at Mayo Civic Center.

to look up to and a goal of one day being a member of (these new men’s and women’s franchises). I have been in communication with the USL for some time now. It just made total sense for us to make the jump now.”

The jump is a massive one in terms of the soccer competition they’ve signed up for. Also significant is the leap Mujic

and Dedic will be making in financial commitment. Mujic broadly estimates that the combined annual cost of operating both teams will be between \$100,000 and \$200,000, travel included. The annual cost of operating one team in the UPSL was around \$30,000, according to Mujic.

See SOCCER, Page B2



# SCOREBOARD

## LOCAL CALENDAR

**TUESDAY, AUG. 2**  
**NORTHWOODS LEAGUE BASEBALL**  
 Major League Dreams Showcase, Game 1, 4 p.m. (at La Crosse, Wis.)  
 Major League Dreams Showcase, Game 2, 7 p.m. (at La Crosse, Wis.)  
**WEDNESDAY, AUG. 3**  
**NORTHWOODS LEAGUE BASEBALL**  
 Bismarck Larks at Rochester Honkers, 12:05 p.m. (Mayo Field)

## NEXT 3

Next 3 games and TV info. for Minnesota sports teams:  
**MINNESOTA TWINS**  
 • Tuesday, Aug. 2: Detroit, 6:40 p.m. (BSN)  
 • Wednesday, Aug. 3: Detroit, 12:10 p.m. (BSN)  
 • Thursday, Aug. 4: Toronto, 6:40 p.m. (BSN)  
**MINNESOTA UNITED FC**  
 • Saturday, Aug. 6: at Colorado, 8 p.m. (BSN Extra)  
**MINNESOTA LYNX**  
 • Wednesday, Aug. 3: at Seattle, 9 p.m. (BSN)  
 • Sunday, Aug. 7: Atlanta, 6 p.m. (BSN, Amazon Prime)  
 • Wednesday, Aug. 10: at Phoenix, 9 p.m. (BSN Extra, CBS SN)  
**MINNESOTA VIKINGS**  
**PRESEASON**  
 • Sunday, Aug. 14: at Las Vegas, 3:25 p.m. (NFLN)  
 • Saturday, Aug. 20: San Francisco, 6 p.m. (TV: TBD)  
 • Saturday, Aug. 27: at Denver, 8 p.m. (TV: TBD)

## TV HIGHLIGHTS

**TUESDAY, AUGUST 2**  
**MAJOR LEAGUE BASEBALL**

Detroit at Minnesota, 6:30 p.m. (BSN)  
 Dodgers at San Francisco, 8:30 p.m. (TBS)  
**WEDNESDAY, AUGUST 3**  
**MAJOR LEAGUE BASEBALL**  
 Detroit at Minnesota, noon (BSN)  
**PRO BASKETBALL**  
 WNBA, Minnesota at Seattle, 9 p.m. (BSN)

## BASEBALL

Professional MLB				
American League				
	W	L	Pct	GB
<b>East</b>				
NY Yankees	69	34	.670	—
Toronto	57	45	.559	11.5
Tampa Bay	54	48	.529	14.5
Baltimore	51	51	.500	17.5
Boston	51	52	.495	18.0
<b>Central</b>				
Minnesota	53	48	.525	—
Cleveland	52	49	.515	1.0
Chi. White Sox	51	50	.505	2.0
Detroit	41	62	.398	13.0
Kansas City	40	62	.392	13.5
<b>West</b>				
Houston	67	36	.650	—
Seattle	55	48	.534	12.0
Texas	46	55	.455	20.0
LA Angels	43	59	.422	23.5
Oakland	39	65	.375	28.5
<b>National League</b>				
	W	L	Pct	GB
<b>East</b>				
NY Mets	64	37	.634	—
Atlanta	62	41	.602	3.0
Philadelphia	55	47	.539	9.5
Miami	47	55	.461	17.5
Washington	35	68	.340	30.0
<b>Central</b>				
Milwaukee	57	45	.559	—
St. Louis	54	48	.529	3.0
Chi. Cubs	41	60	.406	15.5
Cincinnati	40	61	.396	16.5
Pittsburgh	40	62	.392	17.0
<b>West</b>				
LA Dodgers	68	33	.673	—
San Diego	57	46	.553	12.0
San Francisco	51	51	.500	17.5
Colorado	46	57	.447	23.0
Arizona	45	56	.446	23.0

**American League**  
**Saturday's Results**  
 Tampa Bay 6, Cleveland 4  
 NY Yankees 8, Kansas City 2  
 Toronto 5, Detroit 3  
 Seattle 5, Houston 4  
 Chi. White Sox 3, Oakland 2  
 LA Angels 9, Texas 7  
**Sunday's Results**  
 Toronto 4, Detroit 1  
 Kansas City 8, NY Yankees 6  
 Cleveland 5, Tampa Bay 3  
 Houston 3, Seattle 2, 10 innings  
 Chi. White Sox 4, Oakland 1  
 Texas 5, LA Angels 2  
**Monday's Games**  
 Seattle (Gonzales 6-10) at NY Yankees (German 0-1), 6:05 p.m.  
 Detroit (Skubal 7-8) at Minnesota, 6:40 p.m.  
 Baltimore (Watkins 3-1) at Texas, 7:05 p.m.  
 Boston (Eovaldi 4-3) at Houston (Garcia 8-6), 7:10 p.m.  
 Kansas City (Keller 5-11) at Chi. White Sox (Kopech 4-6), 7:10 p.m.  
**Tuesday's Games**  
 Seattle at NY Yankees (Taillon 10-2), 6:05 p.m.  
 Toronto (Gausman 7-8) at Tampa Bay (Rasmussen 6-3), 6:10 p.m.  
 Detroit at Minnesota (Archer 2-5), 6:40 p.m.  
 Baltimore (Lyles 7-8) at Texas, 7:05 p.m.  
 Boston at Houston (Javier 6-6), 7:10 p.m.  
 Kansas City (Singer 4-3) at Chi. White Sox (Giolito 6-6), 7:10 p.m.  
 Oakland (Montas 4-9) at LA Angels (Syndergaard 5-8), 8:38 p.m.  
**National League**  
**Saturday's Results**  
 NY Mets 4, Miami 0  
 Washington 7, St. Louis 6  
 Philadelphia 2, Pittsburgh 1, 10 innings  
 Atlanta 6, Arizona 2  
 Colorado 5, LA Dodgers 3  
 San Francisco 5, Chi. Cubs 4  
**Sunday's Results**  
 St. Louis 5, Washington 0  
 Philadelphia 8, Pittsburgh 2  
 Atlanta 1, Arizona 0  
 NY Mets 9, Miami 3  
 LA Dodgers 7, Colorado 3  
 San Francisco 4, Chi. Cubs 0  
**Monday's Games**  
 Cincinnati (Greene 3-12) at Miami, 5:40 p.m.  
 NY Mets (Scherzer 6-2) at Washington (Corbin 4-14), 6:05 p.m.  
 Colorado (Senzatela 3-5) at San Diego (Clevinger 2-3), 8:40 p.m.  
 LA Dodgers (Heaney 1-0) at San Francisco, 8:45 p.m.  
**Tuesday's Games**  
 Colorado at San Diego, 3:10 p.m.  
 Cincinnati (Ashcraft 4-2) at Miami (Garrett 2-4), 5:40 p.m.  
 NY Mets (deGrom 0-0) at Washington (Abbott 0-0), 6:05 p.m.  
 Milwaukee (Burnes 8-4) at Pittsburgh (Wilson 1-6), 6:05 p.m.  
 Philadelphia at Atlanta (Strider 5-3), 6:20 p.m.  
 Chi. Cubs at St. Louis (Wainwright 7-8), 6:45 p.m.  
 LA Dodgers (Anderson 11-1) at San Francisco, 8:45 p.m.  
 Colorado at San Diego, 9:10 p.m.  
**Interleague**  
**Saturday's Results**  
 Milwaukee 9, Boston 4  
 Cincinnati 8, Baltimore 2  
 Minnesota 7, San Diego 4  
**Sunday's Results**  
 Boston 7, Milwaukee 2  
 Cincinnati 3, Baltimore 2  
 San Diego 3, Minnesota 2  
**Monday's Games**  
 Arizona at Cleveland (Quantrill 7-5), 6:10 p.m.  
**Tuesday's Games**  
 Arizona (Gallen 5-2) at Cleveland (McKenzie 7-7), 6:10 p.m.

**AL leaders**  
**BATTING**  
**Batter,** **G** **AB** **R** **H** **AVG**  
 Arraez, MIN 91 336 56 112 .333  
 Devers, BOS 87 349 62 113 .324  
 Bogaerts, BOS 99 364 57 115 .316  
 Benintendi, KC/NYY 99 357 41 112 .314  
 Anderson, CHW 74 305 48 95 .311  
 Kirk, TOR 90 296 48 92 .311  
 Alvarez, HOU 86 300 67 93 .310  
 Gurriel Jr., BAL 92 336 44 104 .310  
 France, SEA 88 344 39 106 .308  
 Abreu, CHW 100 378 54 114 .302  
**HOME RUNS**  
 Judge, NYY, 42; Alvarez, HOU, 30; Buxton, MIN, 26; Rizzo, NYY, 25; Stanton, NYY, 24; Trout, LAA, 24; Seager, TEX, 23; Devers, BOS, 22; Ohtani, LAA, 22; 2 tied 21.  
**RUNS BATTED IN**  
 Judge, NYY, 91; Ramirez, CLE, 84; Alvarez, HOU, 70; Tucker, HOU, 65; Garcia, TEX, 63; Guerrero Jr., TOR, 63; Ohtani, LAA, 62; Rizzo, NYY, 62; Stanton, NYY, 61; Story, BOS, 58.  
**PITCHING**  
 Verlander, HOU, 14-3; Cease, CHW, 11-4; Manoah, TOR, 11-5; Taillon, NYY, 10-2; Gilbert, SEA, 10-4; McClanahan, TB, 10-4; Perez, TEX, 9-2; Cole, NYY, 9-3; Cortes Jr., NYY, 9-3; 2 tied 9-4.

**NL leaders**  
**BATTING**  
**Batter,** **G** **AB** **R** **H** **AVG**  
 Schwarber, PHI, 33; Riley, ATL, 29; Alonso, NYM, 26; Goldschmidt, STL, 24; Betts, LAD, 23; Walker, ARI, 23; Cron, COL, 22; Olson, ATL, 21; 5 tied 20.  
**RUNS BATTED IN**  
 Alonso, NYM, 85; Goldschmidt, STL, 78; Turner, LAD, 73; Cron, COL, 71; Lindor, NYY, 70; Riley, ATL, 68; Olson, ATL, 67; Freeman, LAD, 66; Schwarber, PHI, 66; Tellez, MIL, 65.  
**PITCHING**  
 Wright, ATL, 13-4; Gonsolin, LAD, 12-1; Anderson, LAD, 11-1; Carrasco, NYM, 11-4; Fried, ATL, 10-3; Kelly, ARI, 10-5; Urias, LAD, 10-6; Walker, NYY, 9-2; Woodruff, MIL, 9-3; 3 tied 9-4.

**Legion Baseball**  
**DIVISION I STATE TOURNAMENT**  
 (At Burnsville)  
**POOL 1**  
 Thursday, July 28  
 Maple Grove 6, Rochester A's 3  
 Hopkins 6, Rosemount 2  
 Maple Grove 7, Rosemount 6  
 Rochester A's 9, Hopkins 2  
 Friday, July 29  
 Maple Grove 16, Hopkins 4, 6 innings  
 Rosemount 9, Rochester A's 1  
 Saturday, July 30  
 Quarterfinals  
 Edina 4, Maple Grove 1  
 St. Michael 7, Moorhead 3  
 Willmar 5, Princeton 2  
 Mankato 10, Rosemount 0, 6 innings  
 Semifinals  
 St. Michael 6, Edina 1  
 Mankato 8, Willmar 1  
 Final  
 St. Michael 11, Mankato 2  
 \*\*\*\*\*  
**DIVISION II STATE TOURNAMENT**

(At Luverne)  
**FRIDAY, JULY 29**  
 Quarterfinals  
 Morris 8, Chatfield 2  
 Sibley East 5, Jackson 4  
 Tri-Town/Atwater 7, Dilworth-Glyndon-Felton 4  
 Wadena 1, Luverne 0  
**SATURDAY, JULY 30**  
 Consolation semifinals  
 Jackson 8, Chatfield 6  
 D-G-F/T-T-A 7, Luverne 1  
 Consolation final  
 D-G-F/T-T-A 7, Jackson 6  
**Semifinals**  
 Morris 4, Sibley East 1  
 Wadena 4, Tri-Town/Atwater 0  
**SUNDAY, JULY 31**  
 Third place  
 Sibley East 13, Tri-Town/Atwater 2  
 Championship  
 Wadena 14, Morris 0

Professional WNBA				
Eastern Conference				
	W	L	Pct	GB
Chicago	23	7	.767	—
Connecticut	20	10	.667	3
Washington	19	12	.613	4.5
Atlanta	12	18	.400	11
New York	11	18	.379	11.5
Indiana	5	27	.156	19
<b>Western Conference</b>				
	W	L	Pct	GB
Las Vegas	22	8	.733	—
Seattle	19	12	.613	3.5
Dallas	13	16	.448	8.5
Phoenix	13	17	.433	9
Los Angeles	12	16	.429	9
Minnesota	11	19	.367	11
<b>Saturday's Games</b>				
Seattle 82, Washington 77				
Dallas 81, Atlanta 68				
<b>Sunday's Games</b>				
Chicago 95, Connecticut 92, OT				
New York 89, Phoenix 69				
Las Vegas 94, Indiana 69				
Washington 78, Seattle 75				
Minnesota at Los Angeles, 6 p.m.				
<b>Tuesday's Games</b>				
Phoenix at Connecticut, 6 p.m.				
Los Angeles at New York, 6 p.m.				
Las Vegas at Washington, 6 p.m.				
Dallas at Chicago, 8 p.m.				

# Soccer

From page B1

Mujic and Dedic aren't just operating a couple of high-end amateur soccer clubs. They also operate a youth soccer academy in Rochester. They fielded just one youth team this spring and summer, a 13-under collection. But they are expecting to add at least three more youth teams next year.

Dedic believes the name recognition that will come with owning a pair of USL teams will pay major dividends when it comes to their youth academy. Dedic and Mujic both say that their push to grow local soccer won't change despite the jump to these loftier amateur men's and women's leagues. As a member of the UPSL, both stated numerous times over the years that their reason

for owning the team was to give southeastern Minnesota soccer players a chance to play with them. They say they are not abandoning that local commitment, even as they join leagues that are overflowing with current Division I players from across the country and even some former professional players. Dedic and Mujic say they will have plenty of

Division I and II players on their teams who have no local connections. But they are also committed to a roster that represents the southeastern corner of Minnesota, as they hope to land the cream of the local crop each season for their teams. "We will not change," Dedic said. "We are still all about the locals. There will be up to 24 spots on our teams, and I can assure you that 4-6 players

will be local kids. In the coming years, we want to build our (USL) teams from our youth clubs." The USL League Two has 72 teams and operates out of four regional conferences. Rochester FC will be in the Deep North Division of the Central Conference, which includes Des Moines (Iowa), Manitoba (Winnipeg, Manitoba), Minneapolis City SC, Peoria City (Ill.), St. Croix

SC (Stillwater, Minn.) and Thunder Bay (Ontario). The USL League Two has had various incarnations through the years, including for a time being called the USL Premier Development League. For two seasons, Rochester had a team — the Rochester Thunder — in the USL Premier Development League. That was in 2009 and 2010, before the Thunder folded.

# Mississippi

From page B1

creating and always renewing its habitat for fish, plants, migrating waterfowl and later for native Americans. When Europeans came, however, the river didn't suit them because it would get too low in summer so in the late 19th century, a program began to build wing dams to force the river to dredge itself. That didn't work, so in the 1930s, the locks-and-dams system was built from south of the Twin Cities to north of St. Louis. With that, the river became a series of pools and the main channel is always at least nine feet deep. That also created the backwaters behind the dams and they soon blossomed into incredible places for waterfowl, plants, hunters and anglers. But the Mississippi could no longer drop low enough in summer for new plants to grow nor could it open new channels. Slowly, the backwaters are filling in, they are getting old and can do little rejuvenation. For reasons not well understood, backwater vegetation dramatically crashed in the late 1980s and



Contributed / John Weiss

Habitat for fish and wildlife, such as this great blue heron, on the Mississippi River in this region is actually improving somewhat after it was devastated nearly 40 years ago.

some feared the river ecosystem was on the verge of collapse. But it's coming back and to help it, there have been small drawdowns to expose more soils to sunlight, and get more vegetation, as well as island building to slow the wind from

roiling and muddying the water. That's where we are now. Here are some other findings from the report. (I'm concentrating on the river in our region because the lower Mississippi reaches and Illinois River are so different):

• Floodplain forests are dwindling and changing with the additional high water that can kill certain trees, as well as with more invasive bugs like emerald ash borer. Once trees are gone, that wretched reed canary grass and other

invasive can take over and choke out any chance of more forest.  
 • The amount of dissolved oxygen, super critical for any fish to survive, is decreasing in winter in backwaters of Pool 4; low DO was more widespread up here than farther south. Conditions were worse from 2005-2010 with unusually low flows.  
 • While a little reduction has been made in amounts of agricultural fertilizers in the watershed, it's not nearly enough to help the river. And "large amounts of legacy nutrients remain on the landscape," it states.  
 • Overall the fishery "represents perhaps the most intact and functionally sound fish community in a large, developed, and modified temperate river anywhere," the report states. But adds a warning - they have only been looking at 30 years but humans began modifying the river 150 years ago.  
 John Weiss has written and reported about Outdoors topics for the Post Bulletin for more than 45 years. He is the author of the book "Backroads: The Best of the Best by Post-Bulletin Columnist John Weiss"

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SCAN ME



# Vikings cornerbacks dedicating season to late teammate Gladney

Dantzler, Hand, Boyd were very close to former starter who died in May car accident

BY CHRIS TOMASSON  
St. Paul Pioneer Press

When Vikings cornerback Cameron Dantzler arrived for training camp last Tuesday, he held up a No. 20 Jeff Gladney jersey. When he took the field for practice the next day, he wore a helmet visor that had an image of Dantzler and Gladney alongside one another.

Gladney, a first-round pick by the Vikings in 2020 and a starting cornerback as a rookie, died in a car accident in Dallas on May 30. Dantzler, a good friend, is dedicating this season to him.

He's not the only one. Minnesota cornerbacks Harrison Hand and Kris Boyd also say they are using 2022 as a tribute to Gladney.

"We were very close," said Dantzler, a third-round pick in 2020 who also started as a rookie. "He was like my blood brother, my mother's child. Everything I do (this season) for the first

time, I'm doing it for him. Every good play, I'm going to point to the sky."

The No. 31 overall draft pick out of Texas Christian, Gladney started 15 of the 16 games he played in 2020 but was released by the Vikings last August after being indicted in Dallas on a charge of domestic violence. He sat out last season.

At trial in March, Gladney was found not guilty and then signed with the Arizona Cardinals. Dantzler said he was excited to see him resume his career.

"I know how bad he wanted to be out there," Dantzler said. "It still doesn't seem real."

Gladney, 25, and his girlfriend, Mercedes Placios, 26, were killed in an accident at 2:30 a.m. on Memorial Day on a Dallas freeway. According to police reports, Gladney's Mercedes SUV was traveling at an excessive rate of speed and spun off the road before crashing into a brick wall and igniting

into flames.

Dantzler learned of Gladney's death while sitting on a plane in Houston, where he had been for the weekend before returning to Minnesota for the May 31 resumption of organized team activities. He had been planning to visit Gladney in early June.

"I had talked to him that night (of May 29)," Dantzler said. "My mom texted me (May 30) and asked if I was all right on the part of Jeff. I was like, 'What happened to Jeff?' And she was like, 'He died in a car accident.' I didn't believe it."

When Hand heard the news, he was at his home in Cherry Hill, N.J.

"My mom sent it to me," said Hand, a fifth-round pick in 2020. "We have a group chat. It just shocked me. I almost broke out into tears. It's sad. It's a tragedy."

Hand wore No. 38 as a rookie before he switched to No. 20 last season after Gladney was released. He also plans to use this



Photo courtesy of Minnesota Vikings via @camdantzler3

Minnesota Vikings cornerback Cameron Dantzler arrives at training camp Tuesday at the TCO Performance Center in Eagan holding a Jeff Gladney No. 20 jersey. Dantzler is dedicating this season to the memory of Gladney, who was a starting Vikings cornerback in 2020 and died in a May 30 car accident.

season as a tribute to Gladney.

"Definitely trying to keep his memory alive," he said. "I'm actually wearing his number now, and that's a blessing, as well, this season for Jeff. ... We were definitely pretty close. We were both the nickels (in 2020) and we were always talking and laughing and comparing notes."

Hand expected Gladney to have a bright future with the Cardinals.

"He really would have excelled," he said. "He came in (to the NFL) and already had a top-tier game."

Boyd, who was in his second NFL season when Gladney arrived in 2020,

had known Gladney longer than any Vikings player. Boyd is a native of Gilmer, Texas, an hour south of Gladney's native New Boston.

"Me and Jeff grew up in East Texas together and we'd known each other since high school, my freshman year (of 2011)," said Boyd, who played for TCU's Big 12 rival Texas. "I'm dedicating this season to him. I'm going to give it my all and leave everything I can out there on the field and do it in his name."

Boyd said he was the only current Vikings player to attend Gladney's funeral on June 4 in New Boston,

although he said former Minnesota guard Dakota Dozier also was there.

"It was a (sad) experience," Boyd said. "You can't really say too much unless you were there, but it was definitely what I needed. ... That's my brother. I know he's looking down on us now."

Dantzler had planned to attend the funeral but his son got sick. He sent flowers to the family and plans at some point to visit Gladney's grave in New Boston.

"With him not being able to play the game, I just feel like everything I do will be dedicated to him," he said.

# Warroad lands Hockey Day Minnesota 2024

Hockey-crazy community will be the epicenter of the State of Hockey in 2024

BY JESS MYERS  
Post Bulletin

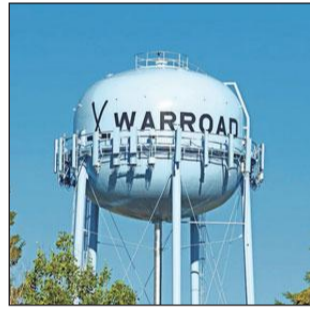
WARROAD, Minn. — Known as "Hockeytown USA" for more than 60 years, the hockey-crazy community of Warroad will be the epicenter of the State of Hockey for a winter weekend in 2024.

Just minutes before the shotgun start of the annual Warroad Celebrity Golf Tournament on Saturday, July 30, officials from Bally Sports North announced that Warroad will host Hockey Day Minnesota for the first time.

"We've been waiting a long time to be able to host Hockey Day Minnesota in Warroad, otherwise known as the real Hockeytown USA," said Tad Palmquist, Hockey Day Minnesota 2024 Local Organizing Committee co-chair, in a statement released by the Minnesota Wild. "As a small community of 1,800 people located near the Canadian border, Warroad and the surrounding area has an impressive hockey legacy. We are excited to showcase how we live life on the ice during HDM 2024 to the entire State of Hockey."

The event will take place over a winter 2024 weekend to be announced. The games are expected to be played at an outdoor rink that will be constructed with a view of Warroad's iconic water tower, which features crossed hockey sticks. Warroad (population 1,830) is the hometown of seven U.S. Olympic hockey players — four of them gold medal winners — and two current NHL players.

In 2022, Warroad's high school girls team won the state title while the boys



Contributed / Visit Warroad

The water tower in Warroad, Minn., which has been nicknamed "Hockeytown USA" since the late 1950s, features crossed hockey sticks.

finished as state runner-up.

One of those current NHLers, Washington Capitals star T.J. Oshie, was on hand for the announcement, just hours before his number 19 jersey was retired by Warroad High School. Oshie was a key player on the Warriors' 2003 and 2005 Minnesota state title teams.

Hockey Day Minnesota, which was first held in 2007 roughly 40 minutes down Highway 11 in Baudette, is a day-long celebration of the sport in the state, featuring outdoor hockey games in the morning and afternoon, and culminating with a Minnesota Wild game in the evening. Warroad, which sits just six miles from the Canadian border, will be the northernmost community to host the event.

The full schedule of games will be announced at a later date, but there was immediate speculation that Warroad and long-time arch rival Roseau could meet on the outdoor rink. Both the Warriors and Rams have participated in Hockey Day Minnesota in the past. Roseau beat Blaine 1-0 in 2008 in Baudette, in a game



Jason Wachter / The Rink Live

Warroad celebrates their win over against Proctor/Hermantown in the State Class A Tournament on Feb. 26 at the Xcel Energy Center in St. Paul.

played under frigid conditions, with the temperature and wind chill well below zero. In 2020 Warroad defeated host Minneapolis 5-1 on an outdoor rink with a view of the skyscrapers of Minnesota's biggest city.

Warroad is the home of Marvin, one of the nation's largest manufacturers of windows and doors, and local officials noted that the company will have a prominent sponsorship role in the event. Christian Brothers, a hockey stick brand, was founded in Warroad and operated there for more than 40 years before the brand name was sold.

Earlier in 2022, Mankato became the first southern Minnesota community to host Hockey Day Minnesota, with more than 10,000 fans filling the football stadium at Minnesota State Mankato for a men's game between the host Mavericks and St. Thomas. The 2023 event will be held in White Bear Township, just north of St. Paul.



John Autey / The Rink Live

Minneapolis goalie Alex Lamont (31) deflects a shot from Warroad forward Matthew Hard (18) in the second period in a boys hockey game during Hockey Day Minnesota at Parade Stadium in Minneapolis on Jan. 18, 2020. Warroad beat Minneapolis, 5-1.

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# Walch begins second training camp with Browns

After spending some time relaxing this summer, Elgin's Carson Walch is gearing up for the grind of the NFL season.

Walch is beginning his second year as the player development coordinator of the Cleveland Browns. Overall this will be his sixth season as a coach in the NFL.

He was back in Elgin in June to see family and attend a football camp of his brother, Travis Walch.

