

OBITUARIES

Doris W. Schmidt

Feb. 17, 1931 — April 3, 2022

Doris Waunetta (Raines) Schmidt of Whited Township died on Sunday, April 3, 2022, at the Scandia House in Mora. She was 91 years old.

She was born on Feb. 17, 1931, to Sam Raines and Irene Eselman in Raymond, South Dakota. When she was 5 years old the family moved to Henriette, then to Brook Park.

She attended school in Brook Park. She worked at Kemps Cafe and later at Sportsmen's in Mora. On New Year's Eve in 1946 she met Dick Schmidt, "The Love of her Life." They were united in marriage in 1947 and moved to the family farm where she lived for more than 65 years. Their only child, Dennis, was born on Aug. 13, 1948.

She loved her vegetable garden and flower beds. She loved farming, especially the cattle and sheep. She started working at National Bushing store as a bookkeeper until she and her husband retired together. The couple spent many weeks fishing at their cabin on Wintering Lake in Canada. She caught a "Blue Walleye" and it stills hangs on the living room wall.

She enjoyed the outdoors and riding "The Mule" throughout the many trails on the farm.

The family and friends built a deer shack where they spent many a deer season with friends and fellow hunters.

She had many hobbies including reading, taking care of house plants, watching birds and deer outside their windows. She especially loved old time dancing, they spent many hours at Pine Camp and Cougarville dancing at least "a million miles."

She will be missed by all.

She was preceded in death by her parents; husband, Dick; son, Dennis; brothers, Wesley (Dorothy) and Vance; sister, Donna Pavek (Leonard,); and granddaughter, Cheryl Dillon.

She is survived by grandson, Michael Schmidt; granddaughter, Cindy (Del) Ross; great-grandchildren, Matthew, Amanda, Sarah, Kayla, Savanna, Alexander and Lucas; great-great-grandchildren, Cameron, Mason and Lincoln; sisters, Bonnie Troupe of Isanti and Karen Douglas of Raleigh, North Carolina; sister-in-law, Betty Bonner of Omaha, Nebraska; several nieces and nephews and many other relatives.

For funeral service information please visit www.methvenfuneralhome.com.

Arrangements by Dresser-Methven Funeral and Cremation Services.

COSTS: Shoppers feeling effects of inflation

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manager living in the Knife Lake area.

She used to drive to the Twin Cities once a week to visit her mother. When gas prices increased, Trumble said it became too costly and changed her visits to once every two weeks.

She had also planned on taking a spring vacation: A road trip to visit her sister in Maine. Higher gas prices have caused her to cancel the trip.

"Yeah, that ain't happening," she said with a laugh. "I'm uncertain about how much more I'll be paying."

Trumble said canceling the trip was disappointing but they might visit somewhere else scenic but closer to home.

She's also shifted what she buys at the grocery stores. Instead of paying for name-brand items, she buys the cheaper brands and pays more attention to sale prices.

Trumble described herself as a bit of "cheap-skate" and has always liked finding a deal. Today, finding the lowest price has become less of a hobby and more of a necessity.

KEEP LIVING LIFE

Gary Tverberg and his wife live in the Mora area. He is semi-retired working part-time at Coborn's grocery store; his wife continues to work full time as a pharmacy technician.

"We know we're paying more for stuff, but we're not putting a lot of thought into it. We have to eat, we have to get gas, we have to buy what we need to buy — we just try to buy it when it's on sale and use it wisely."

Tverberg said he first noticed price increases on meat, food at restaurants and especially gas.

"It's up there in big, bold letters every day. It's like playing the lottery. Did prices go up last night or did they go down?"

Tverberg said prices for a sandwich at Subway were a bit of a shock. What used to be promoted as \$5 footlongs were suddenly nearer \$10. But that didn't stop him from getting his sub, nor will the price of ground beef prevent him from having burgers or tacos for dinner.

"We try to conserve where we can but we're not going to let it control our lives," he said. "We're not going to go without if we don't really have to."

Instead, he said they are focusing on shopping wisely. Tverberg had hopes for prices to crest and come down again. Until then, he said, "You gotta pay what you gotta pay, you adjust accordingly and live your life."

ROOM FOR OPTIMISM

Larsen stays at home with her children, while her husband works full time. They are a low-income family and receive WIC and other food benefits.

Larsen said having those benefits have given her more choice in where she shops. Without them, she said she wouldn't be able to shop at smaller stores like Coborn's that often have higher prices than larger stores farther away, like Walmart.

"I'm a very optimistic person to say, 'this won't last forever, right?'" but that's not necessarily true. My husband is probably more realistic and says, 'We'll be fine and we'll adjust.'"

Tips for working around increasing prices

CONTRIBUTED
U OF M EXTENSION

Recent trips to the grocery store may be leaving you asking yourself, "Is it my imagination or is everything more expensive?" The answer is, "No, you are not imagining it!" At the grocery store things like meat, fish and poultry cost 12% more than they did 12 months ago.

WHY IS EVERYTHING SO MUCH MORE EXPENSIVE?

The explanation for the steep increase is inflation. Inflation refers to an overall price increase in the cost of goods and services, which means your dollar doesn't go as far as it used to.

The causes of inflation are beyond any individual's actions or control, and many of the drivers of current inflation lie in the aftermath of the pandemic. Between the pent-up demand for goods and services — and labor shortages in providing those goods and services, we are a bit like corks riding in rough waters.

There are forces beyond our control that are shifting and changing the direction of the economy. But, also like corks, we can be resilient with behaviors to keep us afloat until we reach calmer waters.

REDUCE FINANCIAL STRESS

Wondering what you can do to smooth out the ride? Having a strategy often helps us regain a sense of control over our lives. And having a sense of control helps reduce stress. Here are some suggestions for how to adjust your expectations of yourself, your family and your community.

- Focus on what you can control. Remember, this won't last forever. As is the case any time money is tight, we have two choices before us: earn more or spend less. For the time being, look at your spending habits and see if there are ways you can cut back.
- Communicate openly with your family about the situation. Enlist everyone to pitch in and emphasize how important they are to successfully navigating this time together. Each family member has an important role to play.
- Try to avoid any major purchases until things settle down. It's a good time to shift your focus from consumption to savings. If possible, repair rather than replace.
- Look for ways to minimize your expenses:
 - Buy items you use often in bulk (you could team up with someone; buy bulk and then split among friends and family).
 - Look for alternatives to more expensive items (good time to try new recipes; find creative uses for leftovers).
 - Barter for goods and services within your community.
- With warmer weather coming, it's a good time to work on home repairs, DIY projects or spring cleaning. This will allow you to take stock of what you currently have and consider selling what you're no longer using.

KEEP GOING

Take a moment to look at your life from a distance. Remind yourself that this situation is not forever and focus on what you can prioritize in the short term. Allow yourself to be open to temporary ways to help you feel more in control.

University of Minnesota Extension has further resources for making financial decisions during difficult times and adjusting to income loss. For more information, visit www.extension.umn.edu/home-and-financial-management



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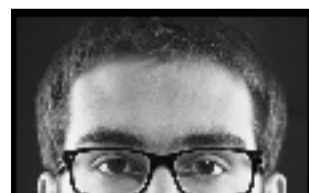


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Vendor set-up between 5pm and 8pm Friday, April 8th and after 6am Saturday, April 9th