

GETTING LOOPY AT THE FAIR

the Detroit Lakes Tribune

Barbie Porter / Detroit Lakes Tribune
The Becker County Fair midway opened Wednesday. Despite a heavy downpour shortly after the 5 p.m. opening, hundreds of people converged on the fairgrounds and filled the midway area to go on one of the many rides, enjoy food from the fair and take in the 4-H projects. The Becker County Fair continues through Saturday in Detroit Lakes.

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Michael Achterling / Detroit Lakes Tribune

Detroit Lakes Fire Chief Ryan Swanson stands next to a fire truck at the fire station on Tuesday. Swanson announced his intention to step down as the city's fire chief at the end of the year, but will remain with the department.

Stepping down as fire chief

Ryan Swanson will stay on DL force, city may hire a full-time chief

By Michael Achterling
Detroit Lakes Tribune

The Detroit Lakes fire chief announced he will be stepping down at the end of the year.

Ryan Swanson, fire chief for Detroit Lakes, said he will remain a member of the department going forward, but the hourly demands of the volunteer fire chief position became too great as he took a larger role at Swansons' Repair Inc. following the retirement of his father, who was also a former city fire chief.

"It really comes down to the amount of time," said Swanson. "To do the job right, I was spending three to four hours per day

as a volunteer chief, just with the amount of paperwork it takes, and it takes a lot of my time away at work with my family business paying me to do fire department stuff."

He added that with his father's retirement from Swansons' Repair, he doesn't have that other person to lean on at the repair shop to pick up the excess workload. But, Swanson said, he has heard the same issues raised with many of the department's previous chiefs, who try to balance the duties of city fire chief with their own employers.

"At the end of the day, the businesses that have been supporting fire chiefs have actually taken a financial strain to do it," said Swanson. "Scott Flynn, when he worked at Wold's RV,

CHIEF: Page 11

Dad's kidney swap saves son

DL man's action moves son to top of list



Contributed / Dave Schneider

Dave Schneider, 71, donated his kidney so that his 43-year-old son, Adam, would be moved to the top of an organ donation list.

By Barbie Porter
Detroit Lakes Tribune

Detroit Lakes resident Dave Schneider learned about a list he could get on: If he offered an organ, his son Adam would likely live a long and healthy life.

While some dark alley, black market moment may have been envisioned, the process is legit. Dave explained anyone can sign up to donate a kidney. Doing so bumps a loved one to the top of the organ recipient list. The option is a great back-up plan when loved ones are not perfect matches.

Adam did have a friend who was a match, but before the surgery was needed, his

friend contracted COVID-19 and experienced long-term symptoms. That took him out of the running. Luckily, his father had a back-up plan with "the list."

Dave said donating a kidney came with benefits that were unknown to him until he went through the process. Programs at the University of Minnesota offered salary and mileage reimbursement due to missed income during the donation process. By being a donor he was also gifted with the gold standard of kidney tests, which included a stress test, lung function test and more.

"Donating came at zero expense to me," he said.

KIDNEY: Page 10

Get ready: WE Fest opens Thursday

By Vicki Gerdes
Detroit Lakes Tribune

WE Fest is almost here, and the grounds of the Soo Pass Ranch south of Detroit Lakes are freshly mowed and waiting for music festival campers to begin arriving this week.

"We've done a lot of work this year," said WE Fest General Manager Mark Bjerke on Thursday. "We're getting a lot of compliments on how nice it all looks."

Matt Mithun, who took on a dual role a couple of years ago, as owner of both the festival and the Soo Pass Ranch itself (which had been in his family for many years) said it has enabled him to do some more long-range thinking and investment. "The stage ... that's probably the big one," he

said. "We built a permanent stage and pit."

The new stage and pit area is made of concrete, where in the past the floor of the stage was made of wooden planks, he explained.

Early this coming week, a new, t-shaped thrust off the main stage is going to be installed, forming the boundaries of the new pit area. Artists performing on the main stage will be able to go out on the thrust walkway to the end, where they can turn either right or left onto the second, parallel walkway that forms the top of the T formation.

The new pit area is located to either side of the thrust walkway, bordered on both sides by the top of the T.

The top of the T will



Vicki Gerdes / Detroit Lakes Tribune

Cowboy hats, gingham dresses, daisy dukes and bandanas were popular attire for last year's WE Fest in Detroit Lakes. This year's festival is set to open Thursday, Aug. 4 and continue through Saturday, Aug. 6.

those standing in the pit area (which has no seating) and those sitting in the VIP area.

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INSIDE



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Sheep-showing shines at the fair

By Michael Achterling
Detroit Lakes Tribune

Sheep and their handlers competed across 12 different classes during the 4-H sheep show at the Becker County Fair on Thursday.

The July 28 event featured a packed Amanda Foltz Arena at the county fairgrounds with all eyes focused on the sheep, lambs and goats with their handlers as they made their way around the show ring.

"I definitely love the showing, that's why I show so many, because it's something I really, really enjoy doing," said



Michael Achterling / Detroit Lakes Tribune

Taylor Schauer, right, and her sister, Erin, show sheep during the 4-H sheep show at the Amanda Foltz Arena, part of the Becker County Fair on Thursday.

Erin Schauer, winner of sheep class. the overall market-ready **SHEEP:** Page 11

Bull runs loose in downtown Park Rapids

Forum News Service
PARK RAPIDS, Minn. — A bull took a walk on Main Avenue July 21 in Park Rapids.

According to Police Chief Jeff Appel, the call came in at 9:39 a.m. on July 21. Three Park Rapids Police officers responded, along with Hubbard County Sheriff's deputies and city public works personnel. "There was a bull walking down Main Street," Appel said. "The owner was by the bull. A pin had popped on his trailer on (State Highway) 34; that's how the bull got out. "Obviously, due to the size of that bull, he was walking where he wanted to walk. We just ended up corralling him over into the bus garage off of Fair

(Avenue), and then they lowered him into the trailer from there."

Asked whether rumors the bull went shopping in the stores were exaggerated, Appel laughed. "No, I don't think that bull went into any stores," he said. "Basically, he just walked south on Main, and then ended up heading west through some yards, and ended up on Fair. We used vehicles to direct him over into the bus garage."

Appel estimated it took 15-20 minutes to round up the bull. He was unable to identify the bull's owner or where they came from.

No citations were issued, Appel said.

"The bull wasn't injured, and no one else was injured."



Contributed / Hanna Buggert Markert
 A bull that had escaped from its trailer took a stroll July 21 on Main Avenue in downtown Park Rapids.

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Photos by Barbie Porter / Detroit Lakes Tribune

The Stenger family at the annual April Stenger Memorial Volleyball Tournament. The family members are (from left) her siblings: Chris Stenger and Jessie Lovich, her parents Sue and Tim and her other sister, Tami Bigger.

'Seeing so many get together to do something in her honor means a lot to us'

Barbie Porter
 Detroit Lakes Tribune

Laughter, cheers and chatter were at the heart of the April Stenger Memorial Volleyball Tournament at the Becker County Fair on Wednesday, July 27.

April's family and friends said the atmosphere captured the essence of their loved one, who died tragically in a boating accident in August 2015. April was 26 when a boat she was riding in struck a tree that was protruding from Devils Lake, about 30 yards from the shore.

Jessie Lovich of Ely, Minn., explained her sister was outgoing and "lived life to the fullest; every moment of every day."

Her other sister, Tami Bigger of Lake Park, added, "She knew every-

one and everyone knew her."

Whether it was because of personal connections to April, the love of volleyball or the potential to win a cash prize, 12 teams showed up despite a heavy rain before the event began. Nine teams were in the adult division and three were in the teenage competition.

April's parents, Tim and Sue Stenger of rural Detroit Lakes, watched the fun from the sidelines, chatting with spectators and team members waiting for their turn to step onto the sand and serve, bump, set and spike the ball.

"It means a lot to see this turnout," Sue said. "April loved volleyball, and she would love to see this."

The two recalled the tournament came about

when Tami, who used to lead the Becker County Pageant, decided to change her game plan and suggested a volleyball tournament to honor April.

"I believe that was four years ago," Tim said, and then confirmed it with his daughter, who pointed out they didn't hold the tournament during 2020, due to the pandemic.

The Stengers own an excavating business, so once the event gained support from the fair board in 2019, they had the necessary equipment to create the sand court.

"We had a lot of help, though," Tim recognized. "The Mickelson Farm and friends and family all pitched in to make it happen. The fair board helped pay for the materials and Anderson Gravel brought in the sand;

about 100 to 150 yards."

The sand volleyball courts allow for two games to be played simultaneously.

Among the team members waiting to play was Danielle Brommenschenkel, a friend of April's who lives in Ada, Minn. She recalled how much April loved the sport.

"My daughters play volleyball and April would come to their games," Brommenschenkel recalled, noting that support, dedication and kindness was, in essence, April's spirit.

"April would be 32," her mom said. "It is hard to lose a child. Seeing so many get together to do something in her honor means a lot to us."

"A lot," her husband emphasized. "Thank you to everyone who supported us and this (event)."



Above: A participant in the April Stenger Memorial Volleyball Tournament is in full concentration before a serve. **Left:** A participant in the April Stenger Volleyball Tournament dives into the sand to keep the ball in play.

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Man gets 68 months, ordered to pay \$567K in restitution for arson at The Refuge

News Staff

An Elk River man has been sentenced to more than five years in prison at St. Cloud for setting the fire that seriously damaged The Refuge building in Detroit Lakes on Sept. 22, 2018.

Gary John Bogatz Jr., 41, was convicted of felony first-degree arson on June 14, following a two-day jury trial in Becker County District Court.

On July 21, District Judge Michael Fritz sentenced Bogatz to 68 months in prison, and ordered him to pay about \$567,000 in restitution, to be taken from his prison pay. He was given credit for 41 days served in jail.

The fire at The Refuge led to an insurance payout of over \$500,000,



Bogatz

and the restitution will go to Guide-One Insurance of Des Moines.

Bogatz was found not guilty on a second felony count of conspiracy to commit insurance fraud.

According to court records, after an extensive investigation, Bogatz eventually admitted to the arson. He told authorities that he and another man entered The Refuge, a religious organization, that evening to start the fire using gasoline.

Bogatz said that a few days prior to the fire, he was asked by an identified Refuge board member and another identi-

fied individual also with connections to The Refuge to start the fire.

On Sept. 18, 2018, the two individuals brought Bogatz into an office at The Refuge and told him how The Refuge would have to be shut down unless "something happened."

Both individuals asked Bogatz for help. The individuals told him they have "a lot of fire insurance" on the building. Bogatz said he was instructed to make it look like a burglary and to burn the place down.

He said entry was made by him kicking in the back door, and that another person was with him who ignited the fire. Lawn mower gas was used to accelerate the fire.

Investigators were led

to Bogatz because he had eaten a frosted dessert bar from the fridge at the Refuge prior to setting the fire, gotten frosting on his fingers, then opened a back door, leaving a frosted fingerprint on the door handle.

The Minnesota Bureau of Criminal Apprehension analyzed the fingerprint recovered from the rear door-handle and matched the fingerprint to Bogatz.

The charges were the result of an investigation led by Special Agent Steve Kritzeck of the Minnesota Commerce Fraud Bureau, the Detroit Lakes Police Department, and Deputy State Fire Marshal Andrea Bexell. The case was prosecuted by Braden Szczepanski, first assistant Becker County Attorney.

CRIME REPORT

Monday, July 25

► **12:49 a.m.**, on the Frontage Road in Detroit Lakes, an undisclosed amount of money and silverware were stolen by a house guest. The incident is under investigation.

► **7:59 a.m.**, near County Road 6 and Highway 59, Detroit Lakes, two-vehicle crash with injuries.

► **11:24 a.m.**, near Highway 10 and Highway 59, Detroit Lakes, two-vehicle crash. A 38-year-old Frazee man and a 67-year-old Fargo man were injured during the crash and transported to a Essentia Health St. Mary's in Detroit Lakes.

► **1:36 p.m.**, near County Road 15, Audubon, hit-and-run involving two vehicles. A 24-year-old Fertile woman was arrested under suspicion of possible DWI.

► **4:15 p.m.**, Juggler Lake, stranded pontoon. A Minnesota DNR conservation officer was dispatched to tow the watercraft to shore.

► **4:35 p.m.**, near Maple Avenue, Frazee, phone scam involving Publishers Clearing House. Caller sent \$4,000 to the scammer by mail, but the money was recovered at the post office by police and returned.

► **4:47 p.m.**, on Washington Avenue in Detroit Lakes, two-vehicle crash. No injuries.

► **5:56 p.m.**, near 210th Street, Park Rapids, a shop reported a burglary that occurred between July 8-23. Various tools and a firearm were reported stolen. The case is under investigation.

► **8:55 p.m.**, near County Road 34, Ogema, a caller reported a possible break-in through a backdoor. No entry was gained. The incident is under investigation.

► **9:25 p.m.**, near County Road 25, Detroit Lakes, single-vehicle crash. No injuries.

Tuesday, July 26

► **12:50 p.m.**, near Shore-

wood Beach Road, Detroit Lakes, suicide attempt involving a knife. Injuries appeared to be non-life-threatening. A 78-year-old rural Detroit Lakes man was transported to a nearby medical clinic for treatment and evaluation.

► **2:56 p.m.**, near Union Street, Detroit Lakes, possible identity theft.

► **4:22 p.m.**, near North Street, Detroit Lakes, two-vehicle crash. No injuries.

► **6:02 p.m.**, near Highway 59, Detroit Lakes, single-vehicle crash due to an apparent medical issue. A 74-year-old Waubun woman was transported to a nearby medical clinic for treatment.

► **9:56 p.m.**, near Balsam Avenue, Frazee, a black Murray lawn mower was reported stolen from a yard. It was valued at \$300.

Wednesday, July 27

► **8:07 a.m.**, near Washington Drive, Osage, both license plates were pried off a vehicle. The plates were found on the ground nearby with the tabs missing.

► **10:49 a.m.**, near Roosevelt Avenue, Detroit Lakes, two tires slashed on a vehicle parked outside overnight.

► **3:19 p.m.**, at Walmart, Detroit Lakes, shoplifting.

► **5:09 p.m.**, near Lincoln Avenue and Willow Street, Detroit Lakes, two-vehicle crash. No injuries.

► **5:31 p.m.**, near Roosevelt Avenue, Detroit Lakes, possible overdose involving prescription drugs. A 38-year-old woman was transported to a nearby medical clinic for treatment and evaluation.

► **7:47 p.m.**, at Walmart, Detroit Lakes, shoplifting.

► **8:55 p.m.**, near Anchor Road, Detroit Lakes, a horse was reportedly stuck in mud near the river. The animal was extracted by members of the Detroit Lakes Fire Department.

Detroit Lakes Tribune

Gravesite dedication for Civil War veteran in Richwood on July 30

News Staff

Detroit Lakes Tribune

A gravesite dedication for a Civil War veteran will take place this Saturday at Richwood Lutheran Cemetery.

Private Fingal Fingalson, a member of the 1st Minnesota Volunteer Infantry Regiment, will have his gravesite dedicated by members of The Sons of Union Veterans of the Civil War and the Lakes Region Veterans Color Guard on July 30 at 1 p.m., according to a news release from the SUVCV.

Fingalson was born in Norway in 1842 and enlisted at age 19 in the Union army with the 2nd U.S. Sharp Shooters Company, attached to the 1st Minnesota Volunteer Infantry Reg-

iment. In order to be accepted into the sharp shooting company, Fingalson needed to make 10 consecutive hits on a 20-inch target at 200 yards, using fixed iron sights, according to the news release.

He was wounded in battle twice in 1862, with his second injury occurring at Antietam, Maryland.

His unit also defended artillery positions on Cemetery Hill at Gettysburg, which means Fingalson didn't make the charge with 1st Minnesota during the battle. However, his unit was positioned in the middle of the defense for Pickett's Charge the following day.

Fingalson was discharged in 1865 and



Tribune file photo

Richwood Lutheran Church

moved to Richwood Township between 1875 to 1885.

He died on Nov. 16, 1930, at the age of 88.

The Sons of Union Veterans of the Civil War is a national veterans

organization made up of descendants of Union soldiers and has more than 6,000 members across the country.

Deadline nears to comment on new Minnesota wolf plan

By John Myers

Duluth News Tribune

The Minnesota Department of Natural Resources is taking public comments on the agency's draft wolf management plan through 4:30 p.m. Aug. 8.

The public can review the wolf plan at mndnr.gov/WolfPlan.

Comments can be submitted by completing a survey at engage.dnr.state.mn.us/Wolf-Plan; emailing written comments to wolfplan.dnr@state.mn.us; or by mailing written comments to Wolf Plan, Box 20,

Minnesota Department of Natural Resources, 500 Lafayette Rd., St. Paul, MN 55155.

The updated wolf management plan includes information about Minnesota's current estimated wolf population and a history of wolves in the state. It details the diverse and changing public attitudes about wolves; the legal status of wolves; tribal perspectives on wolves; and ways to support a healthy and resilient wolf population while minimizing conflicts between humans and wolves.

The plan doesn't call

for any specific hunting or trapping seasons, nor does it set limits on how many wolves should live in the state, but essentially declares that Minnesota has about the right number of wolves right now and underscores that the vast majority of Minnesotans want to see wolves continue to thrive.

The draft plan does set out a framework for future decisions about whether to hold a wolf hunting or trapping season if the wolf is removed from its current federally protected status as a threatened species in the state.

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Don't forget to be joyful

When was the last time you remember genuinely laughing out of pure joy? ... For many of us, it's been too long.

I recently was reminded of this while helping our son complete transferring colleges. About 45 minutes into the task, I caught him looking down at his phone and chuckling. He looked over at me, with mischief in his eyes, and flashed me that million dollar smile that only Carter has.

He looked back at his phone again, wiggled it back and forth, and laughed even harder, tossing his head back



DEVLYN BROOKS
Finding Faith

in the process and letting out a roar of joy.

Admittedly, I really had been a crank up to that point because helping him fill out college transfer paperwork hadn't been in my plans for the day. But this was making it worse. "What is so funny?" I demanded.

Carter looked at his phone again, wiggled it back and forth, and busted a gut even harder. He was having a hoot, and he didn't care what "Grumpopatumas Dad" next to him thought.

"It's this Snapchat filter." He then demonstrated how the filter that he was using turned his head into a cartoon-like image. It shaped his noggin like an egg standing on end, took away all of his hair, and gave him big, ol' bug eyes. Essentially, he looked like what I imagine Humpty

Dumpty to look like in person.

And he was enjoying it endlessly! He kept moving the phone back and forth, and laughing at each new iteration of his bizarre countenance. He sounded like someone who was 4 years old, not 19.

After a little while longer watching this young man amused by his own silliness, something inside me broke. And the laugh started out slowly, deep in my belly, but by the time it broke the surface, I couldn't contain my joy any more either. I sat, amazed, joyful and thankful that I could watch my son enjoy such a genuinely simple moment of life. I laughed just as hard alongside him!

While there are a great many serious things we need to manage in this earthly

life, God does want us to enjoy life too! It is, after all, why he made joy and laughter and the lighter moments that help us celebrate a good life.

Job 8:21 tells us: "He will yet fill your mouth with laughter and your lips with shouts of joy."

Life is about balance, and I am grateful that Carter reminded me of this valuable lesson. His joy was palpable and contagious and it pulled me out of a deep funk that had troubled me all day long.

In this rush of modern life, please don't forget that God wants us to be joyful too!

Devlyn Brooks, who works for Modulist, a Forum Communications Co.-owned company, is an ordained pastor in the Evangelical Lutheran Church of America. He serves as pastor of Faith Lutheran Church in Wolverton, Minnesota. He can be reached at devlyn.brooks@forumcomm.com for comments and story ideas.

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Canadian justice comes to Minnesota

This month, I returned to the Wadena County Courthouse to join with six other women facing charges for opposing the Enbridge Line 3 pipeline on the Shell River.

Our crime: Sitting in lawn chairs with some logging chains on our waists on a boardwalk on state forest lands, which Enbridge claims to own. We are facing up to two years in jail for trespassing and obstruction of legal process. As I face these charges I, like many others, want to know why Enbridge — the corporation which took 5 billion gallons of water from a parched northern Minnesota, fracked 28 rivers and pierced three aquifers — is not facing any charges.

Maybe that's what happens when Enbridge pays over \$8.6 million to numerous jurisdictions of Minnesota, and the state looks the other way. Most ironically, the very agency charged with protecting the waters of Minnesota, the Department of Natural Resources, received the most money from Enbridge: over \$2.2 million for arresting and surveilling water protectors and Ojibwe people, like myself. For an



WINONA LADUKE

additional \$2 million, the DNR also let Enbridge run over endangered species.

All told, authorities made over 1,000 arrests. Most of us had been part of the 68,000 people testifying against the project (as opposed to 4,000 for the project). We tried. A federal case is still pending.

There's a pretty good argument to be made that Enbridge incentivized arresting people, including creating some new legal theories of theft. A half-dozen people were charged with felony theft for locking themselves to construction equipment, depriving Enbridge of its use. Hubbard County dismissed those charges.

Another example of legal overcharging: Shani Matteson was nailed with "aiding and abetting trespass" for a speech, videotaped by police informants. Matteson, an artist and 40-year-old mother of two, was charged in Aitkin County. But on Thursday, July 14, District Court Judge Leslie May Metzen acquitted Matteson based on insufficient evidence.

"I have two young children. They knew that I was facing the possibility of up to a year in jail," Shanai told Minnesota Public Radio. "My mother and father who live here in Aitkin, they have people ask them,

'What's going on with your daughter? We heard some things that she's a criminal.'

"In a small town, those words are not forgotten. Some of us will be known as jailbirds for the rest of our days."

In the meantime, after all this damage to Minnesota and our waters, Enbridge's oil pipeline empire is not a long-term win. Mother Earth doesn't appreciate dirty oil. That's why the world is on fire.

Tar sands is the dirtiest oil in the world, and some of the most inefficient oil to extract. Here's how it works: The expenditure needed to extract crude from the Canadian tar sands is higher than anywhere else in the world, according to a recent energy analysis in Bloomberg. The heavy viscous crude must be broken up with steam and chemicals to produce something liquid enough to be pumped to the surface. That's an energy-intensive process. Whereas conventional methods produce oil containing about 20 gigajoules of energy for every gigajoule used in extracting it from the ground, tar sands oil gets just four or five gigajoules.

"When energy consultancies produce a rundown of the most competitive projects, it's tar sands (along with still-more marginal ones such

as coal-to-liquids or gas-to-liquids) that typically occupy the costliest bit of the curve. When prices dip, the producers at the top start losing money first," the analysis concludes. That's Enbridge's precious tar sands.

Maybe it's time to prosecute some real climate criminals in Minnesota, not a bunch of elder women who had more courage than the state of Minnesota to stand up to a Canadian corporation. Charge Enbridge. Then, let's start talking about how they're going to clean up their old dirty pipe through decommissioning. Removing the pipes will be worth \$2 billion at least in just labor (those were estimates for Line 3). Minnesota should get serious about this before the Canadian tar sands market dries up and the corporation goes bankrupt. After all, all the corporate money is in Canada, but the liability is here in Minnesota, Wisconsin and Michigan.

So, after all the police, all the frac-outs, all the clearcutting and prostituting of Minnesota's regulatory and justice systems, we have a couple decades, maybe, of dirty oil. Let's just hope their pipes don't break.

Winona LaDuke is executive director, Honor the Earth, and an Ojibwe writer and economist on Minnesota's White Earth Reservation. She is also owner of Winona's Hemp and a regular contributor to Forum News Service.

OTHER OPINION

How deal to lower drug prices would help Americans

By Colin Seeberger and Natasha Murphy

One in 4 Americans struggle to afford their medications, and 3 in 10 say that they haven't taken their medicines as prescribed because of high costs.

At the same time, drug companies are making record profits, excessively hiking prices, and forcing taxpayers to foot the bill for drugs that are, on average, two to three times as costly as they are in peer wealthy countries.

Earlier this month, after years of inaction, the Senate began the process of advancing what would be a historic proposal to lower drug prices. Key provisions of the plan include the following reforms:

- Federal law currently prevents the government from negotiating, regulating, or limiting Medicare prescription drug prices. As a result, drug companies often set excessive prices, knowing that the largest payer for these drugs — taxpayers — will pay the full cost regardless of price.
- Under the Drug Price Negotiation Program that would be established in the Senate proposal, beginning in 2023, the secretary of health and human services would be required to negotiate lower prices for 10 of the most expensive drugs that lack market competition, with these prices going into effect in 2026. The number of drugs would increase to 20 by 2029.
- Government drug spending is driven by a small number of extremely

expensive drugs. For instance, in 2019, 250 drugs with one manufacturer and no competing generic or biosimilar drug accounted for 60 percent of Medicare Part D spending.

- Meanwhile the top-selling 50 drugs covered under Part B accounted for 80 percent of spending. By targeting the universe of drugs, the plan will focus on lowering costs for taxpayers and patients for the most expensive medicines while navigating the administrative challenges of standing up the Drug Price Negotiation Program.
- Despite Medicare beneficiaries having a median income of \$26,000, there is no limit to the amount older adults pay out of pocket for their prescriptions. This leaves older adults exposed to high costs they cannot afford or forces them to make impossible choices between their prescriptions and other critical expenses. The new Senate plan would create a \$2,000 out-of-pocket cap for Part D beneficiaries.
- Current law provides assistance to low-income Part D beneficiaries earning up to 135 percent of the federal poverty level to help them pay their premiums, deductibles, and other costs. Under the plan, millions more Americans would be eligible for premium and co-pay assistance by increasing eligibility to those earning up to 150 percent of the federal poverty level.
- Right now, many drug

manufacturers game the patent system or pay to keep cheaper, generic alternatives from coming to market. Under the proposal, manufacturers of brand-name drugs would be prevented from blocking lower-cost generic competition.

- While Medicare currently covers the cost of some vaccines, such as for the influenza virus, consumers are responsible for covering part of the cost of other vaccines. For example, the shingles vaccine is not covered under Medicare Part A or B, and beneficiaries not enrolled in a Part D plan pay, on average, \$190 for the vaccine. The Senate proposal would make all vaccines for older adults available for free.
- Drug companies that hike the prices of existing drugs above the rate of inflation would be required to pay rebates for the difference. Just this year, some drug companies increased prices upward of 16 percent — more than double the rate of inflation — making already expensive drugs even more unaffordable.
- By requiring the rebate rule to apply to both private insurance and Medicare, employers and workers would also save on the cost of employer-sponsored health insurance.

After decades of inaction, Congress cannot let this effort for reform come and go.

Colin Seeberger and Natasha Murphy wrote this opinion piece for the Center for American Progress

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Sharon Johnson

Sharon E. (Cox) Johnson on July 23, 2022 at the age of 82 passed away into the loving arms of her Savior, Jesus Christ, at Regent Assisted Living in Burnsville.

Mass of Christian Burial will be 11:00 AM Thursday July 28, 2022 at St. John the Baptist Catholic Church in Savage. (4625 West 125th Street, Savage, MN 55378). Visitation will be for one hour prior to the service at the church. Committal services will be 1:00 PM Friday July 29th at Immanuel Lutheran Cemetery in Dent, MN. Sharon Johnson was born in Cedar, Minnesota the daughter of William and Carol (Orr) Cox. She grew up in Cedar, MN and graduated from St. Francis High School. She was united in marriage to Curtis Johnson and they were able to share in over 63 years of marriage. Together they owned SEJ Stables. They enjoyed many years in the horse racing business and were rated top owners at Canterbury Downs 2006, 2007, 2008. Sharon was a devout and devoted Wife, Mother, Grandmother of 19, Great Grandmother of 16, Sister, Aunt and Friend. She is survived by her husband: Curtis Johnson; Children: Jeremiyah Anthony Johnson, Kathleen (Scott) Soderholm, LuAnne (Ron) Schneider, Douglas (Lori) Johnson, Victoria (Bill) Donahue, Virginia Wagner, Michael (Lexi) Johnson, Grandchildren: Shamariyah, & Chadidyah Jededyiah, Heather, Andrew & Malorie, Shannon & Ryan, Robyn & Jessica, Erika, Cemantha & Kale, Candice, Dane & Seth, Brittany, Stephan, Corey & Kallie Sharon was preceded in death by her parents, William & Carol Cox, brother, Billie John



Fred Suppes

"Fred" Marvin Frederick Suppes, 87 of Detroit Lakes, MN, passed away on Wednesday, July 27, 2022, at Sanford Medical Center, Fargo, ND.

Fred was born in Winnipeg, Manitoba, Canada, on March 15, 1935, to Frederick and Adela (Schwenzfeier) Suppes. He attended country school through the eighth grade and graduated from Lancaster, MN, High School in 1953.

On June 29, 1957, he was united in marriage to Ruth Braaten at Bethany Lutheran Church, Hatton, ND. Fred then enlisted in the Army and was stationed in Germany, where Ruth and their new baby boy, Mark, joined him. Upon his completion of service, Fred attended NDSU. He then went into Sales before he and Kevin Johnson partnered to acquire Farm Builders Inc. After 12 years Fred sold his share to Kevin and pursued an interest in Construction Management with RDO before retiring in 2003.

Fred was active throughout life and enjoyed tennis, golf, his Cormorant Lion's Club philanthropy and many other outdoor activities. He was a very social person and enjoyed visiting with people. He and Ruth loved to travel and spent many winters in Arizona, California, and Mexico as well as over 40 years worth of summers at their lake place on Pelican. Most of all, Fred loved his family and especially his grandchildren and great-grandchildren.

Fred is survived by his wife of 65 years, Ruth; children, Mark (Kim) Suppes, Michele "Shelly" Suppes, and Dave (Jill) Suppes; grandchildren, Gabriel, Britta (Dan), Laura (Kent Hamre), Zachery, Karina, Elle, Grace, Anna, Samuel and Megan; great-grandchildren, Nina, Lucy, Stella, Berit and Sigrid.

He was preceded in death by his parents; stepfather, Wallace McLees; brother, Garnet Suppes and infant brother, George Suppes.

In lieu of flowers, memorials are preferred to Cormorant Lutheran Church or the Cormorant Lion's Club.

A Celebration of Life will be held on Thursday, August 4, 2022, at 11:00 AM with a visitation one hour before the service at Cormorant Lutheran Church, rural Lake Park, MN.

Final resting place will be in the columbarium at Cormorant Lutheran Church Cemetery, where full military honors will be held prior to interment.

A livestream of the service, along with an online guestbook and video tribute can be found at www.wrightfuneral.com.



Stephen Robert Evans

Stephen Robert Evans, age 72, of Lake Park, Minnesota, died on Saturday, July 23, 2022, following a stroke and a valiant fight with cancer. A memorial service will be at 3:00 PM on Friday, July 29, 2022, at the Cormorant Lutheran Church in



Cormorant, MN., with a visitation an hour prior. David Donehower Funeral Home is assisting the family with arrangements. Stephen was born on July 8, 1950, to Stanley and Phyllis (Umpleby) Evans, in Greenbush, MN. He grew up in Greenbush, where he was baptized and confirmed at Bethel Lutheran Church. He graduated with the class of 1968. During this time, he worked with his parents at the Greenbush Tribune until its sale. Stephen attended the Dunwoody College of Technology in Minneapolis, where he studied printing. In 1970, he started his military career with the United States Army and was stationed in Germany. Stephen was united in marriage to Nancy Kapes on August 11, 1973, in Woodbridge, VA., and the couple had two daughters, Moriah and Robin. After the army, Stephen joined the Army National Guard, where he served from 1980 until his retirement on June 30, 1998. During his service, he received many meritorious awards and decorations. In 2001, he and Nancy moved into their lake home that he built. After his retirement, he went to work for Accent. He also returned to school at the Minnesota State Community and Technical College in Detroit Lakes, where he earned his associate degree in drafting. Stephen was a devoted husband, father, and grandfather who enjoyed spending time with family and friends. In his free time, he took pleasure in reloading ammunition, deer hunting, and golfing with his family and friends. He was also fond of playing cards, especially pinochle. He enjoyed fires at the lakeside and spending time at his hunting property near Greenbush. Stephen was an accomplished carpenter, who helped many friends and family with their projects. Moreover, he volunteered at First Lutheran Church in Detroit Lakes, serving as a cook for their Wednesday night service. He will be missed by those fortunate enough to know him. He is survived by his wife of 48 years, Nancy; daughters, Moriah (Don) Delp of Riverside, IA.; and Robin "Bird" (Jake) Hilde of Audubon, MN.; a sister, Kathy (Everett) Englund of Karlstad, MN.; a brother-in-law, David Nilsen of Minneapolis, MN.; and four grandchildren: Garrett and Stephen Hilde, and Aurora and Duke Delp. He is preceded in death by his parents, Stanley and Phyllis; and a sister, Linda Rae Nilsen. In lieu of flowers, memorials to the Hospice of the Red River Valley

HAPPENINGS

The Detroit Lakes Tribune accepts community calendar items for publication online and, space permitting, in our Wednesday and Sunday print editions. Submissions must be made at least a week in advance of the event date, in writing, to either dltribune@dnewsnewspapers.com or vgerdes@dnewsnewspapers.com. Each submission must include the date, time and location of event, and where to go for more information (phone, email and/or website). Also include whether the event is free or paid admission, and how much it costs when applicable.

3 p.m.; salad luncheon, 11 a.m.; Road Rally, 11:30 a.m.; bean bag tournament, turkey bowling and soap box derby, all starting at noon; frozen t-shirt contest, 12:30 p.m.; turkey bingo, 1-4 p.m.; book walk, 12:45 p.m.; kids' pedal tractor pull, 1:30 p.m.; turkey drop, 3:30 p.m.; spaghetti supper, 4:30-7 p.m.; water fights, 5:30 p.m.; Miss Frazee Pageant, 7 p.m.; street dance, 9 p.m.-1 a.m.; and fireworks at dusk by the new Frazee water tower.

First Baptist Church

Celebration: Detroit Lakes' First Baptist Church celebrates its 150th anniversary with live music from Paul Family Bluegrass, ice cream treats and fellowship, starting at 6 p.m. on the church lawn (bring your own lawn chairs, please). Call 218-847-4571 or visit dfirstbaptistchurch.com.

Sunday, July 31

Frazee Turkey Days: The final day of Frazee's Turkey Days celebration starts with a tractor show, 9 a.m.-noon, and continues with an ABATE of Minnesota bike show, 10 a.m.-1 p.m.; outdoor community worship service, 10 a.m.; turkey luncheon, 11 a.m.-12:30 p.m.; pet and doll parade, 1:15 p.m.; Turkey Days Grand Parade, 2 p.m., with ice cream social to follow at the Event Center; demolition derby, 3:30 p.m.; and karaoke at the VFW, 6-10 p.m.

Shoreham Chapel

Concert: Renee Fuchs and the Granders will be performing an outdoor concert at Shoreham Chapel in rural Detroit Lakes, starting at 10:45 a.m. All are welcome.

Wildlife Movie: A free screening of the family-friendly, wildlife-themed movie, "The Mighty Weasel," will be held at 2 p.m. in the Visitor Center at Tamarac National Wildlife Refuge. Rigged with over 50 cameras an English garden gives rare insight into the dramatic life of a mother weasel as she tries to raise her first family. New science uncovers the problem-solving abilities of the honey badger, the secrets behind the ferret's legendary flexibility and the wolverine's remarkable sense of smell. All are welcome; movie lasts 50 minutes.

