

SPORTS

BHS boys take 3rd, girls 4th at home meet



Jillian Gandsey / Bemidji Pioneer

Bemidji senior Riley Berg (center) competes in the Bemidji Invitational on Tuesday afternoon at Greenwood Golf Course.

By Austin Monteith amonteith@bemidjipioneer.com

BEMIDJI — The Bemidji High School boys and girls cross country teams braved the cold for their lone home meet of the season Tuesday afternoon at Greenwood Golf

The BHS boys finished third with 71 points, and the Lumberjack girls placed fourth with 127 points in the Bemidji Invitational.

Perham took home team titles in both the boys and girls divisions with 44 and 43 points, respectively.

Moorhead's Zach Johnson won the boys individual title with his time of 16:17, and Crookston's Katherine Geist claimed the girls title with her

"A meet got cancelled on Monday and we had five teams add just yesterday to the meet, so it's the largest we've ever had at 14 teams," said BHS head coach Ryan Aylesworth. "And it was very high quality runners that were here today. I was very happy with how they performed. I think it was a nice tune-up going into the section meet next week."

Riley Berg and Regan DeWitt posted the fastest times for the Bemidji boys and girls teams, respectively. Berg finished eighth with his time of 17:08.5, and DeWitt took seventh with her time of 20:15.6.

A pair of Yousos also cracked the top 10 in both races. Gwen and Nicholas Youso each time of 19:34.5, more than 22 placed 10th in the girls (20:23) CROSS COUNTRY: Page 6

seconds faster than the run- and boys (17:12.4) races, respectively.

Runners dealt with chilly temperatures that dipped into

the mid-30s. "It was alright. I just had to keep the sweats on as long as possible," Berg said. "But it wasn't too bad once we got

moving in the race."

"You just wear whatever you can to stay warm," DeWitt added, "because if you get too cold you go numb. You just can't race as well and your legs freeze up."

The Lumberjacks are used to hosting their home meet on the rolling hills of the golf course east of Bemidji. Bemidji runners enjoyed having more of a home crowd than usual.

"It's nice to have some

ONE STEP CLOSER, ONE STEP AWAY



Jillian Gandsey / Bemidji Pioneer

Bemidji High School junior Logan Mitchell (2) gains control of the ball in a Section 8A semifinal match against St. Cloud Cathedral on Tuesday at Chet Anderson Stadium.



Ryan Pietruszewski / Bemidji Pioneer

Senior Harper Toward kicks a cross during Bemidji's Section 8A semifinal match against St. Cloud Cathedral on Tuesday at Bemidji Middle School.

Lumberjack boys edge Cathedral in physical battle

By Ryan Pietruszewski rpietruszewski@bemidjipioneer.com

he Crusaders didn't make it easy, but the North No.1 seeded Bemidji High School boys soccer team

battled through a physical Section 8A semifinal game en route to a 4-2 win over South No. 2 St. Cloud Cathedral on Tuesday at Chet Anderson Stadium. "They knew that in order to beat us, they were going to have to be very

aggressive," BHS head coach Rick Toward said. "They were going to have to put high pressure on us, and sometimes high pressure sometimes means collisions that you intend or don't intend. There was definitely a desire to play the body instead of the ball, but in the end, my boys did enough to find the net four times and get the victory."

The Crusaders (15-4) never led in the match, but the first two times Bemidji took the lead, they found a way to

Bemidji (16-2-1) opened the scoring in the fifth minute when Aidan Helwig made a nice play to feed James Siems for a 1-0 lead.

"Pau (Mesegue) put a ball in the box and I just headed it over to James, and

James tapped it in," said Helwig. Cathedral tied the game at 1-all with four minutes left in the half when Bemidji failed to clear a corner kick, resulting in a Cole Tatrault goal from

Three minutes into the second half, the Jacks regained the lead on a blasted strike from Aspen Galdamez, again assisted by Helwig.

The Crusaders answered again, though, in the 62nd minute on an impressive goal from McRay Drong, with an assist going to Joshua Revier.

Both SCC scorers were the attackers Toward was conscious of going into the game, but overall, he said he was happy with how the team handled them.

"The two goals we allowed, we were in position," he said. "We just missed clears and wound up giving the ball basically to them at the top of the 18. ID's helpless in that situation, they just have to place the ball in the corner, and they're good finishers.

"To play this team twice and give up two goals total to them, I'll take it.'

Three minutes after Bemidji brought Ben Hess into the game despite an injury, Hess assisted the eventual game winning goal by Ethan Mock in the 72nd minute, and Mock then assisted Logan Mitchell when Mitchell sealed the 4-2 Lumberjacks victory with 2:02 left to play.

