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 Life, Page B1

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Adeline, 4, skates at a Parks and Recreation Department open skate event on Friday at the Bemidji Community Arena.

Residents discuss community topics

Locals talk with city council, mayor at LaunchPad event

By Nicole Ronchetti
 The Bemidji Pioneer

BEMIDJI — A LaunchPad meet-up event hosted by Greater Bemidji on Wednesday morning provided city residents a chance to talk openly with Bemidji City Council members and Mayor Jorge Prince about a variety of community topics.

al for management of the Sanford Center, including questions about the details of the contract.

To answer these questions, Prince and Johnson gave information about the various funds and highlights of the contract, including the \$200,000 that ASM will be providing for capital improvements to the building.

Originally slated to include the mayor and Greater Bemidji Executive Director Dave Hengel, upon his arrival at the event Ward 3 Councilor Ron Johnson was also invited to the front to share his perspectives on the topics discussed.

Another area of focus around the Sanford Center was the incentives built into the contract for ASM Global to decrease the deficit the event center has had annually under previous management.

Talking points included the recent management transition at the Sanford Center, progress on the Rail Corridor's development and discussion on redistricting the city's wards.

"They're incentivized by reducing the deficit and turning a profit," Prince said, explaining that as ASM Global decreases annual losses the company can receive up to 40% of generated profits in addition to the flat \$10,000 a month management fee.

The first topic to receive substantial attention was the new contract with ASM Glob-

COMMUNITY: Page A7

Glide inside

Bemidji skaters lace up for Parks and Rec indoor skate event

By Madelyn Haasken
 The Bemidji Pioneer

Skaters young and old took to the ice Friday morning during a free open skate event at the Bemidji Community Arena.

Hosted by the Bemidji Parks and Recreation Department, the event drew dozens of skaters throughout its two-hour duration.

Recreation Coordinator Jamie Anderson said it was the first time the department had the opportunity to host an open skate event at the Bemidji Community Arena.

"This is the first



Attendees skate around the ice rink during a Parks and Recreation Department open skate event on Friday at the Bemidji Community Arena.

time we've ever done it there," Anderson said. "The BCA itself had offered open skate, but Parks and Rec hadn't

hosted one yet." According to Anderson, one benefit of Parks and Rec hosting the event is

that they were able to provide about 50 pairs of skates, available for attendees to use for free.

"We're able to bring our rental skates," Anderson said. "Normally there wouldn't be rental skates at the open skate, but this time we're able to provide equipment."

Free skate rentals for the event were made possible through a grant the Parks and Recreation Department received from the Bernick Family Foundation. The grant



Bemidji Mayor Jorge Prince speaks about potential development in the Rail Corridor during a LaunchPad event on Wednesday morning at the Mayflower Building.

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Certified candidates announced for Red Lake general election

Pioneer Staff Report
 news@bemidjipioneer.com

RED LAKE — Certified candidates have been named for the Red Lake Nation general election taking place May 18.

A preliminary list of candidates was released following a Feb. 16 filing deadline and prior to March 2, the deadline for candidates to withdraw their candidacy.

Incumbent tribal treasurer Annette Johnson withdrew her candidacy prior to the withdrawal deadline and two incumbents from Ponemah and Redby opted to not

seek reelection. One non-incumbent candidate also withdrew their candidacy and one candidate was deemed ineligible.

Certified candidates for tribal chairman include incumbent Darrell Seki Sr., Floyd Jourdain, Angela Chaboyea, Lydell Roberts and Darwin Sumner.

Tribal secretary candidates include incumbent Samuel Strong and Tim Sumner, who is a current Beltrami County Commissioner.

Tribal treasurer candidates include Vernelle

Lussier and Martina Beaulieu.

Representative candidates for the Red Lake District include incumbent Donald Good Sr., Julie Stately, Michael Needham, Clem May Sr., Nicole Desjarlait, David Desjarlait, Clayton Strong Sr., Mark Kingbird Sr., Martera Nelson, Cheryl Spears, Mark Sigana, Robert May, Leland Lussier Jr., and Charles Martin.

Representative candidates for the Redby District include Harold Graves Jr., Jeanne Thunder, Herman Donnell,

Gary Auginash Sr., Lester Loud, Sheldon Brown and Maureen Lyons.

Representative candidates for the Little Rock District include incumbent Adrian Beaulieu, Tashina Branchaud, Cheryl Thomas, James Drouillard Jr., and Harlow Spears.

Representative candidates for the Ponemah District include Randall Kingbird, Aaron Jones, Eugene StandingCloud and Scott Perkins.

Polls will be open between 8 a.m. and 8 p.m. on May 18 at the Ponemah, Redby, Red Lake and Little Rock Community Centers. In-person voting will observe social distancing and enhanced cleaning procedures at each polling place.

Curbside voting will also be offered and absentee voting is encouraged as a preferred voting method. Absentee ballots must

be received on or before election day.

Members of an Absentee Ballot Committee will be available at additional polling locations from 8 a.m. to 8 p.m. on Monday, May 16, at the Red Lake Embassy in Minneapolis, Red Lake Urban Office in Duluth and Oshkiimaajitahdah Office in Bemidji.

Where there are two or more candidates for any office, a candidate must win a majority of votes to be elected. If no candidate achieves the required majority of 50% or more of the votes, a run-off election between the candidates with the two highest vote totals will be conducted.

In the event there is a need for a run-off election, such an election will be held within 60 days with the run-off date being set by the council.

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what's up

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Annalise Braught / Bemidji Pioneer

Buena Vista Ski Area is located at 19600 Irvine Avenue NW, about 15 miles north of Bemidji.

Buena Vista Rail Jam set for Sunday

BEMIDJI — Buena Vista Ski Area will host a Rail Jam at 2 p.m. on Sunday, March 13.

There is a \$15 entry fee, and registration will begin at 12:30 p.m. on the first floor of the ski lodge.

Participants have the opportunity to win prizes and T-shirts, a release said.

Participants must have a current lift ticket and a signed waiver. Those under 18 must have a parent's signature. Helmets are required.

Clearwater County History Center to reopen March 15

SHEVLIN — After several months of being closed to build new exhibits, the Clearwater County History Center in Shevlin will resume its regular museum hours on Tuesday, March 15.

There are several new exhibits to view in the main museum gallery.

"Let's Play: Celebrating Toys and Fun" is an exhibit about more than 100 years of toys and games — from dolls to Star Wars action figures, from slingshots to radio-controlled cars, a release said.

"Commemorating the Leonard Centennial" is an exhibit that looks at the village over its past 100 years, formally incorporated in 1922.

"Capturing the Past" is an exhibit about photographers in Clearwater County including Carl Skog and A.L. Synnes as well as photographers active today. The exhibit includes recent photos on loan from the area Photo Club.

This exhibit will change over the year as new pho-

tos are brought in and others are returned to their owners. Cameras, tin types and glass negatives are also part of the exhibit, the release said.

A fourth exhibit acknowledges 100 years since the Capper Volstead Act was passed that gave cooperatives producing agricultural products certain exemptions from antitrust laws. The exhibit looks at the many cooperatives in Clearwater County over the years.

The History Center is open from 10 a.m. to 4 p.m. Tuesday to Friday and by appointment. It will also be open from noon to 4 p.m. on Sunday, March 27.

Admission is free, however, donations are encouraged. The History Center is located at 264 First St. W in Shevlin.

BSU faculty recital set for Tuesday

BEMIDJI — A Bemidji State faculty recital will be held at 7:30 p.m. on Tuesday, March 15, at First Lutheran Church, 900 Bemidji Ave. N.

The program will feature Jenya Trubnikava, pianist and adjunct professor at the College of Saint Benedict, and Jennifer Olson, soprano and assistant professor of voice at BSU.

They will present a vocal/piano duo recital entitled "Songs of Innocence."

It will feature poetry from around the world inspired by fairy-tale characters, nursery rhymes, and children's stories in the music of Jaime Léon, Modest Musorgsky, Francis Poulenc and Peter Cavell, a release said.

BCHS, Bemidji Public Library to present Niimi'idiwag program series

BEMIDJI — The Beltrami County Historical Society and Bemidji Public Library will present the exhibit Niimi'idiwag (They Dance), which explores the history of the Anishinaabe powwow, at 6 p.m. on Wednesday, March 16, at the history center, 130 Minnesota Ave. SW.

In addition to the

exhibit at the history center, the Bemidji Public Library and the Beltrami County Historical Society will host a series of free programs focusing on the culture and history of the Anishinaabe, a release said.

They will highlight the significance of powwow music, regalia, dance and culture.

The subjects and dates of the events are:

► Battle of Sugar Point with Cecelia McKeig — 2 p.m. on Saturday, March 12, at the Bemidji Public Library.

► Powwow Music: The Drum Circle — 6 p.m. on Saturday, March 19, at the history center.

► Exploring Powwow Regalia and Dance — 6 p.m. on Saturday, March 26, at the history center.

► All About Fry Bread with Tana Morgan-Robinson — 10 a.m. on Saturday, April 23, at Harmony Foods Co-op.

The Niimi'idiwag exhibit at the history center will include photographs, archival records, audio-video, and artifacts on and of the powwow, both vintage and modern.

On display in the far west gallery, opposite the permanent Red Lake Nation display and the statues of Shaynowishkung that were previously at Lake Bemidji, will be information panels and items from the Beltrami County Historical Society as well as materials on loan from community partners, a release said.

A.C. Clark Library seeks book-themed art submissions

BEMIDJI — Bemidji State University's A.C. Clark Library will host a book art exhibit titled "Books Unbound!" from April 7 through May 7 and is now accepting art

submissions.

The exhibition is open to submissions from the area community, which includes those within a 60-mile radius of Bemidji.

Artists and community members of all ages, including high school students, as well as Bemidji State faculty, staff and students can submit work to be showcased at the exhibit, a release said.

Submissions must be book-themed art. This includes pieces created using repurposed books or depicting a book theme, character(s) or storyline.

Artwork can be no larger than 24-inches by 24-inches. 3-D art is encouraged but can be no larger than 24-inches in height, width and depth. Additionally, weight must be under 25 pounds.

Art will be displayed on the top of bookshelves waist-high. Any 2-D art requires the ability to be displayed on a table-top easel. There is no hanging wall display option for submissions, the release said.

For more information about entry requirements, visit the A.C. Clark Library's Facebook page.

The deadline for submissions is 5 p.m. on March 17. Jurying will take place on March 18. Artists will be notified by March 23.

Artwork must be delivered to the A.C. Clark Library by April 1. An opening reception will be held from 4 to 6 p.m. on April 7 in the A.C. Clark Library.

Dancing Sky Area Agency on Aging to host virtual Medicare event

BEMIDJI — The Dancing Sky Area Agency on Aging will host a virtual class to help peo-

ple understand Medicare from 2 to 4 p.m. on Thursday, March 17.

The class is for people new to Medicare and who would like to learn about Medicare Parts A, B, C and D. Topics include a comprehensive introduction to Medicare including what Medicare covers, supplemental insurance and Part D prescription coverage.

During the class, participants will find out how to get the most from their benefits and how to research their Medicare plan options using the medicare.gov website, a release said.

To register, visit dancingskyaaa.org. For more information, contact the Senior LinkAge Line at (800) 333-2433.

Watermark Art Center announces call for art for Members Show

BEMIDJI — Watermark Art Center is preparing for its bi-annual Members Show and will accept submissions online for jury through Thursday, March 31.

For current members of Watermark who are also artists, this is a unique opportunity to participate as an exhibiting artist, a release said.

The show is scheduled to open May 6, with an opening reception, through July 29.

In addition, March is the time for all current members to encourage a friend to purchase a first-time annual or sustaining membership, the release said.

In doing so, Watermark will provide both the member and their

friend with a \$15 voucher to be used on any Watermark education program.

Watermark offers year-round creative classes and workshops for all ages and skill levels.

For more information, visit watermarkart-center.org or call (218) 444-7570. Masks may be required for certain indoor visitors.

Emergency food and shelter grant applications open

BEMIDJI — The United Way of Bemidji Area is accepting applications for emergency food and shelter funding for Beltrami County agencies through Friday, March 25.

The Beltrami County area has been awarded two different funding phases that will run concurrently and have only one application.

The federal Emergency Food and Shelter Program has provided funding for agencies serving Beltrami County residents with \$14,476 and the American Rescue Plan Act has provided funding of \$44,743, which means the local Emergency Food and Shelter Board has \$59,219 to award to local agencies to help Beltrami County residents with emergency food and shelter needs, a release said.

Applications can be accessed by visiting Emergency Food and Shelter Program, under Our Work, at www.UnitedWayBemidji.org.

Completed applications must be emailed to: annie@unitedwaybemidji.org.

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Third Time's the Charm! Local Author releases new Horror Novel!



Eli Hooker, author of the *Legion of Monsters* anthology and the standalone *Feral Unleashed*, has recently published his third novel, set in the backwoods of Laporte, Minnesota! And this time, he's brought some old favorites along for the ride. Appearing in separate stories in *Legion of Monsters*, the Minnesota Dogman, Gray, and the mutant Laporte Zombies might have finally met their match—EACH OTHER!

Less than twenty-four hours have passed since Dillon Hunter's first encounter with the zombie-like creatures that seemingly arrived overnight. Laporte, Minnesota is now completely overrun. Homes stand vacant, doors and windows smashed. Vehicles lie dormant along the highways. The Laporte Zombies now stalk the countryside, devouring wildlife, livestock, and human beings alike. Amidst the chaos, a small group of armed survivors has banded together to try and flee the area.

What neither man nor zombies realize, however, is that there's another deadly creature now lurking in their midst! The Minnesota Dogman, Gray, searching for new hunting grounds, soon comes under attack by the Laporte Zombies while passing through the area. When one particular zombie leaves him seriously injured, Gray makes it a personal mission to seek vengeance, no matter what the cost!

Inspired by real-life paranormal events witnessed south of Bemidji, *Gray vs. The Laporte Zombies* is available at multiple retailers, including Amazon, Barnes and Noble, and exclusively at Four Pines Bookstore in Bemidji, MN!

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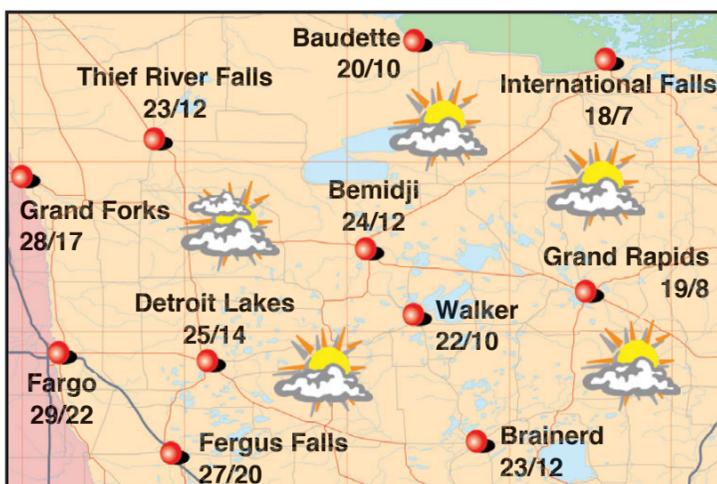
FIVE-DAY FORECAST FOR BEMIDJI

TODAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Partly Cloudy	Mostly Cloudy	Partly Cloudy	Mostly Cloudy	Mostly Cloudy
24° / 12°	32° / 13°	31° / 11°	40° / 25°	43° / 29°
Winds: 3-15 mph S	Winds: 6-11 mph WNW	Winds: 5-9 mph SW	Winds: 7-11 mph S	Winds: 6-9 mph SW

LOCAL OUTLOOK

Today we will see partly cloudy skies with a slight chance of snow, high temperature of 24°, humidity of 49%. South wind 3 to 15 mph. The record high temperature for today is 56° set in 1946.

REGIONAL WEATHER



FOR MORE WEATHER DETAILS GO TO:
bemidjipioneer.com/news/weather/

FISHING/HUNTING TIMES

PEAK TIMES

DAY	AM	PM
Sat	7:06-9:06	7:32-9:32
Sun	8:57-10:57	9:23-11:23
Mon	9:47-11:47	10:12-12:12
Tue	10:36-12:36	--
Wed	11:00-1:00	11:23-1:23
Thu	11:47-1:47	12:10-2:10

THE BEMIDJI JAYCEE'S HOME, SPORT AND TRAVEL SHOW IS BACK!

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Lawmakers move to divest from Russian investments

By Dana Ferguson
The Bemidji Pioneer

ST. PAUL — A bipartisan, bicameral group of Minnesota lawmakers on Thursday, March 10, announced a plan to divest Minnesota's state pension fund from Russia following its attacks on Ukraine.

The move could pull an estimated \$53 million in investments from Russian entities. And it's the latest step aimed at chiding the nation for its unprovoked aggression in the region. Days after Gov. Tim Walz signed an executive order ending contracts with Russian entities, legislators also announced that they would write the prohibition into state law.

That means that state agencies would be barred from contracting with Russian businesses unless the state Legislature repealed the prohibition at a later date.

"This is important for Minnesota to send a message that we stand firmly with Ukraine and strongly condemn the Russian government's actions," Senate author Karin Housley, R-Still-



Dana Ferguson / Bemidji Pioneer

Luda Anastazievsky, chair of the Minnesota Ukrainian American Advocacy Committee, on Thursday spoke to reporters at the Minnesota Capitol about a legislative proposal to divest Minnesota's pension fund from Russian interests.

water, said. "My heart breaks for the Ukrainian families that are suffering right now. This bill demonstrates that we stand with Ukraine and with the free democracies across the world that have a right to exist in peace."

Bipartisan agreements aren't easy to come by in the politi-

cally-split Capitol and lawmakers noted that they started working on a plan to divest from Russia almost immediately after it launched attacks on Ukraine. To date, roughly 550 civilians have been killed in Ukraine and more than 2 million people have been displaced.

"We join an

ever-growing number of democracies in standing up to this evil committed in Ukraine, not only because standing against tyranny is always the right thing to do but because we can't allow a single cent from our state to line the pockets of oligarchs and despots who sanction the murder of innocent peo-

ple," Rep. Sydney Jordan, DFL-Minneapolis, said. "It is not every day that you see this particular group of legislators pushing the same bill."

Ukrainian American Minnesotans said they had loved ones in areas of Ukraine that had come under fire who were living in conditions without heat, electricity, food or water and they worried that they would die in an attack or as a result of not being able to access resources they need to live. They said the legislation sent a strong message that the state condemns Russia's actions. And they noted that while they could affect state employee pensions, it was worth taking a stand.

"Our state can't send defensive weapons, but it can fight back and defend Ukraine. ... Our state should not support a government that invades its neighbors without provocation and targets innocent civilians as part of its military strategy," said Luda Anastazievsky, chair of the Minnesota Ukrainian American Advocacy

Committee.

Anastazievsky is also a teacher whose pension could be impacted by the move if approved by the Legislature and signed into law by the governor.

"As a public employee, I don't want my money going to Putin to fuel his war machine. Russia must feel economic pressure if we hope to stop this war and deter future aggression," she said.

Legislative leaders said they expected the bills would move quickly through committee hearings and come to the floor for a vote in seven to 10 days. And they said they would also consider expanding the ban on pension fund investments to Belarus.

Anastazievsky said they would also weigh legislation aimed at welcoming Ukrainian refugees to Minnesota and sending medical supplies and protective equipment to Ukraine.