"It was wonderful spending time with my family and friends from Elgin and the surrounding area," Walch said. "After that, I flew to Rio De Janeiro, Brazil, for 10 days and nights then off to Jamaica, my second home, for two and half



## LOCAL SPORTS NOTEBOOK

Guy N. Limbeck

weeks. It was much needed and great to see different parts of the world."

During the season with the Browns, Walch works with players before and after practice. He said he is starting to get a little more comfortable with his role.

"Somewhat yes, but it's still a job that is still green to me," he said. "I've been coaching football for 20 years but this is an entirely new role but translates in

certain ways."

Until becoming a player development coordinator, Walch had always worked closely with players during practices. He was an offensive coordinator in the CFL and a wide receivers coach in the NFL at both Chicago and Philadelphia. That is something that might interest him again at some point.

"This is a wonderful experience and my focus remains on my current role," he said. "But I'm looking forward to opportunities in coaching if they arise down the line."

The Browns have begun training camp uncertain about starting quarterback DeShaun Watson, who could be suspended for some or all of the 2022 season.

Walch declined to comment on Watson's situation.

"This isn't my area to speak on," he said.

A pair of Rochester-based youth softball teams had great success recently as they both won state championships that were held in Rochester.

The 14 and under Minnesota Stix team won the Minnesota Softball Tier 4 State Championship for the 14U Division. The Stix defeated Sleepy Eye Haala 4-3 in the championship game.

The 14U Stix are coached by Jaimi Stejskal, who is also the head coach of the RCTC softball team.

The players include Kadie Augenstein, Nora Bamlet, Kara

Farnsworth, Aubrey Foster, Santanna Heise, Ava Jensson, Kylie Mann, Ella Minnich, Amelia Okeson, Kate Price, Addy Thorson and Anna Wieneke.

The 16U Minnesota Stix team won the Minnesota Softball Tier 1 State Championship for the High School Division by beating the Marshall Peak 18U team 5-1 in the championship game.

The 16U Stix are coached by Abbey Gapinski and her father Eric Gapinski.

The players earned their way on the team based on tryouts and come from a number of area towns. The team consists of Kiersten Bakalars (La Crescent, class of 2023), Morgan Erickson (Century,

2024), Andria Fitch (Kasson-Mantorville, 2024), Ava Frost (Century, 2024), Morgan Fuglestad (Mayo, 2024), Aubrey Grover (Kasson-Mantorville, 2023), Hailey Lamers (Mayo, 2024), Meagan Putzier (Mayo, 2024), Lindsey Schultz (Byron, 2023), Tressa Smith (Stewartville, 2023), Kayla Stevens (Mayo, 2023) and Lucie Voigt (Grand Meadow, 2023).

The Stix are a club-level fastpitch softball program based in Rochester and sponsored by the Rochester Youth Fastpitch Softball Association.

Guy N. Limbeck is a sports writer for the Post Bulletin. His Local Notebook appears each Tuesday. He can be reached at glimbeck@postbulletin.com.



Contributed / Kansas State athletics

Byron native Ayoka Lee (50), who will be a senior this fall at Kansas State University, has been nominated for the 2022 NCAA Woman of the Year Award.

# Byron's Lee up for NCAA Woman of the Year award

Post Bulletin staff

MANHATTAN, Kan. — Add another big-time bullet point to the big-time college basketball career of Byron native Ayoka Lee.

The Kansas State University women's basketball standout has been nominated for the 2022 NCAA Woman of the Year Award.

Lee, who will be a senior for the Wildcats in 2022-23, was nominated for the award by the Big 12 Senior Women's Administrators. The 6-foot-6 center is among 53 nominees at the Division I level.

The Woman of the Year Selection Committee will choose 10 nominees from each division to make up the national Top 30 honorees, which will be announced in October. The selection committee then will narrow the pool to three finalists from each division. The NCAA Committee on Women's Athletics will select the Woman of the Year from the nine finalists.

The winner will be announced in January at the NCAA Convention in San Antonio.

Lee adds the NCAA Woman of the Year nomination to her large



Lee

(second team in 2021; first team in 2022), 2022 Big 12 Women's Basketball Scholar-Athlete of the Year, and three-time Academic All-Big 12 First Team honors.

Lee graduated from Kansas State in May of 2021 with her undergraduate degree in psychology and is currently pursuing her graduate degree in couples and family therapy. Lee is the second player in Kansas State women's basketball history to be named to the CoSIDA Academic All-America First Team, joining Laurie Koehn (2004).

On the court, Lee was named First Team All-America by The Athletic and Sports Illustrated, a Second Team All-American by the Associated Press and USBWA, a Women's Basketball Coaches Association All-America honorable mention recipient, a finalist for the 2022 Lisa Leslie

Award, a unanimous All-Big 12 First Team selection and earned her first selection to the Big 12 All-Defensive Team.

Lee completed the 2021-22 season with career-highs in points (727), points per game (22.0), field goals made and attempted (296-526), free throws made and attempted (135-175), rebounds (339), blocks (95), steals (39), assists (23) and double-doubles (20).

She was the only player in NCAA Division I women's basketball in the 2021-22 season — and the first in Kansas State history — to register 725 or more points, 325 or more rebounds and 90 or more blocks.

With her scoring average of 22.0 points per game and total of 296 field goals made, Lee set the single-season school records for scoring average and field goals made. Her 727 points rank second in school history for points in a season and set a school record for points in a junior season.

Lee was the first player in Wildcats history to average a double-double in at least two seasons, as she achieved the feat in her freshman season in 2019-20 and again in 2021-22.

Lee also set the NCAA Division I single-game scoring record of 61 points against Oklahoma on Jan. 23. She also led the Big 12 for field goal percentage, had a Big 12-best eight games with 30 or more points, and set a program record for rebounds in a season (339).

A four-time Big 12 Player of the Week and a three-time ESPN.com National Player of the Week, Lee set the school record for double-doubles with 20. She became the sixth player in the history of the Big 12 to register 20 or more double-doubles in a season.

In Big 12 play, Lee led the league in field goal percentage (.555), 30-point games (4), games with 10 or more rebounds (11) and double-doubles (11). She finished second in the Big 12 in scoring (21.89 ppg), rebounding (9.78 rpg) and blocked shots (2.4 bpg).

Lee ranks ninth in school history for points scored with 1,661, sixth in rebounds (887), third in blocks (235), sixth in field goals made (665) and sixth in free throws made (331). She is also second in double-doubles (49).

# Young Chatfield gains valuable state tournament experience

## A's ousted in pool play

### STAFF REPORTS

LUVERNE, Minn. — Chatfield didn't manage to post a victory at the Division II American Legion baseball state tournament, but the players did manage to gain some more valuable big-game experience.

After falling 8-2 to Morris in the state quarterfinals on Friday, Chatfield was eliminated from the state consolation round with an 8-6 loss to Jackson on Saturday.

"We were disappointed that we went 0-2, but it was a great experience for the kids," Chatfield coach Dan Schindler said.

Schindler figured that Chatfield was in the tough half of the bracket in the tournament. Morris did win in the state semifinals Friday and was to play for the state championship on Sunday. After beating Chatfield, Jackson suffered a one-run loss in the fifth-place game later on Saturday.

"Overall I was pleased with the way we played," Schindler said. "But we didn't play our best baseball."

Chatfield was missing three starters against Jackson, including Caden Nolte, who had to leave for college football.

Jackson led 5-2 after three innings and two runs were unearned.

Drew Schindler came on in relief of Chase Daniels in the fourth inning and he retired nine straight batters. He did give up three runs in the seventh and left with two outs after being hit by a batted ball.

"He came in and kept us in the game," coach Schindler said.

Chatfield rallied in the bottom of the seventh with three runs to pull within 8-6. Post 197 had runners on second and third when Jackson recorded the final out to end the game.

"It was nice that we were able to come back," Schindler said.

Seth Goetzinger led Chatfield's offensive attack as he went 3-for-4 with three RBIs and two runs scored. Caden Boyum was 2-for-4 with an RBI, Schindler had a

double and an RBI and Jack Dornack added a run-scoring single.

Coach Schindler likes the future of the Chatfield program.

"I think we were the youngest team in the tournament," he said.

Of Chatfield's 18 players, 17 will be eligible to come back and play next summer. Schindler noted that the players have had a lot of success in baseball as well as other sports. Most were members of Chatfield's Class AA state championship football team last fall.

"This senior crew (which includes nine players), they're looking for big things next year," Schindler said. "... They've kind of experienced everything. They've experienced losing out in (high school) baseball, they've experienced winning to get to state in Legion and they've experienced a state championship in football."

Post 197 finished the season with a 16-4 record.

### A'S SEASON ENDS

BURNSVILLE — After posting a big win in the second round of pool play at the Division I American Legion Baseball State Tournament, the Rochester A's could not keep the momentum rolling on Friday.

The A's saw their season end with a 9-1 loss to Rosemount in the third and final game of pool play on Friday. The A's had lost to Maple Grove 6-3 in the first round and then knocked off No. 1 Hopkins 9-2 in the second game on Thursday.

The top two teams in each pool advance to the single-elimination final eight of the tournament beginning Saturday. Maple Grove finished 3-0 to advance. The A's, Rosemount and Hopkins were all 1-2. Rosemount won a tiebreaker to advance. The A's ended up missing out by two runs.

No other details were available for Rochester's game against Rosemount. The A's finish the season with a 16-11 record.



# Obituaries

## Earl Joseph Kinneberg



Earl Kinneberg entered the world on February 12, 1946, then provided love and laughs to friends and family until he died at home in Rochester on July 28, 2022.

He was married to his Preston High School sweetheart, Diane, for 55 years and they had two sons. He enjoyed a life full of family activities and cherished time with his six grandchildren who were loved while also perplexed by Grandpa's ability to "pull his thumb off."

After school, Earl joined the US Army and spent over a year in Vietnam earning two Purple Hearts among his many honors. He ultimately dedicated 33 years of service including spending his 21st birthday in Vietnam and his 50th birthday in Bosnia. His lifelong work ethic was infectious as Earl worked on the family farm as a child, was a rural mail carrier until retirement and then enjoyed chauffeuring the bus for local sports teams to their games. He also continued to operate a newer storage facility business with his son.

Earl was blessed with numerous lifelong friends and thoroughly enjoyed fishing, hunting and all of the story filled camaraderie. Did you know that "it takes a big dog to weigh a ton? He also truly embraced his time impacting lives in the community. He brought smiles and balloon animals to parade goers as a Masonic Merry Medic while also serving in a leadership position for the Military Order of the Purple Heart. He was also a past president of R.A.C.E., the local corvette club.

While he was preceded in death by his parents, Palmer and Orillie, he leaves behind an energetic family: Wife Diane Kinneberg; sons David (Angela) and Doug (Beth); grandchildren Andrew, Liam, Norah, Carter, Cline and Coco; brothers Ernest (Eileen), Elden (Denise); sisters Elaine Maust (Bob), Eleanor Stultz, Eloise Ostrem (John), Enda Burgess; brothers-in-law, Donald Schultz, Jerry (Jan) Schultz, Lyle (Sheryl) Schultz; sisters-in-law Jane Christensen, Mary (Lloyd) Flint, Kristi Schultz. He also leaves an extensive friend network that he valued beyond measure.

A memorial service will be held at Zumbro Lutheran Church in Rochester on Wednesday August 3rd 2022 at 10:30AM with burial at Minnesota State Veterans Cemetery in Preston, Minnesota. Visitation is 4:00-7:00PM on Tuesday August 2nd 2022 at Ranfranz & Vine Funeral Home, Rochester. In lieu of flowers, memorials to the Military Order of the Purple Heart Chapter 7110 or Zumbro Lutheran Church are welcomed.

Ranfranz and Vine Funeral Home is honored to be serving the Kinneberg family; to share a special memory or condolence please visit [www.ranfranzandvinefh.com](http://www.ranfranzandvinefh.com).



## Paul Allan Finseth



Paul Allan Finseth, 79, of Rochester, MN, passed away at St. Mary's Hospital, on July 29, 2022.

Paul was born on December 3, 1942, to Allan and Leona Finseth in Faribault, MN. He grew up in Kenyon, MN and graduated from Kenyon High School in 1960. He continued his education at the University of Minnesota, where he majored in mathematics, continuing onto the UMN Law School where he graduated in 1967. Upon graduating, Paul enlisted in the US Army and spent time in Vietnam. He then returned to Rochester, MN where he started practicing law. He had practiced law at Dunlap & Seeger (previous Dunlap, Finseth, Berndt & Sandberg, P.A) up until his death.

Paul was referred to as the 'Most Eligible Bachelor in Rochester' until he caught the eye of Carole Dahle, from Rochester, MN, in 1975. They were married on October 9, 1976. They had an instant family with Carole's 4 children from a previous marriage: Tod Dahle (Tess), Lesa Zawislak, Aaron Dahle (Sandra), and Jennifer Dahle (Barry). They spent the early years of their marriage boating on the Mississippi River, holding card club, traveling, and enjoying sporting events. Paul also enjoyed yearly fishing trips to Canada and hunting.

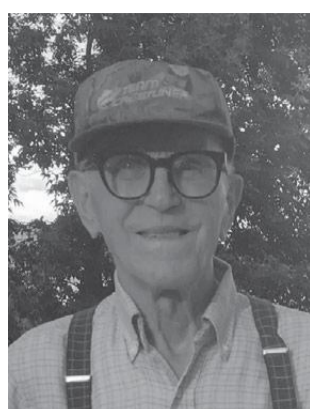
Paul is survived by his wife, Carole, his 4 stepchildren, 19 grandchildren and 5 great-grandchildren. He was preceded in death by his parents and his son-in-law, Steven Zawislak.

A memorial service will be held at a later date, with a grave-side ceremony at the Kenyon cemetery where he will be buried in the family plot.

Ranfranz and Vine Funeral Home is honored to be serving the Finseth family; to share a special memory or condolence please visit [www.ranfranzandvinefh.com](http://www.ranfranzandvinefh.com).



## Josef "Joe" Emanuel



Josef "Joe" Emanuel Toman, age 93, of Byron, MN died July 17, 2022 at Seasons Hospice under the care of his loving wife and Season's Hospice staff.

Joe was born December 17, 1928 in the small town of Brti, Czech Republic. He attended school in Brti until World War II began and the Germans took control of the schools for army purposes. Joe received his remaining education by going to different homes and graduated at age 16. He then studied to be an electrician and worked as one until he was drafted in the Czech Army at age 18. While in the Czech Army, he served as a switchboard operator. On Christmas Eve 1949 while on duty near the border, he fled his communist country to seek a life of freedom. He successfully escaped and made it to Germany where he received protection under political asylum. He lived in a refugee camp and eventually got assigned to guard the ammunition area for the United States Army. He later learned the Army was looking for volunteers to serve in the Korean War and in 1952 he signed a 5-year contract and enlisted in the Army Infantry as part of the ground troops. Upon enlisting, he was transported to Fort Dix, NJ for basic training and then sent to South Korea where he fought in the Korean War. Upon completion of his tour of duty in the Korean War, he was stationed in Augsburg, Germany where he met his wife. Joe was united in marriage to Hannelore "Lori" Sommer on August 14, 1957 in Augsburg, Germany.

During Joe's time in the United States Army, he moved up the ranks serving his final role as Sergeant First Class (SFC) in charge of 200+ soldiers. After being discharged from the Army in December 1957, he sought his U.S. citizenship and opted to settle in Minnesota where the landscape and seasons reminded him of his homeland. In Minnesota, he felt honored to meet Senator Hubert H. Humphrey who signed his citizenship papers. Joe lived in Rochester for a few years until he purchased a hobby farm outside of Byron. He worked at IBM for 30 years as a machinist and enjoyed part-time farming. Joe only returned to his homeland 41 years later after the fall of the Berlin Wall in 1989.

Joe was a proud American and felt blessed to be in the land of opportunity where he could pursue his dreams and make a better life for himself and his family. He adored his grandchildren and loved putting them to work. He had a passion for being outdoors and "making friends with nature". He was happiest when he was busy doing something outside, which sometimes even included painting various objects with interesting color choices. He had an unbelievable work ethic and was still chopping wood in his 90s. Joe loved garage sales, polka music and dancing. He also enjoyed making jokes, telling stories and had a beautiful twinkle in his eye when he smiled which will be missed by many.

Joe is survived by his wife, Lori and his children, Michael "Mike" (Suganda) Toman of Austin, TX and Kristine "Kris" (Jeff) Underwood of Byron, MN; grandsons, Jason (Kristina) Toman of Sugar Land, TX, Christopher (Taylor) Toman of Austin, TX, and Bailey, Tyler and Travis of Byron, MN; great-grandsons, Brooks and Austin "AJ".

He was preceded in death by his son, Garry; parents, Vaclav and Rozalie; brother, Vaclav; sisters, Ludmilla and Maria; and 3 infant siblings all born in different years but died shortly after birth.

The memorial service will be held at 11:00 a.m. Monday, August 8, 2022 in the Byron Funeral Home. Visitation will be held one hour prior to the service on Monday. Burial will be in Byron Cemetery.

Online condolences are welcome at [www.byronfuneralhome.com](http://www.byronfuneralhome.com).



## Joan Pollema



Joan Catherine Pollema, 75, of Saint Charles died, July 27, 2022, surrounded by her family.

Joan was born on August 2, 1946 to Gregory and Evabell (Davidshofer) Kramer. She was the seventh of seven children and grew up on their family farm near Elba, Minnesota. Joan graduated from Saint Charles High School in 1964. She attended Winona State University where she studied social work. She married Harold Peter Fort Jr. in 1967. They went on to raise their five children. They later divorced. Joan married David Herman Pollema on June 28, 2003 at Saint Charles Borromeo Church. They resided in Saint Charles together. Joan worked at Camera Art and Arbor Gardens; however her career highlight was owning and opening Grandma's Variety, where her homemade candles and Saints apparel were sold.

Joan lived by the motto "live simply." Some of her simple pleasures included: time with her grandchildren, visiting with her special friend Robyn, neighbors and passersby on her front porch, camping, reading on her back swing, or watching wildlife out her windows. She is well known for her witty humor and easy to talk to personality.

Joan is survived by her five children, or the fabulous five, as referred to by Joan. Tom Fort (Sara) of Saint Charles, Carolyn Nicklay (Rick) of Saint Charles, Sue Paul (Ryan) of Saint Charles, Joe Fort (Jen) of Zumbro Falls, Julie Carlson (Tom) of Saint Charles; Ten grandchildren Brandon Nicklay, Josh Nicklay (Mikayla), Cody Nicklay (Amanda), Ashley Paul, Andrew Paul, Morgan Carlson, Haley Carlson, Eva Fort, Charlie Fort, and Emma Fort. Two great-grandchildren Brooklynn Nicklay and Miles Nicklay; her siblings Edward Kramer and Leo Kramer both of Elba, Minnesota, brother in law Thomas Helfter of Le Center, Minnesota and her beloved four-legged companion, Jackson.

She is preceded in death by her husband David; her parents, sisters, Regina Leisen, Mildred Dee, and Lucille Helfter; brother Leonard Kramer; sisters-in-law Dorothy Pollema, JoAn Kramer, and Donna Kramer; brothers-in-law Joseph Leisen and Stanley Dee.

Funeral mass will be held at 4 pm Saturday, August 6th, 2022, at Saint Aloysius Catholic Church in Elba. Visitation will be two hours prior to the funeral on Saturday. Burial will be at Saint Aloysius Cemetery in Elba, Minnesota. Hoff Funeral Service of St. Charles is assisting the family with arrangements. [www.hofffuneral.com](http://www.hofffuneral.com).

## DEATH NOTICE

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### La Vonne Christie

May 18, 1928 - July 28, 2022  
 CHATFIELD, Mass. - La Vonne Christie, 94, St. Charles, Minn., died Thursday, July 28, in Chatfield. Visitation will be from 9:30-11 a.m., followed by a funeral at 11 a.m., Wednesday, Aug. 3, at Hoff Funeral Home in St. Charles.

Arrangements by Hoff Funeral Home.

## 1997: Mayo Clinic to build a new employee health center

### 1997 - 25 years ago

- Thanks to a significant donation from the chair of Slim-Fast Foods, Mayo Clinic will build a new employee health center five times larger than its current center. S. Daniel Abraham's gift will pay for most of the center.

- The new "Talk With Me Barbie" comes with a minicomputer on a desk, cables to connect to a home computer, and a CD-ROM. The retail cost is \$90.00.

### 1972 - 50 years ago

- The Rochester Fire Department rescued a three-week-old puppy



### THE DAY IN HISTORY

Loren Else

who fell into an 11-foot-deep well shaft. The firefighters rigged up a snare and safely pulled the little guy out. The puppy, the puppy's mom, and the human owners all appreciated the rescue.

- The Alice Mayo Society will hold its annual lawn party at

the Mayo Foundation House. The event is open to all members, and a tour of the home will be conducted as part of the event.

### 1947 - 75 years ago

- A total of 8,388 swimmers took advantage of the Soldiers Field municipal pool during the recent heatwave. The five days, July 26 through 30, was the highest attendance in the pool's history.

- The city of Austin is planning the installation of parking meters. About 190 will be purchased, and the town is receiving bids now on automatic

and manually operated meters.

### 1922 - 100 years ago

- Alexander Graham Bell, the inventor of the telephone and one of the country's most distinguished scientists, died in Nova Scotia at the age of 75. (During Bell's funeral, every phone in America was silenced to pay tribute to the inventor).

- Due to increased production, Studebaker cars have been reduced by \$70 to \$225 on various models. The popular enclosed car will be featured more strongly than ever in 1923.

Got questions?

Never fear... The Answer Man is here!

Send questions to [answerman@postbulletin.com](mailto:answerman@postbulletin.com).

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OBITUARY

Harlan J. Nagel



Harlan J. Nagel, age 78, of Spring Valley, MN, passed away at Regional Health Services of Howard County on July 28, 2022.

Harlan James was born on January 05, 1944, to Orrin and Clarice (Bessingpas) Nagel in Cresco, IA. He attended country school in Cherry Grove, MN, and graduated from Wykoff High School in 1961. He continued his education at Westmar College in Le Mars, IA and attained his Master's degree from the University of Michigan. After receiving his Master's, Harlan taught math for 10+ years. When he retired, he moved back to his hometown, Cherry Grove, where he built a new home on the family farm. He lived at the farm up until his death. Harlan was a passionate bicycle rider. He rode many miles in his life which included 21 trips across Iowa during RAGBRAI. Harlan is survived by his siblings Lois Nagel, Cherry Grove, MN, Ardis (Greg) Grossbach, Owatonna, MN; brother-in-law Jerry Erickson and sister-in-law Della (Mark) Davis and many nieces and nephews.

He is preceded in death by his parents and siblings Roger Nagel and Carolyn Erickson.

Memorial Services for Harlan will be held at 11:00 a.m. on Tuesday, August 2, 2022 at the Cherry Grove United Methodist Church in Cherry Grove, MN with Pastor Christopher Pollock officiating. Visitation will be held for one hour prior to the service. Burial will take place at the Cherry Grove Cemetery.

Online condolences may be left at [www.hindtfuneralhomes.com](http://www.hindtfuneralhomes.com)

See MORE OBITUARIES, Page B5

NEWS BRIEFS

FORMER POLICE OFFICER SENTENCED FOR RECKLESS DISCHARGE OF FIREARM

GRANITE FALLS, Minn. — A former law enforcement officer will serve 15 days in jail and two years of probation, and has lost his peace officer license, as the result of a felony conviction for reckless discharge of a firearm in a municipality. Alex John Schlangen, 29, of Richmond, pleaded guilty May 5 to reckless discharge of a firearm in a municipality as part of an agreement in which a charge of domestic assault was dismissed.

An amended sentencing order issued by the District Court in Yellow Medicine County on July 12 requires that he serve 15 days in jail with credit for four days served and probation for two years. The sentence is a stay of imposition, and becomes a misdemeanor conviction on successful completion of probation, according to the court record.

The Minnesota Board of Peace Officer Standards and Training last week completed the revocation of the defendant's peace officer license following his felony conviction. According to information from Erik Misselt, the board's executive director, the board's rules make it clear that, for licensing purposes, the felony conviction stands regardless of the stay of imposition, meaning the license cannot be reinstated whether or not Schlangen successfully meets the requirements of his probation.

The Minnesota

Board of Peace Officer Standards and Training records show that Schlangen's license was issued in October 2014 and he had been employed during his law enforcement career with the Kanabec County and Isanti County sheriff's offices, the Belgrade-Broosten Police Department and Upper Sioux Tribal Community Police.

DOZENS GATHER IN NEW LONDON TO MARK 20 YEARS SINCE TEEN DISAPPEARED

NEW LONDON, Minn. — Dozens gathered in New London on Saturday morning to keep Danny Lee Neville's memory alive as work continues to be done in bringing Danny home for the 20th anniversary of his disappearance.

During the early morning hours of Aug. 1, 2002, Daniel Lee Neville was seen at a party in New London. It was the last time anyone saw the 18-year-old. Twenty years later, his family and the Kandiyohi County Sheriff's Office are still looking for answers.

Following the mile-long walk from Peace Lutheran Church in New London to Danny's tree in Old Gray Park in downtown New London, friends, family and supporters gathered to listen to Detective Sgt. Kent Bauman with the Kandiyohi County Sheriff's Office speak about the updates on Danny Neville's case. Although no major details were released due to the ongoing investigation, Bauman gave the crowd hope moving forward.

— Forum News Service



Photos by Ben Hovland / MPR News

Bolat Shaimerdenov, left, and Leila López practice conversations during an English class at the International Institute of Minnesota on July 21.

Back to class English language providers see increased demand as influx of new immigrants arrive in Minnesota

BY NINA MOINI MPR News

ST. PAUL — In-person English language classes resumed recently at the International Institute of Minnesota's St. Paul headquarters.

On a recent weekday, a classroom bustled with conversation and laughter as adults born across the world discussed something commonly shared; how they take their coffee.

Sylvie Sahiri remembers her time in those classes fondly when she first arrived in Minnesota from Ivory Coast 20 years ago. Sahiri had just graduated high school when her parents encouraged her to come to the United States for a chance at a better education.

"Perseverance, patience, it was critical," Sahiri recalled. "You have to want to learn."

Like most students who visit the Institute, Sahiri had learned some English while growing up, and she learned of the free services by word of mouth. Sahiri eventually entered a program to train as a nursing assistant, and eventually went to college and became a registered nurse.

These days, Sahiri lives with her two children and mother in Woodbury. The children speak perfect English and Sahiri is teaching them her first language, French.