Compiled by Vicki Gerdes / Detroit Lakes Tribune

Gordon "Gordy" Gilbertson

Visitation will be Monday August 1, from 5 to 7:00 PM at the David-Donehower Funeral Home in Detroit Lakes. Visitation will continue Tuesday August 2, from 10 to 11:00 AM followed by a 11:00 AM Funeral Service at David-Donehower Funeral Home. Burial with Military Honors will be at Oak Grove Cemetery in Detroit Lakes. Gordon "Gordy" Marvin Gilbertson, 90, a resident of Detroit Lakes was born April 9, 1932 in Skree Township in Clay County, MN, the son of Theodore and Mabel (Anderson) Gilbertson. He passed away Tuesday July 26, 2022 at Pelican Landing in Detroit Lakes, Minnesota. He grew up in the Barnesville and Pelican Rapids area and attended country school. As a young man Gordon farmed, and worked in Moorhead at a chicken processing plant and the Moorhead Creamery. Gordon proudly served his country in the U.S. Air Force serving in Korea receiving his honorable discharge in 1955. Gordon was married to Marlene Paepke and they had two children together. They lived in Huron, SD and Wadena, MN. Marlene passed away in 1963 and Gordon moved to Detroit Lakes. Gordon married Dorothy (Erickson) Vogt in 1968 at St. Luke's Episcopal Church in Detroit Lakes. Gordon worked as an electrical lineman serving as foreman for the city of Detroit Lakes retiring in 1992. Gordon liked to go hunting, fishing, snowmobiling, and playing bingo. He and Dorothy enjoyed traveling around the United States, fishing trips to Canada, and he especially enjoyed spending time with his grandchildren. Gordon is survived by his children: Pamela Vogt, Stephen (Eva) Vogt, Paul Vogt, Donna (Mark) Moffett, Jim (Heidi) Gilbertson, Tammy Gilbertson; grandchildren: Billy, James, Lorena, Brandon, Megan, Jason, Katherine, Casey, Paul, Chelci, Kody, Levi, Izaak; 20 great grandchildren; and 4 great-great grandchildren; sisters: Myrtle Kittelson, Gladys (Dick) Hammill, Dorothy (Larry) Peterson; and several nieces and nephews. He was preceded in death by his wives: Dorothy Gilbertson and Marlene Gilbertson; parents: Theodore and Mabel Gilbertson; children: Chad and Lisa in infancy; siblings: Ruth Kloepfel, Oscar Gilbertson, Thora Theisen, Alice Moench, Evelyn Anderson, Charles Gilbertson, Lawrence Gilbertson, Jerome Gilbertson.



Karen Warfield Tweeton

Karen Warfield Tweeton (April 26, 1942-June 13, 2022), passed into her Lord's presence early in morning of June 13, 2022. Before retiring from Dayton's Burnsville store after 15 years as star sales consultant in Ralph Lauren ladies department, Karen served as Activities Director in her role as Occupational Therapist at Wedgwood Nursing Home in Inver Grove Hgts, MN. Her innate artistic love of fashion earned her a "Dayton's Finest" award in 1994. Karen is survived by her husband Michael, daughter Melissa Delzer (Scott), sons Paul, and Mark, grandchildren Miranda, Michael, Alex Tweeton, and Adam Delzer and great-granddaughter Myla Tweeton. She was preceded in death by her parents Irvin, Eunice Warfield and sister Cindy Sowalski (Glenn). She is survived by her brother Irvin Jr. and wife Lois, sister Deborah Labonte (Ed).

As per her request, private family interment to be held at later date.



DEATHS

Rev. Arvin Halvorson

Oct. 13, 1931 - July 24, 2022
DETROIT LAKES, Minn. - Rev. Arvin Halvorson, 90, Detroit Lakes, Minn., died Sunday, July 24, in his home. Services were previously held. Arrangements by The David-Donehower Funeral Home.

Harold Gjersvig

April 8, 1946 - July 26, 2022
DETROIT LAKES, Minn. - Harold Gjersvig, 76, Detroit Lakes, Minn., died Tuesday, July 26, in Detroit Lakes. Visitation will be from 5-7 p.m., with a prayer service at 6:30 p.m., Monday, Aug. 1, at West-Kjos Funeral Home in Detroit Lakes. A funeral will be 11 a.m. Tuesday, Aug. 2, at Bakke Lutheran Church in Detroit Lakes. Arrangements by West-Kjos Funeral Home.

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Spot of tea, anyone?

I like the rich taste of coffee, but mostly I'm a tea drinker. It's simple to make, packs a modest caffeine punch and tastes and smells good. Who doesn't like cradling a hot cup of anything in their hands?



god of war and hunting depicted as a centaur with wings. The Greeks adopted the figure — without the wings — and passed it along to us as Sagittarius. The name derives from *sagitta*, the Latin word for arrow.

Sagittarius makes me think of tea. The constellation's brightest stars outline a simple kettle, just like the one in the "I'm a Little Teapot" song with its handle and spout. By late July, the Teapot is slowly moving toward center stage in the southern sky.

How high it is depends on your latitude. From the southern states it bubbles up above the treetops in the southeastern sky as soon as it gets dark. But if you live in the north it never climbs higher than the bottom quarter of the sky, so you'll need an open view in that direction to see more than just the lid and spout.

Recently, I spotted the whole pot from a nearby field around 10:30 p.m. local time in late twilight. During the third week of July, it's highest in the sky around local midnight. By the end of the month, it reaches that point almost an hour earlier.

The Teapot is only part of the larger constellation *Sagittarius the Archer*, who gambols directly behind Scorpius the Scorpion as they both slide westward across the summer sky. Years ago I was surprised to find out that the familiar Teapot is actually the archer's bow fitted with an arrow aimed squarely at Scorpius. The rest of the figure outlines a centaur, a mythological creature with the head, arms and torso of a man and the body and legs of a horse.

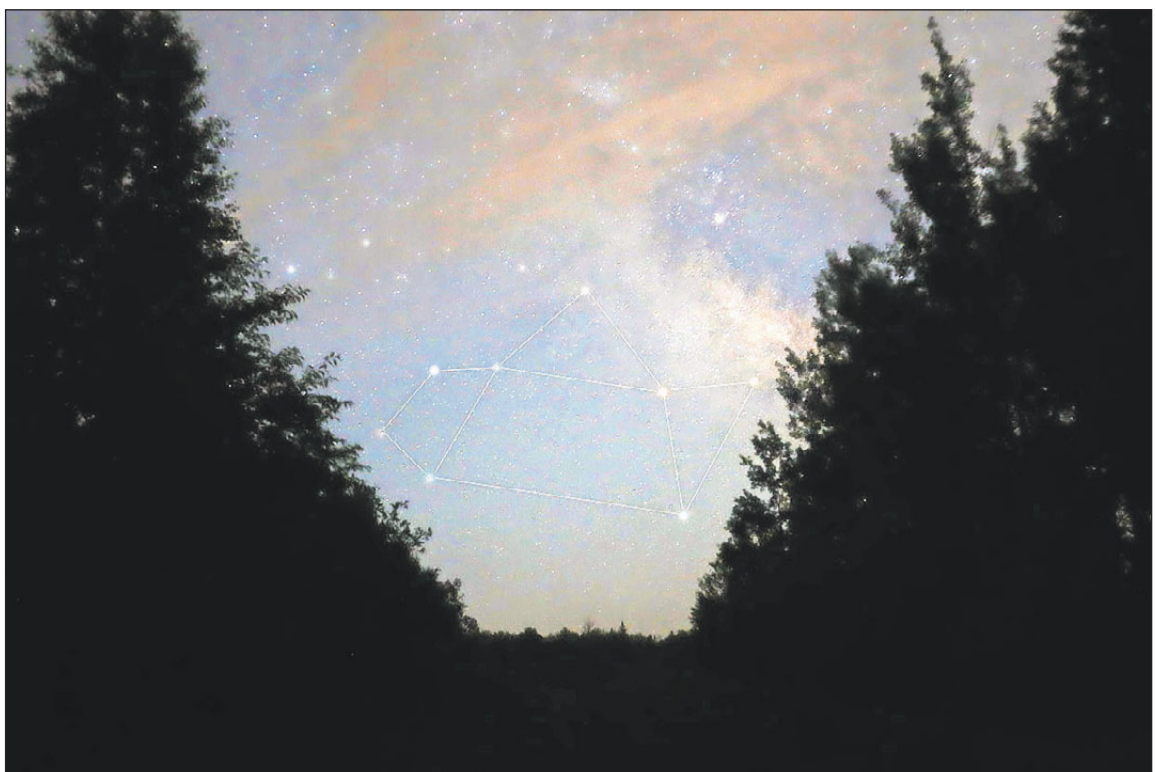
Sagittarius originated in ancient Sumeria where he was known as PA.BIL.SAG, a

The Teapot reference came much later. I can't find a mention of it in my early 20th century astronomy guides, but it's been in use since at least the late 1930s. Since that time observers have expanded on the idea. Above and left of the kettle you'll now find the "Spoon," while below the figure a lemon wedge awaits squeezing. My favorite tea metaphor is the billowing Milky Way, which issues from the spout like a cloud of steam.

Along the eastern (left) side of the constellation, the "lid star" paired with the handle form yet another asterism, the *Milk Dipper*. This "little dipper" of the southern sky also subs as a utensil for adding milk to your tea, popular with British drinkers. Unlike the Teapot, Milk Dipper has been in use since at least the 19th century and refers to a ladle for "dipping" into the Milky Way.

The Teapot spans a fist and a half across or about 15°. It's home to one of the brightest, densest regions of the Milky Way, making it an absolute joy to explore in binoculars or a telescope.

Fittingly, when we look in the direction of the constellation we're also facing the center of the



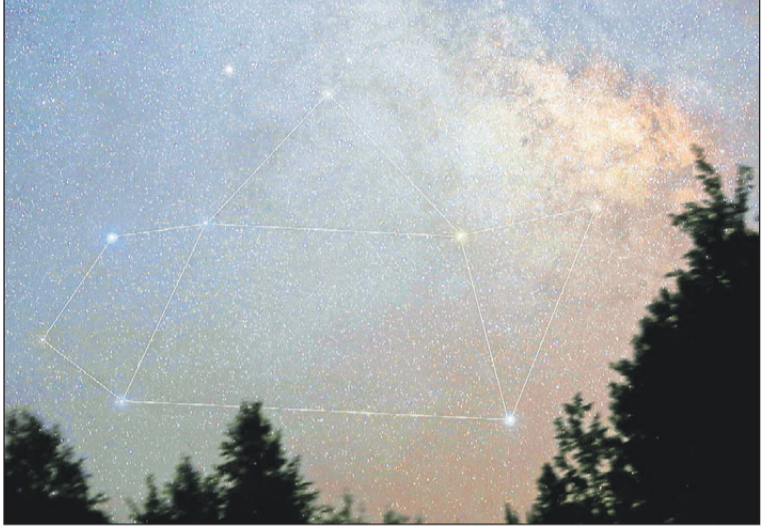
Contributed photos / Bob King

The most recognizable part of the constellation Sagittarius the Archer is the Teapot asterism, seen here in a gap between trees. Although it rides low in the southern sky, the Teapot's distinctive shape helps it stand out. The starry band at right is the Milky Way. Clouds appear at top.

Milky Way galaxy and the supermassive black hole throbbing in its core. Located 26,000 light-years away and hidden by clouds of stardust from supernova explosions, picture it in your mind's eye a short distance above and to the right of the spout. Restive and ravenous, the 4-million-solar-mass beast awaits its next meal.

While Sagittarius A* remains beyond our ken, we can revel in the bounty of star clusters and nebulae that light up these star clouds. All the objects I've labeled in the photo are visible in binoculars and small telescopes from moderately dark to dark skies on nights when the moon's phase is less than half.

M8 is the brightest nebula of the summer season and as easy to spot in binoculars as winter's Orion Nebula. The sparkly open cluster M25 will also surely catch your eye.



The Teapot boils away on warm summer nights with steam — the bright Milky Way — rising from its spout.

The M stands for Messier as in Charles Messier, who compiled a catalog of the brightest clusters, nebulae and galaxies in the late 18th century.

With the waning moon now rising after midnight, we've got more than two weeks of dark skies ahead

to sip in the wonders of the Sagittarius Milky Way. So what'll it be — black, green, white, oolong, puer or herbal? Black with a gram of sugar for me.

"Astro" Bob King is a freelance writer for the Duluth News Tribune. Read more of his work at duluthnews Tribune.com/astrobob.

Attorney General Ellison won't appeal abortion ruling

By Dana Ferguson
The Detroit Lakes Tribune

ST. PAUL — Minnesota Attorney General Keith Ellison on Thursday, July 28, announced that he would not appeal a circuit court ruling deeming several state restrictions on abortion unconstitutional.



Dana Ferguson / Detroit Lakes Tribune

Minnesota Attorney General Keith Ellison, right, and U.S. Rep. Betty McCollum, left, speaks with reporters on Monday, July 11 outside the Maplewood Library.

cases and cost taxpayers, he said.

"It is also the right choice for Minnesota taxpayers and all Minnesotans who need the finality of knowing that they can make intimate decisions about their own bodies free of undue interference by the government," Ellison said, noting that he opposed the restrictions from a personal perspective.

Pro-abortion access groups cheered Ellison's decision on Thurs-

day, while anti-abortion groups said it went against the will of the Legislature.

"As the largest abortion provider in the state, Planned Parenthood now has the finality and legal certainty required for us to continue to provide our patients with high-quality abortion care free of undue government interference,"

said Sarah Stoesz, president and CEO of Planned Parenthood North Central States.

Minnesota Citizens Concerned for Life Executive Director Scott Fischbach said the anti-abortion advocacy group was "deeply disappointed" in the move. "These longstanding and woman-empowering laws have been struck down, and the attorney general has decided to stop defending them," Fischbach said.

The court's decision — and debate about what should come next — has been a central theme in the race for attorney general.

Republican candidates Jim Schultz and Doug Wardlow have pressed Ellison to appeal the case and have said they would do so if elected.

Schultz on Thursday said Ellison's decision not to appeal was politically motivated.

"These bi-partisan statutes are clear-

ly constitutional and Minnesota deserves an Attorney General who will stand up to activist judges," Schultz said on Twitter.

On Wednesday, Wardlow aimed to position himself as the most anti-abortion candidate in the field, saying he would prosecute abortion providers that break the law and push back on the state court decision protecting access to abortion.

"As attorney general, I will fight to overturn the ruling in *Doe v. Minnesota*," Wardlow said in a news release. "I will not allow one judge to erase pro-life protections for all Minnesotans. Schultz and Wardlow are set to square off in the GOP primary on Aug. 9. The winner is expected to face Ellison in the general election.

Follow Dana Ferguson on Twitter @bydanaferguson, call 651-290-0707 or email dferguson@forumcomm.com.

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IH56 Corn Planter	\$1,275.00
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NH BR740 Baler	\$9,500.00
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AMATEUR BASEBALL



Michael Achterling / Detroit Lakes Tribune

Detroit Lakes Baseball Club first baseman Zack Oistad is splashed with water at home plate after hitting his first home run of the year during The Club's 12-2 loss against Dilworth Raildogs at Washington Ballpark in Detroit Lakes on July 24.

Something to be proud of

Player-manager Johnson looks back on The Club's inaugural regular season and the importance of being a communal team

By Jared Rubado
Detroit Lakes Tribune

matchup against the Marble Mallards is pretty tough," Johnson said. "They're a pretty solid team. They beat Ada, and they have some guys that can hit the ball out of the park. They're going to have some pretty decent pitching, too. If we play our game, we should be able to put some things together and make some noise."

The Club is set for its first double-elimination playoff tournament after an up-and-down regular season. Like the first 11 games, winning and losing will be second to experience

gained. "I'm just looking for us to put together our best baseball of the year," Johnson said. "I think we're a much better team than we've played at times. We have to sharpen up defensively, especially with the mistakes we've consistently made. We've shown we have good bats. We just have to get them to show up. We just have to lean into the guys we can lean into for pitching."

The Club doesn't like losing, but it knows this season was the first step in a long-term project. Laying the foundation

for the coming years is crucial in establishing longevity.

"Every goal we set at the beginning of the year we achieved," Johnson said. "We took third in the league, so we avoided the play-in game. In terms of relationships in the community, we had every home game sponsored. Each one was a different business. We wanted to reach a point where people were proud to attach their names to what we're doing on the field. That meant a lot to me."

BASEBALL: Page 8



Tristan Wimmer, left, Club third baseman, crosses home plate and high-fives teammate Justin Hoskins after hitting the first home run in Detroit Lakes Baseball Club history in the team's 9-5 victory over the Hawley Hawks during the Club's home opener at Washington Ballpark in Detroit Lakes on June 1.

JUNIOR GOLF

Detroit Lakes well represented at MN Junior Championship in Spicer

By Jared Rubado
Detroit Lakes Tribune

SPICER – Eight Detroit Lakes High School boys golfers competed in the 2022 Minnesota State Junior Boys' Championship at Little Crow Country Club on Monday and Tuesday.

Nick Tobkin turned two rounds of 81 to pace the Detroit Lakes contingent. On day one, he birdied Nos. 1 and 4 to finish even on the front nine. Tobkin was nine-over par on the back to close out his first round.

On day two, Tobkin made birdies on Nos. 2, 10 and 18 while making five pars. His two-day score of 162 was tied for 78th in the field.

Brock Burhans bounced back from a rough start on day one. After making bogeys on the first four holes, Burhans made par on four of the last five holes on the front nine. He also birdied No. 2 on his way to a 10-over-par 82. Burhans made five pars on

the front nine on day two to start four-over-par before finishing with an 83. His two-day score totaled 165, which was good enough for a tie in 88th place.

Jack Syltie tied for 107th place with a score of 174. He made eight pars on day one, leading to a score of 84. Syltie knocked down a pair of pars on day two for a 90.

Lawsen Justesen and Own Chiodi landed in 116th place with scores of 184. Justesen recorded an 89 and a 95. Chiodo had one of Detroit Lakes' lower scores of the tournament at 82 on day two after a 102 in his first round.

Aiden Lunde turned in a two-day score of 187, which put him in a tie for 119th. Cater Whitworth (189, 121st) and Brody Bowers (191, 122nd) rounded out the local pack.

Little Crow Country Club's Peyton Coahran wound the tournament at five-under-par. He followed up his round-one score of 70 with



Detroit Lakes' Nick Tobkin chips onto the green in the 2022 Minnesota State Junior Boys' Championship at Little Crow Country Club in Spicer July 25-26.

Contributed photos/ Carrie Tobkin

a 60 on day two. The Legacy's Rylin Petry (141, 2nd), Southern Hills Golf Club's Kyler Schwamb (142, T-3rd) and Rush Creek Golf Club's Ryan Stendahl (142, T-3rd) all

finished in the top three with Coahran.

An ace at Lakeview

Jared Johnson saw his pitching wedge shot on Lakeview's

second hole sink from the tee box at 128-yards out. Johnson notched a hole-in-one on July 27.

Contact Jared Rubado: jrubado@dlnewspapers.com; Twitter: @DLtribSports

LEGION SOFTBALL



Contributed / Wadena-Deer Creek Public Schools

The Wadena Legion softball team is headed to the inaugural Minnesota American Legion state softball tournament after beating wanville 9-7 and 10-6 on July 18.

will begin offering fastpitch softball for girls in the summer 2022. Mike Arvidson, a special education teacher and member of the Sons of the American Legion out of Parkers Prairie, is the program director.

Wadena players range from

eighth grade to seniors in high school. Similar to baseball, teams across the state are divided into sub-states. The top two teams from each sub-state qualified for the tournament in Mankato.

Contact Jared Rubado: jrubado@dlnewspapers.com; Twitter: @DLtribSports

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BASEBALL

From Page 7

We saw more and more people engaged with what we're doing on social media. I saw people wearing Club apparel around town at different sporting events. Our goal of establishing ourselves as being part of this community was accomplished."

Becoming a brand

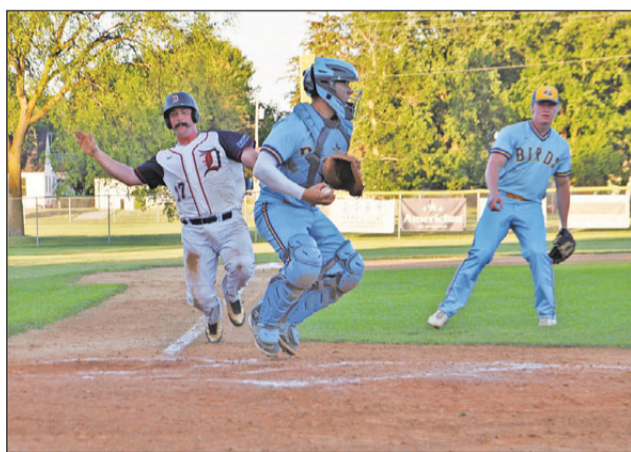
To say baseball is a part of Johnson's life is an understatement, making The Club a passion project worth the time and effort. He also coaches a local 15U baseball team while staying involved in the local baseball scene in other ways.

Johnson views The Club as an extension of the Detroit Lakes' baseball community instead of a separate entity.

"It goes back to the overarching theme of The Club," Johnson said. "The reason we didn't want to create something brand new was because we wanted to fit into the DL baseball community. Everybody is part of this. We hope that this team is viewed as a place kids can look up to playing for when they're older if they want to. We view this baseball community in DL as a family, and it's continuing to grow due to the efforts of Phil Kirchner and Terry Eiter."

Growing an amateur baseball team has a similar feeling to an expansion team in professional sports. Detroit Lakes graduates who had an interest in playing amateur baseball in recent years migrated to other teams in the surrounding area. One of Johnson's hopes is that local talent stays local.

"I'm not looking to poach guys," Johnson said. "You look at a guy like Jordan Tucker,



Photos by Michael Achterling / Detroit Lakes Tribune

Detroit Lakes Baseball Club player/manager Brandon Johnson slides into home plate during The Club's 15-5 loss against the Midway Snurdbirds at Washington Ballpark in Detroit Lakes on July 22.



Detroit Lakes Baseball Club designated hitter Tristen Wimmer high-fives Trevor Tappe after Tappe and Casey Ness scored on a Justin Hoskins double in the fifth inning of The Club's 8-2 win over the Erskine Comets at Washington Ballpark in Detroit Lakes on June 24.

who's played for Vergas—he probably doesn't have a reason to leave them. Bradley (Sweirs) would be a guy we'd hope to have play for us. Then you hope it trickles down from there where kids get excited to play with the guys they played with in high school."

Johnson also hopes to see a more consistent schedule next season.

"You don't want to look too far ahead into the future, but I'd be lying if I said I wasn't excited," Johnson said. "We have to have more games from a baseball and a bigger picture standpoint. It will help the guys on the field with some of the mistakes we're making if they get more repetitions. If we have more games, it will

give people a consistent thing to do in our area. If people know they can count on us having one home game a week, I think it would really help with consistency."

Feelin' the love

Before the season started, Johnson was nervous about The Club's reception in the community. It took one night to put those fears in the past.

"I've been overwhelmed by the support," Johnson said. "In our first game against Hawley, I got many compliments from people in our baseball community... I was blown away by the outpouring of support, which comes in different ways. There's that poetry walk in Detroit Lakes, and they made a

post on their own telling people to come out and watch The Club. None of us reached out to them, but they saw it as a cool thing for people in our community to check out, which was one of the coolest things."

Johnson hopes the goals for the Club become more about wins and losses than growth and perspective. For the time being, he will look back on this first year and think of how far his team has come in seven months.

"We had guys that came up to me and said, 'If you would've had a team a month earlier before I committed, I would've played,'" Johnson said. "I think there's an element of people wanting to see what happened in this first year before deciding to play. We have the guys that came out, and you see cool things like a guy in Michael Achterling, who has never played competitive baseball in his life, getting a chance to DH against Hawley and going 2-for-3. Those are some of the best things we'll remember from this team."

On a personal level, The Club opened another door for Johnson to say connected to the game of baseball.

"The world doesn't revolve around baseball for many people except myself and my family," Johnson said. "I want to work hard to make sure there's baseball to play and watch in this community. I think that's why we work so hard to make sure we're doing this the right way. I love seeing the younger guys embrace it and do their own thing with it. When I got to catch for Jon Tolbert for the first time in 12 years, my childhood best friend, that was awesome. It's uniquely Detroit Lakes, and I love being part of it."

Contact Jared Rubado: jrubado@dlnewspapers.com; Twitter: @DLtribSports



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9		2	8		1					
		4					6	9		
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3	5	4	1	9	8	7	2	6
5	9	7	8	6	1	3	2	4
2	4	8	5	3	7	9	6	1
1	3	6	2	4	9	5	8	7
6	2	3	9	7	5	1	4	8
9	6	1	7	3	8	4	9	2
4	8	5	9	1	2	7	6	3

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50						51				52		
53						54					55	

- ACROSS**
- That girl
 - Region
 - Dance component
 - Fierce anger
 - Hollow plant
 - Volcano flow
 - Label
 - Farm cylinder
 - Steers
 - Branding
 - Go to bed
 - Jingle writer
 - Maiden
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 - Black gold
 - Certain ones
 - Plea
 - Cut
 - Burro
 - Looks after
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Photos by Michael Achterling / Detroit Lakes Tribune

Left: Competitors parade their sheep around the show ring during the 4-H sheep show at the Amanda Foltz Arena, part of the Becker County Fair on Thursday. Right: Erin Schauer, winner of the overall market-ready class, presents a sheep during the 4-H sheep show at the Amanda Foltz Arena, part of the Becker County Fair on Thursday.

SHEEP

From Page 1

Schauer said, at home, she puts each of her sheep on a stand for 10 minutes per day to grow muscle — and then washing, and brushing them out, every couple days, can take up to 20 minutes per lamb.

“So, it takes quite a bit of time,” she said.

On show days, she said the handlers can spend all day clipping their animals and preparing them for the show ring the following morning.

Schauer also said showing animals is a lot more physical than people realize and a difficult skill to master.

“You have to be in a squat the whole time and you brace them, so their muscles tense up, so you’re having the sheep push against you with all of their weight and have all of your weight too, and you have to stand there for however long the judge needs to judge them,” she said.

Rondi Ulmer, a 4-H parent-volunteer, said her family is third-generation 4-H, and even though her kids have aged out of the program, she still loves being involved.

“From my experience, 4-H is a family organization,” said



Whitney Vogel, a livestock judge, inspects a sheep during the 4-H sheep show at the Amanda Foltz Arena, part of the Becker County Fair on Thursday.

Ulmer. “The life skills that they get through 4-H, they are getting up in front of a crowd, the speaking to a judge, the dressing up. I think anytime a kid has to work with an animal it teaches them patience and perseverance.”

It also teaches responsibility, because young 4-H members need to be responsible for their animal and they need to manage training time among all their other responsibilities, she added.

“It’s just all the life skills wrapped into one package,” she said. “And it’s something the entire family can do

together.” On Friday, horse training, judging and a performance by the Drill Team kicks-off at the Amanda Foltz Arena at 8 a.m., followed by the open class dairy goat show.

On Saturday, the arena will feature local 4-H and Future Farmers of America members as they compete in a round-robin showmanship contest beginning at 8:30 a.m.

The 2022 4-H Lamb Lead winners are:

Lamb Lead

► Grades 3-5: Champion - Eleanor Lage



Whitney Vogel, a livestock judge, inspects a sheep during the 4-H sheep show at the Amanda Foltz Arena, part of the Becker County Fair on Thursday.

► Grades 6-8: Champion - Evelyn Lage

Breeding Ewe Lamb

► Champion - Erin Schauer, Reserve - Benet Sonnenberg Breeding Yearling Ewe ► Champion - Erin Schauer, Reserve - Taylor Schauer

Overall Female

► Champion - Erin Schauer, Yearling E, Reserve - Erin Schauer, Ewe Lamb

Market Lamb

► Lightweight Lamb: Champion - Taylor Schauer, Reserve - Tristin Strom

► Heavyweight Lamb: Champion - Erin Schauer, Reserve - Erin Schauer

► Overall Market Lamb: Champion - Erin Schauer, Reserve - Erin Schauer

Sheep Showmanship

► Beginner Champion - Jan-aya Anderson, Reserve - Benet Sonnenberg

► Junior Champion - Alydia Mitchell, Reserve - Tristin Strom

► Senior Champion - Erin Schauer, Reserve - Taylor Schauer

Send your story tips to Michael at: machterling@dlnewspapers.com

CHIEF

From Page 1

myself, with Swansons’ Repair, Dave Baer, with Markuson-Baer Insurance, whether you do the job to 100 percent of what a volunteer can, or even 10 percent, it’s still taxing on the business to financially support it.”

City fire calls, mutual aid calls to greater Becker County, and other duties have all increased in recent years, he said. Swanson said he was talking with a former member of the department about the 160 fire calls, so far, in 2022, and the member was stunned because they used to only respond to 160 calls in an

entire year. “We’re running about 300 (calls per year), it’s a lot for volunteers,” said Swanson. “For all these members of the department, to leave their place of employment, their families, night and day, get up and leave and run — and I don’t regret it, I love doing it, but it is a lot.”

Swanson has been Detroit Lakes’ fire chief since 2019, but has been a member of the department since 2003, when his dad served as chief.

“Growing up, (the fire department) was always part of the lifestyle,” he said. “I’m a thrill seeker, adrenaline junkie kind of stuff, and it all kind of goes together. So, what else is more cool than

running into a burning building?”

Swanson added that when his dad stepped down as chief, he was a captain at the time and his father ended up working under him as part of his crew.

Members of the Detroit Lakes city staff have begun preparing a new full-time fire chief job description, to be presented to the city’s public safety committee for debate. The measure is expected to be discussed when the committee meets on Aug. 8. Swanson said he thinks the city should also include a couple of daytime fire-fighting positions as well.

“A daytime alarm call, that staff member could take care of that alarm

call and let the other people stay at work,” he said. Adding, the current firehouse, built in the 1960s, already has a designated bunk room because city leaders back then saw the need for a future full-time staff.

Swanson said there are public safety grants available that could help the department with some equipment and staffing needs, but he doesn’t have the time to write them. With a career fire chief, that could change, he said, and end up being

a positive step overall for public safety in Detroit Lakes.

“One department down in the metro ... it was 10 to 12 new hires, full-time people for five years, with the grant, it was free for that city,” he said. “If you had somebody here that could write that, then all of a sudden you could start finding a way to make things a lot better and it would also take a little bit of the financial strain away.”

The main positive from having a few full

time members of the fire department is that response times would decrease, since the members are already at the station, Swanson said. Adding that the earlier firefighters get to a scene, the better their chance of knocking a fire down before it gets out of control. They will also be able to respond to more medical calls-for-service and alleviate some of the burden on the city’s police officers and EMS.

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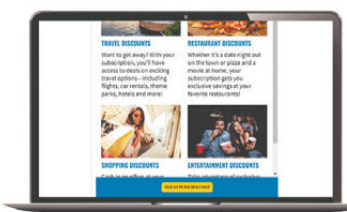
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WE FEST

From Page 1

“It’s very interactive on both sides — the pit and the seating behind the T,” he said. Improvements have also been made to the ranch house and saloon area, and new bathrooms were added in the Blue Ox/Viking campgrounds, replacing some old, outdated structures.

The other major improvement was a technological one, Mithun said: The new “cashless” RFID wristband system, which will be used to handle both admission to the concert bowl and campgrounds, and purchase of food, beverages and other merchandise.

“The credentials (including wristbands) are mailed out when people purchase tickets,” explained Bjerke.

When concert goers receive their credentials, they can register the wristbands online, then add in their credit or debit card information, Mithun said, adding that registering ahead of time will streamline their arrival, as the wristbands will be immediately ready for use — both to enter the concert bowl and to make purchases on site.

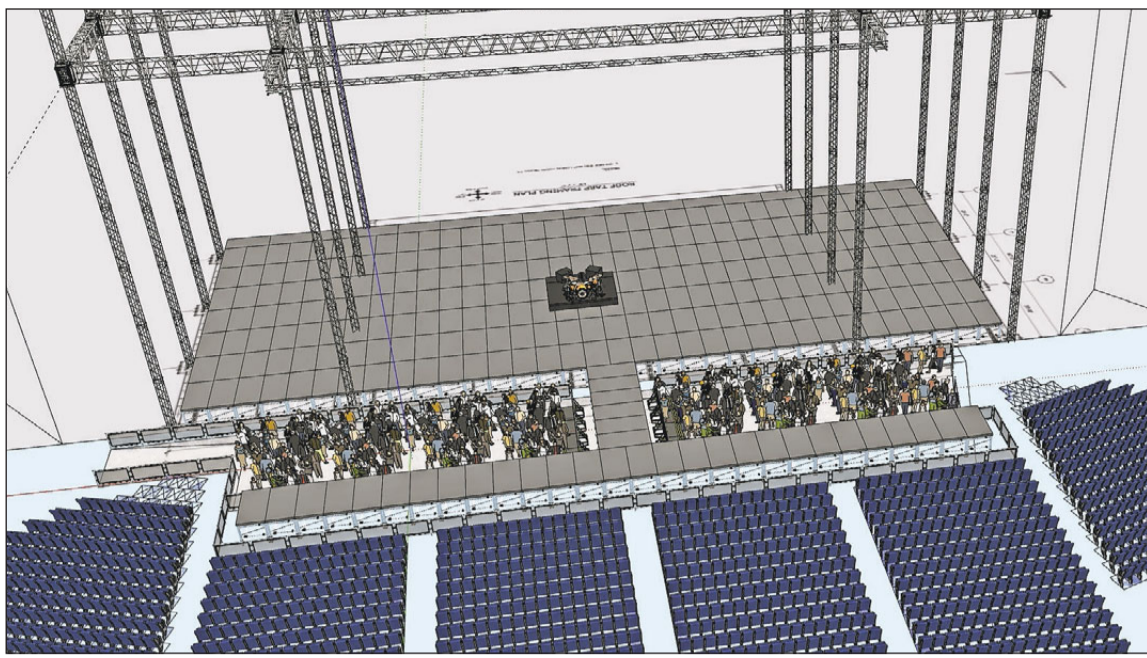
“If people register and tie payment to their wristbands ahead of time, they can just come right in — no lines,” Bjerke said. “We will have kiosks (for activating the wristbands) on site, but we encourage everybody to do it before they get here.”

Inside the concert bowl, attendees will notice some other improvements as well, Bjerke said, including an expanded VIP area and a new “Country Club” for general admission and reserved seating ticket holders.

“There’s a bigger tent and service area (in VIP), as well as some nice outside space, with tables and chairs so you can enjoy the sunshine,” Bjerke said.

“There’s delicious food as always, along with some new drinks,” said Mithun, adding that the VIP experience now includes “a wider selection of complimentary drinks.”

For general admission and reserved seating ticket holders, meanwhile, there is a



Contributed / WE Fest

This is a designer’s sketch of what the new main stage and pit area at WE Fest will look like this year.

new Country Club add-on that allows them to enter a large tent on the east side of the general admission area, directly behind the reserved seats, where they can enjoy some additional live music, drink specials and some shaded respite from the heat.

“We’re always trying to enhance the general admission experience at the festival,” said Mithun, adding that last year, they moved the lawn seating over to the west side of the concert bowl to allow general admission ticket holders to get 200 feet closer to the main stage.

Traffic concerns for those traveling to and from the festival have also been largely alleviated by the fact that the start of construction on the second phase of West Lake Drive improvements has been delayed until after the festival is concluded. The first phase of the West Lake Drive project, from County Highway 6 to the bowling alley, will also be temporarily reopened, though motorists will have to use the gravel road bed to travel along that portion.

For those who would prefer to avoid the hassle of driving to and from the festival site, the Detroit Lakes Regional Chamber of Commerce is offering its WE Fest shuttle service. Festival goers can park at the Becker County Fairgrounds in Detroit Lakes, then take a shuttle out to the Soo Pass Ranch, where

they can hop off at the festival’s west gate, then hop back on at the same location when they’re ready to head back to town.

“We’re only offering service at the fairgrounds this year,” said Jean Erickson, Chamber office manager, noting that they had dropped the downtown pickup site from their schedule due to low usage, as well as navigation difficulties caused by road construction in that area of town.

Cost for using the service is \$10 per day or \$25 for a 3-day pass, with buses departing the fairgrounds at regular intervals from noon to 2 a.m. on all three days of WE Fest, Aug. 4-6.

Music schedule

As always, the main attraction at WE Fest is the music, and this year’s lineup is no exception, with Jason Aldean, Miranda Lambert and Luke Bryan as the headliners on Thursday, Friday and Saturday respectively.

The full main stage lineup is as follows:

► Thursday, Aug. 4: Hitchville, 2:45 p.m.; Elvie Shane, 4 p.m.; Blanco Brown, 6 p.m.; Chris Janson, 8:15 p.m.; Jason Aldean, 10:30 p.m.

► Friday, Aug. 5: Ray Fulcher, 2:45 p.m.; Priscilla Block, 4 p.m.; Clay Walker, 6 p.m.; Lee Brice, 8:15 p.m.; Miranda Lambert, 10:30 p.m.

► Saturday, Aug. 6: Ella Langley, 2:45 p.m.; Ian Mun-

sick, 4 p.m.; Tanya Tucker, 6 p.m.; Riley Green, 8:15 p.m.; Luke Bryan, 10:30 p.m.