Follow Dana Ferguson on Twitter @bydanaferguson, call 651-290-0707 or email dferguson@forumcomm.com.

City Council to hear from Veterans Memorial Board

Pioneer Staff Report
news@bemidjipioneer.com

BEMIDJI — In their next scheduled work session, the Bemidji City Council will meet with the Freedom Defenders Veterans Memorial Board to discuss a request by the board for land.

The existing memorial is located near Bemidji's Rail Corridor, which is being considered for the development of a wellness center in partnership with Sanford Health.

With private development

being discussed in the area, the Veterans Memorial Board is asking for an area of land next to the current memorial to be set aside for potential expansion.

The requested area is just over 15,000 square feet, and the proposed plan would develop it into a veterans memorial garden.

Plans included in a preview given to the council include added statues and other memorials, walkways and benches.

The meeting will begin at 5:30 p.m., on March 14, at City Hall.

IDEA Competition finalists announced

Pioneer Staff Report
news@bemidjipioneer.com

BEMIDJI — The Northwest Minnesota Foundation has announced three finalists for the annual IDEA Competition, which identifies promising ideas and entrepreneurs.

Previous winners have been awarded cash prizes and follow-up assistance in developing their business idea.

This year's top three finalists are:

► Cook Family Farm, LLC from Kenna, Chloe and Rocky Cook of Bemidji. Their idea expands the development and sale of dryer balls made from

alpaca fibers and organic soil enhancers.

► Community Voice from Megan Pederson of Fertile. This idea would develop a mobile app to facilitate community engagement, increase transparency among community leaders and connect people to services and events.

► Motor-grader Debris Blower from Merlin Olson of Lengby. This idea is for a debris blower that would attach to a road grader, helping to quickly and easily clear debris from roadways.

According to a release, these three finalists were

chosen from 16 participants to enter into the competition this year, and their final presentations will be held in early April before a winner is selected in May.

The criteria for judging these business plans include business opportunities, models, strengths of the entrepreneur team, financial strength and the strength of the marketing plan.

Since its inception, the IDEA Competition has awarded more than \$450,000 in cash prizes and \$32,000 of in-kind awards, the release said.

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The Sanford Center
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An economic innovation agenda for Minnesota

Any time the Minnesota Legislature is in session a lot of ideas are thrown out regarding where the state should invest our tax dollars. With a \$9 billion surplus this year, idea generation is in overdrive. Everyone has recommendations for the governor and legislators on how to move forward.

Let me add my two cents. In my position as the economic developer for the greater Bemidji region, my focus is on laying the foundation for economic growth and prosperity for the region's workers, small businesses and entrepreneurs.

Admittedly, economic development is just one of the interests the state's elected officials have to balance, but a really important one.

Why? Because a growing economy is the means by which we create the tax base to support our communities, schools, infrastructure and other land use issues. In the retail world, they talk about "traffic-makers" and "traffic-takers."

Traffic-makers are big box or other high demand retailers that create traffic that smaller retailers (the traffic-takers) are able to capitalize on. In analogizing this to state priorities, economic development is a traffic-maker. A growing economy increases the capacity of the state to address other key priorities.

So what policy changes and investments would move the needle on our economic growth, and work toward future-proofing our economy? Here are a few ideas.

Support our small businesses: A key challenge facing the state this year is the need to replenish the Unemployment Insurance Trust Fund.

During the pandemic, the unemployment insurance program was a lifeline for many Minnesotans, providing more than \$14 billion in assistance to nearly a million Minnesota workers.

Now, we must make a one-time investment to replenish the fund. If we don't, our small businesses will unfairly be left holding the bag, resulting in a significant tax increase for businesses already reeling from the pandemic. This must be our No. 1 priority this year. Doing so would have a significant impact on every small, locally-owned business in Minnesota.

Support our entrepreneurs and new business startups: Encouraging and supporting new business startups matters. Think for a moment about the great companies in northern Minnesota. Most were started by a local entrepreneur. Marvin Windows, Team Industries, DigiKey, Polaris, Arctic Cat, Anderson Fabrics, the list goes on and on.

It's really wise for the state to help identify and support our next great startups. The legislature will be reviewing a couple of opportunities that will make a substantial impact.

First, they will have the opportunity to expand an innovative new program called Launch Minnesota. Launch Minnesota is a statewide collaborative effort to accelerate the growth of startups and position Minnesota as a national leader in innovation.

With additional funding, Launch Minnesota will provide statewide accelerator resources to help innovative new startups in healthcare, clean energy, food/agriculture, fintech and information technology scale up and grow. The hope is that we find the next great opportunity and provide them the support they need to grow exponentially. It's a

great idea worthy of state investment.

Secondly, the legislature will consider continued authorization of the Angel Tax Credit. The Angel Tax Credit is Minnesota's primary economic development tool for assisting early-stage companies. It provides a tax credit to investors that make investments in new Minnesota companies.

The program has resulted in nearly \$500 million in new private investment. In the coming years, the Angel Tax Credit will help communities across the state create wealth by incenting private investment in companies started particularly underrepresented founders—women, veteran, minority and greater Minnesota founders, including those in the greater Bemidji region. It works, and we need to continue to support it.

Support our talented workforce: Economic development is a race for talent, and our talented workforce is a clear competitive advantage for the state. We need to invest in new skill development and re-skilling initiatives to ensure our workers meet the challenges of the emerging economy, as well as share in the benefits of the growing economy.

At a time when workforce shortages are at an all-time high, we need to double down on our commitment to have the best, skilled workers in the nation.

Marketing Minnesota: Twin Cities Magazine recently called Bemidji the "state's best-kept secret," citing how we have become one of the most dynamic regions in the state.

While we may be the state's best-kept secret, I believe the state is the best-kept secret in the nation. It is time for us Minnesotans (and us Bemidjians) to put our humility in our back pockets and share what a great state we live and work in.

For the first time

in my 35-year career, the legislature will be considering an effort to broadly share the story of Minnesota's strong and resilient economy to the world, aiming to attract talent, investments, startups and new business opportunities for the future.

Other states invest millions of dollars promoting themselves, including Minnesota companies. Promoting Minnesota is long overdue.

While there are other worthy initiatives and ideas being considered, I believe this innovative economic agenda is simply a smart investment by our state to:

1. Replenish the Unemployment Insurance Trust Fund.
2. Increase the state's investment in Launch Minnesota and the Angel Tax Credit.
3. Invest in our workers and grow a pipeline of talent through additional training and retraining initiatives.
4. Amplify the state's story as a great place to live, work and own and start a business.

Proven initiatives that are worthy of investments that create the tax base we need to support our communities, schools, infrastructure and people.

Minnesota needs to take this unprecedented opportunity to lay the foundation for strong and sustainable economic growth. The state needs these initiatives. Moreover, greater Minnesota needs these initiatives.

Check out www.launchpadbemidji.com/events/ to see upcoming opportunities for entrepreneurs and small businesses at Greater Bemidji and the LaunchPad.

Dave Hengel is the executive director of Greater Bemidji Economic Development. He can be reached at (218) 444-5757 or dhengel@greaterbemidji.com.

LETTER TO THE EDITOR

It is time to act

We need to carefully consider every act of consumption we make. It has been known since the 1800s that Earth's atmosphere has "Greenhouse Gases" holding in heat.

However, through human activity like fossil fuel consumption, agricultural practices and other land use issues, we have greatly increased these gases to the point they hold in too much heat, affecting habitat, weather, disease and, well, just about everything.

Fossil fuels have been storing carbon under the surface of Earth for millions of years. The amount of air needed to combust a gallon of gasoline contains about an ounce of CO₂, but after combustion, it comes out of the tailpipe with 20 pounds of CO₂. For diesel, it is 22 pounds.

All of that carbon that has been stored for millions of years has been brought to the surface and we can't put it back, it will be in the atmosphere for centu-

ries, overheating earth the whole time. So with every consumption choice we make, whether it is driving or buying a product that has been transported and manufactured far away, we are affecting our shared environment.

Along with the ethics of "reduce, reuse and recycle," we need to individually investigate and invest

in noncarbon using alternatives to produce and use energy.

There are electric options now for vehicles, boat motors, snowmobiles and outdoor tools. We can heat and cool our homes and buildings with geothermal systems and reduce coal-generated electricity with solar panels and wind turbines.

We need to eat fewer animal products because raising them has a huge negative climate change impact given the number of calories and protein they provide. We need to buy locally produced goods and things made in the U.S. if possible. We can all grow more of our own food.

There is an added incentive to start making these choices right now. We get about 8% of our petroleum products from Russia, helping to fund Putin's war of aggression. Our politicians are afraid to stop this for fear of raising our fuel prices. If we cut our consumption by 8% we can maintain fuel prices while we cut off Russia, but why stop there?

Russia and Ukraine also produce lots of agricultural products including 30% of the Earth's wheat. Continued war and needed sanctions will affect our food supply and prices. We all need to act with every consumption choice we make.

Ken Grantier, Bemidji

CARTOONIST'S VIEW



From the Pioneer archives

10 years ago

March 12, 2012 — Has spring sprung? The weather this week certainly will feel less like winter and more like spring as highs are expected to reach the 60s. Area residents got a taste of what's to come this past weekend, as temperatures reach the mid-50s with plenty of sunshine. On Wednesday, the high will be 60 with mostly sunny skies.

25 years ago

March 12, 1997 — More than 35 Northern Township residents sat grim-faced and silent Tuesday night at their annual meeting as James West of KBM Inc. told them they have a potential problem with wastewater treatment in their township. A particular problem is houses located along the west edge of Lake Bemidji.

50 years ago

March 12, 1972 — The Bemidji City Council will hold a special meeting tonight at 7:30 in city hall with discussions limited to four topics. Topics covered include the sale of the former Municipal Lounge, a petition requesting a public hearing on the sewage treatment system proposal and an appointment to the Police Civil Service Commissions.

100 years ago

March 12, 1922 — The Musical Art Club held a very successful meeting Friday afternoon at the Civic and Commerce association rooms. Miss Ida Virginia Brown gave a short talk on the life of Harriet Ware, an American composer. Following this, she sang a group of songs composed by Ware. Her high tones were beautifully clear and sweet.

Contact your representatives

Matt Bliss
(District 5A, R-Pennington)
311 State Office Building,
St. Paul, MN 55155
Phone: 651-296-5516
Email: rep.matt.bliss@house.mn

Paul Utke
(District 2, R-Park Rapids)
Minnesota Senate Bldg., Room 3403
St. Paul, MN 55155
Phone: 651-296-9651
Email: sen.paul.utke@senate.mn

Justin Eichorn
(District 5, R-Grand Rapids)
Minnesota Senate Bldg., Room 3213
St. Paul, MN 55155
Phone: 651-296-7079
Email: sen.justin.eichorn@senate.mn

Matt Grossell
(District 2A, R-Clearbrook)
429 State Office Building
St. Paul, MN 55155
Phone: 651-296-4265
Email: rep.matt.grossell@house.mn

Steve Green
(District 2B, R-Fosston)
413 State Office Building
St. Paul, MN 55155
Phone: 651-296-9918
Email: rep.steve.green@house.mn

Gov. Tim Walz (DFL)
130 State Capitol
75 Rev Dr. Martin Luther King Jr. Blvd.
St. Paul, MN 55155
Phone: (800) 657-3717
Email: tim.walz@state.mn.us

U.S. Sen. Tina Smith (DFL)
320 Hart Senate Office Building
Washington, D.C. 20510.
Phone: 202-224-5641
60 East Plato Boulevard
St. Paul, MN 55107
Phone: 651-221-1016
Fax: 651-221-1078

U.S. Sen. Amy Klobuchar (DFL)
302 Hart Senate Office Building
Washington, DC 20510
Phone: 202-224-3244
1200 Washington Avenue
South, Suite 25
Minneapolis, MN 55415
Phone: 888-224-9043
Email: Senator@klobuchar.senate.gov

U.S. Rep. Michelle Fischbach
(7th District, R)
1237 Longworth House Office Building
Washington, DC 20515
Phone: 202-225-2165
2211 First St., Suite 190
Willmar, MN 56201

U.S. Rep. Pete Stauber
(8th District, R)
126 Cannon House Office Building
Washington, DC 20515.
Phone: 202-225-6211
stauber.house.gov

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A Division of Forum Communications Company
802 Paul Bunyan Drive SE, Suite 19
Bemidji MN 56601

Telephone
218-333-9200

Office Hours
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PUBLISHER
Todd Keute
tkeute@bemidjipioneer.com

EDITOR
Annalise Braught
(218) 333-9796
abraught@bemidjipioneer.com

SPORTS EDITOR
Micah Friez
218-333-9789
mfriez@bemidjipioneer.com

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Forum Communications Company pledges \$5,000 to newspaper in Ukraine

Forum News Service
Like the rest of the U.S. and the world, we at Forum Communications Co. have watched with heartache the situation in Ukraine these past several days and weeks. And like so many others, we wondered what we can do to help contribute to efforts to help Ukrainians in even a small way.

After inviting ideas from all employees throughout our company, today we announce a \$5,000 donation from FCC to 20 Minutes, a newspaper in Kyiv that has had to suspend printing its newspaper and switch exclusively to online publishing during the Russian invasion. Despite sheltering in place and fearing for their lives, their journalists have continued to write, publish and distribute their stories so the people of Kyiv can stay informed.

FCC also has another connection to 20 Minutes: This same news organization has been meeting with staff at the Duluth News Tribune, Superior (Wis.) Telegram and Cloquet (Minn.) Pine Journal via

Zoom since early 2020 to share ideas on how to provide the best journalism to readers. Our organizations became connected through the IREX journalism program, an international nonprofit based in Washington, D.C.

We hope that this will help those brave journalists continue their mission. In addition, we would like them to know they have the support and admiration of their peers here in the Midwest.

We encourage our communities to offer support to Ukraine relief efforts if you can. Our employees suggest donations to:

- **Direct Relief:** This international humanitarian aid group says it is working with Ukraine's Ministry of Health and others to provide medical aid to those displaced or affected by the conflict. www.directrelief.org/emergency/ukraine-crisis
- **ImpactUkraine:** This nonprofit group was started by Brainerd, Minnesota, man Seth Neistadt. Their mission statement: "We work with churches, pas-

tors, and other organizations in Ukraine to support humanitarian needs. 100% of the funds received go directly to our ministry partners." www.impactukraine.com

- **Kyiv Independent:** Ukraine's English-language media outlet was created by veteran journalists in Kyiv. They have created a GoFundMe to help support their mission during this crisis. www.gofundme.com/f/kyiv-independent-launch
- **Samaritan's Purse:** The international crisis support organization has deployed an Emergency Field Hospital to Ukraine. www.samaritanaspurse.org/our-ministry/ukraine-response
- **UMANA:** The Ukrainian Medical Association of North America Crisis Response. umana.org
- **UNICEF:** The group says its work in Ukraine has focused on "safeguarding children's rights to safety, health, education, psychosocial support, protection and water and sanitation services." www.unicef-usa.org/crisis-ukraine

And at this time, let us pray for, and work toward, peace in the region.

Pennington man dies in 2-vehicle car crash

Pioneer Staff Report
news@bemidjipioneer.com

PENNINGTON — A Pennington man is dead after a two-vehicle head-on collision on Wednesday morning on Scenic Highway SE, northeast of Cass Lake.

According to a release from Beltrami County Chief Deputy Jarrett Walton, Neil Cutbank, 44, of Pennington, was driving a 2007 Chevrolet HHR when he collided with a 2018 Ford Escape driven by Jeffrey Imhoff, 59, of Bemidji, at 9:50 a.m. on Wednesday, March 9.

The Chevrolet HHR was traveling north and the Ford Escape was traveling south along Scenic Highway SE in Brook Lake Township

in Pennington, around 20 miles east of Bemidji, when they collided in the southbound lane, the release said.

Cutbank was taken by ambulance to Cass Lake Indian Health Service's Hospital, where he was later pronounced dead. Imhoff was transported to the Sanford Health emergency room in Bemidji with non-life-threatening injuries.

Airbags were deployed in both vehicles and Cutbank was not wearing a seat belt at the time of the crash, the release said.

An investigation into the cause of the collision is ongoing. An autopsy by the Ramsey County Medical Exam-

iner's Office and accident reconstruction by the Minnesota State Patrol are pending.

The Beltrami County Sheriff's Office was assisted by the Leech Lake Tribal Police Department, Leech Lake Ambulance Service, Cass Lake Fire Department and the Minnesota State Patrol.



Adventures in Lifelong Learning begins March 15

BEMIDJI — The Adventures in Lifelong Learning program will be held from 10 to 11:30 a.m. beginning Tuesday, March 15, through April 26 at the Bemidji Eagles Club, 1270 Neilson Ave SE.

Here is a look at the ALL spring schedule:

- **Tuesday, March 15:** Dentistry Today with Vikki Arnold. Arnold will speak on prevention and healthy teeth for all ages, but especially to senior citizens. She will also present other health screenings, such as BP, sleep apnea, oral cancer, periodontal disease and medicines.
- **Tuesday, March 22:** "CODE 4" with retired FBI agent and author Terry Smith. For more than 37 years, Smith worked as a uniformed police officer, an undercover narcotics agent, an organized crime investigator, a SWAT commander and a homicide detective. He shares his

experiences in his book "CODE 4."

- **Tuesday, March 29:** "Pharmacogenetics and the Future of Medicine" with Ryan Okerland. It will review how genetic screening done with a simple cheek swab can help determine what medications may or may not work well for a single individual based on their estimated metabolism. It will also explore the future of medication based on genetics and more in-depth reviews of medication interactions.
- **Tuesday, April 5:** "Three Great Hikes in Europe — Tour du Mont Blanc, Corsica, France, and Iceland" with Polly Scotland.

This presentation has three stories from Scotland's recent book involving five European countries with plenty of elevation changes.

- **Tuesday, April 12:** "Forging a Future for Local History" with Bel-

trami County Historical Society Executive Director Emily Thabes. Learn about how the growth of Beltrami County and the historical society intersect and the work being done to secure history for the community today and beyond. The presentation will include highlights about upcoming exhibitions, programs and events.

- **Tuesday, April 19:** "Moving to Minnesota and Loving It" with Brianna Ingraham. Ingraham's life took an interesting turn when her husband penned an article for the Washington Post on data that ranked Red Lake County, Minn., as the "ugliest county in America." She now calls Red Lake Falls home and is learning the ins and outs of a new career with three boys ages 5 and under. She's also become very active in the community and will share her story.

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GLIDE

From Page A1

has also allowed Bemidjians to rent skates to use at the two outdoor skating rinks run by Parks and Rec, located at Nymore Park and Bemidji City Park.

The outdoor rinks, Anderson expressed, have had good attendance throughout the winter season, with plenty of children and families coming out to skate and enjoy concessions. With some high-temperature spring days in the forecast, though, Anderson said the season of skating will soon be coming to an end.

“My guess is this weekend will be the last weekend that they’re open,” Anderson said about the outdoor rinks. “That sun is getting pretty warm out there.”

Madelyn Haasken is a multimedia reporter for the Pioneer. Readers can reach her at (218) 333-9772 or mhaasken@bemidjipioneer.com.



Clara Edminster, 9, makes her way onto the ice during a Parks and Recreation Department open skate event on Friday at the Bemidji Community Arena.

Photos by Madelyn Haasken / Bemidji Pioneer

A child skates at a Parks and Recreation Department open skate event on Friday at the Bemidji Community Arena.