"I am proud of myself, seeing what I have accomplished so far and what I want to accomplish," Sahiri said. "It keeps me going."

Watching new students in the classrooms, Sahiri can see a bright future for them as well.

The face-to-face interactions are also a welcomed sight for

Languages Program Manager Stacy Dietrich Varney, who once taught Sahiri. Dietrich Varney explains about 20 new students per week come to the Institute with a range of educational backgrounds. Some adults have multiple college degrees from other countries and some are just learning how to hold a pencil. That is why an individualized approach is key.

"It's a path for somebody to get through this really difficult time that a lot of people don't ever have to experience," Dietrich Varney said. "It's reality for these students."

The Institute recently reopened in-person classes inside a newly renovated and expanded building that will help them serve an additional 500 new Americans each year with services like English classes, workforce readiness programs and classes for those who want to pursue college.

PROGRAMS TRIPLE

The Institute reports since 2012, the number of programs offered onsite has tripled, and the number of staff has doubled. Dietrich Varney said the growth has reflected the growth in new immigrants to the state of Minnesota in that time.

In 2019, the Institute was serving the most individuals in its history, around 700 — that number quickly plummeted to around 300 when the coronavirus pandemic forced a move to online learning.

Dietrich Varney said her students were facing many challenges everybody faced at that time like job loss and child care troubles. A lack of language skills also heightened those struggles for some of her

students.

"We lost a big population that we normally have," Dietrich Varney said. "That was a big challenge and knowing they were out there."

Since in-person classes resumed a couple of months ago, Dietrich Varney said student numbers are back up to around 500 students and growing quickly.

Grace Sellu is among the newer students. Sellu arrived in Minnesota from Sierra Leone in April. Eager to get to work, Sellu graduated from the Institute's housekeeping program in June. Sellu is now looking for housekeeping work while continuing to improve her English.

"I am trying, trying my best," Sellu said. "I am learning every day, ready to learn more."

But many new arrivals to Minnesota face a lot of challenges that can put English classes on the back burner.

Brad Hasskamp is the state director of Adult Education, which includes English learning classes.

"Sometimes you can't fit that in if you are also trying to figure out your housing, your children's education, food, money and transportation and all these other things," Hasskamp explained.

Hasskamp said of the nearly 60,000 students in his adult education courses across the state per year, about half of them are registered as English language learners. Enrollment declined steeply by about half during the pandemic for many of the reasons Hasskamp described, but he reports it is beginning to rebound, especially with an influx of newly arrived Afghans and some Ukrainians. Many of the adult students served are also originally from African nations.

English language learning courses are available through the Minnesota Department of Education, several non-profits and refugee resettlement agencies, but getting to a class in-person can be especially challenging in rural areas of the state where classes may be far away and broadband

internet service can be a problem.

That is partly why Hasskamp said many providers across the state are keeping and adjusting some hybrid classes for adult students, even as the height of the pandemic restrictions passed.

"Our teachers have really had to put in a lot of work on how to redevelop our models of education so that we can provide more flexibility and serve more people," he said.

Hasskamp said he is already hearing of success stories in rural and urban areas where hybrid programs are able to reach more students than before the pandemic.

At the International Institute of Minnesota, Stacy Dietrich Varney said most of the classes have returned to in-person, but she continues to offer some hybrid options to pull in new students or those who may have had to take a step back during the height of the pandemic and still need the flexibility.

"It's just great to see more people coming back that I had in class years ago," Dietrich Varney said.

While some adult students will still fall away or are still not able to pursue English classes, Dietrich Varney understands the complex realities of their lives and will always encourage them to pursue learning the language on their own terms.

Dietrich Varney's face lights up with a big smile when she talks about the successes of students like Grace Sellu and Sylvie Sahiri.

"It's a feeling of the love of students shared because I have it for them," Dietrich Varney said. "It is a mutual happiness."

For those seeking English language services, providers in the state have a website and hotline to call or text with access to interpreters in over 200 languages to help people in their native language. The number to call is 800-222-1990 and the number to text is 612-424-1211.



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# ‘Finndian?’ ‘Swanishinaabe?’

## Some Native people in northern Minnesota reconnect with their Scandinavian roots

BY DAN KRAKER  
MPR News

DULUTH — Melissa Walls grew up in International Falls, Minnesota, the daughter of an Ojibwe — or Anishinaabe mom — and a Swedish-American dad. But for the most part, she was raised as part of her mom’s large extended family, which descends from Ojibwe bands on both sides of the Canadian border.

Many of them worked at the Indian Center in town, where she remembers playing with other Native kids as a child. “So I knew very well that I was Anishinaabe, Ojibwe, growing up,” Walls said.

In graduate school, she studied American Indian mental health and bonded with other Native American students. Now she’s a professor and researcher for Johns Hopkins University, based in Duluth, where she’s immersed herself in Ojibwe culture.

“I was a jingle dancer as a little girl and now I dance again,” she said. I “go to ceremony,” and “get to work with amazing elders across the region.”

But through all this time, she never knew much about her dad’s side of the family. Then, one day about five years ago, her dad’s sister found an ad in the paper for a Swedish TV show called “Allt for Sverige.”

“And she sent me in the snail mail, a little clip of this little ad and she said, ‘they’re casting for a reality show in Sweden, you should apply and learn something about this side of the family.’”

Walls knew she was joking. But she applied anyway. She recorded a brief video before running out the door to drive her son to a hockey game. To her shock, she was accepted.

“And all of a sudden, I’m being flown to Sweden to be on a reality show to find out about my Swedish family. It was bizarre.”

The show aired at the end of 2019. The experience, Walls said, changed her life.

“I got to meet a Swedish family member. I got to learn about where my family came from. I got to visit and touch the house that

my ancestors lived in in the 1700s,” Walls said. “It was deeply, deeply emotional.”

### A GROWING NUMBER OF NATIVE AMERICANS

Walls, 41, is one of about 4 million people who identified as Native American and white in the last census, nearly triple the number from 2010.

In all, nearly 10 million people identified as Native American, an 87% jump from 2010. Of those people, about 6 million are multi-racial.

Some of that dramatic growth is due to changes in how the Census Bureau collected and coded data, said Carolyn Liebler, a sociologist at the University of Minnesota who studies Native American and mixed race identity.

But she said it also reflects a willingness of more people to embrace their Native ancestry, after years of government policies that tried to erase it.

“Generations later, they’re still Native people, but they’re feeling less of that pain. It’s more generational pain and not personal pain. And so people are willing to come back to it. It’s more socially accepted now to be Native, to be a person of color,” she said.

For Melissa Walls, she never had an issue accepting that she’s Anishinaabe. But she struggled to understand how that core part of her identity could co-exist with her Swedish side. She hoped the reality TV show would help her reconcile something she wasn’t even sure was reconcilable.

“Which is, embodying both the colonized and the colonizer, walking through the world with light skin, but feeling like I’m an Anishinaabe person. How could I be both? Can I be both? What does that mean? Why did my ancestors leave? Did they come here and do harm?”

Walls doesn’t have the answers to all those questions, she admits. She’s still evolving. But she feels more at peace about who she is.

“I think before the trip to Sweden. I don’t know if I would use the word shame,” she said. “But I would use the word ‘not proud’ of being anything other than Anishinaabe.

It was almost like a stain. Because of all of the harm that has happened because of colonization. How could I embrace that? How could I be okay with that?”

There’s still tension there, she said. But she’s also discovered surprising parallels between her Anishinaabe and Swedish sides. Like how connected her Swedish ancestors were to the land and water and seasons, and how they lived communally, similar to her Ojibwe family.

Earlier this summer, Walls had a chance to return to Sweden, with her new husband, a Swedish man who she met while working on the TV show.

They met more of her extended family, who presented her with a traditional midsummer folk dress. Right away she was startled with how similar it felt to putting on pow wow regalia.

“Then something that gave me the shivers happened,” she recalled. When they were dressing her, they told her to tuck her handkerchief behind a heart shape on the folk dress that covered her chest.

“And I said, ‘Well, why?’ And they said, ‘Well, we always lead with the heart.’ And those words ‘lead with the heart,’ you will hear Anishinaabe people saying that. I thought, ‘What is happening here?’”

Tears came into her eyes. She was stunned, she remembers thinking. “They’re saying the exact same words that I’m learning in Minnesota from Anishinaabe people! These are deep teachings.”

### ‘FINNISHINAABE’

Other Native people in northern Minnesota who have reconnected with their Scandinavian roots have discovered similar parallels. Finnish people revere the sauna, for example, while Ojibwe people have the sweat lodge.

They’re both spiritual, in different ways, said Arne Vainio, a well-known physician on the Fond du Lac reservation, who takes an hours-long sauna every Saturday morning.

“It is a time to reflect



Photos by Derek Montgomery for MPR News

Melissa Walls stands for a portrait Wednesday in a field at Lester Park in Duluth. Walls is of Anishinaabe and Swedish descent and recently took part in a Swedish reality television show in which she visited Sweden and reconnected with her Swedish roots. In the process, she learned about surprising parallels in Anishinaabe and Swedish cultures.



Arne Vainio grew up north of the Iron Range, the son of a Finnish father and an Ojibwe mother who owned a bar in the tiny town of Sturgeon, Minnesota.

on life and life changes,” he said. “I always feel like I’m with my father when I’m in there. And with my grandfather.”

Vainio, 63, grew up north of the Iron Range, the son of a Finnish father and an Ojibwe mother who owned a bar in the tiny town of Sturgeon.

Over the years, he said, he’s saved the lives of several people who hated him for the color of his skin. Before going to medical school he worked as a paramedic on the Range, where he recalls responding to a man having a heart attack.

“And as soon as he got in the ambulance with me, he said ‘No F-ing Indian is going to touch me.’ And then I started an IV on him, and I talked with him, and by the time we got to the hospital, which was maybe half an hour, he wouldn’t let go of my hand and he wanted me to come into the ER with him.”

Vainio’s father died by suicide when he was only four. When his Finnish grandparents died, “there was no more Finnish anchor, and I became mostly Ojibwe,” he said. That sense deepened when he

attended college at the University of Minnesota Duluth and connected with an Anishinaabe group.

The reawakening of Vainio’s Finnish side began in 2008 at a FinnFest celebration in Duluth, where he and others spoke about what it meant to be a “Finndian,” or “Finnishinaabe.”

There are about 1,200 Minnesotans who identify as both Native American and Finnish, according to census data analyzed by the APM Research Lab as part of its project Roots Beyond Race.

Additionally, there are about 1,800 who identify as both Swedish and Native, and more than 5,000 who identify as Norwegian and Native.

Lyz Jaakola also spoke at FinnFest. She’s a musician and teacher at Fond du Lac Tribal Community College.

Both her dad’s Finnish family and her mom’s Ojibwe family played important roles in her childhood growing up on the Fond du Lac Reservation. Both families lived nearby; her dad’s family had homesteaded on the reservation.

Still, she said

sometimes she felt like she wasn’t accepted by white or Native people.

“There’s some challenges in being a mixed person,” she said. “You know, feeling like an outsider, and feeling like, you know, an ‘other,’ wherever I was. And I know that that’s not only true for myself. I’ve talked with other folks who have had similar experiences.”

Jaakola, 53, channeled some of those emotions into a song she wrote called “Red & White Blues,” which she included on an album titled “Finndian Summer.”

But as she got older, she began to see her background as a source of strength. She said it’s taught her to look for commonalities among people, and also to celebrate differences.

“I think people who are aware of their multicultural background, it’s almost natural to do that,” she said. “I think that that’s, I don’t want to say like a product of being a mixed person, but it is a strength.”

She believes that perspective helped get her elected to the Cloquet City Council two years ago.

“They trusted that I was going to be thinking about, you know, not only one part of my family circle when I was being asked to make decisions. So that’s pretty humbling.”

Jaakola said she’s learned to embrace the totality of who she is, in a way that builds on the strengths of both cultures.

For Arne Vainio, it’s what’s inside of you that’s important.

“And I have inside of me Ojibwe, and Finnish culture,” he said. “And I wouldn’t have it any other way.”

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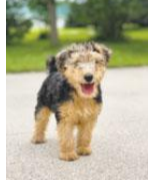
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IN THE MATTER OF THE TRUST CREATED UNDER THE LAST WILL AND TESTAMENT OF GEORGE HEALY JANUARY 1, 2021 - DECEMBER 31, 2021

<b>CASH AND EQUIVALENTS</b>	1/1/21 cash balance	\$2,327.72	
		\$2,327.72	
<b>INCOME CASH ACCOUNT</b>	1/1/2021		<b>Income Cash \$165.45</b>
<b>RECEIPTS:</b>			
	Capital Gains Distribution	\$0.08	\$0.08
	Dividends	\$20,741.85	\$20,741.85
	Interest	\$0.73	\$0.73
	<b>Total Income Cash Receipts</b>	\$20,742.66	\$20,742.66
<b>DISBURSEMENTS:</b>			
	Rochester Cemetery Association	-\$16,293.12	-\$16,293.12
	Trustee's fees	-\$3,995.86	-\$3,995.86
	Tax preparation fee	-\$375.00	-\$375.00
	<b>Total Income Cash Disbursements</b>	-\$20,663.98	-\$20,663.98
<b>Income Cash Balance</b>	12/31/2021		<b>\$244.13</b>
<b>PRINCIPAL CASH ACCOUNT</b>	1/1/2021		<b>Principal Cash -\$2,493.17</b>
<b>RECEIPTS:</b>			
	Assets Sold	\$61,476.01	\$61,476.01
	Capital Gains Distributions	\$3,751.37	\$3,751.37
	<b>Total Principal Cash Receipts</b>	\$65,227.38	\$65,227.38
<b>DISBURSEMENTS:</b>			
	Assets Purchases	-\$52,415.10	-\$52,415.10
	Net Money Market Activity	-\$3,149.55	-\$3,149.55
	Cash Receipt	\$1.25	\$1.25
	Trustee's fees	-\$3,995.89	-\$3,995.89
	Legal fees	-\$2,774.92	-\$2,774.92
	State of MN filing fee	-\$25.00	-\$25.00
	Tax preparation fee	-\$375.00	-\$375.00
	<b>Total Principal Cash Disbursements</b>	-\$62,734.21	-\$62,734.21
<b>Principal Cash Balance</b>	12/31/2021		<b>\$0.00</b>
<b>CASH AND EQUIVALENTS</b>	12/31/2021	\$244.13	\$244.13
Tax Cost 12/31/2021		\$552,967.52	
Market Value 12/31/2021		\$608,761.12	

**SUVs**

**2019 Ford Edge SEL**  
AWD, Econoboost engine 18,000 actual miles, blind spot info system, lane keeping alert system, heated leather seats, hot steering wheel, Ford co-pilot 360 assist, Nav system, reverse camera, foot activated lift gate, remote start system, gorgeous blue finish, Ford program car.  
**Sale Priced!**  
**Tom Heffernan Ford Lake City, MN**  
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**2020 Ford Escape SE**  
4 door all wheel drive, 16,000 actual miles, lane depart warning system, hot seats, power seats, cross traffic alert system, lane keeping system, nav. system, reverse camera, blind spot monitoring system, co-pilot assist, show floor new throughout, gorgeous magnetic gray finish.  
**Sale priced at \$32,900!**  
**Tom Heffernan Ford Lake City, MN**  
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**2019 Ford Explorer**  
4 door 4x4 XLT, V6, trailer tow pkg., 27,000 actual miles, nav. system, reverse camera, luggage rack, leather hot seats, power lift gate, remote start, XLT pkg., 20" alum. black wheels, factory warranty, gorgeous platinum white finish, show floor new inside & out!  
**Was \$42,900 - now sale priced at \$41,900!**  
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**2019 Ford Edge SEL**  
FWD 4 door, only 27,000 actual 1-owner miles, sold & serviced by us since new, hot steering, foot activated lift gate, remote start, lane keeping system, reverse camera, BLISS system, leather hot seats, show floor new inside & out, gorgeous onyx black finish remaining factory warranty.  
**Sale priced at \$36,900!**  
**Tom Heffernan Ford Lake City, MN**  
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**SUVs**

**SOLD**  
**2008 Ford Escape**  
4 door 4x4, Limited, V6, auto, air, leather seats, trailer tow pkg., newer Michelin tires, luggage rack, gorgeous silver finish, looks/runs great!  
**Sale priced at \$8995!**  
**Tom Heffernan Ford Lake City, MN**  
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Celebrating our 49th year!  
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**2019 Ford Edge SEL**  
AWD, blind spot info system, heated leather seats, hot steering wheel, Ford co-pilot 360 assist, Nav system, reverse camera, foot activated lift gate, remote start system, panoramic Vista moon roof, Class II trailer tow package, 18" aluminum wheels, 21,000 actual miles, gorgeous dark gray metallic finish.  
**Sale Priced!**  
**Tom Heffernan Ford Lake City, MN**  
**We pay top \$\$\$ for used vehicles!**  
Celebrating our 49th year!  
**(651) 345-5313 tomheffernanford.com**

**2019 Ford Edge SEL**  
4 door AWD, ONLY 8000 UNBELIEVABLE ACTUAL MILES! Blind spot info system, lane keeping system, heated leather seats, heated steering wheel, Ford co-pilot 360 assist, Nav system, reverse camera, foot activated lift gate, remote start system, gorgeous ingot silver finish, Ford program car, show floor new throughout.  
**Sale Priced!**  
**Tom Heffernan Ford Lake City, MN**  
**We pay top \$\$\$ for used vehicles!**  
Celebrating our 49th year!  
**(651) 345-5313 tomheffernanford.com**

**SOLD**  
**2019 Ford Edge SEL**  
All wheel driver, leather hot seats, nav. system, reverse camera, remote start, new tires, 40,000 actual miles, alum. wheels, gorgeous burgundy velvet finish, sold & serviced by us since new, like new throughout.  
**Sale priced at \$34,900!**  
**Tom Heffernan Ford Lake City, MN**  
**We pay top \$\$\$ for used vehicles!**  
Celebrating our 49th year!  
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**MN LEGALS**

**SUMMARY OF ACCOUNT**  
IN THE MATTER OF THE TRUST CREATED UNDER THE LAST WILL AND TESTAMENT OF GEORGE HEALY JANUARY 1, 2021 - DECEMBER 31, 2021

<b>CASH AND EQUIVALENTS</b>	1/1/21 cash balance	\$2,327.72	
		\$2,327.72	
<b>INCOME CASH ACCOUNT</b>	1/1/2021		<b>Income Cash \$165.45</b>
<b>RECEIPTS:</b>			
	Capital Gains Distribution	\$0.08	\$0.08
	Dividends	\$20,741.85	\$20,741.85
	Interest	\$0.73	\$0.73
	<b>Total Income Cash Receipts</b>	\$20,742.66	\$20,742.66
<b>DISBURSEMENTS:</b>			
	Rochester Cemetery Association	-\$16,293.12	-\$16,293.12
	Trustee's fees	-\$3,995.86	-\$3,995.86
	Tax preparation fee	-\$375.00	-\$375.00
	<b>Total Income Cash Disbursements</b>	-\$20,663.98	-\$20,663.98
<b>Income Cash Balance</b>	12/31/2021		<b>\$244.13</b>
<b>PRINCIPAL CASH ACCOUNT</b>	1/1/2021		<b>Principal Cash -\$2,493.17</b>
<b>RECEIPTS:</b>			
	Assets Sold	\$61,476.01	\$61,476.01
	Capital Gains Distributions	\$3,751.37	\$3,751.37
	<b>Total Principal Cash Receipts</b>	\$65,227.38	\$65,227.38
<b>DISBURSEMENTS:</b>			
	Assets Purchases	-\$52,415.10	-\$52,415.10
	Net Money Market Activity	-\$3,149.55	-\$3,149.55
	Cash Receipt	\$1.25	\$1.25
	Trustee's fees	-\$3,995.89	-\$3,995.89
	Legal fees	-\$2,774.92	-\$2,774.92
	State of MN filing fee	-\$25.00	-\$25.00
	Tax preparation fee	-\$375.00	-\$375.00
	<b>Total Principal Cash Disbursements</b>	-\$62,734.21	-\$62,734.21
<b>Principal Cash Balance</b>	12/31/2021		<b>\$0.00</b>
<b>CASH AND EQUIVALENTS</b>	12/31/2021	\$244.13	\$244.13
Tax Cost 12/31/2021		\$552,967.52	
Market Value 12/31/2021		\$608,761.12	

U.S. Bank National Association  
By: /s/ Sara Keller  
Vice President  
Wealth Management Trust Advisor



MN LEGALS

MN LEGALS



SAMPLE BALLOT AND NOTICE OF SPECIAL ELECTION AND STATE PRIMARY ELECTION AUGUST 9, 2022 SAMPLE BALLOT • OLMSTED COUNTY, MINNESOTA

SAMPLE BALLOT

State Partisan Primary Ballot Olmsted County, Minnesota August 9, 2022. Instructions to Voters: To vote, completely fill in the oval(s) next to your choice(s) like this: [X]. This ballot card contains a partisan ballot and a nonpartisan ballot. On the partisan ballot you are permitted to vote for candidates of one political party only.

State and County Nonpartisan Primary Ballot Olmsted County, Minnesota August 9, 2022. Instructions to Voters: To vote, completely fill in the oval(s) next to your choice(s) like this: [X]. This ballot card contains a partisan ballot and a nonpartisan ballot. On the partisan ballot you are permitted to vote for candidates of one political party only.

NOTICE OF SPECIAL ELECTION INDEPENDENT SCHOOL DISTRICT NO. 533 (DOVER-EYOTA PUBLIC SCHOOLS) STATE OF MINNESOTA NOTICE IS HEREBY GIVEN that a special election has been called and will be held in conjunction with the State Primary Election in and for Independent School District No. 533 (Dover-Eyota Public Schools), State of Minnesota, on Tuesday, August 9, 2022, for the purpose of voting on the following questions:

School District Question 1 Approval of School District Bond Issue

Shall the school board of Independent School District No. 533 (Dover-Eyota Public Schools) be authorized to issue its general obligation school building bonds in an amount not to exceed \$17,960,000 to provide funds for the acquisition and betterment of school sites and facilities, including the replacement of ventilation systems; the acquisition and installation of lighting and control systems; the replacement of carpeting in high school/middle school classrooms and common areas; the construction of a high school office addition, secure entrances and related safety improvements; the conversion of the existing agriculture classroom into career and technical education spaces; the construction and equipping of technical education and FACS classrooms, upgrades to HVAC systems at the elementary school; and the completion of various capital, deferred maintenance, and storage installation projects at school sites and facilities?

BY VOTING "YES" ON THIS BALLOT QUESTION, YOU ARE VOTING FOR A PROPERTY TAX INCREASE.

o Yes
o No

School District Question 2 Approval of School District Bond Issue

If School District Question 1 is approved, shall the school board of Independent School District No. 533 (Dover-Eyota Public Schools) also be authorized to issue its general obligation school building bonds in an amount not to exceed \$3,770,000 to provide funds for the acquisition and betterment of school sites and facilities, including the construction and equipping of new high school/middle school classrooms; ventilation upgrades at the elementary school and the high school/middle school kitchen; the replacement of carpeting in elementary school classrooms and common areas; and the conversion of the existing elementary school locker room into an adaptive physical education space?

BY VOTING "YES" ON THIS BALLOT QUESTION, YOU ARE VOTING FOR A PROPERTY TAX INCREASE.

o Yes
o No

PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS Notice is given that an application for informal probate of the Decedent's Will, dated March 24, 2022, ("Will"), has been filed with the Registrar. The application has been granted. Notice is also given that the Registrar has informally appointed Steven Niemitalo, whose address is 3027 17th Avenue NW, Rochester, Minnesota, 55901, as personal representative of the Estate of the Decedent. Any heir, devisee or other interested person may be entitled to appointment as personal representative or may object to the appointment of the personal representative.

Unless objections are filed with the Court (pursuant to Minnesota Statutes section 524.3-607) and the Court otherwise orders, the personal representative has full power to administer the Estate, including, after 30 days from the date of issuance of letters, the power to sell, encumber, lease or distribute real estate. Any objections to the probate of the Will or appointment of the Personal Representative must be filed with this Court and will be heard by the Court after the filing of an appropriate petition and proper notice of hearing. Notice is also given that (subject to Minnesota Statutes section 524.3-801) all creditors having claims against the Estate are required to present the claims to the personal representative or to the Court Administrator within four months after the date of this Notice or the claims will be barred.

Dated: July 28, 2022 Darla J. Busian Registrar

Dated: July 28, 2022 Hans Holland Court Administrator

Attorney for Personal Representative Jennifer Gumbel Wagner Oehler, Ltd. 1801 Greenview Dr SW; Suite 102 Rochester, MN, 55902 Attorney License No: 0387724 Telephone: (507) 288-5567 FAX: (507) 288-5589 Email: jennifer.gumbel@wagner-legalmn.com (Aug. 2 & 9, 2022) 87180

STATE OF MINNESOTA COUNTY OF OLMSTED THIRD JUDICIAL DISTRICT PROBATE DIVISION

Estate of Joseph William Connelly aka Joseph W. Connelly, Decedent

Court File No. 55-PR-22-4239 NOTICE OF INFORMAL PROBATE OF WILL AND APPOINTMENT OF PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS

Notice is given that an application for informal probate of the Decedent's Will, dated February 6, 2013, ("Will"), has been filed with the Registrar. The application has been granted. Notice is also given that the Registrar has informally appointed Mary Karen Connelly, whose address is 3088 Monroe Dr NW, Rochester, Minnesota, 55901, as personal representative of the Estate of the Decedent. Any heir, devisee or other interested person may be entitled to appointment as personal representative or may object to the appointment of the personal representative. Unless objections are filed with the Court (pursuant to Minnesota Statutes section 524.3-607) and the Court otherwise orders, the personal representative has full power to administer the Estate, including, after 30 days from the date of issuance of letters, the power to sell, encumber, lease or distribute real estate. Any objections to the probate of the Will or appointment of the Personal Representative must be filed with this Court and will be heard by the Court after the filing of an appropriate petition and proper notice of hearing. Notice is also given that (subject to Minnesota Statutes section 524.3-801) all creditors having claims against the Estate are required to present the claims to the personal representative or to the Court Administrator within four months after the date of this Notice or the claims will be barred.