"We get up, 1-0, they tie us. We get up, 2-1, they tie us," Toward said. "We come back, 3-2, and instead of saying, 'OK, we're good,' we put the nail in the coffin with that fourth goal. Well played. I'm super proud of the maturity

BOYS: Page 6

Bemidji girls shut out Crusaders

By Ryan Pietruszewski rpietruszewski@bemidjipioneer.com

The Bemidji High School girls soccer team went into Tuesday's Section 8A semifinal game looking for a shutout, and, after two set piece goals and an insurance tally late, they achieved the feat with a 3-0 win over St. Cloud Cathedral to advance to the section final.

"One of the goals we set was a shutout," BHS head coach Logan Larsen said. "A win's a win, but a shutout was one thing we were aiming for, especially with changing formations up a little bit, so I was happy we got that."

Noticing the Lumberjacks (13-4-2) had the lowest goals against average in the section while allowing several set piece goals this year, Larsen decided the back line could handle the workload with three and moved the fourth spot up to forward for some extra attacking power.

"We took one player and moved her up so we had more presence in the center of the field and more variation in the attack so we'd get more goals,"

While it didn't directly result in scoring, the Lumberjacks pressured the Crusaders throughout the game and, in the 19th minute, the pressure earned them a Harper Toward free kick 30 yards from goal.

"During warmups, I was shooting those same shots on Alli to get her ready for them," Toward said. "I

didn't really expect that I would have to take them for myself. I just set the ball there and took a second, composed myself and it the shot and I was just really hoping it dropped and

The goal gave Bemidji all it would need, but Toward's fellow senior captain Alyse Stone took her turn at a set piece in the 69th minute and had the same result, tucking her shot into the low left corner of the net.

Three minutes later, Liberty Dickerson capped the scoring with a rebound goal, assisted by Lindsey Hildenbrand, to make it 3-0.

"It took a little bit of time, but after that I think we really started creating more opportunities and getting more shots on goal," said Toward.

The Lumberjacks heavily outchanced the Crusaders (10-6-2) in the game, hitting two cross bars and having several other quality shots on goal.

With the win, Bemidji advances to face Sartell-St. Stephen (11-5-2) in the Section 8A final on Thursday, Oct. 18. Exact time and place have yet to be determined.

"I'm going to be learning everything I can about them from here until then," Larsen said, "but once again, it'll just be heart and effort."

The Lumberjacks beat the Sabres 1-0 in the section semifinals a year ago,

but haven't played them this season.

"This year it's just going to take a lot of heart," Toward said. "If

GIRLS: Page 6

BSU ROUNDUP

BSU rises to No. 3 in national rankings

Pioneer Staff Report sports@bemidjipioneer.com

Jackson Kent.

BEMIDJI — The Bemidji State

soccer team has risen up the national rankings again. The unbeaten Beavers came in at No. 3 in this week's United Soccer Coaches poll, their highest ranking in program history.

BSU improved to 14-0-0 overall and 11-0-0 in Northern Sun Intercollegiate Conference play with a 3-2, double-overtime win Sunday over then No. 22 Minnesota State. Freshman Sara Wendt scored the game-winthe back-and-forth contest. The Oct. 16 poll is the Beavers'

sixth appearance in the national poll this season, and the 11th time in school history following a five-week run in the top 25 to end the 2017 regular season. This week's ranking surpasses the previous program-best ranking for the fourth consecutive week, rising from No. 5 in last week's poll.

Minnesota State (10-2-1, 9-1-1 NSIC) is the only other NSIC team in the rankings, dropping one spot to No. 23.

BSU remains at No. 1 in the ning goal in the 105th minute of Central Region Poll for the sec-Sunday, Oct. 21 at 1 p.m.

ond straight time after wins Men's hockey receives over Concordia-St. Paul and MSU. The NCAA will announce its first regional poll Wednesday. At the conclusion of the season, the top eight teams from each region advance to the regional tournament, which is hosted by the two highest remaining seeds, Nov. 9 and 11.

The Beavers will be on the road this weekend for a pair State at 3 p.m. Friday, Oct. 19, before meeting Augustana in a rematch of last season's NCAA first-round overtime loss on series.

votes in USCHO poll BEMIDJI — The Bemidji State

men's hockey team garnered votes in this week's USCHO.com poll after its series win with

North Dakota over the weekend. The Beavers received 31 votes in Monday's poll that followed a 2-1 win Friday in Bemidji, and a 1-1 tie Saturday in Grand of matches. They'll face Wayne Forks, N.D. The Fighting Hawks dropped three spots from No.