An attendee laces up her skates during a Parks and Recreation Department open skate event on Friday at the Bemidji Community Arena.



Jade, 4, and her father Andy make their way off the ice during a Parks and Recreation Department open skate event on Friday at the Bemidji Community Arena.

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GOP bill requiring schools to share K-12 syllabi clears Minnesota Senate

By Dana Ferguson
The Bemidji Pioneer

ST. PAUL — The Minnesota Senate on Thursday, March 10, advanced a proposal to require K-12 teachers to make public their class syllabus and update parents if there were meaningful changes during the course of the academic year.

The plan is the latest piece of GOP lawmakers' so-called "Parents Bill of Rights" to advance through the chamber and the bill's author said it comes on the heels of the pandemic and after parents reported that they had trouble getting

information about their kids' syllabi from public or charter schools.

On a 36-31 vote, senators advanced the proposal, which will face an uphill climb in the Democratic-Farmer-Labor-led House of Representatives. Republican lawmakers around the country have introduced similar bills ahead of the midterm elections in the fall.

And Minnesota Republicans said they were a top priority coming into the 2021 legislative session.

"During COVID, the burden fell more on parents in some cases, and as we move back

to balance, let's remember that partnership needs to be strengthened every day because that is what's best for our kids," the bill's author Sen. Michelle Benson, R-Ham Lake, said. Benson is also running for governor on the GOP ticket. "We're giving parents visibility to understand what their child will be learning in the month and in the year to come. ... I hope this syllabus requirement becomes a tool to help parents and teachers be partners."

Democrats pushed back on the need for the bill and cited concerns from Education Minne-

sota — the state's largest teacher's union — noting that the requirement would be onerous on educators who are already stretched thin.

"These are unnecessary mandates. There are already over 40 elements in statute that remind us, require us to communicate with our parents as teachers," Sen. Mary Kunesh, DFL-New Brighton, said. "Yes, our parents should and do already share their curriculum. ... This bill and the bill we heard last week are going to require teachers who are already overworked to do even more."



Dana Ferguson / Forum News Service
State Sen. Michelle Benson, R-Ham Lake, on Monday spoke to reporters at the Capitol about the GOP "Parents Bill of Rights" regarding access to educational materials.

The Minnesota School Boards Association, Association of Metropolitan School Districts and Minnesota Association of School Administrators in written testimony said they supported efforts to

get parents involved in the classroom but hoped lawmakers would avoid "time-consuming and costly new mandates."

Follow Dana Ferguson on Twitter @bydanaferguson, call 651-290-0707 or email dferguson@forumcomm.com.

COMMUNITY

From Page A1

This differs from the city's previous contract with VenuWorks, which consisted of a flat fee and commission based on food and beverage sales.

"It didn't really matter to the previous company if they improved the deficit," Prince said.

Both city officials were also optimistic about the opportunities partnering with ASM Global will provide and the types of events it could bring in, with Prince describing the company as "unparalleled" in the U.S.

"ASM is the largest provider for management services," Prince said. "It's going to make it a lot easier for them to route acts and other events to our city."

In addition to bringing in outside events, Prince and Johnson noted the importance of ensuring that the center remained affordable and accessible to local residents.

"It is, after all, a community place," Prince said.



Annalise Braught / Bemidji Pioneer
Greater Bemidji Executive Director Dave Hengel, left, speaks during a LaunchPad event on Wednesday morning at the Mayflower Building.



Annalise Braught / Bemidji Pioneer
Greater Bemidji Executive Director Dave Hengel, left, listens while Ward 3 Councilor Ron Johnson speaks about issues related to city redistricting during a LaunchPad event on Wednesday morning.

Rail Corridor development

Next in the discussion were the plans for progress related to the Rail Corridor, which is an underdeveloped area located just south of downtown Bemidji.

The area, which historically was home to industrial businesses that resulted in ground contamination, would require clean-up before any development could begin.

"It's been a priority of the city for many years to develop that site," said Hengel.

This led to the city's decision in October to enter into an agreement with Greater Bemidji and Sanford Health to develop a potential wellness center in the location.

The plan is still in its early stages and prog-

ress will not be able to move forward until the results of soil testing to assess the level of pollution are given to each group.

"This is such an early stage, we're still kind of exploring all of this," Prince said. "At this point it's conceptual."

The proposed wellness center would be privately operated once it was built and is anticipated to include ice rinks, a gymnasium and a multi-purpose area.

Despite being privately owned, the speakers at the LaunchPad event emphasized that it will be accessible to local residents and is meant to promote community

health. The center's proximity to downtown Bemidji could also serve as a benefit to local businesses, something Johnson mentioned when he noted how excited downtown businesses are about the proposal despite its early stages.

"This is a very complex project, it's a complex site," Hengel said. "Just don't lose sight of the vision."

Ward redistricting

The last topic to be discussed during the event was the ongoing process of redistricting the city's wards.

A proposed map with new ward boundaries was



Annalise Braught / Bemidji Pioneer
Ward 4 Councilor Emelie Rivera speaks about issues related to city redistricting during a LaunchPad event on Wednesday morning at the Mayflower Building.

option for proposed ward changes.

Others were happy with the presented map and expressed concern about how the delay might affect other government bodies that are waiting on Bemidji's results.

"We're also holding up the county's process and the state's process," said Ward 4 Councilor Emelie Rivera, who was also

present at the event.

LaunchPad meetings are held weekly and invite different guests and facilitators to promote entrepreneurship in Bemidji. The next meet-up is scheduled for 8:30 a.m. on Wednesday, March 16, at the Mayflower Building.

Readers can reach Pioneer reporter Nicole Ronchetti at (218) 333-9791 or nronchetti@bemidjipioneer.com

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Minnesota public defense attorneys, staff authorize strike

By Alex Derosier
The Bemidji Pioneer

MINNEAPOLIS — The union representing public defenders across the state of Minnesota overwhelmingly voted Thursday, March 10, to authorize a strike.

More than 650 lawyers and legal support staff with the Teamsters Local 320 have been negotiating a contract with the state's Board of Public Defense for the past six months. The union rejected the board's "last best and final" offer Thursday, saying it failed to address extreme caseloads, high turnover,

low morale, and pay inequities.

The dispute now goes to the state Bureau of Mediation Services. If the parties don't reach an agreement within 10 days a strike will begin. It would be the first time in Minnesota's history that the attorneys, paralegals, investigators, and other public defense staff would go on strike.

"Caseloads are incredibly high in public defense," said Local 320 Secretary-Treasurer and Principal Officer Brian Aldes, who explained that part time public defenders average 500 hours a year more than they are

contracted to perform. A January survey by the Local 320 found that 70% of attorneys working as public defenders reported working conditions that make it "hard or impossible" to meet ethical standards set by the state. The conditions also hurt staff retention, said Anne Marcotte, an assistant part-time public defender in northwest Minnesota's Ninth Judicial District.

"It should be acknowledged that public defenders are attorneys at law. We hold the same license as all other attorneys in the state, however, we are com-

pensated at a rate that is far less than private attorneys, prosecuting attorneys and other state attorneys such as the attorney general's office," she said at a Tuesday afternoon news conference announcing the strike authorization. "These low wages and harsh working conditions are driving staff turnover and vacancy rates across the state."

Court-appointed public defenders represent 80-90% of defendants in Minnesota. A 2021 survey by the Minnesota Board of Public Defense found an 11.6% resignation rate in district

public defenders offices around the state, Forum News Service previously reported.

In a statement, the Minnesota Board of Public Defense said while news of the strike was disappointing, its members are ready to continue negotiating in good faith and hope to reach an agreement with the union members.

The U.S. Constitution guarantees a right to legal defense, and court-appointed public defenders represent 80-90% of defendants in Minnesota.

"While we share the belief that Public Defend-

ers statewide are underpaid, and that we are understaffed, the Board of Public Defense is constrained in its negotiations by the resources provided by the state to provide these constitutionally mandated services across Minnesota," the statement said.

The Public Defense Board told Lawmakers it would need \$50 million from the state to get staffing up to national standards. The Minnesota Legislature is considering a proposal to appropriate that money.

Follow Alex Derosier on Twitter @xanderosier or email aderosier@forumcomm.com.

Minn. lawmaker's legacy on display as Senate approves \$20M ALS research bill

By Dana Ferguson
The Bemidji Pioneer

ST. PAUL — The life and legacy of a well-known Iron Range senator were at the heart of a discussion around spending \$20 million to research a cure for amyotrophic lateral sclerosis, more commonly known as ALS.

Sen. David Tomassoni, a Chisholm independent, introduced the bill last week that would direct the funds to the Minnesota Office of Higher Education to award research grants of up to \$400,000 to scientists studying the prevention, treatment, causes and cures of ALS. Tomassoni last year was diagnosed with ALS, and the Iron Ranger has since experienced limited mobility and speech due to the illness.

While he wasn't on the Senate floor Thursday,

"Of all the bills I've carried over all the years, I don't think there's one that's more about hope..."

SEN. TOM BAKK

March 10, member after member shared their memories of Tomassoni, as well as words of support for his family, before the chamber unanimously approved the bill. And senators stood to applaud the bill's passage and pointed up to the senator's family in the Senate gallery.

"Of all the bills I've carried over all the years, I don't think there's one that's more about hope," said Sen. Tom Bakke, a Cook independent and longtime friend of Tomassoni's, as he presented the proposal. "Hope so that

the next person that is diagnosed someday, their family is going to have some quality of life other than, 'Go home and exercise, there's nothing we can do.'"

ALS is a progressive disease of the nervous system that gradually spurs a loss of muscle control. There is no known cure. Roughly 450 Minnesotans are living with the disease at any given time.

Tomassoni, former professional athletes and Minnesotans who'd lost loved ones to the disease last week brought forward the bill and urged a renewed push to find more answers about it. While the illness has been around since 1869, there have been relatively few developments in preventing or treating the disease.

Nationally, about \$115 million has been earmarked to fund ALS

research this year, and senators backing the bill, along with neurologists that see Minnesotans with ALS, said that the \$20 million research boost could spur landmark advancements. The plan would also allocate \$5 million to support services for caregiving services for Minnesotans fighting ALS.

Almost two dozen senators stood to share their memories of working with Tomassoni in the Senate and they joked that he wouldn't be able to make them stop talking about his since he was watching the discussion remotely. Both Democrats and Republicans emphasized the senator's legacy as being a good-humored, good-natured person who consistently put his district first.

"I tell you what, if you couldn't be a friend with David Tomassoni,



Dana Ferguson / Forum News Service
State Sen. David Tomassoni, a Chisholm independent, on March 1 introduces a pair of bills to provide funding to caregiving services for people with ALS and research to treat and cure those with the disease.

you've got a big problem because he was everybody's friend," Sen. David Senjem, R-Rochester, said.

And they said the legislation was a good example of Tomassoni's efforts to put others first.

"This is what the heart of David Tomassoni is about and has been about and continue to be about in the Minnesota Senate," Sen. John Hoffman, DFL-Champlin, said.

"We can do something better for other people, it's not about him, it's about helping other people."

Leaders in the House of Representatives have said the bill would also be a priority there, giving it a strong chance of passing through the Legislature this year.

Follow Dana Ferguson on Twitter @bydanaferguson, call 651-290-0707 or email dferguson@forumcomm.com.

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BSU Student From Bemidji Expands Roots in His Hometown

Toby Glen

For many students attending Bemidji State University, the northern lake shores and adventurous landscapes take on a special meaning. For Toby Glen '22, it is home. Having grown up in Bemidji, the senior project management student knew he wanted to continue growing his roots at Minnesota's premier north woods university. "I loved the idea of going to school in the town I've grown up in," Glen said. "I knew that BSU would be a great fit."

With an affinity for the outdoors and a strong connection within the Bemidji community, Bemidji State was his first choice for college.

"I enjoy the outdoor atmosphere that Bemidji State has come to embrace," he said. "Being on the lake and just minutes from a wide variety of other outdoor activities has been a favorite throughout my time at BSU."

As Glen was completing his senior year of high school, he planned to pursue a degree in environmental studies because of BSU's unique campus and environmental stewardship. However, after exploring the university's many programs, Glen became interested in project management. Along with the promising career opportunities within the field,

the program had also aligned with Glen's work style.

"I considered how much I really enjoyed collaborative work," he said. "I haven't looked back since; this degree is perfect for me and my future goals."

Bemidji State's project management program, housed within the School of Technology, Art and Design, provides hands-on learning that not only prepares students for future careers, but gets them involved with their campus community, Glen said.

"The extensive labs offered to students in the TAD programs open so many doors for students like me," he said. "Learning about the processes we will be a part of in the future not only makes us competent employees but also meaningful managers."

In 2020, Glen started his career by securing a position at Bemidji Steel, a metal company with a wide range of services and materials that are sourced globally. After starting as the company's Fiber Laser Operator, Glen has worked his way up to his current position as Value-Added Manager where he does employee and job scheduling along with all 3D design and modeling for the company.

"What I have come to love about my job is that every day is something different," he said. "Somedays it's working with people in agriculture then the next aerospace, and the next precision manufacturing."

Glen said the management styles and techniques he's learning at Bemidji State paired with his on-the-job experience has contributed to his success in his position and within the industry. In the Summer 2021, he was invited to travel with Bemidji Steel to Europe where they began buying materials for the company's new facility south of Bemidji. It was eye-opening, Glen said.

"You don't have to go to an inner city to get a good paying job," he said. "Jobs at companies such as Bemidji Steel are scattered all amongst upper Minnesota. Even if they do not have the same feel as a job in the cities, they still hold a lot of promise."

With graduation just around the corner, Glen is preparing to continue his growing career with Bemidji Steel. He is excited to not only see where his position at the growing company takes him, but to stay close to his roots.

"I look forward to being a part of a growing, prosperous company while still being able to enjoy all that the Bemidji area has to offer."



Brothers Owen Sillinger (12) and Lukas Sillinger (20) celebrate Owen's empty-net goal in the third period against Bowling Green in a CCHA quarterfinal game Sunday at the Sanford Center. Lukas also scored the game-winner in the Beavers' effort to defeat the Falcons 3-1.

Photos by Jillian Gandsey / Bemidji Pioneer

FIRING ON ALL SILLINGERS

Owen Sillinger setting records, carrying Beavers through playoffs

By Christian Babcock
The Bemidji Pioneer

Owen Sillinger wasn't content with simply matching Matt Read's single-season points record. The Bemidji State men's hockey senior rocketed past and then extended BSU's new Division I-era program benchmark with stunning efficiency. After tying Read's total of 41 with three points on Feb. 26 against St. Thomas, Sillinger broke it the next game on March 4 with a goal in the opener of the Beavers' three-game CCHA quarterfinal set with Bowling Green. The next day, Sillinger reset the program's single-season D-I assists record with his 28th of the year in Game 2. That was the end of the record-setting, but Sillinger totaled four points in the series' three games. He now



Bemidji State senior Owen Sillinger (12) scores an empty-net goal in the third period against Bowling Green in a CCHA quarterfinal game on Sunday at the Sanford Center.

has 45 points this season, and he could add even more this weekend in the CCHA semifinals against Michigan Tech. "Owen's got a lot of depth

to his game," BSU head coach Tom Serratore said. "He brings a lot to the table. He's had a very good offensive year. Last year, he was injured. Two years ago, he had 34 points. So he's been very consistent in this program, and this year, he's taken his offense to that next level." But a point total does not elucidate the full impact Sillinger has on Bemidji State's fortunes. For that, one must examine the multitude of Sillinger's responsibilities on the ice. "We have him in all situations," Serratore said. "I don't think there's a player I've had at Bemidji State who I've played more over the course of four years. I mean, I played Matt Read a lot his senior year too, but over the course of four years, I've used Owen in a lot of different situations."

Serratore has consistently highlighted the maturity of Sillinger's game – a big reason why the latter was entrusted with playing time so early. "He's done a lot," Serratore said. "And that's really since day one. Since he came in here his freshman year, he played a lot that year, too. I just saw the growth of his game right away, and how honest his game is. You respect that as a coach, and you put a lot of trust in those players. And we've put a lot of trust in him over the course of the last four years." Sillinger credits his linemates – his brother Lukas and Alex Ierullo – with aiding his success. Though Owen had the record-setting weekend, Lukas was no

SILLINGERS: Page A11

BOYS BASKETBALL

Missed shots, scoreless spell send Bemidji home in 8-4A quarterfinals

By Christian Babcock
The Bemidji Pioneer

BEMIDJI — When a basketball team enters a scoring drought, it can be a frightening experience. If the dry spell persists for nearly a quarter of game action, though, that becomes a bigger problem. That was the malady that befell the third-seeded Bemidji High School boys basketball team during the Section 8-4A quarterfinals on Tuesday at the BHS Gymnasium. With 8:05 left in the first half, sixth-seeded Moorhead called a timeout with the Lumberjacks leading 14-13. The Jacks only scored one point the rest of the half, while Moorhead scored 14 in that span and ultimately surged to a 55-41 win, ending Bemidji's season. "It's always hard when the season ends," BHS head coach Steve Thompson said. "You always want one more week together, one



Madelyn Haasken / Bemidji Pioneer

Bemidji students line up to high-five the Lumberjacks after a loss against Moorhead in the Section 8-4A quarterfinals on Tuesday at the BHS Gymnasium.

more day together, one more game together, and the boys fought for that tonight. We just couldn't get enough shots to fall in order to make that happen. But the boys showed a lot of grit and a lot of resiliency tonight. And I'm just very proud of them for that." The Lumberjacks especially struggled at the free-throw line, going 1-for-6 in the first half and 6-for-11 in the second. All told, they left 10 points on the board at the charity stripe. "Whether it was free throws or perimeter shots or layups, it was just one of those nights where it was tough," Thompson said. Making matters worse for the Jacks was

BASKETBALL: Page A10

TRACK AND FIELD



Christian Babcock / Bemidji Pioneer

Bemidji High School senior Mary Beth Mathews signs her National Letter of Intent to run track at Minnesota Duluth on Wednesday at Bemidji High School.

Mary Beth Mathews sold by second visit, signs with UMD

By Christian Babcock
The Bemidji Pioneer

BEMIDJI — Sometimes, you just know. That's what Bemidji High School senior Mary Beth Mathews felt when she toured the campus of Minnesota Duluth for the second time. And now, she's signed her National Letter of Intent to continue her education there – as well as

her exploits on the track. "I went back a second time recently and toured around the athletic facilities and I just totally felt that I was just going to be a great fit there," Mathews said. "Right after I left the campus, I just immediately knew that I totally wanted to go there." MATHEWS: Page A10

TRACK AND FIELD

SCOREBOARD

AREA SCHEDULE

SATURDAY, MARCH 12

Prep Boys Basketball
Section 8A quarterfinals: Cass Lake-Bena vs. Fosston, 3:30 p.m. (in Thief River Falls)
College Men's Hockey
CCHA semifinals: Bemidji State at Michigan Tech, 5:07 p.m.

