

Saturday, March 27, 2021

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## 'I'm glad to be here'

Bemidji teen escapes scene of Boulder shooting, returns the following day with his cello

**By Jillian Gandsey** jgandsey

@bemidjipioneer.com

BOULDER, Colo., — Whoever told Louis Saxton to "run" as he was walking out of King Soopers on Monday afternoon may have saved his life.

The 18-year-old Bemidji native was simply shopping for groceries on March 22, prior to what would become the scene of a mass shooting at the grocery store in Boulder, Colo.

"I ran for my life," Saxton told the Pioneer on Thursday. "Straight back to my car and drove over the curb and all the way

to Louisville, which is about 10 miles away."

Saxton, who studies at the University of Colorado Boulder on a cello scholarship, lives directly across the street from the store where 10 people were slain. After class, he was picking up frozen fruit at the store, which he shopped at four or five times a week.

"I didn't see anything," he said. "I had serious tunnel vision and I was not able to process anything other than just getting to my car and getting out of there."

**SAXTON:** Page A5



Photo courtesy of TJ Jackson
Bemidji native Louis Saxton plays his cello
outside of King Soopers grocery story in
Boulder, Colo., on Tuesday, March 23, a day
after he survived the mass shooting occurring
at the store.



Jillian Gandsey / Bemidji Pioneer

Bemidji State hockey fans cheer at the Bemidji Town and Country Club after the Beavers scored in the first period against No. 1 Wisconsin on Friday, March 26, in the NCAA Tournament.

## **'BEHIND THE BEAVS'**

# BSU hockey fans back hometown underdogs in NCAA Tournament

**By Bria Barton** bbarton@bemidjipioneer.com

hen the clock struck noon on Friday, the excitement was palpable at the Bemidji Town and Country Club's North Shore Grille, where

Club's North Shore Grille, where Bemidji State men's hockey fans gathered for a watch party to cheer on their home team for making it to the NCAA Tournament.

Roughly 50 fans showed up to the country club to enjoy some food, have a few drinks, and, most importantly, watch the Beavers play the Wisconsin Badgers in Bridgeport, Conn.

BSU skated away with a 6-3 victory against the No. 1 Badgers, which means they are now only one win away from the Frozen Four. Friday's game marked the program's fifth NCAA Tournament appearance in its Division I era, and just the second such season with a win.

"We figured 10, maybe 20 people (would come to watch) but it's all good," said Jack Baker, Bemidji Town and Country Club's new general manager.

"We've got a great turnout. I think this is the biggest turnout that we've had. A lot of the big Beaver supporters are here," added Scott Hinners, a member of the club's board of directors.

With 13:27 to go in the first period, cheers erupted from the crowd as the Beavers' Ross Armour scored the opening goal of the game. Fans then shifted into the Beavers' fight song, which they made a habit of singing each time the team scored.

**HOCKEY:** Page A10

# Overcoming obstacles

BSU senior hopes to improve the health of her community and the environment

By Hannah Olson

holson@bemidjipioneer.com

BEMIDJI — After years of seeing environmental problems causing hurt in her community, Renee Keezer knew something had to change.

So, she decided to enroll in White Earth Tribal and Community College to get her degree.

Now, a few years later, she's just a couple of months away from graduating



Hannah Olson / Bemidji Pioneer Justin and Renee Keezer are pictured in the American Indian Resource Center on Thursday, March 18, at Bemidji State

from Bemidji State University with a bachelor's degree in environmental science and Indigenous studies, and a number of prestigious internships — including one with NASA — under her belt.

**KEEZER:** Page A10

## ServeMinnesota seeks volunteers for Emergency Response Initiative

By Matthew Liedke mliedke@bemidiipioneer.com

BEMIDJI — ServeMinnesota, the organization that handles AmeriCorps programs in the state, is hoping to double the number of volunteers in its Emergency Response

ServeMinnesota launched the initiative in spring 2020, to help Minnesota organizations impacted by the coronavirus. According to a press release, more than 300 people in 37 communities assisted several agencies, including the Bemidji Community Food Shelf.

This year, ServeMinnesota is looking to get more than 700 people to help with the initiative.

"People are going to be doing some tutoring activities and working with child care and K-12," said

Julia Quanrud of ServeMinnesota. "We're also going to definitely have some projects around food insecurity and housing insecurity. There's also a lot of work around isolation. Last year, we partnered with many agencies for older adults, helping those folks not be isolated, like connecting with loved ones over

Zoom."
For the issue of housing, Quanrud said last year, the volunteers worked both with Habitat for Humanity to construct housing, as well as help organizations trying to get rental assistance out.