13 to No. 16 after scoring just two goals in the season-opening

ey Association also landed its first team in the USCHO top 10 this season on Monday. Minnesota State climbed to No. 7 from No. 11 after the Mavericks swept Boston University in Mankato. Bowling Green is the only

other WCHA school in the top 20, coming in at No. 17 after a series split with Robert Morris. Northern Michigan (34) and Michigan Tech (8) also received

Bemidji State has this weekend off, and will return to action Oct. 26-27 for its first WCHA series of the season at Northern The Western Collegiate Hock- Michigan.

Jacks look to hit playoffs on high note

By Ryan Pietruszewski rpietruszewski@

bemidjipioneer.com BEMIDJI — The Bemidji High School football team has just one blemish on the schedule so far, and they hope to keep it that way going into the Section 8-5A tournament.

To do that, the Lum- Rapids-Rice this season, season with five straight Times, and were therefore which is how seeding is berjacks will have to get that coming in a game through their week eight that was cut short 5 minopponent, St. Cloud Tech utes, 16 seconds due to two teams is set for 7 p.m. the Lumberjacks drove tonight at Husky Stadium the ball to a first down on the campus of St. Cloud

The Lumberjacks (6-1), have only lost to Sauk

(5-2). Kickoff between the lightning. Down 38-37, on their own 46 yard line

The Tigers started the according to the St. Cloud its superior QRF ranking,

wins before falling to Sauk suspended for two games. Rapids and Princeton the past two weeks.

The losses were largely due to the team missing several offensive and defensive starters who when the game went into were cited for underage delay and never continued. drinking at a house party,

www.bemidjipioneer.com

The suspended players are eligible to return for today's contest.

Regardless of the result of tonight's game, Bemidji is expected to receive the top seed in the Section 8-5A tournament due to determined. In that case, the Jacks will host their semifinal game Saturday, Oct. 27, against the winner between the fourth and fifth seeds, who will play Tuesday, Oct. 23.

Section seedings will be released Thursday, Oct. 18.

SCOREBOARD

Friday, Oct. 5: Houston 7, Cleveland 2 Saturday, Oct. 6: Houston 3, Cleveland 1 Monday, Oct. 8: Houston 11, Cleveland 3 National League Milwaukee 3, Colorado 0

Thursday, Oct. 4: Milwaukee 3, Colorado 2 Friday, Oct. 5: Milwaukee 4, Colorado 0 Sunday, Oct. 7: Milwaukee 6, Colorado 0 Los Angeles 3, Atlanta 1

Thursday, Oct. 4: Los Angeles 6, Atlanta 0 Friday, Oct. 5: Los Angeles 3, Atlanta 0 Sunday, Oct. 7: Atlanta 6, Los Angeles 5 Monday, Oct. 8: Los Angeles 6, Atlanta 2 LEAGUE CHAMPIONSHIP

CBest-of-7; x-if necessary)
American League
Houston 1, Boston 1
Saturday, Oct. 13: Houston 7, Boston 2
Sunday, Oct. 14: Boston 7, Houston 5
Tuesday, Oct. 16: Boston, 8, Houston 2
Wednesday, Oct. 17: Boston at Houston, 7:39 n.m.

Thursday, Oct. 18: Boston at Houston, 7:09 p.m. x-Saturday, Oct. 20: Boston at Houston, 4:09

Mational League
Milwaukee 2, Los Angeles 1
Friday, Oct. 12: Milwaukee 6, Los Angeles 4
Saturday, Oct. 13: Los Angeles 4, Milwau-

World Scriber (Best-of-7; x-if necessary) Tuesday, Oct. 23: at American League Wednesday, Oct. 24: at American League Friday, Oct. 26: at National League Saturday, Oct. 27: at National League x-Sunday, Oct. 28: at National League

x-Tuesday, Oct. 30: at American League x-Wednesday, Oct. 31: at American Leagu

ab r hbi HOU
5 1 1 0 Springr cf
5 1 2 0 Altuve dh

4 0 1 1 Gurriel 1b 4 2 1 1 Gonzalz 2b 2 0 1 0 Reddick rf

1 1 1 0 Correa ss 3 0 0 0 McCann c

0 1 0 0 White ph 3 0 0 0 Kemp If 0 0 0 1 Gattis ph 0 1 0 0

Totals 35 8 9 8 Totals 34 2 7 2

Boston 200 001 050 — 8

Houston 100 010 000 — 2

LOB—Houston 8, Boston 5. 2B—Bregman
(2), JD.Martinez (1). HR—Bradley Jr. (1),

1-3

2-3

Inherited runners-scored—J.Kelly 1-0. HBP— Moreland, Holt (by R.Osuna). WP—J.Kelly