SUNDAY, MARCH 13

No events scheduled
MONDAY, MARCH 14
No events scheduled
TUESDAY, MARCH 15
Prep Boys Basketball
Section 8A semifinals, 7:45 p.m. (in Thief River Falls)
WEDNESDAY, MARCH 16
No events scheduled
THURSDAY, MARCH 17
Prep Girls Basketball
Class A state quarterfinals, TBD

FRIDAY, MARCH 18

Prep Girls Basketball
Class A state semifinals/consolation semifinals, TBD
College Softball
Bemidji State vs. Mo. Western State, noon (in St. Joseph, Mo.)
Bemidji State vs. Mo. Southern State, 4 p.m. (in St. Joseph, Mo.)
Prep Boys Basketball
Section 8A championship, 7 p.m. (in Thief River Falls)

SATURDAY, MARCH 19

Prep Girls Basketball
Class A state championship/consolation championship/third-place game, TBD
College Men's Hockey
CCHA championship, TBA (at high seed)
College Softball
Bemidji State vs. Central Missouri, noon (in St. Joseph, Mo.)
Bemidji State vs. Pittsburg State, 2 p.m. (in St. Joseph, Mo.)
College Baseball
Bemidji State at Concordia-St. Paul (DH), 1:30 p.m.

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High Series: Dustin Beighley 684, Ben Filippi 679, Gary Vogel 629.

Run on the beach paves path to UMD for Issak McDonald

By Christian Babcock
The Bemidji Pioneer

BEMIDJI — When most people go for a run on the beach, they intend to find a calming way to get some exercise. But Bemidji High School senior Issak McDonald wasn't there to relax.

"The last couple years, we went (to Duluth) for cross country camps," McDonald said. "(We were) running across the beach by Lake Superior and kind of like the Canal Park area."

Those treks made an impression on McDonald, and now, he's signed his Nation-

al Letter of Intent to continue running — but this time, it'll be on the track at Minnesota Duluth.

"I mainly just like the Duluth area, and I think it'd be a cool place to live," McDonald said. "And it's also a pretty good running program."

When he commenced his college search, McDonald examined the choices of his older friends. UMD popped up on his radar, and he soon realized that attaining a place on the Bulldogs' track team was a distinct possibility.

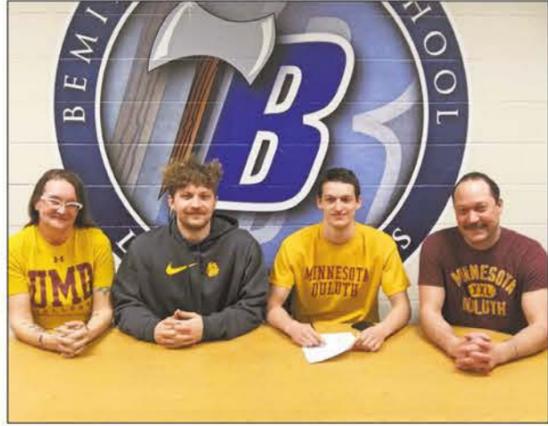
"I started looking into Duluth, and I contacted the coach asking about

what certain times I'd have to run in order to go there," McDonald said. "And I was within that range, so I just decided that would probably be a good fit."

McDonald will run mid-distance events at UMD. Through years of competition in both cross country and track, he's found that this is the best match for his skill set.

"That's just kind of what I've been better at," McDonald said. "My junior year is when I started running mid-distance, and I realized that's what I'm better at."

With his decision out



Christian Babcock / Bemidji Pioneer
Bemidji High School senior Issak McDonald signs his National Letter of Intent to run track at Minnesota Duluth on Wednesday at Bemidji High School.

the way — and having found the events that suit him best — McDonald can now enjoy the rest of his high school career without stressing over his future.

"It's a relief,"

McDonald said. "It's nice not having to worry about it as much."

Christian Babcock is a sports reporter at the Pioneer. Readers can reach him at (218) 333-9787 or cbabcock@bemidjipioneer.com.

MATHEWS

From Page A9

It wasn't simply the campus that drew her to Duluth. The city itself also played a large role.

"I really just love the town itself and the city," Mathews said. "It's pretty much just like a big Bemidji. I had visited (several) colleges in total, and

UMD is just the one that I felt the most comfortable at. It just has everything academically and athletically for me."

Also a Nordic skier for the Lumberjacks, Duluth's numerous outdoor trails intrigued Mathews as she pictured spending her college career there.

"It just has everything," Mathews said. "There's so many things to do, and I feel like you could never get bored.

It's super outdoorsy and really fits my vibe, and it's a really beautiful city."

On the track, Mathews will compete in the 4x400-meter relay, as well as potentially some 200-meter events and the triple jump.

"I'm really an open book when it comes to events," she said.

But her specialty will be the 4x400, and she has designs on helping form UMD into a pow-

erful contender in that distance.

"I've talked to (UMD head coach Karly Brautigam) about building the program for the 400," Mathews said. "And she wants to be really dominant in the 400 in our conference or against other colleges. And so that's one of my goals, is to build the program for mid-distance running at UMD."

Christian Babcock is a sports reporter at the Pioneer. Readers can reach him at (218) 333-9787 or cbabcock@bemidjipioneer.com.

BASKETBALL

From Page A9

Moorhead's efficiency around the basket. The Spuds (15-12) poured in dunks and layups from the restricted circle, compounding Bemidji's struggles to put up enough quality shots to counter.

"Moorhead has length to contest around on the inside, and they were doing a good job of even contesting on the perimeter," Thompson said. "So credit to them for that."

The lopsided loss brought an abrupt end to what was otherwise a rousingly successful season for BHS. The Lumberjacks finished the year with a record of 15-8 despite bumping up from Class 3A to 4A, the

highest classification in the state. But that didn't prevent Thompson and the Jacks' seniors from taking the loss hard.

"These seniors are young men with great character and super committed to each other and to the program," Thompson said. "They're going to be missed."

Bemidji's senior class consists of Caden Bolte, Khai Branham, Gavin Luksik, Kenley Vincent and Sam Wilson, the last of whom led the Jacks with 14 points on Tuesday. Though their careers on the court have now ended, Thompson sees them leaving a legacy that extends beyond just this season.

"They've shown everybody that you compete to the end," Thompson said. "You play with grit, you play

with toughness. That doesn't happen by chance. That's with hard work every day. And these guys work hard every day in preparation, and they come out and they compete hard every day. And the youth of our program is definitely going to be able to take that from them."

Two of the Lumberjacks' starters are juniors: forward Isaac Severts and guard Ethan Biehn. Severts is already one of Bemidji's best players and was its second-leading scorer on Tuesday with 11 points. He and Biehn will carry the mantle forward next year.

Jamal Dixon, Mekhi Elmore and Adam Jenkins were the co-leading scorers for Moorhead with 12 points each.

Moorhead 55, Bemidji 41
MHD 2728 — 55
BHS 1526 — 41
MOORHEAD (15-12) — Dixon 12, El-



Madelyn Haasken / Bemidji Pioneer
Bemidji senior Gavin Luksik (33) passes the ball in the first half against Moorhead in the Section 8-4A quarterfinals on Tuesday at the BHS Gymnasium.

more 12, A. Jenkins 12, Zimmerman 11, Luksik 9, Biehn 4, Vincent 2, Branham 1.
Wachenheim 6, J. Jenkins 2.
BEMIDJI (15-8) — Wilson 14, Severts 11.

Christian Babcock is a sports reporter at the Pioneer. Readers can reach him at (218) 333-9787 or cbabcock@bemidjipioneer.com.

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HOCKEY

3 Bemidji Youth Hockey teams heading to state

Pioneer Staff Report
sports@bemidjipioneer.com

BEMIDJI — A trio of Bemidji Youth Hockey teams are state bound.

Bemidji's Bantam AA, Bantam B and 12UA teams are all destined for their respective state tournaments, and the community also has an opportunity to send them off before they depart.

The Bemidji Community Arena will host a send-off party for all three teams at 5:30 p.m. on Wednesday, March 16. Fans are encouraged to wear Bemidji hockey attire or school colors.

The Bantam AA's state tournament runs from March 17-20 in Baudette. Bemidji's first game is at 6 p.m. Friday, March 18, against Andover.

Bemidji Bantam AA team members are Cal Mattfield, Taevon Welle, Joseph Fankhanel, Nathan Valley, Briggs Knott, Ephram Boucher, Conor Stodgell, Nicholas Johnson, Cooper Brovold, Dawson Schoonover, Jack Caron, Stonewall Gessner, Dominic Arndt, Benjamin O'Leary, Tate Metcalf and Kyle Johnson. The team is coached by head coach Kurt Knott and assistants Kelly Johnson and Aaron Stodgell.

The Bantam B team will compete at state March 17-20 in Blaine. Bemidji Blue's first game is against Cham-



Contributed photos

Pictured is the 2021-22 Bemidji Bantam AA hockey team. In the first row, from left, are Briggs Knott, Dominic Arndt, Tate Metcalf, Taevon Welle, Kyle Johnson, Joey Fankhanel and Nathan Valley. In the second row are Cooper Brovold, Nick Johnson, Ephram Boucher, Conor Stodgell, Stonewall Gessner, Benjamin O'Leary, Jack Caron, Cal Mattfield and Dawson Schoonover. In the third row are assistant Aaron Stodgell, head coach Kurt Knott and assistant Kelly Johnson.

plin Park at 1 p.m. Friday, March 18.

Bemidji's Bantam B team members are Landen Benson, Jack Borgen, Chandler Bower, Kasen George, Paul Greiner, Christian Hill, Brooks Johnson, Elijah Kringen, Gino Laituri, Brady Nelson, Markus Nicklason, Waylon Puschinsky, Luke Rud, Jonathan Wood and Ryker Yerbich. The team is coached by head coach Jeff Loewe and assistants Shawn Puschinsky, Brent Rud and Christopher Walker.

Finally, Bemidji's

12UA team will compete at state on March 18-20 in Stillwater. Their first game is against Champlin Park/Coon Rapids at 2:30 p.m. on Friday, March 18.

Bemidji 12UA team members are Callie Malkowski, Liv Coe, Ava Corrington, Emma Greiner, Naomi Johnson, Jacinda Lossing, Bailey Rupp, Mali McLean, Hayden Seitz, Mickaylee Garrigan, Millie Knott, Lucy Solheim and Cejay LaValley. The team is coached by head coach Corey Rupp and assistant Adam Coe.



Pictured is the 2021-22 Bemidji 12UA hockey team. In the first row are Hayden Seitz, Naomi Johnson, Lucy Solheim, Liv Coe, Callie Malkowski and Ava Corrington. In the second row are Jacinda Lossing, Millie Knott, Emma Greiner, Cejay LaValley, Bailey Rupp and Mali McLean. In the third row are assistant Adam Coe, assistant Mickaylee Garrigan, and head coach Corey Rupp.



Pictured is the 2021-22 Bemidji Bantam B hockey team. In the first row, from left, are Paul Greiner, JD Wood and Christian Hill. In the second row are Gino Laituri, Ryker Yerbich, Chandler Bower, Landen Benson, Waylon Puschinsky, Brooks Johnson and Jack Borgen. In the third row are Luke Rud, Kasen George, Mark Nicklason, Elijah Kringen and Brady Nelson. In the fourth row are assistant Shawn Puschinsky, assistant Brent Rud, head coach Jeff Loewe and assistant Chris Walker.

SILLINGERS

From Page A9

slouch either, netting a highlight-reel toe-drag goal on Saturday and the game-winning one-timer in Game 3 on Sunday.

Neither Sillinger shies away from the moment, and that gumption has helped Bemidji State prolong its season.

"I want those opportunities," Owen said. "I want to be a big piece of this Bemidji State hockey team. For (Serratore) to be playing me in these types of minutes, it's great, and I have to keep running with it."

Lukas praised Owen for helping lead the Beavers this year — not just with his scoring, but by setting an all-around example of excellence.

"He's just a natural-born leader," Lukas said. "He's always been a leader ever since he was younger. Our time in Penticton (for junior hockey), I was fortunate enough to spend a year there with him, and I really saw how he went about things off the ice and on the ice, taking care of his body. We're lucky to have him. And for guys to look up to him and do what he's doing is very beneficial for our group."

BSU will rely heavily on its top-scoring top line during the one-game semifinal with Michigan Tech. The Beavers will face off with MTU at 5:07 p.m. today, March 12, in Houghton, Mich., with a trip to the CCHA championship at stake.

Christian Babcock is a sports reporter at the Pioneer. Readers can reach him at (218) 333-9787 or cbabcock@bemidjipioneer.com.

ASK THE EXPERT

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Molly Weaver, DPT

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Andrea Wilson
Au.D.

Q: How long do hearing aid batteries last?

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The Bemidji Pioneer



Dennis Doeden / Bemidji Pioneer

"I tried to take good care of myself," says Dotty Naramore, who will celebrate her 100th birthday on Tuesday, March 15. "I had a good upbringing."

INDOMITABLE DOTTY

As her 100th birthday approaches, Dotty Naramore is celebrated for spirit, humor

By Dennis Doeden
The Bemidji Pioneer

Dotty Naramore walked into a Bemidji tattoo parlor one day and asked, "What's a gal got to do to get a tattoo around here?" The owner looked her over and asked, "You mean for you?" That was 12 years ago when Dotty was turning 88 years old. She got the tattoo, a red squirrel commemorating the resort by that name that she and her late husband George ran for many years. That's just one example of the humor and spirit that has kept Dotty going. She will celebrate her 100th birthday on Tuesday, March 15. When asked what she thinks about hitting the century mark, Dotty replied, "Should I really tell you? It's pretty amazing. My mother was only 72 (when she died) so I always figured I'd go in my 70s.

I'm really surprised. I tried to take good care of myself. I had a good upbringing." That upbringing began on March 15, 1922, when Dorothy Sorensen was born. She was the third of four children of Ed and Beth Sorenson, who lived in Lakota, N.D. Ed was a depot agent and Beth was a homemaker. After graduating from Lakota High School, Dotty worked for Great Northern Railroad, first as a secretary and then moving up the ladder over the next 12 years. She moved to Grand Forks, N.D., where she met her future husband, George Naramore. They were married in 1953 and moved to Bemidji in 1958. George taught math at Bemidji Junior High and Dotty worked as a Beltrami County Court bailiff.

DOTTY: Page B2



Contributed

Dotty Naramore and her three children celebrate on July 4 by one of the cabins at the Red Squirrel Resort. From left: Nancy, Dotty, Beth and Scott.



Contributed

George and Dotty Naramore operated the Red Squirrel Resort on Lake Plantagenet for many years. George designed and built all of the cabins. He died in 2009.



Contributed

The Naramore family takes a boat ride on Lake Plantagenet in 1970.



Lions Club donates to Bemidji Community Food Shelf

The Bemidji Lions Club recently donated \$1,700 to the Bemidji Community Food Shelf. The club's second vice president Ethan Larson presented the donation to BCFS Executive Director Michael Olson, who accepted it on behalf of the organization.



Contributed Bemidji Lions Club second vice president Ethan Larson, along with his dog Hero, present a donation to Bemidji Community Food Shelf Executive Director Michael Olson.

BMS announces fine arts students of the month

Bemidji Middle School recently announced Kyle Yoder, Jillian Haugen and Lael Sanford as fine arts students of the month.

Eighth-grader Kyle Yoder is a violin player and enjoys playing classical style of music. His favorite part about orchestra is getting to play together as a group. His future goals are to learn how to play in third position better. Kyle is a very dedicated performer who takes private lessons and practices almost every day, which allows him to make great strides in his playing skills.

Sixth-grader Jillian Haugen plays the alto saxophone in the sixth-grade band. She chose to play alto sax because it was her mom's instrument in school. Jillian enjoys being in band because she gets to play music with her friends. She also thinks her teacher, Mrs. Weaver, is fun and pushes her to accomplish more

on her instrument. Her future goals in music include joining jazz band next year.

Sixth-grader Lael Sanford likes working with pencil and pen and says that in order for something to be considered art, the artist just has to have a reason



to make it. The thing Lael enjoys most about making art is that it's just fun, and she likes to see the final product when it's done.

DOTTY

From Page B1

George had purchased 120 acres on Lake Plantagenet in 1952, and he designed and built their home and cabins to create Red Squirrel Resort, which they operated for 55 years. George died in 2009.

"We were pretty busy," Dotty recalled. New guests came in every weekend. "We were really busy scrubbing floors in between."

Besides their jobs and running the resort, the Naramores were busy raising three children: Scott, Nancy and Beth. The family has grown to include seven grandchildren and three great-grandchildren.

"Mom and dad were the perfect couple to run a resort," said daughter Beth Frankenfield. "They just made it so much fun."

Fun is a word that pretty much describes Dotty.

"I have gotten to know Dotty as a funny, joke-filled, generous, lovable person," said Polly Scotland, who lives near the resort and also is in the same PEO philanthropic chapter as Dotty. "She always has a twinkle in her eye and a smile on her face. Dotty has brought a joke to chapter meetings for many years."

Beth says her mother's outgoing nature and sense of humor have been passed on to her children.

"I think that all three of us have gotten that social aspect where we instantly can talk to people," Beth said. "People have said that about me, and what I can figure is that that's just from watching Mom. She has inspired me to be a positive person in all situations. She dwells in the positive."

That positivity, coupled with a keen sense of humor and zest for life, is certainly something to celebrate as Dotty Naramore reaches 100.

Dennis Doeden is the former publisher of the Pioneer. Readers can reach him at (218) 333-9771 or ddoeden@bemidjipioneer.com.



Contributed photos A squirrel-themed surprise 90th birthday party celebration in 2012. The guests wrote message on acorns and hung them in the tree.



When Dotty (Sorensen) was 13 years old, she had her photo taken with actor and humorist Will Rogers. Dotty's uncle was Rogers' attorney. The photo was taken in the summer of 1935, shortly before Rogers was killed in a plane crash in Alaska.



Scott Naramore shows off his new Harley Davidson motorcycle to his mother, Dotty. Scott drove the bike from California to Bemidji last May.

Adventures in Lifelong Learning



SAVE THE DATE!

SPRING SEMESTER 2022

Tuesdays, 10-11:30 am
At the Bemidji Eagles Club
1270 Neilson Dr. SE

Entrance off East parking lot - Handicapped Accessible
-- Please bring your own coffee cup --

Mar. 15: "Dentistry Today"

Vikki Arnold

Mar. 22: "CODE 4"

Terry Smith

Mar. 29: "Pharmacogenetics and the Future of Medicine"

Ryan Okerland

Apr. 5: "Three Great Hikes in Europe: Tour du Mont Blanc, Corsica, France, and Iceland"

Polly Scotland

Apr. 12: "Forging a Future for Local History"

Emily Thabes

Apr. 19: "Moving to Minnesota and Loving It"

Brianna Ingraham

Apr. 26: "An American Refugee in Canada: A Different View of 9/11"

Marilyn Dreesen

For further info call board member, Al Yarnott: 444-7091

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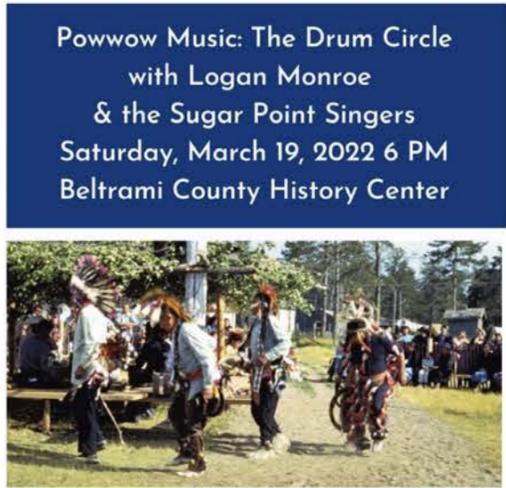
Beltrami County Historical Society and the Bemidji Public Library present

NIIMI'IDIWAG: THEY DANCE

an exhibit and program series



Powwow Music: The Drum Circle with Logan Monroe & the Sugar Point Singers
Saturday, March 19, 2022 6 PM
Beltrami County History Center



Dancing Fire RESTAURANT



REOPENING MARCH 18

Fridays & Saturdays
5pm-9pm



Walker, MN
northernlightscasino.com
Subject to change.