Those interested in serving are asked to apply by May 19 and participants will serve through Aug. 14. Those who participate will receive a

**VOLUNTEERS:** Page A5

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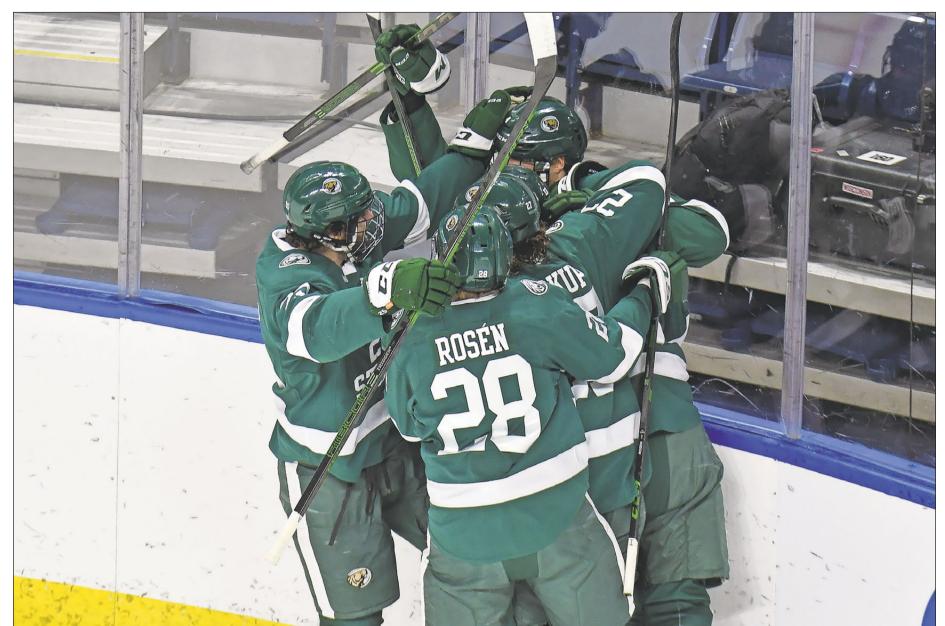
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your weekend starts here

**MEN'S HOCKEY** 



Greg Vasil / Special to the Pioneer

The Beavers celebrate Ross Armour's first-period goal against Wisconsin in the NCAA East Regional semifinals at Bridgeport, Conn., on Friday, March 26.

# BEAVERS STUN BADGERS

**BSU** knocks off Wisconsin in 6-3 win, advances to NCAA regional final

> **By Austin Monteith** amonteith@bemidjipioneer.com

Bridgeport, Conn.

emidji State is one win away from the Frozen Four. The fourth-seeded Beavers stormed out to a 2-0 first-period lead and knocked off top-seeded Wisconsin in a 6-3 victory in the NCAA men's hockey East Regional semifinals Friday afternoon at Bridgeport, Conn.

Ethan Somoza bucketed two goals and an assist in the first-round upset in a tenacious performance by BSU (16-9-3).

"Our word all week was attack," BSU head coach Tom Serratore said. "That's how we play. We're a puck-pressure team and we wanted to make sure that we played our game."

The Badgers (20-10-1) fell behind early and trailed 2-0 at the first intermission. Bemidii State outshot UW 16-7 in the opening frame and

were in control out of the gate, keeping Wisconsin's high-powered scorers in check.

"I don't know. Maybe they weren't prepared for it, but we stuck to what we've been doing the whole year," Somoza said. "Our focus is being really aggressive on the forecheck and causing turnovers, keeping things really simple in the defensive zone."

BSU took the lead on a fortuitous bounce off a Badger defender.

The bouncing puck arrived at the stick of Ross Armour who backhanded it for the opening goal 6:33 into the contest.

A turnover gave the Beavers a boost heading into the intermission.

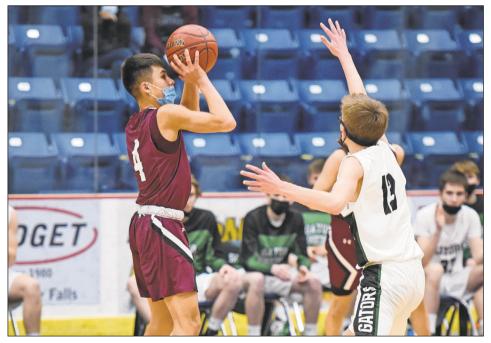
Elias Rosén scored an unassisted tally from the point with 15 seconds to go in the period.

"We kept the momentum going there," Rosén said. "Taking a 2-0 lead coming into the second period is always huge."

A pair of penalties on the Sillinger brothers, Lukas and Owen, gave UW 1:46 on a 5-on-3 opportunity early in the second.

