GARAGE SALE KIT

Signs, Price Stickers,

Helpful Tips and More!



Do you need help with food? Douglas County Outreach Food Shelf. 1205 Lake Street. Alexandria, MN 56308, Appoint-Andria, MiN 55308. Appoint-ment number 320-762-8411. Monday-Thursday: 9AM-3PM. Monday Evenings: 3PM-7PM. Friday: 11AM-2PM. Subject to change. ATC students see counselor.

Do you want "For sure Money" or "I hope so Money" during your retirement? Social Se-curity can be very complicated. We can help you make the most of your Social Security & retirement with a FREE compu-tation report. Call Doug at Billmark's Lakes Area Ins Inc. @ 320-763-9022

Douglas County Drop-In Center designed fro people with Mental Health Issues to gain acceptance, support, & social activities. The Center is open daily. 1106 Broadway Street, Alexandria, MN. Call 320-763-6261

Free Toe-Nail cutting at Redeemer Lutheran Church in Osakis by a licensed nurse! Bring your own towel and have a cup of coffee with friends. Open to the public. The second Thursday of every month at 9:00-11:00am. 418-3rd Ave W., Osakis MN. For information call Darton @ 220, 762, 220 call Darlene @ 320-763-3370

Has Medicare denied your medical bill? Call the Douglas County Senior Office for help. 320-762-3047

It is the responsibility of the advertiser to check your classified ad on the first day of publication.

If you find an error, please call us at 320-763-3133 so a correction can be made. To ensure greater accuracy, we request that ads be typed or printed neatly. Echo Press shall not be liable for failure to publish an advertisement, except for the refund of any amount prepaid for the publication of that vertisement. Liability for errors shall be lim-ited to either republishing the advertisement in a subsequent issue or

crediting the cost of one insertion occupied by the error, at the option of the Publisher.

Join The Follow Along Program! Learn about your child's health and development, get ideas about "what to teach" and "at what age" to teach it, ask ques-tions about how your child is hearing, moving, seeing, play-ing, talking, learning, growing, and acting, find out about other services you may want for your child. Contact Horizon Public Health at 320-763-7805 for additional information or to register your child for this free pro-gram.

Lakes Area MOMS (Mothers of Preschoolers) meets the 1st and 3rd Wednesdays 9-11:30 am of each month, from Sep-tember to May. MOMS groups strive to meet the needs of eve-ry mom with children from birth through kindergarten (PRE-school) isolution Preschoolers) meets the 1st through kindergarten (PRE-school), including pregnant women. Find us on facebook or call Cassandra at 320-808-1623 or by e-mail ac-lamoms@gmail.com.

Legal Service of NW MN-Alexandria is a non-profit corp. that provides legal advice/services without charge to qualifying persons in Douglas and sur-rounding counties. If you have a legal problem and can't afford an attorney, call 320-762-0663



Need a better job? Maybe a GED will help. Check out our GED preparation programs in-cluding GED online. Call Adult Basic Education Education Basic 320-762-3312.

Newcomers Club for women meets the 4th Tuesday of each month at the Nelson Gables Community Center, 1220 Noko-mis, Alexandria. Meeting time 7:00PM.

Our saddle club is now online at www.waskariders.org 320-424-2377

Parkinson's Support Group 4th Wednesday of each month 2:30PM at Nelson Gables Governor's Room (1220 Noko-mis St, Alexandria). For more info contact Val at (320)762-2196

Peer Recovery Support Group for persons with mental health issues. Mutual Support and Confidential. 1st & 3rd Monday evenings from 5:30pm-7:30pm at 1106 Broadway Street, Alex-andria, MN Contact: John K. 320-766-4500

Pro-choice clergy counselors available for anyone experiencing a problem pregnancy. Call 1-800-925-8242. MN Coalition for Reproductive Choice.

Region IV South Children's Crisis Response 701-364-0431 Monday-Friday (5pm-11pm) Holidays (1pm-11pm) This grant funded service is This grant funded service is provided to all children under the age of 18 years. The crisis response team will travel to the child's home to provide face to face intervention and assist the child and family in crisis.

Someplace Safe is offering Empowerment Support Groups on Wednesday's. Childcare might be available. Contact Mary with 320-762-1995. any Questions

WASTE MANAGEMENT

PUBLIC NOTICE

Want to meet new Seniors: friends? There are 8 senior clubs in Douglas County that welcome new members. Join one for good food, fun and en-tertainment. Leadership and opportunities Call the Dou Senior Office volunteer are Douglas fice at available. County Senior Office at 320-762-3047 for more information.