Heidi Hoppe recognized by Faith in Action

Heidi Hoppe, of Hackensack, is this month's highlighted volunteer for Faith in Action for Cass County.

She became a volunteer with Faith in Action in March 2018. Since that time, she has helped 73 people and given over 1,088 hours of assistance, providing transportation, chores and homemaking, a release said.

Hoppe also volunteers with the Isaak Walton League of America, Deep Portage Learning Center, Union Church in Hackensack, Heartland Quilters and the North Country Trail Association.

"Volunteering is meaningful," Hoppe said in the release. "It is meeting new people, making new friends and being able to help someone. When you are helping the community, you feel less isolated."

As a thank you for her volunteer services, Hoppe received a gas card donated by Holiday Station of Walker, the release said.



Contributed
Faith in Action volunteer coordinator Larelynn Micheau, right, gives volunteer Heidi Hoppe, of Hackensack, a Holiday gift card for her work with "Neighbors Helping Neighbors."

STUDENTS IN THE NEWS



Contributed
 Bemidji High School seniors Chloe Hasbargen and Paul Louvar recently received recognition for being nominated for the Region 8AA Minnesota State High School League's Academics, Arts and Athletics Award at Cragun's Resort in Brainerd.

Bemidji's Hasbargen, Louvar nominated for statewide award

BEMIDJI — Bemidji High School seniors Chloe Hasbargen and Paul Louvar recently received recognition for being nominated for the Region 8AA Minnesota State High School League's Academics, Arts and Athletics Award at Cragun's Resort in Brainerd.

Bemidji students named to Saint John's University dean's list

COLLEGEVILLE — Riley Berg, Matt Gish and James Seims of Bemidji were recently named to the dean's list at Saint John's University in Collegeville for achieving a GPA of 3.8 or higher during the fall 2021 semester.



Contributed
 Bemidji Chamber Ambassadors congratulate Up North Sports on its new location and expansion with a ribbon cutting ceremony.

Chamber welcomes Up North Sports to new location

Bemidji Chamber Ambassadors recently congratulated Up North Sports on its new location and expansion.

Up North Sports, located at 345

Bentley Drive SW, is an outdoor sporting goods company specializing in snowmobile and ice fishing apparel and equipment.

Up North Sports not only has

a loyal local customer base, but its vast online customer base spans across the United States and Canada, a release said.

Lost or Found Pets



REFERENCE NUMBERS

Police Department	218-333-9111
City Pound	218-333-9111
Northern Twn	218-760-6651
Bemidji Twn	218-760-6651
Frohn Twn	218-760-6651
Grant Valley Twn	218-760-6651
Ten Lakes Twn	218-760-6651
Animal Care Clinic	218-759-2222
Great River Rescue	218-751-7910
Port Hope Twn.....	218-760-6651
City of Tenstrike.....	218-760-6651

Visit the City of Bemidji website and click on Animal Info to see if your pet is listed. ci.bemidji.mn.us



Area Worship Services

<p>Alliance Cass Lake Alliance 21 2nd St NE, Cass Lake 218-335-8892 Sunday service 10 a.m.</p> <p>Mokahum Chapel 15784 Roosevelt Rd. SE, Cass Lake 218-368-6806 Sunday service 10:30 a.m. mokahum.wordpress.com</p> <p>House of Prayer 1701 Birch Lane NW, Bemidji 218-368-7998 Sunday service 9 a.m. & 10:30 a.m. bemidjihop.com</p> <p>Assembly of God First Assembly of God 1015 Fourth St. S.E., Bemidji 218-751-2485 Sunday worship 8:30 a.m., 10:30 a.m. bemidjiag.org</p> <p>Crossroads Church 3354 Laurel Drive NW, Bemidji 218-444-8205 Sunday Worship Service: 10:30 a.m. Wednesday Service: 6:30 p.m. crossroadsnorth.org</p> <p>Baha'i Faith For information 218-444-2268 beltramibahai@gmail.com</p> <p>Baptist Northwoods Baptist 216 Beltrami Ave NW, Downtown Bemidji 218-444-7142 Sunday Services 10:30 a.m. & 6 p.m. northwoods baptist.org</p> <p>Bemidji Baptist 2130 Paul Bunyan Drive S.E., Bemidji 218-751-9311 Sunday service 11 a.m., 6 p.m. bemidjibaptist.com</p> <p>Faith Baptist (GARBC) 2531 Roosevelt Road SE, Bemidji 218-751-4506 Sunday service 11 a.m., 6 p.m. faithbaptistbemidji.com</p> <p>First Baptist 1555 Paul Bunyan Drive NW 218-444-6556 Sunday Services: Traditional 8:30 a.m.; Contemporary 10:45 a.m. fbcbemidji.org</p> <p>Ridgewood Baptist (SBC) 2795 15th St. NW, Bemidji 218-444-4723 Closed thru April 9th ridgewoodbaptistchurch.org</p> <p>Landmark Baptist (IND.) 1st St. and Cedar Ave., Cass Lake 218-335-6808 Sunday services 11 a.m., 6 p.m.</p> <p>Laporte Community Baptist 155 Main St W, Laporte 218-224-2542 Worship Service 10:45 a.m.</p> <p>Buddhism Zen meditation and discussion, meeting Thursdays 6:15-8 p.m. at United Methodist Church, Upper Room, in Bemidji.</p> <p>Catholic St. Philip's Parish 702 Beltrami Ave. N, Bemidji 218-444-4262 - stphilipsbemidji.org Mon. No daily Mass Wed. 6:30 p.m. Thur. 8:40 a.m. Wed, Fri. 8:30 a.m. Sat. 5:30 p.m. Sun. 7:30 a.m., 9 a.m. & 11 a.m.</p> <p>St. Charles Catholic Pennington - Saturday Mass 4 p.m. Memorial Day until Labor Day</p>	<p>Sacred Heart Catholic 135 3rd St. Wilton 218-751-8446 Sunday Mass 9 a.m. sacredheartwilton.com</p> <p>St. Joseph's Catholic 16 Red Lake Ave NW, Bagley 218-694-6416 Sunday Mass: 10:30 a.m. stjosephsbagley.org</p> <p>St. Charles Catholic 308 Central Ave, Cass Lake, 218-335-2359 Sunday 11 a.m.</p> <p>St. Patrick's / Kelliher Box 187, Kelliher 218-647-8300 Sunday Mass 8 a.m.</p> <p>St. Michael / Northome 12026 Lake St., Northome 218-897-5628 Sunday Mass 8 a.m.</p> <p>St. John's/Nebish 27867 Irvine Ave. NE, Nebish 218-647-8300 Saturday Mass 5 p.m.</p> <p>St. Mary's Mission / Red Lake Highway 1, Box 189, Red Lake 218-679-3615 Sunday Mass 10:45 a.m. stmarysmmission.org</p> <p>St. Ann's Catholic / Blackduck 388 1st Street E, Blackduck 218-647-8300 Sunday Mass 10:15 a.m.</p> <p>Our Lady of the Pines / Nevis 205 Main Street West, Nevis 218-652-4005 Sunday Mass 10 a.m. cnevislaporte.org</p> <p>St. Theodore of Tarsus / Laporte 580 Country Road 39, Laporte 218-224-3135 (Message), 218-652-4005 Sunday Mass 8:30 a.m. cnevislaporte.org</p> <p>Christian Science Christian Science, Bemidji 1324 Beltrami Ave, Bemidji Service: Wed: 7:30 p.m., Sun: 10:30 a.m. csminnesota.org</p> <p>Church of Christ Church of Christ, Bemidji 692 Mag Seven Court, Bemidji 218-444-7895 Sunday service 10:30 a.m., 7 p.m. bemidji church.org</p> <p>Church of Christ T.L. 14748 Wilderess Dr. NE, Bemidji 218-586-2743 Worship: Wed: 6:30 p.m., Sun: 11 a.m. churchofchrist-bemidji.org</p> <p>Church of Jesus Christ of Latter-day Saints Bemidji Ward 3033 Birchmont Dr. N.E., Bemidji 218-751-9129 Sunday Sacrament meeting 10 a.m. lds.org</p> <p>ECKANKAR The Path of Spiritual Freedom 218-444-3012 TheSoundofSoul.org eckankar-mn.org</p> <p>Episcopal St. Peter's Episcopal 301 Cedar Ave, Cass Lake 218-335-3933 Sunday Eucharist 11 a.m.</p>	<p>St. Bartholomew's Episcopal 1800 Irvine Ave., Bemidji 218-444-7131 Sunday services 10 a.m.</p> <p>St. Antipas' Episcopal Hwy 1, Redby Sunday Holy Eucharist, 9:30 a.m. St. John's Episcopal/Red Lake Sunday Holy Eucharist 11:30 a.m.</p> <p>Evangelical Evangelical Free 115 Carr Lake Rd., Bemidji 218-751-8834 Sunday worship 8:30 a.m. Traditional 10:45 a.m. Contemporary efcbemidji.org</p> <p>Evangelical Covenant 5405 Hart Lane NW, Bemidji 218-751-3699 Sun. services 9 a.m. (Traditional), 10:45 a.m. (Contemporary) bemidjicovenant.com</p> <p>Blackduck Evangelical Free 241 Oscar Ave SW, Blackduck 218-835-4580 September-May Sunday 9:15 am Sunday School, Adult Bible Class 10:30 am Worship, Wed. 5:30 pm Awana and 7 p.m. Youth Group June-August Sunday 9 a.m. Adult Bible Class, 10 a.m. Worship, Children's Church befreechurch.com</p> <p>Eastern Orthodox All Saints of North America Chapel 508 Paul Bunyan Drive NW, Suite A, Bemidji 719-989-7612 Check online calendar for services ocobmn.org</p> <p>Lutheran Lutheran Campus Center 1221 Birchmont Dr., Bemidji 218-751-5326 Rev. Emily Papke-Larson epapkelarson@flcbemidji.org lcbemidji.org</p> <p>Bethany Free Lutheran 1300 Beltrami Ave., Bemidji 218-759-9188, Saturday Worship 6 p.m. Calvary Lutheran (ELCA) 2508 Washington Ave. SE, Bemidji 218-751-1893 calvarybemidji.org Sunday Worship: 8:30 & 10 a.m. in person, Lives- tream on YouTube or Facebook and online. Wednesday Worship: 6:30 p.m. in person, Livestreaming, and online.</p> <p>First Lutheran (ELCA) 900 Bemidji Ave. N, Bemidji 218-444-5302 Sundays: 8:00 a.m. Worship in person, online, radio broadcast on 1300 AM or 94.3 FM 10:30 a.m. Worship in person Wednesdays: 5:00 p.m. Supper 6:00 p.m. Worship in person flcbemidji.org/worshipwithus</p> <p>Bethel Lutheran Church (NALC) 5232 Irvine Ave. NW, Bemidji 218-444-4746 Sunday Worship Service: 9 a.m. bethelbemidji.org</p> <p>St. Mark Evangelical Lutheran (WELS) 2220 Anne St. NW, Bemidji 218-444-3939 Sunday Worship: 8 a.m. & 10:30 a.m. Service streamed at 8 a.m. each Sunday on YouTube smlicbemidji.org</p>	<p>Trinity Lutheran (Missouri Synod) Pastor, Rev. Robert Wentzel 123 29th Street NE, Bemidji 218-444-4441 Worship: Wed: 6:45 p.m., Sun: 9 a.m. trinitybemidji.org</p> <p>Trinity Lutheran 26685 Debs Road NW, Pinewood Sunday service 9 a.m.</p> <p>Our Redeemer's Lutheran Puposky-Debs 1214 Durand Drive, Puposky 218-766-0062 Sunday service 10:30 a.m. ourredeemers.blogspot.com</p> <p>Aardahl Lutheran 2920 Van Buren Ave. S.E., Bemidji 218-444-8865 Sunday service 8:30 a.m. aardahlutheran.com</p> <p>Malvik Lutheran (ELCA) 1 mile so. of Nary on County Rd 36, 1.5 miles east on #102. 218-444-4112 Sunday service 10 a.m.</p> <p>Landstad Free Lutheran (AFLC) 220 2nd St E, Shevlin 218-785-2125 Sunday service 9:00 a.m.</p> <p>Trinity Lutheran 150 2nd Street NE, Laporte, MN 218-224-2417 10 a.m. Sunday worship</p> <p>Redeemer Lutheran (LS-MS) 11 Red Lake Ave SW, Bagley 218-694-6258 Sunday Worship 9:30 a.m.</p> <p>Trinity Free Lutheran (AFLC) 6 Miles N of US 2 on Hwy 89, Wilton 218-467-3254 Sunday service 10 a.m.</p> <p>New Salem Lutheran (ELCA) 7491 Island View Dr NE, Turtle River 218-586-2262 Sunday service 9:30 a.m. newsalemthelutheran.org On YouTube: New Salem Lutheran Church, Turtle River</p> <p>Trinity Lutheran (Missouri Synod) 37115 US 71, Lake George 218-266-3330 Sunday service 9 a.m.</p> <p>Clearwater-Solway Lutheran Parish Pastor: Mark Kuleta P.O. Box 9, Shevlin Phone: 218-785-2146</p> <p>Clearwater Lutheran 186 Second Street West, Shevlin 218-785-2146 Sunday Services - 10:45 a.m. Sunday School - 9:30 a.m.</p> <p>Solway Lutheran 277 2nd Street, Solway 218-467-3460 Sunday Services - 9 a.m.</p> <p>Zion Lutheran (ELCA) 217 Main St., Blackduck 218-835-4530 Online Sunday Worship: 8:30 a.m. Blackduck Lutheran Church YouTube Channel or nbelp.org</p> <p>Immanuel Lutheran (Missouri Synod) 349 3rd Street NE, Cass Lake 218-335-6134 Sunday service 10:30 a.m. ilcasslake.org</p> <p>Holy Trinity Lutheran (Missouri Synod) 125 1st St W, Blackduck 218-835-4423 Sunday service 8:30 a.m.</p>	<p>Faith Lutheran (AALC) 481 4th St NE, Blackduck 218-835-6296 Sunday service 9 a.m. faithlutheranchurchblackduck.org</p> <p>Trinity Lutheran 6810 US Highway 2 NW, Cass Lake PO Box 788, Cass Lake, 56633 218-335-6393 Sunday service 10:30 a.m. tccasslake.com</p> <p>Peoples Church 824 America Ave., Bemidji 218-444-8240 Sunday Worship: 1 p.m. peopleschurch-elca.org</p> <p>Hope Lutheran (AFLC) 12234 3rd St., Northome 218-897-5654 Sunday service 10:30 a.m.</p> <p>Bethesda Lutheran (AFLC) 11348 Itasca St., Mizpah 218-897-5607 Sunday service 9 a.m.</p> <p>Our Savior Lutheran (ELCA) 249 W. Main, Kelliher 218-647-8606 Sunday Morning Worship: 11 a.m. in-person & Livestreamed on church Facebook page</p> <p>Methodist Bemidji United Methodist 924 Beltrami Ave., Bemidji 218-751-3503 In Person Sunday Worship 10:30 a.m. (masks requested) Online Worship on FB & YouTube</p> <p>Pentecostal New Life Church 616 Wood Ave. SE, Bemidji 218-333-0577 upcbemidji.org Worship Service & Kids Church 11 a.m. Mid-Week Service & Kids Church Wed. 7 p.m.</p> <p>Lighthouse Church of God 335 2nd St NE, Cass Lake Sunday service 12:30 p.m.</p> <p>Presbyterian First Presbyterian 501 Minnesota Ave., Bemidji 218-444-5016 Sunday worship 10 a.m. firstpresbj.com</p> <p>First Presbyterian of Blackduck 23285 Gate Lane NE, Blackduck 218-835-6651 Sunday Service: 10 a.m.</p> <p>Quaker Northern Light Friends Meeting 2048 Agate Lane NW, Solway 218-467-3584 Sunday worship: 10 a.m.</p> <p>Seventh-day Adventist Bemidji Seventh-day Adventist 4400 Eckles Rd NW, Bemidji 218-333-7322 Saturday Sabbath worship 10:55 a.m. bemidjisdachurch.com</p> <p>Unitarian Headwaters Unitarian Universalist Fellowship Headwaters Peace Center 1826 Mikrantip Rd. SW, Bemidji Meets Sept - May at 10 am Sundays headwatersuu.org</p> <p>Independent Tenstrike Community Church 145 Dudley St NW, Tenstrike 218-586-2960 - Sunday Service at 10:00 a.m. tenstrikechurch.com</p>	<p>Guthrie Community Bible 43948 275th Ave. Laporte 218-987-2580 - Sunday services 10 a.m.</p> <p>Christ Gospel Fellowship Laporte Hwy 39, Laporte 218-224-2800 Sunday worship 10:30 a.m.</p> <p>Northern Bible Church 8648 Irvine Ave. NW, Bemidji 218-444-2654 Sunday School 9:30 a.m. & Service 10:30 a.m. northernbible.com</p> <p>Mount Zion Church 414 Lincoln Ave. SE, Bemidji 218-751-8000 Sunday service 10 a.m. mtzionbemidji.org</p> <p>Solway Bible Chapel 222 Solway Ave NW, Solway 218-335-3410 Sunday Service 10:30 a.m.</p> <p>River City Church 50915 Co Rd. 3, Bemidji 218-333-0516 Sunday Service: 10 a.m. rivercitychurchbemidji.com</p> <p>Lake George Bible Chapel 37285 US 71, Lake George 218-699-3013 Sunday service 10 a.m. lakegeorgebiblechapel.weebly.com</p> <p>Redby Community Church State Hwy 1, Redby 218-760-4953 Sunday Service: 10 a.m.</p> <p>Pennington Revival Center Pennington, MN 218-335-0102 Sunday service 11 a.m.</p> <p>Real Life Christian Fellowship 5097 Scribner Road NW, Bemidji 218-444-7150 Sunday Worship service 10:30 a.m. rlfnc.org</p> <p>Kabekona Community Church 24044 Old Cemetery Rd, Laporte 218-224-2827 Sunday service 10:45 a.m. kabekona.org</p> <p>Mikdash Meevah - Hope Temple Messianic Fellowship 3117 15th St. NW, Bemidji Messianic Rabbi John Ballek 218-929-3231 Sat. Service 10 a.m. (meal following) Torah Club Tues. 6:30 p.m.</p> <p>Calvary Chapel 500 Irvine Ave, Bemidji 218-751-9192 Sun. service 8:30 & 10:30 a.m., Wed. service 6:30 p.m. calvarybemidji.com</p> <p>Assembly of God Missionary Fellowship 1017 Clausen Ave. S. W., Bemidji 218-751-4400 Sunday service 10:30 a.m.</p> <p>Chippewa Bible Chapel 12998 56th Ave NW, Cass Lake 11 a.m. Sunday service (Oak Point)</p> <p>Home Fellowship Servants of Almighty Yahuah, the only Savior (Is. 43:11), are meeting in homes on Yahuah's Sacred Sabbaths for Torah/scripture study and fellowship. 218-766-8176</p> <p>Endless Blessings 181 Main Street South Blackduck Sat. Sabbath Call 218-TELLGOD</p> <p>Destiny Fellowship 1701 Birch Lane NE Bemidji 218-333-8814 - Sunday service 4:30 p.m.</p> <p>Laporte Community Bible Church 155 Main St. W, Laporte The Beat Saturday service 6 p.m. Sunday service 10:45 a.m. Wednesday meal and activities 5:30 p.m.</p>
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Thanks to the following sponsors & churches, this directory can be brought to you every Saturday.