**BEAVERS:** Page A8

**BOYS BASKETBALL** 



Jillian Gandsey / Bemidji Pioneer

Cass Lake-Bena freshman Dominic Fairbanks (4) shoots to score a 3-pointer in the Section 8A championship game against Badger/Greenbush-Middle River on Thursday, March 25, at Ralph Engelstad Arena in Thief River Falls.

## Cass Lake-Bena rally denied, Gators go wild as 55-47 Section 8A champions

By Micah Friez

mfriez@bemidjipioneer.com THIEF RIVER FALLS —

The final buzzer signaled what Cass Lake-Bena boys basketball head coach John Wind already knew: "We ran out of time."

The Panthers nearly overcame a 16-point deficit in the final 12 minutes on Thursday, sneaking out of Ralph Engelstad Arena in Thief River Falls with the Section 8A championship. Instead, the comeback ran out of steam and underdog Badger/Green-

brated a dramatic 55-48 win for its first title since

and we didn't execute denied Cass Lake-Bena it. And then we ran out its ninth section chamof time, basically," Wind said. "We came out flat and played flat most of the game. It goes back have to do. Because to us not executing our game plan. We didn't execute our offenses, and our defense just wasn't there. They're a decent worked our offense and team, a good team. They

played harder." The Gators, seeded No. 2 in the West subsection, came in and seized **BASKETBALL:** Page A9

bush-Middle River cele- control over the East's top seed in CLB. And so they dictated the start, the stretch and the final "We had a game plan celebration. In turn, they pionship and first since 2018.

"We know what we we've done it," Wind said. "We've played games where we've (followed) the game plan, we play good defense. We've done it, tonight it just wasn't there."

WRESTLING

## Bemidji's Barrick Nelson falls in state quarterfinals

**Pioneer Staff Report** sports@bemidjipioneer.

ST. MICHAEL — Barrick Nelson's run at a state title came to an end Thursday.

The Bemidji High School sophomore was eliminated from the Class 3A Individual State Wrestling Tournament, falling in the quarterfinals at St. Michael-Albertville High School.

Competing at 182 pounds, Nelson was the lone Lumberjack to urday's state prelims Dominic Heim, ranked and qualify for the final No. 10 in the state with eight in his weight class. The sophomore earned All-State honors by virtue of his top-eight fin-

In the state quarterfi-Falls senior Gabe Nagel, who entered the day at 33-0 and ranked No. 2 in the state. Nagel won by pin in 50 seconds.

solation bracket, Nelson for his junior season in attempted a comeback 2021-22.

advance out of last Sat- on Wayzata freshman a 33-6 record. Heim held on for a narrow 9-8 decision that ended Nelson's tournament.

Nagel went on to lose 3-2 in the championnals, Nelson faced Little ship to Waconia's topranked sophomore Max McEnelly for the state title.

Finishing the year with a 24-8 record, Shifting to the con- Nelson is set to return



Joe Brown / Forum News Service

Bemidji's Barrick Nelson (left) tries to get away from Little Falls' Gabe Nagel during their Class 3A 182-pound state quarterfinal match on Thursday, March 25, at St. Michael.

**GIRLS BASKETBALL** 

## BHS pulls away from Detroit Lakes, advances to section championship

**By Robert Williams** Forum News Service

DETROIT LAKES Third-seeded Bemidji took command early and got rid of a couple historical jinxes in defeating No. 2 seed Detroit Lakes 67-51 in the Section 8-3A girls basketball semifinal Tuesday, March 23, at Ralph Anderson Gymnasium in DL.

Bemidji head coach Steve Schreiber recorded his first coaching victory at The Ralph and the Lumberjacks were victorious on the Lakers' floor for the first time since

"There is something about this building," Schreiber said. "I talked to Alexandria's coach and Fergus Falls' coach. This is a really tough place to play. You guys pack it with your fans and the girls always show up here. We knew coming in — we lost earlier (this year) here. We knew we had to be spot on and play at the top of our game to get a win tonight and a win in this gym is extra special because it just doesn't happen very often."

The Jacks (10-10) only trailed once in the game, 5-4 on a Sarah Tangen 3-point basket in the early going.

Grace Gunderson got the Lakers (12-7) to within a point trailing 9-8 after her field goal, but Bemidji responded with an 11-0 run to lead 20-8 on a Jody Pemberton left-handed hook shot in the paint.

Bemidji was strong shooting from outside and found ways to get inside the Laker defense for scores at the basket.

"We just call it rim running and earlier in the year we weren't rim running well and weren't really gelling as a team," said Schreiber.

The Jacks graduated four starters last year and the fifth injured an ACL in the summer, compound-



**Robert Williams / Forum News Service** Bemidii head coach Steve Schreiber celebrates with his starters, who watched the final minutes from the bench after creating a comfortable lead on the scoreboard in a Section 8-3A semifinal victory over Detroit Lakes on Tuesday, March 23, at Ralph Anderson Gymnasium.

to come together right possessions, aways this season.

