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**WEDNESDAY, FEBRUARY 2, 2022** 

**INSIDE:** SPORTS

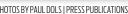
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## **GROUNDHOG DAY:** History of winter weather predictions by rodents **PAGE 21**





## Putting on brave faces for a frigid plunge

Above: A White Bear Lake Polar Plunge participant hits the water during the recent benefit event for Special Olympics Minnesota. It was the 21st consecutive year for the plunge on White Bear Lake and kicks off a season of benefit plunges around the state, ending with a May plunge in Roseau, near the border with Canada.

At right: Members of the Carlson Clinic team bravely take a plunge into the frigid lake water.



Above: Jumping for Inclusion team members Naomi
DeWeever and Brianna
Luecke brace for impact as
they plunge into the opening
carved into the frozen surface of White Bear Lake.

At press time, 694 plungers had raised \$191, 917, surpassing the original goal of \$125,000. According to the plungemn.org website, the White Bear Lake Plunge has raised over \$3,377,389 in its 20-year history. Find more photos at presspubs.com.

Hours

**Tues - Sun** 7:30a - 4p

THE ANCHOR

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Press Publications

Happy New Year and Many Thanks From All Of Us To All Of You!



We are excited about our beautiful new facility that is now open in Vadnais Heights, Minnesota.

**f** 3391 Labore Rd, Vadnais Heights