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OBITUARY

Daniel "Dan" Strehlo



Daniel (Dan) Dennis Strehlo passed away March 7th, 2022, in Bemidji, Minnesota. He was 69 years old. Dan was diagnosed with Parkinson's disease in his 40s which contributed to his passing. Dan was a devoted and loving, husband, father, grandfather, and friend.

A memorial for Dan is planned for August of 2022. More details on memorial location and date will be forthcoming.

www.OlsonSchwartzFuneralHome.com

Muer Earns Professional Engineer License



Andrew Muer, PE, of Widseth has successfully passed the exams and met the education and experience requirements necessary to become a licensed professional engineer by the Minnesota Board of Architecture, Engineering, Land Surveying, Landscape Architecture, Geoscience, and Interior Design (AELSLAGID).

Muer graduated from the University of Minnesota, Duluth in 2015 with a Bachelor of Science in Civil/Structural Engineering. He joined Widseth as a structural engineer in training that same year. As a structural engineer, Muer's responsibilities include hydraulic and structural design of new bridges and maintenance of existing bridges throughout Minnesota. With his newly acquired professional engineering licensure, Muer can now manage and provide deliverables for such projects.

"Many long days and nights of preparation have led me to this point," Muer says. "I am thrilled that I have passed the PE exam and look forward to the new responsibilities and opportunities of being a professional engineer. I would like to thank my family and colleagues for making this next step in my career possible."

Kriens Named One of Top 25 Women in Business



Prairie Business has announced its Top 25 Women in Business for 2022, including Widseth's Lindsey Kriens, CID.

Kriens's love of design began while working for her family's landscaping business. A Certified Interior Designer licensed with the State of Minnesota, Kriens joined Widseth in 2019 with more than 11 years of creative thinking and design experience in educational, healthcare, government, corporate, and commercial design. As the lead for Widseth's interior design department, she works with the firm's other interior designers to provide project teams with space planning, budgeting, innovative design concepts and finish selections, branding and project management.

Kriens's creative talent, personable approach, design philosophy, and project management skills were recognized by Widseth's Board of Directors when they invited her to become a shareholder in the firm. She has held the title of Vice President since December 1, 2021.

The Top 25 Women in Business nomination process emphasizes "professional achievement, community contributions and volunteerism . . . (Each) of the women listed has made exceptional contributions in their chosen careers and communities," according to the March 7, 2022, Prairie Business news release. Recipients' profiles may be found in the March issue of the Prairie Business magazine as well as its digital edition.

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Finally, create your listing. Choose the layout that best fits your needs and begin uploading your images and text.

Test your gardening knowledge with today's quiz

Fargo

Did you hear about the gardener who started digging and replanting his entire herb garden in alphabetical order? His neighbor asked how he finds the time. The gardener replied, "It's right next to the sage."

That bit of humor reminded me that it's high thyme for another quiz. Do you know we haven't shared a garden quiz since before the pandemic?

So close your books, take out a sheet of paper, and answer the following.

Questions

1. Can every blossom on a squash plant potentially bear a squash fruit?
2. If you saved seed from a Honeycrisp apple, will it grow into a Honeycrisp tree?
3. Does overwatering a houseplant mean that you apply too much at one time?
4. If you only fertilize your lawn once a year, which is recommended, spring or fall?
5. When an apple turns red, does it mean it's ripe?
6. Should tree wraps be left on all year?
7. Should pebbles be put inside the bottom of houseplant pots for better drainage?
8. Which tomato type is best grown with support, such as a cage or stake, determinate or indeterminate cultivars?
9. Is it true garden carrots become sweeter after a fall frost?
10. Will mowing grass shorter help control weeds?
11. When adding a protective mulch in the fall around tender perennials or roses, should it be applied before or after the soil has frozen?
12. Are the thorny canes of roses and raspberries nature's way of protecting against rabbit damage?
13. Should a newly planted tree be staked for only the first year?
14. Is it better to remove the above-ground portions of most perennials in fall or spring?
15. Are lawn weed herbicides more effective if applied in midsummer or in the fall?
16. Is it better to prune shrubs in spring or fall?
17. Are crabgrass and quackgrass two names for the same weedy grass?

18. Are ants required for peony buds to open normally?

Answers

1. No. Squash vines have separate male and female flowers growing on the same plant. The male flowers produce just pollen, and only the female flowers form the squash fruits.
2. Unfortunately not. To bear fruit, apple flowers must receive pollen from a tree that's a different apple variety, resulting in seed that's of mixed parentage.
3. No. Overwatering means you keep a plant's soil continually too soggy.
4. Turf research shows that a fall application of fertilizer around Labor Day yields the greatest benefit to grass health. A spring application is secondary.
5. Not necessarily. Most apples turn red before they're fully ripe. Instead check the seeds, which are shiny and black-brown when an apple is ripe, instead of tan or light brown.
6. Tree wraps should be removed each spring so the trunk can breathe. Reapply each fall.
7. No. It's counterintuitive, but research proved that pebbles create a layer of change that impedes drainage, and drainage is better when the pot is simply filled with potting mix.
8. Indeterminate tomato cultivars continue vining all season, and benefit from support.
9. Yes. Although an actual frost isn't required, the cool temperatures of fall do favor the accumulation of sugars, so leaving carrots in the ground as long as possible makes them sweeter.
10. No. Mowing short encourages weeds by allowing them access to sunlight. Instead, a mowing height of 3 inches shades and suppresses weed growth.
11. Protective mulch should wait until after the top few inches of soil have frozen solid.
12. It was a nice try on nature's part, but rabbits eat thorny rose and raspberry canes like candy.

13. Yes. If staked at all, only one growing season is generally recommended.

14. Perennials survive winter better with the above-ground parts left intact, and removed in spring. However, peonies, iris, daylily and

hosta tops are better removed in fall.

15. Applying herbicides in fall is more effective and

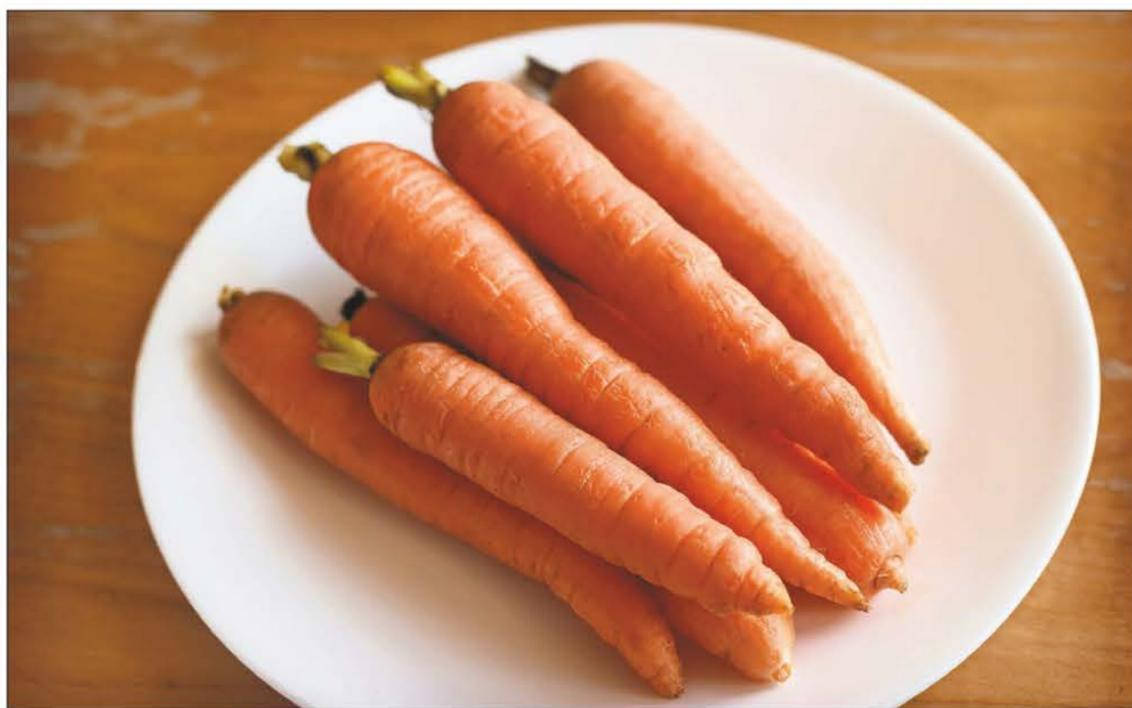
safer than midsummer applications, especially for hard-to-kill perennial weeds.

16. Spring is the recommended time for shrub pruning, before new growth begins. Fall pruning exposes open wounds to winter's elements.

17. Crabgrass and quackgrass are two different weedy grasses, controlled very differently.

18. Ants are attracted to the sticky peony buds, but are neither beneficial nor harmful, and aren't required for buds to open properly, according to the American Peony Society.

Don Kinzler, a lifelong gardener, is the horticulturist with North Dakota State University Extension for Cass County. Readers can reach him at donald.kinzler@ndsu.edu.



Photos by David Samson / The Forum

Is it true that carrots are sweeter after a frost?



When an apple turns red, is it fully ripe? The answer can be found in today's quiz.

13. Yes. If staked at all, only one growing season is generally recommended.

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JUMBLE

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9	1	8	2	6	5	3	4	7
6	5	4	3	1	7	9	8	2
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7	8	5	1	4	2	6	3	9
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8	4	6	7	2	3	5	9	1

MESSY
FLUKE
COOKIE
SIDING

The clairvoyant doctor had a - "SICK" SENSE

PEP IT UP

Big-batch farro salad is easy to make and even easier to eat



TONY & SARAH NASELLO
Home with the Lost Italian

Fargo
I love a good big-batch salad — the kind I can make on a weekend and enjoy throughout the week without feeling guilty. This Pepperoni Farro Salad with Garlic-Oregano Vinaigrette is a healthy, delicious and creative way to enjoy the nutrition that comes from eating grains without sacrificing flavor.

For this recipe, I used a semi-pearled farro, which means that the grain has been lightly scored to help release its starches when cooking. This gives the grain a wonderfully chewy, yet still crunchy texture that works well with a variety of ingredients.

An ancient grain of the wheat family, farro is a staple in the Italian diet and an excellent source of protein, vitamins and fiber. The high protein and fiber content help to promote a feeling of fullness that benefits a healthy diet.

However, not everyone is keen to eat a salad with a grain as the main

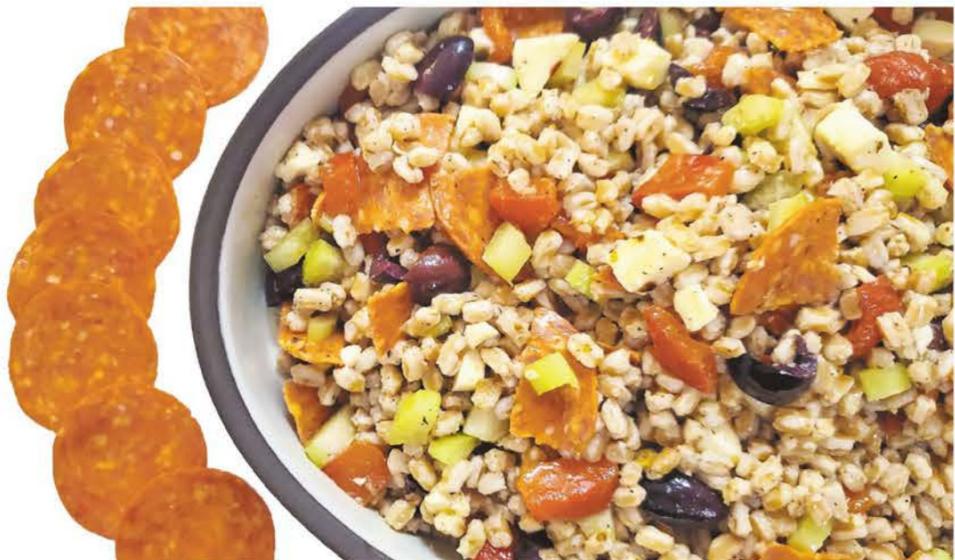
ingredient. Thankfully, there is a workaround to this, and the keys to a good grain salad are to first choose a delicious grain — in this case, farro — and second, to make it taste as delicious as possible.

With this in mind, I never cook farro in plain water as directed to on most packaging. Instead, I use a combination of water and chicken stock, and always include a bay leaf and touch of salt to create a pilaf. In fact, I do this for all grains, including rice, and it makes such a difference when it comes to depth of flavor.

I like to choose a medley of no more than six ingredients that complement each other without overpowering the grain. For this recipe, I took inspiration from a variety of classic Italian pizza ingredients, including pepperoni, fresh mozzarella cheese, roasted red peppers and Kalamata olives, and added a bit of celery to give it a lively crunch.

To continue the pizza theme, the salad is tossed with a garlic-oregano vinaigrette made with extra-virgin olive oil, red wine vinegar, Dijon mustard, Parmesan cheese, dried oregano, garlic, crushed red peppers and seasoning. This zesty dressing has a universal appeal that would work well with most salads, or even just for dipping bread, and it will keep in the refrigerator for up to one week.

The farro takes about 45



Photos by Sarah Nasello / The Forum

Filled with pizza flavors, Sarah's Pepperoni Farro Salad with Garlic-Oregano Vinaigrette is a healthy and delicious way to enjoy eating grains without sacrificing flavor.

minutes to cook, including the time it takes to bring the liquids to a boil. Once done, I remove the farro from the burner and let it sit for five minutes, then I drain the liquid and remove the bay leaf.

Next, I toss it with a couple teaspoons of the vinaigrette, and the warmth from the grain helps it quickly absorb the flavors. After the farro has cooled somewhat, I toss it with the pizza-inspired ingredients and the remaining vinaigrette.

Easy to make and even easier to eat, this big-batch Pepperoni Farro Salad with Garlic-Oregano Vinaigrette packs a powerful punch of



Farro is an ancient grain of the wheat family and a staple in Italian and Mediterranean cuisines.

flavor and nutrition into every bite.

"Home with the Lost Italian" is a weekly column written by Sarah Nasello

featuring recipes by her husband, Tony Nasello. The couple owned Sarello's in Moorhead and live in Fargo with their son, Giovanni. Readers can reach them at sarahnasello@gmail.com.

PEPPERONI FARRO SALAD WITH ITS GARLIC-OREGANO VINAIGRETTE

Serves: 4 to 6

► Ingredients for the farro:

- 1 cups farro
- 1 14.5-ounce can chicken stock
- 2 cups water
- 1 bay leaf
- ¼ teaspoon kosher salt
- 2 tablespoons garlic-oregano vinaigrette

► Ingredients for the vinaigrette:

- 1/3 cup extra-virgin olive oil
- 2 tablespoons red wine vinegar



A medley of Italian pizza-inspired ingredients round out this healthy, big-batch salad, including pepperoni, Kalamata olives, fresh mozzarella cheese and roasted red peppers, with celery added to give the salad a lively crunch.

- 1 teaspoon Dijon mustard
- 1 clove garlic, minced
- 1 tablespoon grated Parmesan cheese
- 1 teaspoon dried oregano
- Pinch of crushed red peppers

- ¼ teaspoon kosher salt
- ¼ teaspoon black pepper

► Ingredients for the salad:

- Cooked farro, cooled
- ½ cup pepperoni slices, cut into quarters
- ½ cup roasted red peppers, roughly chopped
- ½ cup Kalamata olives, roughly chopped
- ½ cup fresh mozzarella, cubed or torn into small pieces
- ½ cup celery, small diced
- Garlic-oregano vinaigrette
- Seasoning to taste

► Directions:

To cook the farro, place the chicken stock and water in a large pot and bring to a boil.

Meanwhile, prepare the vinaigrette: Place all the ingredients in a small bowl and whisk vigorously until well-combined and fully emulsified. Set aside for later use in recipe or refrigerate in an airtight container for up to 1 week.

Once the pot of water has begun to boil, add the farro, bay leaf and kosher salt and return to a boil. Reduce heat to medium and continue cooking for 25 to 30 minutes, stirring occasionally, until the grain softens but still has a slight crunch.

Remove pot from burner, cover and let sit for 5 minutes. Drain the farro into a strainer and discard the bay leaf. Transfer the farro to a large

bowl and drizzle it immediately with 2 tablespoons of the vinaigrette; toss to combine, then let the farro cool for 10 minutes.

Next, add the pepperoni, roasted red peppers, olives, mozzarella and celery. Drizzle with half of the remaining vinaigrette and toss to combine. Add the rest of the vinaigrette and toss again. Taste and add seasoning as desired. Let sit at room temperature for 30 minutes before serving so that the flavors can meld together or refrigerate overnight and bring to room temperature before serving. Leftovers can be refrigerated in an airtight container for 4 to 5 days.

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STATE OF MINNESOTA COUNTY OF BELTRAMI NINTH JUDICIAL DISTRICT DISTRICT COURT-PROBATE DIVISION

Court File# 04-PR-22-390

In Re: Estate of NAOMI JOY LOWTH a/k/a NAOMI J. LOWTH and NAOMI LOWTH, Decedent.

ORDER AND NOTICE OF HEARING ON PETITION FOR FORMAL ADJUDICATION OF INTESTACY, DETERMINATION OF HEIRSHIP AND APPOINTMENT OF REPRESENTATIVE IN UNSUPERVISED ADMINISTRATION AND NOTICE TO CREDITORS

TO ALL INTERESTED PERSONS AND CREDITORS: IT IS HEREBY ORDERED AND NOTICE IS HEREBY GIVEN that on the 15th day of April, 2022 at 8:30 a.m., a hearing will be held in the above named Court at Bemidji, Minnesota, on petition of Gaylene Nichols, for the adjudication of intestacy and determination of heirship of the above named decedent, and for the appointment of Gaylene Nichols, whose address is 16432 East Duane Lane, Scottsdale, AZ 85263; as personal representa-

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STATE OF MINNESOTA COUNTY OF BELTRAMI NINTH JUDICIAL DISTRICT DISTRICT COURT-PROBATE DIVISION

Court File# 04-PR-22-387

Estate of Gerald Duane Levasseur a/k/a Gerald D. Levasseur a/k/a Gerald Levasseur, Decedent

NOTICE AND ORDER OF HEARING ON PETITION FOR FORMAL ADJUDICATION OF INTESTACY, DETERMINATION OF HEIRSHIP, APPOINTMENT OF PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS

It is Ordered and Notice is given that on April 15, 2022, at 8:30 a.m., a hearing will be held in this Court at 600 Minnesota Ave NW, Bemidji, Minnesota, for the adjudication of intestacy and determination of heirship of the Decedent, and for the appointment of Carol A. Levasseur, whose address is 208 Walborg Avenue NE Bemidji, MN, 56601 as Personal Representative of the Estate of the

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STATE OF MINNESOTA COUNTY OF BELTRAMI NINTH JUDICIAL DISTRICT DISTRICT COURT-PROBATE DIVISION

Court File# 04-PR-22-387

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- ▶ CARPET CLEANING ▶ HOUSEKEEPING ▶ MECHANIC ▶ ELECTRICAL ▶ AND MORE!