The Lakers employed steady movement on the offensive end all season, picking up the speed of plays as the year progressed. Tuesday night, Bemidji found a way to throw a wrench in the machine. "They disrupted the

flow and offensively they had a great plan too and when you're hitting stuff that makes it hard," Detroit Lakes head coach Rachel Johnson said. "Just being able to penetrate and finish around the rim and also having to guard the kick out because they're going to finish their 3-pointers too. It makes it a really difficult challenge for everyone to guard.

The Lakers got into a groove late in the first half, finishing off a 12-6 run to the halftime horn to go to the break down a half-dozen 26-20. DL freshman Helena Daggett hit a big three from the corner to finish off the run and send the Lakers to the locker room with needed momentum.

Jacee Hauser and Gunderson had big threes in the early going of the second half as DL kept pace and trailed 36-31 at the 13-minute mark.

Bemidji's Emily Wade

getting to the rim and the foul line to extend the lead to seven. On the ensuing inbounds play, Schreiber sent his team into a fullcourt press and Wade sniped a Laker pass and scored again to create a nine-point cushion in five seconds.

The Jacks held 10-point lead for most of the final nine minutes.

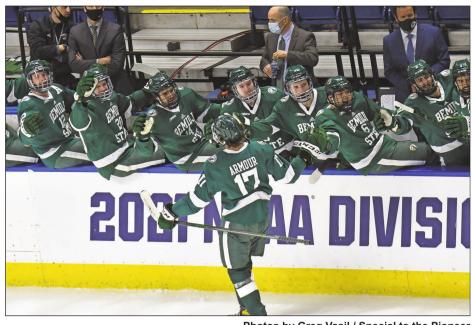
Bemidji employed a backdoor cut to Wade with excellent assists from Beth Bolte to get to the rim late and sealed the game shooting freebies in the double bonus.

Wade led all scorers with 22 points; Jackie Johnson had 18. Bolte and Katelyn Milbrandt each scored eight points.

Hauser paced the Lakers with 14 points, and Alex Bettcher scored 12.

Top-seeded Alexandria (16-4) defeated No. 4 Sartell-St. Stephen 50-30 in the other semifinal and hosted the Section 8-3A championship game on Friday, March 26. The game began after press time, but full results are online at bemidjipioneer.

No. 3 Bemidji 67, No. 2 Detroit Lakes 51 BEM 26 41 — 67 DL 20 31 — 51 BEM BEMIDJI (10-10) — Wade 22, Johnson 18, Bolte 8, Milbrandt 8, Tatro 5, Huberty 2, Pemberton 2, Zetah-Cornelius 2, DETROIT LAKES (12-7) — Hauser 14, Bettcher 12, Gunderson 8, Tangen 5, Lar-



Photos by Greg Vasil / Special to the Pioneer

Bemidji State junior Ross Armour celebrates his first-period goal against Wisconsin in the NCAA East Regional semifinals at Bridgeport, Conn., on Friday, March 26.

#### **BEAVERS**

From Page A7

A 5-on-3 power-play goal by Linus Weissbach 2:38 into the period cut the deficit in half for the Badgers. BSU killed the remainder of the second penalty to limit the damage.

"We sure as heck didn't get rattled," Serratore said. "We stuck with it and that's a testament to the players.

Bemidji State has played well with a lead all season, and extended the advantage to 3-1 with 5:18 remaining in the stanza. Somoza fired a onetimer past goalie Robbie Beydoun to restore the two-goal cushion off of a dish from Aaron Miller.

The Beavers continued to pressure and forced another Wisconsin miscue.

Owen Sillinger took advantage of a misplayed puck by Beydoun and caught the netminder out of his crease, scoring on a wraparound. The shorthanded goal with only 1:21 to go in the frame proved to be a backbreaker.

Beydoun was pulled following the second period and replaced in net by Cameron Rowe.

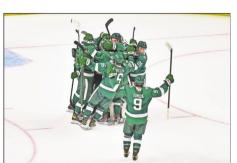
Somoza netted his second goal of the day with 13:55 to go in the third, handing BSU a 5-1 lead.

But Cole Caufield wasn't going to be held scoreless. The Hobey Baker Award favorite went down swinging, potting two goals for the Badgers in the final 12 minutes to raise tensions in the game's final moments.

Caufield first converted on the power play with 11:41 to play. He then notched a goal at even strength with 5:04 remaining.

Wisconsin's comeback attempt, however, came up short.

Brendan Harris added an empty-net goal with 1.2 seconds to play and the



Bemidji State celebrates at the final horn following a 6-3 victory over Wisconsin.

Beavers.