Sick & Tired? Get revitalized and back on track with God's prescription for a fulfilled life. 5 Free Heartbeat Bible Studies in your own home. Caring Ser-vants are waiting for your call. 320-762-1565, FBC Evangelical Bible Truths Bible Truths.

The Compassionate Friends Alexandria Chapter is a support Alexandria Chapter is a support group for parents who have lost a child, siblings that have lost a sibling. Meetings are 3rd Tues-day each month at Glenwood State Bank - 6:30PM-8:30PM Call 320-760-7107 or 320-759-1053

The Disability Linkage Line can find resources on federal, public benefits, and disability benefits housing, transportation, finan-cial programs and employment housing, for persons with disabilities. Call 1-866-333-2466.

Too many "This is Not A Bill" pa-pers? Call the Douglas County Senior Office for help in deciphering them! 320-762-3047.

TOPS MN #36, an affordable weight management program. Meets on Mondays at 4:45PM at the Alexandria Senior Center. For more information call 320-762-8202. If no answer leave message.

TOPS MN #775 meets at the Senior Center, 4th & Hawthorne every Friday morning. Weigh-in is at 8:15AM and the meeting at 8:45AM. Take Off Pounds Sensibly is an affordable loss group. Call 320-759-1184 for more information.

TOPS MN #775, an affordable weight management program. Meets on Friday morning's. Weigh-in is at 8:00am. Meeting is at 8:45am at the Alexandria Senior Center. For more information call 320-492-3825. If no answer leave message.

0020

PUBLIC NOTICE



Like the ECHO PRESS?

Like us on Facebook!



or 1-800-450-2552. Applicants for our services must be low income or age 60 or older.

Like to sing? Be our guest at Alexienne Chorus. Women's Barbershop Harmony. Tues-days, 5:30PM at Bethany Home Chapel, 1020 Lark Street, Alex-andria. 320-808-1594.

Living the "New You" with Fibro we have an upbeat weekly we have an upbeat weekly group that meets to share ways of living better with less pain, and a longer list of "Can Do's" with Fibromyalsia. Wednes-days, 1-3pm at the UCC Church behind Trumm Drug. All are welcome no matter the lev-el of disability. For more info, call Donna (320)491-5313.

Medicare A, B, C, & D?? What's it all about? Call the Douglas County Senior Office to vour questions answered. have 320-762-3047.

Narcotics Anonymous-- If you or someone you know might have a problem with drugs call our hotline at 877-767-7676 or visit us on the web at www.na.org Local meetings are held every Tuesday and Thursday evenings at 7PM at Calvary Lutheran Church locat-ed at 605 Douglas St in Alexaned at 605 Douglas St in Alexan-dria

results for each lysimeter at the job site. Prepare and submit test samples to a certified laboratory for analysis according to Minnesota Department of Agriculture quality control requirements. Maintain and organize data. Assist where needed with research related management work including; plot fertilization, crop scouting, plant sample collection, soil sampling, stalk sampling Maintain and secure equipment properly at the project site. and harvest. Perform operations and maintenance tasks at Herman Rosholt Farm project site. Comply with health and safety procedures. May involve other duties as assigned to complete work related to Rosholt Farm Project activities.

0280

Hydrologist Intern

(desired starting date April)

Education: Course study in Hydrology, Agronomy, Ag Education, Environmental Sciences, or Soil Science.

Qualities/Core Competencies:

IELP WANTED

- Organized with a strong attention to detail and time management skills
- Demonstrates a strong level of accountability
- Good written and verbal communications skills
- Exhibits professionalism
- High degree of initiative, self-motivation and ability to work independently Farm, rural, or agribusiness background preferred; experience with
- machinery helpful
- Must be able and willing to work out doors in varied weather conditions; capable to lifting up to 70 pounds
- Possess valid driver's license

Carry out other duties as assigned including assisting with tree planting, grass seeding, and educational programming for the Pope Soil and Water Conservation District.

Full job description and application can be found on our website www.popeswcd.org

Submit a completed application and resume by March 20, 2020 4:00 p.m. the deadline to:

Holly Kovarik, District Manager; Pope SWCD 1680 Franklin Street North Glenwood, MN 56334 holly.kovarik@mn.nacdnet.net 320-634-5327 phone



Giving away up to \$2,350 in BONUS BENEFITS when you buy a qualifying Ranger.

Offer good until March 30, 2020





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