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Handyman
Snow blowing, painting, and any odd jobs.
Call 218-209-6136

John's Handyman Service
Yardwork, mowing, hauling, painting and any odd job you need to have done!
Call 218-368-6792

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MISCELLANEOUS SERVICES

Specializing in all of your canvas repair & fabrication needs

- Boat Covers
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www.upnorthcanvas.com

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"For all your finishing needs"
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quinnoggal@gmail.com

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DRYWALL/SHEETROCK

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MN LEGALS

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MN LEGALS

MN LEGALS

Decedent in an UNSUPERVISED administration. Any objections to the petition must be filed with the Court prior to or raised at the hearing. If proper and if no objections are filed or raised, the Personal Representative will be appointed with full power to administer the Estate, including the power to collect all assets, to pay all legal debts, claims, taxes and expenses, to sell real and personal property, and to do all necessary acts for the Estate.

Notice is also given that (subject to Minnesota Statutes section 524.3-801) all creditors having claims against the Estate are required to present the claims to the Personal Representative or to the Court Administrator within four months after the date of this Notice or the claims

will be barred.
Dated: March 7, 2022
BY THE COURT
/s/ Tyler Annette
Ninth Judicial District Referee
/s/ Kayla Littler
Court Administrator
/s/ Bonnie Neumann
Deputy

Attorney for Petitioner
Adam G. Christopher
Drahos Kieson & Christopher, P.A.
502-24th St NW
Bemidji, MN 56601
Attorney License No: 0350163
Telephone: (218)-444-1750
FAX: (218) 444-1754
Email:
lawoffice@bemidjiattorneys.com
(March 12 & 19, 2022) 40781

GREATER BEMIDJI AREA JOINT PLANNING COMMISSION

NOTICE OF PUBLIC HEARINGS & MEETINGS

NOTICE IS HEREBY GIVEN, that on Thursday, March 24, 2022, at 6:00 p.m. or as soon thereafter as possible, the Greater Bemidji Area Joint Planning Commission will conduct a Public Hearing in-person in the Council Chambers of the Bemidji City Hall, located at 317 4th St. NW, Bemidji, MN, and via Webex Video Conferencing (see log-in details on jpbgb.org) on the following requests:

City of Bemidji - Z-22-80.00889.00 & 80.00890.00: - Timothy Edmiston/De Fidellis, LLC & Bemidji Professional Building Inc. are requesting a rezoning of properties at 201 & 205 7th St NW, currently in the R-5 High Density Residential Zoning District, to U-R Urban Renaissance Zoning District.

City of Bemidji - V-22-80.04872.00: - Doug and Kim Williams are requesting a variance from the structure setback for the ordinary high-water mark of the Mississippi River in order to construct a detached garage and workshop. The subject property (PID 80.04872.00) is located at 3345 River Park Ct. NE in the City of Bemidji.

City of Bemidji - Z-22-80.05511.00, 80.05512.00: - Eric Nelson, on behalf of Rough Cut LLC, is requesting a rezoning of two parcels (PID 80.05511.00 & 80.05512.00), currently in the B-2 General Commercial District, to R-6 Multi-Family residential. The subject properties are located at 2406 Tracy Ct. NW in the City of Bemidji.

City of Bemidji - IUP-22-80.06166.00: - Aurora Waasakone Community of Learners is requesting an interim use permit on leased property to operate a charter school. The subject property is located at 3604 Bemidji Ave N in the City of Bemidji. All interested parties are encouraged to view or listen to the Hearing, or call the Greater Bemidji Area Joint Planning Board Office at (218) 759-3579, or visit our web site at: www.jpbgb.org for more information. Email comments must be received by Thursday, March 17, 2022, for inclusion in staff reports.
(March 12, 2022) 40704

LEGAL NOTICE

ORDINANCE NO. 187, 3rd SERIES: An Ordinance Amending Chapter 26 of the Bemidji City Code, Article III, Entitled "Solid Waste Collection". This Ordinance was approved by the City Council on Monday, March 7, 2022. This Ordinance shall become effective 30 days after publication. A complete copy of the Ordinance is available by contacting the City Clerk, 317 4th Street NW, Bemidji, MN 56601 (218-759-3570).

Michelle R. Miller, Bemidji City Clerk
(March 12, 2022) 40783

STATE OF MINNESOTA COUNTY OF BELTRAMI NINTH JUDICIAL DISTRICT PROBATE DIVISION
Court File No. 04-PR-22-132
Estate of
Raymond Alvis Linam,
Decedent

NOTICE TO CREDITORS: FOREIGN PERSONAL REPRESENTATIVE ACTING IN MINNESOTA.

Notice is given that Rebecca Causey, residing at 313 G Street, Unit B, Waterford, California, 95386 is the domiciliary foreign Personal Representative ("Personal Representative") for the estate of Raymond Alvis Linam, a resident of the State of California.

On January 18, 2022, the Personal Representative filed with the Court a document stating an intention to exercise, as to assets in Minnesota, all powers of a local Personal Representative and to maintain actions and proceedings in Minnesota in accordance with Minnesota Statutes section 524.4-205.

Notice is also given that any Minnesota creditor who objects to the Personal Representative's exercise of power over assets in Minnesota must file a written objection within 60 days from the Personal Representative's filing. If no objections are filed, the representative may, after the expiration of the 60 day period, exercise all powers of a local Personal Representative.
Dated: March 7, 2022

HELP WANTED GENERAL

HELP WANTED GENERAL



Employment Opportunities

BELTRAMI COUNTY IS ACCEPTING APPLICATIONS FOR THE FOLLOWING POSITIONS:
All benefited positions include a generous insurance package, paid holidays, paid time off, enrollment in one of the MNPERA pension plans and a competitive pay scale.

Finance Manager
Full-time, Benefited
Apply by 3/16/2022, 4:30 pm

Account Technician II
Full-time, Benefited
Apply by 3/17/2022, 4:30 pm

Case Aide - Children's Services
Full-time, Benefited
Apply by 3/17/2022, 4:30 pm

Custodian
Full-time, Benefited
Apply by 3/17/2022, 4:30 pm

PHN / RN / Dietician
Full-time, Benefited
Apply by 3/17/2022, 4:30 pm

Social Worker - LADC
Full-time, Benefited
Apply by 3/17/2022, 4:30 pm

Social Worker - Developmental Disabilities / Long Term Care
Full-time, Benefited
Apply by 3/17/2022, 4:30 pm

Corrections Officer I (Training Program)
Multiple Openings - Benefited Both Full-time & Part-time Hours Available
No Prior Experience Needed
Apply by 3/24/2022, 4:30 pm

Corrections Officer
Multiple Openings - Benefited Both Full-time & Part-time Hours Available
Apply by 3/24/2022, 4:30 pm

Highway Laborer
Seasonal, Full-time, Non-Benefited 18 Openings
Position will be open until filled
Apply by 3/24/2022, 4:30 pm

PHN / RN / Social Worker
Full-time, Benefited
Apply by 3/24/2022, 4:30 pm

Records Technician
Part-time, Non-Benefited - 20 Hrs/Wk
Apply by 3/24/2022, 4:30 pm

Social Worker - Children's Mental Health
Full-time, Benefited
Apply by 3/24/2022, 4:30 pm

To apply, complete our online job application at:

www.co.beltrami.mn.us
If you do not have access to a personal computer, the Career Force Center, the Bemidji Public Library & Oshkiimaajitahdah have free public computers for use. To receive further assistance, visit the Beltrami County Human Resources Department at 701 Minnesota Ave NW, Suite 210, Bemidji, MN 56601 or contact 218-333-4156.
AN EQUAL OPPORTUNITY EMPLOYER

HELP WANTED PROFESSIONAL SERVICES

HELP WANTED PROFESSIONAL SERVICES



PrimeWest Health is a partnership of 24 rural Minnesota counties providing innovative health coverage programs, including to residents who qualify for Minnesota Health Care Programs (MHCP). We are recruiting an energetic, self-directed employee for the following position in the Bemidji/Bagley Area:

Community Health Worker (remote)

Visit our website at
https://www.primewest.org/careers
for a complete job description and information about how to submit a resume. EOE

HELP WANTED SKILLED AND TRADES

HELP WANTED SKILLED AND TRADES

Top Pay - Up to \$65,000+/year DOE

Come work for ABC Seamless, a well-established, nationally-known franchise, equal opportunity employer - marking 42 YEARS in the business.

This is a fantastic opportunity for individuals with construction and building skills. **Top Pay - Up to \$65,000+/year, based on experience. Growth within the company - Paid Holidays - Supplemental Benefits.** Work in Bemidji and the surrounding area. Must have valid DL and be able to pass a drug test.

If you're ambitious, hard-working, responsible, and a team player who wants to be treated with respect and appreciation, **call TODAY! (218) 444-3825 or email webless2020@gmail.com**

HELP WANTED CONSTRUCTION

HELP WANTED CONSTRUCTION



CITY OF BEMIDJI EMPLOYMENT OPPORTUNITIES

BUILDING INSPECTOR

Performs a variety of routine and complex administrative and technical work in the enforcement of codes and regulations relating to building construction and remodeling, housing and property maintenance, rental housing inspection, registration and zoning.

Full-time, Benefited, FLSA Non-Exempt position with a wage range of \$29.17 - \$36.95/hour.

Applications must be received by 4:00 p.m. on Monday, March 14, 2022. See job description for qualifications and further details.

Apply online at www.governmentjobs.com/careers/cibemidjimn.

Direct questions to the HR Coordinator at (218) 759-3562.

The City of Bemidji is an Affirmative Action/Equal Employment Opportunity Employer.

HELP WANTED EDUCATION

HELP WANTED EDUCATION

The Bemidji Regional Interdistrict Council, a large special education services cooperative serving 11 member Districts in North Central Minnesota has openings effective the 2022-2023 school year:

Teacher Specialist/Behavior Consultant
Candidates must be eligible for special education or a "related service" license in MN. Master's Degree, advanced training in working with challenging and difficult behaviors and 3-5 years' exp. preferred.

Special Education Teacher Specialist
Early Childhood Special Education Teacher- to be assigned to Lake of the Woods.
Developmental Disabilities Teacher- to be assigned to Cass Lake-Bena High School

Physical Therapist
Up to 1.0 FTE Physical Therapist to serve in BRIC member districts.

Speech Language Pathologists
Speech Language Pathologists Assistants
Speech Language Pathologists/Assistants to be assigned to BRIC member District schools. CFY supervision available. Will consider applicants working towards a Masters.

The BRIC offers a competitive compensation package, effective supervision, in-service training and technology support. Interested candidates should complete the online application and send letter of application, three letters of reference, 'proof of licensure and credentials to:

Brenda R. Story
Executive Director and Director of Special Education
Bemidji Regional Interdistrict Council
PO Box 974
Bemidji, MN 56619
Positions Close: March 18, 2022

BEMIDJI STATE UNIVERSITY



NORTHWEST TECHNICAL COLLEGE

BSU and NTC are accepting applications for the following positions:

Bemidji State University

- Instructor or Assistant/Associate Professor of Mathematics
- Web Content Manager
- Groundskeeper
- Inventory Coordinator
- Gift Processing Specialist - BSU Foundation
- Director of Athletics
- Assistant or Associate Professor of Business Administration
- Assistant or Associate Professor of Indigenous Studies

Northwest Technical College

Early Childhood Education Instructor

For further details to apply:
BSU - <https://bemidjistate.peopleadmin.com>
NTC - <https://ntcmn.peopleadmin.com>

Minnesota State Colleges and Universities is an EO/AA/Vet/Disability employer/educator committed to the principals of diversity. BSU and NTC are tobacco-free campuses.

EMPLOYMENT WANTED

EMPLOYMENT WANTED



THE MINNESOTA CHIPPEWA TRIBE

Finance Corporation Accountant: \$20.55/hr. base
Duty Station: Cass Lake, Minnesota

DEADLINE: March 28, 2022

Background check required for all positions.
To view job announcement(s) and to download an application, visit:

www.mnchippewatribe.org

Send resume, and/or application with references to:

Joel D. Smith - Director of Administration
The Minnesota Chippewa Tribe
P.O. Box 217 Cass Lake, Minnesota 56633
EEO- American Indian Preference

COMMUNITY ANNOUNCEMENTS

COMMUNITY ANNOUNCEMENTS

Bemidji's Biggest Annual Indoor GARAGE SALE & CRAFT SHOW

The date has been set!
After a two year hiatus due to COVID, we're back Saturday, April 23rd

8:00am-2:00pm - Sanford Center
ONLY \$30.00 TO HOST A BOOTH!
\$35 END CAP
(Early bird price if reserved by 3/28/2022)

Contact the Bemidji Pioneer for Registration Info and reserve your spot!

218-333-9200 Press Option 5



HELP WANTED GENERAL

HELP WANTED GENERAL

REPORTER

The Grand Forks Herald is looking for a full-time general assignment reporter to produce engaging and in-depth stories on a variety of topics, but with a focus on public safety, breaking crime news, court hearings and investigative pieces.

RESPONSIBILITIES:

- Produce engaging content for a targeted audience that may be used in both digital and print production.
- Brainstorm digital storytelling formats and execute the technological components required.
- Incorporate multimedia aspects such as video, audio, and photography in all stories.

REQUIREMENTS:

- Bachelor's degree or equivalent education in journalism. Experience in a professional newsroom is preferred. Exceptional recent graduates will be considered.
- Ability to write accurate, clean, crisp stories on deadline, handle sensitive and emotional situations, balance competing demands, set priorities and juggle several stories at once.
- Photography and video skills are a plus.



For more details and to apply go to:
www.forumcomm.com/careers
EOE

MN LEGALS

Kayla Littler
Court Administrator
BY: Bonnie Neurman
Deputy Court Administrator
Attorney for Foreign Personal Representative Cassandra Lustfield
The Ford Law Office, L.L.C
332 Tenth Street
Windom, MN, 56101
Attorney License No: 0399025
Telephone: (507) 831-4400
FAX: (507) 831-4700
Email: cass@mnplans.com
(March 12 & 19, 2022) 40782

STATE OF MINNESOTA
COUNTY OF BELTRAMI
IN DISTRICT COURT - PROBATE
DIVISION

NINTH JUDICIAL DISTRICT
Court File No. 04-PR-22-415
In Re the Estate of:
RONALD JOHN HAACK, a/k/a
RONALD J. HAACK and RONALD HAACK,
Deceased.

ORDER AND NOTICE OF HEARING ON PETITION FOR ORDER FOR FORMAL PROBATE OF WILL AND FORMAL APPOINTMENT OF PERSONAL REPRESENTATIVE IN AN UNSUPERVISED ADMINISTRATION AND NOTICE TO CREDITORS TO ALL INTERESTED PERSONS AND CREDITORS:

IT IS HEREBY ORDERED AND NOTICE IS HEREBY GIVEN THAT ON April 15, 2022, at 8:30 o'clock a.m., a hearing will be held in the above-named Court at Bemidji, Minnesota, on petition of Jason Haack, for an Order for Formal Probate of the Last Will and Testament dated January 26, 2000, and for the formal appointment of Jason Haack, whose address is P.O. Box 345, Eagle Lake, MN 56024, as personal representative and executor of the estate of the above-named decedent in an unsupervised administration, and that any objections thereto must be filed with the Court.

That, if proper, and no objections are filed, the personal representative will be appointed to administer the estate, to collect all assets, pay all legal debts, claims, taxes, and expenses, and sell real and personal property, and do all necessary acts for the estate.

Notice is further given that ALL CREDITORS having claims against said estate are required to present the same to said personal representative or to the Court Administrator within four months after the date of this notice or said claims will be barred.
Dated: March 7, 2022
(COURT SEAL)
Attorneys for Petitioner
FULLERWALLNER
Tyler Annette
REFEREE OF DISTRICT COURT
KAYLA LITTLER COURT ADMINISTRATOR
BY: /s/
DEPUTY
514 America Avenue NW
Bemidji, MN 56601
P.O. Box 880, Bemidji, MN 56619-0880
Telephone (218) 751-2221
(218) 751-2285
(800) 552-6881
wangberg@lawofficemn.com
www.lawofficemn.com
(March 12 & 19, 2022) 40791

BEMIDJI HIGH SCHOOL ROOF REPAIR PROJECT - PHASE #1 & #2. INVITATION FOR BIDS

Bids will be received for the Bemidji High School Roof repair project - PHASE #1 & #2. Removal of Existing Parapet coverings and with inspection of substrate condition prior to installing new parapet work with associated flashing over MOST of the school roof covered under Phase #1. The replacement of the roof membrane and subsequent work will be performed under Phase #2. The contract will be with Bemidji Independent School District #31 - Bemidji, Minnesota, herein after referred to as the OWNER. The Owner's representative will be Mike Jensen. PLANS WILL BE AVAILABLE BEGINNING March 4, 2022 from the office of Lucachick Architecture, Inc.

A mandatory Pre-Bid Walk-through will take place at the School on Thursday March 10, 2022 at 11:00 a.m. Only bids from those attending will be accepted.
Bids will be RECEIVED UNTIL 2:00 P.M. (Local time) Monday, March 21, 2022 at the Lumber Jack room in the High School, Bemidji Minnesota 56601. Emailed bids will be allowed, providing hard copies are received not later than 72 hours following the bid opening. THE BID OPENING WILL TAKE PLACE PUBLICLY. BIDS WILL BE AWARDED WITHIN 14 DAYS. Written proposals will be received, in duplicate, as indicated on the BID PROPOSAL FORM.

Proposals shall be submitted on exact copies of the proposal forms in the specifications and shall be accompanied by a bidder's bond, certified check, or cashier's check in a sum equal to five percent (5%) of the total amount of the bid, conditioned that if the contractor's bid be accepted and the contract awarded, within ten days after notice of award will execute and effect a contract in accordance with the terms of the bond and provide a PERFORMANCE & PAYMENT Bond in the full amount of the BASE BID contract, as required, made payable to the OWNER. EACH PROPOSAL shall be accompanied by a PERFORMANCE & PAYMENT Bond.

Bidding Documents may be examined at the following locations until bid opening time: ARCHITECT - Lucachick Architecture, Inc., 481 Mag Seven Court, Suite #9, Bemidji, Minnesota 56601-0219, Phone: (218) 759-2305, and the office of the Owner. Bids received from Bidders who are not recorded as having received the Bidding Documents will not be opened. Only Full sets of Plans and specifications will be distributed. They may be obtained by bidders only for their personal use from the office of the Architect upon receipt of a refundable deposit check of \$50.00 per set. Requests for plans by mail must be accompanied by a \$10 non-refundable deposit to cover expenses. Make all deposit & expense checks payable to: THE OWNER.