Cowboy Troy will be the emcee for all three days of Main Stage action. The fun doesn’t start on Thursday, however, as there is a pre-party for early bird ticket holders at the ranch house saloon on Tuesday, Aug. 2, with performers including Johnny Cochran and Uptown, and a kickoff party on Wednesday, Aug. 3 at the Barn Stage, with performers including Poppa Bear Norton and Brianna Helbling. More information is available at the website, wefest.com, which is also where you can purchase ticket and

camping packages.

Volunteers still needed for VIP hospitality shifts

For the past several years, the VIP food and beverage service area at WE Fest has been staffed by volunteers — volunteers from the local Boys & Girls Club, who still need a few more people to fill the evening shifts on Friday and Saturday nights.

“We have had a lot of returning volunteers this year, which is fabulous,” said Alyssa Hoskins, resource development and marketing coordinator for the Boys and Girls Club. “But we are still looking for people to help with an evening shift, 3:30 to 9 p.m. on both Friday and Saturday nights.”

In addition to helping the club earn some dough — the club receives money from WE Fest for every hour worked by its volunteers — those who sign for a shift will also get a free festival pass for the day, which means they could watch all the music happening on the main stage when they’re not working. This includes the headline acts, Miranda Lambert on Friday and Luke Bryan on Saturday.

“You also get a pass for parking that day as well,” Hoskins said.

For more information, contact volunteer coordinator Lisa McLeod at 218-204-0494, or sign up at the club’s website, bgcdl.org (there is a pop-up box for WE Fest volunteering when you open the page).



Vicki Gerdes / Detroit Lakes Tribune

This is what the new concrete stage and pit area at WE Fest’s Main Stage looked like on Thursday prior to installation of the new T-shaped stage thrust, which is slated for early this coming week. WE Fest opens on Thursday, Aug. 4.

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GOOD NEWS monthly

JULY 2022

Think there’s nothing good in the news anymore? Think again. This community is packed with the good stuff. Here’s some of what happened this month.

VINTAGE VROOM COMES TO DETROIT LAKES

The hills were alive with the “vrooms” of vintage vehicles in Detroit Lakes’ Peoples Park on Saturday, June 25.

One hundred and twenty vintage vehicles, to be more precise. That’s how many competitors in the 2022 Hemmings Motor News Great Race made it to the next-to-last stop in the 2,300-mile, cross-country competition.

“We started with 132 (vehicles),” said Great Race Director Jeff Stumb on Saturday. “We have 120 today.”

About half of the race dropouts occurred in Ohio, he added, when road temperatures soared above 100 degrees. Great Race Day temperatures in Peoples Park fluctuated a bit, with the wind and intermittent clouds bringing a mild chill to the air at times.

For a couple of hours prior to the racers’ arrival, two local car clubs — Midnight Cruisers and the 412 Lakes Chapter of Antique Automobile Clubs of America (AACA) — filled the parking lot at Peoples Park with dozens of antique automobiles for their own.

Though sales in the Rotary-sponsored beer garden might not have been as brisk as they could have been in hotter temperatures, Seelye said that fundraising was not the focus of the day’s festivities.

“We felt like this was a community service project where we could really highlight Detroit Lakes, or maybe showcase is a better word,” he said.

Stumb had nothing but praise for the local Rotarians, and Detroit Lakes as a whole, noting that this wasn’t his first visit to the community. “The Rotary Club and Tom Seelye have just been tremendous,” he said. “They’ve done a great job for us.”



Credit: Vicki Gerdes

DETROIT LAKES GRAD ON FIRST ALL-BLACK TEAM TO CONQUER MOUNT EVEREST

Eddie Taylor, a 2008 graduate of Detroit Lakes High School, made history by becoming part of the first all Black climbing team to ascend the storied Mount Everest.

“We did it ya’ll!” He typed on his Instagram account at 2:40 a.m. on May 12, 2022.

The journey takes climbers 29,032 feet into the sky between the border of China and Nepal. For comparison, commercial aircraft have a cruising altitude of 30,000 to 38,000 feet.

“We left April 2 and got back to the U.S. on May 19,” Taylor said, noting his crew originally planned a 70-day affair, but because of agreeable weather conditions it was cut to about 50 days. “Some may think climbing Mount Everest is reserved for elite mountaineers. I hope we showed it is accessible to everyone.”



Credit: Eddie Taylor

The son of Linda Jackson began exploring mountain climbing after moving to Colorado to attend university. As his life shifted from college student to college graduate, Taylor — a high school science teacher and track coach — met mountain climbers.

Among them was a man with a vision — Phil Henderson. Henderson wanted an all-Black team to summit Mount Everest as a way to encourage other minority youth to get outdoors and try sports that are considered non-traditional for some minorities.

Now that Taylor is one of the few who have reached the summit of Mount Everest, he has received a bit of fan mail.

“I have received a few emails since I got back,” he said. “One was from a guy who said he wanted to climb Kilimanjaro in Africa, but his wife said he couldn’t do it — that we don’t do stuff like that. After seeing us climb, he decided he could do it.”

Taylor is happy their story inspired a stranger in Africa. He hopes the story of his team’s accomplishment encourages people of all ages and races to set down technological devices and step into nature to explore new peaks, valleys and cultures.

NORTHWEST WATER CARNIVAL WRAPS 86TH RUN IN DETROIT LAKES

17, with sunny skies bringing out huge crowds to watch the Parade of the Northwest, allowing it to live up to its reputation as one of the largest parades in Minnesota.

“We had right around 130 entries,” said Kasey Fetzer, co-admiral of this year’s water carnival. “This was probably one of our biggest turnouts (of spectators) for the parade. A lot of people commented, even the mayor (Matt Brenk) commented that it was more people than he remembered in the last few years.”

The water carnival included a sold out Bash on the Beach concert by Hairball on Friday, July 15, as well as a mix of new festivities like the sailboat regatta races on Saturday, July 9 and familiar favorites like the water fight on Wednesday, July 13.

A dark horse team representing Gemini Sailing Charters of Maui,

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Hawaii, came out on top out of 34 teams that competed before a big crowd at the Water Carnival Water Fights Wednesday evening, July 13 in Detroit Lakes City Park.

They beat a team called simply Da Boys in the championship round after a marathon round of double-elimination water fights that lasted nearly two hours.

In the semi-final round, Gemini defeated a team from Dion’s Dangerzone gym, and Da Boys defeated the Sanford Blue team to advance.

Other teams that did especially well in the Water Fights were the Bergen’s Viva Ukraine team, a Friesen’s team, a Schultz Garage team and the Callaway Fire Department.

Organizers said the 34 teams that participated were the most ever and set a Water Carnival record. The Water Fights involve two teams spraying fire hoses to force a suspended ball to the end of its rope on the other team’s side. It has long been one of the most popular events in the Jaycees Northwest Water Carnival.

Deez Fish can be found on Facebook or contacted at 218-234-2777.



Credit: Nathan Bowe

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the Detroit Lakes Tribune



"Government free from corruption" Page 2



"We equate breathing with living." Page 3



How a stun gun led to a nationwide baby formula recall Page 4



This Colorado town is fighting to stay authentic among corporate-run resort destinations Page 6

SUNDAY, JULY 31, 2022 | NATION PLUS - A FORUM COMMUNICATIONS EXTRA



ZELENSKIY ANNOUNCES MANDATORY EVACUATION OF DONETSK REGION

By Natalia Zinets and Pavel Polityuk
Reuters

Ukrainian President Volodymyr Zelenskiy said on Saturday his government was ordering the mandatory evacuation of people in the eastern Donetsk region, scene of fierce fighting with Russia.

In a late-night television address, Zelenskiy also said the hundreds of thousands of people still in combat zones in the larger Donbas region, which contains Donetsk as well as the neighboring Luhansk region, needed to leave.

"The more people leave (the) Donetsk region now, the fewer people the Russian army will have time to kill," he said, adding that residents who left would be given compensation.

Separately, domestic Ukrainian media outlets quoted Deputy Prime Minister Iryna Vereshchuk as saying the evacuation needed to take place before winter begins since the region's natural gas supplies had been destroyed.

Zelenskiy said hundreds of thousands of people were still living in areas of Donbas where fighting was fierce.

"Many refuse to leave but it still needs to be done," the president said. "If you have the opportunity, please talk to those who still remain in the combat zones in Donbas. Please convince them that it is necessary to leave."

Earlier on Saturday, Ukraine's military said more than 100 Russian soldiers had been killed and seven tanks destroyed in fighting in the south on Friday, including the Kherson region that is the focus of Kyiv's counteroffensive in that part of the country and a key link in Moscow's supply lines.

Rail traffic to Kherson over the Dnipro River had been cut, the military's southern command said, potentially further isolating Russian forces west of the river from supplies in occupied Crimea and the east.

South of the town of Bakhmut, which Russia has cited as a prime target in Donetsk, the Ukrainian military said Russian forces had been "partially successful" in establishing control over the settlement of Semyhirya by storming it from three directions.

"He established himself on the outskirts of the settlement," the military's evening report said, referring to Russian forces.

Defense and intelligence officials from Britain, which has been one of Ukraine's staunchest allies since Moscow invaded its neighbor on Feb. 24, portrayed Russian forces as



Press service of the State Emergency Service of Ukraine / Handout via REUTERS

Sappers of the State Emergency Service of Ukraine work near a burning harvesting combine, which exploded on anti-tank mine in a wheat field, as Russia's attack on Ukraine continues, near the village of Vilkhivka, in Kharkiv Region, Ukraine July 30.

struggling to maintain momentum.

Ukraine has used Western-supplied long-range missile systems to badly damage three bridges across the Dnipro in recent weeks, cutting off Kherson city and - in the assessment of British defense officials - leaving Russia's 49th Army highly vulnerable on the river's west bank.

The Kherson region's pro-Ukrainian governor, Dmytro Butriy, said fighting was continuing in many parts of the region, and that Berislav district, just northwest of the Kakhovka hydroelectric plant, was particularly hard hit.

"In some villages, not a single home has been left intact, all infrastructure has been destroyed, people are living in cellars," he wrote on Telegram.

Just to the north of Lysychansk, which Moscow's forces captured in early July after weeks of fighting, Ukrainian partisans destroyed a railway junction box near the Russian-controlled town of Svatove on Friday night, making it harder for Moscow to transport ammunition to the front lines by train, Luhansk regional governor Serhiy Gaidai said in an online post.

Reuters could not independently verify the battlefield reports.

Officials from the Russian-appointed administration running

the Kherson region earlier this week rejected Western and Ukrainian assessments of the situation.

On Friday the British ministry described the Russian government as "growing desperate," having lost tens of thousands of soldiers in the war. British MI6 foreign intelligence agency chief Richard Moore added on Twitter that Russia is "running out of steam."

Prison Deaths

Ukraine and Russia have traded accusations over a missile strike or explosion early on Friday that appeared to have killed dozens of Ukrainian prisoners of war in the front-line town of Olenivka, held by Moscow-backed separatists in eastern Donetsk.

Russia's defense ministry on Saturday published a list of 50 Ukrainian prisoners of war killed and 73 wounded in what it said was a Ukrainian military strike with a U.S.-made High Mobility Artillery Rocket System (HIMARS).

Ministry spokesman Lieutenant-General Igor Konashenkov said "all political, criminal and moral responsibility" rested with Zelenskiy, "his criminal regime and Washington who supports them."

Ukraine's armed forces denied responsibility, saying Russian artillery had targeted the prison to

hide the mistreatment of those held there. Foreign Minister Dmytro Kuleba said on Friday Russia had committed a war crime and called for international condemnation.

Reuters could not immediately verify the differing versions of events, but some of the deaths were confirmed by Reuters journalists who visited the prison.

U.S. Secretary of State Antony Blinken expressed his condolences in a Friday phone call with Kuleba and said Washington was committed to "hold Russia accountable for atrocities," the U.S. State Department said.

The United Nations is prepared to send experts to Olenivka to investigate if it obtains consent from both parties, U.N. spokesperson Farhan Haq said. The International Committee of the Red Cross (ICRC) said it was seeking access and had offered to help evacuate the wounded.

A charity linked to Ukraine's Azov Regiment said on Telegram it was not immediately able to confirm or deny the authenticity of the Russian list of people killed and wounded.

Ukraine has accused Russia of atrocities against civilians and identified more than 10,000 possible war crimes. Russia denies targeting civilians and war crimes.

Chinese rocket falls to Earth, NASA says Beijing did not share information

By David Shepardson
Reuters

A Chinese rocket fell back to Earth on Saturday over the Indian Ocean but NASA said Beijing had not shared the "specific trajectory information" needed to know where possible debris might fall.

U.S. Space Command said the Long March 5B said the rocket re-entered over the Indian Ocean at approximately 12:45 p.m. EDT Saturday (1645 GMT), but referred questions about "reentry's technical aspects such as potential debris dispersal impact location" to China.

"All spacefaring nations should follow established best practices and do their part to share this type of information in advance to allow reliable predictions of potential debris impact risk," NASA Administrator Bill Nelson said. "Doing so is critical to the responsible use of space and to ensure

the safety of people here on Earth."

Social media users in Malaysia posted video of what appeared to be rocket debris.

Aerospace Corp, a government funded nonprofit research center near Los Angeles, said it was reckless to allow the rocket's entire main-core stage - which weighs 22.5 tons (about 48,500 lb) - to return to Earth in an uncontrolled reentry.

Earlier this week, analysts said the rocket body would disintegrate as it plunged through the atmosphere but is large enough that numerous chunks will likely survive a fiery re-entry to rain debris over an area some 2,000 km (1,240 miles) long by about 70 km (44 miles) wide.

The Chinese Embassy in Washington did not immediately comment. China said earlier this week it would closely track the debris but



China Daily / Reuters

A Long March-5B Y3 rocket, carrying the Wentian lab module for China's space station under construction, takes off from Wenchang Spacecraft Launch Site in Hainan province, China July 24.

said it posed little risk to anyone on the ground.

The Long March 5B blasted off July 24 to deliver a laboratory module to the new

Chinese space station under construction in orbit, marking the third flight of China's most powerful rocket since its maiden launch in 2020.

Fragments of another Chinese Long March 5B landed on the Ivory Coast in 2020, damaging several buildings in that West African nation, though no injuries were reported.

By contrast, he said, the United States and most other space-faring nations generally go to the added expense of designing their rockets to avoid large, uncontrolled re-entries - an imperative largely observed since large chunks of the NASA space station Skylab fell from orbit in 1979 and landed in Australia.

Last year, NASA and others accused China of being opaque after the Beijing government kept silent about the estimated debris trajectory or the reentry window of its last Long March rocket flight in May 2021.

Debris from that flight ended up landing harmlessly in the Indian Ocean.

Commentator deletes Pelosi tweet

Refiles to restore the first name of Chinese commentator in lede

Reuters

Prominent Chinese commentator Hu Xijin said on Saturday he deleted a tweet warning of military retaliation should U.S. fighter jets escort House Speaker Nancy Pelosi on any visit to Taiwan, after Twitter blocked his account.

Pelosi, number three in the U.S. line of presidential succession, after Joe Biden and Vice President Kamala Harris, signaled on Friday she was embarking on a trip to Asia.

She did not mention Taiwan, but speculation of her visiting the democratically ruled island, claimed by Beijing, has intensified in recent days, fueling tensions beyond the Taiwan Strait.

Chinese President Xi Jinping warned Biden in a phone call on Thursday that Washington should abide by the one-China principle and “those who play with fire will perish by it.”

Hu, former editor-in-chief of state tabloid Global Times, wrote on China’s microblog Weibo: “I’ve conveyed the message: if the U.S. military sends

fighter jets to escort Pelosi to Taiwan, then the move would take the vile nature of such a visit to another level, and would constitute aggression.”

If Pelosi were to visit Taiwan, Hu, a nationalist firebrand with a wide Twitter following, wrote, “Our fighter jets should deploy all obstructive tactics. If those are still ineffective, I think it is okay too to shoot down Pelosi’s plane.”

Hu said he had to delete the tweet to unlock his Twitter account, which had been blocked as the tweet was deemed by Twitter to have violated the platform’s rules and had to be removed by the account holder.

Twitter did not immediately respond to a Reuters request for comment.

On Friday, a White House national security spokesperson said the United States had observed no evidence of looming Chinese military action against Taiwan, when asked about a possible visit to the island by Pelosi.

Visits by U.S. officials to Tai-



Reuters / Jonathan Ernst / File Photo

U.S. House Speaker Nancy Pelosi (D-CA) faces reporters during a news conference at the U.S. Capitol in Washington, U.S., July 29.

wan are a source of tension between Beijing and Washington, which does not have official diplomatic ties with Taiwan but is bound by law

to provide the island with the means to defend itself.

The United States has a large military presence in the Asia-Pacific, including around

the South China Sea, through which a U.S. aircraft carrier is traversing as part of what the U.S. navy said was a routine patrol.

“Government free from corruption”

Supporters of Iraqi cleric Sadr storm Green Zone

By Maher Nazih and Amina Ismail
Reuters

Thousands of supporters of Shi’ite populist cleric Moqtada al-Sadr stormed Baghdad’s fortified government zone and broke into parliament on Saturday for the second time in a week, leaving at least 125 people injured and escalating a political stand-off.

Protesters rallied by Sadr and his Sadrist Movement tore down concrete barriers and entered the Green Zone, which houses government departments and foreign missions, before breaking into parliament.

“We are calling for a government free from corruption ... and those are the demands of the people,” one protester, Abu Foad, said among crowds of protesters carrying placards with Sadr’s photograph and national flags.

The scenes followed similar protests on Wednesday, although this time at least 125 people - including demonstrators and police - were wounded, according to a health ministry statement.

Sadr’s supporters threw stones and police fired teargas and stun grenades.

“We Iraqis have endured injustices because of those corrupt people,” said another protester Alaa Hussain, 49.

“I have two unemployed children who graduated from university and I am unemployed. There are no jobs and that is all because of corruption.”

Sadr’s party came first in an October election but he withdrew his 74 lawmakers from parliament after failing to form a government which excluded his Shi’ite rivals, most of whom who are backed by Iran



Reuters / Ahmed Saad

Supporters of Iraqi Shi’ite cleric Moqtada al-Sadr hit themselves in remembrance of Imam Hussein during a protest against corruption, inside the Parliament, in Baghdad, Iraq July 30.

and have heavily-armed paramilitary wings.

U.N. FRETS

His withdrawal ceded dozens of seats to the Coalition Framework, an alliance of Shi’ite parties backed by Iran.

Sadr has since made good on threats to stir up popular unrest if parliament tries to approve a government he does not like, saying it must be free of foreign influence.

Sadr’s supporters chanted against his rivals who are now trying to form a government. Many protested in front of the country’s Supreme Court, which Sadr has accused of meddling to prevent him forming a government.

In response, the Coalition Framework called on Iraqis to

protest peacefully “in defense of the state, its legitimacy and its institutions,” a statement read later on Saturday, raising fears of clashes.

The United Nations called for a de-escalation. “Voices of reason and wisdom are critical to prevent further violence,” said its mission in Iraq.

Prime Minister Mustafa al-Kadhimi also urged political groups not to escalate unrest. “Let this not devolve into clashes, and keep Iraq secure,” he said in a televised address.

Speaker of Parliament Mohammed al-Halbousi suspended all parliamentary session until further notice, the state news agency reported.

Iraq has been without a

president and prime minister for about 10 months because of the deadlock.

Sadr, whom opponents also accuse of corruption, maintains large state power himself because his movement remains involved in running the country. His loyalists have long run some of the allegedly most corrupt and dysfunctional government departments.

Iraqis linked neither to Sadr nor to his opponents say they are caught in the middle of the political gridlock.

While Baghdad earns record income from its vast oil wealth, the country has no budget, frequent power and water cuts, poor education and healthcare, and insufficient job opportunities for the young.

BRIEFS

Sri Lanka president says IMF accord pushed back to September after unrest

Sri Lankan President Ranil Wickremesinghe said on Saturday that an agreement with the International Monetary Fund has been pushed back to September due to the unrest over the past weeks, the Associated Press reported.

Wickremesinghe, in his first speech since he was elected by parliament, said even though he when prime minister had aimed to reach an agreement by early August, it has now been pushed back by a month, the report said.

Biden again tests positive for COVID-19, feels ‘quite well’ - White House

U.S. President Joe Biden again tested positive for COVID-19 on Saturday, according to a statement from the White House physician, although he is experiencing no symptoms and feels “quite well.”

Biden, who tested positive for the disease nine days ago, will resume isolation procedures, and his positive test is believed to be “rebound” positivity experienced by some COVID patients, according to White House physician Dr. Kevin O’Connor.

Death toll in Kentucky floods rises to 25

At least 25 people, including four children, have died in floods unleashed by torrential rains in eastern Kentucky, and more fatalities are expected, the state’s governor

Andy Beshear said on Saturday.

“This is still an emergency situation,” Beshear told reporters. “We are in search and rescue mode. Again, that count is going to continue to go up.”

Heavy rains of 5 to 10 inches (13 to 25 cm) pounded the region from Wednesday into Thursday, sweeping through homes, washing out roads and pushing rivers over their banks. While the region’s steep hillsides and narrow valleys make it prone to flooding, experts are also blaming climate change.

The floods were the second major national disaster to strike Kentucky in seven months, following a swarm of tornadoes that claimed nearly 80 lives in the western part of the state in December.

President Joe Biden declared a major disaster in Kentucky on Friday, allowing federal funding to be allocated to the state.

Russia ‘running out of steam’ in Ukraine, UK spy chief says

Russia is “running out of steam” in its assault on Ukraine, the chief of Britain’s MI6 foreign intelligence agency, Richard Moore, said in a brief comment on social media on Saturday.

Moore made the remark “Running out of steam...” above an earlier post on Twitter by Britain’s defense ministry, which described the Russian government as “growing desperate” and as having lost thousands of soldiers in its invasion of Ukraine.

Reuters

A Winning lottery ticket was sold in Illinois

Jackpot estimated at \$1.28 billion, swelled as people piled in

By Lucia Mutikani
Reuters

A single winning ticket for a Mega Millions lottery jackpot of \$1.337 billion, the second-largest in U.S. history, was sold in Illinois, lottery organizers said on Saturday.

“Congratulations to the Illinois Lottery for selling the winning ticket for the \$1.28 billion Mega Millions jackpot,” Ohio Lottery Director Pat McDonald said in a statement.

“We’re eager to find out who won and look forward to congratulating the winner soon!”

The ticket was sold at the Speedway fuel and convenience store on East Touhy Avenue in Des Plaines, Illinois, a Chicago suburb. Going into the draw on Friday night, the jackpot was estimated at \$1.28 billion, but swelled as people piled in to try their luck.

The still-to-be-identified holder of the winning ticket, which would have cost \$2 to buy, matched all six numbers. They have the choice of a lump-sum payment of \$780.5 million or an annual payout over 30 years.

Most winners go for the lump sum, which comes with a hefty tax bill, according to the Mega Millions website.

The winning numbers for the jackpot, which had been rolling since it was last won at \$20 million in Tennessee on April 15, were 13, 36, 45, 57 and 67, plus the mega ball 14.

It is the second largest jackpot in the 20-year history of the game, topped only by the \$1.537 billion won in South Carolina in October 2018.

The latest Mega Millions lottery was held in 45 states, Washington, D.C., and the U.S. Virgin Islands.

Half of the proceeds from the sale of each Mega Millions ticket remains in the state where the ticket was sold; the money supports lottery beneficiaries, such as education or public employee pensions, and retailer commissions.

“This exciting jackpot run has had a significant positive impact on the revenues for good causes raised by our member lotteries,” said Ohio lottery chief McDonald, lead director for the Mega Millions Consortium.



“We equate breathing with living.”

Jews, Muslims and others say Roe v. Wade reversal threatens their religious freedom

By Deborah Netburn
Los Angeles Times

For 25 years Rabbi Barry Silver has served as the spiritual leader of L’Dor Va-Dor, a progressive synagogue in Boynton Beach, Florida. Like most congregational rabbis, he offers a Jewish perspective on major life events, giving weekly sermons, performing weddings, funerals and baby namings, and occasionally counseling congregants wrestling with whether to have an abortion.

Silver tells his congregation that contrary to Roman Catholic and evangelical teachings, which state that life begins at conception, traditional Jewish law, known as Halakha, says life begins at birth: when the baby draws its first breath. Before then, the mother’s physical and emotional well-being is paramount.

In some extreme cases — such as when the mother’s life is at stake — an abortion is not just permitted by Jewish law, but required.

“Right in the beginning of the Torah, Genesis states that God formed the human, Adam, from the dust of the Earth, like you create a work of pottery. Then he breathed the breath of life in him and he lived,” Silver said. “We equate breathing with living.”

For decades, anti-abortion Catholic and evangelical Christian perspectives have dominated the religious conversation around abortion. But people of faith hold a variety of views on the issue, rooted in their own traditions, teachings and laws.

Muslim teachings hold that the soul is breathed into a fetus 120 days after conception, and other religious groups — Unitarians, the Oklevueha Native American Church, and the Satanic Temple (a global organization that is headquartered in Salem, Mass., and that, despite its name, doesn’t actually worship the Prince of Darkness) — consider reproductive choice and bodily autonomy to be sacred.

Even Catholics are far from united in their views on the issue, with 56% saying abortion should be legal in all or most cases, according to a 2019 Pew Research Center survey.

Silver, a progressive activist who also works as a civil rights attorney, made headlines this month after he filed a religious liberty lawsuit challenging a Florida law that bans abortions after 15 weeks of pregnancy. He said the ban makes abortion unlawful even in situations in which it’s mandated by Jewish law. Silver is the first religious leader to file such a suit; legal experts say that after the U.S. Supreme Court’s June 24 decision overturning Roe v. Wade, he won’t be the last.

“One hundred percent, we’re just at the beginning of the religious liberty lawsuits,” said Candace Bond-Therault, director of racial justice policy with the Law, Rights, and Religion Project at Columbia Law School.

Leaders of religious organizations are talking internally and with one another about what the court’s reversal of Roe in its *Dobbs v. Jackson* ruling means for religious freedom. At stake, they say, is not just the free exercise of their religious beliefs, but also the fear that a single theological perspective will dictate state and federal law.

“If the *Dobbs* decision was based on an evangelical understanding of when life begins, then that’s a slippery slope,” said Rahmah Abdulaleem, executive director of Karamah: Muslim Women Lawyers for Human Rights. “Muslims don’t drink at bars, but we don’t say you can’t. We need to respect the diversity of faiths.”

Jews in particular are waking up to what abortion



Raquel Natalicchio / Zuma Press / TNS

Pro-choice activists pour out fake blood July 6 as they handcuff and chain themselves to the columns of City Hall in downtown Los Angeles to protest the loss of nation wide reproductive rights and to demand the federal government restore legal abortion nationwide.



Willie J. Allen Jr. / Orlando Sentinel / TNS

Gov. Ron DeSantis holds up the newly signed bill that will ban most abortions in Florida after 15 weeks at a news conference April 14.

restrictions at the state level could mean for their religious freedom, said Rachel Laser, the first Jewish president of Americans United for Separation of Church and State, a group founded primarily by Protestants in 1947 in response to a Supreme Court decision allowing indirect support of religious education.

“A lot of us don’t necessarily on a conscious level equate our views toward reproductive justice with Judaism, but there is a growing recognition that there is a dissonance between the moral code being imposed by our government and the moral code that is still rooted in many of the values of Judaism,” Laser said.

Jewish laws outlining the circumstances under which abortion is permitted go back to the Second century, and in the more recent past, Jews have been among the most ardent supporters of abortion rights in America. In a 2014 Pew survey, 83% of Jewish respondents agreed that abortion should be legal in all or most cases, compared with 62% of all Americans today.

“In Jewish law, life comes before everything, and when it comes to matters of maternal health, the life and health of the mother always comes before the potential life of the fetus as a general rule,” said Daphne Lazar Price, executive director of the Jewish Orthodox Feminist Alliance. “Jewish texts don’t look at the number of weeks or trimesters — until the fetus emerges from the womb, the mother’s life is privileged.”

Lazar Price says this perspective is religious, not political.

“It’s not partisan; it’s about the health of the mother,” she said.

Michael Helfand, a professor at Pepperdine University’s Caruso School of Law, says Jews are well positioned to argue that abortion restrictions violate an individual’s religious liberties, especially in states where so-called religious freedom

restoration laws provide heightened protections for religious exercise.

The federal Religious Freedom Restoration Act was passed by Congress in 1993 with overwhelming bipartisan support after the Supreme Court ruled against two Indigenous Americans who were denied unemployment benefits by the state of Oregon after being fired from their jobs for consuming peyote as part of a religious ceremony.

Peyote was not legal in Oregon, but the men argued that their use of the plant — revered as sacred medicine and taken in an all-night ritual accompanied by instruments and song — was protected by the free exercise clause of the First Amendment. The Supreme Court said that because peyote was illegal for everyone in the state, the law did not target those who use it in religious ceremonies, so it was acceptable for the state to deny them unemployment benefits.

The Religious Freedom Restoration Act essentially said that if a law places a substantial burden on a religious practice, the government must prove there is not a less restrictive alternative. For example: providing a religious exemption to Indigenous people who take peyote as part of a ritual.

“In enacting (the religious freedom law), Congress recognized that all religious practitioners merit the respect called for by the free exercise clause,” said Rebecca Tsosie, who teaches federal Indian law and constitutional law at the University of Arizona. “It was one of those moments when people felt that all religions have to be protected.”

Whether Florida’s Religious Freedom Restoration Act will help Silver’s case is still to be determined, but Helfand says he believes the lawsuit it is too garbled to be successful.

“It tries to take a little religious liberty and a little separation of church and state and mash them up,” he

said. “It’s not the best way to advance in court.”

Silver says he is working with lawyers on refiling the suit and has received commitments from other religious organizations to sign on. Other groups say they need more time to formulate a strategic argument.

“Americans United is looking at all the options, but I think there is a really powerful argument to be made under the establishment clause that says a government can’t play favorites when it comes to religion,” Laser said. “I think that’s a very intuitive argument to make, and very powerful.”

The Jewish Orthodox Feminist Alliance is in preliminary talks about taking legal action as well, Lazar Price said.

“There’s nothing I can share publicly, but suffice it to say there are faith groups across the religious spectrum in this country who are alarmed by developments of the past couple of weeks and where they are going,” she said.

Edward Ahmed Mitchell, deputy director of the Council on American-Islamic Relations, says his organization is discussing how and whether to weigh in on the *Dobbs* decision.

“I think many Muslim organizations are reevaluating the issue of abortion in the wake of *Roe v. Wade* and considering if they need to get involved in this discussion and how — including us,” he said.

A recent survey conducted by the group shows that Muslim respondents hold divergent opinions on whether and how state laws should regulate abortion. A small minority — 13.7% — said they would support laws allowing abortion at any stage of pregnancy without any restrictions. An even smaller share — 7.2% — said they would support laws that prohibit abortion entirely. Between these two extremes, respondents were fairly evenly spread.

Abdulaleem, the executive director of Karamah, says these inquiries around abortion are new.

“The everyday average Muslim did not know what Islam’s law was on abortion,” she said. “So now, thinking people are educating themselves on what Islamic law says about it.”

The answer is not entirely straightforward, says Ismail Royer, director of the Islam and Religious Freedom Action Team at the Religious Freedom Institute. There are four major schools of thought in Islam, and each offers a different interpretation of sacred laws, including when it’s

permissible to get an abortion.

Where they agree, however, is that abortion is categorically forbidden 120 days after conception except to save the mother’s life, because this is when Islam teaches that the soul is breathed into the fetus, he said.

From Royer’s perspective, even the most restrictive state laws on abortion would not infringe on Muslims’ ability to practice their religious beliefs.

“The only question where the rubber meets the road here is a law that requires a woman to die in childbirth to save a fetus’ life,” he said. “That is the single scenario in which a question of religious liberty would come up.”

Asifa Quraishi-Landes, a professor at the University of Wisconsin-Madison who specializes in comparative Islamic and U.S. constitutional law, disagrees.

“Under *Roe*, I, as a Muslim, had the choice to pick among my religious practices and values,” she said. “But if Islam tells me I have 120 days and the state says I don’t, that feels like an infringement.”

Abdulaleem says that although she does not foresee Karamah submitting its own religious liberty lawsuits, it may sign on to amicus briefs in support of others.

“Just because Catholics believe that life begins at conception, they can’t make that the rule for everyone,” she said. “A lot of Muslims are thinking about what will happen to the separation of church and state if the wall is this easy to penetrate.”

In another sector of the American religious landscape, the Satanic Temple, founded in 2013, began fighting abortion restrictions in state courts before *Roe v. Wade* was overturned, and currently has two cases moving forward in Texas.

“We’re making a simple free-exercise claim,” said Lucien Greaves, who co-founded the temple. “Our argument is that abortion restrictions were predicated explicitly on the religious notion that life begins at conception, and that’s not a point of view we agree with or that should be confirmed by the government.”

Members of the temple — about 700,000 worldwide — do not believe in the existence of Satan or the supernatural. They do believe in religious freedom and pluralism. Over the last nine years, they have been embroiled in several court battles to ensure their right to the same religious freedoms as others.

Obama and the Booker Prize books

A guide to the books on this week's big lists

By Dorany Pineda
Los Angeles Times

When it rains, it pours. On Tuesday, Barack Obama dropped his 2022 summer reading list just as the Booker Prize, the U.K.'s most prestigious literary award, announced the 13 books on this year's longlist.

The books on both lists are diverse in every way, ranging from crime and speculative fiction to a sweeping history of the New York Knicks and an examination of demographics.

Every year, Obama releases his favorite books, music and films to his millions of social media followers, creating a flurry of online chatter and discussion. And the Booker Prize longlist generates similar excitement, especially since it opened up to include American titles (which dominate this year's list). The Booker's six shortlisted books will be announced in September and the winner on Oct. 17 during an in-person award ceremony.

How is a reader to sort through all these titles and compile a decent shopping list? The L.A. Times has you covered, having chimed in on many of the books and authors listed. Here's what we had to say:

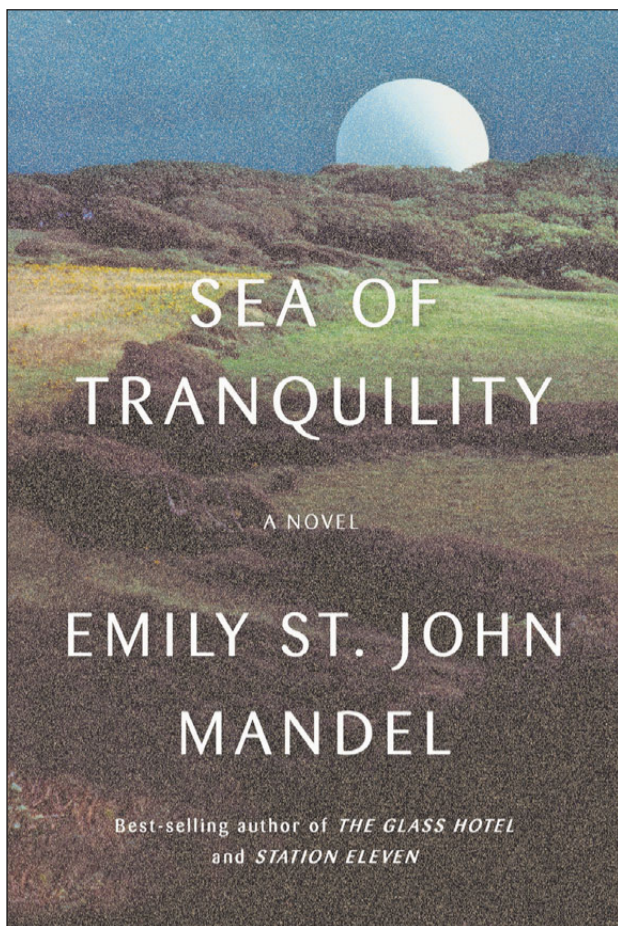
Obama's picks

'To Paradise,' Hanya Yanagihara

Yanagihara's highly anticipated third novel wasn't our critic's favorite. Divided into three sections spanning 300 years and set in an alternate version of New York City, "To Paradise" is a story about lovers, colonialism, pandemics and the false promise of utopia. Lynn Steger Strong praised it for its "Big-ness" and its "sound and fury," but ultimately said it felt "devoid of specificity or self-doubt or, indeed, of empathy." ("A Little Life," Yanagihara's previous novel, was a finalist for the Booker Prize and the National Book Award in 2015.)