Dated: July 28, 2022 Darla J. Busian Registrar

Dated: July 28, 2022 Hans Holland Court Administrator

STATE OF MINNESOTA COUNTY OF OLMSTED THIRD JUDICIAL DISTRICT PROBATE DIVISION

Estate of Wesley Charles Niemitalo, aka Wesley C. Niemitalo, aka Wesley Niemitalo, Decedent

Court File No. 55-PR-22-4500 NOTICE OF INFORMAL PROBATE OF WILL AND APPOINTMENT OF PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS

Notice is given that an application for informal probate of the Decedent's Will, dated February 6, 2013, ("Will"), has been filed with the Registrar. The application has been granted. Notice is also given that the Registrar has informally appointed Mary Karen Connelly, whose address is 3088 Monroe Dr NW, Rochester, Minnesota, 55901, as personal representative of the Estate of the Decedent. Any heir, devisee or other interested person may be entitled to appointment as personal representative or may object to the appointment of the personal representative. Unless objections are filed with the Court (pursuant to Minnesota Statutes section 524.3-607) and the Court otherwise orders, the personal representative has full power to administer the Estate, including, after 30 days from the date of issuance of letters, the power to sell, encumber, lease or distribute real estate. Any objections to the probate of the Will or appointment of the Personal Representative must be filed with this Court and will be heard by the Court after the filing of an appropriate petition and proper notice of hearing. Notice is also given that (subject to Minnesota Statutes section 524.3-801) all creditors having claims against the Estate are required to present the claims to the personal representative or to the Court Administrator within four months after the date of this Notice or the claims will be barred.

Dated: July 28, 2022 Darla J. Busian Registrar

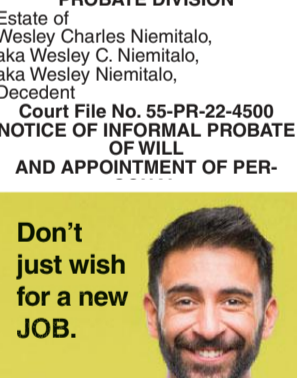
Dated: July 28, 2022 Hans Holland Court Administrator

Attorney for Personal Representative Jennifer Gumbel Wagner Oehler, Ltd. 1801 Greenview Dr SW; Suite 102 Rochester, MN, 55902 Attorney License No: 0387724 Telephone: (507) 288-5567 Email: jennifer.gumbel@wagner-legalmn.com (Aug. 2 & 9, 2022) 87188

POLLS OPEN AT 7AM AND CLOSE AT 8PM To find your sample ballot specific to your polling place please visit MNVOTES.ORG ABSENTEE VOTING INFORMATION In-person absentee voting is located at: 2122 Campus Dr SE, Suite 300, Rochester, MN 55904 • Monday - Friday 8am - 5pm Extended hours: Saturday, August 6th 10am-3pm Absentee ballots can be sent by mail after filling out an application. Apply on-line or mail by visiting MNVOTES.ORG or call 507-328-7650

Table with 3 columns: Precinct, Polling Place Name, Address. Lists various precincts and their corresponding polling locations and addresses.

The precincts and polling places and the voting hours at those polling places shall be the same as those for the State Primary Election. Any eligible voter residing in the School District may vote at said election at the polling place designated above for the precinct in which he or she resides. A voter must be registered to vote to be eligible to vote in this election. An unregistered individual may register to vote at the combined polling place on election day. Dated: May 23, 2022 BY ORDER OF THE SCHOOL BOARD Heather Duellman School District Clerk Independent School District No. 533 (Dover-Eyota Public Schools) State of Minnesota (July 26; Aug. 2, 2022) 80098



GARAGE SALES

PUBLIC/GARAGE SALES

Rochester, 55904 OAKLAND ESTATE SALE! 1422 1st St. SE Fri., Aug., 5th Sat., Aug., 6th Sun., Aug., 7th HOUSE FULL: Antiques, Oak Table, Oak Buffet, Bed, Dresser, Desks, TONS and tons of Quilting Fabric... BOLTS of Fabric, Yarn, Sewing Machine, Sewing Notions, Tons of Crafting Supplies, Containers, Yard Tools, Books & much MUCH MORE!!! For more info and pictures go to: CandaceWilliams EstateSales.com 507-261-5384

Rochester, 55906 HUGE MULTI FAMILY GARAGE SALE! 2068 Rim Rock Ln NE (Century Hills) August 4, 5, 6 Thursday, 12pm-5pm Friday, 8am-5pm Saturday, 8am-2pm Variety of nice clothing up to 3X, lots of baby/kids clothing, puzzles, Tykes desks, toy storage rack, Xbox games, kids & adult DVDs, books, jewelry, fishing lures, tools, rubber stamps, & lots of misc.

ESTATE SALES

HUGE MOVING SALE! Thursday & Friday August 4-5, 9am-6pm 130 Elton Hills Dr NW (Former Valentino's Pizza) Janet Rich, long time Rochester community member (YMCA, Educator, Camp Olson, Ski Patrol, Swimming Instructor, etc.) has relocated to Wisconsin, and has generously donated her wonderful household contents to Presbyterian Women Mission Funds. This is an incredible high quality collection of everything from huge antique silver trays to hats, flags & holiday items galore! Great cookware, antiques, & lovely household misc. Masks appreciated & encouraged. Don't miss this wonderful & fun sale! \*All proceeds will go to PW local, national & international mission projects!

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# Keetac to get \$150 million plant

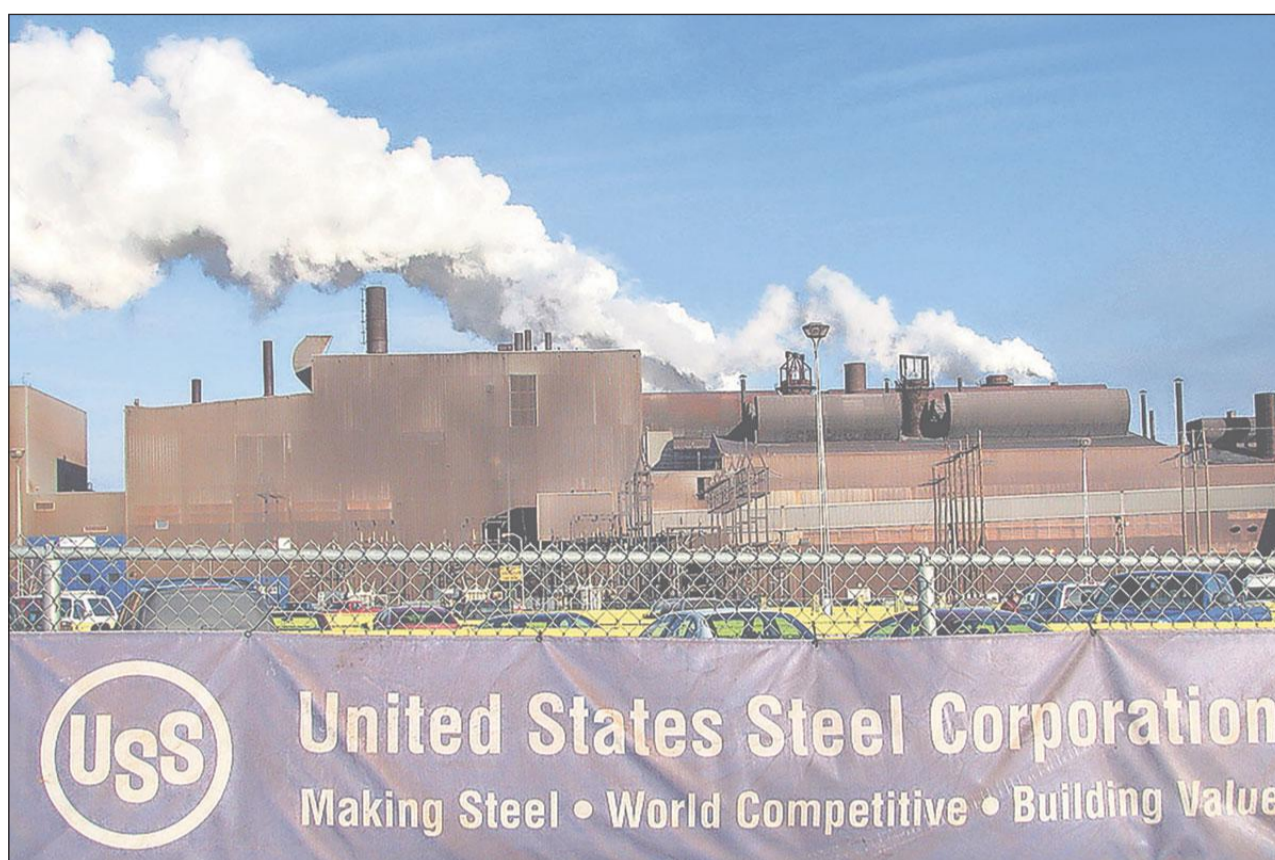
BY JIMMY LOVRIEN  
Duluth News Tribune

KEEWATIN — U.S. Steel will build its \$150 million direct-reduced-grade pellet plant at its Keetac iron ore mining and pellet processing facility in Keewatin.

David Burritt, president and CEO of U.S. Steel, made the announcement in a call with investors Friday morning. Last month, the Pittsburgh-based company said it would build the DR-grade pellet plant in Minnesota but at the time had not determined whether it would be at Keetac or its Minntac operation in Mountain Iron.

“Keetac’s high-quality ore body and long mine life makes it the best choice for DR-grade pellet capabilities,” Burritt said. “We will have the ability to produce both blast furnace and DR-grade pellets at Keetac in the future.”

DR-grade pellets serve as feedstock when making direct-reduced iron or hot-briquetted iron, which in turn supply electric arc furnaces making steel. U.S. Steel has said it



U.S. Steel’s Keetac facility in Keewatin.

Duluth News Tribune file photo

could use the DR-grade pellets for producing direct-reduced iron in the future or selling it to a third party.

“We’ve had tremendous outreach to us once we went public with that,” Rich Fruehauf, U.S.

Steel’s chief strategy and sustainability office, said during Friday’s call. “So we see a lot of commercial opportunity in there.”

June’s announcement said the company expected to break ground

on the plant in the fall, but the company did not provide an updated timeline Friday.

Keewatin Mayor Mike LaBine welcomed the news.

“Keetac — it’s our bread and butter here

in town,” LaBine said.

“Without that, we’d really be hurting. It’s fantastic news.”

LaBine said it could also give workers at Keetac more job security. Keetac is often the first to idle and layoff employees

in downturns and is last to come back online.

More stable employment thanks to the new plant is “everybody’s hope” said Jake Friend, the president of United Steelworkers Local 2660 in Keewatin, which represents Keetac employees.

“It’s got to be good news for us, right? That’s kind of everybody’s thoughts,” Friend said. “It can’t be bad for us.”

Friend, who just returned from Pittsburgh where he was negotiating the next contract with U.S. Steel, said he hopes the new plant will mean more jobs at Keetac. He hasn’t heard specifics yet, but could learn more at a meeting with the company next week.

Keetac employed an average of 403 employees and shipped 5.4 tons of taconite, according to the St. Louis County Annual Report of the Inspector of Mines.

Also on Friday, U.S. Steel said it recorded a profit of \$978 million, or \$3.42 per share, in the second quarter of 2022, compared to \$1.021 billion, or \$3.53 per share, in the same period last year.

# Well-known Minnesota State Trooper trooper retires after 28 years

BY INGRID HARBO  
Grand Forks Herald

ROSEAU, Minn. — After 28 years with the Minnesota State Patrol, Sgt. Sylvia Maurstad retired quietly on July 13.

Maurstad, who began working with the State Patrol in 1994, was known in northwestern Minnesota for a dedication to her job that resulted in many tickets for the region’s drivers but also attracted attention on social media and from elected leaders.

In 2021, she executed 1,559 traffic stops and issued 642 citations and warnings for speeding. The Minnesota State Patrol could not provide Maurstad’s career statistics due to the agency’s data retention schedule.

Maurstad did not return a Herald reporter’s call to a number thought to be hers.

Maurstad’s apparent zeal for bringing speeding drivers to justice led to her being labeled as an unreliable witness in court in 2017 by Karen Foss, who was Roseau County attorney at the time. Maurstad was classified as “Giglio

impaired,” meaning any testimony she gave in Roseau County could be taken into question.

Foss based her distinction on a 2015 decision in Minnesota’s Ninth Judicial District to throw out an impaired driving arrest made by Maurstad after ruling she lacked probable cause to pull over the vehicle.

The classification did not prevent Maurstad from being used as a witness in criminal proceedings, but brought her testimony into question and allowed the judge or jury to decide the validity of the testimony.

Maurstad was considered an unreliable witness in Roseau County until her retirement, confirmed current Roseau County Attorney Kristy Kjos.

Kjos said early in her time as county attorney, she did ask if she should follow through with her predecessor’s decision, and was advised by the Minnesota County Attorneys Association to continue to disclose Maurstad’s status as an unreliable witness in court. However, with squad car and bodycam video and the level of severity of

cases brought to court — mostly contested traffic citations — Maurstad’s Giglio impaired classification rarely came into play.

“It wasn’t really an issue and we still prosecuted her cases,” said Kjos.

Maurstad’s retirement, however, came as a surprise to the Roseau County prosecutor.

“Typically when an officer retires, we’re given a heads-up, but we were not and so I was a little taken aback by it,” said Kjos.

Kjos could not say if Maurstad issued more traffic citations than other state troopers in the region because most traffic citations are not brought to court.

Rick Rone, mayor of Baudette in Lake of the Woods County, was one local leader that publicly took issue with how Maurstad performed her job. Rone, who has been mayor for 24 years — nearly as long as Maurstad had patrolled the highways of northwestern Minnesota — often fielded complaints from residents about Maurstad’s tactics.

Once, Rone drove to St. Paul to voice his concerns about

Maurstad with the commander of the Minnesota State Patrol, though he admitted his efforts brought no change.

“It was that big of an issue,” Rone told the Herald in 2017. “It really was.”

Maurstad’s diligence inspired a sort of watchdog culture online, with people in northwestern Minnesota creating Facebook groups with names like “Sylvia sightings in Baudette and surrounding areas.” That specific group, which was created in 2017 and has more than 3,800 members, was renamed “Trooper sightings in Baudette and surrounding areas” on July 23 of this year.

Despite Facebook groups dedicated to warning others about Maurstad’s location, not everything posted online about her was bad. In 2015, the Minnesota State Patrol recognized Maurstad in a Facebook post for helping an elderly man in northwestern Minnesota. The post says Maurstad saw a vehicle driving slowly, backing up traffic behind it, and recognized the senior driver. She knew his license was canceled, so

she tracked him down at a local cafe to tell him he could not drive.

According to the post, the man told her he did not have food at home, and she ended up buying him groceries and arranging for a local senior service agency to provide him transportation and

assistance.

Comments on the Facebook post were not all positive, with some expressing disbelief that Maurstad did not issue the man a ticket before helping him.

Others, however, thanked her for going above and beyond the duties of her job.

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CASE PRICE \$55.92

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- Merlot
- Cabernet
- Pinot Grigio
- White Zin
- Moscato
- Assorted Blends

**WOODBIDGE**  
Mix-n-Match

\$ 4.99

SALE PRICE \$4.99  
CASE PRICE \$59.88

- Chardonnay
- Cabernet
- Merlot
- Pinot Grigio
- Red Blend
- Pinot Noir

**YELLOW TAIL**  
Mix-n-Match

\$ 4.66

REG. PRICE \$6.99  
SALE PRICE 4.66  
CASE PRICE \$55.92  
MAIL-IN REBATE- \$18.00  
NEW CASE PRICE AFTER REBATE \$37.92

\$ 3.16

FINAL BOTTLE PRICE AFTER REBATE  
\*PLUS APPLICABLE SALES TAX WHILE SUPPLY LASTS

- Shiraz
- Chardonnay
- Pinot Noir
- Riesling, Merlot
- Cabernet
- Pinot Grigio
- Sangaria
- Moscato
- Assorted Blends

460ml





Contributed

## Austin theater's Mary Poppins, "sensory friendly" Show will feature reduced noise and lighting

BY JOHN MOLSEED  
Post Bulletin

AUSTIN, Minn. — Summerset Theatre is presenting a sensory-friendly production of "Mary Poppins" on Saturday.

The 1 p.m. show at the Frank W. Bridges Theater at Riverland Community College will feature reduced noise, and people attending the show will be allowed to leave their seats. The theater house lighting will be left on but turned down. Volunteers and staff will also have noise canceling headphones, fidgets, weighted blankets and other items on hand for people attending the show.

The accommodations are intended to curate an experience that's more welcoming to people with autism, sensory processing challenges, dementia, post-traumatic stress disorder and other challenges.

Summerset Theatre teamed up with Autism Friendly Austin to put on the special performance.

Summerset is providing free tickets to children who are attending the autism summer camps hosted by the Hormel Historic Home.

Contact John Molseed at [jmolseed@postbulletin.com](mailto:jmolseed@postbulletin.com).

### If you go

**WHAT:** Summerset Theatre presents a sensory friendly production of Mary Poppins

**WHEN:** 1 p.m., Saturday, Aug. 6.

**WHERE:** Frank W. Bridges Theater at Riverland Community College, Austin, Minn.

**HOW MUCH:** \$20 adults; \$12 children & students



Contributed photos / Susan Waughtal

LEFT: A trio of pizzas cook in the wood-fired oven at Squash Blossom Farm near Oronoco. RIGHT: The Honey Blossom Pizza is a unique creation at Squash Blossom Farm near Oronoco.

# Fired up for pizza

## What's special about wood-fired pizzas?

A great — and tasty — summer excursion is to take in a wood-fired pizza on the farm experience.

If you haven't done this yet there is still time, actually plenty of it. Plus, in addition to the pizza, you'll hear some of the best local musicians in our area. And let's not forget the ambiance. I mean, how fun is it to sit outside, have a special pizza, listen to music, and have the beauty of a farm around? It makes for a perfect summer evening.

So what's special about wood-fired pizzas? Everything.

It's definitely in a different category than chain pizzerias where electricity or gas do the baking. Special ovens are constructed of brick, clay or concrete. Wood is the heat source reaching temperatures of close to 800 degrees. With temperatures that high it takes just mere minutes to bake a pizza pie.

The bottom may be slightly charred but the toppings and the middle are perfect. There is also a slight smoky taste which adds flavor to the toppings. While this method of cooking pizzas has become popular over the past 10 years or so, we should remember that the earliest civilizations cooked over wood fires, recalling the adage there's nothing new under the sun.

You have plenty of options to choose from as these have become very popular summer



FOOD FOR THOUGHT  
Holly Ebel

outings. Here are just a few that are well-known for what they offer, both pizza-wise and musically:

**Squash Blossom Farm**, 7499 60th Ave. NW, Oronoco, has been hosting Summer Sundays for the past seven years, since the owners added a commercial kitchen.

Says Susan Waughtal, who with husband Roger Nelson owns the farm, "We felt this farm was perfect for this type of event. Originally it was trial-and-error with sourdough and ingredients, and we had friends for pizza potlucks to see what were appealing combinations."

They quickly figured it out. The choices include the standards — pepperoni, margarita, garden veggie (from their garden) — but then the fancy shmancy choices include chicken, gorgonzola, grapes, pecans and various cheeses. There are generally nine different varieties, some invented by what ingredients the chef has discovered or has on hand, always seasonal. A basic pizza is \$25. Summer Sundays happen from 4-6 p.m. until Sept. 17.



From left, Andrew Banker, Travis Heim and Olivia Allen-Wickler show getting the pizza dough ready is a group effort at Squash Blossom Farm near Oronoco.

A Fall Fest takes place Oct. 1-2. This year, they have also added a Mead Tasting room, open Saturdays from 2-6 p.m.

As if that weren't enough, they also sell exceptional breads, pastries and tarts at the Farmers Market. Parking at the farm can be a problem, so go early. For more info visit [squashblossomfarm.org](http://squashblossomfarm.org) or call 507-252-9639.

**Pleasant Grove Pizza Farm**, 41142 160th St., Waseca, offers 10 different 16-inch pizzas including one Emily Knudsen, the owner, calls The Pig and The Pork. Sound

interesting? Its toppings include sausage, pepperoni and green olives with a red sauce. Also a top-seller is Sweet Georgia Pie with garlic oil as the base then topped with prosciutto, goat cheese and mozzarella. Once out of the oven honey and arugula are added.

Pizza fries are a favorite of youngsters. These are cheese garlic sticks with red sauce on the side. Pizzas range from \$23-\$27. There

See PIZZA, Page C2

# A queer art night at the studio and store

## Rochester LGBTQ artists get the spotlight with a queer art market

BY JOHN MOLSEED  
Post Bulletin

ROCHESTER — Leah Bee says she has two main takeaways from establishing queer art nights at Art Heads Emporium.

One, the depth of talent in the local queer community runs deep. Two, the lack of a central venue for queer people hinders queer artists' ability to connect with each other.

As a result, Bee, owner of the Art Heads Emporium, decided to hold a queer art night at the studio and store.

Foregoing live music, Bee was able to make room for 16 area queer artists for the event Thursday.

She had about 40 applicants. "We were actually really surprised at the number of submissions we had," she said.

To help her narrow down the selected artists, Bee gave priority to artists in

### If you go

**WHAT:** Queer Art Market.

**WHEN:** 6 p.m., Thursday, Aug. 4

**WHERE:** Art Heads Emporium, 317 South Broadway Ave.

**HOW MUCH:** Free.

Rochester despite impressive submissions from the surrounding area.

"It was very difficult to narrow it down, but really it came down to proximity," Bee said. "It would be nice if we were able to host all of them."

A variety of work including paintings, illustrations, fiber art, ceramics, and more will be on display and for sale. Bee said she is holding the event during Thursdays Downtown in hopes of boosting attendance.

"This is a great way to meet new queer artists in town and purchase from queer artists in



A fiber art piece by Amarama Vercnocke inspired by David Bowie. Vercnocke will be one of the artists featured in a queer art market Thursday.

town," she said.

Bee said she also wanted to create a market different from other established queer-



Tucker Allen Covey / Post Bulletin

(from left) Angie Pipkoron, Ellen Cascino, Amarama Vercnocke and Zev Felix work on needle felted eyes, part of an art class offered at Art Heads Emporium in Downtown Rochester on July 10.

focused events.

"A lot of events are very much focused around alcohol," she said. "So it's nice to see something that's not, and that people of all ages can attend."

Bee said she hopes to hold other events and will continue to hold queer art nights at the emporium. She said the events

help fill a hole until a queer-centered space does open in the area.

"In a town of no gay bar and no talk of one, the more pop-up events we can hold, the better," she said. "There's a need for more LGBTQ spaces in Rochester."

Contact John Molseed at [jmolseed@postbulletin.com](mailto:jmolseed@postbulletin.com).



POEM

The Hats of Memories

LEA B. JENNINGS

Grandma Stella acquired beautiful hats. She loved wearing them to Grandpa's jewelry shop. Around the centurion Iowa home, there were no rats. However, a tiny pet dog named Erik might hop.

No hats for Erik when Stella ordered from Sears and Roebuck. Scouring the most recent catalog, finding the perfect look.

The fabric and colors would always honk like a duck. Stella was accomplished at ordering couture from the book.

Grandma Stella maintained her lovely hat boxes. The closets were full of many lacy delights. Some of the hat inventory could be hidden like foxes.

However a few toppers remained visible, sporting new heights.

The source of memories may sometimes erode. But lovely hats are envisioned, lining our cosmic abode.

Lea B. Jennings is a poet from Rochester. The Post Bulletin publishes poetry by local and area writers every Tuesday. Send poems to life@postbulletin.com with the subject line "Poetry submission."

A handy tip to pit cherries with ease

Dear Heloise: Now that fresh cherry season is upon us, I thought your readers might want to know about this easy cherry-pitting trick.

I use a metal reusable drinking straw, insert it at the top of the stem-end of the cherry (stem already removed), and firmly push the straw down to the pit till it comes out the other side.

Hold over a bowl and clean the straw with a pipe cleaner. Enjoy! — Lindsay Collins

Dear Heloise: As a second grade teacher, my students are always bringing money to school in plastic zip-top bags. These bags just went in the trash, until I realized I can recycle them! Since the bags had previously held money, I didn't want to reuse them for food products. Now, I take them to the teachers lounge and to my house, where they are repurposed to hold several days worth of the used, wet coffee filters and pods before going into the trash. One teacher sometimes gathers up the used coffee grinds for her compost pile! — Jane Farris, Holly Springs, Mississippi

Dear Heloise: After reading your item regarding a stock scam over the telephone, I thought I would share an example of how sophisticated these threats can be. Recently, I received a phone message from my boss asking me to call him at a number I did not recognize. I instead called his office to see what he wanted. He answered, yet said he had not called me. The voice on the message



HINTS FROM HELOISE

was certainly his. I have known this man for over 30 years. This is an easy example of why phone solicitation should always be dismissed. — Tim Woodington, Glendora, California

Dear Heloise: The letter from Kay W. in your column made me chuckle. You see, when my daughter graduated from college, I gave her a nice toolkit to help her in her new apartment. I also put a \$100 bill under the bottom tray. Over the next year or so, she would sometimes mention how handy her toolkit was. When she came home for a visit, she needed to put on a new license plate, so she asked her brother to help. She got her toolbox from her car and gave it to her brother to use. He rummaged around a bit, and then pulled out that \$100 bill! She was shocked, while the rest of the family just laughed! — Bob Grand

Dear Heloise: I have a house from 1930 that I have lived in for over 20 years. The toilet has never been a problem until now. I just learned that it, too, can get clogged with calcium deposits — just like everything else. After replacing parts with no help, I put vinegar in the overflow and let it sit. Turning off the water first and also cleaning the jets is best. Who knew? I bet you did! — Candy Rivera

Pizza

From page C1

are walking trails to explore before or after your pizza, plus a llama, alpaca and goats to watch. (Knudsen stresses this is not a petting zoo.) You can also just sit and listen to the live music. Knudsen and husband Bill Bartz have recently purchased a mobile trailer for their

pizzas, which they take to local breweries and vineyards. Hours are Thursdays-Saturdays 4-8 p.m.; Sundays, 1-7 p.m. They are open through October. For more information, call 715-523-0857.

Berne Wood-Fired Pizza & Concert Series, 23148 Dodge County Road 24, West Concord, is the granddaddy of these wood-fired pizza parties.

For 11 years, the pizza and concert series takes place Wednesdays from 5-8 p.m.