Plans and specifications shall be returned to the Architect in COMPLETE SETS within ten (10) days after contract award FOR RETURN OF DEPOSIT. All bids shall be in accordance with Bidding Documents prepared by Lucachick Architecture Inc., 481 Mag Seven Court, Suite #9, Bemidji, Minnesota 56601 and the consultants listed. Bidders must carry Minnesota Worker's Compensation insurance and conform to all governing laws of the State of Minnesota. The Owner reserves the right to reject any and all bids or parts thereof, to waive any informalities in bidding, and to award the contract to other than the lowest bidder if, in the discretion of the OWNER, their interest will be best served thereby. THE OWNER REQUIRES THAT ALL BIDS BE FIRM FOR FORTY - FIVE (45) DAYS FROM THE DATE OF BID OPENING. ANY BID WITHDRAWN IN THAT TIME PERIOD WILL SACRIFICE THE BID SECURITY.
FOR THE OWNER:
Bemidji Independent School District #31
END OF INVITATION FOR BIDS
(March 5, 9, 12 & 16, 2022) 38564

MN LEGALS

State of Minnesota
District Court
Beltrami County
Judicial District: Ninth
Court File Number: 04-JV-22-144
Case Type: Juvenile
In the Matter of the Welfare of the Child(ren) of:
Summons and Notice
Child in Need of Protection or Services Matter
Briana Rayelynn Feiker
x Parent • Legal Custodian
Christopher Lee Kingbird, Frank Dennis Big Bear Jr.
Parent • Legal Custodian
NOTICE TO: Christopher Lee Kingbird, above-named parent(s) or legal custodian(s).

1. A Child In Need of Protection or Services Petition has been filed in the Office of the Clerk of Juvenile Court located at the Beltrami County Judicial Center, 600 Minnesota Ave. NW, Suite 108, Bemidji, Minnesota, alleging that the child(ren) of the above-named parent(s) or legal custodian(s) is/are in need of protection or services.

2. Notice is hereby given that the matter of said Child In Need of Protection or Services Petition will be called for hearing before the Juvenile Court located at the Beltrami County Judicial Center, 600 Minnesota Ave. NW, Suite 108, Bemidji, Minnesota, on April 26, 2022 at 9:45 a.m. or as soon after as the Matter can be heard.

3. YOU ARE ORDERED to appear before the Juvenile Court at the scheduled time and date.
4. You have a right to be represented by counsel.
5. If you fail to appear at the hearing, the Court may still conduct the hearing and grant appropriate relief, including taking permanent custody of the child/ren named in the Petition.

WITNESS, the Honorable Jeanine R. Brand
Judge of District Court
BY: Andrea Krueckeberg, Deputy
Kayla Littler
Court Administrator
INSTRUCTIONS
PUBLICATION TO BE MADE ONE TIME, with the last publication to be made not less than ten (10) days prior to the date of the hearing.
CHARGE PUBLICATION COSTS TO: the Beltrami County Judicial Center, 600 Minnesota Ave. NW, Suite 108, Bemidji, Minnesota, account number 92155
MAIL AFFIDAVIT OF PUBLICATION TO: the Beltrami County Judicial Center, 600 Minnesota Ave. NW, Suite 108, Bemidji, Minnesota (March 12, 2022) 40748

NOTICE OF MORTGAGE FORECLOSURE SALE

NOTICE IS HEREBY GIVEN that default has occurred in the conditions of the following described mortgage:
DATE OF MORTGAGE: March 08, 2001
ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$46,000.00
MORTGAGOR(S): Sharon K. Kemmer, an unmarried woman
MORTGAGEE: Mortgage Electronic Registration Systems, Inc., as nominee for North American Mortgage Company, its successors and assigns
DATE AND PLACE OF RECORDING: Recorded: March 14, 2001 Beltrami County Recorder
Document Number: 405395
ASSIGNMENTS OF MORTGAGE: And assigned to: Firstkey Mortgage, LLC
Dated: April 18, 2019
Recorded: May 31, 2019 Beltrami County Recorder
Document Number: A000580374
And assigned to: Towd Point Mortgage Trust 2018-3, U.S. Bank National Association, as Indenture Trustee
Dated: May 03, 2019
Recorded: May 31, 2019 Beltrami County Recorder
Document Number: A000580375
Transaction Agent: Mortgage Electronic Registration Systems, Inc.
Transaction Agent Mortgage Identification Number: 1000541-3000051609-2
Lender or Broker: North American Mortgage Company
Residential Mortgage Servicer: Select Portfolio Servicing, Inc.
Mortgage Originator: Not Applicable
COUNTY IN WHICH PROPERTY IS LOCATED: Beltrami
Property Address: 2316 Bardwell Dr NW, Bemidji, MN 56601-5619
Tax Parcel ID Number: 80.05519.00
LEGAL DESCRIPTION OF PROPERTY: Lot 10, Block 1, Bardwell Park AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NOTICE: \$43,994.39
THAT all pre-foreclosure requirements have been complied with; that no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof;
PURSUANT to the power of sale contained in said mortgage, the above-described property will be sold by the Sheriff of said county as follows:
DATE AND TIME OF SALE: April 12, 2022 at 10:00 AM
PLACE OF SALE: Sheriff's Main Office, Law Enforcement Center, Civil Process Division, 613 Minnesota Ave NW, Bemidji, MN 56601
to pay the debt secured by said mortgage and taxes, if any, on said premises and the costs and disbursements, including attorney fees allowed by law, subject to redemption within six (6) months from the date of said sale by the mortgagor(s), their personal representatives or assigns.
If the Mortgage is not reinstated under Minn. Stat. §580.30 or the property is not redeemed under Minn. Stat. §580.23, the Mortgagor must vacate the property on or before 11:59 p.m. on October 12, 2022, or the next business day if October 12, 2022 falls on a Saturday, Sunday or legal holiday.
Mortgagor(s) released from financial obligation: NONE
THIS COMMUNICATION IS FROM A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.
THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTIFICATION OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.
THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED.
DATED: March 04, 2022
ASSIGNEE OF MORTGAGEE: Towd Point Mortgage Trust 2018-3, U.S. Bank National Association, as Indenture Trustee
Wilford, Geske & Cook P.A.
Attorneys for Assignee of Mortgagee
7616 Currell Blvd; Ste 200
Woodbury, MN 55125-2296
(651) 209-3300
File Number: 041962F02
(Feb. 26; March 5, 12, 19 & 26; April 2, 2022) 36256

MN LEGALS

LEGAL NOTICE
ORDINANCE NO. 188, 3rd SERIES:
An Ordinance Amending the Bemidji City Code Adopting an Amended Fee Schedule for 2022 Relating to Rental Property Business License/Permit Fees and Commercial Refuse Hauler/Collector License Fees. This Ordinance was approved by the City Council on Monday, March 7, 2022. This Ordinance shall become effective 30 days after publication. A complete copy of the Ordinance is available by contacting the City Clerk, 317 4th Street NW, Bemidji, MN 56601 (218-759-3570).
Michelle R. Miller, Bemidji City Clerk (March 12, 2022) 40784



MN LEGALS

The following property will be sold or otherwise disposed of at a private sale open to the public to be held at 5th Street Storage at 1900 Division Street W #10 on Tuesday, March 29, 2022 for cash. Sealed bids will be taken on the whole unit from 11 AM until 12 noon - unless the account is paid in full by 4:30 p.m. March 28, 2022.
Storage Unit - Robin Anderson Sr - Toys, boxes, miscellaneous
CROWN PROPERTY MANAGEMENT
DBA 5TH STREET STORAGE
258 ANNE STREET NW
BEMIDJI, MN 56601
218-751-5699
(March 12 & 19, 2022) 40786



COMMERCIAL PROPERTY/
LAND FOR SALE



CENTURY 21
Dickinson Realtors

COMMERCIAL PROPERTY!
Great Location! Spacious 3200 sq ft warehouse/office space currently zoned B1 located just one block from Anne St/Hwy 71 interchange.
MLS#6135424 \$325,000

GREAT PRICE!
4BR 2BA home in Blackduck!
Walking distance to downtown!
Current rental license in place!
MLS#6122965 \$94,000

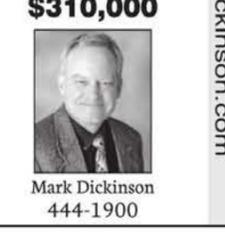
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3365 Hansen Ct NW
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MLS# 6156510 \$319,900
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1:00 - 3:00 PM
8321 White Oak St NE
Beautiful Neighborhood! 3BR/3BA home with 5 heated garage stalls. Quality built home with cherry cabinets and space for the entire family. Panoramic views & manicured yard will give you endless hours of pleasure & privacy.
MLS# 6155840 \$545,000
Your Host: Andy Williams 218.308.4694
Directions: North on Bemidji Avenue, right on Country Club Road, right on White Oak St.

See www.century21dickinson.com for more information on these open houses or call 751-1228 for a private showing.

SATURDAY'S PUZZLES

JUMBLE

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

SMYES
KULEF
KOECOI
DSIGNI

THAT SCRAMBLED WORD GAME

By David L. Hoyt and Jeff Knurek

Doc, can you tell what's wrong with me?
I'm getting a vision of a food allergy that you are unaware of. Stay away from beets!

THE CLAIRVOYANT DOCTOR HAD A ---

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer "here:"

ACROSS

- Your, to Shakespeare
- Spades; high card
- "Heidi" setting
- Housetop
- "Good job!"
- Songwriter Porter
- "Om" chanter's exercise
- Crowbar
- Bit of evidence
- Sky
- Bark beetles' victims
- Labyrinth
- Elected official: abbr.
- Umpire's cry
- Artistic
- Wading bird
- Fight on horseback
- Hightailed it
- Ladder piece
- Capitol roofs
- Leave suddenly
- Do something
- Raise AKC dogs
- Trial setting
- Most irritating
- Inferior
- "You can't judge a book by ___ cover"
- Suffer defeat
- Croquet setting
- Wood slivers
- Was in the red
- Exhilarate

DOWN

- Endeavor
- Dobbin's foot
- Picnic basket lover of cartoons
- On fire
- de menthe
- Wasp nest site
- Heating chamber
- Military stronghold
- Put up with
- Recline lazily
- Little Jack Horner's prize
- Notices
- Agriculture
- Manufacture
- Break a fast
- Leftover fragment
- Peace agreement
- Make a scene
- Sky streaker
- Had regrets
- Small appliances
- Worth
- Break and ___; commit burglary
- Montana & others
- Quarter, for one
- Banana casing
- Classic dog's name
- Alan of "Gilligan's Island"
- Catch sight of
- TV's "Dancing with the ___"
- Nickname for Dorothy
- Pieces of furniture
- Implore
- Drill tip
- Life jacket
- Good-hearted
- Company shunners
- Liquid measure
- Easy stride
- Flabbergasts
- Bawl
- Story line
- Vesuvius' outflow
- "Abbey ___"; Beatles album
- Storage building
- Hair covering

2	8	9		5	
1	2			7	
	4		7	9	
			6	4	
			7	8	1
		1		6	9
7			1	8	
5					4
	6			5	

Level: Advanced

SUDOKU

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the number 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

BROWSER'S BLACKOUT BINGO NUMBERS FOR

3/12/22

66 | B7 | G48 | 70 | 73 | G51 | B10 | I17 | 65

1	2	3		4	5	6	7	8		9	10	11	12
13			14		15						16		
17					18						19		
	20			21						22			
26	27	28				29	30				31	32	33
34							35					36	
37							38				39		
40										42			
43										45			
48	49	50				51	52	53				54	55
56							57				58		59
60											62		
63													65

WANT TO PRINT YOUR CROSSWORD PUZZLES?

Simply find the crossword puzzle in the e-paper and click on it. On the new screen that pops up, select the print option on the top menu. Members can also use the snipping tool. For detailed instructions visit bemidjipioneer.news/crossword

The bald eagle has made an impressive comeback

Minnesota's bald eagle population continues to grow, and that's a good thing. Recent sightings of bald eagles throughout the Northland are a sure sign that spring is imminent. Not only that, but the frequent observations also tell a success story. Minnesota's eagle population—and eagle populations throughout North America—are growing and expanding.

Becoming increasingly more popular from all corners of the nation is the proliferation of so-called "eagle cams." These cameras, strategically positioned to monitor the activities of nesting eagles, are commonplace nowadays. Quick internet searches reveals websites everywhere that you can monitor nesting eagles, including here at home.

The Minnesota Department of Natural Resources "EagleCam" located on DNR's website monitors a nesting pair in real-time, 24/7. It can be found online at: www.dnr.state.mn.us/features/webcams/eaglecam/index.html.

The success story of America's bald eagle population recovery cannot begin without first recognizing how imperiled the population once was. In the early 1960s, biologists estimated that the breeding population in the continental United States was just 417 nesting pairs. At the time, Minnesota had only around 50 nesting pairs of bald eagles.

But by 1972, the pesticide DDT was banned from use along with, a year later, the passage of arguably the most important and impactful wildlife-related legislative act ever: the Endangered Species Act. Henceforth, the bald eagle's slow climb to recovery began in earnest.

Today, after being officially removed from the endangered species list, the population of bald eagles in the lower 48 states, including Washington D.C., is over 71,400 nesting pairs.

And though bald eagles were federally delisted in 2007, the species is well protected under many laws that include the Bald and Golden Eagle Protection Act, the Migratory Bird Treaty Act, and the Lacey Act.

Just a short time ago while driving past



A male bald eagle perches in the top of a tree while keeping a watchful eye on its nearby nest on May 12, 2021, in Diamond Point Park. Annalise Braught / Bemidji Pioneer

La Salle Lake State Recreation Area, I spotted the resident pair once again. One of the birds was perched in a tree while its mate was standing on top of the snow in the ditch and feeding on an animal carcass.

The sight got me thinking about the importance of carrion to eagles in late winter and early spring. While fish is their preferred food, bald eagles scavenge for many of their meals, especially when prey is scarce. It's very common to see bald eagles along our roadways feeding on deer carcasses and other carrion.

Interestingly, the diagnostic feature of bald eagles — the white head and white tail feathers — don't become visible until the bird reaches about 4 or 5 years old. Juveniles are brown and mottled

with white plumage throughout and are often mistakenly identified as mature golden eagles. As a result, it's often reported that golden eagles have been observed when in fact it was merely a juvenile bald eagle.

Adult bald eagles form lifelong pair bonds. Able to reach ages of 30 years old in the wild, a mated pair of eagles can raise many offspring over their lifetime.

Returning to the same nest every spring, a pair will continue to add sticks and nest-building materials to their nest year after year. If the nest or tree becomes damaged or destroyed, the nesting pair will build a new nest in the same nesting territory if a suitable tree exists.

The size of a bald eagle nest is impressive. Because a nesting pair adds materials to the

nest each year, a nest can reach weights of up to two tons and can obtain a diameter of nine to ten feet. It takes a strong tree to support such a nest.

Nests are usually built in large white pine trees and cottonwood trees near lakes and rivers. In places where trees are unavailable or unsuitable, bald eagles are known to build their nests on the ground near cliffs, rivers and other water sources.

Bald eagles, abundant at one time and nearly extirpated at another, are now recovered and doing exceedingly well as their future continues to shine. Bald eagles are nesting in areas throughout their historical range everywhere, including here at home, as we get out and enjoy the great outdoors.

Blane Klemek is a Minnesota DNR wildlife manager. He can be reached at bklemek@yahoo.com.

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Iron Range moose challenges driver, rams pickup

By John Myers
Duluth News Tribune

ST. LOUIS COUNTY — A wayward moose that challenged a driver and then battered a pickup truck was put down by Minnesota Department of Natural Resources officers last week.

The moose, which showed up south of Eveleth near U.S. High-

way 53, at first was reported as “stand-offish” by a driver on their way to work, said Shane Zavodnik, DNR conservation officer in the Virginia area. The driver eventually turned around and took a different route when the moose wouldn’t back down.

One day later, Zavodnik received another com-

plaint in the same area from a logger who had returned to his personal truck that had been parked in the woods, only to find the vehicle being heavily damaged by a moose.

Penny Backman, DNR wildlife manager for the Tower area, joined other wildlife staff, two other conservation officers

and a sheriff’s deputy and eventually located the unusually aggressive moose and shot it.

“The whole carcass was hauled down to the University of Minnesota’s Veterinary Necropsy Lab for analysis” to determine what might have caused the unusual behavior, Backman told the News Tribune.

The DNR is still awaiting results of the analysis.

One possibility is brainworm, a fatal disease spread through white-tailed deer and snails that is harmless to deer but usually fatal to moose. Moose in areas of higher deer densities are more likely to pick up the disease.

The area where the

moose was spotted is south of what’s generally considered the state’s primary moose range in the Superior National Forest where roughly 3,000 of the big animals still roam.

Bull moose sometimes behave aggressively during the mating season, which occurs in the fall.

Repeat poacher pays \$4,485 for 53 walleyes over limit

By John Myers
Duluth News Tribune

DULUTH — A Gilbert man has pleaded guilty and paid \$4,845 in fines and restitution for having 53 walleyes over his legal limit in his freezer.

James Dean Mattson, 60, pleaded guilty Nov. 19 to possessing 59 walleyes after being confronted by Minnesota conservation officer Shane Zavodnik. The state’s general possession limit for walleyes is six.

Mattson was sentenced in state district court Dec. 10 under the state’s “gross over limits” legislation, and paid his fine and restitution in full Dec. 23.

The gross over limits law was passed for special cases where poachers far exceed the state limit for fish and game, when there is wanton disregard for the rules. Courts can also impose restitution for fish and game, with statutes demanding that state taxpayers should be reimbursed for the value of the animal. If the restitution value is over \$1,000, the crime becomes a gross over limit.

Mattson, a repeat natural resource crime offender, was charged this time with a gross misdemeanor, stronger than the usual misdemeanor that accompanies many fish and game fines. Zavodnik said he’s glad prosecutors and the judge agreed it was a serious case.

“He even spent a couple nights in jail,” Zavodnik said. “This is by far the biggest case I’ve ever had. And, with this guy having another over limit charge in 2018, I’m glad they took it seriously.”

It’s also the biggest fine paid by anyone busted by Zavodnik, who has been on the warden job in the Virginia area of the Iron Range since 2018, and one of the largest fines paid in Minnesota for a fish or game violation.

Most of the walleyes were caught on Whiteface Reservoir and Birch Lake, Zavodnik noted. All of the walleyes, along with some northern pike and salmon

fillets, were confiscated.

The most recent case stems from an anonymous tip Zavodnik received that someone was fishing with an extra line. Zavodnik confronted Mattson on Sept. 19 about the extra line, also learned that Mattson had several fish over his limit in his freezer at home.

Zavodnik said Mattson gave officers permission to search his freezer, where they found the illegal fish.

“It was pure gluttony, really. I think he’s addicted to catching and keeping fish,” Zavodnik said, adding that Mattson “said he was keeping them for when people came over to

watch Vikings games on TV.”

It was Mattson’s sixth natural resource-related criminal conviction in the past eight years. According to a News Tribune court records search, Mattson also was convicted:

- ▶ In 2018, for an over limit of fish, paying \$721 in fines and restitution.
- ▶ In 2017, for removing part of a big-game animal

before it had been legally tagged, paying \$185 in fines and fees.

- ▶ In 2015, for fishing with an extra line, paying \$136.50 in fines and fees.
- ▶ In 2014, for possessing illegal containers in the Boundary Waters Canoe Area Wilderness, paying \$135 in fines and fees.
- ▶ In 2014, for illegal netting of whitefish and ciscoes, paying \$196.50 in

fines and fees.

Cases of extreme over limits are rare but occur on occasion. In November, three Twin Cities anglers were cited for having 48 walleyes over their limits on Lake of the Woods in a case that made statewide news.

Minnesota statutes place the restitution value of a walleye illegally caught at \$30 apiece.



Contributed / Minnesota DNR
Minnesota conservation officer Shane Zavodnik with 59 walleyes, along with some northern pike and salmon, confiscated from a Gilbert man’s freezer in fall 2021.

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