'Sea of Tranquility,' Emily St. John Mandel

Among the most obvious contenders for Obama's list (he had Mandel's "The Glass Hotel" on his 2020 list), this dazzling speculative novel, a sort-of sequel to the novel-turned-HBO



Alfred A. Knopf / TNS

"Sea of Tranquility," by Emily St. John Mandel.

max hit "Station Eleven," shuttles readers across time and space — from Vancouver Island in the early 20th century to a colony on the moon 500 years later.

"Following a superb stylist like Mandel is like watching an expert lace-maker at work," wrote critic Bethanne Patrick. "You see the strands and later the beautiful results, but your eyes simply cannot follow what comes in between. As in her best work, including 'Station Eleven,' she is less concerned with endings than with continuity. In 'Sea of Tranquility,' her vision is not quite as bleak, but it is as strong — I won't say prophetic — as ever."

'The Candy House,' Jennifer Egan

Also on the list was another sort-of sequel, Egan's long-awaited follow-up to the 2010 Pulitzer Prize-winning novel-in-stories, "A Visit From the Goon Squad." This one tells a story of human longing, history and memory, built around a device that can store people's complete memories.

Lynn Steger Strong spent a day in March walking around Manhattan's East Village with the author ahead of the book's release. They talked about human contradictions ("the very same person is heroic and terribly selfish," said Egan), the pleasure Egan aspires to give her readers and the more complicated advantages of growing older.

'A Little Devil in America: In Praise of Black Performance,' Hanif Abdurraqib

Abdurraqib's pan-cultural 2021 book of critical essays was a nominee for the National Book Award and the National Book Critics Circle Award. The sweeping collection explores Black art, music and culture — from "The Fresh Prince of Bel-Air" to Beyoncé and more.

In March, poet and essayist Abdul Ali wrote an essay for the L.A. Times praising Abdurraqib's powerful writing and fresh insights as a Black cultural critic, marking him as a successor to the late critic Greg Tate.

'Razorblade Tears,' S.A. Cosby

A finalist for a Los Angeles Times Book Prize, Cosby's Southern thriller-mystery follows a Black man and a white man joining forces to fight a common enemy after their sons are brutally murdered.

Author and critic Paula Woods called it "a more emotionally raw affair" than his previous, bestselling "Blacktop Wasteland." Though it's riddled with violence, Woods also commends the book for its "great beauty" in describing "the grief of a community, in the fathers' stirring awareness of the true meaning of love and even in Cosby's reverence for the vibrant natural world."

'Silverview,' John le Carre

Le Carre's final book is a bestselling posthumous espionage thriller set in a small town on the English coast. After his death, the L.A. Times compiled a recommended reading list for those who were new to his work.

'Velvet Was the Night,' Silvia Moreno-Garcia

Hailed as one of the best books of 2021, "Velvet Was the Night" is a historical noir set in Mexico in the 1970s about two people's search for a missing woman.

Earlier this year, book critic, editor and author Paula Woods interviewed Moreno-Garcia ahead of her latest, bestselling release, "The Daughter of Doctor Moreau."

Booker Prize longlist picks

'Nightcrawling,' Leila Mottley

At 20 years old, Mottley is the youngest author ever to be longlisted for a Booker Prize. Her debut novel, "Nightcrawling," follows a 17-year-old whose family was torn apart by death and prison. To survive, she resorts to sex work, only to end up being sexually exploited by Oakland police officers. The book was inspired by a real-life scandal involving the Oakland Police Department.

On a sunny May afternoon, Mottley and L.A. Times books reporter Dorany Pineda (that's me!) spent some time in Oakland's Dimond Park talking about joy, hope and violence against Black girls.

'The Trees,' Percival Everett

Everett's satire-inflected literary thriller takes aim at racism and police brutality, beginning with a series of murders in rural Mississippi. Critic Lorraine Berry called the book "a comic horror masterpiece," praising the USC professor's "enormous talent for wordplay. ... He leans on the language of outrage and hyperbole to provoke reactions a history book could never elicit."

'Trust,' Hernan Diaz

"Trust" is a uniquely constructed story — really a set of four tales that contradict one another — set during the 1920s and the Great Depression, focused on a powerful and trou-

bled family in New York City. Critic Hillary Kelly deemed "Trust" a promising and textured work of fiction but ultimately a disappointment, calling it a "wily jackalope of a novel" that "spoofs so much that it winds up spoofing itself. Novels must tell a truth, even when they don't tell the truth," she concludes.

'Oh William!' Elizabeth Strout

"Oh William!" continues Strout's Amgash Series (following "My Name Is Lucy Barton" and "Anything Is Possible"). The novelist, who won a 2009 Pulitzer Prize for "Olive Kitteridge," follows a former couple as they face their pasts and the secrets they kept.

"Oh William!" is like coming home to a sensibility that is so smartly deployed it might go unnoticed," wrote Kelly for the L.A. Times. "Strout does very little here that is new, and that is a notion to celebrate."

'Glory,' NoViolet Bulawayo

NoViolet Bulawayo's latest novel is a rollicking satire about the demise of an oppressive regime and what emerges in its wake. Earlier this year, journalist Andersen Tepper spoke to the Zimbabwean Californian author, whose debut novel, "We Need New Names," was on the 2013 Booker shortlist. They spoke about confronting Zimbabwe's ghosts, trauma and the writer's imperative to "take back our lives."

'Small Things Like These,' Claire Keegan

"Small Things Like These" expands on the Irish novelist's well-established talent for prizewinning short stories of keen social insight. Set during the 1985 Christmas season, the novel follows Bill Furlong, a coal merchant in an Irish village who makes a troubling discovery.

"For all her earlier accolades, 'Small Things Like These,' Keegan's first novel, enters the world this month with the shocking force of a debut," wrote freelance critic Bethanne Patrick. "With its main text running to just 70 pages, it might have been deemed a novella, but it earns the greater designation."

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BESTSELLERS

Publishers Weekly

Tribune News Service

Here are the best-sellers for the week that ended Saturday, July 23, compiled from data from independent and chain bookstores, book wholesalers and independent distributors nationwide, powered by NPD BookScan © 2022 NPD Group.

HARDCOVER FICTION

1. Portrait of an Unknown Woman. Daniel Silva. Harper
2. The 6:20 Man. David Baldacci. Grand Central
3. Shattered. Patterson/Born. Little, Brown
4. The Hotel Nantucket. Elin Hilderbrand. Little, Brown
5. The It Girl. Ruth Ware. Scout
6. Sparring Partners. John Grisham. Doubleday
7. Rising Tiger. Brad Thor. Atria/Bestler
8. The Big Dark Sky. Dean Koontz. Thomas & Mercer
9. Tomorrow, and Tomorrow, and Tomorrow. Gabrielle Zevin. Knopf
10. Grace Under Fire. Julie Garwood. Berkley

HARDCOVER NONFICTION

1. The Power of One More. Ed Mylett. Wiley
2. Journeys Through the Radiant Citadel. Wizards of the Coast
3. Battle for the American Mind. Pete Hegseth. Broadside
4. The Metaverse. Matthew Ball. Liveright
5. Bake. Paul Hollywood. Bloomsbury
6. Atlas of the Heart. Brene Brown. Random House
7. Thank You for Your Servitude. Mark Leibovich. Penguin Press
8. Killing the Killers. O'Reilly/Dugard. St. Martin's
9. Dirtbag, Massachusetts. Isaac Fitzgerald. Bloomsbury
10. The World's Worst Assistant. Sona Movsesian. Plume

MASS MARKET

1. Where the Crawdads Sing (media tie-in). Delia Owens. Putnam
2. It's Better This Way. Debbie Macomber. Ballantine
3. The Summer House. Patterson/DuBois. Grand Central
4. Rich Dad Poor Dad. Robert T. Kiyosaki. Plata
5. Weddings in Orchard Valley. Debbie Macomber. Mira
6. Brannigan's Land. Johnstone/Johnstone. Pinnacle
7. The Return. Nicholas Sparks. Grand Central
8. Complications. Danielle Steel. Dell
9. Notorious. Diana Palmer. HQN
10. The Last Goodnight. Kat Martin. Zebra

TRADE PAPERBACK

1. Verity. Colleen Hoover. Grand Central
2. Reminders of Him. Colleen Hoover. Montlake
3. Where the Crawdads Sing (media tie-in). Delia Owens. Putnam
4. Book Lovers. Emily Henry. Berkley
5. Every Summer After. Carley Fortune. Berkley
6. Things We Never Got Over. Lucy Score. Bloom
7. Apples Never Fall. Liane Moriarty. Holt
8. Malibu Rising. Taylor Jenkins Reid. Ballantine
9. The Love Hypothesis. Ali Hazelwood. Berkley
10. The Dead Romantics. Ashley Poston. Berkley

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'Calling for a Blanket Dance,' by Oscar Hokeah

By Vikas Turakhia
Star Tribune

Oscar Hokeah's accomplished debut, "Calling for a Blanket Dance," at first seems mired in tragedy as it follows the life of Ever Geimausaddle. Narrated by a dozen different characters, though, Hokeah's novel not only tells a story that is ultimately uplifting, but also immerses readers in Oklahoma's Kiowa, Cherokee and Mexican communities.

When Ever is only 6 months old, corrupt police officers brutalize and rob his father, Everardo, and mother, Turtle, while the family is traveling home from Mexico. Everardo's beating nearly kills him, and the money taken from the couple is a life-altering financial hit.

Troubles continue as Ever grows up. Whenever he sees his father's hands shaking and veins

popping, Ever braces, knowing that Everardo "must have wanted to sling him into a wall, or take a thumb tack and stick it into his side." Still, when a social worker moves Ever, his sister Yolanda and Turtle to a battered women's shelter, Ever feels responsible for displacing his family.

In adolescence, Ever's life constantly edges derailment. He mimics his father's violence and gets expelled from school for breaking someone's nose. When he gets a job at a plant nursery, he falls in with a co-worker who brags about his years in the Oklahoma State Penitentiary. The military and a quick marriage offer Ever a temporary escape, but he soon seeks a discharge to help his wife with her meth addiction.

Ever's story serves as a base for those of his extended family, and

throughout, we see mistakes repeated across generations. When Yolanda becomes pregnant at 16, for example, Turtle initially feels powerless listening to Yolanda believe her boyfriend's lies and excuses. Turtle explains, "It made me ashamed, because her father had told me similar lies and empty promises."

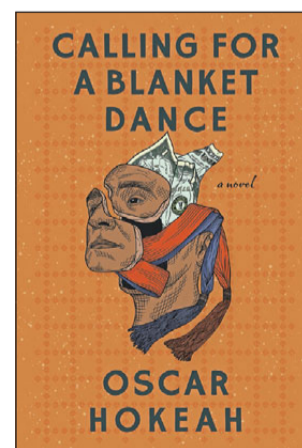
Despite the tragedies that weigh on many of Hokeah's characters — imprisoned parents, alcoholism, drug abuse — "Calling for a Blanket Dance" builds to redemptive moments. Ever's grandfather, Vincent, finds himself "caught somewhere between guilt and self-hatred" when his late-stage cirrhosis is diagnosed, but he works to see if "a failed father" can "redeem himself with the heart of his grandchildren."

Turtle seeks to repair

the divide splitting her and Yolanda when the baby is born, and Ever's own story demonstrates a quiet heroism as he struggles to move beyond his past.

Comparisons to Tommy Orange's "There There" are inevitable, particularly with the similarity of the two engaging Native writers' method of splitting their debut novels among a choir of narrators. Orange's story, though, anchors itself in bold anger at colonial history and the marginalization of Native populations, and much of it is focused on urban Indians making connections to a past forcibly ripped away from them.

In "Calling for a Blanket Dance," the writing is just as powerful, yet the struggles are less existential. Ever and his family aren't looking for a way to define themselves within a



Algonquin Books of Chapel Hill / TNS

"Calling for a Blanket Dance," by Oscar Hokeah.

larger national identity, but they are trying to pry their lives from the forces of generational trauma that shape their community.

"Calling for a Blanket Dance" by Oscar Hokeah; Algonquin Books of Chapel Hill (272 pages, \$26.95)

Vikas Turakhia is an English teacher in Ohio.

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Diners eat inside Debbie's Drive-In on July 1 at Granby, Colorado.

RJ Sangosti / The Denver Post / TNS

'You are coming to a hometown'

This Colorado town is fighting to stay authentic among corporate-run resort destinations

By Bruce Finley
The Denver Post

The Colorado town of Granby on the far side of Rocky Mountain National Park is launching an anti-corporate "independence" identity campaign — fighting to keep local control and protect nature as tourists, recreationists, house hunters and others transform the state.

And Granby leaders have hired an advertising company for "rebranding" around small-town authenticity. Ads in the works build on one shop's slogan: "We have everything you need, but not everything you want," aiming to "turn what's not in Granby into an asset."

This push began July 4 after a Granby Chamber of Commerce survey found residents widely dread replicating Summit County and other commercialized resort areas. Granby (pop. 2,200) sits 86 miles west of Denver at an elevation of 7,935 feet near ski slopes, hot springs, golf courses and mountain hiking trails.

Town leaders are tackling a problem that has bedeviled popular resort areas in mountainous western Colorado for decades: how to save organic local uniqueness as hordes move in and do things differently.

Bright lights, aggressive traffic, big money and overwhelming demands for service transform communities. Tourism and organized recreation that state government agencies promote in Colorado's high country, enticing 86 million visitors a year to spend as much as possible, has coincided with a housing development boom and soaring prices. Displaced workers no longer can afford the rising prices to live and raise children. In Granby and surrounding Grand County, 57% of homes sit vacant — similar to other mountain counties.

'You are coming to a hometown'

Across western Colorado, how to prevent locals from selling out as the broader economy favors becoming a "destination," accelerated during the COVID-19 pandemic, "is a difficult conversation," said Jon Stavney, director of the Northwest Colorado Council of Governments, an association run by leaders of six counties and 30 towns.

"You can say 'no' to

development," said Stavney, a former construction project manager, mayor and county commissioner, suggesting preservation efforts derided as NIMBYism (Not In My Backyard) may reflect well-meaning efforts "by people who care and are really passionate about their places" to protect them.

Granby has retained authenticity "and they are leveraging what is really good about that place," Stavney said. "That's smart."

What worries Granby residents is a shift toward "curated experience" in resorts where activities are professionally designed and prescribed, combined with economics driven by "big box stores" and "restaurants owned by the resort," said Lauren Huber, director of the chamber of commerce.

Granby officials conducting the survey "just kept hearing, over and over, that Granby does not want to become Summit County. We don't want to be a corporate-owned town," Huber said, referring to the high-traffic resorts along Interstate 70.

Ads developed by a Nebraska-based marketing firm will convey that "you are coming to a hometown," she said. "This is where people live. We have our schools here. Every time you come back, you will see the same people. The owners will recognize you."

But could the enterprise of crafting and advertising an image, something corporations do, backfire against an authentic small town wanting to stay that way?

"Good question," Huber said.

'Western-esque' feel

The independence campaign will serve partly as "tourism management," encouraging short stays and spending money that will stay in Granby by offering an alternative to "the amusement park atmosphere" in resorts while preserving space "to truly connect to nature" in a quieter way, she said.

"Disconnect from man-made curated experiences and sit by an alpine lake, let your kids explore nature, and enjoy a simpler life. We are a town of locals who welcome visitors."

Few outside-owned businesses operate on Granby's Main Street, other than a 7-Eleven and gas stations. A City Market grocery

lies at the outskirts. There's no Walmart. A non-government employer, Granby Ranch, operates a ski area, bought two years ago by brothers in St. Louis who, officials said, plan to move to the town. They've partnered with Bode Miller, a former U.S. Olympic ski racer, to develop a ski academy and run the place right.

Ranchers graze cattle around Granby, where lettuce farming in 1920s dwindled after blight hurt soil. In June 2004, a disgruntled auto muffler repair shop owner, feuding with town officials, went on a rampage in a heavily armed bulldozer, demolishing the town hall before dying by suicide. In October 2020, a 193,812-acre East Troublesome fire destroyed 366 houses north of Granby as it burned through Grand County.

Main Street retains what residents describe as a "western-esque" feel, including 1950s motels, contrasting with resort areas closer to Interstate 70. Breckenridge, Vail and other mountain "destinations" now rely on smart phone apps for finding parking and post electronic digital info along roadways to manage visitors arriving from metro Denver.

Family-owned restaurants in Granby likely serve better food than chain restaurants, residents here say. Granby businesses to be featured in the "this is independence" ad campaign include Two Pines Supply, where customers looking for tents are likely to find about 10 varieties compared with 75 in Denver's Recreational Equipment Incorporated, Two Pines owner Chris Olivier said.

"We have enough of the cookie-cutter resort towns in Colorado. We don't need any more," Olivier said. "We are not 'a mountain town.' We are a small town in the mountains," he said, pointing to agricultural and other non-resort enterprises.

"This is not going to be easy. You cannot stop 'progress.' Your hope is to control it as much as possible. Granby is in a unique position to do that," he said. "We want to control the 'progress' as much as possible ... I don't know of any town that has done it."

Preparing for changes

A construction boom in western Colorado reflects rising interest as more and more shoppers, skiers, anglers, hunters, cyclists, campers and others chase good times in the state. Escalating

housing prices — a condo in Granby can cost \$500,000 — have led to vacancy rates from 34% to 71% in 15 western counties, census data show, with displaced workers commuting for hours from affordable areas. Dealing with housing has become "insanely complicated," Olivier said, because only corporations seem to have funds sufficient to install enough low-cost worker units.

Like resorts, Granby relies on foreign student laborers admitted to the country on special visas to help handle tourism surges.

Town manager Ted Cherry has been monitoring changes over the past two years. Owners of homes that previously sat vacant began staying longer during the COVID-19 pandemic as employers discovered benefits of remote working.

And Rocky Mountain National Park's shift to computer-run timed entry and reservation-only camping drove more people into Granby, 20 miles from the park's western gate. "People started realizing Estes Park (on the east side of RMNP) wasn't the only entrance to the park. We started to see significantly more traffic in the summer. That's definitely changed things," Cherry said.

"If the changes are coming, we as a community need to be prepared for those changes."

Granby's small town authenticity push, and ads to convey that, aren't meant to "bash" Summit County and other commercialized resorts — just to be different, said R&J Liquors owner Ed Raegner, who moved to Colorado from New York decades ago and in 2017 bought his store on Main Street.

In Breckenridge, some of the businesses are owned by Vail Resorts, a global mountain resort corporation, Raegner said. The corporation runs them based on marketing research, he said. "People have put thought into what they have that sells, and how they interact with their customers. You could put the same shop in at Breckenridge, Vail, Lake Tahoe — a plug-in place," he said.

"We do need to get people to come here, stop and stay. But you want them to do it for the right reasons. This is about growing in a creative way that is real and more authentic."

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The Altru Cancer Center is the site of biorepository studies, where a team collects specimen samples for breast cancer and colorectal cancer research.

GATHERING THE DATA

Altru conducts biorepository study on breast and colorectal cancer

By Jacob Holley
Grand Forks Herald

Grand Forks

For Ashlee Dagoberg, manager of Altru's research program, the connection to the company's biorepository study is somewhat personal.

"My mother had breast cancer," Dagoberg said. "She went and had a genetic test to see if she had the BRCA 1 and 2 gene, and she didn't."

Altru Health System is using the Altru Cancer Center in Grand Forks to collect specimen samples for research, which is known as a biorepository study. In these studies, researchers scavenge the specimen for biomarkers, which are genes, proteins and other substances providing information about cancer. Its biorepository studies are currently active and open to enrollment.

Dagoberg used her mother as an example to explain how biomarkers work and what they can tell doctors about a

person's genetic prognostics. The BRCA 1 and 2 genes are the most commonly affected in hereditary breast and ovarian cancer patients. According to the CDC, about 3% of breast cancers and 10% of ovarian cancers are caused by inherited mutations in the BRCA1 and BRCA2 genes.

"That was a biomarker that said, 'OK, your family isn't at any increased risk for breast cancer, even though you had it,' because they took a test to see if she had that biomarker, the BRCA 1 and 2 gene in, in her system, and didn't find it," Dagoberg said.

The timeline for the biorepository study is five years. Dagoberg said as Altru begins to accrue patients, they could be asked to come back and provide more samples and additional data throughout the timeline, however it would be unlikely.

So, what makes someone a good candidate for Altru's biorepository studies? Altru is focused on breast and colorectal cancer for the

study due to the volume of patients diagnosed each year with those conditions. Each year, Altru's Cancer Center gets anywhere from 850 to 900 new patients, which it calls its "analytical caseload." Breast cancer patients make up about 15% to 20% of that caseload each year, and colon cancer is around 6% to 8% of it. Dagoberg said Altru has seen colon cancer pop up more in recent years.

"When I started getting into the oncology research here at Altru and found out that cancer was really the second leading cause of death in the state of North Dakota, it really geared me to focus on our oncology research portfolio and what we could start adding, because there's such a high incidence in North Dakota," Dagoberg said.

Dagoberg said biorepository studies have had a presence in research for the past five to 10 years, but their usage has increased recently. She said they are popular because

they're designed for the purpose of creating quality biospecimens.

"If you think of a repository, that's like a centralized storage area," Dagoberg said. "And so these repository studies, they are basically databases, registries and tissue banks all for research purposes."

When a patient agrees to enter into a biorepository research study, researchers collect a biological specimen, usually blood, tissue, urine, sputum, or bone marrow from donors and then takes clinical data and molecular profiling information, which is sent over to the storage areas of the sponsors it is working with, usually biotech or pharmaceutical companies. However, Altru is only taking blood for its biorepository study.

"The (sponsor) that we're working with for the (breast cancer) study, they're looking for 3,000 participants for this," Dagoberg said. "This is a multi-site trial, so we're

not going to have 3,000 Altru patients donating blood for this biorepository protocol, but we can actively participate until that sponsor meets their enrollment numbers."

Dagoberg said Altru will always send information and an informed consent form telling the patient exactly what happens during the study and what to expect from it, including specifying the study is not aiming to treat patients directly for their cancer but to instead analyze it for future diagnostic use.

"I think that we find a lot of people that have had family members that have had cancer or have known someone, or had friends (with it)," Dagoberg said. "This hits close to home, because this is a way that you can do something that can identify the best therapeutic approach for certain cancers or can help with different treatment combinations so people have a great overall survival rate."

Regular health screenings can save lives, even for young and healthy

By Kari Lucin
The Globe

WORTHINGTON, Minn. — Annual wellness checks can save lives, help people avoid health scares and catch small problems before they become major health issues, as a Worthington, Minnesota, man learned recently.

Jose Estanislá Aguirre in 2018 went to Sanford Worthington Clinic for a routine physical that included a blood test, and learned he was prediabetic. Prediabetes often doesn't have any symptoms, and while it can lead to diabetes, it doesn't always.

It was a small change, at first. Aguirre worked nights, and he started feeling thirsty a lot of the time. He'd drink two whole bottles of water a night, and then it started getting worse. He was up to drinking five whole bottles of water a night, and still felt thirsty on his half-hour drive to work every night.

"I say 'this is not normal, I gotta go see a doctor,'" he recalled.

Aguirre visited the clinic in January 2021, where they did more lab work and found he had indeed become diabetic. He was prescribed two medications, but had a reaction to one, which was then stopped. Aguirre also began some home remedies, like eating vegetable smoothies in the morning, and got his blood sugar back



Kari Lucin / The Globe

Jose Estanislá Aguirre stands in front of the Sanford Worthington Clinic, where he learned he had diabetes. He has since worked hard to get his blood sugar down and feels significantly better.

down.

He hasn't lost a lot of weight, but he's switched to working days rather than nights, which has helped. He feels better, and his stress levels have gone down too.

"And I'm more active too, at home," he said.

Now he advises people to make sure to have their annual physicals and screenings.

"Detecting it early can help



Dike

to better control illness," Aguirre said. "If they wait, sometimes it's too late. It will take more to heal or recover." His primary physician, Dr. Charles Dike, said it's pretty common that people don't follow up with their annual wellness checks and screenings, particularly when they

aren't having any symptoms — which is common with issues like prediabetes and high blood pressure.

"It takes time, costs money to see a provider, so it's not something that people like to do, especially in situations where they work during the day," Dike explained. "And they can't afford to take some time off and see a provider for something they're not even sure exists."

Annual physicals are important, but depending on people's age and gender, there are other screenings too. Men age 45 and older need to be screened for colon cancer, and when they reach age 50, they should also be checked specifically for prostate cancer, Dike said.

Women need cervical cancer screenings every three years, starting at age 21, then every five years after that. Mammograms are annual starting at age 40, but those at high risk may need to start them sooner. And they, too, need colorectal cancer screenings.

But even before that, in their 20s, people need to get those routine physicals so they can be screened for diabetes, lipid disorders and thyroid issues.

"That will help to catch some of these ... preventable or treatable diseases early, and that will minimize complications of those diseases," Dike said. "And they will be counseled on weight, diet, exercise and things that will help you improve your health outcomes."

Those screenings are for people who are healthy, too.

"Everyone should realize that it's safer, better, cheaper to make time to see your provider at least once a year. It really is helpful — it is. If you don't need to be seen every year, the provider will tell you," Dike said.

Observation up close

ND refuge provides opportunities to view birding and wildlife

By Masaki Ova
The Jamestown Sun

Pingree, N.D.
Visitors from all over the U.S. and internationally visit the Arrowwood National Wildlife Refuge for opportunities for birding, hunting and observing wildlife and prairie flowers and other recreational activities. “Just this year, there are visitors from all corners of the country,” said Paul Halko, refuge manager at Arrowwood National Wildlife Refuge. “Our furthest visitors this year is we had two birders from Hungary that were traveling through and came and birded on the refuge. We will get international travelers pretty frequently throughout the year.”

The Arrowwood National Wildlife Refuge, which is located about 31 miles north of Jamestown, protects large areas of mixed-grass prairie habitat for waterfowl, shorebirds, sharp-tailed grouse, white-tailed deer, dozens of species of butterflies and many other forms of wildlife, according to its website. The website states much of the refuge is grassland hills and prairie but the James River transects the area, forming a series of lakes.

“It has a lot to offer for a wide variety of users,” Halko said. “The birding opportunities and just the general wildlife observation opportunities are probably the top attraction. We have all kinds of opportunities for photography as well.”

Jamestown Tourism Executive Director Searle Swedlund said the refuge provides the right tools for visitors to see as

many birds as they can during a certain time limit.

“The expertise and customer service out there and their willingness to interact with visitors is second to none,” he said.

Arrowwood National Wildlife Refuge is just shy of 16,000 acres and visitors can check out the site by going on the “extremely popular” auto tour, he said. The auto tour also has an elevated observation deck, and visitors can get out and walk or just stay in their vehicles and drive on the 4 1/2-mile loop that was just opened the first week of July. He said the loop was closed earlier this year because of flooding.

He said Arrowwood also has a 9-mile national recreation trail called the Leg of the Historic Fort Totten Trail where visitors can hike, bike or go horseback riding to observe wildlife.

The refuge also offers boating, canoeing and kayaking opportunities as well. Water bodies on the refuge include Arrowwood, Jim and Mud lakes and the James River.

Halko said boats with a maximum of 25-horsepower motors are allowed. The refuge is closed to all boating from April 1-30 and Oct. 1 to March 31.

The refuge has a visitor center that was built in 2011 that includes different displays on the refuge system, habitat management and the wildlife species on the refuge. The visitor center is open from 8 a.m. to 4 p.m. Monday through Friday.

“It’s gorgeous,” Swedlund said.

Observation opportunities

Birding is a popular activity on the refuge, Halko said. He said 295 species of birds have been documented at

Arrowwood but only 133 are known to nest on the refuge.

The Warbler Woodland Watchable Wildlife Area, which is located on the southeast side of Arrowwood Lake, is a good location to observe and take photos of wildlife, Halko said.

“In the spring, that is a great location to be on the refuge for migrating warblers,” he said. “It’s a popular spot for that. It is just a really nice area to just go and relax and take it in.”

He said the area has picnic tables in a wooded lake-like setting and serves as a location to park vehicles and unload horses.

“If people wanted to launch their kayaks or canoes from there, that’s the place to do it,” he said.

Every season offers different viewing opportunities. Currently, it is the migration season for shorebirds, Halko said.

Visitors can also observe different species of waterfowl such as puddle ducks, diving ducks and geese. He said geese can be seen during the migration seasons in the spring and fall.

The sharp-tailed grouse viewing blinds are very popular on the refuge, he said. He said visitors can reserve viewing blinds called leks, which are the dancing or display grounds for the sharp-tailed grouse, and set them up prior to sunrise.

“Then the grouse basically come to the lek to display in the spring, and it’s part of their breeding ritual,” he said. “Folks come from all over the state and typically adjacent states to utilize those blinds in the spring. That takes place in April and May.”

Swedlund said a volunteer group called Birding Drives Dakota in conjunction with the refuge has done a “remarkable” job of



Photos by John M. Steiner / The Jamestown Sun

A large island on Arrowwood Lake is host to colony-nesting birds such as American white pelicans and double-crested cormorants.



A male red-winged blackbird sits atop a sign reminding visitors to Arrowwood there are many foot-traffic-only trails across the refuge. A great variety of nesting songbirds can be seen during the summer in the various habitats found at the refuge.

defining the elements that are important to birding. He said there are brochures that include what types of birds can be seen or heard and signage on rural roads as well.

“This brochure and signage allows birders to quickly navigate the habitat,” he said. “If you have habitats, usually birds come with that.”

Visitors also enjoy observing the prairie flowers, which the peak bloom for most flowers is in July, Halko said.

“We have in our native prairie landscapes but then we also have large fields of prairie reconstruction that have numerous flower species in them and folks will come out just to see them or take

photographs of them,” he said.

The refuge is open to deer hunting in the fall, Halko said. It’s open during the youth, archery and rifle season.

“Deer hunting definitely attracts people,” he said. “It is a well-known location for deer hunting.”

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New campground offers yet another attraction at famed lighthouse

By Jess Myers
Forum News Service

BEAVER BAY, Minn. — In 1990, elite runner Jane Welzel won Grandma’s Marathon, the 26.2-mile race along the North Shore between Two Harbors in Duluth. It was her first time on the course. A decade later, when Welzel returned to run the race a second time, she recounted that in 1990 she was so focused on the competition that later, when a friend asked what she thought of running along the Lake Superior shore, she replied, “What lake?”

Home of one of Minnesota’s truly iconic man-made structures, Split Rock Lighthouse State Park is similar in a way. One could spend several days there biking along the North Shore, hiking along the rivers that make their way down to the lake, enjoying the stunning views along the rocky beaches and camping in the Minnesota State Park system’s newest place to overnight without ever visiting the actual lighthouse.

But, since 1905 when it opened atop a cliff more than 100 feet above the surface of the lake, Split Rock Lighthouse has been a literal beacon for navigation and now one of the most recognizable symbols of the state. The lighthouse site is property of the Minnesota Historical Society



and requires a separate admission from the park, but is worth the visit for the view and the history.

Prior to 2022, overnight camping at Split Rock was limited to 20 cart-in sites perfect for tenters scattered along the lakeshore. Those are beautiful places to stay for those who like a more rustic camping experience. For those with campers — from pop-ups to the largest and most elaborate homes on wheels — there is a new and stunning place to stay just up the hill from the water. Shipwreck Creek Campground opened recently and features more than 40 campsites with electric and fire pits on-site.

The campground was part of a plan for the park as far back as 1980, but ground was not broken until 2019.

“We tried to preserve everything that we could. There are still a lot of trees and we tried to incorporate as much of the natural landscape as we could into the designs,” said Katie Foshay, the manager at Split Rock. “The campsites



Contributed / The Dyrft

The campground at Split Rock Lighthouse State Park on Minnesota’s North Shore has been ranked the fifth best in the nation, according to The Dyrft, a camping app.

are really kind of tucked into the rock face.”

She noted that the campground is booked nearly 100% of the time. There is a waiting list available in the DNR reservation system where campsites can sometimes be found when there is a cancellation.

On a recent Friday night spent there, the campground was full but never felt crowded. Supper was cooked over the fire and we tucked into sleeping bags as a bright nearly-full moon illuminated the rolling, wooded hills above the lake. After a strenuous afternoon hike to the top of Day Hill, featuring one of the most amazing views in the state, the campground’s new well-appointed shower rooms were a welcome amenity. The campground feels remote, having been created recently,

although Highway 61 runs through the middle of the park, so after midnight all is quiet save for the hooting owls and the occasional passing 18-wheeler.

The morning brought sunshine and more humidity. We slept late, then ate yogurt and granola on the picnic table. A few campers walked their dogs or took strolls around this beautiful site carved out of the thick forest. The campground designers can be credited for some impressive landscape design, creating that many relatively flat campsites in this decidedly uneven topography. But a night there, taking in all of the natural wonders, is a reminder that it was worth the effort.

Notable nearby

When a certain roadside attraction or



Forum Design Center

restaurant becomes a local legend, seemingly mentioned favorably by everyone that passes by, it’s acceptable to be skeptical. Thus was the reaction when friend after friend told us about the wonder of Betty’s Pies, located on Hwy. 61, a few miles north of Two Harbors on the way to Silver Creek Cliff. How good could a small town eatery and its baked goods really be? When we finally stopped in, the dozens of cars that made their way through an active construction zone to fill the park-

ing lot should’ve been a tip-off. We ordered a raspberry rhubarb pie to go, put it in our cooler and didn’t cut it up until we were back home a few hours later. The immediate instinct, two forkfuls in, was to hop in the car for the three-hour drive to buy another pie. Although if you’re willing to pay for shipping, they will send a pie right to your front door. Sometimes, these places are worth the hype.

This article is part of the “Minnesota’s Backyard” series which returned for the summer of 2022.

the Detroit Lakes **Tribune**

ENTERTAINMENT NOW

TV Listings • Streaming • Puzzles

For the week of July 31 - Aug. 6, 2022

Making a monarch

Jessica Raine and Alicia von Rittberg in "Becoming Elizabeth"



One of the most tumultuous chapters in the history of the British monarchy has been blessed with the period drama treatment, reanimating the final Tudor queen's ascension to the throne. "Becoming Elizabeth" airs its Season 1 finale Sunday, July 31 on Starz, highlighting the teenage and young adult life of Elizabeth I, portrayed by "Genius" actress Alicia von Rittberg. Jessica Raine ("The Last Post") and Tom Cullen ("Downton Abbey") also star.

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What is
toenail
fungus?

Renew

Also known as onychomycosis, toenail fungus is a nail disorder that affects over 3 million people in the US each year. It can make nails thick, change their color and shape, make them crumble and break, and can even be painful



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On the Cover

Her royal highness

The last Tudor rises in 'Becoming Elizabeth'

By Sarah Passingham
TV Media

One of the most tumultuous chapters in the history of the British monarchy has been blessed with the period drama treatment, reanimating the final Tudor queen's ascension to the throne. "Becoming Elizabeth" airs its Season 1 finale Sunday, July 31, on Starz, highlighting the teenage and young adult life of Elizabeth I, portrayed by "Genius" actress Alicia von Rittberg.

It is no secret that the ever-changing politics of the court greatly impact the opinions of the head of any monarchy or leadership, and this is precisely from where "Becoming Elizabeth" builds its gripping intrigue. The series begins moments after Elizabeth and her brother Edward, played by young "War of the Worlds" actor Oliver Zetterström, receive news of the death of their father, the notorious Henry VIII.

Next in the line for the throne, 9-year-old Edward is made King of England in 1547 and serves until his death in 1553. He is quickly sidled by his power-hungry uncle, Edward Seymour, portrayed by "Dickensian" star John Heffernan, also known in title as the Duke of Somerset. The boy

king's legacy, meanwhile, remains



king's legacy, meanwhile, remains

John Heffernan and Tom Cullen in "Becoming Elizabeth"

largely tied to his involvement in the English Reformation.

King Edward is remembered for furthering the bloody splintering of the Church of England from the Roman Catholic faith under the Pope to Protestant Christianity, a tradition carried on from his father's ambitions to be the ultimate authority over England. Following Edward is the nine-day reign of his named successor, Lady Jane Grey (Bella Ramsey, "Game of Thrones"), unseated by Mary I (portrayed by Romola Garai, "Atonement," 2007), a Catholic who earned the moniker "Bloody Mary" through her crusade to reverse Edward's Protestant reforms.