So, which pie should you order? How about the Greek, or JoAnne's Barbeque chicken. Maybe give Bacon Bleu a try? There are also the traditional choices, pepperoni, sausage, veggie. Interesting too is that there are monthly specials. For August it's a Swiss and kraut creation

topped with mozzarella, bratwurst, sauerkraut and Canadian bacon, appropriate for a town named Berne.

Most pizzas are \$23, and plain cheese is \$18. This weekly event is a fundraiser for the Zwingli United Church of Christ, which supports many nonprofits as well as food shelves, schools and churches. For more information, call 507-

356-4340. The last pizza evening will be Aug. 31. This is also a popular venue, so add it to your schedule.

Before you head to any of these, be aware of protocols. Bring trash bags to take home any waste, bring your own lawn chairs, leave pets at home. While most sell soft drinks, you are allowed to bring wine and beer. It's also a good idea to

bring your own plates and any utensils you might need. How about putting together a salad to go with the pizza? Plan as if you were going on a picnic, which in essence is what these events are.

Now, go and enjoy some smoky good pizza.

Post Bulletin food writer Holly Ebel knows what's cookin'. Send comments or story tips to life@postbulletin.com.

Following up on feral cats

Dear Annie: After reading the letter about the wife who is out capturing feral cats for spaying and neutering, you should be aware of the Herman Bennett Foundation, which provides free vouchers to vets to cover the costs. I'm sure there are other organizations as well that would help with the costs.

What she is doing is so valuable, not only for the cats but for the community. It shouldn't be discouraged. — Longtime Reader and Admirer

Dear Longtime Reader and Admirer: Thank you for your kind words. I think whenever we can make this world a better place for both humans and animals, it is a good thing. The next letter gives us a perspective on this issue from Europe.

Dear Annie: I was born in Michigan but live in Italy, and I truly enjoy your column. I am writing about the letter from a frustrated husband signed "Done



DEAR ANNIE Annie Lane

with Cats." I want to address the husband directly in this letter.

I'm what they call here a "gattara," which means I am a "cat woman." My husband and I went through a similar situation to yours. When I discovered the existence of a colony of cats in my neighborhood, I registered it with the city's humane society, which protected the colony by doing so. No animal is put down because they weren't adopted.

Annie is right; your wife is doing a great service to the cats and community. Cats that are not neutered or spayed risk their lives with disease from cat fights when female cats and, yes, male cats go into heat, not to mention the

dangers that roads and cars present to them. Your wife worries, as I do, about their lives, about how unfortunate they are to be outside in all weather extremes, and at first, it's overwhelming.

I agree with you, after having been a "gattara" for 15 months, that there must be a compromise. My husband told me that all I ever talked about were the feral cats, and he was right! So I decided to talk less about them and be quicker with food times. He surprised me by helping me once in a while with moving a cat shelter or constructing one with me, or coming home with dry cat food when he saw it was on sale. If he asks me about the cats, I know to keep my answers short.

Your wife may also be developing friendships with these ladies, and they have a common cause. However, she does not need to go out every night. Experts can show her that you need to not feed the cat you want to capture for two

days. You can try to feed the neutered ones, but all remaining food after they've eaten must be removed. Sometimes, you have to bite the bullet and not feed the entire colony for those days.

No cat will die of starvation from these measures; just make sure fresh water is always available. Then the trap is placed with tuna, sardines or roasted chicken to attract the cat to be neutered. The best time to catch feral cats is between 10:30 p.m. and midnight in the summer, and from 7 p.m. to 9 p.m. in the winter. Also, I've started leaving food and water every two days instead of every day. Once a feral cat is captured, it is extremely rare it will enter the cage a second time.

Your wife is helping the cats, and with a little restraint on her part, and compromise from you, everyone will be better off. — Parma, Italy

Send your questions for Annie Lane to dearannie@creators.com.

Man arrives in St. Louis after retracing Buffalo Soldiers' 1,900-mile trek in 1897

BY JANELLE O'DEA

St. Louis Post-Dispatch

ST. LOUIS — At 3:14 p.m. Saturday, Erick Cedeño arrived on his bicycle in St. Louis to a crowd of about 50 people at the Missouri History Museum in Forest Park.

After 1,900 miles, he wasn't sure what to say, except:

"That was a tough, tough ride." Known on Instagram as @bicycle\_nomad, Cedeño rode the same route — as closely as he could — that the Buffalo Soldiers took.

One hundred twenty-five years ago, a ragtag yet triumphant group of Black U.S. Army soldiers, who became known as the Buffalo Soldier Bicycle Corps of the 25th Infantry, took a similar cross-country journey. The Buffalo Soldiers, who rode specially made military bicycles, were on a mission to determine whether it was more effective to move across the country via bicycle than by horse.

Enduring the elements, coping with cars and worrying almost constantly about things like running out of water were worth it to Cedeño to pay homage to the soldiers.

When Cedeño, 48, rode into the museum's front drive on Sunday afternoon, the crowd erupted into applause. He parked his bicycle, took off his helmet and shook out his silvery-black dreadlocks. He greeted friends and family with hugs before making a short speech on a stage set up in front of the museum.

Cedeño, and others who have made similar journeys, admit it's easier to do, now, with modern, multispeed bicycles.

"It's so epic, what they did," Cedeño said to the crowd, about the soldiers' journey 125 years ago. He took a moment to compose himself. "I'm so emotional, because



Jack Myer / St. Louis Post-Dispatch / TNS

Erick Cedeño outside of the Missouri History Museum in Forest Park on July 24 after completing a 1,900 mile journey to St. Louis from Fort Missoula in northwestern Montana.

it was such a hard trip. It's almost superhuman, what those guys accomplished."

Janet Howard, 67, followed Cedeño at all of his stops in Missouri. She heard about his journey through her local library in Hannibal, and became interested in the history. She said she prayed for him to get through the weekend heat, and she felt his effort was superhuman, too.

"I'm just so proud of him," Howard said. "I would do it if I could."

Mike Higgins, 60, a retired history teacher from Wyoming, has blogged extensively about the Iron Riders — a modern-day nickname for the group — and he rode the path on his bicycle in 2010. Through their mutual interest in the story of the 25th Infantry's cross-country bicycle trek, Higgins and Cedeño became close friends. Higgins flew from his home in rural Wyoming to be at the finish line for Cedeño's journey.

As a history teacher, Higgins wants more people to learn the

story, which to him, is like a beautiful piece of music, or a great painting. Cedeño, Higgins said, just "gets it."

"I hope kids will learn about it," Higgins said. "Kids need heroes."

The 45-day journey of the soldiers was muddy, dusty, sweaty and sometimes freezing, across 1,900 miles from Montana. Cedeño's, in comparison, was 41 days. When he began riding from Montana, the temperature was close to freezing. The heat index in St. Louis on Sunday reached 109 degrees.

Cedeño's wife, Antoinette Reagan, 37, was relieved to see him complete the journey. Though he went on the ride with her blessing, she admitted on Sunday that it's been stressful — because of worrying about him riding in the recent hot weather, and because she and Cedeño have a 14-month-old son, Gabriel.

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**ODD CHESTER**  
Steve Lange

# 1 hike. 2 guys. 35 miles

Three days and 35 miles hiking in the wild and rugged Porcupine Mountains of Michigan's western Upper Peninsula.

By two guys who were, in hindsight, ill-prepared for three days and 35 miles hiking in the wild and rugged Porcupine Mountains of Michigan's western Upper Peninsula.

**42 Days Earlier:** Friend Ken and I are sitting at a bar watching hockey. One of us—probably just trying to fill some dead space between periods—says something like, “Hey, we should take a long backpacking trip. Somewhere remote.” The other of us—probably not really listening—says something like “Sounds good.”

**41 Days Earlier:** Like most things I agree to, I'm instantly all-in. When Ken texts the next morning as a feeler for whether we're actually taking a backpacking trip together, I tell him I've got a three-day hike mapped out—and reservations for remote camping spots—in the Porkies.

**40 Days Earlier:** I join the Hiking Porcupine Mountain Facebook groups, buy waterproof topo maps, call the park rangers to validate my planned hiking route. In order to cut down on my backpack weight I—among other things—cut part of the handle off the trowel I'll be using to bury my own human waste.

**Day of the Hike:** We hope to be on the trail by 9 a.m. at the latest. We start hiking at 11:30.

**Mile One of the Hike:** Why, we feel like explorers. Even our giant backpacks do not feel as heavy as we feared. I would be whistling as I walk, if I could whistle. The skies are clear. Everything smells of pine needles and wonderment.

**Mile Two:** Heavy rains earlier in the week have left some of the trails underwater. The swampy areas look, and smell, like Louisiana bayous. Mile two has taken us an hour through the muck. Skies darken, slightly. The smell of wonderment is replaced by stagnant swamp water.

**Mile Three:** Mosquitoes swarm. “My whole life, everyone has always told me how long and lush my eyelashes are,” I confess to Ken. “And I've always been a bit embarrassed by that. But my full and beautiful eyelashes are really coming in handy right now keeping the mosquitoes out of my eyes.” He doesn't reply.

**Mile Four:** It is already 2 p.m. We still have eight more miles before we reach our campsite. It has become painfully obvious, now, that we have horribly misjudged how long it will take us to hike 12 miles on swampy trails carrying 35-pound packs. (At least that is the weight of my pack. Ken's pack looks like it's twice the size of mine. And he's a photographer, so he brought a bag of camera equipment as well.) Also, Ken knows I'm aware of the misjudged distance, mostly because I'm dictating notes for this column into my phone as we hike, and he just heard me say “It has become painfully obvious, now, that we have horribly misjudged how long it will take us to hike 12 miles on swampy trails carrying 35-pound packs” into my phone.

**Mile Five:** Lunch. Beef sticks and hard cheese have never tasted so good. And my homemade trail mix—my secret lies in the dried cranberries—may be the best dessert I've ever experienced.

**Mile Eight:** We will be lucky to make our campsite by sundown. And sundown, here, is at 9:40 p.m.

**Mile 10:** Tensions—and the swamp water covering much of the trail—are running high. Ken says something like “Whoever planned this should have realized 12 mile days were too far for us,” even though he knows damn well I'm the ‘whoever’ that planned this. I dictate that last sentence loud enough into my phone so he can hear it.

**Mile 11:** Black flies swarm. I keep my eyelash take to myself.

Will they ever make their campsite for night one? And, if they do, how will they finish backpacking the next 30-plus miles? Find out in next week's Oddchester.

Steve Lange is the editor of Rochester Magazine. His column appears every Tuesday.

## Get to know your neighbors before the trees fall

I love the city of Rochester. My family and I have lived here for 34 years. But there are times I miss the small-town environment. Growing up in a town of around 1,500, in a sense, all of the people of the community were my neighbors.

I recall walking into stores with my dad, and they would always say, “Hi, Bill.” If I went into the grocery store with mom, it was, “Hi, Mrs. Else.” You felt connected and even surrounded by kindness.

In the 1960s, we were outside much of the time, which led to interactions of all sorts. It was good for a kid. In 1964 when we moved to this small town, our new neighbors, an older couple, spotted a kid (me) and soon had me helping in their vast garden.

I have limited recall, but I speculate I was paid a quarter after carrying a bucket of water around. The gentleman would mix something in the water and spray his vegetable garden. The pay was just enough for a pack or two of baseball cards.

After the Saturday afternoon storm of July 23, my wife and I tuned into the 5 p.m. news to see how hard Rochester or our surrounding communities were hit. The sirens went off that day, and everybody got a little nervous.



**BOOMER GRANDPA**  
Loren Else

While watching a reporter on the site of a downed tree that had blocked a road for a brief time, a comment was made that some people who lived on that street for years had never talked with their neighbors. When the tree fell, they all got out there and worked together to clear the road.

This comment struck me as sad that people can live surrounded by others and not talk to them. I get it to a certain extent. People are busy – you work and care for your family. The focus is internal.

As officially an old timer, I can tell you that in most cases, the more you engage with your neighbors, the more you will enjoy your neighborhood. Even if you are uncomfortable with this, make an effort: wave, make small talk, be kind.

We need to know each other before the trees fall over. It is meaningful to have friends and support in the event of emergencies. After the COVID messiness, we need conversations. We need to expand our friends list.

I have a neighbor just

We became friends because of who we were at that time in our life. **I will not alter how I feel about a pal, colleague or buddy because of a sign in their yard, who they vote for or what issues they support.**

south of me with two swivel rocking chairs outside his front door. On numerous occasions, I walk over, and we both sit there for a few minutes and talk about sports, family, and yes, even politics.

Undoubtedly, we would have guided the Vikings to the promised land if we were the coaches. We both know that we could call the plays better. These neighbors also have two dogs that love me, so when they are outside and they see me, they come over and expect some serious attention.

I have a bond with many of my neighbors. The rewards are laughter,

kidding each other, cold beer, and someone to chat with as I take a break from lawn duties.

Right now, political division in our country spills from D.C. into our state and communities. To me, the more our political leaders act like knuckleheads and cannot accomplish anything, the more we need to watch out for and support each other.

When I sometimes look back at photos, I have my arm around softball teammates, classmates during reunions, co-workers or college buddies. That arm around my teammate meant respect and love, that we had been through something together.

We became friends because of who we were at that time in our life. I will not alter how I feel about a pal, colleague or buddy because of a sign in their yard, who they vote for or what issues they support.

Friendships are vital in our lives. Get to know your neighbors. Ask them – should Rocco leave the Twins starting pitchers in longer, and should the Vikings run the ball more or pass more?

These are meaningful conversations to have.

Loren Else lives in Rochester and also writes the Post Bulletin's “Day in History” column. Send comments and column ideas to Loren at news@postbulletin.com.

## All stories matter – even (and especially) yours

Everyone has life stories to tell. These stories are important, special, and interesting precisely because they are your stories.

Maybe they're about learning to fly a kite, taking your first train ride, moving to a new country or city, surviving a tragedy or an illness, participating in a groundbreaking surgical procedure, being present for your granddaughter's birth or your father's death, or waking up on a misty morning in your ancestral Indian, Chinese, or Greek village.

Maybe you were an ordinary person doing an ordinary job that turned momentarily into an extraordinary moment, and that extraordinary moment turned into an unforgettable life story.

Here are two such stories.

One day in a memoir-writing class that I was teaching, a quiet woman in a wheelchair read to us her riveting story about the



**JANE IDDINGS**

summer of 1969 when she, a young college student, worked as a typist at the Space Center in Houston. Often she would see soon-to-be famous astronauts including Neil Armstrong, the first man to set foot on the moon. During the moonshot that July, she and other typists transcribed the conversations between Mission Control and the Apollo 11 spacecraft. It became her task to transcribe the voice of Neil Armstrong as he famously said: “That's one small step for man, one giant leap for mankind.”

I wrote my husband's work stories for his 70th birthday. One stood out: as a young Coast Guardsman, he

was assigned to a lighthouse on New York's Long Island Sound. One quiet Sunday morning he waved over to the lighthouse an older man who was silently paddling by in his kayak. The young man gave the older man a tour of the lighthouse. A few questions were asked; brief explanations were provided. At the end of the tour, the two men sat down to share a cup of freshly-brewed coffee. The young Coast Guardsman offered his name. The older man responded with his: Charles Lindbergh. Charles Lindbergh? The famous aviator who first soloed across the Atlantic Ocean from New York to France? Yes.

Some stories are heartwarming, while others are heart-wrenching. All matter. By writing them down you can preserve your stories for your families. You can share them with friends so they have more than a superficial sense of you. Most importantly,

your written stories can help you to understand and appreciate how these events shaped you and your life, and, in some cases, they may provide welcome healing.

Once you start writing your life stories, you'll get hooked just as I am. As a volunteer, I lead story writing groups, write neighbors' biographies, and teach 13-week memoir-writing classes which I'll be offering this fall at 125 Live in Rochester.

What about online resources? There are many including one company that gives you 52 writing prompts over 52 weeks, and then conveniently binds your stories in a book.

Many people have questions about writing their life stories. Ask me yours and I'll answer them as best I can.

Jane Iddings, a retired lawyer, newspaper columnist, and memoir-writing teacher, encourages people to write their life stories.

## When the going gets tough, the tough get going

A friend recently shared about a mutual acquaintance who had suffered a devastating loss — one of those life events I would wonder if I could survive. My friend said, “She is resilient.”

This paused me to think. Stories of resilience and the human qualities of it inspire me.

Webster defines resilience as the capacity to recover from difficulties and the ability to spring back into shape. Toughness, hardiness, strength, spirited and flexible are used to describe resilience. We read and hear news about acts of tragedy and despair, and we also hear about those who survive and thrive. We need that in our lives. Resilience happens all around us, every day in real life, not just in the news or in movies.

As a nurse of 42 years, I crossed paths with thousands of people — patients, families, colleagues, all types of staff. I witnessed resilience in the face of seemingly



**Laurie Vlasak**

impossible situations.

I found that the most resilient maintain a positive attitude. They find opportunity to adjust their life view to the good, no matter how small, even in the face of difficulty wherever and however they could do so. People with strength keep a sense of humor and laugh even during the most demanding of times.

Toughness means being flexible enough to believe nothing is out of reach, while also knowing you may not get what is wanted. Those who thrive in the face of difficulty tend to focus on what they can do, not on what they can't do. They believe in their ability to figure out a problem, even if the options to solve it are limited.

My grandmother was resilient. Some people may say she had a hard life. She would have told you she had a great life, and that was her genuine truth.

She immigrated from Sweden to Minnesota as a young girl in the 1900s and married a young Welsh man. They made a life in rural MN with 12 children, moving periodically within a four-mile radius.

Life as I viewed it as a child was never presented as hard. Of course, there were hard times — the years 1925 through the rest of the century were not easy years for rural and small-town life. There was little money, lots of worry, disappointment, trouble and grief but our legacy is of laughter, love, community, pursuing dreams and service.

After my grandpa passed at a relatively young age, my grandma's model of strength and positivity were present until her passing at 95. She made difficult seem not that hard. That stuck.

My mom told me, “Your grandma always told us

to smile at the first three people we see every day and our day will go far beyond our expectations. If you do that, you must stand tall, look others in the eye with confidence, moving forward.” This seems like a simple statement — but in fact is a foundation builder on living.

I am not an expert. There are internet sites out there about developing resilience.

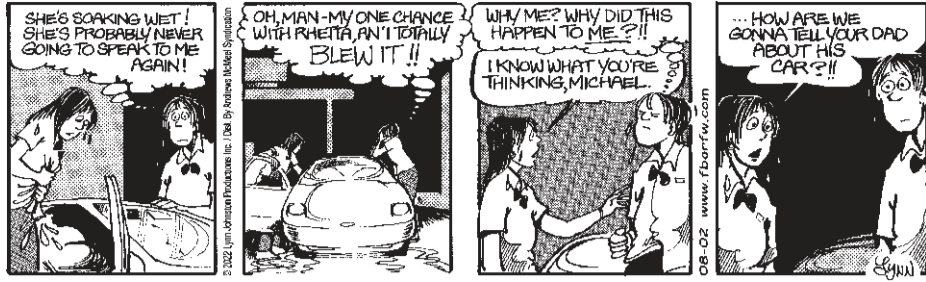
As for me, I am going to model features from all those good people who through my life showed me their examples of resilience in day-to-day life. And I will smile at the first three people I see every day — and probably more — keep my chin up and look to the sky (another one of Grandma's sayings). I encourage you to find examples of resilience around you and draw strength and spirit.

Laurie Jo Vlasak is a Rochester resident who lives with her husband, and has adult children and four grandchildren. She is a life-long learner and has more interests now than ever before.

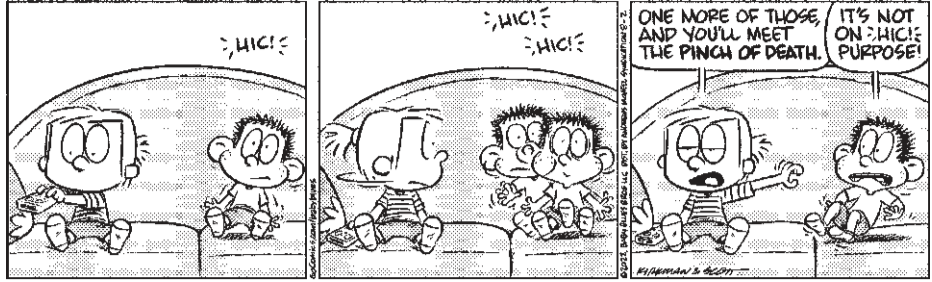


# Comics

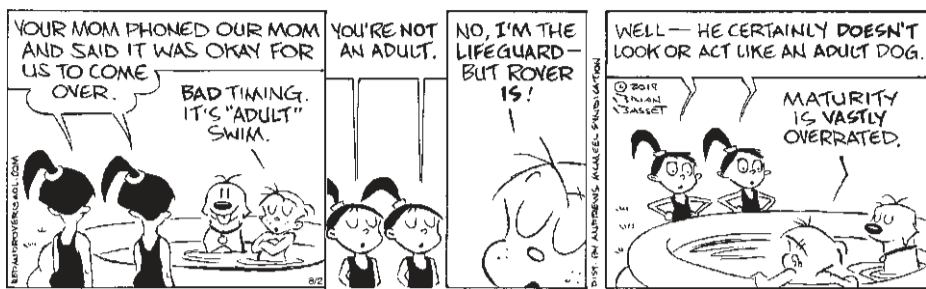
## FOR BETTER OR FOR WORSE | LYNN JOHNSTON



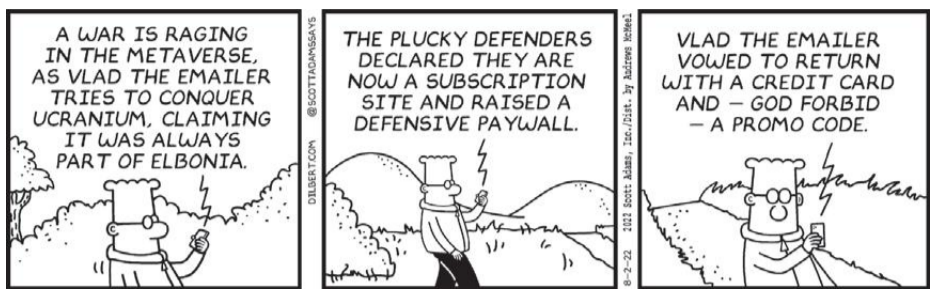
## BABY BLUES | RICK KIRKMAN AND JERRY SCOTT



## RED & ROVER | BRIAN BASSETT



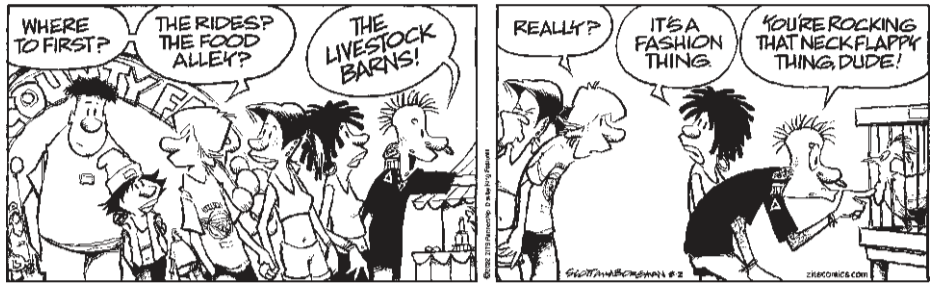
## DILBERT | SCOTT ADAMS



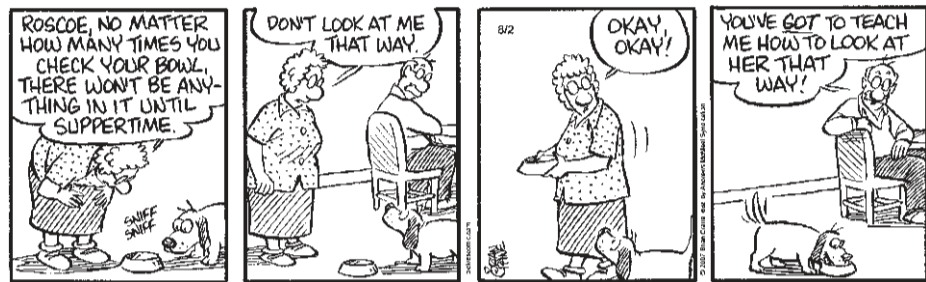
## BLONDIE | DEAN YOUNG AND DENIS LEBRUN



## ZITS | JERRY SCOTT AND JIM BORGMAN



## PICKLES | BRIAN CRANE



## WIZARD OF ID | BRANT PARKER



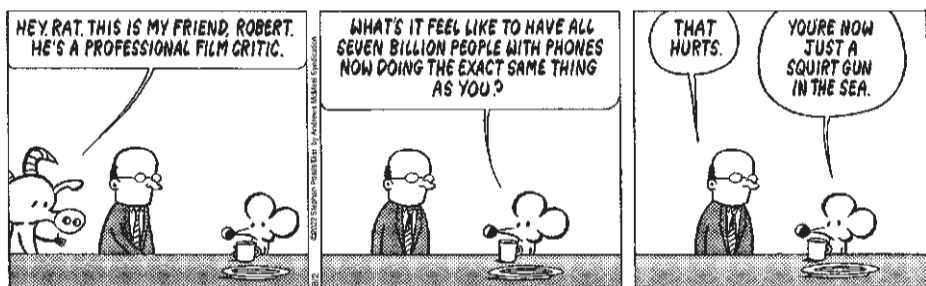
## GARFIELD | JIM DAVIS



## WUMO | MIKAEL WULFF AND ANDERS MORGENTHALER



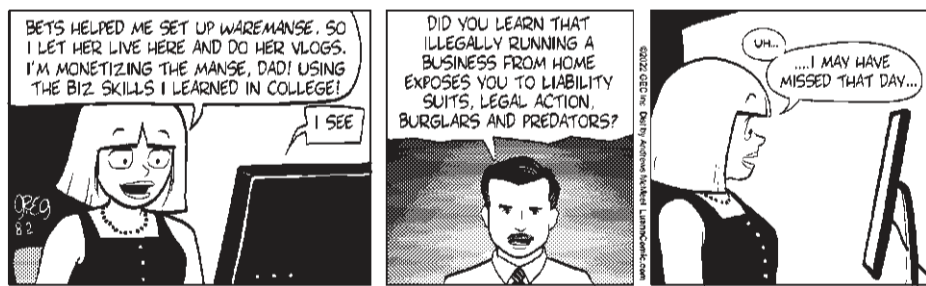
## PEARLS BEFORE SWINE | STEPHAN PASTIS



## FRANK & ERNEST | BOB THAVES



## LUANN | GREG EVANS



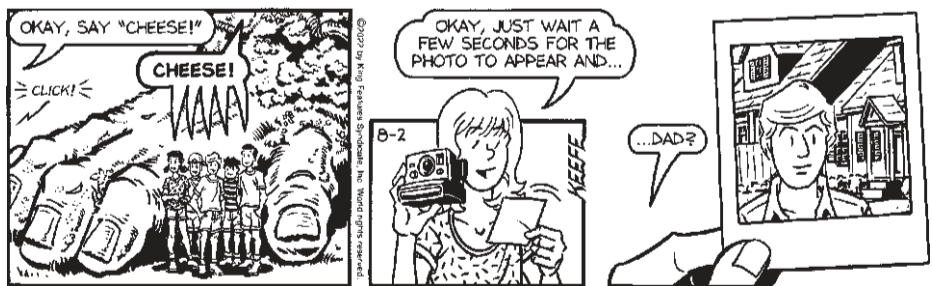
## GET FUZZY | DARBY CONLEY



## MUTTS | PATRICK MCDONNELL



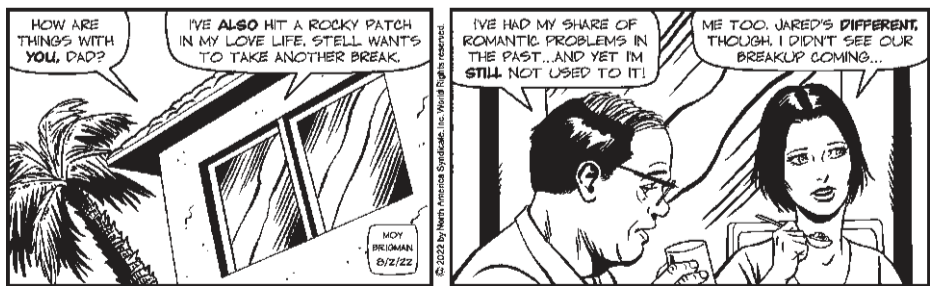
## SALLY FORTH | STEVE ALANIZ, FRANCESCO MARCIULIANO, CRAIG MACINTOSH



## MARVIN | TOM ARMSTRONG



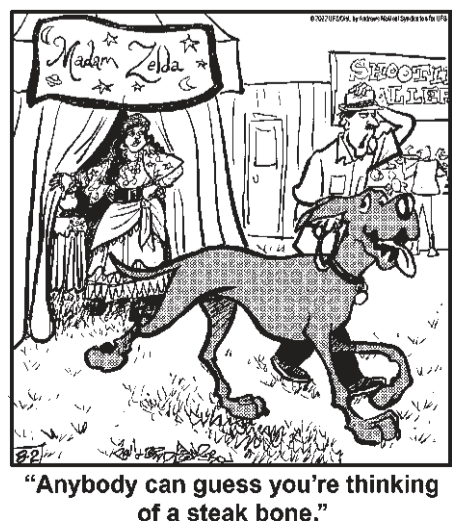
## MARY WORTH | ALLEN SAUNDERS



## FAMILY CIRCUS | BIL KEANE



## MARMADUKE | BRAD ANDERSON



## ARGYLE SWEATER | SCOTT HILBURN



## ZIGGY | TOM WILSON & TOM II





# New airport led to longer flights from Rochester

The opening of a new airport in September 1960 brought Rochester into the jet age — almost.

