

**VETERANS:** From coffee to mental health help, many ways to help service members. P11



SUBMITTED

Proud hunter 10-year-old Ian Lindquist (center) rides with his younger brothers Devin (left) and Jackson (right) while Grandpa Don drives in Ian's first white-tailed buck.

# Their 1st deer

## Families pass white-tail hunting traditions on to the next generation

BY KIRSTEN FAURIE  
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It was a long shot, especially for someone so young. The forkhorn stood broadside on the edge of the cornfield, nearly 190 yards away.

Ten-year-old Ian Lindquist wasn't immediately successful. He missed his first two shots with his rifle, but the deer stood frozen, giving Ian another try. His third shot hit.

Guided by his parents, Jason and Anna, Ian shot his very first deer on Oct. 19 during a special Minnesota youth deer season. Ian and his family live in Minneapolis, and hunt at the home of his grandparents, Don and Vicki Lindquist, east of Mora.

Jason is raising his three sons the same way his father raised him to hunt, particularly by getting them involved at a young age.

Before he was old enough to hunt himself, Jason accompanied Don on hunts including sitting with him in the deer stand, walking alongside him on drives, watching the field-dressing of a harvested deer and helping process the meat in the kitchen.

Jason has done the same with his sons, Ian (10), Devin (7) and Jackson (5). For a proud dad, teaching his children has given new meaning to the activity.

**'I enjoy being outdoors, the challenge of the hunt and the experience of being with each other'**

Jason Lindquist

"It's been enjoyable to be able to include Ian in it, whether that is sitting in the stand, or going out in a boat for duck hunting. It adds a new dynamic and a new enjoyment to it," said Jason.

Anna joined the boys in the stand during Ian's first hunt. While she isn't a hunter herself, there are many things about the experience she values and why she feels it is important to pass on to her children, including "the time outside, the nature, watching

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# 870 receive coronavirus tests in statewide push to slow spread

BY KIRSTEN FAURIE  
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"It's not a brain tickler. At most it makes your eyes water," said Germaine Grueneberg after receiving a nasal swab to test for coronavirus.

She and approximately 870 other people were tested for coronavirus at the Mora United Methodist Church during the Minnesota Department of Health's "no-barrier" COVID-19 testing Nov. 4-5.

This testing push is an attempt by the MDH to slow what

Minnesota Commissioner of Health Jan Malcolm called "an alarming level of community spread."

In Kanabec County, over 1-in-5 of new cases have had no known contact with someone who is positive for COVID-19.

Kanabec County Community Health Director Kathy Bur-ski reported that most of the local coronavirus cases have occurred within small gatherings of friends and families.

"Across the country, the state and our county community spread is increasing. The high-

est positivity rates have been occurring outside of the metro area," she said.

"As people start thinking about the holidays, the safest plan is to not gather with friends and family outside of your household."

As of Nov. 6, the Kanabec County's 14-day case rate per 10,000 population increased to 36.87 for the Oct. 11-Oct. 24 time period.

Total Kanabec cases hit 280, with 18 cases currently active/infectious.



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Germaine Grueneberg receives a nasal swab coronavirus test at the Mora United Methodist Church. Test results are expected to be completed within 3-5 days by Mayo Clinic Laboratories.