This is "Becoming Elizabeth," however, and young Elizabeth craves power and influence of her own. As viewers get to know her in the series, Elizabeth's desires are stunted by the limitations of her status and her naïveté.

After her half-brother is crowned King, Elizabeth is sent to live with her stepmother, King Henry VIII's widow Catherine Parr, portrayed by "The Last Post" actress Jessica Raine, at her home in Chelsea, but she quickly and unknowingly becomes a pawn in Catherine's game with her lover, Thomas Seymour, played by "Downton Abbey" actor Tom Cullen. Typical of the tangled web of British nobility, Thomas is Edward Seymour's brother and they are both brothers to Jane Seymour, the third wife of Henry VIII. (Still following?)

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Planning to keep Elizabeth close while they get what they want, Catherine and Thomas seek a speedy, King-approved marriage while Thomas begins a flirtatious repartee with Elizabeth as a mask for his other ambitions. What begins as manipulation becomes a very real affair between Thomas and Elizabeth, becoming still more complicated when Catherine dies during labor in 1548 and leaves him begging his brother, ever in the King's ear, for permission to marry Elizabeth. This permission is denied.

The picture "Becoming Elizabeth" paints of the eventual queen may seem at odds with the public legacy of the "Virgin Queen," but the title contemporaneously — and now contextually — refers to her lifelong unmarried status and portrayals in the art of the time as god-like. Carrying the weight of having been Anne Boleyn's daughter and having once been determined an illegitimate child of Henry VIII, Elizabeth had to forge her own legacy.

The series creator behind "Becoming Elizabeth," playwright Anya Reiss ("EastEnders"), set out to imagine an Elizabeth Tudor that was of this world, using what we know about her real life.

"I don't think I set out to reshape the way anyone thought about Elizabeth," Reiss told Time magazine of her intentions for the show. "I set out to portray her as a real human person," adding, "People think she's iconic. I wanted to undefy her."

STREAMING THIS WEEK



Tom Sturridge and Kyo Ra in "The Sandman"

By Raye Smith
TV Media

WHAT'S NEW ON NETFLIX

"The Sandman" - Season 1

Fans of author Neil Gaiman and the hit Starz series "American Gods" have a new reason to get excited. Gaiman's "The Sandman" comic book series gets its own small-screen debut Friday, Aug. 5, on Netflix. Weaving together modern myth and dark fantasy, "The Sandman" follows Dream, also known as Morpheus (Tom Sturridge, "On the Road," 2012), the Master of Dreams, who gives shape to everyone's darkest fears and fantasies. But when Dream is captured by a wizard and imprisoned for over a century, he returns to find his realm in ruins. To set things right and restore order to his realm, Dream sets out on a journey through different worlds and timelines, where he encounters old friends and foes, as well as a variety of new beings and entities along the way. Developed for television by Gaiman, David S. Goyer ("The Dark Knight," 2008) and Allan Heinberg ("Grey's Anatomy"), "The Sandman" is directed by Jamie Childs ("His Dark Materials"), Andrés Baiz ("Narcos"), Louise Hooper ("Flesh and Blood"), Mairzee Almas ("Shadow and Bone"), Mike Barker ("The Handmaid's Tale") and Coralie Fargeat ("Revenge," 2017). The series' main cast is rounded out by Kirby Howell-Baptiste ("Killing Eve"), Mason Alexander Park ("Cowboy Bebop"), Donna Preston ("Fantastic Beasts: The Crimes of Grindelwald," 2018), Razane Jammal ("Paranormal"), Joely Richardson ("Nip/Tuck"), Niamh Walsh ("Jamestown"), David Thewlis ("Landscapers"), Patton Oswalt ("A.P. Bio"), Stephen Fry ("The Dropout"), Gwendoline Christie

("Game of Thrones"), Jenna Coleman ("Victoria") and newcomer Kyo Ra.

WHAT'S NEW ON PRIME

"All or Nothing: Arsenal"

Football fans get an exclusive peek into the lives and minds of the players and staff of Arsenal Football Club in the new Prime original miniseries "All or Nothing: Arsenal," premiering its first three episodes on the platform Thursday, Aug. 4. The remaining episodes are set to release on the two following Thursdays, Aug. 11 and 18. Taking an in-depth look at the behind-the-scenes workings of the club, this new addition to the "All or Nothing" family of sports documentaries follows Arsenal through the highs and lows of the 2021-22 season as it tries to turn the team around and fight its way back into the Champions League playoffs. Narrated by Oscar winner Daniel Kaluuya ("Judas and the Black Messiah," 2021), the series features appearances from and exclusive interviews with staff and players, including center-back Ben White, former captain Pierre-Emerick Aubameyang, midfielders Bukayo Saka and Thomas Partey, team manager Mikel Arteta and many more. "All or Nothing: Arsenal" is executive produced by Clare Cameron, John Douglas and Mark Raphael, all of whom previously produced "All or Nothing: Tottenham Hotspur."

WHAT'S NEW ON DISNEY+

"LEGO Star Wars Summer Vacation"

Things are heating up for a summer of fun with the new computer animated special "LEGO Star Wars: Summer Vacation," premiering Friday, Aug. 5, on Disney+. Ready for a much-needed break from intergalactic battles and rescue missions, Finn (voiced by Omar Miller, "Rise of the Teenage Mutant Ninja Turtles") arranges a surprise vacation for his friends Rey (Helen Sadler, "The Sea Beast," 2022), Poe (Jake Green, "LEGO Star Wars Terrifying Tales"), Rose (Kelly Marie Tran, "Raya and the Last Dragon," 2021), Chewie, BB-8, R2-D2 and C-3PO (Anthony Daniels, "Star Wars," 1977) aboard a luxurious Galactic Starcruiser called the Halcyon. But when Finn gets separated from the group, his plan for a relaxing vacation quickly goes awry. As he searches for his friends, Finn encounters the Force ghosts of Obi-Wan Kenobi (James Arnold Taylor, "Star Wars: The Clone Wars"), Anakin Skywalker (Matt Lanter, "Ultimate Spider-Man") and Leia Organa ("Star Wars: Forces of Destiny"), who teach him some valuable lessons. Directed by Ken Cunningham ("LEGO Marvel Adventures: Time Twisted"), "LEGO Star Wars Summer Vacation" is written by David Shane ("The LEGO Star Wars Holiday Special").

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Sports This Week

SUNDAY

- 6:00 a.m. B10 NCAA Football Classics** Illinois vs. Michigan State. -- November 9, 2019.
- 7:00 a.m. B10 NCAA Football Classics** Michigan vs. Rutgers. -- October 4, 2014.
- 7:55 a.m. ESPN F1 Auto Racing** Hungarian Grand Prix (Live)
- 8:00 a.m. B10 NCAA Football Classics** Penn State vs. Minnesota. -- November 9, 2019.
- 8:30 a.m. CNBC Cycling** Tour de France -- Femmes.
- 9:00 a.m. B10 NCAA Football Classics** Purdue vs. Arizona. 2017 Foster Farms Bowl
- 10:00 a.m. B10 NCAA Football Classics** Ohio State vs. Purdue. -- October 20, 2018.
- ESPN2 WATL Axe Throwing** U.S. Open
- 10:30 a.m. ESPN UEFA Soccer** Teams TBA Euro 2022 -- Women's Final. (Live)
- 11:00 a.m. KARE KVLV USAS** Swimming National Championships
- KCCO KXJB PBR Rodeo** Days of '47
- B10 NCAA Football Classics** Notre Dame vs. Michigan. -- September 10, 2011.
- CNBC FIM Motorcycle Racing**
- 12:00 p.m. KCCO KXJB PBR** Bull Riding Team Series
- B10 NCAA Football Classics** Michigan State vs. Michigan. -- November 16, 2019.
- CNBC NRX Rallycross**
- ESPN2 WKTL Knife Throwing**
- 1:00 p.m. KARE KVLV Countdown** to Green (Live)
- 1:30 p.m. KARE KVLV NASCAR** Auto Racing Verizon 200 at the Brickyard -- Cup Series. (Live)
- 2:00 p.m. KCCO KXJB PGA** Golf Rocket Mortgage Classic -- Final Round. (Live)
- B10 NCAA Football Classics** Stanford vs. Michigan State. 2014 Rose Bowl
- CNBC Gymnastics** -- US Classic Men.
- 2:30 p.m. BSNOR Twins** Live Pre-game (Live)
- 3:00 p.m. KMSP KVRR NHRA** Drag Racing Northwest Nationals -- Camping World Series. (Live)
- B10 NCAA Football Classics** Michigan vs. Iowa. -- November 12, 2016.
- BSNOR MLB Baseball** Minnesota Twins at San Diego Padres. (Live)
- 4:00 p.m. B10 NCAA Football Classics** Michigan State vs. Iowa. -- October 30, 2010.
- CNBC Swimming** -- US Swimming National Championships.
- 5:00 p.m. B10 NCAA Football Classics** University of Wisconsin (Madison) vs. Ohio State. 2014 Big-10 Championship
- ESPN Baseball** Tonight (Live)
- 6:00 p.m. ESPN MLB** Baseball Chicago Cubs at San Francisco Giants. (Live)
- ESPN2 A.U. Softball** Teams TBA -- Women's. (Live)
- BSNOR Twins** Live Post-game (Live)
- KOOL WPT Poker** Borgata Classic

- 7:00 p.m. B10 NCAA Football Classics** Ohio State vs. Penn State. -- October 25, 2014.
- BSNOR AVP Beach Volleyball** Teams TBA Hermosa Beach Open
- 8:30 p.m. ESPN2 A.U. Softball** Teams TBA -- Women's. (Live)
- 9:00 p.m. B10 NCAA Football Classics** Ohio State vs. Penn State. -- October 22, 2016.
- 10:00 p.m. B10 NCAA Football Classics** University of Wisconsin (Madison) vs. Nebraska. 2012 Big-10 Championship
- 10:30 p.m. ESPN2 F1 Auto Racing** Hungarian Grand Prix
- 11:00 p.m. B10 NCAA Football Classics** Ohio State vs. University of Wisconsin (Madison). -- October 16, 2010.
- BSNOR WPT Poker** No Limit Hold 'Em
- 12:00 a.m. B10 NCAA Football Classics** Iowa vs. Maryland (College Park). -- October 18, 2014.

- 6:00 p.m. ESPN2 Fitness** World Championship
- 6:30 p.m. BSNOR MLB** Baseball Detroit Tigers at Minnesota Twins. (Live)
- 7:00 p.m. ESPN MLB** Baseball Boston Red Sox at Houston Astros. (Live)
- ESPN2 WKTL Knife Throwing**
- USA WWE Raw** (Live)
- 12:00 a.m. BSNOR MLB** Baseball Detroit Tigers at Minnesota Twins.
- 3:00 a.m. ESPN2 MLB** Baseball Boston Red Sox at Houston Astros.

TUESDAY

- 6:00 a.m. BSNOR MLB** Baseball Detroit Tigers at Minnesota Twins.
- 12:00 p.m. BSNOR Tennis** Citi Open and Silicon Valley Classic -- Men's and Women's Early Round Day 2. (Live)
- 6:30 p.m. BSNOR MLB** Baseball Detroit Tigers at Minnesota Twins. (Live)

THURSDAY

- 6:00 a.m. BSNOR MLB** Baseball Detroit Tigers at Minnesota Twins.
- 9:00 a.m. BSNOR WNBA** Basketball Minnesota Lynx at Seattle Storm.
- 12:00 p.m. BSNOR Tennis** Citi Open and Silicon Valley Classic -- Men's and Women's Second Round. (Live)
- 6:00 p.m. ESPN2 WNBA** Basketball Phoenix Mercury at Connecticut Sun. (Live)
- 6:30 p.m. BSNOR MLB** Baseball Toronto Blue Jays at Minnesota Twins. (Live)
- 7:05 p.m. KARE KVLV NFL** Football Jacksonville Jaguars vs. Las Vegas Raiders. Hall of Fame Game (Live)
- 8:00 p.m. ESPN2 A.U. Lacrosse** Teams TBA -- Women's. (Live)
- 12:00 a.m. BSNOR MLB** Baseball Toronto Blue Jays at Minnesota Twins.
- 5:00 a.m. USA Golf** Women's Open -- Round 2. (Live)

- 12:00 a.m. BSNOR MLB** Baseball Toronto Blue Jays at Minnesota Twins.
- 4:00 a.m. BSNOR WNBA** Basketball Minnesota Lynx at Seattle Storm.

FRIDAY

- 7:00 a.m. USA Golf** Women's Open -- Round 3. (Live)
- 9:00 a.m. CNBC Track & Field**
- 11:00 a.m. KARE KVLV Golf** Women's Open -- Round 3. (Live)
- 11:30 a.m. USA EPL Soccer** Chelsea at Everton. (Live)
- 12:00 p.m. KCCO KXJB BIG3** Basketball Teams TBA (Live)
- 1:00 p.m. B10 NCAA Football Classics** Ohio State vs. Minnesota. -- November 7, 1981.
- BSNOR WTA Tennis** Citi Open -- Semifinal. (Live)
- 1:30 p.m. ESPN2 A.U. Softball** Teams TBA -- Women's. (Live)
- 2:00 p.m. KARE KVLV USAS** Swimming National Championships

- ESPN2 Softball** Teams TBA Junior League World Series -- Final. (Live)
- 5:00 p.m. B10 NCAA Football Classics** Purdue vs. Ohio State. -- October 20, 2012.
- USA NASCAR Xfinity Series** Post-race Show (Live)
- 5:30 p.m. BSNOR Twins** Live Pre-game (Live)
- 6:00 p.m. KMSP MLB** Baseball Cincinnati Reds at Milwaukee Brewers.
- KVRR MLB** Baseball Teams TBA (Live)
- B10 NCAA Football Classics** Ohio State vs. Clemson. 2021 Sugar Bowl
- ESPN UFC** UFC Fight Night -- Preliminaries. (Live)
- ESPN2 CFL Football** Hamilton Tiger-Cats at Toronto Argonauts. (Live)
- BSNOR MLB** Baseball Toronto Blue Jays at Minnesota Twins. (Live)
- 8:00 p.m. B10 NCAA Football Classics** Ohio State vs. University of Wisconsin (Madison). -- October 16, 2010.
- 9:00 p.m. B10 NCAA Football Classics** Michigan vs. University of Wisconsin (Madison). -- October 30, 1993.
- ESPN UFC** UFC Fight Night -- Jamahal Hill vs. Thiago Santos. (Live)
- ESPN2 CFL Football** Edmonton Elks at BC Lions. (Live)
- BSNOR Twins** Live Post-game (Live)
- 10:00 p.m. BSNOR WPT** Poker -- Cash Game.
- 11:00 p.m. B10 NCAA Football Classics** Illinois vs. Penn State. -- October 23, 2021.
- 11:30 p.m. BSNOR Twins** Live Pre-game
- 12:00 a.m. B10 NCAA Football Classics** Illinois vs. Michigan State. -- November 9, 2019.
- BSNOR MLB** Baseball Toronto Blue Jays at Minnesota Twins.
- 1:00 a.m. B10 NCAA Football Classics** Northwestern vs. Minnesota. -- November 1, 2008.
- 2:00 a.m. B10 NCAA Football Classics** Penn State vs. Northwestern. -- November 4, 1995.
- BSNOR Twins** Live Post-game
- 3:00 a.m. BSNOR MLS** Soccer Minnesota United FC at Colorado Rapids.
- 3:30 a.m. B10 NCAA Football Classics** Iowa vs. Illinois. -- November 3, 1990.
- 5:00 a.m. B10 NCAA Football Classics** Maryland (College Park) vs. Minnesota. -- September 30, 2017.
- BSNOR Loons** Live Post-game

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-Jane Goodall



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- BSNOR MLB** Baseball Minnesota Twins at San Diego Padres.
- 1:00 a.m. B10 NCAA Football Classics** Purdue vs. Indiana. -- November 29, 2014.
- 2:00 a.m. B10 NCAA Football Classics** Iowa vs. Indiana. -- November 3, 2012.
- ESPN2 MLB** Baseball San Francisco Giants at Chicago Cubs.
- BSNOR Twins** Live Post-game
- 3:00 a.m. B10 NCAA Football Classics** Northwestern vs. Iowa. -- November 10, 2018.
- BSNOR WNBA** Basketball Minnesota Lynx at Los Angeles Sparks.
- 4:00 a.m. B10 NCAA Football Classics** Northwestern vs. Nebraska. -- November 5, 2011.
- 5:00 a.m. B10 NCAA Volleyball** Central Michigan vs. Michigan State. -- Women's. September 18, 2021.
- 5:30 a.m. BSNOR Twins** Live Pre-game

MONDAY

- 6:00 a.m. BSNOR MLB** Baseball Minnesota Twins at San Diego Padres.
- 9:00 a.m. BSNOR WNBA** Basketball Minnesota Lynx at Los Angeles Sparks.
- 12:00 p.m. BSNOR Tennis** Citi Open and Silicon Valley Classic -- Men's and Women's Early Round Day 1. (Live)
- 1:00 p.m. B10 NCAA Volleyball** Illinois vs. Penn State. -- October 8, 2011.

- 7:00 p.m. ESPN Basketball** Teams TBA The Tournament -- Championship. (Live)
- USA WWE NXT** (Live)
- 8:30 p.m. TBS MLB** Baseball Los Angeles Dodgers at San Francisco Giants. (Live)
- 12:00 a.m. BSNOR MLB** Baseball Detroit Tigers at Minnesota Twins.

WEDNESDAY

- 6:00 a.m. BSNOR MLB** Baseball Detroit Tigers at Minnesota Twins.
- 9:00 a.m. BSNOR WNBA** Basketball Minnesota Lynx at Los Angeles Sparks.
- 12:00 p.m. BSNOR MLB** Baseball Detroit Tigers at Minnesota Twins. (Live)
- 7:00 p.m. ESPN2 Soccer** Leagues Cup -- Los Angeles Galaxy vs. Guadalajara. (Live)
- TBS All Elite Wrestling: Dynamite**
- 9:00 p.m. BSNOR WNBA** Basketball Minnesota Lynx at Seattle Storm. (Live)
- 9:30 p.m. ESPN2 Soccer** Leagues Cup -- Club America vs. Los Angeles FC. (Live)
- 12:00 a.m. BSNOR WNBA** Basketball Minnesota Lynx at Seattle Storm.
- 3:00 a.m. B10 NCAA Soccer** Classics Michigan vs. Ohio State. -- 2021.
- 5:00 a.m. USA Golf** Women's Open -- Round 1. (Live)

FRIDAY

- 6:00 a.m. BSNOR MLB** Baseball Toronto Blue Jays at Minnesota Twins.
- 12:00 p.m. BSNOR Tennis** Citi Open and Silicon Valley Classic -- Men's and Women's Quarter-final. (Live)
- USA NASCAR** Auto Racing Clash at Claremont 150 -- Whelen Modified Tour.
- 2:00 p.m. USA EPL** Soccer Arsenal at Crystal Palace. (Live)
- 6:00 p.m. ESPN PFL** Mixed Martial Arts (Live)
- 7:00 p.m. KMSP KVRR WWE** SmackDown (Live)
- BSNOR MLB** Baseball Toronto Blue Jays at Minnesota Twins. (Live)
- 8:00 p.m. ESPN PLL** Lacrosse Cannons vs. Redwoods. (Live)
- 9:00 p.m. TNT All Elite Wrestling: Rampage**

- KCCO KXJB PGA** Golf Wyndham Championship -- Round 3. (Live)
- WDAY MLS** Soccer Seattle Sounders FC at Atlanta United FC. (Live)
- B10 NCAA Football Classics** Michigan State vs. Indiana. -- October 1, 2016.
- USA Countdown** to Green (Live)
- 2:30 p.m. KAWA** Prairie Sportsman
- USA NASCAR** Auto Racing New Holland 250 -- Xfinity Series. (Live)
- 3:00 p.m. B10 NCAA Football Classics** Indiana vs. University of Wisconsin (Madison). -- December 5, 2020.
- ESPN Baseball** Teams TBA Senior League Championship -- Final. (Live)
- KOOL WPT** Poker Borgata Classic
- 4:00 p.m. KARE KVLV** Horse Racing The Whitney -- Breeder's Cup Challenge Series. (Live)

Word Search Solution



Sudoku Solution

2	7	5	6	1	4	9	8	3
4	3	6	9	2	8	7	1	5
8	9	1	3	5	7	4	6	2
1	5	2	7	4	3	8	9	6
7	4	9	8	6	2	3	5	1
3	6	8	1	9	5	2	4	7
9	1	4	2	3	6	5	7	8
6	8	3	5	7	9	1	2	4
5	2	7	4	8	1	6	3	9

Crossword Solution

W	A	R	D	L	A	M	B	S	L	Y			
P	L	I	E	A	W	O	L	T	A	E			
A	L	E	X	V	S	A	M	E	R	I	C	A	
				S	T	A	T	I	O	N	E	R	Y
A	B	L	E	R	T	A	C	T					
F	A	I	R	Y		H	E	P	T	O			
R	E	N								R	I	M	
O	R	G	A	N		O	G	I	V	E			
				N	E	B	O	D	A	M	O	N	
				M	I	D	W	E	S	T	E	R	N
M	E	D	I	T	E	R	R	A	N	E	A	N	
U	S	O		O	B	I	E		E	S	T	A	
M	A	L		N	E	C	K		R	S	V	P	

Feature Story

By Dana Simpson
TV Media

Coming-of-age stories the world over mark the transition from childhood to maturity. But stories that once placed the focus on young white boys are changing with the times, and "Reservation Dogs" is one series that places the focus elsewhere. Back for more crime, comedy and small-town chaos, the FX

series premieres its second season with two new episodes on Hulu Wednesday, Aug. 3.

First released in August of last year, the premiere season of "Reservation Dogs" attracted attention for its dry, biting humor highlighting the dark themes running through the lives of the show's main characters. Across each of Season 1's eight half-hour episodes, cameras follow a group of Indig-

enous American teenagers who are desperately trying to escape their reservation in eastern Oklahoma.

Created by American documentary filmmaker Sterlin Harjo ("Gather," 2020), who is a member of the Seminole Nation and grew up in Oklahoma himself, and big-name Kiwi director/writer/producer Taika Waititi ("What We Do in the Shadows"), "Reservation Dogs" strikes a balance

between absurd comedy and relatable reality; all very much on-brand for Waititi.

While the "Thor: Love and Thunder" (2022) director brings levity to the series, it's thanks to Harjo's lived experience and interest in Indigenous stories across the United States that "Reservation Dogs" remains impactful despite the laughs. Both filmmakers' styles are vastly different, but it's the combination

of the two that makes the FX series a true gem.

The series begins with a food truck theft set to the grunge soundtrack of "I Wanna Be Your Dog" by The Stooges. What at first appears to be four teenagers looking to break their cycle of boredom by getting into trouble quickly takes on a more serious tone as viewers learn it has been one year since the death of one of their close friends, Daniel.

Determined not to let their reservation get the better of them as it did Daniel (new talent Dalton Cramer), Bear (Cree Canadian actor D'Pharaoh Woon-A-Tai, "Beans," 2020), Elora Danan (Mohawk Canadian actress Devery Jacobs, "American Gods"), Willie Jack (Sioux Canadian actress Paulina Alexis, "Ghostbusters: Afterlife," 2021)

Continued on page 14

Sunday Daytime

A: Arvig - Detroit Lakes/Perham; B: Arvig - Park Rapids;
C: Charter -Wadena/Park Rapids; D: DISH; E: DirectTV

JULY 31

	A	B	C	D	E	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30	
KWCM	2	-	-	-	-	C.George	D.Tiger	Donkey	Elinor W	Sesame St.	Pinka-Peter	Dinosaur T.	Cyberchase	ToCont (N)	The Green Planet	Austin City Limits	Chef's Life	Craft in America				
KXJB	4	-	-	4	4	CBS Sunday Morning (N)			Face the Nation (N)	Inv.TV	Rodeo PBR Days of '47	Bull Riding PBR	PGA Tour Special (N)	Golf PGA Rocket Mortgage Classic (L)								
WDAY	6	-	-	6	6	This Week (N)		Christian Worship Hour	Investment	Mass	Messiah Lutheran	Winter X Games 1/4	Winter X Games 2/4	Winter X Games 3/4	Winter X Games 4/4							
KCCO	7	7	-	-	-	CBS Sunday Morning (N)			Face the Nation (N)	News	Rodeo PBR Days of '47	Bull Riding PBR	PGA Tour Special (N)	Golf PGA Rocket Mortgage Classic (L)								
CW	9	-	-	-	-	InTouch	KeyDavid	Mass	Manna	Paid	Paid	Paid	Paid	Black-ish	*** Witness ('85) Kelly McGillis, Harrison Ford.	American Ninja 1/2						
KVRR	10	4	-	15	15	Fox News Sunday (N)	MainStreet	This Life	Market	Market	Market	Market	Market	TMZ (N)	Queens	Seinfeld	Fam. Feud	Fam. Feud	Drag Racing NHRA			
KVLY	11	-	-	11	11	Meet the Press (N)	Ag PhD	Voyager	VetsSav.	Paid	Swimming USAS National Championships	Countdown	Auto Racing NASCAR Verizon 200 at the Brickyard (L)									
KFME	13	-	-	13	13	Mr. Rogers	Peg + Cat	Super WHY	WordGirl	Cat/ Hat	Outdoors	OpenMind	P.Square	History	Tell Me	POV "Winter's Yearning"	Independent Lens	Steves'	Traveler			
KMSP	-	9	9	-	-	Fox News Sunday (N)		Fox 9 Morning (N)	Fox 9 Morning (N)	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Drag Racing NHRA		
KARE	-	11	11	-	-	Sunday Today (N)		Meet the Press (N)	Joel Osteen	Time Grace	Swimming USAS National Championships	Countdown	Auto Racing NASCAR Verizon 200 at the Brickyard (L)									
KAWE	-	13	-	-	-	C.George	Wimee	America	W.Week	Bemidji	Lawrence Welk Show	Polka Party	Cook's	Paint	Lidia's Kit.	Fly Fishing	Heartland	Wood Shop	Lakes Area			
FREE	16	16	31	180	311	(7:30) *** Spider-Man ('02) Tobey Maguire.		(10) *** Spider-Man 2 (2004,Action) Kirsten Dunst, Tobey Maguire.		(15) *** Spider-Man 3 (2007,Action) Kirsten Dunst, Tobey Maguire.												
BSNOR	17	17	29	436	668	Outdoors	Outdoors	Passion (N)	Rooster	Angling	P1 Racing	Polaris (N)	Larry Smith	American Ninja 2/2	American Ninja 1/2	Inside	Pre-game	Baseball MLB (L)				
NEWSN	19	19	8	235	307	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man
HALL	21	21	78	185	312	(7:00) * Picture a Per... * Write Before Christmas ('19) Torrey DeVitto.		* Christmas in Toyland ('22) Vanessa Lengies.		* Christmas Under Wraps		* My Christmas Famil...										
AMC	22	22	42	131	254	Movie	*** Draft Day (2014,Sport) Jennifer Garner, Kevin Costner.	*** Moneyball (2011,Biography) Robin Wright, Brad Pitt.		*** Pearl Harbor ('01) Ben Affleck.												
USA	23	23	59	105	242	Law & Order: S.V.U.	Law&Order: SVU "Pure"	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.
UKIDS	24	24	107	-	295	Comelomon	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear	Trolls: Beat Goes On	Trolls: Beat Goes On	
CNN	25	25	34	200	202	State of the Union (N)	Fareed Zakaria GPS (N)	Reliable Sources (N)	State of the Union	Fareed Zakaria GPS	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Acosta (N)		
FNC	26	26	57	205	360	(5:00) Fox & Friends	SundayMorningFutures	MediaBuzz	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)	FOX News Live (N)		
TNT	27	27	36	138	245	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans	NCIS: New Orleans
ID	29	29	12	192	285	Wonderland	Wonderland	Wonderland	Wonderland	Wonderland	Wonderland	Wonderland	Wonderland	Murder in the Heartland	Murder in the Heartland	Murder in the Heartland	Murder in the Heartland	Murder in the Heartland	Murder in the Heartland	American Monster		
ESPN	30	30	27	140	206	(:55) Auto Racing F1 Hungarian Grand Prix (L)	SportC (N)	Soccer UEFA Euro 2022 Site: Wembley Stadium (L)	The Captain	The Captain	The Captain	The Captain	The Captain	The Captain	The Captain	The Captain	The Captain	The Captain	The Captain	The Captain	The Captain	The Captain
ESPN2	31	31	28	143	209	SportsCenter (N)	SportsCenter (N)	Axe Throwing WATL U.S. Open	Knife Throwing WKT	ESPN Films	Cornhole											
A&E	33	33	46	118	265	Flipping Vegas	Zombie House Flipping	Zombie Flip. "Brown"	Zombie House Flipping	*** A Good Day to Die Hard ('13) Bruce Willis.	*** The Accountant ('16) Ben Affleck.											
TLC	34	34	45	183	280	Seeking Sister Wife	Seeking Sister Wife	Seeking Sister Wife	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	I Love a Mama's Boy	90 Day Fiancé		
DISC	35	35	35	182	278	Great White Open Ocean	Shark	Shark Women	Jaws vs. the Blob	Air Jaws: Top Guns	Shark House	Jaws vs. Kraken	NakedAndAfraidXL (N)									
TBS	36	36	22	139	247	Amer. Dad	Amer. Dad	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
CNBC	37	37	41	208	355	Paid	Cycling Tour de France	Motorcycle Racing FIM	Rallycross NRX	Gymnastics												
FBN	38	38	72	206	359	Wall Street	WSJ/ Baker	Barron	Wall Street	WSJ/ Baker	Barron	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
GAC	39	39	177	165	326	Full House	(:35) F.House	(:10) F.House	(:50) F.House	(:25) Full House	Full House	(:35) F.House	(:10) F.House	(:50) F.House	(:25) Full House	Full House	Full House	(:35) F.House	(:10) F.House	(:50) F.House		
FX	40	40	49	136	248	(7:30) *** Breakthrough ('19) Topher Grace.	*** Pitch Perfect 2 ('15,Com) Rebel Wilson, Anna Kendrick.	*** Pitch Perfect 3 ('17) Anna Kendrick.	*** Instant Family													
LIFE	41	41	30	108	252	Joel Osteen	Paid	* Picture Perfect Lies ('21) Laurie Fortier.	* A Daughter's Deception ('19) Jade Harlow.	* Nightmare Neighborhood Moms Gina Simms.	* Do You Trust Your ...											
BIG10	42	42	16	405	640	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA
SYFY	44	44	40	122	244	(7:00) *** Harry Potter and the Chamber of Secrets	(:45) *** Harry Potter and the Prisoner of Azkaban Daniel Radcliffe.	(:45) *** Harry Potter and the Goblet of Fire														
MSNBC	45	45	58	209	356	Velshi (N)	The Sunday Show with Jonathan Capehart (N)	Alex Witt Reports (N)	Alex Witt Reports (N)	Yasmin Vossoughian (N)	Yasmin Vossoughian (N)	Symone (N)										
EI	46	46	44	114	236	Last Man	*** Speed (1994,Action) Sandra Bullock, Keanu Reeves.	*** The Fast and the Furious ('01) Vin Diesel.	*** Too Fast Too Furious ('03) Paul Walker.	Movie												
FOOD	47	47	62	110	231	Pioneer	Pioneer	Pioneer	Pioneer	GirlFarm	Cooking	M.Brown	M. Brown	The Kitchen	Beachside Brawl	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay
TOON	49	49	47	176	296	Victor/Victor	Victor	Victor/Victor	Victor/Victor	WeBears	WeBears	Drama	Drama	BareBear	BareBear	WeBears	WeBears	Drama	Drama	Drama	Drama	Drama
TRAV	50	50	50	196	277	Man/Food	Man/Food	Man/Food	Man/Food	Man/Food	Man/Food	Woods are Haunted	Woods are Haunted	Woods are Haunted	Woods are Haunted	Woods are Haunted	Woods are Haunted	Woods are Haunted	Woods are Haunted	Woods are Haunted	Woods are Haunted	Woods are Haunted
TRUTV	51	51	51	242	246	World's Dumbest...	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
NGEO	52	52	69	186	276	700 Sharks	Sharkcano	Shark Attack Exp	Ramsay's Shark Bait	Shark Queens	Cannibal Sharks	Shark Gangs	Paige Winter									
ANPL	53	53	53	184	282	Rescue Dog/ Sup. Dog	Rescue Dog/ Sup. Dog	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mechashark	
DISNEY	54	54	60	172	290	BigCity	Chibiverse	Miraculous	Miraculous	BigCity	BigCity	Miraculous	Miraculous	Miraculous	Miraculous	Villains	Villains	Jessie	Jessie	BigCity	BigCity	
BRAVO	68	68	67	129	237	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Kandi & The Gang	Married to Medicine	Married to Medicine			
HIST	69	69	54	120	269	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars		
HGTV	70	70	55	112	229	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Dream H.	Dream H.	Dream H.	Dream H.	
KOOL	615	48	-	-	-	(7:30) FamR.	Ag PhD	B.Graham	Winner's	MusicW.	Studio 5	News	Salvation Today	* The Brain That Wouldn't Die ('59)	Machine	Week AgriBusiness	AGWeek					

Sunday Best Bets

Who Do You Think You Are?

KARE KVLY 6:00 p.m.

"Chuck" actor Zachary Levi gets the chance to trace his family tree and explore his personal history in a new episode of this Primetime Emmy-winning docuseries. Along the way, he unearths a story of trauma that has been passed down through generations.

Married to Medicine

BRAVO 8:00 p.m.

Heavenly grapples with changing her ways in the aftermath of her intervention in this reality series' newest episode. Also, Contessa must decide whether or not to let go of one of her closest friendships and Anila tries to juggle her work and her kids.



Michael Strahan hosts "The \$100,000 Pyramid"

The \$100,000 Pyramid

WDAY 9:00 p.m.

Host Michael Strahan guides the action as celebrity guests Tayshia Adams, Matt James, Wendi McLendon-Covey and Thomas Lennon team up with contestants who want to win big money in a new episode of this updated version of the classic game show.

Mexico Life

HGTV 9:30 p.m.

A couple is looking for a home in Riviera Nayarit on Mexico's West Coast in this new episode. Aiming to spend more time with their daughter following the move, the pair also hope to generate a bit of rental income when they are not living there.