The first passenger plane to land at the new Rochester airport 8 miles south of the city was a propeller-driven airliner — the first of many that would land and take off from the new runways before the jet age finally touched down a couple of years later.

But the new airport did position Rochester to host the big jet airliners of the future, something the former airport at Lobb Field, with its cramped location surrounded by urban development, was not capable of handling. And even if there had been room to expand Lobb's 4,500-foot main runway, it's difficult to imagine jet airliners roaring in for landing over residential neighborhoods.

So the opening of the new Rochester airport was indeed "an aviation milestone," as Ted Zawasky, a Northwest



**THEN AND NOW**  
Thomas Weber

Airlines official, said at the time.

Shortly before the airport was open for business, Zawasky announced that Northwest would start flying its DC-6B airliners to and from Rochester six times a day. The planes had a wingspan of 117 feet, weighed 107,000 pounds, featured a pressurized cabin capable of carrying up to 76 passengers, had a top speed of 371 miles per hour and a normal range of 2,200 miles. Not a jet, yet, but practically the next best thing for travelers.

"The only thing that has prevented Northwest from operating DC-6B aircraft here in the past is the fact that Lobb Field cannot handle anything as large," Zawasky said.



Contributed / History Center of Olmsted County

**A Northwest Airlines plane was one of the first to take off from the new Rochester airport in September 1960.**

The main runway at the new airport was 6,400 feet long, with a cross runway of 4,000 feet. To handle ever larger planes, those runways would, in the future jet age, eventually be lengthened to 9,000 feet and 7,000 feet.

But by 1960 standards, the new Rochester airport was completely up-to-date. There was

a 25,000-square-foot terminal building, parking for at least 250 cars, and an air traffic control tower. The cost of construction was \$4 million, shared by federal, state and local governments.

In addition to Northwest, Rochester in 1960 was served by Ozark and Braniff airlines. Northwest alone had

nine scheduled flights each day, heading east to as far as New York City, and north to the Twin Cities. Braniff and Ozark generally flew southward, giving Rochester passengers and Mayo Clinic patients additional travel options.

Of course, in that era, when long-haul flights were not routine, many destinations could only

be reached by "puddle-jumper" flights that hopped from one airport to another.

Northwest's 11:35 a.m. departure from Rochester, for example, stopped in Madison, Milwaukee and Detroit before reaching New York City. On the other hand, there was a direct flight to Chicago at noon. "The flight is one hour and 20 minutes and luncheon will be served," the Post-Bulletin reported.

All of this activity was based at the gleaming new airport located on a plateau south of the city. Pilots would no longer navigate by the corn cob water tower as they had done at Lobb Field.

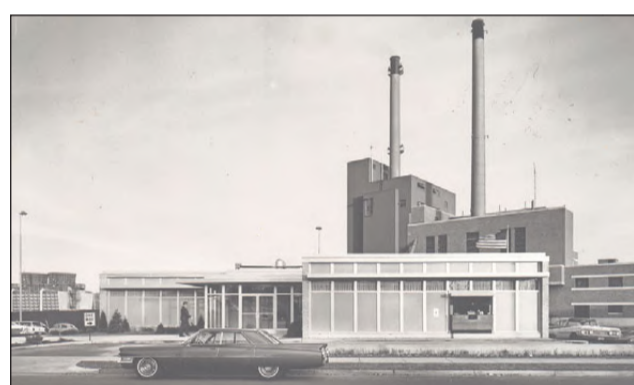
And in 1963, when Northwest started flying Boeing 707 jet liners, the future for which the new airport had been built would arrive at last.

Thomas Weber is a former Post Bulletin reporter who enjoys writing about local history.

## The power plant gets a new office

On November 20, 1963, Rochester residents got their first official look at the interior of the city's new Public Utilities Department's office building. Built at a cost of \$240,000 and located at 501 First Ave. NE, the new facility featured a drive-up payment window and was only a short walk from the Silver Lake Power Plant. As part of the open house, citizens could also tour the 14-year-old power generating plant's \$4.3 million expansion that had been finished the year before.

Office workers at the new glass and steel structure soon discovered that if windows and doors were not sealed tightly on delivery days they could dust their names in coal dust on their desks.



Contributed

**In November 1963, 501 First Ave. NE was the shiny new home of Rochester's Public Utilities Department.**



**LENS ON HISTORY**  
Lee Hilgendorf

RPU moved to larger offices, Rochester Area

Economic Development Inc. leased the building for use as a business incubator. After a \$55,000 renovation, there was no mention of coal dust.

"Lens on History" is a weekly photo feature by Lee Hilgendorf, a volunteer at the History Center of Olmsted County.



Contributed / Lee Hilgendorf

**Today, there's a whole lot of empty space behind the former power generating plant.**

## AMISH KITCHEN

# Daughter Verena shares her train adventures

Hello, this is Lovina's daughter Verena. It's Tuesday evening, and I decided to write Mom's column. The sun is shining nicely, and there's a nice breeze flowing.

I keep looking back at life at the age of 16. I was so excited to turn 16, and life seemed to go so slow. Now I am at the age of 24 and life seems to be going too fast. I wonder what I will be saying at the age of 50.

I recently got to experience going on an Amtrak train. I left with friends Samuel and Wilma and their 3-month-old daughter, Kimberly. I enjoyed the train ride — the only part I didn't enjoy was trying to sleep. It wasn't too comfy. We left the morning of July 11. We then arrived in Colorado at Samuel's brother, Freeman, and his wife, Sarah's, house the evening of July 12. That is where we stayed until July 16. Samuel's sister Laura and Laura's friend Liz drove back with us on the train. Laura and I shared a seat. We sure had an enjoyable time.

On July 17, we had to get off and go on another train. While we were waiting at the train station, we decided to go find some food to

### Garden Salad

- 3 medium cucumbers, peeled and sliced ¼-inch thick
- 1 medium onion, sliced and separated into rings
- 3 medium tomatoes, cut into wedges
- 1/2 cup vinegar
- 1/4 cup sugar
- 1 cup water
- 2 teaspoons salt
- 1 teaspoon black pepper
- 1/4 cup oil

Combine all

eat. I saw the escalators and I got a wild idea to try one out with my mobility scooter. Without thinking of any consequences, I took the scooter up the escalator. It did a good job, so I wanted to try going down. So I did, and it worked perfectly.

Although it didn't impress the caretakers of the station. They had to put over the intercom that wheelchairs or any kind of scooters are supposed to take the elevators, not the escalator. It was a fun and funny experience. I do not suggest anyone tries it though.

Around midnight on



Contributed

**Laundry day at daughter Susan's house, where Verena lives.**

July 18, we arrived an hour from home — just to discover our driver forgot to pick us up and had been fast asleep. Now we had to find a way to call home and find another driver. We finally were able to do that, and the driver came around 3 a.m. — we arrived home around 4 a.m. I did not sleep right away, either, so I definitely lost a lot of sleep, but it was definitely worth it.

Sister Susan's boyfriend Ervin moved up here into a rental

house. It's 6 miles or so from Susan's house, which has made life much busier and brought more changes. The changes are good though. I'm very happy for Susan and Ervin. I'm also happy for the children — they sure have adapted well together.

Every morning, Ervin's work driver picks me up around 3:10 a.m. That means I have to get up by 2:45, at least. Ervin makes sure to have my mobility scooter sitting out there so I can just drive it into the

house once I get there.

Ervin's three children are still fast asleep, so I lay down close by them somewhere. They normally get up around 6 or 7 a.m. I then get them breakfast, then I wash the breakfast dishes and of course entertain the children. Around 11:30 we have lunch, and then I put them down for a nap. After they are napping, I wash the dishes, sweep the floors, and mop the floors if needed. Not all that

gets done all the time before Ervin gets home.

I then have a driver take me back to Susan's after Ervin is home. Ervin gets home normally around 1–2:30 p.m. I also make sure to have supper prepared for him so he doesn't have much to do.

Today I loaded all three kiddos up on my scooter and we drove to my parents' house. Mom made breakfast for us, and the children loved it. We then went over to my sister Loretta's house to see baby Denzel again. He sure is growing, and is doing well.

Wednesday, July 27, my nephew Ryan will be 3 years old. Ryan is Susan's son. Ervin offered to have our family there at his rental house for Ryan's third birthday.

I hope you are all doing well, and God's many blessings to you all.

Combine all ingredients in a large bowl. Toss well to mix. Refrigerate at least 2 hours before serving.

Lovina Eicher is an Old Order Amish writer, cook, wife, and mother of eight. Readers can write to her at PO Box 234, Sturgis, MI 49091 (please include a self-addressed, stamped envelope for a reply); or email LovinasAmishKitchen@MennoMedia.org and your message will be passed on to her.



# ‘A very lonely place to be’

## Take COVID-19 seriously, long-haulers warn

BY CAROLINE CATHERMAN  
Orlando Sentinel

ORLANDO, Fla. — On the rare occasions when Vero Beach resident Neil Passmore goes out in public, he’s often the only one in a mask.

When Passmore caught COVID-19 in June 2020, the virus hit him hard: He shook with chills, struggled to breathe, his heart raced and he had trouble regulating his body temperature. He also experienced disassociation and memory loss, among other symptoms.

In the weeks and months after his infection, he noticed some symptoms weren’t going away, and some were getting worse. After five weeks, he was often confused, stuttering and calling things by the wrong name: mailboxes became post offices, coconuts became pine cones, palm trees became pine trees.

Doctors eventually discovered optic nerve and brainstem damage.

His second round of COVID-19 in August 2021 made all his symptoms worse, particularly his cardiac symptoms.

More than two years later, he still struggles with regulating his body temperature, a rapid heartbeat, tinnitus, dizziness and neurological symptoms. His ongoing cognitive issues make it impossible to return to his job as a Walgreens pharmacist. He’s terrified of getting COVID-19 again.

“I went from having a very good job, living like you’re supposed to, working hard... for months and months, helping sick people every day,” he said. “Then I get sick, and blam! That’s it. You don’t know... if you’re going to be able to keep your house and your vehicles. Your way of life has definitely changed.”

Passmore has long COVID-19, known also as long-haul COVID-19, or Post COVID-19 condition.

The CDC estimates as many as one in five adults who catch COVID-19 may go on to develop long COVID-19, defined by the World Health Organization as symptoms in people previously infected that last for at least two months and cannot be attributed to anything else. Common symptoms include fatigue, shortness of breath and cognitive dysfunction but the range is broad.

Now, as new, ultra-infectious subvariants of the COVID-19 omicron variant drive up COVID-19 cases, advocates say it is more important than ever to speed up awareness and research the origins and treatment for the condition.

“If in the future a significant portion of the population is suffering from COVID and long-haul COVID simultaneously, this will be an extraordinary burden financially for everyone,” said Elena Cyrus, an infectious disease epidemiologist and assistant professor at the University of Central Florida.

### MORE QUESTIONS THAN ANSWERS

An estimated 1.5 million adults in Florida are currently experiencing symptoms of long COVID-19, based on a summer 2022 household pulse survey and 2020 population estimates by the U.S. Census Bureau.

Other viruses can also cause symptoms that stick around after people recover, varying in severity or duration, Cyrus said.

“The only difference is that because of the scale of COVID, we are looking closer at it, because of the massive impact it can have,” she wrote in an email.

Two years in, there are still more questions than answers as to the disease’s origins: Could tiny blood clots be cutting off blood flow to some parts of the body? Does the coronavirus sometimes stick around in certain areas? Could COVID-19 make some people’s immune systems go haywire, causing chronic inflammation? Those are three leading theories, researchers told Science Magazine in a June article. In all likelihood, there is no single cause, but rather multiple factors working together.

There are no go-to proven treatments either, said Dr. Irene Estores, who opened the UF Health COVID RESTORE (rehabilitation, support, training, outreach and research) Treatment Program in Gainesville in July 2021. This is one of just five post-COVID care centers listed by the Survivors Corp, a grassroots patient advocacy effort.

Estores tries treatments that are meant for conditions with similar symptoms.

She points out long COVID research is moving forward,

albeit slowly.

“We know more about long COVID — both mechanisms and treatments — now than we did two years ago. So, we just keep on working,” Estores said.

She has a long waitlist. Seeing patients is time-consuming, as is helping them apply for disability insurance benefits.

“Patients need to recognize that we do want to help, but physicians need resources to be able to help,” Estores said. “It will take more than just commitment from physicians... This requires a concerted effort from health systems and from the government.”

The National Institutes of Health in February 2021 announced a \$1.15 billion initiative, RECOVER, to fund investigations into the condition, though since then the initiative has faced criticism for its slow speed and lack of transparency, a June Science Magazine article reports.

Many of Estores’ patients have made progress, and she emphasizes this. But she acknowledges that it can be easy to give up.

“I can understand why... they feel this way. My patients tell me how hard it is. And I can see it,” Estores said. “... I can tell you that my patients who continue to work with me on this, we go somewhere.”

### TERRIFIED OF REINFECTION

Faced with chronic, often unexplainable symptoms and no proven treatments, having long COVID-19 can feel hopeless, said Danielle Jordan, 21, from Coral Gables.

Jordan caught COVID-19 as a healthy 19-year-old. She couldn’t walk without pain, accurately taste or smell, or regulate her rapid heartbeat in the three months that followed. Though many symptoms faded, she still suffers from parosmia and dysgeusia: distorted smell and taste.

Jordan’s mental state is in recovery, too.

“What I wish people knew about long covid was the effects it can have on one’s mental health. It is a very lonely place to be in if no one around you is going through what you are going through,” Jordan wrote in an email. “... It’s been horrible.”

When the University of Miami student was exposed to the virus again in September 2021, she had panic attacks



Matthew Rossi Jordan / Orlando Sentinel / TNS

Danielle Jordan, 21, first caught COVID-19 in August 2020 and suffered with long COVID-19 for months after.

multiple times a day out of fear she’d test positive again.

Brian Hartin, who spoke to the Orlando Sentinel in October about his lack of energy, brain fog and depression, is about 80% recovered from long COVID-19 after about two years. He’s working again, though in a lower position than he was before because his health is still unpredictable.

The 37-year-old Lakeland resident, like Jordan, is desperate to get better and scared of catching COVID-19 again.

Their fears aren’t unfounded.

Saint Louis Health Care System researchers found that each time a person catches COVID-19, their risk of new health problems may increase, a draft study of over 5.6 million people said. It is currently awaiting peer review.

### OTHERS HAVE MOVED ON

Hartin doesn’t sense the same concern he has about COVID-19 in others, however.

A couple of weeks ago, he heard his coworkers joking that they were so burnt out, they wanted to catch COVID-19 just as an excuse to take time off.

“I was like, really? You don’t want to have what happened to me happen to you, and you’re talking about it just so casually,” Hartin said.

Doctors, too, have dismissed Hartin because there’s no clear cause for his symptoms.

“There’s only so many times that you can go to the doctor or go to the ER and they tell you that everything’s alright, you know, and that there’s nothing wrong with you, and obviously that’s not true, because I wouldn’t feel the way that I feel if there wasn’t something wrong,” he said.

Some doubt long COVID’s existence. Jeremy Devine, a resident psychiatrist at McMaster University in

Hamilton, Ontario, wrote a Wall Street Journal op-ed suggesting long COVID-19 can be explained in most cases by underlying mental health issues.

Florida Department of Health spokesperson Jeremy Redfern tweeted, “long COVID = anxiety” from his personal account to the House Select Subcommittee on the Coronavirus Crisis in June.

Both faced swift backlash from physicians, psychiatrists, other mental health professionals and activists.

Passmore says for their sakes and his, he hopes the general public takes long COVID-19 and the current wave seriously.

“Maybe the new variants aren’t killing as many people, but there’s still a lot of risks with them,” he said.

### RESOURCES ARE GROWING

In the meantime, for those already struggling, there are resources, many of them established by long COVID-19 patients themselves.

Estores’ program is accepting new patients at <https://ufhealth.org/integrative-medicine/contact>; patients can call 352-265-9355 and specify they’re looking for long COVID-19 treatment.

She said patients should expect a waitlist at her clinic and others.

Other post-COVID-19 care centers and contact information can be found on the website of the Survivors Corp, a grassroots patient advocacy effort.

Support groups have also sprung up, such as COVID-19 Long Haulers Support on Facebook.

The Patient-Led Research Collaborative, a group of researchers with long COVID-19 born out of another support group, has resources as well.

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# Moving sea otters up the Northern California and Oregon coast is feasible

BY PAUL ROGERS  
The Mercury News

SAN JOSE, Calif. — Relocating sea otters to places in Northern California and Oregon where they haven’t lived for generations, including possibly using helicopter rides to move a few dozen from the Monterey Bay area into San Francisco Bay, is feasible and could help expand populations of the endangered marine mammals.

But there are sensitive economic issues that have to be worked out first, chief among them how it might affect commercial fishermen who catch species like Dungeness crab that sea otters also like to eat.

That was the conclusion this week from a new report from the U.S. Fish and Wildlife Service. The 200-page study, required by Congress, provided momentum to the growing idea among many marine biologists and environmentalists that the best way to help restore endangered sea otters is to spread their numbers out over a wider area across the West Coast.

“If we were to rely on natural range expansion it would be a very, very long time before sea otters were able to regain

their historical range,” said Michele Zwartjes, co-author of the study and a field supervisor for the U.S. Fish and Wildlife Service in Oregon.

“We have recommended very small targeted reintroductions — maybe 100 or 200 sea otters in 30 years, not thousands,” she added. “We foresee that any impacts would be very localized for a very long period of time.”

Similar relocation efforts have happened with California condors over the past 30 years. Scientists have bred the endangered birds in zoos, then released them in Big Sur, the Grand Canyon and other locations, increasing condors’ numbers steadily.

But condors eat dead deer and dead sea lions. Otters eat living animals like Dungeness crab, a \$51 million annual commercial fishery in California.

“They really need to think this through,” said Mike Conroy, executive director of the Pacific Coast Federation of Fishermen’s Associations in San Francisco. “These ecosystems have evolved without the presence of sea otters for 200 years. If this isn’t thought out, it could be disastrous.”

A jump in sea otter

numbers in southern Alaska in recent decades led to drops in the catch of Dungeness crabs there. In Alaska, there are more than 90,000 otters. Along California’s Central coast, there are about 3,000.

The report does not give approval to relocating otters, most of which currently live in California between Santa Cruz and Morro Bay. More study would be needed, Fish and Wildlife Service officials said, to choose the best locations and learn exactly how otters would impact local fishing economies, including crab, clams, abalone and other shellfish.

Some areas that have been considered are San Francisco Bay, the Sonoma Coast and Drake’s Estero Lagoon in Marin County.

The idea is to expand otters’ genetic diversity and reduce the risk of one big event like an oil spill wiping out a large chunk of the sea otter population by moving small numbers so they can re-establish populations.

Historically there were about 16,000 sea otters along the entire California coast. But they were hunted relentlessly in the late 1700s and early 1800s by Russian, British and American fur traders for

their pelts.

Many lived in San Francisco Bay. But by the Gold Rush, they were all but gone. They were feared extinct until the 1930s, when about 50 were discovered in remote Big Sur coves. Protected by the Endangered Species Act in 1977, they began a slow comeback.

Over the last decade, however, sea otters haven’t been able to expand north past the Pigeon Point area in San Mateo County because of attacks by great white sharks. Federal laws have protected elephant seals, sea lions and other marine mammals that the sharks eat. Also, climate change has warmed waters, and more juvenile great white sharks have moved north into the area from Southern California.

The goal is to get otters around the shark hot spot so they can re-establish farther up the Northern California coast, researchers say.

“We are seeing more shark bites than we have ever before,” said Aimee David, vice president for U.S. and California ocean conservation at the Monterey Bay Aquarium. “They are not the prey of sharks, but as more sharks come north because of changing



Doug Duran / Bay Area News Group / TNS

Sea otters in the Elkhorn Slough on July 23, 2020, in Moss Landing, California.

temperature conditions in the ocean, these sharks mistake otters for prey, bite them and often the bites are fatal.”

The aquarium’s research has helped show that even though otters are known for living in kelp beds in the ocean, they can also thrive in bays and lagoons. Starting in 2001, aquarium scientists began taking young otters that had been separated from their mothers in the ocean, having captive female otters raise them, then releasing them into Elkhorn Slough in northern Monterey County.

At first there were 20 wild otters there. After releasing 37 “surrogate otters” over 15 years, the population in Elkhorn Slough jumped to between 100 and 150. That could happen in San Francisco Bay.

“San Francisco Bay could support a large number of sea otters,

given its size and potential as habitat,” said Jessica Fujii, the aquarium’s sea otter program manager. “That doesn’t mean it is the best location, but it is an area to be considered.”

The U.S. Fish and Wildlife Service will begin hosting public meetings over the next year in coastal communities in Northern California and Oregon to discuss the issue with residents, Zwartjes said. If suitable locations are found, she said, the service would conduct a detailed economic study and a full environmental study before giving the green light.

“If we were to reintroduce sea otters, where could we do that with the greatest chance of biological success?” she said. “And how could we minimize any impacts on a local level to fisheries?”

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Photos by Rachel Bluth / Kaiser Health News / TNS

The COVID-19 pandemic and the Trump administration's response to it further politicized a long-running debate over vaccines. The people who oppose vaccine requirements often argue that vaccination is a matter of choice.

# 'My Body, My Choice'

## How vaccine foes co-opted the abortion rallying cry

BY RACHEL BLUTH  
Kaiser Health News

LOS ANGELES — In the shadow of L.A.'s art deco City Hall, musicians jammed onstage, kids got their faces painted, and families picnicked on lawn chairs. Amid the festivity, people waved flags, sported T-shirts, and sold buttons — all emblazoned with a familiar slogan: “My Body, My Choice.”

This wasn't an abortion rights rally. It wasn't a protest against the recent U.S. Supreme Court ruling that gutted *Roe v. Wade*. It was the Defeat the Mandates Rally, a jubilant gathering of anti-vaccine activists in April to protest the few remaining COVID-19 guidelines, such as mask mandates on mass transit and vaccination requirements for health care workers.

Similar scenes have played out across the country during the pandemic. Armed with the language of the abortion rights movement, anti-vaccine forces have converged with right-leaning causes to protest COVID-19 precautions.

And they're succeeding. Vaccine opponents have appropriated “My Body, My Choice,” a slogan that has been inextricably linked to reproductive rights for nearly half a century, to fight mask and vaccine mandates across the country — including in California, where lawmakers had vowed to adopt the toughest vaccine requirements in the U.S.

As the anti-vaccine contingent has notched successes, the abortion rights movement has taken hit after hit, culminating in the June 24 Supreme Court decision that ended the federal constitutional right to abortion. The

ruling leaves it up to states to decide, and up to 26 states are expected to ban or severely limit abortion in the coming months.

Now that anti-vaccination groups have laid claim to “My Body, My Choice,” abortion rights groups are distancing themselves from it — marking a stunning annexation of political messaging.