The win was the third all-time in NCAA Division I tournament play for Bemidji State.

BSU will play the winner of secondseeded Massachusetts and thirdseeded Lake Superior State in the East Regional final at 4 p.m. Saturday, March 27. The regional champion advances to the Frozen Four in Pittsburgh.

The Minutemen and Lakers met later Friday afternoon. Results were not available at press time.

Bemidji State's win continues a streak of a No. 4 seed defeating a No. 1 seed in every NCAA Tournament since 2006.

"I guess they're called upsets because you might be a lower seed," Serratore said. "But a lot of times, it's who's playing best at that particular time of year as well. ... Nothing Surprises us anymore."
Bemidji State 6, Wisconsin 3
BSU 2 2 2 - 6
UW 0 1 2 - 3

UW 0 1 2 — 3 First period — 1, BSU, Armour (Rosén), 6:33; 2, BSU, Rosén (unassisted), 19:45.
Second period — 3, UW, Weissbach (Caufield, Pelton-Byce), 2:38, 5v3 PP; 4, BSU, Somoza (Miller), 14:42; 5, BSU, O. Sillinger (unassisted), 18:39, SH.
Third period — 6, BSU, Somoza (Harris), 6:08; 7, UW, Caufield (Holloway, Pelton-Byce), 8:19, PP; 8, UW, Caufield (Ahcan, Vorlicky), 14:56; 9, BSU, Harris (Somoza), 19:59, EN, SH.
Goalies (saves-shots) — BSU, Driscoll (30-33); UW, Beydoun (24-28), Rowe (10-11).

Austin Monteith is the sports editor for the Pioneer. Readers can reach him at (218) 333-9787.



## **SCOREBOARD**

#### **AREA SCHEDULE**

#### SATURDAY, MARCH 27

College Baseball Bemidii State at Sioux Falls (DH), noon College Women's Tennis Bemidji State at Minnesota Duluth, 1 p.m

Prep Wrestling Class A Individual State finals, 2 p.m. (at St. Michael-Albertville)

College Men's Hockey

NCAA East Regional final (Bridgeport, Conn.)

Teams TBD, 4 p.m. **Prep Gymnastics** 

Class AA State Meet (at Champlin Park) College Women's Track & Field

Wildcat Outdoor Classic, all day (at Wayne, Neb.) SUNDAY, MARCH 28 College Women's Tennis

Bemidji State vs. St. Cloud State, 8 a.m

College Baseball Bemidji State at Sioux Falls, no **MONDAY MARCH 29** 

College Softball Minnesota Crookston at Bemidji State

College Men's Golf

Central Region Preview, all day (at Kansas

**TUESDAY, MARCH 30** 

Prep Girls Basketball

Class 3A State Tournament quarterfinals, TBA
Class A State Tournament quarterfinals, TBA

College Baseball Bemidji State at Upper Iowa (DH), 1:30

College Men's Golf Central Region Preview, all day (at Kansas City, Mo.)

**WEDNESDAY, MARCH 31** 

Prep Girls Basketball Class 3A State Tournament quarterfinals Class A State Tournament quarterfinals

**PREP SPORTS** 

#### **Boys Basketball**

Section 8A championship (March 25) West No. 2 BGMR 55, East No. 1 Cass

Section 8A East championship (March 23) No. 1 Cass Lake-Bena 77, No. 3 Red Lake

Girls Basketball Section 8-3A semifinals (March 23)

No. 3 Bemidji 67, No. 2 Detroit Lakes 51 **Boys Hockey** 

Section 8AA championship (March 25) Moorhead 5, Roseau 1

**BOWLING** 

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Team Industries 34, Slims 6
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Sand Trap Golf 21, Acme Transport 19
High Game: Ben Filipi 242, Scott Hinners
233, Tom Burlingame 224.
High Series: Ben Filipi 647, Scott Hinners
& Tom Burlingame 607.

**GIRLS BASKETBALL** 

Cass Lake-Bena rides dominant defensive effort to Section 8A title game Cass overs in a dominant defensive Wind said. "We got our hands

Lake-Bena girls basketball team performance right out of the has reached heights it hasn't seen in 16 years.

The Panthers smothered Fosston defensively in a 58-30 road victory Tuesday night in the Section 8A semifinals to advance to the program's first section championship game since 2005.

East subsection title in hand, Cass Lake-Bena was scheduled to face West subsection champion Stephen-Argyle Friday night at Ralph Engelstad Arena in Thief River Falls for a state tournament berth. Results were not available at press time.

gate Tuesday.

"That's amazing," CLB head coach Martin Wind told KKCQ radio. "That's a really good job by my girls. They stuck with the game plan."

Cass Lake-Bena nearly led from start to finish.