Sunday Evening

A: Arvig - Detroit Lakes/Perham; B: Arvig - Park Rapids;
C: Charter -Wadena/Park Rapids; D: DISH; E: DirectTV

JULY 31

	A	B	C	D	E	4 pm	4:30	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30	
KWCM	2	-	-	-	-	Nova		News (N)	W.Week	Antiques Roadshow		In Their Own Words		Masterpiece (N)		Cobra (N)		Austin City Limits		In Their Own Words		
KXJB	4	-	-	4	4	(2:00) Golf PGA		News (N)	Media	60 Minutes		Big Brother (N)		The Equalizer		NCIS: LA "Subject 17"		News (N)	(:35) SEAL Team		M.Crimes	
WDAY	6	-	-	6	6	Paid	Paid	News (N)	News (N)	Funniest Home Videos		Celebrity Fam. Feud (N)		The Final Straw (N)		\$100,000 Pyramid (N)		News (N)	(:35) North	AGWeek	(:35) Paid	
KCCO	7	7	-	-	-	(2:00) Golf PGA		News (N)	News	60 Minutes		Big Brother (N)		The Equalizer		NCIS: LA "Subject 17"		News (N)	(:35) News	(:05) Osteen	(:35) David J.	
CW	9	-	-	-	-	Highway Thru Hell		BobBrg	Family Guy	MacGyver		Riverdale (SF) (N)		Penn & Teller: Fool Us		Goldberg	*** Summer Rental ('85) Rip Torn, John Candy.				MovieTV	
KVRR	10	4	-	15	15	(3:00) Drag Racing NHRA Northwest Nationals (L)		Beat Shazam		Beat Shazam		Simpsons	North	BobBrg	Family Guy	KVRR Local News (N)		Sheldon	Sheldon	Last Man	Modern	
KVLY	11	-	-	11	11	(1:30) Racing NASCAR		Paid	News (N)	Think You Are (N)		Weakest Link		America's Got Talent "Auditions 7"				News (N)	HoleOne	Inv.TV	TheSong	
KFME	13	-	-	13	13	Travel	Backyard	P.Mosaic	News (N)	Lawrence Welk Show		In Their Own Words		Masterpiece (N)		Cobra (N)		Open Mind	P.Square	History	Tell Me	
KMSP	-	9	9	-	-	(3:00) Drag Racing NHRA Northwest Nationals (L)		Beat Shazam		Beat Shazam		Simpsons	North	Bridge		FOX 9 at 9:00 p.m. (N)		News (N)	(:35) Sports	BobBrg	Family Guy	
KARE	-	11	11	-	-	(1:30) Racing NASCAR		News (N)	News (N)	Think You Are (N)		Weakest Link		America's Got Talent "Auditions 7"				News (N)	Minnesota	(:05) Ent. Tonight (N)		
KAWE	-	13	-	-	-	Opinion	Cvl Dscrse	Bolder	Healthy	PBS News	Harvest	In Their Own Words		Masterpiece Mystery!		Cobra		Native	Ground		Charlie Bee Company	
FREE	16	16	31	180	311	Movie	***** Spider-Man: Into the Spider-Verse Shameik Moore.					(:10) *** National Treasure (2004,Adventure) Diane Kruger, Nicolas Cage.					(:20) *** National Treasure: Book of Secrets					
BSNOR	17	17	29	436	668	(3:00) Baseball MLB Minnesota vs San Diego (L)		Post-game	Destination	Beach Volleyball AVP Hermosa Beach Open				The Rally Rewind (N)				18 Holes	Swing		Poker WPT	
NEWSN	19	19	8	235	307	Last Man	Last Man	Last Man	Last Man	NewsNation Prime (N)		NewsNation Prime (N)		NewsNation Prime (N)		NewsNation Prime		NewsNation Prime		NewsNation Prime		
HALL	21	21	78	185	312	(3:00) * My Christmas...		** Christmas at Castle Hart Lacey Chabert.		* A Very Merry Bridesmaid ('21) Emily Osment.				* A Splash of Love (2022,Romance)						G. Girls	G. Girls	
AMC	22	22	42	131	254	(2:00) * Pearl Harbor		*** Forrest Gump (1994,Comedy/Drama) Sally Field, Tom Hanks.		Show Me More (N)				*** Law Abiding Citizen ('09,Cri) Gerard Butler, Jamie Foxx.							Movie	
USA	23	23	59	105	242	Law & Order: S.V.U.		Law & Order: S.V.U.		Law & Order: S.V.U.		Law & Order: S.V.U.		Law & Order: S.V.U.		Law & Order: S.V.U.		Law & Order: S.V.U.		Law & Order: S.V.U.		
UKIDS	24	24	107	-	295	Cocomelon		Cocomelon		Dinotrux	Dinotrux	Dinotrux	Dinotrux	Dinotrux	Dinotrux	Trolls: Beat Goes On		Trolls: Beat Goes On		Trolls: Beat Goes On		
CNN	25	25	34	200	202	CNN Acosta (N)		CNN Brown (N)		CNN Brown (N)		Patagonia Life on Ed		Patagonia Life on Ed (N)		United Shades (N)		Patagonia Life on Ed		Patagonia Life on Ed		
FNC	26	26	57	205	360	The Big Sunday Show		Fox Report		Sunday Night		Life, Liberty & Levin		The Next Revolution		Sunday Night		Life, Liberty & Levin		The Next Revolution		
TNT	27	27	36	138	245	(2:45) * Men in Black 3		*** Independence Day (1996,Sci-Fi) Bill Pullman, Will Smith.		Animal Kingdom (N)		Animal Kingdom		Animal Kingdom		* Star Wars: Episode I - The Phantom Menace						
ID	29	29	12	192	285	American Monster		American Monster		American Monster		Evil Lives Here		American Monster (N)		Evil Lives Here (N)		With Paula Zahn		American Monster		
ESPN	30	30	27	140	206	The Captain		Baseball Tonight (L)		Baseball MLB Chicago Cubs at San Francisco Giants Site: Oracle Park (L)				SportsCenter (N)		SportsCenter (N)					SportsCent.	
ESPN2	31	31	28	143	209	(3:00) Cornhole		SportsCenter (N)		Softball A.U. (L)		PFL 2022		Softball A.U. (L)							Auto Race F1 Hungarian Grand Prix	
A&E	33	33	46	118	265	(2:00) * The Accounta...		Biography: WWE Legends "Mick Foley"		Biography: WWE Legends "Kurt Angle" (N)				WWE Rivals (N)		WWETalk		WWETrs		(:05) Biography: WWE		
TLC	34	34	45	183	280	90 Day Fiancé		90 Day Fiancé "Last Sip Single"		90 Day Fiancé (N)				IloveaMama'sBoy (N)		(:05) 90 Day Fiancé (N)		90 Day Fiancé				
DISC	35	35	35	182	278	(3:00) Naked Afraid (N)		NakedAndAfraidXL (N)		NakedAndAfraidXL (N)		Naked and Afraid XL (N)				Naked and Afraid		Naked and Afraid		Naked and Afraid XL		
TBS	36	36	22	139	247	(3:45) *** The Proposal ('09) Sandra Bullock.		BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	LoveLife		*** The Proposal ('09) Sandra Bullock.				Movie
CNBC	37	37	41	208	355	Swimming		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Undercover Boss
FBN	38	38	72	206	359	Paid Program		SundayMorningFutures		Kudlow		To Be Announced		To Be Announced		To Be Announced		To Be Announced		To Be Announced		Paid Program
GAC	39	39	177	165	326	(:25) Full House		Full House	(:35) F.House	(:10) F.House	(:50) F.House	(:25) Full House		Full House	(:35) F.House	(:10) F.House	(:50) F.House	(:25) Full House		Full House	(:35) F.House	
FX	40	40	49	136	248	(2:30) * Instant Family		** Horrible Bosses ('11) Jason Bateman.		* Bad Boys for Life (2020,Action) Martin Lawrence, Will Smith.		* Bad Boys for Life (2020,Action) Martin Lawrence, Will Smith.		* Bad Boys for Life (2020,Action) Martin Lawrence, Will Smith.								
LIFE	41	41	30	108	252	(3:00) * Do You Trust...		* Lies My Sister Told Me Nicole Marie Johnson.		* Lies Between Friends ('22) Matreya Scarrwener.		(:05) *** The Proposal ('09) Sandra Bullock.		* Lies Between Friends								
BIG10	42	42	16	405	640	Football Classics NCAA		Football Classics NCAA		Big Ten Elite		Football Classics NCAA		Big Ten Elite		Football Classics NCAA		Football Classics NCAA		Football Classics NCAA		
SYFY	44	44	40	122	244	(1:45) * Harry Potter ...		(:10) *** Harry Potter and the Order of the Phoenix Daniel Radcliffe.		(:10) *** Harry Potter and the Half-Blood Prince ('09) Daniel Radcliffe.											Movie	
MSNBC	45	45	58	209	356	PoliticsNation (N)		American Voices (N)		American Voices (N)		Mehdi Hasan (N)		Ayman (N)		Meet the Press Film Festival						Dateline "The Target"
E!	46	46	44	114	236	(3:45) *** Fast and Furious ('09) Vin Diesel.		*** Fast Five (2011,Action) Paul Walker, Vin Diesel.								Mathis (N)	Modern	Modern	Modern	Modern	Modern	Modern
FOOD	47	47	62	110	231	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Alex vs. America (N)		Alex vs. America (N)		Supermarket Stakeout		Alex vs. America		
TOON	49	49	47	176	296	Drama	Drama	** Rampage ('18) Dwayne Johnson.		BobBrg	BobBrg	Futurama	Futurama	Amer. Dad	Amer. Dad	Morty	Morty	Tuca (N)		Birdgirl		
TRAV	50	50	50	196	277	Woods are Haunted		Woods are Haunted		Alaskan Killer Bigfoot		Alaskan Killer "S.O.S."		Alaskan Killer Bigfoot		Alaskan Killer (N)		Bigfoot: Fear		Alaskan Killer "S.O.S."		
TRUTV	51	51	51	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	101 Places	101 Places	InsideJoke	InsideJoke	
NGEO	52	52	69	186	276	Shark vs. Surfer		Shark Beach		Showdown (N)		Showdown (N)		Showdown (N)		Showdown (N)		Showdown "Will vs. Skill"		Showdown		
ANPL	53	53	53	184	282	Extinct or Alive		LandLostSharks		Great White-Killer		Walking Sharks (N)		EctinctJawsAlaska (N)		Jaws vs. Kraken (N)		White Battleground (N)		IslandWalkingSharks		
DISNEY	54	54	60	172	290	BigCity	BigCity	BigCity	BigCity	** High School Musical ('06) Zac Efron.		Villains	(:45) Violet	(:10) Bunk'd	(:35) BigCity	BigCity	BigCity	BigCity	BigCity	BigCity	Chiverse	
BRAVO	68	68	67	129	237	Married to Medicine		Housewives Atlanta		Housewives Atlanta		Housewives Atlanta (N)		Married to Medicine (N)		Watch (N)		Housewives Atlanta		Married to Medicine		F. Karma
HIST	69	69	54	120	269	Pawn Stars		Pawn Stars		Colosseum		Colosseum		Colosseum (N)		Ancients	Ancients	(:05) Colosseum		(:05) Colosseum		
HGTV	70	70	55	112	229	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	UglyHome	UglyHome	Renovation Island (N)		Bargain (N)	Mexico (N)	Renovation Island (N)		Renovation Island		
KOOL	615	48	-	-	-	U.S. Farm Report		Heartland	Small Town	Poker WPT		Greater Minnesota Now		America	Renovated	*** Royal Wedding ('51) Jane Powell.		Unseen		Today		

Hollywood Q&A

By Adam Thomlison
TV Media

Q: Are they (whoever "they" are) still making new episodes of "Lip Sync Battle"?

A: There was never an official announcement, but it looks like the "they" behind "Lip Sync Battle" have moved on.

The faces of the show were always rap legend L.L. Cool J and supermodel Chrissy Teigen, both

of whom have gone on to other shows since it last aired in 2019 — two shows in Cool J's case (and both sound a lot like "Lip Sync Battle").

He recently signed on for CBS's "Superfan," which is also a celebrity-driven musical series. It's not clear how much of a commitment he's made to this one — the premise centers on pairing popular artists with their self-described biggest fans and it seems like

Cool J is just involved as an artist this time, rather than as the host. There's no word on a premiere date yet.

He's also involved in another new reality competition show called "Come Dance With Me." This one's already on the air, but Cool J's not — he serves as creator and executive producer alongside his "NCIS: Los Angeles" co-star Chris O'Donnell. This show teams professional dancers with

untrained members of their own families to compete for a big prize.

Teigen, meanwhile, has gone in the opposite direction, inching closer to center stage in her show "Chrissy's Court." She stars (of course) on the Roku Channel series, adjudicating actual small claims cases. The show debuted in 2020 and was recently renewed for a third season.

All this — plus the fact that

it hasn't aired new episodes in more than three years — spells bad news for "Lip Sync Battle," but we always knew it wouldn't last forever. At some point, it gets hard to find new celebrities willing and able to do a lavish lip-sync performance on TV.

Have a question? Email us at questions@tvtabloid.com. Please include your name and town. Personal replies will not be provided.



L.L. Cool J in "Lip Sync Battle"

Weekday Daytime

A: Arvig - Detroit Lakes/Perham; B: Arvig - Park Rapids; C: Charter - Wadena/Park Rapids; D: DISH; E: DirectTV

AUGUST 1 TO AUGUST 5

	A	B	C	D	E	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30
KWCM	2	-	-	-	-	C.George	D.Tiger	Donkey	Elinor W	Sesame St.	Pinka-Peter	Dinosaur T.	Clifford	Sesame St.	Donkey	D.Tiger	Let's Go	Nature Cat	Wild Kratts	Alma	Xavier
KXJB	4	-	-	4	4	(7:00) CBS Mornings	Media	Media	The Price Is Right	Young & Restless	News	Bold & B.	The Talk	Let's Make a Deal	Hot Bench	Hot Bench					
WDAY	6	-	-	6	6	(7:00) GM America	Live	The View	The Rachael Ray Show	You Need to Know	General Hospital	Tamron Hall	The Doctors								
KCCO	7	7	-	-	-	(7:00) CBS Mornings	WCCOMorning	The Price Is Right	Young & Restless	News	Bold & B.	The Talk	Let's Make a Deal	Dr. Phil							
CW	9	-	-	-	-	The Steve Wilkos Show	Maury	The Nick Cannon Show	Paid	Paid	Black-ish	Judge Jerry	Judge Jerry	Divorce							
KVRR	10	4	-	15	15	KVRR Local News	Fam. Feud	Fam. Feud	Access Daily	TMZ	Pat. Court	The People's Court	Drew Barrymore	DailyMail	DailyMail	Last Man	Modern				
KVLY	11	-	-	11	11	(7:00) Today	North Dakota Today	Today III	Today - Hoda - Jenna	Days of Our Lives	Judge Judy	Judge Judy	Kelly Clarkson	Ellen DeGeneres							
KFME	13	-	-	13	13	C.George	D.Tiger	Donkey	Elinor W	Molly	Pinka-Peter	Dinosaur T.	Clifford	Sesame St.	Camp TV	Hero Ele	Let's Go	Nature Cat	Wild Kratts	Alma	Xavier
KMSP	-	9	9	-	-	FOX 9 Morning	(:55) FOX 9 Good Day	The Jason Show	FOX 9 News at 11	Wendy Williams	The Nick Cannon Show	M Vikings/TMZ Live!	Your Life	Your Life							
KARE	-	11	11	-	-	(7:00) Today	Today III	Today - Hoda - Jenna	Live	Days of Our Lives	The Rachael Ray Show	Daily Blast	Daily Blast	Inside Ed.	ET						
KAWE	-	13	-	-	-	C.George	D.Tiger	Donkey	Elinor W	Sesame St.	Pinka-Peter	Dinosaur T.	Various	Stretch	Various	D.Tiger	Let's Go	Nature Cat	Wild Kratts	Alma	Xavier
FREE	16	16	31	180	311	The 700 Club	700 Club	Various	Middle	Movie	Movie	Movie	Movie	Movie	F Fam.Guy	Pixels	Various	Movie	F Fam.Guy	F Fam.Guy	Office
BSNOR	17	17	29	436	668	Post-game	Various	Various	F Outdoors	P1Race	P1Race	LiveLine	W Pre-game	Tennis / W Baseball						W Postgame	W TheRally
NEWSN	19	19	8	235	307	Morning in America	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods
HALL	21	21	78	185	312	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	Movies	Movies	Movies	Movies	Movies	Movies	Movies	Movies	Movies	Movies
AMC	22	22	42	131	254	Various	Various	M Law Abiding Citizen	Movie	W National Lampoon's...	Movie	Movie	F Gladiator	W National Lampoon's...	Movie	Movie	W Beetlejuice				
USA	23	23	59	105	242	M Chicago/Tu W SVU	M Chicago/Tu W SVU	M Chicago/Tu W SVU	M Chicago/Tu W SVU	M Chicago/Tu W SVU	M Chicago/Tu W SVU	Chicago/ SVU/ Racing	Chicago/ SVU/ EPL Live	Chicago/ SVU/ Soccer	M Chicago/Tu W Th SVU						
UKIDS	24	24	107	-	295	Comelom	M Masha/Mighty Mike	M Masha/Mighty Mike	M Masha/Mighty Mike	M Masha/Mighty Mike	M Masha/Mighty Mike	M Masha/Mighty Mike	M Trolls/Masha/Bear	M Trolls/Masha/Bear							
CNN	25	25	34	200	202	CNNHarlowSciutto	CNNHarlowSciutto	At This Hour	Inside Politics	CNN Ana Cabrera	CNNCamerotaBlackwell	CNNCamerotaBlackwell	The Lead								
FNC	26	26	57	205	360	America's Newsroom	The Faulkner Focus	Outnumbered	America Reports	The Story	Your World										
TNT	27	27	36	138	245	Charmed	Supernat/ NCIS:NO	Supernat/ NCIS:NO	Supernat/ NCIS:NO	Star Wars: Episode I ...	TuW Supernat/ThF NCIS:NO	Various	M Independence Day								
ID	29	29	12	192	285	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
ESPN	30	30	27	140	206	(7:00) Get Up!	First Take	SportsCenter	SportsCenter	Just In/Tu Baseball T.	NBA Today	NFL Live	Tu Jalen								
ESPN2	31	31	28	143	209	SportsCenter	Get Up! / F First Take	First Take / F SportsC.	F SportsCenter	M W Th SprtC/Tu F Just In	Just In/ NBA Today	Various	Football								
A&E	33	33	46	118	265	P.Wars	P.Wars	Various	RoadWars	Various	RoadWars	Various	Neighbor	Various	Neighbor	Various	W Neighbor	First48	W Neighbor	First48	W Court C.
TLC	34	34	45	183	280	Various	Various	Various	Various	Various	Various	Various	Mother/ Plathv./ My Big	Various	Various	Various	Various	Various	Various	Various	Various
DISC	35	35	35	182	278	Various	Various	Various	Various	Various	Various	Various	Mystery/ Exp.Unk./ Survival	Various	Various	Various	Various	Various	Various	Various	Various
TBS	36	36	22	139	247	2 Broke G.	2 Broke G.	2 Broke G.	2 Broke G.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
CNBC	37	37	41	208	355	Squawk on the Street	TechCheck	Fast Money Halftime	The Exchange	Power Lunch	Closing Bell	Closing Bell									
FBN	38	38	72	206	359	Varney and Company	Cavuto: Coast to Coast	Making Money	The Claman Countdown	Kudlow											
GAC	39	39	177	165	326	Fuller H	Various	Various	FullerH	Various	Various	Bewitch	(:10) Bewitch	(:50) Bewitch	(:25) Bewitched	Who's Boss	(:35) Who'sB	(:10) Who'sB	(:50) Who'sB		
FX	40	40	49	136	248	Movie	Movie	Movie	Tu The Greatest Showm...	M Snatched	Tu Once Upon A Time....	M Instant Family	Movie	Movie	M The Greatest Showm...						
LIFE	41	41	30	108	252	Grey's Anatomy	Grey's Anatomy	Grey's Anatomy	M Grey's A./Mentalist	M Grey's A./Mentalist	M First 48/Mentalist	First 48/ Castle/ Rizzoli	First 48/ Castle/ Rizzoli								
BIG10	42	42	16	405	640	F Football	B1GLive	Various	Th Journey	Various	Voll.60	Various	Various	B1GLive	At/ Net	Various	Various	Various	Various	Various	M Volleyball
SYFY	44	44	40	122	244	W R. Alien/F Warehouse	Various	Movie	The Mummy: Tomb...	Various	Movie	F Warehouse	Movie	Slither	Movie	F Warehouse	Movie	Harry Potter & .../ Warehouse			
MSNBC	45	45	58	209	356	Morning Joe	José Díaz-Balart	MSNBC Reports	Andrea Mitchell	Chris Jansing Reports	Katy Tur Reports	Hallie Jackson Reports	Deadline: White House								
E!	46	46	44	114	236	Various	F Modern	Various	GotLove	DailyPop	F Modern	Various	Modern	Modern	Modern	Various	Various	Various	Various	Various	Various
FOOD	47	47	62	110	231	Various	Various	Various	W Pioneer	Various	W Pioneer	Various	W Pioneer	Various	Th BeatFlay	Various	BeatFlay	Various	BeatFlay	Various	BeatFlay
TOON	49	49	47	176	296	Mecha	Thomas	Craig/ Craig	Craig/ Craig	Craig/ Craig	Craig/ Craig	Titans!	Titans!	Titans!	Titans!	Gumball	Gumball	Gumball	Gumball	WeBears	Craig/ Craig
TRAV	50	50	50	196	277	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
TRUTV	51	51	51	242	246	Imp. Jokers	Imp. Jokers	Carbonaro	Carbonaro	Carbonaro	Carbonaro	World's Dumbest...	World's Dumbest...	World's Dumbest...	World's Dumbest...	Jokes/ Jokers	Jokes/ Jokers	Jokes/ Jokers	Jokes/ Jokers	Jokes/ Jokers	Jokes/ Jokers
NGEO	52	52	69	186	276	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
ANPL	53	53	53	184	282	Secret Life of-Zoo	The Zoo	Treehouse Masters	Tanked!	Pit Bulls & Parolees	Pit Bulls & Parolees	Lone Star Law	Various								
DISNEY	54	54	60	172	290	Bluey	Bluey	Bluey	Bluey	BigCity	BigCity	BigCity	Miraculous	Miraculous	Miraculous	BigCity	Various	Various	BigCity	BigCity	BigCity
BRAVO	68	68	67	129	237	Various	M Below	Various	M Below	Various	Movie	B.Deck/ H.Wives/ B.Deck	B.Deck/ B.Deck/ H.Wives	B.Deck/ B.Deck/ H.Wives	Various	Various	Various	Various	Various	Various	B.Deck/ B.Deck/ H.Wives
HIST	69	69	54	120	269	Various	Th Pawn S.	Various	Th Pawn S.	Various	Th Pawn S.	Various	Th Pawn S.	Various	Th Pawn S.	Various	Various	Various	Various	Various	Various
HGTV	70	70	55	112	229	Various	Various	Various	Various	Various	F Dream H.	Various	F Dream H.	Various	F Dream H.	Various	F Dream H.	Various	F Dream H.	Various	F Dream H.
KOOL	615	48	-	-	-	T. Bible	RickWile	Truth	Cartoons	Daily Flash	AgDay	To Be Announced	Cartoons	Body R.	The 700 Club						

Monday Best Bets

Don't Forget the Lyrics

KMSP KVRR 7:00 p.m.

Niecy Nash hosts a new episode of this game show revival. Surprising revelations and shocking decisions are made as a new set of contestants challenge their musical memory as they sing along with the studio band for their shot at \$1 million.

Better Call Saul

AMC 8:00 p.m.

The second half of this "Breaking Bad" spinoff's final season continues in a new episode. Bob Odenkirk stars as Jimmy McGill, a seedy criminal lawyer who practices under the name Saul Goodman in New Mexico. Rhea Seehorn and Jonathan Banks also star.



Bob Odenkirk stars in "Better Call Saul"

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Monday Evening

A: Arvig - Detroit Lakes/Perham; B: Arvig - Park Rapids;
C: Charter -Wadena/Park Rapids; D: DISH; E: DirectTV

AUGUST 1

	A	B	C	D	E	4 pm	4:30	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KWCM	2	-	-	-	-	Odd Squad	Arthur	Molly	Jet Go!	PBS NewsHour (N)		Antiques Roadshow	Antiques Roadshow	POV (N)		Amanpour/Company (N)	Antiques Roadshow				
KXJB	4	-	-	4	4	News (N)	Judge Judy	Jeopardy!	News (N)	News (N)	News (N)	Nbhood	Bob Hearts	NCIS "Great Wide Open"	NCIS: Hawai'i "Lost"	News (N)	(:35) The Late Show	(:35) Corden			
WDAY	6	-	-	6	6	News (N)	InsEd. (N)	News (N)	News (N)	News (N)	ET	The Bachelorette (N)		Claim to Fame (N)	News (N)	(:35) Jimmy Kimmel (N)	(:35) Nightl.				
KCCO	7	7	-	-	-	Ellen DeGeneres		News (N)	News (N)	News (N)	Wheel	Nbhood	Bob Hearts	NCIS "Great Wide Open"	NCIS: Hawai'i "Lost"	News (N)	(:35) The Late Show	(:35) Corden			
CW	9	-	-	-	-	The Steve Wilkos Show	The Nick Cannon Show			Family Guy	Family Guy	Roswell New Mex. (N)	In the Dark (N)	Goldberg	Goldberg	BobBrg	BobBrg	Creek	Creek		
KVRR	10	4	-	15	15	Seinfeld	BigBang	Fam. Feud	Fam. Feud	News (N)	Sheldon	Don't Forget Lyrics (N)	Beat Shazam (N)	KVRR Local News (N)	Sheldon	(:35) BBang	LastMan	(:35) Modern			
KVLY	11	-	-	11	11	Dr. Phil		News (N)	News (N)	News (N)	Wheel	American Ninja Warrior	"Semifinals 3" (N)	Weakest Link	News (N)	(:35) The Tonight Show	(:35) Meyers				
KFME	13	-	-	13	13	Odd Squad	Arthur	News (N)	BBC OS (N)	PBS NewsHour (N)		Antiques Roadshow	Mona Lisa Is Missing	POV (N)		Amanpour/Company (N)	News (N)	GZERO W			
KMSP	-	9	9	-	-	Vikings	Judge Judy	News (N)	(:25) News	News (N)	News (N)	Don't Forget Lyrics (N)	Beat Shazam (N)	FOX 9 at 9:00 p.m. (N)	News (N)	(:35) TMZ	(:05) Access	DishNat.			
KARE	-	11	11	-	-	News (N)	Jeopardy!	News (N)	News (N)	News (N)	News (N)	American Ninja Warrior	"Semifinals 3" (N)	Weakest Link	News (N)	(:35) The Tonight Show	(:35) Meyers				
KAWE	-	13	-	-	-	Odd Squad	Arthur	Molly	News	PBS NewsHour (N)		Antiques Roadshow	Antiques Roadshow	POV "He's My Brother"	News	News	Amanpour/Company				
FREE	16	16	31	180	311	*** Bolt ('08) John Travolta.				*** Toy Story 2 ('99) Tom Hanks.				* Hotel Transylvania 2 ('15) Adam Sandler.		The 700 Club	Simpsons	Simpsons			
BSNOR	17	17	29	436	668	LiveLine	The Rally (N)			Pre-game	Baseball MLB Detroit Tigers at Minnesota Twins Site: Target Field (L)			Post-game	Outdoors	Outdoors	Fishing	Pre-game			
NEWSN	19	19	8	235	307	NewsNation (N)	NewsNation (N)			On Balance (N)	NewsNation Prime (N)	Dan Abrams Live (N)	Banfield (N)	Newsnation Tonight (N)	Dan Abrams Live						
HALL	21	21	78	185	312	(3:00) * Love in Design	* The 27-Hour Day ('21) Autumn Reeser.			* One Perfect Wedding ('21) Taylor Cole.		G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls		
AMC	22	22	42	131	254	(2:15) **** 1917	**** The Shawshank Redemption ('94) Morgan Freeman, Tim Robbins.			Better Call Saul (N)		(:20) Better Call Saul		(:40) *** Road House							
USA	23	23	59	105	242	Chicago P.D.	Chicago P.D.	Chicago P.D.		WWE Raw (L)				Snake in Grass (P) (N)	Chicago P.D.						
UKIDS	24	24	107	-	295	Cocomelon	Cocomelon	Mighty Mike	Mighty Mike	Mighty Mike				Trolls: Beat Goes On							
CNN	25	25	34	200	202	The Lead (N)	The Situation Room (N)	OutFront (N)	A. Cooper 360 (N)	CNN Tonight (N)	Don Lemon Tonight (N)	Anderson Cooper 360									
FNC	26	26	57	205	360	The Five (N)	Special Report (N)	Jesse Watters (N)	Tucker Carlson (N)	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)								
TNT	27	27	36	138	245	(3:00) **** Independence Day ('96) Will Smith.	**** Captain America: Civil War ('16,Act) Robert Downey Jr., Chris Evans.			Rich & Shameless (N)	Rich & Shameless	* Central Intelligence									
ID	29	29	12	192	285	To Be Announced	Web of Lies	Web of Lies	People Mag Cr 90 (N)	People Mag (N)	Fear Thy Neighbor (N)	Murder in the Heartland	People Mag								
ESPN	30	30	27	140	206	Horn	Interrupt	SportsCenter (N)	Baseball Tonight (L)	Baseball MLB Boston Red Sox at Houston Astros Site: Minute Maid Park (L)	SportsCenter (N)	SportsCenter (N)									
ESPN2	31	31	28	143	209	NFL Live (N)	Daily Wager (L)	Fitness	Knife Throwing WKTL	30 for 30 "The U Part 2"	C. Football	Horn (N)									
A&E	33	33	46	118	265	Intervention "Tiffany"	Intervention "Jayden"	Intervention "Elena"	Intervention "Al"	Intervention "Ryan"	Digital Addiction (N)	(:05) Intervention	(:05) Intervention "Al"								
TLC	34	34	45	183	280	The Family Chantel	The Family Chantel	The Family Chantel	The Family Chantel (N)	sMothered (N)	Seeking Sister Wife (N)	Welcome/ Plathville (N)	The Family Chantel								
DISC	35	35	35	182	278	Street Outlaws: Full Throttle "The Kyle Kelley Experiments"	Street Outlaws: End Game "The Axman Trials" (N)	Street Outlaws	StreetOutlawsEndGame												
TBS	36	36	22	139	247	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	Amer. Dad	Amer. Dad	BRGaming	Amer. Dad
CNBC	37	37	41	208	355	Fast Money	Mad Money	The News (N)	Shark Tank	Shark Tank	Shark Tank	Shark Tank	The News								
FBN	38	38	72	206	359	Fox Business Tonight	The Evening Edit	Kennedy	How America Works	My Dream Car	How America Works	My Dream Car	How America Works								
GAC	39	39	177	165	326	(:25) Who's the Boss?	Full House (:35) F.House	(:10) F.House	(:50) F.House	(:25) Full House	Full House (:35) F.House	(:10) Fuller H	(:50) Fuller House	(:25) Fuller H	Fuller H	(:40) Fuller H					
FX	40	40	49	136	248	(3:00) * The Greatest...	*** Hotel Transylvania 3: Summer Vacation	*** Despicable Me 3 ('17) Steve Carell.	*** Despicable Me 3 ('17) Steve Carell.	*** Hotel Transylvania ...											
LIFE	41	41	30	108	252	The First 48 "Jackpot"	The First 48	The First 48	The First 48: Crit (N)	#TextMe (N)	(:05) Phrogging (N)	(:05) #TextMe									
BIG10	42	42	16	405	640	Volleyball	Volleyball NCAA	At the Net	B1G Volley./60 NCAA	B1G Live (L)	Voll.60 NCAA Purd./Min.	B1G Live	At the Net	At the Net							
SYFY	44	44	40	122	244	(2:55) **** Harry Potter and the Sorcerer's Stone	(:25) **** Harry Potter and the Chamber of Secrets ('02) Rupert Grint, Daniel Radcliffe.	Snake in Grass (SP) (N)	* The Last Witch Hu...												
MSNBC	45	45	58	209	356	(3:00) Deadline (N)	The Beat (N)	The ReidOut (N)	All in Chris Hayes (N)	Rachel Maddow (N)	The Last Word (N)	The 11th Hour (N)	Rachel Maddow								
E!	46	46	44	114	236	* To Be Announced	* To Be Announced	* To Be Announced	Got Love	Got Love	Got Love	Nightly	* To Be Announced								
FOOD	47	47	62	110	231	Kitchen Crash	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	BBQ USA (N)	Beat Flay	Beat Flay	Beat Flay	Beat Flay	BBQ USA				
TOON	49	49	47	176	296	Craig/ Craig	Craig/ Craig	Steven	Steven	Steven	Steven	King of Hill	King of Hill	BobBrg	BobBrg	Amer. Dad	Amer. Dad	Amer. Dad	Morty	Boondocks	Venture
TRAV	50	50	50	196	277	Beyond the Unknown	Mysteries of the Unknown	Mysteries of the Unknown (N)	Mysteries of the Unknown												
TRUTV	51	51	51	242	246	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	*** Beerfest (2006,Comedy) Paul Soter, M.C. Gainey.	* Beerfest				
NGEO	52	52	69	186	276	Gordon Ramsay	Gordon Ramsay	Gordon Ramsay	Gordon Ramsay (N)	Running Wild (N)	World of Flavor (N)	Gordon Ramsay	Running Wild								
ANPL	53	53	53	184	282	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Bee Czar	Naked and Afraid	Naked and Afraid									
DISNEY	54	54	60	172	290	BigCity	Miraculous	Miraculous	Miraculous	BigCity	BigCity	Ultra Violet	Ultra Violet	BigCity	BigCity	Miraculous	Miraculous	Jessie	Jessie		
BRAVO	68	68	67	129	237	Below Deck	Below Deck	Below Deck (N)	Below Deck (N)	Watch (N)	Below Deck	BelowDeck	Down Under	Southern Charm	Below						
HIST	69	69	54	120	269	Ancient Aliens	Ancient Aliens	Ancient Aliens	Modern Marvels (N)	Modern Marvels (N)	(:05) FastHist	(:35) FastHist	(:05) Modern Marvels	(:05) Modern Marvels							
HGTV	70	70	55	112	229	Love It or List It	Love It or List It	Love It or List It	Inside Out (N)	Flip To A Million (N)	Love It or List It	Inside Out	Flip To A Million								
KOOL	615	48	-	-	-	Animal R.	Dog Tales	Report	News (N)	Local News (N)	Poker WPT	Boundless	Music	News	Local News	Daily Flash					

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Tuesday Evening

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C: Charter -Wadena/Park Rapids; D: DISH; E: DirectTV