“It's a really savvy co-option of reproductive rights and the movement's framing of the issue,” said Lisa Ikemoto, a law professor at the University of California, Davis Feminist Research Institute. “It strengthens the meaning of choice in the anti-vaccine space and detracts from the meaning of that word in the reproductive rights space.”

Framing the decision to vaccinate as a singularly personal one also obscures its public health consequences, Ikemoto said, because vaccines are used to protect not just one person but a community of people by stopping the spread of a disease to those who can't protect themselves.

Celinda Lake, a Democratic strategist and pollster based in Washington, D.C., said “My Body, My Choice” is no longer polling well with Democrats because they associate it with anti-vaccination sentiment.

“What's really unique about this is that you don't usually see one side's base adopting the message of the other side's base — and succeeding,” she said. “That's what makes this so fascinating.”

Jodi Hicks, president of Planned Parenthood Affiliates of California, acknowledged that the appropriation of abortion rights terminology has worked against the reproductive rights movement.

“In this moment, to co-opt that messaging and distract from the work that we're doing, and using it to spread misinformation, is frustrating and it's disappointing,” Hicks said.

She said the movement was already gravitating away from the phrase. Even where abortion is legal, she said, some women can't “choose” to get one because of financial or other barriers. The movement is now focusing more heavily on access to health care, using catchphrases such as “Bans Off Our Bodies” and “Say Abortion,” Hicks said.

Vaccination hasn't always been this political, said Jennifer Reich, a sociology professor at the University of Colorado Denver, who has written a book about why parents refuse vaccines for their kids. Opposition to vaccines grew in the 1980s among parents concerned about school vaccine requirements. Those parents said they didn't have enough information about vaccines' potential harmful effects, but it wasn't partisan at the time, Reich said.

The issue exploded onto the political scene after a measles outbreak tied to Disneyland sickened at least 140 people in 2014 and 2015. When California lawmakers moved to prohibit parents from claiming personal belief exemptions for required childhood vaccines, opponents organized around the idea of “medical choice” and “medical freedom.” Those opponents spanned the political spectrum, Reich said.

Then came COVID-19. The Trump administration politicized the pandemic from the outset, starting with masks and stay-at-home orders. Republican leaders and white evangelicals implemented that strategy on the ground, Reich said, arguing against vaccine mandates when COVID-19 vaccines were still only theoretical — scaring people with rhetoric about the loss of personal choice and images of vaccine passports.

They gained traction despite an obvious inconsistency, she said: Often, the same people



The phrase “My Body, My Choice” was ubiquitous at an April rally against vaccine mandates in Los Angeles. The slogan started as an abortion rights catchphrase but has become a favorite of vaccine skeptics.

who oppose vaccine requirements — arguing that it's a matter of choice — are against abortion rights.

“What's really changed is that in the last two or so years, it's become highly partisan,” Reich said.

Joshua Coleman leads V is for Vaccine, a group that opposes vaccine mandates. He said he deploys the phrase strategically depending on what state he's working in.

“In a state or a city that is more pro-life, they're not going to connect with that messaging, they don't believe in full bodily autonomy,” Coleman said.

But in places like California, he takes his “My Body, My Choice” rhetoric where he thinks it will be effective, like the annual Women's March, where he says he can sometimes get feminists to consider his perspective.

Perception of the word “choice” has changed over time, said Alyssa Wulf, a cognitive linguist based in Oakland, California. The word now evokes an image of an isolated decision that doesn't affect the broader community, she said. It can frame an abortion seeker as self-centered, and a vaccine rejector as an individual making a personal health choice, Wulf said.

Beyond linguistics, anti-vaccination activists are playing politics,

intentionally trolling the abortion rights groups by using their words against them, Wulf said. “I really believe there's a little bit of an ‘eff you’ in that,” Wulf said. “We're going to take your phrase.”

Tom Blodget, a retired Spanish-language instructor from Chico, California, sported a “My Body, My Choice” shirt — complete with an image of a cartoon syringe — at the Defeat the Mandates Rally in Los Angeles. It was “an ironic thing,” he said, meant to expose what he sees as the hypocrisy of Democrats who support both abortion and vaccine mandates. Blodget said he is “pro-life” and believes that COVID-19 vaccines are not immunizations but a form of gene therapy, which is not true.

For Blodget, and many other anti-vaccination activists, there is no inconsistency in this position. Abortion is not a personal health decision akin to getting a shot, they say: It is simply murder.

“Women say they can have an abortion because it's their body,” Blodget said. “If that's a valid thing for a lot of people, why should I have to take an injection of some concoction?”

About a week later and nearly 400 miles to the north in Sacramento, state lawmakers heard testimony on bills about abortion and COVID-19 vaccines. Two protests,

one against abortion and one against vaccine mandates, converged. Truckers from the “People's Convoy,” a group that opposes COVID-19 mandates that had been touring the country with its message of “medical freedom,” testified against a bill that would stop police from investigating miscarriages as murders. Anti-abortion activists lined up to oppose a bill that would update reporting requirements to the state's vaccine registry.

“My Body, My Choice” was ubiquitous: Kids petting police horses in front of the Capitol wore T-shirts with the slogan, and truckers watching a sword dance toed signs above their heads.

At the time, two tough legislative proposals to mandate COVID-19 vaccines for schoolchildren and most workers had already been shelved without a vote. One controversial vaccination proposal remained: a bill to allow children 12 and older to get COVID-19 vaccines without parental consent.

Lawmakers have since watered down the measure, raising the minimum age to 15, and it awaits crucial votes. They have shifted their attention to the latest political earthquake: abortion.



# Why do maple leaves turn yellow and sickly?

## FARGO

If you don't count rabbit injury and tomato troubles, can you guess the next most common question I receive? It's hands down why Autumn Blaze or other maple trees do poorly in some landscapes.

Everybody loves autumn foliage color, and maples are famous for their red, orange and copper shades. That's why so many Autumn Blaze and other maples are planted.

Why do I get so many questions about maples? Problems arise because these tree types aren't adapted everywhere, and where maples aren't adapted, they quickly show their displeasure with sickly yellow leaves, cracks in the trunk and eventual branch dieback.

Winter hardiness isn't the problem, as many of these maples thrive well in the cold of northern Minnesota. Instead, it's mostly the soil.

Many of these maples are adapted to the naturally forested soils found east of the Red



**GROWING TOGETHER**  
Don Kinzler

River Valley. In contrast, from the valley and points west, most soils are of prairie grassland origin, and some tree types, like Autumn Blaze maple, are less likely to thrive in prairie soils.

Maples often respond to soil incompatibility with yellowing leaves in a disorder called chlorosis (pronounced "klor-OH-sis"). The leaf veins often remain green, and the areas between veins become lemon yellow, eventually including brown spots or crisp leaf margins. Without green chlorophyll, photosynthesis is reduced and the trees decline.

This soil incompatibility causes the tree's roots to be unable to utilize nutrients in the soil, causing nutrient deficiencies, especially iron, giving the term iron

chlorosis. Sometimes it's magnesium or manganese that the roots are unable to utilize. Eventually branches may die, and if the deficiency occurs for several growing seasons, the entire tree can be weakened beyond recovery.

Although chlorosis is most commonly caused by iron deficiency, it doesn't necessarily mean our soil lacks iron. The iron is often present, but in a form that the roots can't access, made worse by heavy, compacted or poorly drained clay soil.

Another common factor that affects whether a soil is maple-friendly is the acidity or alkalinity of soil, which is termed pH. A pH of 7.0 is neutral, lower numbers are acid, and higher numbers are alkaline. North Dakota, South Dakota and western Minnesota have soils that tend to be alkaline. Forested regions of Minnesota begin the trend toward acid, which extends eastward in the United States.

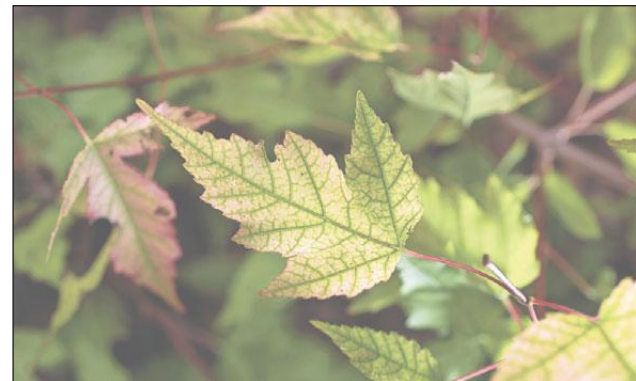
Basic knowledge of soil pH can be a factor in chlorosis treatment. Iron

tends to be more soluble if soil is slightly acid. In alkaline soils, iron begins to change into insoluble forms that some plant types, like maples, can't absorb into their root systems.

One remedy for this situation is to avoid planting susceptible tree or shrub types. Silver maple is classically affected, along with Autumn Blaze and similar maples. Columnar poplar, crabapple, plum, pear and birch are more susceptible than trees like ash, bur oak and linden.

What are the treatments for iron chlorosis? If iron is more available in slightly acid soil, can we assist by adding acidifying products to our alkaline soil? Unfortunately, trying to change the pH of soil to accommodate a tree's root system is like trying to change the color of the ocean by adding food coloring.

Instead, to treat iron deficiency chlorosis, we can apply iron products that are more easily accessed by plants,



Forum file photo

Chlorosis is a term used when leaves turn yellow due to iron deficiency.

commonly called chelated iron (pronounced "KEY-lated"). Garden centers sell various forms. Some types are sprayed onto the foliage, and leaves will often green up within two weeks and the treatment might last from one to three months.

Other forms are applied to the soil, and visible results might take several months, but soil applications last longer than foliar applications, usually a year. Iron can also be injected into the tree by inserting capsules into holes drilled in the trunk.

When applying any of the chelated iron products, it's important to follow the label

directions carefully to ensure success. Trees that have suffered with the ailment for years and are in a state of decline might not respond to treatment.

Before beginning treatment, a soil test will help identify soil pH and provide an analysis of iron and other nutrients. North Dakota State University and the University of Minnesota both have soil testing labs, which can be located by searching online.

Don Kinzler, a lifelong gardener, is the horticulturist with North Dakota State University Extension for Cass County. Readers can reach him at donald.kinzler@ndsu.edu.

## FIELDING QUESTIONS

# Squash vine collapse, creeping Charlie control and green potato prevention

BY DON KINZLER  
The Forum

**Q:** Attached is a picture of my squash vines this year. Every day the leaves droop like the plants need water, so I've been watering every day, even after rain. The squash vines perk up overnight but during the day the leaves wilt again, just like the photo. Do you have any idea what might be going on? I've always grown squash and never had this problem before. — Connie K.

**A:** Your squash vines are reacting with classic symptoms of a squash vine borer infestation. This problem has become increasingly common, and I've experienced it myself in recent years. It can totally devastate an entire season's squash crop.

The adult moth is dark gray with an orange abdomen and makes a noticeable buzzing sound as it flies. The moths lay eggs along lower squash stems in late June. As the eggs hatch, the inch-long, cream-colored larvae enter stems, tunneling throughout and causing vine collapse. Leaves often temporarily recover at night, but eventually wilt permanently.

Prevention must begin earlier in the season, because once the wilting happens, the borers are safely inside the squash stems. Apply insecticide spray or dust such as Sevin, Eight or spinosad to the base of plants around June 20 and repeat in seven days.

The insecticide must thoroughly coat the stems below the leafy canopy, especially the 12 inches above soil level. The insecticide kills the newly hatched borers as they attempt to chew their way

into the stem. Spraying the leaves isn't effective.

Besides insect sprays, aluminum foil can be wrapped around the basal 12 inches of stems to prevent borer entry. As vines grow, you can also cover stems sections with soil in several places. These covered stems will produce roots, lessening the chance that borers will affect the entire planting because the plants will be rooted in multiple spots.

Remove and dispose of all vines in the fall, or earlier if they collapse and die.

**Q:** Can you remind us of the product that was recommended to kill creeping Charlie in lawns? — Victor M.

**A:** Creeping Charlie is among a group of weeds considered hard to kill, because it proliferates so readily from its winter-hardy perennial root system and its ability to vigorously spread. It doesn't creep — it sprints.

Some lawn weed herbicides aren't tough enough to control these persistent weeds. Look for a herbicide with the active ingredient triclopyr, which will be indicated on the label, often in fine print listed under "active ingredient."

Apply the product following all label directions. For best control, apply triclopyr in early September and again next May. Because these weeds are tenacious, spring and fall applications should be made religiously this year and next. Eventually, you can out-persist these persistent weeds.

**Q:** Every year the potatoes that are closest to the surface develop green areas, even though the tubers aren't exposed. I know if they're exposed to

sunlight they turn green. Our potato plants are doing well, and I want to prevent the green areas that we end up cutting off when we're cooking them. Is there a way to prevent green potatoes? — Ben C.

**A:** Even if the potato tubers aren't peeking out of the ground, if the soil cover is too shallow, light can still penetrate and cause green chlorophyll and toxic alkaloids to develop.

To prevent greening, the base of the potato plants should be covered with a generous amount of soil. That's why, as the potato plants grow, it's customary to "hill up" soil around the developing plants so the tubers form at a depth well below light penetration.

Even if hilling wasn't accomplished earlier in the season, greening can usually be eliminated or reduced now by adding soil around the plant. If there isn't enough accessible soil between rows to pull up around the plants, extra soil can often be found at the garden's perimeter. Straw, grass clippings free of herbicide, and other mulches can also be added to exclude light.

If you have a gardening or lawn care question, email Don Kinzler, NDSU Extension-Cass County, at donald.kinzler@ndsu.edu. Questions with broad appeal may be published, so please include your name, city and state for appropriate advice.



Contributed / Special to The Forum

A reader wonders why their squash vines have droopy leaves every day but perk up overnight.




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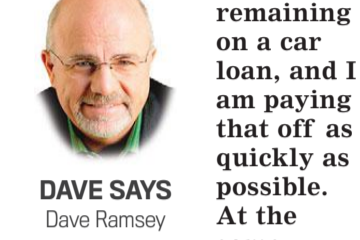
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Don't let leaky roof lead to leaky wallet. What they can do to make financial changes

Dear Dave, I finished college a couple of years ago, and I have a good job making \$65,000 a year. The only debt I have is about \$5,000 remaining on a car loan, and I am paying that off as quickly as possible. At the same



time, my mom and dad need repairs on their small house, and I am not sure they can afford to fix things. They both work hard, but they don't make a lot of money. Plus, they have some debt. I have enough saved to pay for fixing their roof, with plenty left over. What do you think about the idea of pausing paying off my car to help them?

— Samantha

Dear Samantha, You're a caring young lady with a great heart, who's also making good money. There's no reason you can't do both things. Help your mom and dad with the roof, then turn around and finish knocking out that car payment and rebuild your savings. From what you've said, it won't put you in a financial bind, right? I'm really proud of you for wanting to help your folks this way.

I know your mom and dad work hard. And they're obviously good people to have raised a daughter like you. But I want you to think about one thing. If you make a habit of fixing their lives without them having a hand in fixing their lives, this scenario could become a nightmare for everyone.

I'd go ahead and help them, but the only way I'd do it is if they promise to let you help them address the reasons they don't have any money – and if they agree to get financial counseling. I can tell you love your mom and dad a lot. And I'm sure they work too hard to be broke. I'm not talking

See LEAKY, Page D2



Andrew Kelly / Reuters file photo

People shop in a supermarket on June 10 as inflation affected consumer prices in Manhattan.

# Stressed by inflation

## From burgers to bleach, consumers buy cheap

BY HILARY RUSS AND RICHA NAIDU  
Reuters

### NEW YORK/LONDON

Some global consumers are showing signs of cracking, as shoppers stressed by record inflation stick to buying basics like food, bleach and cheap burgers, while those with bigger bank accounts are snapping up \$3,000 Louis Vuitton handbags. Investors are closely watching corporate results for signs economies are headed toward recession. But so far consumers are sending mixed signals. There is weakness seen in those that have been hit hardest by record fuel and food prices. Meanwhile, credit card and other data shows some are still spending on travel and other high-end pursuits.

Walmart sounded a warning shot on Monday, issuing a rare profit warning. Its U.S. customers, who tend to come from lower-income households, are buying food and other essentials, while skipping aisles filled with clothes and sporting goods.

"The results overnight indicate that the U.S. consumer is now much more focused on the staples element of shopping where we've got double-digit food inflation coming through in some of

these retailers," says Nicola Morgan-Brownell, fund manager at Legal & General Investment Management. U.S. consumer confidence fell for a third straight month in July amid persistent worries about higher inflation and rising interest rates.

Sales at luxury group LVMH Moët Hennessy Louis Vuitton climbed 19%, slightly lower than earlier this year. Handbag and high-end liquor sales in Europe and the United States helped offset slowdowns stemming from COVID-19 lockdowns in China.

### YOU GOTTA EAT

Consumer giants Coca Cola Co and McDonald's Corp and Unilever Plc all said on Tuesday that their products are still selling, even at higher prices. Unilever, which has 400 brands including Hellmann's mayonnaise, Knorr stock cubes and Domestos bleach, raised its full-year sales guidance after beating first-half underlying sales forecasts as it hiked prices.

So far consumers are buying, but there is a question around how long that can last. "We see price increases when we go out to do a weekly shop. The question is: how much more accepting can the consumer be on those price increases?" said Ashish Sinha, portfolio manager

at Unilever and Reckitt shareholder Gabelli.

McDonald's which operates nearly 40,000 restaurants, said its global same-store sales jumped almost 10%, much better than the expectation for an increase of 6.5%.

Even so, the Chicago-based company said it is considering whether to add more discounted menu options because soaring inflation - particularly in Europe - is leading some lower-income consumers to "trade-down" to cheaper items and to buy fewer big combination meals, Chief Financial Officer Kevin Ozan said during a call with investors.

Coke's global sales volumes rose 8% in the second quarter, the company said, powered by growth in both developed and emerging markets, while average selling prices increased about 12%.

"Coke's results are testament to its brand value because consumers are unwilling to trade down to other colas, despite increasing prices," CFRA analyst Garrett Nelson said.

### SLOWDOWN AHEAD?

Germany-based footwear maker Adidas cut its earnings target for the year due to a slow recovery for its business in China.

General Motors Co on Tuesday reaffirmed its full-year profit outlook on an

expected surge in demand and said it was curbing spending and hiring ahead of a potential economic slowdown, but a 40% drop in its quarterly net income disappointed, sending shares lower.

The Detroit automaker's net income fell 40% in the second quarter from a year earlier due to supply-chain snarls, including a global semiconductor chip shortage that hit hardest in June. The company's shares fell 3.5% in midmorning trading.

Nevertheless, GM sees a lot of pent-up demand.

GM Chief Financial Officer Paul Jacobson said Tuesday that despite the hit from the global chip shortage in June which continued in July, GM still sees strong pricing and demand for its vehicles. The automaker reaffirmed its profit outlook for the year, as Jacobson said the company sees demand in the second half making up for any shortfalls in the second quarter.

A GM pickup truck starts around \$31,500 for a base Chevrolet model, while a loaded GMC Sierra can top \$100,000. Most models come in the \$50,000 to \$70,000 range.

"We feel good about making up all that (lost) volume in the back half of the year," he said.

# A local "angel" investment fund is ready to invest after raising \$7 million

ROCHESTER — After raising \$7 million, a second Rochester "angel" capital fund is ready to start investing in "high potential Minnesota start-ups."

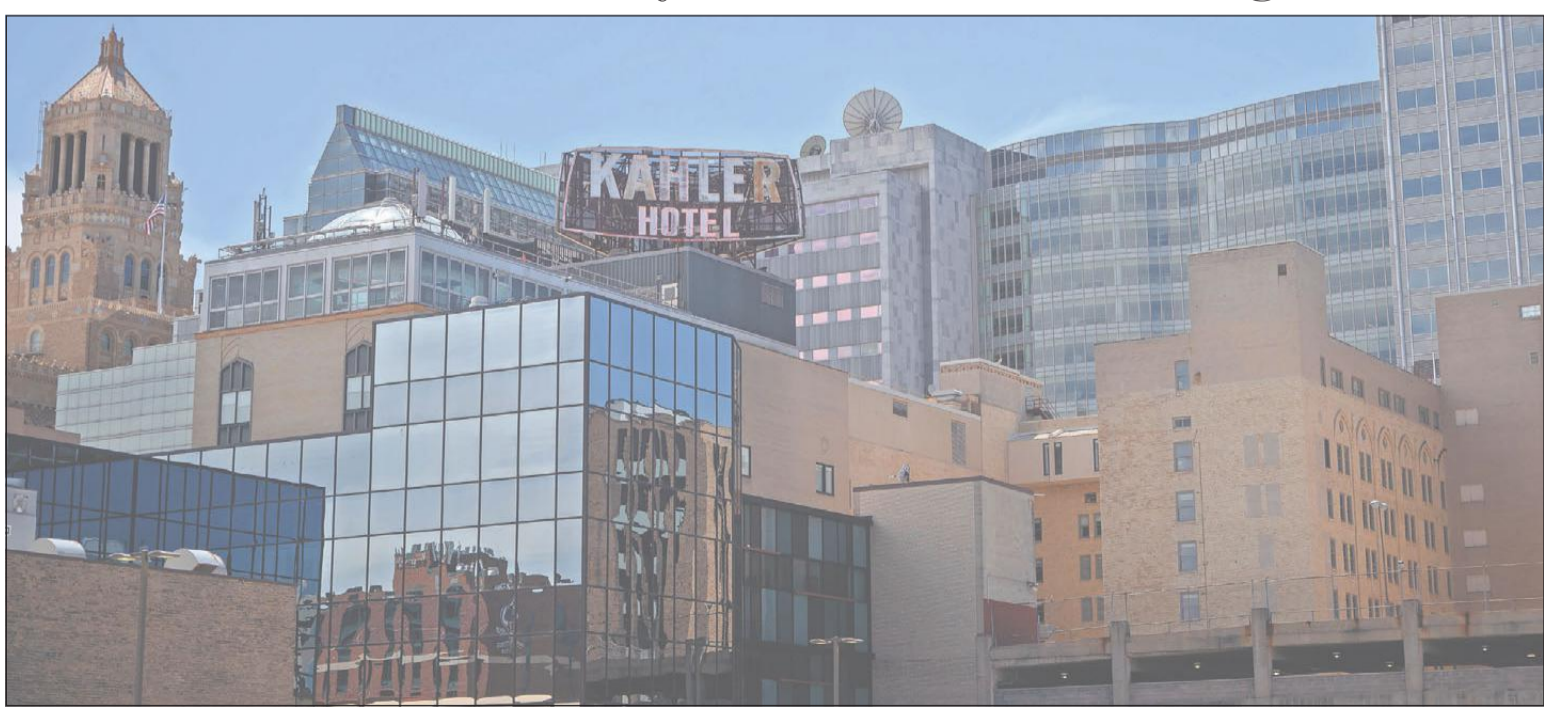
The Med City-based Southeast Minnesota Capital Fund, LLC, which was formed by Rochester Area Economic Development, Inc., recently announced this week that it has closed fundraising for its second fund with a total of \$7 million in committed capital.

That's \$2 million more than was predicted, when the creation of the Southeast Minnesota Capital Fund II was first announced in February.

The strategy for the new fund to follow the path forged by the original fund, which invested about \$2 million in 14 Minnesota companies since 2018.

The SMCF II managers hope to invest in 12 to 15 new companies in the next three to four years. They also would like to make five to 10 follow-on investments in companies within the SMCF portfolio.

SMCF Fund I has invested in local firms, like Vyriad. Vyriad is a quickly growing oncolytic virology company founded by



Joe Ahlquist / Post Bulletin

Downtown Rochester on July 1.

two Mayo Clinic doctors. It is based in a state-of-the-art \$9 million headquarters in the Rochester Technology Campus, the former IBM complex, at 3605 U.S. Highway 52 North.

The portfolio of Fund I also includes Ambient Clinical, a medical software company that provides point of care

analytical solutions to hospital systems, and Sonex Health, a Mayo Clinic spinoff firm that created and markets an ultrasound-guided surgical device.

David Herbert and Harry Hoffman, who are retired Mayo Clinic business and financial executives, are

serving as SMCF's fund managers. They also oversee company screening and due diligence.

Jeff Kiger tracks business action in Rochester and southeastern Minnesota every day in "Heard on the Street." Send tips to jkiger@postbulletin.com or via Twitter to @whereskiger. You can call him at 507-285-7798.

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Andrew Khouri / Los Angeles Times / TNS

Construction workers March 20, 2020, were busy building a new apartment building in the Palms neighborhood of Los Angeles.

# Millions of new US apartments will be needed to meet growing rental demand

**BY STEVE BROWN**  
The Dallas Morning News

A rental housing shortage in many major U.S. cities has fueled huge rent increases as apartment vacancies have plunged.

To keep up with demand and tackle the shortages, apartment developers need to build more than 4 million units nationwide over the next 13 years, according to a study by the National Multifamily Housing Council and the National Apartment Association.

Currently the U.S. is short by about 600,000 apartments. The demand

is even greater for affordable units.

The number of U.S. apartments priced at less than \$1,000 a month fell by 4.7 million units between 2015 and 2020, according to industry analysts.

Texas, Florida and California will need 1.5 million additional apartments — 40% of the nationwide building — by 2035, the apartment industry researchers said.

“The lack of available housing is holding our country back,” National Multifamily Housing Council president and CEO Doug Bibby said in

a statement. “Whether it is a multifamily residence, duplex or single-family home, we need a massive supply of new for sale and rental homes — including millions of new apartments by 2035.”

A slowdown in building during the Great Recession, restrictive zoning laws and rising construction costs have kept apartment building totals below what’s needed in many metro areas.

“Put simply, we do not have enough housing,” National Apartment Association president

and CEO Bob Pinnegar said. “The U.S. must build 3.7 million new apartments just to meet future demand, on top of a 600,000-unit deficit and loss of 4.7 million affordable apartment homes.”

“It is time to reverse course after decades of underbuilding, and instead pursue responsible and sustainable policies that will not only meet this demand but address the missing middle and loss of affordable housing stock.”