The second-seeded Panthers (16-5) embarked on a 21-0 run to go ahead 23-2 eight minutes into the game. The top-seeded Greyhounds (18-2) had no answer for the relentless pressure imposed by the visitors.

"We had good ball movement The Panthers forced 30 turn- and we pressured on defense,"

on a lot of steals and then we pushed the ball up the court."

Fosston didn't make its first field goal until 8:36 into the game when they finally snapped the 21-0 Panther run as CLB took a 31-12 lead into halftime.

The margin grew as wide as 50-19 midway through the second half, punctuated by Krisalyn Seeyle's layup.

Seeyle led all scorers with 18 points for the game. Kailee Fineday chipped in 14 points for Cass Lake-Bena.

Taylor Kroening totaled 10 points to pace Fosston.

Wind's father, John, was

coaching the Panther girls the last time they advanced as far as the section title game in 2005. That year Cass Lake-Bena defeated Barnesville in the Section 6A title game en route to the state tournament.

John Wind also found himself coaching in a section title game this week at the helm of the Panther boys, who fell 55-48

River on Thursday in Thief River 

to Badger/Greenbush-Middle

CASS LAKE-BENA (16-5) - Seevle 18, K, Fineday

14, Frazer 6, LaDuke 5, G. Fineday 5, Wright 4, My. Reyes 3, M. Mitchell 2, Giffen 1. FOSSTON (18-2) — Kroening 10, Norland 5, Duppong 3, Mahlen 2, Noel 2, Rue 2, Vesledahl 2, Carlin 2, Rosendahl 1, J. Manecke 1.

#### **BASKETBALL**

From Page A7

Cass Lake-Bena couldn't buy a bucket for much of the first half. Although Leroy Fairbanks scored inside to make it a 3-2 game, the basket was the last for the Panthers (18-4) for the next 7:27.

BGMR had just a 12-2 lead to show for their efforts, as the Gators (19-3) went 7:15 without making a shot during an overlapping stretch. Still, Badger/Greenbush-Middle River's defense allowed just two points over the opening 10 minutes and change.

CLB finally started to hit some shots late in the first half, including 3-pointers from TrayVaughn Lee, Dominic Fairbanks and Timmy Smith, but it seemed like the Gators' own offensive struggles evaporated whenever they needed a big basket.

"Just when we thought we were getting closer, they would do something," Wind said. "They would score or get a three or something because of our lack of defense. We didn't play real good defense, and that kind of killed us. That killed our



Badger/Greenbush-Middle River celebrates after winning the Section 8A championship game on Thursday, March 25, at Ralph Engelstad Arena in Thief River Falls.

chance of getting back into the game."

BGMR ultimately carried a 24-15 lead into halftime, and Kasen Swenson caught fire out of the locker rooms to extend the Gator advantage. He hit a flurry of corner 3-pointers in the opening three minutes, and Cass Lake-Bena sunk into a 36-20 deficit as the clock ticked under 12 minutes.

The Panthers weren't going

to go quietly, and Dominic Fairbanks made sure of that. The freshman guard poured in 16 points after halftime, willing his team back from the dead. He drained a trio of threes to cut back within single digits, flashed his footwork with a Euro-step layup on a fast break. His free throws with 2:40 left had Cass Lake-Bena within 46-42.

BGMR's Aaron Westling answered back with two big free throws, and Adam Benke added two more the next time down. Kaydin Lee drained a 3-point-

er for a 50-45 game with 1:15

left, and then Dominic Fair-

banks made it 52-48 on a three with 37 seconds remaining. The defense forced a stop, but Fairbanks missed his next attempt and later committed a charge that all but sealed the game. offenses. At this level, you have

"We just didn't run our to run a structured offense,' Wind said. "We came back out (in the second half) and things started looking good. But we went back to the same thing."

Dominic Fairbanks led the Panthers with 19 points, while Lee also tallied double figures

Kobey Dallager led the BGMR charge with 15 points, and Benke (14 points) and Swenson (11) joined him in double-digits.

Cass Lake-Bena graduates two seniors in Jauquin Sargent and Smith.

AITU 3111111.

No. 2 BGMR 55, No. 1 Cass Lake-Bena 48

BGMR 24 31 — 55

CLB 33 — 48

BADGER/GREENBUSH-MIDDLE RIVER (19-3) —

Dallager 15, Benke 14, Swenson 11, Westling 9, Blawat

4, Augustson 2.
CASS LAKE-BENA (18-4) — D. Fairbanks 19, K. Lee
12, L. Fairbanks 9, T. Lee 3, Smith 3, Lanham 2. Micah Friez is a sports reporter for the Pioneer. Readers can reach him at (218) 333-9789.

## Who? What? Where? When? How? Why?

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Q: I saw the new POWER sign going up on the BCA and I am curious about what POWER is? What can you tell me about it?