AUGUST 2

	A	B	C	D	E	4 pm	4:30	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30	
KWCM	2	-	-	-	-	Odd Squad	Arthur	Molly	Jet Go!	PBS NewsHour (N)	Finding Your Roots	America Outdoors (N)	Frontline (N)	Amanpour/Company (N)	Finding Your Roots							
KXJB	4	-	-	4	4	News (N)	Judge Judy	Jeopardy!	News (N)	News (N)	FBI "Charlotte's Web"	FBI: International	FBI: Most Wanted	News (N)	(:35) The Late Show	(:35) Corden						
WDAY	6	-	-	6	6	News (N)	InsEd. (N)	News (N)	News (N)	News (N)	ET	Celebrity Family Feud	Judge Steve Harvey	The Rookie "Coding"	News (N)	(:35) Jimmy Kimmel (N)	(:35) Nightl.					
KCCO	7	7	-	-	-	Ellen DeGeneres	News (N)	News (N)	News (N)	News (N)	Wheel	FBI "Charlotte's Web"	FBI: International	FBI: Most Wanted	News (N)	(:35) The Late Show	(:35) Corden					
CW	9	-	-	-	-	The Steve Wilkos Show	The Nick Cannon Show	Family Guy	Family Guy	Superman & Lois	Tom Swift (F) (N)	Goldberg	Goldberg	BobBrg	BobBrg	Creek	Creek					
KVRR	10	4	-	15	15	Seinfeld	BigBang	Fam. Feud	Fam. Feud	News (N)	Sheldon	Crime Scene Kitchen	Fantasy Island	KVRR Local News (N)	Sheldon	(:35) BBang	LastMan	(:35) Modern				
KVLY	11	-	-	11	11	Dr. Phil	News (N)	News (N)	News (N)	News (N)	Wheel	America's Got Talent (N)	Family Game Fight (N)	News (N)	(:35) The Tonight Show	(:35) Meyers						
KFME	13	-	-	13	13	Odd Squad	Arthur	News (N)	BBC OS (N)	PBS NewsHour (N)	Finding Your Roots	America Outdoors (N)	Frontline (N)	Amanpour/Company (N)	News (N)	America						
KMSP	-	9	9	-	-	Judge Judy	Judge Judy	News (N)	(:25) News	News (N)	News (N)	Crime Scene Kitchen	Fantasy Island	FOX 9 at 9:00 p.m. (N)	News (N)	(:35) TMZ	(:05) Access	DishNat.				
KARE	-	11	11	-	-	News (N)	Jeopardy!	News (N)	News (N)	News (N)	News (N)	America's Got Talent (N)	Family Game Fight (N)	News (N)	(:35) The Tonight Show	(:35) Meyers						
KAWE	-	13	-	-	-	Odd Squad	Arthur	Molly	News	PBS NewsHour	Finding Your Roots	America Outdoors	Frontline	News	News	Amanpour/Company						
FREE	16	16	31	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Fort Salem (N)	The 700 Club	Simpsons	Simpsons			
BSNOR	17	17	29	436	668	LiveLine	The Rally (N)	Pre-game	Baseball MLB	Detroit Tigers at Minnesota Twins Site: Target Field (L)						Post-game	18 Holes	Swing	Destination	Pre-game		
NEWSN	19	19	8	235	307	NewsNation (N)	NewsNation (N)	On Balance (N)	NewsNation Prime (N)	Dan Abrams Live (N)	Banfield (N)	Newsnation Tonight (N)	Dan Abrams Live									
HALL	21	21	78	185	312	(3:00) Ms. Matched	Sweet Autumn ('20) Nikki DeLoach.	Moriah's Lighthouse ('22) Rachele Lefevre.	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls
AMC	22	22	42	131	254	(2:30) Road House	National Lampoon's Vacation	Sixteen Candles ('84) Molly Ringwald.	Beetlejuice ('88) Michael Keaton.	National Lampoon's...												
USA	23	23	59	105	242	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	WWE NXT (L)	(:10) Snake in the Grass	(:10) Journey 2: The Mysterious Island											
UKIDS	24	24	107	-	295	Masha and the Bear	Masha and the Bear	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	
CNN	25	25	34	200	202	The Lead (N)	The Situation Room (N)	OutFront (N)	A. Cooper 360 (N)	CNN Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Anderson Cooper 360									
FNC	26	26	57	205	360	The Five (N)	Special Report (N)	Jesse Watters (N)	Tucker Carlson (N)	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)									
TNT	27	27	36	138	245	Central Intelligence Dwayne Johnson.	Wonder Woman (2017,Action) Chris Pine, Gal Gadot.	Titans	(:55) Wonder Woman ('17,Action) Chris Pine, Gal Gadot.													
ID	29	29	12	192	285	Murder in the Heartland	Murder in the Heartland	Murder in the Heartland	People Mag Cr 90 (N)	Body Cam Scene (N)	Psychopath (N)	Your Worst Nightmare	Body Cam: The Scene									
ESPN	30	30	27	140	206	Horn	Interrupt	SportsCenter (N)	30 for 30	Basketball The Tournament (L)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)									
ESPN2	31	31	28	143	209	C. Football	Horn (N)	Daily Wager (L)	NFL Live	To Be Announced	DC & RC	PFL 2022										
A&E	33	33	46	118	265	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	(:05) The First 48	(:05) The First 48								
TLC	34	34	45	183	280	Welcome to Plathville	Welcome to Plathville	Welcome to Plathville	Welcome/ Plathville (N)	Welcome to Plathville	"Everyone's Invited" (N)	Welcome/ Plathville (N)	Welcome to Plathville									
DISC	35	35	35	182	278	Deadliest Catch "To the End of the Earth"	Deadliest Catch (N)	Deadliest Catch "The Crush of Winter" (N)	Naked and Afraid XL	Naked&Afraid XL (N)	Deadliest Catch											
TBS	36	36	22	139	247	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Pre-game	Baseball MLB	Los Angeles Dodgers at San Francisco Giants Site: Oracle Park (L)						
CNBC	37	37	41	208	355	Fast Money	Mad Money	The News (N)	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	The News	
FBN	38	38	72	206	359	Fox Business Tonight	The Evening Edit	Kennedy	Amer. Built	Amer. Built	Billion Dollar Idea	Amer. Built	Amer. Built	Billion Dollar Idea	Amer. Built	Amer. Built	Billion Dollar Idea	Amer. Built	Amer. Built	Amer. Built	Amer. Built	
GAC	39	39	177	165	326	(:25) Who's the Boss?	Full House	(:35) F.House	(:10) F.House	(:50) F.House	(:25) Full House	Full House	(:35) F.House	(:10) Fuller House	Fuller H	(:35) Fuller H	(:10) Fuller H	(:50) Fuller H				
FX	40	40	49	136	248	(3:00) Ford V. Ferrari ('19) Christian Bale, Matt Damon.	Guardians of the Galaxy ('14) Zoe Saldana, Chris Pratt.	Shadows	Shadows	Shadows	Shadows	Shadows	Shadows	Shadows	Shadows	Shadows	Shadows	Shadows	Shadows	Shadows	Shadows	
LIFE	41	41	30	108	252	Castle	Castle "Pretty Dead"	Castle "Knockout"	Castle "Rise"	Castle	(:05) Castle "Head Case"	(:05) Castle	Castle "Rise"									
BIG10	42	42	16	405	640	B1G Live	At the Net	B1G Volley./60 NCAA	B1G Live (L)	B1G Live	B1G Live	B1G Live	B1G Live	B1G Volley./60 NCAA	Voll.60							
SYFY	44	44	40	122	244	(2:35) The Last Witch Hunter	Tomb Raider ('18) Hannah John-Kamen, Alicia Vikander.	(:35) Snow White and the Huntsman ('12) Kristen Stewart.	The Huntsman: Winter's War													
MSNBC	45	45	58	209	356	(3:00) Deadline (N)	The Beat (N)	The ReidOut (N)	All in Chris Hayes (N)	MSNBC Prime (N)	The Last Word (N)	The 11th Hour (N)	MSNBC Prime									
EI	46	46	44	114	236	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Celebrity Game Face	Cash Door	Nightly	To Be Announced					
FOOD	47	47	62	110	231	Chopped "Weird Twist"	Chopped	Chopped	Chopped	Market Stakeout (N)	Kitchen Crash (N)	Chopped	Supermarket Stakeout									
TOON	49	49	47	176	296	Craig/ Craig	Craig/ Craig	Steven	Steven	King of Hill	King of Hill	BobBrg	BobBrg	Amer. Dad	Amer. Dad	Amer. Dad	Morty	Boondocks	Venture			
TRAV	50	50	50	196	277	A Haunting	UFO Witness	UFO Witness	UFO Witness	UFO Witness	UFO Witness	UFO Witness	UFO Witness	UFO Witness (N)	UFO Witness	UFO Witness	UFO Witness					
TRUTV	51	51	51	242	246	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	Ride Along 2 ('16) Kevin Hart, Ice Cube.	Ride Along 2							
NGEO	52	52	69	186	276	Life Below Zero	Life Below Zero	Life Below Zero	Life Below Zero	Primal Survivor (N)	Primal Survivor (N)	Life Below Zero	Primal Survivor									
ANPL	53	53	53	184	282	North Woods Law	North Woods Law	North Woods Law	North Woods Law: Uncuffed	Louisiana Law	Lone Star Law	North Woods Law										
DISNEY	54	54	60	172	290	BigCity	Miraculous	Miraculous	Miraculous	BigCity	BigCity	Bunk'd	Bunk'd	BigCity	BigCity	Miraculous	Miraculous	Jessie	Jessie			
BRAVO	68	68	67	129	237	Below Deck	Below Deck	BelowDeck Down Under	BD Down Under (N)	BD Down Under (N)	Watch (N)	Field of Dreams ('89) James Earl Jones, Kevin Costner.										
HIST	69	69	54	120	269	American Pickers	Booze, Bets and Sex "Sin Cities"	Booze, Bets and Sex "Empires Lost"	(:05) Booze, Bets and Sex "Secrets & Sins"	(:05) Booze, Bets, Sex												
HGTV	70	70	55	112	229	Good Bones	Good Bones	Good Bones	Good Bones (N)	Good Bones (N)	H.Hunt (N)	House (N)	H.Hunt	House	Good Bones							
KOOL	615	48	-	-	-	Dragon	Think Big	America	News (N)	Local News (N)	Science	Dr. Nandi	Cutty	CoffeeUSA	Renovated	News (N)	Local News	Daily Flash	Renovated			

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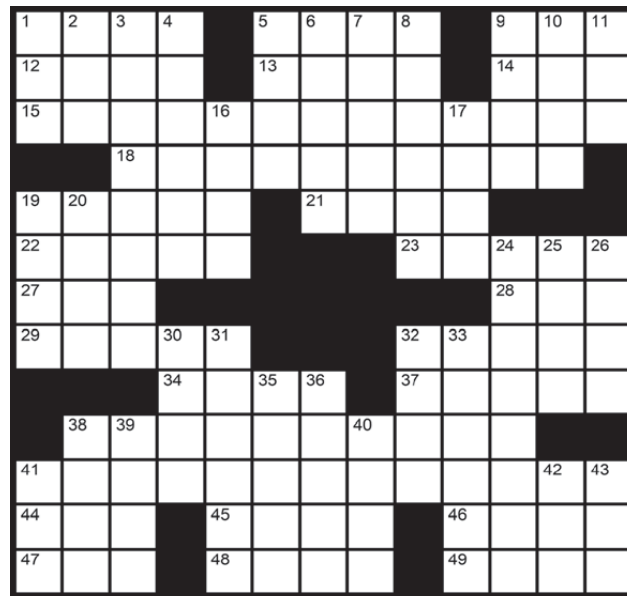
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- Across**
1. Robin, to Batman
 5. "Silent" one in a 1991 film
 9. Like a fox
 12. Ballet movement
 13. Military no-show
 14. ___ kwon do
 15. Food Network competition series (3)
 18. Office materials
 19. More competent
 21. Mediator's skill

Television crossword



220731 © TV Media

22. Tinker Bell, for one
23. Aware of, slangily (2)
27. Vader's grandson
28. "Pacific ___" (2013 action film)
29. One's heart, but not soul
32. Pointed arch
34. Biblical peak
37. Hollywood Matt
38. Ohio, Illinois and Missouri
41. "Below Deck" spinoff
44. G.I. entertainers
45. New York theater award
46. Spanish pronoun
47. Bad start?
48. Adam's apple spot
49. Invitation request
9. Action by a Food Network chef
10. Delicate
11. Senate declaration
16. Deviate from the norm
17. Anatomical network
19. Retro hairdo
20. 1930s boxing champ Max
24. Excessive modesty
25. TV accessory
26. It's a bad sign
30. "Me, myself ___" (2)
31. Singer Wayne, whose music was famously featured in "Ferris Bueller's Day Off" (1986)
32. Performance halls
33. "Maverick" star James
35. Pioneering deep sea explorer William
36. "Hamlet" courtier
38. City near Phoenix
39. Kelly Clarkson, for one
40. "Star ___"
41. Close-mouthed
42. Off-road goer, for short
43. Kindergarten break

- Down**
1. New Deal org.
 2. "That's ___ folks!"
 3. Common icewine grape
 4. Bloody drama about a serial killer antihero
 5. Bringing up the rear
 6. Be ready for
 7. Hollywood star Jason
 8. Flinch in fear
- Solution on page 3

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Sudoku

		5					8	
4	3			2				1
	9				7	4		
1		2						6
			8				5	
3	6						4	7
							7	
		3			9			
5		7	4			6	3	

220731

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.
Solution on page 3

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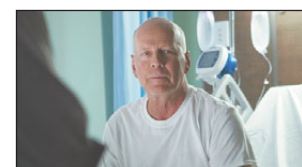
White Elephant

As soon as Gabriel Tancredi (Rooker), a former Marine and current enforcer for merciless mob boss Arnold Solomon (Willis), is tasked with eliminating two police officers who witnessed a failed assassination attempt, things quickly spiral out of control. When police officer Vanessa (Kurylenko), the second half of the loose end to be tied up, proves more difficult to catch than her partner, Tancredi begins to question not only the identity of the person he works for, but also the life choices that led him to this juncture.
Director: Jesse V. Johnson. Stars: Michael Rooker, Bruce Willis, Olga

Kurylenko, John Malkovich, Vadhir Derbez, Josef Cannon, Lauren Buglioli, Lorenzo Antonucci, Ski Carr. 2022. 92 mins. Action.

Cow

Director Andrea Arnold records an intimate look at the daily life of an ordinary dairy cow named Luma living on an English farm. Luma's solitary and often painful existence living in a loop out of her control, and her sole purpose on earth is as a milk supply. As viewers take in shots of Luma's life roaming pastures and being prodded by unpleasant machinery, the cow's role in the dairy supply chain becomes clearer than ever.



Bruce Willis in "White Elephant"

Director: Andrea Arnold. Stars: Lin Gallagher. 2021. 94 mins. Documentary.

Minamata

As famed World War II American photojournalist W. Eugene Smith (Depp) descends into a solitary life, he is urged to visit Minamata, Japan, by Japanese translator Aileen (Minami), who hopes he could document the troubling allegations of disease and corporate greed. Agreeing to

the task, Smith, with help from Aileen, soon uncovers a plot to cover up the decades-long mercury poisoning of the residents of the city of Minamata by the Chisso Corporation. Plagued by a severe neurological disease now known as Minamata disease, the residents of the city of the same name were slowly poisoned from the contaminated wastewater that had been dumped into the Minamata Bay, thus polluting its shellfish and fish.
Director: Andrew Levitas. Stars: Akiko Iwase, Kogarashi Wakasugi, Johnny Depp, Katherine Jenkins, Bill Nighy, Minami, Nikaru Inagawa, Sonata Molocajeviene, Muneaki Kitsukawa, Tadanobu Asano, Ryô Kase, Hiroyuki Sana-da. 2020. 115 mins. Biography/Drama.

Wednesday Best Bets

Bargain Block

HGTV 6:00 p.m.

An evening mini-marathon of this affordable design and renovation series begins with a new episode. Renovation experts Evan and Keith work double-time to get their first houses up for sale on the block, but, as always, many obstacles stand in their way.

Big Brother

KCCO KXJB 7:00 p.m.

A group of strangers has their every move and conversation chronicled by a series of HD cameras and microphones while living in a house together in this competition series' 24th season. Julie Chen Moonves hosts as alliances and rivalries are formed.



Julie Chen Moonves hosts "Big Brother"

MasterChef

KMSP KVRR 7:00 p.m.

Home cooks attempt to prove they have what it takes to become a culinary master in a new episode of this hit competition series. Gordon Ramsay hosts as the contestants compete in challenges designed to test their palates and cooking skills.

The Real Housewives of Dubai

BRAVO 8:00 p.m.

Newlyweds Sergio and Caroline Stanbury experience a bout of post-wedding bliss in this new episode of the Real Housewives franchise's UAE spinoff, while Caroline Brooks feels dismissed and judged by Sara. Ayan and Nina try to help them see eye to eye.

Wednesday Evening

A: Arvig - Detroit Lakes/Perham; B: Arvig - Park Rapids; C: Charter -Wadena/Park Rapids; D: DISH; E: DirectTV

AUGUST 3

	A	B	C	D	E	4 pm	4:30	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KWCM	2	-	-	-	-	Odd Squad	Arthur	Molly	Jet Go!	PBS NewsHour (N)	The Green Planet (N)	Nova	Expedition (N)	Amanpour/Company (N)	The Green Planet						
KXJB	4	-	-	4	4	News (N)	Judge Judy	Jeopardy!	News (N)	News (N)	News (N)	Big Brother (N)	The Challenge: USA (N)	S.W.A.T.	News (N)	(:35) The Late Show	(:35) Corden				
WDAY	6	-	-	6	6	News (N)	InsEd. (N)	News (N)	News (N)	News (N)	ET	CMA Fest (N)						News (N)	(:35) Jimmy Kimmel (N)	(:35) Nightl.	
KCCO	7	7	-	-	-	Ellen DeGeneres	News (N)	News (N)	News (N)	News (N)	Wheel	Big Brother (N)	The Challenge: USA (N)	S.W.A.T.	News (N)	(:35) The Late Show	(:35) Corden				
CW	9	-	-	-	-	The Steve Wilkos Show	The Nick Cannon Show	Family Guy	Family Guy	Mysteries Decoded (N)	Normal (N)	Paranormal	Goldberg	Goldberg	BobBrg	BobBrg	Creek	Creek			
KVRR	10	4	-	15	15	Seinfeld	BigBang	Fam. Feud	Fam. Feud	News (N)	Sheldon	MasterChef (N)	You Can Dance (N)	KVRR Local News (N)	Sheldon	(:35) BBang	LastMan	(:35) Modern			
KVLY	11	-	-	11	11	Dr. Phil	News (N)	News (N)	News (N)	Wheel	Chicago Med	Chicago Fire	Chicago P.D.	News (N)	(:35) The Tonight Show	(:35) Meyers					
KFME	13	-	-	13	13	Odd Squad	Arthur	News (N)	BBC OS (N)	PBS NewsHour (N)	The Green Planet (N)	Nova	Expedition (N)	Amanpour/Company (N)	News (N)	FocusEu.					
KMSP	-	9	9	-	-	Judge Judy	Judge Judy	News (N)	(:25) News	News (N)	News (N)	MasterChef (N)	You Can Dance (N)	FOX 9 at 9:00 p.m. (N)	News (N)	(:35) TMZ	(:05) Access	DishNat.			
KARE	-	11	11	-	-	News (N)	Jeopardy!	News (N)	News (N)	News (N)	News (N)	Chicago Med	Chicago Fire	Chicago P.D.	News (N)	(:35) The Tonight Show	(:35) Meyers				
KAWE	-	13	-	-	-	Odd Squad	Arthur	Molly	News	PBS NewsHour (N)	The Green Planet (N)	Nova	Expedition (N)	News	News	Amanpour/Company (N)					
FREE	16	16	31	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Grown (N)	Trash (N)	The 700 Club	Simpsons	Simpsons	
BSNOR	17	17	29	436	668	(3:30) The Rally (N)	The Icons	Inside (N)	18 Holes	Swing	Poker WPT	Poker WPT	Basketball WNBA Minnesota vs Seattle (L)	Poker WPT							
NEWSN	19	19	8	235	307	NewsNation (N)	NewsNation (N)	On Balance (N)	NewsNation Prime (N)	Dan Abrams Live (N)	Banfield (N)	Newsnation Tonight (N)	Dan Abrams Live								
HALL	21	21	78	185	312	(3:00) Very, Very, V...	Autumn Dreams ('15) Jill Wagner.	A Valentine's Match ('20) Bethany Joy Lenz.	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls						
AMC	22	22	42	131	254	(3:00) Beetlejuice	Sixteen Candles ('84) Molly Ringwald.	Uncle Buck ('89) John Candy.	(:15) The Great Outdoors ('88) Dan Aykroyd.	(:15) Groundhog Day											
USA	23	23	59	105	242	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Snake in the Grass	Law & Order: S.V.U.	Law & Order: S.V.U.						
UKIDS	24	24	107	-	295	Masha and the Bear	Masha and the Bear	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Peabody	Peabody						
CNN	25	25	34	200	202	The Lead (N)	The Situation Room (N)	OutFront (N)	A. Cooper 360 (N)	CNN Tonight (N)	Don Lemon Tonight (N)	Anderson Cooper 360									
FNC	26	26	57	205	360	The Five (N)	Special Report (N)	Jesse Watters (N)	Tucker Carlson (N)	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)								
TNT	27	27	36	138	245	Lucifer	Lucifer	Lucifer	Justice League (2017,Action) Ben Affleck, Gal Gadot.	Blade: Trinity (2004,Thriller) Jessica Biel, Wesley Snipes.											
ID	29	29	12	192	285	The Devil Speaks	The Devil Speaks	The Devil Speaks	People Mag Cr 90 (N)	The Murder Tapes (N)	American Detective (N)	Homicide Hunter	The Murder Tapes								
ESPN	30	30	27	140	206	Horn	Interrupt	SportsCenter (N)	SportsCenter (N)	ESPN Films (N)	ESPN Films (N)	SportsCenter (N)	SportsCenter (N)								
ESPN2	31	31	28	143	209	NFL Live (N)	Daily Wager (L)	NFL Live	Soccer Leagues Cup (L)	Soccer Leagues Cup (L)											
A&E	33	33	46	118	265	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court C.	Court C.	Neighbor	RoadWars	(:05) Court C.	(:35) Court C.	(:05) Court C.	(:35) Court C.		
TLC	34	34	45	183	280	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper (N)	Dr. Pimple Popper (N)	Feet Kill Me (N)	Hoarding: Buried Alive	Dr. Pimple Popper								
DISC	35	35	35	182	278	Expedition Unknown	Expedition Unknown	ExpeditionUnknown (N)	Exp. Unkown (N)	(:10) Almost Human: Rise of the Apes	(:10) Exp. Unkown	Expedition Unknown									
TBS	36	36	22	139	247	Sheldon	Sheldon	BigBang	BigBang	BigBang	BigBang	All Elite Wrestling: Dynamite (N)	To Be Announced	Sheldon	Sheldon						
CNBC	37	37	41	208	355	Fast Money	Mad Money	The News (N)	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	The News							
FBN	38	38	72	206	359	Fox Business Tonight	The Evening Edit	Kennedy	Mansion	Mansion	Home	Home	Mansion	Mansion	Home	Home	Mansion	Mansion			
GAC	39	39	177	165	326	(:25) Who's the Boss?	Full House	(:35) F.House	(:10) F.House	(:50) F.House	(:25) Full House	Full House	(:35) F.House	(:10) Fuller H	(:50) Fuller H	(:25) Fuller H	Fuller H	(:40) Fuller H			
FX	40	40	49	136	248	Movie	Guardians of the Galaxy ('14) Zoe Saldana, Chris Pratt.	Armageddon (1998,Adventure) Liv Tyler, Bruce Willis.	Armageddon ('98) Bruce Willis.												
LIFE	41	41	30	108	252	Castle	Castle "Kill Shot"	Married1stSight "Everything Whale Be Okay" (N)	(:05) 5 Guys a Week (N)	(:05) Married (N)	Married at First Sight										
BIG10	42	42	16	405	640	Big Ten Elite	B1G Live	B1G Live	B1G Mom.	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA
SYFY	44	44	40	122	244	Movie	The Huntsman: Winter's War ('16) Chris Hemsworth.	The Hulk (2003,Sci-Fi) Jennifer Connelly, Eric Bana.	The Mask ('94) Cameron Diaz, Jim Carrey.												
MSNBC	45	45	58	209	356	(3:00) Deadline (N)	The Beat (N)	The ReidOut (N)	All in Chris Hayes (N)	MSNBC Prime (N)	The Last Word (N)	The 11th Hour (N)	MSNBC Prime								
E!	46	46	44	114	236	(3:30) To Be Announced	To Be Announced	To Be Announced	Got Love	Celebrity Game Face	Nightly	Got Love	Cash Door								
FOOD	47	47	62	110	231	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games	Guy's Game (N)	Guy's Grocery Games	Guy's Grocery Games	Guy's Grocery Games								
TOON	49	49	47	176	296	Craig/ Craig	Craig/ Craig	Steven	Steven	King of Hill	King of Hill	BobBrg	BobBrg	Amer. Dad	Amer. Dad	Amer. Dad	Morty	Boondocks	Venture		
TRAV	50	50	50	196	277	Scariest Night	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe	Osbournes Believe		
TRUTV	51	51	51	242	246	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	Imp. Jokers	Imp. Jokers	101 Places	101 Places	Imp. Jokers	Imp. Jokers		
NGEO	52	52	69	186	276	Brazil	Peru	Peru	Peru	Narco Wars (N)	Queenpins (N)	Peru "Busted Baggage"	Narco Wars								
ANPL	53	53	53	184	282	Secret Life of-Zoo	Secret Life of-Zoo	Secret Life of-Zoo	The Zoo: San Diego	Crikey! It's the Irwins	Crikey! It's the Irwins	The Zoo: San Diego									
DISNEY	54	54	60	172	290	BigCity	Miraculous	Miraculous	BigCity	BigCity	BigCity	BigCity	Raven	Raven	BigCity	BigCity	Miraculous	Miraculous	Jessie	Jessie	
BRAVO	68	68	67	129	237	Beverly Hills	Beverly Hills	Beverly Hills (N)	Beverly Hills (N)	The Real Housewives of Dubai (N)	Beverly Hills	The Real Housewives	Atlanta								
HIST	69	69	54	120	269	Forged in Fire	Forged in Fire	Forged in Fire	Forged in Fire	Forged in Fire (N)	(:05) Power	(:35) Power	(:05) Forged in Fire	(:05) Forged in Fire							
HGTV	70	70	55	112	229	Unsellable Houses	Bargain Block	Bargain Block (N)	Bargain Block	Bargain Buys (N)	H.Hunt (N)	H.Hunt (N)	H.Hunt	H.Hunt	Bargain Buys						
KOOL	615	48	-	-	-	Biz Kid\$	Animal Sci	Winners	News (N)	Local News (N)	Small Town	Heartland	Chasing	Unseen	Investigate	News	Local News	Daily Flash	Small Town		

Thursday Best Bets

BattleBots

disc 7:00 p.m.

In the robot-fighting capital of the world, a new tournament kicks off for the competition field's most coveted trophy: the Golden Bolt. But first the robots must face Sin City Slugfest, the toughest battle ever seen in Vegas. Gigabyte stars.

Hall of Fame Game

KARE KVLV 7:05 p.m.

The Las Vegas Raiders and the Jacksonville Jaguars have the honor of playing the 2022 Hall of Fame Game, airing live from the Tom Benson Hall of Fame Stadium in Canton, Ohio, tonight. The matchup kicks off the National Football League's 103rd season.



Mayim Bialik in "Call Me Kat"

Call Me Kat

KMSP KVRR 8:30 p.m.

Catch up with Kat (Mayim Bialik) ahead of September's Season 3 premiere. Determined to prove to her mom she can be happy and successful in the world on her own, a single 39-year-old woman named Kat follows her dream and opens a quirky cat café.

House Hunters

HGTV 9:00 p.m.

This new episode features a young buyer with a long list of needs and desires, looking for her first home in Seattle. While she wants enough yard space to have gardens and raise bees, her mother thinks she should consider more realistic goals.

Thursday Evening

A: Arvig - Detroit Lakes/Perham; B: Arvig - Park Rapids;
C: Charter -Wadena/Park Rapids; D: DISH; E: DirectTV

AUGUST 4

	A	B	C	D	E	4 pm	4:30	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KWCM	2	-	-	-	-	Odd Squad	Arthur	Molly	Jet Go!	PBS NewsHour (N)	O.House	House (N)	Broadchurch	In Their Own Words	Amanpour/Company (N)	Old House	Ask House				
KXJB	4	-	-	4	4	News (N)	Judge Judy	Jeopardy!	News (N)	News (N)	Sheldon	Ghosts	Big Brother (N)	CSI: Vegas "Long Pig"	News (N)	(:35) The Late Show	(:35) Corden				
WDAY	6	-	-	6	6	News (N)	InsEd. (N)	News (N)	News (N)	News (N)	ET	Press Your Luck	Generation Gap	To Be Announced	News (N)	(:35) Jimmy Kimmel (N)	(:35) Nightl.				
KCCO	7	7	-	-	-	Ellen DeGeneres	News (N)	News (N)	News (N)	News (N)	Wheel	Sheldon	Ghosts	Big Brother (N)	CSI: Vegas "Long Pig"	News (N)	(:35) The Late Show	(:35) Corden			
CW	9	-	-	-	-	The Steve Wilkos Show	The Nick Cannon Show	Family Guy	Family Guy	Walker "Douglas Fir"	The Flash 5/5	Goldberg	Goldberg	BobBrg	BobBrg	Creek	Creek				
KVRR	10	4	-	15	15	Seinfeld	BigBang	Fam. Feud	Fam. Feud	News (N)	Sheldon	MasterChef	Wel.Flatch	Call Me	KVRR Local News (N)	Sheldon	(:35) BBang	LastMan	(:35) Modern		
KVLV	11	-	-	11	11	Dr. Phil	News (N)	News (N)	Football Night (L)	(:05) Football NFL Hall of Fame Game	Jacksonville vs Vegas (L)	News	(:35) The Tonight Show	(:35) Meyers							
KFME	13	-	-	13	13	Odd Squad	Arthur	News (N)	BBC OS (N)	PBS NewsHour (N)	O.House	House (N)	Prairie	P.Mosaic	Musicians	Musicians	Amanpour/Company (N)	News (N)	Insight		
KMSP	-	9	9	-	-	Judge Judy	Judge Judy	News (N)	(:25) News	News (N)	News (N)	MasterChef	Wel.Flatch	Call Me	FOX 9 at 9:00 p.m. (N)	News (N)	(:35) TMZ	(:05) Access	DishNat.		
KARE	-	11	11	-	-	News (N)	Jeopardy!	News (N)	News (N)	Football Night (L)	(:05) Football NFL Hall of Fame Game	Jacksonville vs Vegas (L)	News (N)	(:35) The Tonight Show	(:35) Meyers						
KAWE	-	13	-	-	-	Odd Squad	Arthur	Molly	News	PBS NewsHour (N)	Ground	Backroads	Andrew Young	Old House	Ask House	News	News	Amanpour/Company			
FREE	16	16	31	180	311	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Good Trouble (N)	The 700 Club	Simpsons	Simpsons		
BSNOR	17	17	29	436	668	LiveLine	The Rally (N)	Pre-game	Baseball MLB	Toronto Blue Jays at Minnesota Twins Site: Target Field (L)	Post-game	Outdoor	Rooster	Outdoors	Pre-game						
NEWSN	19	19	8	235	307	NewsNation (N)	NewsNation (N)	On Balance (N)	NewsNation Prime (N)	Dan Abrams Live (N)	Banfield (N)	Newsnation Tonight (N)	Dan Abrams Live								
HALL	21	21	78	185	312	(3:00) Once Upon a ...	A Splash of Love (2022,Romance)	Her Pen Pal ('21) Joshua Sasse, Mallory Jansen.	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls
AMC	22	22	42	131	254	Movie	(:45) Uncle Buck ('89,Com) Amy Madigan, John Candy.	Shooter (2007,Action) Michael Peña, Mark Wahlberg.	Gladiator ('00) Russell Crowe.												
USA	23	23	59	105	242	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Chrisley (N)	ADillon (N)	Snake in the Grass	Chrisley	Chrisley (N)	(:05) Chrisley	(:35) ADillon					
UKIDS	24	24	107	-	295	Masha and the Bear	Masha and the Bear	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Trolls: Beat Goes On	Peabody	Peabody							
CNN	25	25	34	200	202	The Lead (N)	The Situation Room (N)	OutFront (N)	A. Cooper 360 (N)	CNN Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Anderson Cooper 360								
FNC	26	26	57	205	360	The Five (N)	Special Report (N)	Jesse Watters (N)	Tucker Carlson (N)	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)								
TNT	27	27	36	138	245	(3:00) Blade: Trinity	Justice League (2017,Action) Ben Affleck, Gal Gadot.	Suicide Squad (2016,Action) Margot Robbie, Will Smith.	Harley Q	Suicide Squad ('16) Will Smith.											
ID	29	29	12	192	285	See No Evil	See No Evil "Cold Feet"	See No Evil	People Mag Cr 90 (N)	Dead Days of Sum (N)	48 Hours	48 Hours	48 Hours	48 Hours	48 Hours	48 Hours	48 Hours	48 Hours	48 Hours	48 Hours	48 Hours
ESPN	30	30	27	140	206	Horn	Interrupt	SportsCenter (N)	The Captain	The Captain	The Captain (N)	The Captain (N)	The Captain (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)
ESPN2	31	31	28	143	209	NFL Live (N)	Daily Wager (L)	Basketball WNBA	Phoenix vs Connecticut (L)	Lacrosse A.U. (L)	NFL Live	To Be Announced									
A&E	33	33	46	118	265	The First 48	The First 48 "Missing"	The First 48 "Shattered"	The First 48: Scared (N)	Accused: Guilty or (N)	The First 48	(:05) The First 48	(:05) The First 48								
TLC	34	34	45	183	280	Seeking Sister Wife	Seeking Sister Wife	Seeking Sister Wife (N)	Dr. Pimple Popper	Dr. Pimple Popper (N)	My 600-lb Life "Joyce's Story"	Dr. Pimple Popper									
DISC	35	35	35	182	278	(3:00) BattleBots	BattleBots	BattleBots	BattleBots (N)	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots	BattleBots
TBS	36	36	22	139	247	Sheldon	Sheldon	Sheldon	Sheldon	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	Full Frontal	Full Frontal	Sheldon	Sheldon	Sheldon	Sheldon
CNBC	37	37	41	208	355	Fast Money	Mad Money	The News (N)	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank
FBN	38	38	72	206	359	Fox Business Tonight	The Evening Edit	Kennedy	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies	Legends & Lies
GAC	39	39	177	165	326	(:25) Who's the Boss?	Full House	(:35) F.House	(:10) F.House	(:50) F.House	(:25) Full House	Full House	(:35) F.House	(:10) Fuller H	(:50) Fuller House	(:25) Fuller H	Fuller H	Fuller H	(:40) Fuller H		
FX	40	40	49	136	248	(2:00) Us	Twilight (2008,Drama) Robert Pattinson, Kristen Stewart.	The Twilight Saga: New Moon ('09) Taylor Lautner, Kristen Stewart.	The Twilight Saga: Eclipse Kristen Stewart.												
LIFE	41	41	30	108	252	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles	Rizzoli & Isles "Stiffed"	Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles	(:05) Rizzoli & Isles
BIG10	42	42	16	405	640	Big Ten Elite	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	BIG Live	BIG Live	Football Classics NCAA	Football								
SYFY	44	44	40	122	244	Movie	(:45) Resident Evil ('02) Milla Jovovich.	(:45) Resident Evil: Apocalypse	(:45) Resident Evil: Extinction	(:45) Resident Evil: Afterlife											
MSNBC	45	45	58	209	356	(3:00) Deadline (N)	The Beat (N)	The ReidOut (N)	All in Chris Hayes (N)	MSNBC Prime (N)	The Last Word (N)	The 11th Hour (N)	MSNBC Prime								
EI	46	46	44	114	236	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Modern	Cash Door	Nightly	Bradshaw	Bradshaw		
FOOD	47	47	62	110	231	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Me or the Menu (N)	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Beat Flay
TOON	49	49	47	176	296	Craig/ Craig	Craig/ Craig	Steven	Steven	Steven	Steven	King of Hill	King of Hill	BobBrg	BobBrg	Amer. Dad	Amer. Dad	Amer. Dad	Morty	Boondocks	Venture
TRAV	50	50	50	196	277	Paranormal	Paranormal	Paranormal	Paranormal	Paranormal	Paranormal Caught on Camera (N)	Fright Club (N)	Fright Club	Paranormal							
TRUTV	51	51	51	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Jokers (N)	101Place	Jokers (N)	InsideJoke	Imp. Jokers	101 Places
NGEO	52	52	69	186	276	Zero "Nature's Bargain"	Zero "Death Trap"	Gordon Ramsay	Extra (N)	Extra Grit (N)	Extra Grit (N)	Extra Grit (N)	Extra Grit (N)	Gordon Ramsay	Extra						
ANPL	53	53	53	184	282	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch	Deadliest Catch
DISNEY	54	54	60	172	290	BigCity	Miraculous	Miraculous	Miraculous	BigCity	BigCity	BigCity	BigCity	Jessie	Jessie	BigCity	BigCity	Miraculous	Miraculous	Jessie	Jessie
BRAVO	68	68	67	129	237	Below Deck	Below Deck	Southern Charm	Southern Charm (N)	Southern Charm (N)	Watch (N)	Harry Potter and the Sorcerer's Stone									
HIST	69	69	54	120	269	Pawn Stars	Pawn Stars	Pawn Stars	Alone "Winter's Grasp"	Alone "Fight, Flight or Freeze" (P) (N)	(:35) Alone	(:05) Alone	Mountain	(:05) Alone Skills							
HGTV	70	70	55	112	229	100 Day Dream Home	No Demo Reno	No Demo Reno	No Demo Reno (N)	No Demo Reno	H.Hunt (N)	House (N)	H.Hunt	House	No Demo Reno						
KOOL	615	48	-	-	-	Missing	Awesome	News	News (N)	Local News (N)	Fish West	Angling	Minnesota	Outdoors	No Offense	News	Local News	Daily Flash	MN Board		

Friday Best Bets

Scaled

ANPL 3:00 p.m.

This scaly-animal docuseries airs four back-to-back episodes that lead into prime time. Based in the west of Canada, Greg West and his business, Cornel's World, are the go-to place for custom terrariums and unique dwellings that make for happy creatures.

Shark Tank

WDAY 7:00 p.m.

Kevin O'Leary, Daymond John, Barbara Corcoran, Lori Greiner and Mark Cuban are some of the world's most successful investors. This hit series gives everyday inventors and budding businesspeople the opportunity to work with them following a business pitch.



Mark Cuban, Barbara Corcoran, Kevin O'Leary, Lori Greiner and Daymond John in "Shark Tank"

Dynasty

cw 8:00 p.m.

Liam (Adam Huber) turns to his mentor for advice in this new episode, but his writer's block gets the better of him. Elsewhere, Culhane (Robert Christopher Riley) works with Nina (Felisha Terrell) to promote Liam's movie. Elizabeth Gillies stars.

Dateline NBC

KARE KVLV 9:00 p.m.

NBC news anchor Lester Holt and a team of journalists present the news of the week along with fascinating human interest stories, ground-breaking interviews and hard-hitting investigations in this long-running, prime-time news magazine staple.

