

PUBLIC NOTICE

Douglas County Drop-In Center designed for people with Mental Health issues to gain acceptance, support, & social activities. The Center is open daily. 1106 Broadway Street, Alexandria, MN. Call 320-763-6261

Free Toe-Nail cutting at Redeemer Lutheran Church in Osakis by a licensed nurse! Bring your own towel and have a cup of coffee with friends. Open to the public. The second Thursday of every month at 9:00-11:00am. 418-3rd Ave W, Osakis MN. For information call Darlene @ 320-763-3370 (If bad weather and/or late/canceled school days, the Toe-Nail cutting will be canceled).

Has Medicare denied your medical bill? Call the Douglas County Senior Office for help. 320-762-3047

PUBLIC NOTICE

It is the responsibility of the advertiser to check your classified ad on the first day of publication.

If you find an error, please call us at 320-763-3133 so a correction can be made. To ensure greater accuracy, we request that ads be typed or printed neatly.

Echo Press shall not be liable for failure to publish an advertisement, except for the refund of any amount prepaid for the publication of that advertisement.

Liability for errors shall be limited to either republishing the advertisement in a subsequent issue or crediting the cost of one insertion occupied by the error, at the option of the Publisher.

Find your next home
www.homesHQ.com

PUBLIC NOTICE

Join The Follow Along Program! Learn about your child's health and development, get ideas about "what to teach" and "at what age" to teach it, ask questions about how your child is hearing, moving, seeing, playing, talking, learning, growing, and acting, find out about other services you may want for your child. Contact Horizon Public Health at 320-763-7805 for additional information or to register your child for this free program.

Lakes Area MOMS (Mothers of Preschoolers) meets the 1st and 3rd Wednesdays 9-11:30 am of each month, from September to May. MOMS groups strive to meet the needs of every mom with children from birth through kindergarten (PRE-school), including pregnant women. Find us on facebook or call Cassandra at 320-808-1623 or by e-mail aciamoms@gmail.com.

Lakes Area Quilt Guild meets in Alexandria Sept-June (no Dec. meeting) on the 3rd Monday of the month at Bethesda Lutheran Church 1204 N Nokomis NE, Alexandria. Meeting time is 7. Social time starts at 6:45. Come join this fun group of quilters!

Peer Recovery Support Group for persons with mental health issues. Mutual Support and Confidential. 1st & 3rd Monday evenings from 5:30pm-7:30pm at 1106 Broadway Street, Alexandria, MN. Contact: John K. 320-766-4500

PUBLIC NOTICE

Legal Service of NW MN-Alexandria is a non-profit corp. that provides legal advice/services without charge to qualifying persons in Douglas and surrounding counties. If you have a legal problem and can't afford an attorney, call 320-762-0663 or 1-800-450-2552. Applicants for our services must be low income or age 60 or older.

Living the "New You" with Fibro we have an upbeat weekly group that meets to share ways of living better with less pain, and a longer list of "Can Do's" with Fibromyalgia. Wednesdays, 1-3pm at the UCC Church behind Trumm Drug. All are welcome no matter the level of disability. For more info, call Donna (320)491-5313.

Medicare A, B, C, & D?? What's it all about? Call the Douglas County Senior Office to have your questions answered. 320-762-3047.

Narcotics Anonymous-- If you or someone you know might have a problem with drugs call our hotline at 877-767-7676 or visit us on the web at www.na.org Local meetings are held every Tuesday and Thursday evenings at 7PM at Calvary Lutheran Church located at 605 Douglas St in Alexandria

Parkinson's Support Group 4th Wednesday of each month 2:30PM at Nelson Gables Governor's Room (1220 Nokomis St, Alexandria). For more info contact Val at (320)762-2196

Pro-choice clergy counselors available for anyone experiencing a problem pregnancy. Call 1-800-925-8242. MN Coalition for Reproductive Choice.

PUBLIC NOTICE

Region IV South Children's Crisis Response 701-364-0431 Monday-Friday (5pm-11pm) Holidays (1pm-11pm) This grant funded service is provided to all children under the age of 18 years. The crisis response team will travel to the child's home to provide face to face intervention and assist the child and family in crisis.

Seniors: Want to meet new friends? There are 8 senior clubs in Douglas County that welcome new members. Join one for good food, fun and entertainment. Leadership and volunteer opportunities are available. Call the Douglas County Senior Office at 320-762-3047 for more information.

Sick & Tired? Get revitalized and back on track with God's prescription for a fulfilled life. 5 Free Heartbeat Bible Studies in your own home. Caring Servants are waiting for your call. 320-762-1565, FBC Evangelical Bible Truths.

Someplace Safe is offering Empowerment Support Groups on Wednesday's. Childcare might be available. Contact Mary with any Questions 320-762-1995.

The Compassionate Friends Alexandria Chapter is a support group for parents who have lost a child, siblings that have lost a sibling. Meetings are 3rd Tuesday each month at Glenwood State Bank - 6:30PM-8:30PM Call 320-760-7107 or 320-759-1053

PUBLIC NOTICE

The Disability Linkage Line can find resources on federal, public benefits, and disability benefits, housing, transportation, financial programs and employment for persons with disabilities. Call 1-866-333-2466.

Too many "This is Not A Bill" papers? Call the Douglas County Senior Office for help in deciphering them! 320-762-3047.

TOPS MN #36, an affordable weight management program. Meets on Mondays at 4:45PM at the Alexandria Senior Center. For more information call 320-762-8202. If no answer leave message.

TOPS MN #775 meets at the Senior Center, 4th & Hawthorne every Friday morning. Weigh-in is at 8:15AM and the meeting is at 8:45AM. Take Off Pounds Sensibly is an affordable loss group. Call 320-759-1184 for more information.

TOPS MN #775, an affordable weight management program. Meets on Friday morning's. Weigh-in is at 8:00am. Meeting is at 8:45am at the Alexandria Senior Center. For more information call 320-492-3825. If no answer leave message.

We are as close as your phone. If you feel lonely, isolated or need emotional support, call Elder Network. 320-763-9084.

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ATTENTION: VETERANS

In order to maintain proper social distancing during the ongoing COVID-19 pandemic, I have made the difficult decision to change the office to a "by appointment only". It deeply pains me to do this as I have taken great pride in being able to help people with issues they have immediately. I have enjoyed being able to sit down and talk with people on their time, however our small office space makes keeping a proper distance difficult. I look forward to continuing the work that strengthens our connection with the fantastic veterans who live in or around Douglas County.

Jake Turner, CVSO

Beginning Monday, June 1st we will be utilizing a new software for setting up your appointment called "No Wait Inside". More details will be available soon. If you have any questions please call us at the number below.

DOUGLAS COUNTY VETERANS SERVICE OFFICE
806 Fillmore St (South of the Library) Alexandria
PHONE: 762-3883 • 1-888-LinkVet
www.co.douglas.mn.us/Veterans.htm

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