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## Say No To Trahan

Rochester’s August 9th primary gives us the opportunity to choose who we wish to advance to the general election - especially the mayor’s race. Make your best choice, but I ask that you do not vote for Brad Trahan. Brad Trahan is not good leadership material. On his watch back in 2007 the RT Autism Foundation’s treasurer was found to have embezzled over \$36,000 from June 2005 through May 2007. See the PB article dated August 8th and November 29th, 2007. She pled guilty to 4 counts of felony theft and was sentenced to jail, probation, community service, and restitution. A prison sentence was stayed. How did this continue for 2 years in a simple 501c3 non profit organization under his watch? And he wants to run our city? The city’s charter calls for the mayor to be in charge of all city departments and their officers. When I was on the City Council, I recall then mayor Hazama carrying a police badge. It stands to reason as the police chief answers to the mayor. Brad Trahan also quit his position abruptly as chairman of the Minnesota Autism Task Force in June 2013 over several harassment complaints filed against him by a fellow task force member. If he was innocent of these charges, why didn’t he stand his ground. See PB article Rochester Autism Advocate Quits Task Force Over Alleged Harassment dated June 25th, 2013.

I have known him for over 25 years back when he worked for the Mayo Clinic. He left there publicly in a huff over benefit rights. He boasts about his 10 years with his current job, but truth be told he has held many jobs since the Mayo Clinic. He is not easy to get along with. The mayor’s job is a good gig that pays over \$70,000 per year with a “Cadillac” health plan and then you are somebody. I have a feeling that this is what he really wants and will say anything to get it.

Paul Myhrom  
Rochester, Minn.

## DBS Group hires new project engineer



As DBS Group continues growing in Rochester, Minnesota, the design-build construction company has hired an additional project engineer. Tate Horgen joined DBS Group in July.

Horgen is a graduate of Minnesota State-Mankato and holds a bachelor’s degree in construction management. While in college, Horgen interned with a commercial construction company and since graduation has worked with another commercial construction company on a large multifamily project in Rice County.

“As we continue to see strong growth in both our Rochester, Minnesota, and La Crosse, Wisconsin, offices, we need more solid team members, and that’s what Tate brings,” said Chris Walters, president and CEO of DBS Group. “He’s energetic, and while he has experience in commercial construction, he’s eager to learn more and become an integral part of our team.”

DBS Group is a design-build construction manager and general contractor based in Onalaska, Wisconsin, and Rochester, Minnesota. Experts in design-build project delivery in various commercial construction markets, DBS Group manages building projects from conception to completion. The company’s in-house designers, and external design partners, collaborate with DBS Group’s estimating and construction experts to deliver projects that are on time and on budget.

For more information regarding DBS Group, visit [DBSG.com](http://DBSG.com) or call (608) 881-6007.



# Amazon sees summer windfall on higher fees and Prime Day sales

**BY JEFFREY DASTIN AND TIYASHI DATTA**  
Reuters

Amazon.com Inc on Thursday said it expects a jump in third-quarter revenue, as the retailer collects bigger fees from Prime loyalty subscriptions and as a fuel surcharge on merchants helps it manage high delivery costs.

Shares of the world’s largest online retailer rose 13% in trading after the bell.

Amazon, like much of the retailer industry, is facing a reckoning. Major rival Walmart Inc this week warned it would make much less this year than it once expected. U.S. consumer confidence has tumbled to a recent low, and some are sticking to lower-priced essentials to manage inflation.

That has not stopped Amazon. The online retailer projected net sales between \$125 billion and \$130 billion for the summer period,

while analysts were expecting \$126.42 billion, according to IBES data from Refinitiv.

Chief Executive Andy Jassy said in a press release that the company is “seeing revenue accelerate as we continue to make Prime even better for members, both investing in faster shipping speeds, and adding unique benefits such as free delivery from Grubhub for a year.”

A boost is expected from Amazon’s marketing blitz Prime Day, which took place in July. Amazon said it was the biggest rendition of the event by unit sales.

Amazon’s Chief Financial Officer Brian Olsavsky told reporters that demand increased during the quarter and the company had a very strong June. The company’s costs were in line with expectations, he said.

Olsavsky also said Prime subscription retention was as good or better-than-expected.

Still, the rosier-than-expected sales outlook comes at a precarious moment for the Seattle-based retailer. A changing of the guard has heralded the departure of Consumer CEO Dave Clark and corporate affairs head Jay Carney, as well as two of the company’s most senior Black executives. A period of record profit gave way in the first quarter of 2022 to Amazon’s first quarterly loss in seven years.

Ultimately, Amazon lost \$2 billion in the just-ended second quarter, including a pre-tax valuation loss of \$3.9 billion from its investment in Rivian Automotive Inc. But the company beat expectations in posting operating income of \$3.3 billion, relative to the \$1.8 billion analysts expected, according to research firm FactSet.

Adjusting for items, Amazon reported earnings per share of 18 cents, above the

consensus for a per share profit of 13 cents, according to Refinitiv I/B/E/S.

“Despite continued inflationary pressures in fuel, energy, and transportation costs, we’re making progress on the more controllable costs we referenced last quarter, particularly improving the productivity of our fulfillment network,” Jassy said.

After racing to match demand during the height of the COVID-19 pandemic, the company now is slowing warehouse openings to rein in costs. It has not filled roles that became vacant in some facilities, and it has paused a major office space expansion in Bellevue, Washington.

Amazon said net sales were \$121.23 billion in the second quarter, compared with analysts’ expectations of \$119.09 billion, according to IBES data from Refinitiv.

## Leaky

From page D1

about fussing at them or shaming them, I’m talking about sitting down and having a loving discussion about the issues and what they

can do to start making positive financial changes in their lives.

The fact that your folks have worked their entire lives, and can’t come up with money for roof repairs on a small home, tells me something’s wrong.

The fact that they don’t have any money is the symptom. The problem is they’ve made poor decisions and mishandled the dollars they earned. Even if you don’t make a lot, you can still have a little cash set aside for emergencies if

you manage it well. — Dave

Dave Ramsey is a personal money-management expert, a bestselling author and host of the nationally syndicated radio program “The Dave Ramsey Show,” which is heard locally on KROC-AM.

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# Opinion

## Biden is obviously not too old to run again

### Age is not the deciding factor in ability



FROMA HARROP

A friend asked her therapist whether her new romantic interest, 17 years her senior, was “too old.” He responded, “Too old for what?”

Those wise words could also apply to President Joe Biden, about whom many are asking the same question. Pushing 80, Biden may be slower than he was. Then again, he’s not a contestant on “Jeopardy.” A president needs a deep well of knowledge and good people to handle the details. Biden seems to have both.

This is not a call for Biden to seek a second presidential term. It is just to say that right now, he is clearly not too old to serve as chief executive of the United States.

There’s a bit of hypocrisy on the political fringes when it comes to the ages of their heroes. On the left we have Sen. Bernie Sanders, who is a year

older than Biden. Progressive youth worship him still. That Sanders actually suffered a heart attack during the 2020 campaign didn’t deter his supporters, nor did it cause most of the media to rule him out.

After Sanders lost the Democratic nomination, his campaign announced that he might run again in 2024. Sanders says that would be “very, very unlikely.”

On the right we have Donald Trump. Trump is only two years younger than Biden and seriously overweight. I’d like to see Trump even get on the bicycle that Biden fell off. As president, Trump’s most memorable achievement was nearly breaking the democracy.

Youth, meanwhile, is not necessarily a guarantor of superior mental acuity. The youngest member of congress, 26-year-old Madison Cawthorn,

is a lunatic.

In any case, if younger people want to challenge the older officeholders, good for them. However, no one has an obligation to, as the ambitious juniors like to say, “step aside for the next generation.” Let the voters decide who can best do the job.

Young challengers would do themselves a service by not flogging their opponents over their age. Did you hear that, Joe Cunningham?

Cunningham is a Democrat who accomplished the feat of winning South Carolina’s 1st congressional district for a term. Now running for governor against the incumbent, Republican Henry McMaster, Cunningham is proposing a 72-year age limit for South Carolina politicians. McMaster just happens to be 75.

I hope Cunningham wins, but playing the age card is

simply not great politics. For starters, there are a lot of 72-year-old voters. They may not like hearing 40-year-old Cunningham complain that politics in our country are run by a “geriatric oligarchy.”

Furthermore, there are all kinds of 72-year-olds. Some are frail; others beat millennials in tennis. Being the chief executive of a state (or a country) does not require athletic ability. Franklin Roosevelt, paralyzed since age 39, guided America through the Great Depression and World War II while in a wheelchair.

In proposing an age limit, Cunningham couldn’t possibly have been referring to Rep. Jim Clyburn, the 82-year-old Democratic power broker from

his own state. Clyburn is No. 3 in the House leadership and seems to be doing just fine.

It’s true that Biden’s approval rating currently scrapes the depths, but that surely reflects Americans’ generally foul mood. It also reflects his administration’s pathetic communications skills.

That’s why it hasn’t sunk in that under Biden, America has created almost 10 million jobs, and COVID deaths are down 90%. Nor does the public fixate on how skillfully Biden has guided support for Ukraine while minimizing escalation with Russia.

As Barack Obama famously said, “Don’t compare me to the almighty. Compare me to the alternative.”

Biden has a history of being counted out until he sweeps away the alternatives. It’s too early to count him out.

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## Freshman members of Congress should take a class about the Constitution

Dallas Morning News Editorial

The beauty of our democratic system of government is that anyone can get elected. But that feature is also a bug. We suspect we aren’t alone among Americans who watch some of the antics on Capitol Hill and think, “How on Earth did that person get elected?” Sometimes it seems that politicians know little more than how to win votes.

To take one recent example: In his first interview after being elected to the U.S. Senate in 2020, Republican Tommy Tuberville, the former Auburn University football coach, misidentified the three branches of our government, claimed that World War II was fought against European socialists, and promised to use his Senate resources to campaign for fellow Republicans, which is illegal.

Tuberville isn’t the only one. Examples abound from both parties. Last fall, Rep. John Yarmuth, D-Ky., suggested that the government “absolutely cannot go bankrupt because we have the power to create as much money as we need to spend.”

Nor are politicians outliers. According to the latest installment of the annual Constitution Day Civics Survey by the Annenberg Public Policy Center of the University of Pennsylvania, 44% of Americans would join Tuberville in misidentifying the branches of government.

Every elected representative doesn’t have to be John Locke, but it would be nice if Americans could have a bit more confidence in Beltway brainpower. U.S. Rep. Liz

Cheney, R-Wyo., has an idea that could help, and we think she should pursue it.

In an interview with David Kramer of the George W. Bush Institute last month, Cheney said Congress should institute a “Constitution Boot Camp” for freshman members of Congress. Cheney said freshman onboarding includes a lot of nuts-and-bolts training like “Appropriations Boot Camp” to help lawmakers navigate Washington. But it doesn’t include any political philosophy or history.

An official with the minority Committee on House Administration, which handles freshman orientation, told us various seminars are offered to new lawmakers, but only three are required: workplace rights, ethics and cybersecurity.

We remember a day when it was fashionable among elected leaders to carry pocket-size copies of the Constitution, like talismans of patriotism. We don’t think Cheney’s idea should be about such preening, but a serious crash course in the unique beauty of the American system of government and the genius of its framers.

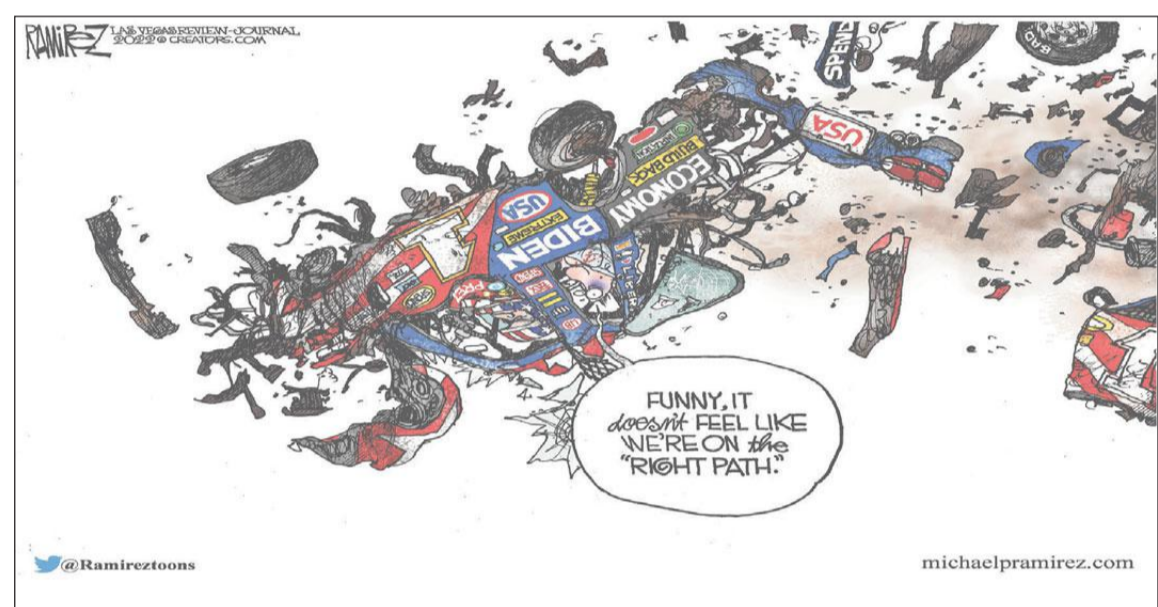
Cheney has a few important things on her to-do list right now, including a congressional investigation into a former president accused of betraying that very Constitution. When she gets done protecting our founding documents on the Jan. 6 House panel, we encourage her to implement the Congressional Constitution Boot Camp.

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Robert Gauthier / Los Angeles Times / TNS

U.S. Rep. Liz Cheney, R-Wyo., the vice chair of the congressional committee investigating Jan. 6, speaks at the Reagan Library on June 29 in Simi Valley, California, as part of its series on the future of the GOP.



### OTHER VIEW

## A Boston church and the decline of Christianity

By Dennis Prager

Attention readers: Ben Shapiro is off this week. Please enjoy the following column by Dennis Prager.

On the front of one of the oldest and most beautiful churches in the country, the Church of the Covenant in Boston, hangs a large banner on which is written:

- “And God said...”
- “Protect Abortion Access 4 All
- “Ensure Black Lives Matter
- “Honor Bodily Autonomy
- “Defend LGBTQ+ Rights
- “End Voter Suppression
- “Turn Guns into Plows
- “Abandon Fossil Fuels
- “Provide Sanctuary
- “Abolish Prisons
- “Disarm Hate
- “Speak Truth
- “Breathe
- “In other words...”
- “Love”

If you needed one example of how destructive leftism has been to mainstream Christianity, both Catholic and Protestant, and to non-Orthodox Judaism, this banner would suffice.

God says, “Protect Abortion Access For All”? Where? Why? Terminating innocent life, that’s God’s will? Does this include abortions of viable babies undergone by healthy mothers? Is that, too, God’s will?

“Ensure black lives matter”? Blacks, like every other racial, ethnic and national grouping of human beings are created in God’s image. But if this banner implies support for the group Black Lives Matter, that is another matter: God abhors groups that affirm racism. Unlike the Left, the Bible knows that anyone, black or white, can be racist.

As regards LGBTQ+, the Bible goes out of its way to uphold divine distinctions such as good and evil, God and human, human and animal, and male and female. When God creates the human being, the Bible asserts this last distinction as clearly as possible: “Male and female He created them” (Genesis 1:27).

“Turn guns into plows” is, of course, taken from the Prophet Isaiah’s call to “Beat your swords into plows” (Isaiah 2:4).

Unfortunately for the Church of the Covenant, another biblical prophet says the very opposite: “Beat your plows into swords... let the weak say, I am strong” (Joel 4:10). Unlike the Left, the Bible understands that while the ultimate dream is that human beings have no need for swords, until that messianic age, the weak must have swords.

As for abandoning fossil fuels, these ubiquitous sources of energy have been one of God’s gifts to humanity. Without them, the modern world would not have been possible. No hospitals, no reliable heat in the winter (not to mention cold in the summer), no transportation beyond riding animals. No modern medicine. Nothing in the way of modern technology. Just a primitive life – and a short and painful one at that. God would say before abandoning these fuels, make sure you have a reliable substitute. (We do: nuclear power.) Until then, thank God for His gift of fossil fuels.

As regards sanctuary, if the meaning is sanctuaries for illegal aliens, on the basis of what biblical idea does the Church of the Covenant infer that God wants America – or any other country – to have open borders?

“Abolishing prisons” alone is an idea that should alienate any rational and moral human being from the Left. Abolishing prisons means allowing an enormous number of innocent people to be murdered and beaten, of women to be raped, of shops to be looted, and of children to be molested. Nothing exemplifies the moral idiocy at the heart of leftism as well as “abolish prisons.”

Perhaps some prominent conservative Christian church should put up a banner addressing the same subjects:

- “God said...”
- “Protect The Life Of Mothers – And Their Unborn Babies
- “Human Worth Is Not Related To Race
- “Honor Bodily Autonomy – End Vaccine Mandates
- “There Are Only Two Sexes: Male And Female
- “Protect Voting Integrity
- “Defend Yourself And Others – Get A Gun
- “I Have Blessed Mankind

With Energy

- “Protect Your Citizens by Protecting Your Borders
- “Imprison the Guilty To Protect The Innocent
- “If You Love Me, Hate Evil (Psalms 97:10)
- “Speak Truth – Because There is Only One Truth
- “In other words...”
- “Love”

If a traditional church did put up such a banner, it would make national news and its leaders would be dismissed as right-wing religious zealots for putting words into God’s mouth. Only left-wing churches and synagogues are allowed to speak for the Almighty.

Of all the Ten Commandments, only one states that its violation cannot be forgiven. It is the Third Commandment: “Do not take the name of the Lord thy God in vain because He will not forgive whoever takes His name in vain.”

Nearly everyone familiar with the Commandment thinks the Commandment prohibits saying the word “God” outside of prayer or Bible study. But it cannot mean that. What kind of God would forgive a murderer but not someone who said, “God, did I have a tough day at work today?”

Clearly, the Third Commandment must mean something else. And it does. As I explain in my Bible commentary, “The Rational Bible,” the Hebrew actually says, “Do not carry the name of the Lord thy God in vain...”

“Carry,” not “take.” Doing evil in God’s name or attaching God’s name to false or immoral ideas is the one sin God will not forgive.

And that is the sin of left-wing churches and synagogues. They carry God’s name in vain. Indeed, they desecrate it.

What is happening to Christianity and Judaism provides yet another example of the most important principle of modern life: Whatever the Left touches it destroys.

Dennis Prager, a nationally syndicated radio talk-show host and columnist, may be contacted at dennsprager.com.

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OTHER VIEW

# At \$10 billion, the Webb telescope is a bargain

By Craig Holman

Those spectacular pictures of galaxies forming at a time very near the origin of the universe from the James Webb Space Telescope came at a pretty price: \$9.7 billion, to be precise. It is fair to ask, “Is the Webb telescope project worth the price?”

The James Webb Space Telescope project began in 1996 with an expected launch in 2007 for a relatively low cost of \$1 billion to \$3.5 billion. But the project underwent a bewildering array of delays and unexpected scientific challenges. By the time the telescope was launched on Christmas Day 2021, the cost spiraled to nearly \$10 billion. One journal referred to Webb as “the telescope that ate astronomy.”

To be fair, that price tag covers the entire lifetime of the project, and it has been partly shouldered by the European and Canadian space agencies as well as NASA. The telescope is scheduled to be operational for more than five years in space but has enough fuel to last more than 10 years, if all goes well.

In assessing whether we are getting our money’s worth, consider what we stand to gain beyond the stunning pictures of the cosmos as it existed 13 billion years ago. The primary mission of JWST is to better understand the life history of the universe. The universe is ever-expanding since its origin in the Big Bang, casting light from distant objects in reddish tones. Unlike the Hubble

Telescope, the Webb is an infrared telescope, making it uniquely sensitive to deep red light and 100 times more powerful. Webb can see much deeper into space and farther back in time than any instrument ever invented on Earth.

JWST will show us galaxies as they were when the universe was less than a billion years old. It will show us galaxies colliding and merging and revealing their chemical secrets. We are going to look straight into black holes and their escaping materials. These are the sights that will help unravel the history of our universe. What price is that alone worth?

A secondary mission of the Webb telescope is to probe for an answer to the age-old question: “Are we alone in the universe?” Webb is already searching for Earth 2.0 — exoplanets with environments similar to Earth capable of sustaining life as we know it. JWST will examine the atmospheres of exoplanets beyond our solar system for oxygen or methane gases that signal living organisms. Though not likely, maybe Webb will find evidence of other sentient beings. JWST offers the best shot to date at such discoveries.

This new eye on the universe will test, challenge and develop the science of physics. Hundreds of years ago, the first telescopes revealed that the Earth is not the center of the universe. Today’s better understanding of how the universe works is what, for better or worse, brought us computers

and cellphones. Who knows how Webb may retool human knowledge, but experience suggests it will most certainly affect our learning curve.

The James Webb Space Telescope project has enthralled the imaginations of people all over the globe. A recent online poll found that three in five Americans believe the Webb telescope has been a good investment. Only 13% of those polled thought it was a bad investment.

Most people were not even thinking about the price tag when the James Webb Space Telescope lit up our screens with remarkable detail of emerging stellar births and individual stars within the cosmic clouds of Carina Nebula, near the center of the universe. “Astonishment in the face of incredible beauty,” as one observer poetically described the image. And this is just a sneak preview of what is yet to come.

The Webb telescope is likely to change how we understand the universe, refine our knowledge of physics and cosmology, and rewrite our textbooks. Webb is offering our best chance yet to finally answer the question: “Are we alone?”

Even aside from the eventual scientific and economic spinoffs, simply better knowing our place in the universe cannot be measured in dollars. Yes, indeed, the James Webb Space Telescope is worth the price and so much more.

Craig Holman is a government affairs lobbyist for Public Citizen. © 2022 Tribune Content Agency, LLC

## CANDIDATE LETTERS

### EDITOR’S NOTE

Candidates for Minnesota governor were invited to write letters presenting themselves to voters in the Post Bulletin on this date. These are the letters received.

Candidates include incumbent Gov. Tim Walz and Lt. Gov. Peggy Flanagan and challengers:

- ▶ Hugh McTavish and Mike Winter
- ▶ Gabrielle M. Prosser and Kevin A. Dwire
- ▶ Bob “Again” Carney Jr. and Captain Jack Sparrow
- ▶ Scott Jensen and Matt Birk
- ▶ Joyce Lynne Lacey and Kent Edwards
- ▶ Ole Savior and Julia M. Parker
- ▶ Steve Patterson and Matt Huff
- ▶ Darrell Paulsen and Ed Engelmann
- ▶ James McCaskel and David Sandbeck
- ▶ Chris Wright and L.C. Lawrence Converse

More information about the candidates in all of the local, state and federal races can be found online at <https://candidates.sos.state.mn.us> and at <https://www.PostBulletin.com/topics/Election-2022>.

### SUPPORT BALANCED GOVERNMENT WITH A MODERATE REPUBLICAN

I’m Bob “Again” Carney Jr., a Republican “alternative candidate” to Jensen/Birk.

Minnesotans have chosen divided government — a governor and at least one legislative chamber of different parties — for all but two of the last 32 years. There’s a reason for this: Giving each party their own “corner of the ring” is the most practical way to ensure everyone’s voice is heard. In our incredibly divisive political environment, it’s just too dangerous to allow one party to control everything.

As a moderate, reasonable Republican, I would be safe for Minnesota if the Republicans do win both houses — and I hope we do. Gov. Walz hasn’t been that bad a governor — and he has proven he can work with a Republican State Senate to produce a limited-growth budget with no shutdown.

Jensen/Birk frankly scares me. Dr. Jensen thinks Steve Simon

should be in jail, and he favors abolishing the state income tax, which produces one-third of our revenue. (I’m supporting Simon, a good man, to rebuke Jensen.) Jensen’s campaign is irresponsible and beyond the pale. Unfortunately, we must also view it in the context of escalating nationwide threats of violence and Civil War from Republicans. As just one example, a Missouri Senate candidate is pitching “RINO hunting permits.”

This is why I’m asking everyone to vote for me in the GOP primary for Governor — to return our state GOP to sanity. If I lose, I’ll support Walz and a GOP legislature in the general election.

**Bob “Again” Carney, Jr.**

### RIGHT TO LIFE IS A CENTRAL TENET

A governor should be fiscally responsible. I believe Minnesotans should spend their money on their necessities. Especially, in light of the pandemic. Political offices should

never be bought. We have not asked for money for our campaign, as we believe that elections should be won on the integrity of the candidate, not who raised the most money.

I vow to always protect the sanctity of life, increase criminal penalties for voter fraud, support legislation to give parents the right to access their children’s curriculum and oppose out-of-control government spending.

I stand for the right to life regardless of one’s age. No one should be forced to die against their will and against their family’s wishes. Hospice will be reserved for terminal patients, as was first intended, not to rid the world of the elderly and disabled.

I will work towards guardianship reform. No human should be placed in a court meant for property (Probate Court) and have all their rights and property stripped from them. Guardianships/conservatorships need to be returned to a court of law, where human rights and constitutional rights are permitted to be heard.

I am dedicated to defending our freedom and the United States Constitution. I am a voice for the people. Having served my community, our state and country for nearly my entire life, I believe I have the experience and leadership qualities Minnesotans are looking for.

I would sincerely appreciate your vote. I would be honored to serve as your next governor.

More information can be found at [joycelacey.com](http://joycelacey.com).

**Joyce Lynne Lacey**

### STANDING UP FOR INDIVIDUAL, BUSINESS RIGHTS

My intention of running for governor was to be the voice of the people. I am not a politician, but rather a citizen who is fed up with our state government.

As a business owner who lost a previous business due to Gov. Walz shutting the economy down, I am determined to make sure small businesses are prioritized and protected. I believe in medical freedom for all people, be it vaccine or abortion related. As a former hospital security officer during the pandemic, I have seen first hand what mental health problems were created by Tim Walz’s response to COVID-19, and I know that mental health must be prioritized so that all citizens can meet their full potential.

I stand behind the Second Amendment and law enforcement. I am firm in my mission to make Minnesota a Castle Doctrine state, and I do intend to fully legalize weed for recreational use. Finally, I intend to reward hard work by eliminating state income tax after the first 40 hours of work per week.

I encourage everyone to vote for Patterson-Huff in the primary on Aug. 9, to give us the support to stand up to Tim Walz and be the voice of the people in the general election. It’s time to do better, Minnesota.

**Steve Patterson**



Patterson



Lacey



Carney Jr.



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