Friday Evening

A: Arvig - Detroit Lakes/Perham; B: Arvig - Park Rapids; C: Charter -Wadena/Park Rapids; D: DISH; E: DirectTV

AUGUST 5

	A	B	C	D	E	4 pm	4:30	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KWCM	2	-	-	-	-	Odd Squad	Arthur	Molly	Jet Go!	PBS NewsHour (N)	W.Week	Firing (N)	Great American R (N)	One Voice	Antiques	Amanpour/Company (N)	W.Week	Firing Line			
KXJB	4	-	-	4	4	News (N)	Judge Judy	Jeopardy!	News (N)	News (N)	News (N)	Celeb. Reno. (N)	Blue Bloods	Blue Bloods	"True Blue"	News (N)	(:35) The Late Show	(:35) Corden			
WDAY	6	-	-	6	6	News (N)	InsEd. (N)	News (N)	News (N)	News (N)	ET	Shark Tank	20/20			News (N)	(:35) Jimmy Kimmel Live	(:35) Nightl.			
KCCO	7	7	-	-	-	Ellen DeGeneres		News (N)	News (N)	News (N)	Wheel	Celeb. Reno. (N)	Blue Bloods	Blue Bloods	"True Blue"	News (N)	(:35) The Late Show	(:35) Corden			
CW	9	-	-	-	-	The Steve Wilkos Show	The Nick Cannon Show	Fam. Feud	Fam. Feud	Family Guy	Family Guy	Killer Camp	Dynasty (N)	Goldberg	Goldberg	BobBrg	BobBrg	Creek	Creek		
KVRR	10	4	-	15	15	Seinfeld	BigBang	Fam. Feud	Fam. Feud	News (N)	Sheldon	WWE SmackDown (L)		News (N)	(:40) Sports	Sheldon	(:35) BBang	LastMan	(:35) Modern		
KVLV	11	-	-	11	11	Dr. Phil		News (N)	News (N)	News (N)	Wheel	American Ninja Warrior	"Semifinals 3"	Dateline NBC		News (N)	(:35) The Tonight Show	(:35) Meyers			
KFME	13	-	-	13	13	Odd Squad	Arthur	News (N)	News (N)	PBS NewsHour (N)	W.Week	Firing (N)	Great American R (N)	One Voice	Antiques	Amanpour/Company (N)	News (N)	ToCont (N)			
KMSP	-	9	9	-	-	Judge Judy	Judge Judy	News (N)	(:25) News	News (N)	News (N)	WWE SmackDown (L)		News (N)	Enough (N)	News/Sports	(:35) TMZ	(:05) Access	DishNat.		
KARE	-	11	11	-	-	News (N)	Jeopardy!	News (N)	News (N)	News (N)	News (N)	American Ninja Warrior	"Semifinals 3"	Dateline NBC		News (N)	(:35) The Tonight Show	(:35) Meyers			
KAWE	-	13	-	-	-	Odd Squad	Arthur	Molly	News	PBS NewsHour (N)	Almanac	Chavis	W.Week	Report	Firing Line	News	News	Amanpour/Company			
FREE	16	16	31	180	311	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	The 700 Club	Simpsons	Simpsons	
BSNOR	17	17	29	436	668	Live on the Line		The Rally (N)		Pre-game		Baseball MLB Toronto Blue Jays at Minnesota Twins Site: Target Field (L)		Post-game	Inside	WideLife	Pre-game				
NEWSN	19	19	8	235	307	NewsNation (N)		NewsNation (N)		On Balance (N)		NewsNation Prime (N)	Dan Abrams Live (N)	Banfield (N)		Newsnation Tonight (N)	Dan Abrams Live				
HALL	21	21	78	185	312	(3:00) From Friend t...		Roadhouse Romance ('21) Lauren Alaina.		Christmas Made to Order ('18) Alexa PenaVega.		G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	G. Girls	
AMC	22	22	42	131	254	Shooter (2007,Action)		Michael Peña, Mark Wahlberg.		Casino The rise and fall of ill-fated mobsters in a Las Vegas casino during the 1970s.		Blended ('14) Adam Sandler.									
USA	23	23	59	105	242	League Goal Zone (L)		Snake in the Grass		Blended (2014,Comedy) Drew Barrymore, Adam Sandler.		Billy Madison ('95) Adam Sandler.									
UKIDS	24	24	107	-	295	Masha and the Bear		Masha and the Bear		Trolls: Beat Goes On		Trolls: Beat Goes On		Trolls: Beat Goes On		Trolls: Beat Goes On		Peabody	Peabody		
CNN	25	25	34	200	202	The Situation Room (N)		The Situation Room (N)		OutFront (N)		A. Cooper 360 (N)		CNN Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360			
FNC	26	26	57	205	360	The Five (N)		Special Report (N)		Jesse Watters (N)		Tucker Carlson (N)		Hannity (N)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News @ Night (N)	
TNT	27	27	36	138	245	The Chronicles of Riddick ('04) Judi Dench, Vin Diesel.		Battleship ('12,Sci-Fi) Alexander Skarsgard, Taylor Kitsch.		All Elite W: Rampage		The Karate Kid ('10) Jaden Smith.									
ID	29	29	12	192	285	American Monster		American Monster		American Monster		People Mag Cr 90 (N)		JonBenet		JonBenet		JonBenet		JonBenet	
ESPN	30	30	27	140	206	Horn	Interrupt	SportsCenter (N)		Mixed Martial Arts PFL (L)		Lacrosse PLL Cannons vs. Redwoods (L)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)	
ESPN2	31	31	28	143	209	Boxing	UFC Live	Daily Wager		Boxing	UFC Live	To Be Announced		To Be Announced		NFL Live (N)					
A&E	33	33	46	118	265	48: KillerConfession		The First 48		The First 48		The First 48 (N)		Court Night LIVE (N)		The First 48		Court Night LIVE			
TLC	34	34	45	183	280	90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		90 Day (N)	The Family Chantel	Day Fiancé	90 Day Fiancé				
DISC	35	35	35	182	278	Gold Rush Parker		Gold Rush Parker		Gold Rush Parker		Gold Rush		Opal Hunters (N)	GoldRushFreddy	Gold Rush					
TBS	36	36	22	139	247	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Avengers: Endgame		Earth's mightiest heroes assemble to defeat Thanos & avenge the deaths of billions.		Gemini Man ('19) Will Smith.							
CNBC	37	37	41	208	355	Fast Money	Options	Mad Money		The News (N)		Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	The News			
FBN	38	38	72	206	359	Fox Business Tonight		The Evening Edit		Wall Street	WSJ/ Baker	How America Works	My Dream Car	Amer. Built	Amer. Built	Mansion	Mansion	How America Works			
GAC	39	39	177	165	326	(:25) Who's the Boss?		Full House	(:35) F.House	(:10) F.House	(:50) F.House	(:25) Full House	Full House	(:35) F.House	(:10) Fuller H	(:50) Fuller House	Fuller H	(:10) Fuller H	(:45) Fuller H		
FX	40	40	49	136	248	(2:30) The Twilight...		The First Purge ('18) Marisa Tomei.		The Purge: Election Year ('16) Frank Grillo.		The First Purge ('18) Marisa Tomei.									
LIFE	41	41	30	108	252	Castle		Castle		Castle		Castle "Pandora"	Castle "Linchpin"	(:05) Castle		(:05) Castle		Castle "Pandora"			
BIG10	42	42	16	405	640	Big Ten Elite		Football Classics NCAA		Football Classics NCAA		B1G Story	Football Classics NCAA	Football NCAA Mich./Ia.	B1G Mom.	Football NCAA Neb./Ia.	Football NCAA Okl./Neb.				
SYFY	44	44	40	122	244	Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13		Warehouse 13			
MSNBC	45	45	58	209	356	(3:00) Deadline (N)		The Beat (N)		The ReidOut (N)		All in Chris Hayes (N)		MSNBC Prime (N)		The Last Word (N)		The 11th Hour (N)		MSNBC Prime	
E!	46	46	44	114	236	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon	Marlon
FOOD	47	47	62	110	231	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
TOON	49	49	47	176	296	Craig/ Craig	Craig/ Craig	To Be Announced		(:45) Steven		King of Hill	King of Hill	Futurama	Futurama	Amer. Dad	Amer. Dad	Amer. Dad	Morty	Futurama	Futurama
TRAV	50	50	50	196	277	Ghost Hunters		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures	"The Dead Live On" (N)	Ghost Adventures	Ghost Adventures				
TRUTV	51	51	51	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
NGEO	52	52	69	186	276	Better Dog		Better Dog		Better Dog		Better Dog		Cesar Millan (N)		Better Dog (N)		Cesar Millan		Better Dog	
ANPL	53	53	53	184	282	Scaled		Scaled		Scaled		Treehouse Masters: Branched Out		Insane Pools DeepEnd		Insane Pools DeepEnd		Tree. Mast: Branched			
DISNEY	54	54	60	172	290	BigCity	Miraculous	Jessie	Jessie	Villains	Villains	Ralph Breaks the Internet	John C. Reilly.	BigCity	BigCity	Ultra Violet	Ultra Violet	Jessie 1/3	Jessie 2/3		
BRAVO	68	68	67	129	237	(2:00) Harry Potter...		Harry Potter and the Goblet of Fire ('05,Adv)	Emma Watson, Daniel Radcliffe.	Harry Potter and the Order of the Phoenix ('07) Daniel Radcliffe.											
HIST	69	69	54	120	269	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens (N)		(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens			
HGTV	70	70	55	112	229	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.	Dream H.
KOOL	615	48	-	-	-	WildA.	Science	Sports (N)	News (N)	Local News (N)		Wrestlin	Investigate	Perfect	Poker WPT	News	Local News	Daily Flash		Wrestlin	

Feature Story

Continued from page 4
and Cheese (new Oklahoma talent Lane Factor, from the Creek-Seminole tribe and Caddo Nation) do what they can to make enough money to leave home and start a new, presumably better, life for themselves. Unfortunately, while their goal of moving to California seems just a few months out in the series' first episode, their plan

quickly gets out of hand and they find themselves needing to tie up loose ends and take care of things at home before separating themselves from the world they wish to leave. With the introduction of a gang called the NDN Mafia now in town, Bear, Elora Danan, Willie Jack and Cheese find the need to protect the home they feel is slowly killing them; and thus the Rez Dogs are born.

As the first season progresses, the Rez Dogs move from some more questionable acts of theft to slightly more wholesome ways to make money — no doubt a relief to Bear's exhausted mom, Rita (Sarah Podemski, "Resident Alien") — while defending their reservation against NDN Mafia aggression. From selling meat pies outside the IHS clinic to learning to hunt and taking their driver's tests, the Rez Dogs spend

their time trying to improve their quality of life by whatever means possible. In the final episode of Season 1, as a tornado prepares to touch down in their beloved reserve (it's a complicated, bittersweet relationship), the crew finally gets the chance to be the vigilante heroes they longed to be since the beginning of the series. Moving into Season 2, all signs point toward more high jinks and

struggles as they get their first "real" jobs, learn about the local nightlife firsthand and enter into the world of dating. Thankfully, Spirit (Dallas Goldtooth, "Rutherford Falls") also returns in Season 2 to provide some much-needed — if slightly absurd — wisdom for the teens to live by. "Reservation Dogs" has been heralded by critics, viewers and its cast alike for its Native themes and unique storytelling style.



Paulina Alexis, Devery Jacobs, D'Pharaoh Woon-A-Tai and Lane Factor in "Reservation Dogs"

Saturday Daytime

A: Arvig - Detroit Lakes/Perham; B: Arvig - Park Rapids; C: Charter -Wadena/Park Rapids; D: DISH; E: DirectTV

AUGUST 6

	A	B	C	D	E	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30	
KWCM	2	-	-	-	-	C.George	D.Tiger	Donkey	Elinor W	Sesame St.	Pinka-Peter	Dinosaur T.	Cyberchase	Old House	Old House	Ask House	Motor. (N)	Ask House	Chef's Life	Craft in America		
KXJB	4	-	-	4	4	(7:00) Sat. Morning (N)	Lucky Dog	Innovation	Mission	Hope Wild	Media	Media	Basketball BIG3 (L)					Golf PGA Wyndham Championship (L)				
WDAY	6	-	-	6	6	(7:00) News	AGWeek	GMA Saturday	Wildlife	Enterprise	Heroes	Heroes (N)	To Be Announced					Soccer MLS Seattle vs Atlanta (L)				
KCCO	7	7	-	-	-	WCCO 4 News Sat (N)	Lucky Dog	Innovation	Mission	Hope Wild	Paid	Paid	Basketball BIG3 (L)					Golf PGA Wyndham Championship (L)				
CW	9	-	-	-	-	Into Wild	Into Wild	Open Road	ReadySet	ToRescue	Paid	Hollywd.	Paid	Paid	Black-ish	*** Intersection ('94) Sharon Stone.			American Ninja 2/2			
KVRR	10	4	-	15	15	Outback	Rescue Me	Heartland	Weekend Marketplace				PartFam	3's Comp.	3's Comp.	One Day	One Day	Benson	Benson	It's a Living	It's a Living	
KVLY	11	-	-	11	11	(7:00) Today	Kids	Earth Od	Earth Od	Wild Child	One Team	Golf Women's Open Site: Muirfield -- Gullane, Scotland (L)						Swimming USAS		NBC Sports Special		
KFME	13	-	-	13	13	Contrary	Cvl Dscrse	Kitchen	ProjectFire	Meals	Milk Street	Lidia's Kit.	Cookin'	Market	Heartland	Almanac		Nancy	Quilting	Painting	Painting	
KMSP	-	9	9	-	-	FOX 9 Morning (N)	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Access Hollywood (N)		
KARE	-	11	11	-	-	KARE 11 News Saturday				Earth Od	Wild Child	Golf Women's Open Site: Muirfield -- Gullane, Scotland (L)						Swimming USAS		NBC Sports Special		
KAWE	-	13	-	-	-	C.George	D.Tiger	Donkey	Elinor W	Quilting	Nancy	Knit	Ground	Kitchen	Old House	Ask House	Bemidji	Motorweek	Sportsman	Craft in America		
FREE	16	16	31	180	311	(6:00) * The Notebook	*** Maid in Manhattan ('02) Ralph Fiennes, Jennifer Lopez.			*** Grease ('78, Musical) Olivia Newton-John, John Travolta.								(:05) *** Grease 2 ('82) Michelle Pfeiffer.				
BSNOR	17	17	29	436	668	Rooster (N)	L. Smith (N)	Waters (N)	Outdoors	Wisconsin	Outdoors	Destination	Fishing	The Rally Rewind (N)				Tennis WTA Citi Open Site: Rock Creek Park Tennis Center (L)				
NEWSN	19	19	8	235	307	* In the Heat of the Night: Who Was Geli Bendi?	* In the Heat of the Night: Who Was Geli Bendi?			Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	
HALL	21	21	78	185	312	G. Girls	G. Girls	*** Love at First Dance ('18) Becca Tobin.		*** My Favorite Wedding ('17) Maggie Lawson.				* Two Tickets to Paradise ('22) Ashley Williams.				* Taking a Shot at Lo...				
AMC	22	22	42	131	254	Two/Half	2 1/2 Men	Two/Half	Two/Half	***** Casino The rise and fall of ill-fated mobsters in a Las Vegas casino during the 1970s.								*** Rocky ('76) Burt Young, Sylvester Stallone.				
USA	23	23	59	105	242	(7:00) Golf Women's Open Site: Muirfield -- East Lothian, Scotland (L)				Mornings	Soccer EPL Chelsea at Everton (L)			Goal Zone				Countdown	Racing NASCAR New Holland 250			
UKIDS	24	24	107	-	295	Cocomelon	Mighty Mike	Mighty Mike	Mighty Mike	Mighty Mike	Mighty Mike	Mighty Mike	Mighty Mike	Mighty Mike	Mighty Mike	Masha and the Bear	Masha and the Bear	Masha and the Bear	Masha and the Bear			
CNN	25	25	34	200	202	Smerconish (N)	CNN Newsroom (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	CNN Whitfield (N)	
FNC	26	26	57	205	360	(5:00) Fox & Friends	Cavuto Live			FOX News Live (N)				FOX News Live (N)				Journal Editorial R.	FOX News Live (N)			
TNT	27	27	36	138	245	* To Be Announced				* To Be Announced				* To Be Announced				* To Be Announced				
ID	29	29	12	192	285	Reasonable Doubt	Reasonable Doubt	Reasonable Doubt	Reasonable Doubt	Your Worst Nightmare	Your Worst Nightmare	Your Worst Nightmare	Your Worst Nightmare	Your Worst Nightmare	Your Worst Nightmare	Your Worst Nightmare	Your Worst Nightmare	Your Worst Nightmare	Your Worst Nightmare	Your Worst Nightmare	Fear Thy Neighbor	
ESPN	30	30	27	140	206	Outside the Lines (L)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	Pro Football Hall of Fame Enshrinement Ceremony (L)				Cornhole ACL World Championship				Baseball				
ESPN2	31	31	28	143	209	SportsCenter (N)	The Captain (N)	The Captain (N)	The Captain (N)	Cornhole National Junior Championship (L)				Featured	Softball A.U. (L)						Featured	
A&E	33	33	46	118	265	Zombie Flip. "Brown"	Zombie House Flipping	Zombie House Flip. (N)	Small (N)	Small (N)	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	The First 48	The First 48			
TLC	34	34	45	183	280	Cellblock 6: Female	Cellblock 6: Female	Cellblock 6: Female	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	Dr. Pimple Popper	
DISC	35	35	35	182	278	Deadliest Catch	Deadliest Catch	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	Lone Star Law	
TBS	36	36	22	139	247	Amer. Dad	Amer. Dad	Amer. Dad	Friends	Friends	Friends	Friends	Friends	*** San Andreas ('15,Act) Carla Gugino, Dwayne Johnson.				*** Avengers: Age of Ultron				
CNBC	37	37	41	208	355	(6:00) To Be Announced	Track & Field			Monster Jam	Monster Jam	Monster Jam	Monster Jam	Paid	Paid	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	Undercover Boss	
FBN	38	38	72	206	359	Wall Street	WSJ/ Baker	Barron	Wall Street	WSJ/ Baker	Barron	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	
GAC	39	39	177	165	326	Bewitched	(:35) Bewitch	(:10) Bewitch	(:50) Bewitch	(:25) Bewitched	Bewitched	Bewitched	Bewitched	Bewitched	Bewitched	Bewitched	Bewitched	* To Be Announced			* To Be Announced	
FX	40	40	49	136	248	Family Guy	Family Guy	*** Wander Darkly ('20) Sienna Miller.		*** The Dark Tower ('17) Idris Elba.				*** Passengers ('16,Adventure) Chris Pratt, Jennifer Lawrence.				Movie				
LIFE	41	41	30	108	252	Paid	Paid	Paid	Paid	* The Secret Sex Life of a Single Mom				*** Fifty Shades of Grey ('15) Jamie Dornan, Dakota Johnson.				*** Fifty Shades Darker				
BIG10	42	42	16	405	640	Football NCAA Pit./Rutg.	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	Football Classics NCAA	
SYFY	44	44	40	122	244	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	Warehouse 13	*** Zathura: A Space Adventure ('05) Jonah Bobo.				*** Doom ('05) Karl Urban.				
MSNBC	45	45	58	209	356	Velshi (N)	The Cross Connection with Tiffany Cross (N)			Alex Witt Reports (N)	Alex Witt Reports (N)	Alex Witt Reports (N)	Alex Witt Reports (N)	Yasmin Vossoughian (N)	Yasmin Vossoughian (N)	Yasmin Vossoughian (N)	Yasmin Vossoughian (N)	Yasmin Vossoughian (N)	Yasmin Vossoughian (N)	Symone (N)		
E!	46	46	44	114	236	* To Be Announced				* To Be Announced				* To Be Announced				* To Be Announced				
FOOD	47	47	62	110	231	Mary	Mary	Pioneer (N)	Pioneer	The Kitchen (N)	Cooking	Cooking	BBQ USA	Supermarket Stakeout	Supermarket Stakeout	Supermarket Stakeout	Supermarket Stakeout	Supermarket Stakeout	Supermarket Stakeout	Supermarket Stakeout	Supermarket Stakeout	
TOON	49	49	47	176	296	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Titans!	Titans!	Titans!	Titans!	Titans!	Titans!	Titans!	Titans!	
TRAV	50	50	50	196	277	Man/Food	Man/Food	Man/Food	Man/Food	Man/Food	Man/Food	Man/Food	Man/Food	Unexplained: Caught	Unexplained: Caught	Unexplained: Caught	Unexplained: Caught	Unexplained: Caught	Unexplained: Caught	Unexplained: Caught	Unexplained: Caught	
TRUTV	51	51	51	242	246	Carbonaro	Carbonaro	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	InsideJoke	InsideJoke	InsideJoke	InsideJoke	Imp. Jokers	Imp. Jokers	Imp. Jokers	101 Places	
NGEO	52	52	69	186	276	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Drugs, Inc.: The Fix	Rome "Hidden Heroin"	Rome	Rome	Rome	Rome	Rome	Rome	"Drug Dealing DJ"	
ANPL	53	53	53	184	282	Mythical Beasts	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	Mysterious Creatures	River Monsters	
DISNEY	54	54	60	172	290	BigCity	BigCity	Miraculous	Miraculous	BigCity	BigCity	Miraculous	Miraculous	Jessie	Jessie	Jessie	Jessie	BigCity	BigCity	BigCity	BigCity	
BRAVO	68	68	67	129	237	Movie	*** Harry Potter and the Prisoner of Azkaban ('04) Daniel Radcliffe.			*** Harry Potter and the Goblet of Fire ('05,Adv) Emma Watson, Daniel Radcliffe.				* Harry Potter & the ...								
HIST	69	69	54	120	269	Alone "Fight, Flight or Freeze"	Alone: Frozen	Alone Skills	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	
HGTV	70	70	55	112	229	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip To A Million	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	Fixer to Fabulous	
KOOL	615	48	-	-	-	Biz Kid\$	Wrestlin	Greater Minnesota Now	Minnesota	Angling	Fish West	No Offense	Outdoors	Perfect	3 Wide Life	Sports (N)	Cutty	Wrestlin	Poker WPT			

Saturday Best Bets

River Monsters

ANPL 3:00 p.m.

Angler Jeremy Wade explores the world of dangerous water-dwellers in this rebroadcast. Traveling the globe, he risks life and limb to introduce viewers to the most mysterious freshwater predators around, exploring the myths that surround the creatures.

The Whitney

KARE KVLV 4:00 p.m.

The annual Whitney Stakes Breeder's Cup Challenge series event airs live from the Saratoga Race Course in Saratoga Springs, N.Y., this afternoon. Attracting some of the biggest names in horse racing, this annual event first took place in 1928.



Randy Fenoli hosts "Say Yes to the Dress"

Say Yes to the Dress

tlc 7:00 p.m.

Eager bride-to-be Monique wastes no time getting into Kleinfeld Bridal for her dress appointment, having just gotten engaged the night before in this new episode. Meanwhile, bride Lauren wants a dress with wings and Debbie gets some bad news.

Steal This House

HGTV 8:00 p.m.

Host Cristy Lee helps a woman who wants to move closer to her family in this new episode. Looking to relocate to Leland, Mich., the house hunter runs into trouble when she realizes the vacation market has caused prices to skyrocket in the area.

Saturday Evening

A: Arvig - Detroit Lakes/Perham; B: Arvig - Park Rapids;
C: Charter -Wadena/Park Rapids; D: DISH; E: DirectTV

AUGUST 6

	A	B	C	D	E	4 pm	4:30	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30	
KWCM	2	-	-	-	-	History Detectives		News (N)	Firing Line	Antiques Roadshow		America Outdoors		In Their Own Words		Finding Your Roots		Austin City Limits		Nova		
KXJB	4	-	-	4	4	(2:00) Golf PGA		Jeopardy!	News (N)	News (N)	In Depth	FBI "Gone Baby Gone"		NCIS: Los Angeles		48 Hours		News (N)	Gametime	SEAL Team		
WDAY	6	-	-	6	6	TBA	House	Paid	News (N)	News (N)	Paid	Funniest Home Videos		Celebrity Wheel		Shark Tank		News (N)	(:35) Paid	(:05) Ent. Tonight (N)		
KCCO	7	7	-	-	-	(2:00) Golf PGA		News (N)	News (N)	News (N)	Wheel	FBI "Gone Baby Gone"		NCIS: Los Angeles		48 Hours		News (N)	(:35) News	(:05) Paid	(:35) InTouch	
CW	9	-	-	-	-	Bloodline Detectives		BobBrg	Family Guy	MacGyver		Whose Line Would I Lie		Illusion	Illusion	Goldberg	*** The Hunt for Red October ('90) Sean Connery.	News (N)	Last Man	Name That Tune	Modern Homeown.	
KVRR	10	4	-	15	15	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	Baseball MLB (L)								News (N)	Name That Tune	Modern	Homeown.	
KVLY	11	-	-	11	11	Horse Racing		Paid	News (N)	News (N)	Wheel	The Wall			Dateline NBC			News (N)		Saturday Night Live		
KFME	13	-	-	13	13	Wood Shop	Old House	Motor. (N)	News (N)	Canada	Prairie	Appear.	Wait God	Yes, PM	Served?		Austin City Limits		SongCent	SongCent	Lost River	Lost River
KMSP	-	9	9	-	-	Judge Judy	Judge Judy	News (N)	News (N)	Baseball MLB Cincinnati		Reds at Milwaukee Brewers				News (N)	Sports Now	Name That Tune		TMZ (N)		
KARE	-	11	11	-	-	Horse Racing		News (N)	News (N)	News (N)	Minnesota	The Wall			Dateline NBC			News (N)		Saturday Night Live		
KAWE	-	13	-	-	-	America	Native	Lawrence Welk Show		PBS News	Ground	Legacy List		Red Green	Backroads		Country Music "Will the Circle Be Unbroken? (1968-1972)"				Greatest	
FREE	16	16	31	180	311	Movie	(:45) Office	(:15) Office	(:45) Office	(:15) Office	(:50) Office	(:20) Office	(:55) The Office	(:25) Office	(:55) Office	The Office	The Office	The Office	*** The Devil Wears Prada			
BSNOR	17	17	29	436	668	(1:00) Tennis WTA		Inside	Pre-game	Baseball MLB Toronto Blue Jays at Minnesota Twins Site: Target Field (L)						Post-game	18 Holes		Poker WPT		Inside	Pre-game
NEWSN	19	19	8	235	307	Last Man	Last Man	Last Man	Last Man	NewsNation Prime (N)		NewsNation Prime (N)		NewsNation Prime (N)		NewsNation Prime		NewsNation Prime		NewsNation Prime		
HALL	21	21	78	185	312	(3:00) * Taking a Sh...		* Don't Go Breaking My Heart ('21) Italia Ricci.		* Love in the Limelight ('22) Alexa PenaVega.		* Snowkissed ('21,Rom) Chris McNally, Jen Lilley.		* G. Girls		G. Girls						
AMC	22	22	42	131	254	Movie	*** Rocky II (1979,Drama) Talia Shire, Sylvester Stallone.		** Rocky III (1982,Drama) Talia Shire, Sylvester Stallone.		*** Rocky IV ('85) Sylvester Stallone.		* Rocky V									
USA	23	23	59	105	242	(2:30) Racing NASCAR		Xfinity Post	Snake in the Grass	** Billy Madison ('95) Adam Sandler.		** Happy Gilmore ('96) Adam Sandler.		Chrisley		Chicago P.D.						
UKIDS	24	24	107	-	295	Masha and the Bear		Masha and the Bear		Trolls: Beat Goes On		Trolls: Beat Goes On		Trolls: Beat Goes On		Trolls: Beat Goes On		Trolls: Beat Goes On		Peabody	Peabody	
CNN	25	25	34	200	202	CNN Acosta (N)		CNN Brown (N)		CNN Brown (N)		CNN Brown (N)		Patagonia Life on Ed		Patagonia Life on Ed		UnitedShadesAmerica		CNN Special (N)		
FNC	26	26	57	205	360	The Big Saturday Show		Fox Report		Gutfeld!		One Nation		Unfiltered		Lawrence Jones		One Nation		Unfiltered		
TNT	27	27	36	138	245	* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		
ID	29	29	12	192	285	Fear Thy Neighbor		Fear Thy Neighbor		Fear Thy Neighbor		Scorned: Love Kills		Scorned: Love Kills		Scorned: Love Kills		Scorned: Love Kills		DeadSinN	Deadly A	Scorned: Love Kills
ESPN	30	30	27	140	206	(3:00) Baseball		SportsCenter (N)		UFC Fight Night UFC Site: UFC Apex -- Las Vegas, Nev. (L)		UFC Fight Night UFC Site: UFC Apex -- Las Vegas, Nev. (L)		UFC Fight Night UFC Site: UFC Apex -- Las Vegas, Nev. (L)		UFC Fight Night UFC Site: UFC Apex -- Las Vegas, Nev. (L)		UFC Fight Night UFC Site: UFC Apex -- Las Vegas, Nev. (L)		UFC Fight Night UFC Site: UFC Apex -- Las Vegas, Nev. (L)		
ESPN2	31	31	28	143	209	Softball Junior League World Series (L)		Football CFL Hamilton Tiger-Cats at Toronto Argonauts Site: BMO Field (L)		Football CFL Edmonton Elks at BC Lions Site: B.C. Place Stadium (L)												
A&E	33	33	46	118	265	The First 48		The First 48		The First 48		The First 48		First Blood (N)		Panic 9-1-1 (N)		(:05) The First 48		(:05) The First 48		
TLC	34	34	45	183	280	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Say Yes to the Dress (N)		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Say Yes to the Dress
DISC	35	35	35	182	278	Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		
TBS	36	36	22	139	247	(2:00) * Avengers: A...		* Avengers: Endgame		Earth's mightiest heroes assemble to defeat Thanos & avenge the deaths of billions.		BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	BobBrg	*** San Andreas
CNBC	37	37	41	208	355	Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		
FBN	38	38	72	206	359	Paid Program		Kudlow		To Be Announced												
GAC	39	39	177	165	326	(3:00) * To Be Annou...		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		Bewitched	(:35) Bewitch	
FX	40	40	49	136	248	(3:30) *** Armageddon (1998,Adventure) Liv Tyler, Bruce Willis.		*** Iron Man (2008,Action) Gwyneth Paltrow, Robert Downey Jr..		Atlanta		Atlanta		Atlanta		Atlanta		Atlanta		Atlanta		
LIFE	41	41	30	108	252	(2:30) * Fifty Shades ...		* Fifty Shades Freed ('18) Dakota Johnson.		* A Dangerous Affair Aubree Bouche.		(:05) * Hider in My House Meghan Carrasquillo.		* A Dangerous Affair								
BIG10	42	42	16	405	640	The B1G Story		Football Classics NCAA		Football Classics NCAA		Big Ten Elite		Football Classics NCAA		Football Classics NCAA		Big Ten Elite		Football Classics NCAA		
SYFY	44	44	40	122	244	(2:30) *** Doom		*** Apollo 13 (1995,Docu-Drama) Bill Paxton, Tom Hanks.		*** Guardians of the Galaxy Vol. 2 ('17,Action) Zoe Saldana, Chris Pratt.		Resident Alien "Pilot"										
MSNBC	45	45	58	209	356	PoliticsNation (N)		American Voices (N)		American Voices (N)		Ayman (N)		Ayman (N)		American Voices		Ayman		Ayman		
E!	46	46	44	114	236	(2:00) * To Be Annou...		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		* To Be Announced		
FOOD	47	47	62	110	231	Supermarket Stakeout		Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	
TOON	49	49	47	176	296	Titans!	Titans!	* To Be Announced		(:45) Titans!		King of Hill	King of Hill	Futurama	Futurama	Amer. Dad	Amer. Dad	Amer. Dad	Morty		To Be Announced	
TRAV	50	50	50	196	277	Paranormal		Paranormal		Paranormal		Paranormal		Paranormal		Ghost Brothers: (N)		Ghost Brothers:		Paranormal		
TRUTV	51	51	51	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	InsideJoke	InsideJoke	InsideJoke	InsideJoke	InsideJoke	Imp. Jokers	InsideJoke	InsideJoke	
NGEO	52	52	69	186	276	Rome		Rome		Rome		Rome "Holy Smuggler"		Narco Wars (N)		Narco Wars		Rome		Narco Wars		
ANPL	53	53	53	184	282	River Monsters		River Monsters		MysterioftheOcean		River Monsters: Deadliest Man-Eaters		River Monsters		River Monsters		River Monsters		River Monsters		
DISNEY	54	54	60	172	290	BigCity	BigCity	BigCity	Miraculous	Miraculous	Miraculous	BigCity	BigCity	GhostMolly	GhostMolly	BigCity	BigCity	BigCity	Miraculous	Miraculous	Miraculous	
BRAVO	68	68	67	129	237	(3:00) * Harry Potter & the Order of the Phoenix		*** Harry Potter and the Half-Blood Prince ('09) Michael Gambon, Daniel Radcliffe.		*** Harry Potter and the Deathly Hallows: Part 1												
HIST	69	69	54	120	269	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers (N)		(:05) Amer. Pickers (N)		(:05) American Pickers		(:05) American Pickers		
HGTV	70	70	55	112	229	Fixer to Fabulous		Fixer to Fabulous		Love It or List It		Love It or List It		Steal This House (N)		Love It or List It		Love It or List It		Steal This House		
KOOL	615	48	-	-	-	* To Be Announced		House	Real Green	Chasing	Music	Branson (N)		Boundless		Greater Minnesota Now		Minnesota		Fish West		

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Late Laughs

The Late Show with Stephen Colbert

Today was the last day of this year's Supreme Court session. It's been a real roller-coaster ride, in that I am nauseous and scared we're all going to die.

With contraception on the judicial cross-hairs, folks are taking their genitals into their own hands, with men rushing to get vasectomies — and then very slowly walking home from them. ... That makes sense: the most effective forms of birth control for men are

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A P D O L P H I N S S C L L N
D E T S E V E N S I I H E F I
L N T U T G B N F D K A P O L
U N I H G C E D R N M N H R L
C Y G S H V L E I B S D A T A
K I E A A O I V E A M A N U F
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S M S O W S F N N K L U S E C
S M A C B E T H C H A N C E K
H O R S E S D L O G F O T O P

A Matter of Luck

AMBER
ANKH
BAD LUCK
BELIEF
BLACK CATS
BREAK A LEG
BUDDHA
CHANCE
CHARMS
CIRCLES
CRYSTALS
DICE
DOLPHINS
EGGS
EIGHT
ELEPHANTS
FALLING STAR

FOLK
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HORSES
KNIVES
MACBETH
OMENS
PENNY
PIGS
POT OF GOLD
RAVENS
SAINTS
SEVEN
TIGERS
TURTLES

Solution on page 3

abstinence and vasectomies. They have the same result but there's a vas deferens.

The Tonight Show Starring Jimmy Fallon

Millions of people are taking trips [during the July 4 weekend], and experts say it's going to be the busiest

travel weekend in years. And, honestly, what's more American than an airport delay on the Fourth of July, you know what I'm saying? The TSA is already warning [of] delays up to two hours. [It] starts as a two-hour delay and the next thing you know, the gate agent's wishing you a happy Labor Day.

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I saw that ... chicken is the No. 1 thing that people are grilling this summer, while the least popular thing is still your dad trying to give you the burger that fell on the charcoal.

The Late Late Show With James Corden

According to reports, Queen Elizabeth overspent last year by nearly 15 million pounds. The money went on things like sprucing up Buckingham Palace for the Platinum Jubilee. ... One of the biggest expenses was William and Kate's visit to the Caribbean in March. It was over 200,000 pounds, all of which went on sunscreen for Prince William's head.

Jimmy Kimmel Live! with Chelsea Handler

There is a lot men can do to help women [following the overturning of Roe vs. Wade], like not creating laws

that kill women. ... And if you get a woman pregnant, stop saying "we're" pregnant, OK. If you don't have to push a Christmas ham out of your Pikachu, you're not pregnant.

We did get at least one small piece of encouraging news today: it was Judge Ketanji Brown Jackson's first day on the Supreme Court. For the first time ever, there are now four women on the Supreme Court — five if you include that b—— Clarence Thomas!

Late Night With Seth Meyers

Today was the final day of the Supreme Court's current term and I've got to say, thank God! This must be how the [New York] Jets feel when halftime finally arrives.

A man in Idaho recently broke a Guinness World Record by walking nearly three and a half miles with a guitar balanced on his chin. The bad news: he's walking to your party.