



SUNDAY

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## SPORTS



## T'hawks shut down Agates

Grand Rapids opens section tourney with 5-0 win. | **1B**

## OBITUARIES

**Doris DeMeyere**, Deer River  
**Lisa Kellin**, Cohasset  
**Sandra Kieffer**, Grand Rapids  
**Kenneth Koester**, Effie  
**William Reader**, Grand Rapids  
**Emily Stanelle**, Grand Rapids

| **4C-5C**

## SOCIAL MEDIA



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Thank you for subscribing!

## GRAND PEOPLE

# Art and talent extravaganza

Bigfork's Edge Center hosts colorful shows this October. | **Section C**

# County's RAP program seeks to reduce recidivism

BY KASSANDRA TUTEN  
HERALD-REVIEW

Itasca County continues to take innovative steps to reduce recidivism by connecting individuals to community resources to help them be successful after incarceration. The county's Release Advance Planning Program (RAP), assists inmates with preparation and planning for a successful transition into the community.

During a regular board meeting on Tuesday, Oct. 9, board members were pro-

vided an update on the RAP program by Jail Coordinator Captain Lucas Thompson and RAP Re-Entry Specialist Tabbatha Litchke.

RAP is funded through a competitive two-year grant received from the Minnesota Department of Public Safety's Office of Justice Programs. The Byrne Justice Assistance Grant was originally received by the county in 2014 for a two-year cycle, and it was renewed in 2016 for another two years.

The program seeks to reduce recidivism

by assisting individuals with the successful transition into the community by connecting them with local resources to help them be successful, said Litchke. This is a large piece of the puzzle to reducing recidivism as many of the individuals who are released from incarceration are unemployed or homeless upon their release.

The program is voluntary, and in order to be eligible to participate, a person needs to be an Itasca County resident and sentenced for an Itasca County charge.

SEE RAP, PAGE 8

# MN teen tobacco use is up

BY LEAH RYAN  
MEASABI DAILY NEWS

Tobacco use by youth is on the rise with more trying and becoming addicted to e-cigarettes.

E-cigarettes, also known as vapes, vape and hookah pens or e-pipes, are battery-powered devices that allow users to inhale aerosolized liquid, or e-juice. Like conventional cigarettes, e-cigarettes contain nicotine, are addictive and harmful to brain development.

According to the Minnesota Department of Health's website, "...vaping products recently surpassed conventional cigarettes as the most commonly used tobacco product among youth so it is critical that public health officials and the general public understand the potential risks of using them."

The 2017 Minnesota Youth Tobacco Survey found that 19.2 percent of high school students had used an e-cigarette in the last 30 days, compared to 9.6 percent who had used conventional cigarettes.

"Over one in five of Minnesota high school students who has tried e-cigarettes has never tried any conventional tobacco products," states the Minnesota DoH website.

SEE TOBACCO, PAGE 4

# In case you missed it



PHOTO BY BRITTA ARENDT | HERALD-REVIEW  
After more than a week of rain, snow and cold, the sun finally appeared over Itasca County Friday with a glimpse of blue sky. The weather has made it difficult to get out and enjoy the fall foliage this month. According to the Department of Natural Resources, most of Itasca County is at peak color.

# City's final assessments approved for northeast improvements

## Preliminary design for roads to new school reviewed

BY BRITTA ARENDT  
HERALD-REVIEW

The Grand Rapids City Council approved final assessments for the Northeast Improvements Project (City Project 2011-3) following a public hearing on the matter Monday, Oct. 8.

As Grand Rapids City Engineer Matt Wegwerth explained, the construction cost for the project was \$2.14 million with total cost \$2.95 million.

The Northeast Improvements Project involves the reconstruction of street, sanitary sewer, water main and storm sewer. The improvements are located on 7th Street NE from 7th Avenue NE to 13th Avenue NE, 10th Avenue NE from 5th Street NE to 7th Street NE, 11th Avenue NE from 7th Street NE to the Sports Complex Entrance and the alley between 6th Avenue NE and 7th Avenue NE from 6th Street NE to 7th Street NE. Features of the improvements include sidewalks and new street lighting to contribute to the citywide initiative to make Grand Rapids a more walkable city.

SEE CITY, PAGE 7

# Local partners working toward a self-healing community

BY KASSANDRA TUTEN  
HERALD-REVIEW

Itasca County residents continue to take steps to address the significant impact of Adverse Childhood Experiences (ACEs) through a process of building resilience and community engagement.

In Itasca County, the discussion concerning ACEs and long-term health has been deepening, following a series of community conversations and presentations which began late last winter.

In January, the Blandin Foundation hosted the second of a series of ACEs-based trainings to take place in Itasca County.

The presentation, "Understanding ACEs: Building Self-Healing Communities," included participation from community partners affiliated with various organizations throughout Itasca County, including local school districts, mental health service providers, Itasca County Health and Human Services representatives, criminal justice workers, concerned community members, chemical dependency providers and others. The event was sponsored by the Itasca County Family Services Collaborative, which has since joined a statewide ACEs Collaborative Project.

SEE ACES, PAGE 8

The three types of ACEs include

### ABUSE



Physical



Emotional



Sexual

### NEGLECT



Physical



Emotional

### HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse



Divorce



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