MS, ATC, LAT

**A:** Sanford POWER is a program that offers performance training to all age levels and abilities to help reach personal goals. Sanford POWER has programs to help athletes, weekend warriors and people that need help getting more physically

active. While our focus is athletes, the principles employed can help anybody that is physically active: reduce injury, build self-esteem and make positive changes. Our POWER center in Bemidji also focuses on community wellness and collaborating with providers to help people get back to activity following injury. Please visit our website at www.sanfordpower.com or call 218-333-4650



Bemidji

for more information.

Sanford Bemidji Rehab Services 1300 Anne Street NW Bemidji, MN 56601 www.bemidji.sanfordhealth.org

### **REAL ESTATE**

O: I am in the process of selling an investment property and am worried how taxes on the gain will affect the amount I will have to reinvest. I was told to look into a 1031 Exchange. How would that help?

A: The gain in the sale of a property other than your homestead is open for taxing. It is considered a Capitol Gain and would be taxed at the current Capitol Gains rate. When you pay this tax, it reduces what you then have to reinvest There is a method that can be used to legally delay taxes on gain. In a nutshell, you have to pay the taxes on the gain you receive. If you do not receive the gain, you do not have to pay the taxes. How can you accomplish this yet still have the gain?

The arrangement you set up is that instead of going directly to you, the gain is directed to an intermediary, which holds the which time this intermediary company then funds the money until you find a like-kind property to purchase and at which time this intermediary company then funds the purchase with your money they have been holding. In practice, you are not receiving the funds, but merely exchanging one property for a like-kind. Having never received the funds, you are not likely for taxes on the gain. liable for taxes on the gain.

For example, lets say you were looking at a \$400,000 gain. Tax liability could be approximately \$140,000 in combined taxes; leaving \$260,000. Using that for an investment, needing \$25% down, you would be eligible for \$1,040,000 replacement property. Choosing the 1031 Exchange you would have the entire \$400,000 available and be eligible for \$1,600,000. See your tax accountant or financial advisor for advice before venturing into any process as this. Your Realtor can help you find a good 1031 Exchange property.



Dick Phelps 218-766-5263 rphelps@century21dickinson.com

For Questions Contact:

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from the community?



#### **HOCKEY**

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Almost through the first period, one fan walked in and said, "Good score, eh?"

"As long as (the score) stays something-nothing," Baker said. "I don't care how much 'the something' is as long as it stays a goose egg on the other end.

While BSU went into the tournament as the underdog against Wisconsin, fans at the watch party held strong and voiced confidence in the Beavers.

"I think this is the second time they've been there, and it's a way better team," Hinners said. "This year we have three really strong lines and we can give it to anybody."

The Beavers have made 31 national tournament appearances all-time going back to 1967-68. This 2021 tournament marks the second time Bemidji State has received an at-large bid to the tournament, along with 2010.

Hinners said that in an average year, he can be found at almost every Beaver hockey game. But due to the COVID-19 pandemic, he hasn't been able to attend games in person this year.

Also in attendance was life-long Beavers fan Paul Friesen, who gathered with friends and ate lunch while watching the tournament. Like Hinners, he said he would have attended games had COVID not prevented it.

However, Friesen said the watch party has been a great opportunity for fans to come together as a community and show their support.

"It's the only Division I sport we have in Bemidji, and it's the biggest thing in the



Photos by Jillian Gandsey / Bemidji Pioneer

About 50 people attended a viewing party at the Bemidji Town and Country to watch the Bemidji State men's hockey team take on No. 1 Wisconsin on Friday, March 26, in the NCAA Tournament.

area. It's as simple as that," Friesen said. "I think it's a great deal for the whole town, and it's the buzz of the town. (We're all) behind the Beavs."

By the end of the second period – with the Beavers up 4-1 – it was obvious that fans were even more confident that the Beavers would hold on in the third period. They would go on to score two additional goals in the game.

So when the seconds on the clock winded down in the last period – and it was clear the Beavers had a hold over the Badgers – deafening hoots and hollers, applause and high-pitched whistles rang

out through the country club as fans celebrated the victory of their team.

"They came out really strong, and we've had a really strong season this year," said Beaver fan Shelly Geerdes. "We knew that they had it in

BSU will play the winner of second-seeded Massachusetts and third-seeded Lake Superior State in the East Regional final at 4 p.m. today, March 27. The Minutemen and Lakers played Friday night, but the results came in after press time.

Readers can reach Pioneer reporter Bria Barton at (218) 333-9798.



Bemidji State hockey fans cheer at the Bemidji Town and Country Club during the first period against No. 1 Wisconsin on Friday, March 26, in the NCAA Tournament.

#### **KEEZER**

From Page A1

Post-graduation, Keezer already has a position lined up working for the White Earth Band of Ojibwe as a coordinator pesticide and hopes to continue researching the impacts of agriculture chemicals on people and the environment.

How did she get there? Keezer credits the support of her husband Justin Keezer — who was also recently inspired to go back to school for a business degree — as well as support from her community.

#### Nudge into science

After graduating high school in 1999, Keezer got her start in continuing education at the White Earth Tribal and Community College in 2014, with the goal of taking Ojibwe language classes.

While Keezer herself is not enrolled or a descendent, her daughter is Anishinaabe, and Keezer felt she could better help her daughter to understand her culture by taking language classes.

Then, she found herself drawn to science. "He gave me the nudge into the science," she said, gesturing to Justin. "We were driving and I was looking around and thought, 'I don't like all these farm chemicals."

her to explain why she ing a degree in Indigethought they were bad for the environment, she didn't have an answer. out the kind of impact working at the American pesticides and farm Indian Resource Center chemicals were having on the local environment.

Keezer presented at High Education Consortium which led her to an internship with NASA. rocket ships and space this isn't always the case. public service.

"A big portion of what sciences," she explained. "They deal with a lot more than just space, they deal with stuff with the changing climate, changes in vegetation, working on changes in the water and water quality."

Keezer worked to create a vulnerability index showing the potential impacts on the land, water and wild rice from farm chemicals.

"My big focus was the impacts modern agriculture is having on our environment, specifically the impacts it's having on the wild rice and the water quality," she said.

She graduated from WETCC in 2016 with honors and then enrolled at Bemidji State University to study environmental science with an emphasis in environmental health and toxi-

nous studies and a minor in Ojibwe.

on campus.

During the fall 2020 semester, Keezer was also named the first the American Indian recipient of the Raymond and Margaret Carlson Public Service Scholarship. The scholarship When most people hear recognizes a BSU student NASA, they think of who has demonstrated exceptional commitment exploration. Keezer said to the community and

> derful and shown such amazing support. wouldn't have been able to do it if it wasn't for the people here at the AIRC and my teachers," she said. "This is not something I ever would have been able to do on my own, it's been through the support of the community."

#### **Overcoming** obstacles

Keezer's accomplishments are made all the more impressive by the hurdles she's overcome to reach them.

"I've had a lot of health issues, I'm a cancer survivor, I've had 15

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surgeries, four of them for change — in both while I've been a student at (BSU)," she said. "I Currently, Keezer is understand the pain of and I don't want anyone to ever be as sick as I've been. A lot of it is environmentally caused. It's from the foods we eat, the chemicals in our our air.'

Keezer said the many health issues present in White Earth and County Mahnomen caused her to want to further investigate agri-"The people here at try to help. She noted take stands on politithey do is with the earth BSU have been so won- that Mahnomen County cal issues, they want is currently ranked the to make sure they are least healthy county in the state by the Minnesota Department of

> "My theory is it's due to the extensive chemical use. They changed the land, they took out the White Pine and they "Our ultimate goal is to improve the quality people."

Keezer lost custody ration to keep pushing they're less likely to say,

herself and the environ-

"I have to do bet-So, she set out to figure a senior at BSU and is the people who are sick ter. I have to do better for my kids than what I was doing," she said. "If I can't be in their lives, I want to at least do something that will make their world a little water, the pollution in better. At least give it a good go."

Renee and Justin Keezer are both deeply involved in tribal and local politics, as well as social justice issues.

The Keezers said when cultural impacts and they attend protests and fully informed and can help avoid band-aid solutions and deal with underlying issues.

"It's a lot different when you can sit down and coherently have a conversation and explain why you're converted a lot of it to mad. You can explain agriculture," she said. the things that are coming with these problems, and then you get people of life and health of the to start changing their minds," Justin said. "We feel that if you're of two of her children educated on a subject around 14 years ago and and you know a little said they are her inspi- bit more about it, then

'Throw those protestors in jail.'"

The couple has worked to help eradicate harmful drugs in White Earth and prevent overdoses. The two helped organize a "March on Drug Dealers," with a message of, 'We love you, we don't want you to die, we don't want to lose any more in our community," Keezer

Keezer is hoping to let all of this positive momentum continue to propel her forward. She's already been offered a position working for the White Earth Band of Ojibwe as a pesticide coordinator, which she will officially begin after she graduates in May.

She said her goals for the next five years center around, "trying to implement long term management plans to improve the quality of the environment and human health.

Two of her goals are to implement larger and more concrete buffer regions between farmlands and waterways to help avoid chemical runoff and to push for a ban on Round-Up.

Hannah Olson is a multimedia reporter for the Pioneer. She can be reached at (507) 676-1101.



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