Umpires-Home, Joe West; First, Mark Carlson; Second, Chris Guccione; Third, Mark

HOCKEY

T—3:52. A—43,102 (43,836)

4 0 1 1 Bregman 3b 3 0 2 1

IP H R ER BB SO

3 0 1

1 0

1000

Tuesday's result

Bnntnd If

Martinz dh

Bogarts ss Pearce 1b

Nunez 3b

Devers pr Kinsler 2b

Vazquez c Morland ph

Leon pr BrdlyJr cf

Pearce (1).

Eovaldi W, 2-0 Brasier H, 3 M.Barnes

J.Kelly E.Rodriguez

Houston

Sipp

Pressly

Boston

Holt ph

Boston 8, Houston 2

AREA SCHEDULE

WEDNESDAY, OCT. 17 Prep Football

Bemidii at St. Cloud Tech. 7 p.m

THURSDAY, OCT. 18

Prep Boys Soccer

Section 8A Final: Bemidji vs. Sartell-St. Ste phen, TBD

Prep Girls Soccer Section 8A Final: Bemidji vs. Sartell-St. Ste-

SPORTS ON TV

WEDNESDAY, OCT. 17

College Volleyball Rutgers vs. Penn State, 6 p.m., BTN

Golf LPGA Legends Tour: Senior LPGA Championship, 3 p.m., GOLF PGA Tour: CJ Cup at Nine Bridges, 9 p.m.,

High School Football

Fargo Davies vs. West Fargo, 7 p.m., Mid-coSN

West Fargo Sheyenne vs. Fargo South, 7 p.m., WDAY NBA

New Orleans vs. Houston, 7 p.m., ESPN Minnesota vs. San Antonio, 7:30 p.m., FSN Dallas vs. Phoenix, 9:30 p.m., ESPN

MLB NLCS Game 5: Milwaukee at Los Angeles

Dodgers, 4 p.m., FS1 ALCS Game 4: Boston at Houston, 7:30 p.m.,

NHL

New York Rangers vs. Washington, 6 p.m., Boston vs. Calgary, 8:30 p.m., NBCSN

Soccer CONCACAF 2019 Women's World Cup Qualifying: Final, 7 p.m., FS1

PREP SPORTS

Section 8A Boys Soccer Tournament

Semifinals (Tuesday, Oct. 16)

Bemidji 4, St. Cloud Cathedral 2 Sartell-St. Stephen 1, Hillcrest Lutheran 0

Final (Thursday, Oct. 18) Bemidji vs. Sartell-St. Stephen, TBD **Section 8A Girls Soccer**

Tournament Semifinals (Tuesday, Oct. 16)

Bemidji 3, St. Cloud Cathedral 0 Sartell-St. Stephen 3, Detroit Lakes 0

Final (Thursday, Oct. 18)

Bemidji vs. Sartell-St. Stephen, TBD Tuesday's Results

Volleyball Bemidji 3, Duluth East 1 (25-21, 25-14, 20-25,

Laporte 3, Cass Lake-Bena 1 (25-13, 26-28,

25-20, 25-16) NCE/UH 3, Bagley 1 (24-26, 25-19, 25-20, 25-22) Monday's Results

Volleyball Clearbrook-Gonvick 3, Laporte 2 (23-25, 25-16, 21-25, 27-25, 15-5)

BASEBALL

WILDCARD SHOWDOWN WIEDCARD SHOWDOWN (Best-of-1) American League Wednesday, Oct. 3: New York 7, Oakland 2 National League

Tuesday, Oct. 2: Colorado 2, Chicago 1
DIVISIONAL PLAYOFF
(Best-of-5; x-if necessary)
American League

Boston 3, New York 1 Friday, Oct. 5: Boston 5, New York 4

Saturday, Oct. 6: New York 6, Boston 2 Monday, Oct. 8: Boston 16, New York 1 Tuesday, Oct. 9: Boston 4, New York 3 Houston 3, Cleveland 0

Professional Eastern Conference Atlantic Division GP W LOT SOPts GF GA

	l oronto	7	6	1	0	0	12 33	2
	Boston	5	4	1	0	0	8 22	13
	Montreal	5	3	1	1	0	7 18	13
	Ottawa	6	3	2	1	0	7 24	22
	Tampa Bay	4	3	1	0	0	6 15	9
	Buffalo	5	3	2	0	0	6 11	13
	Florida	4	0	2	0	2	2 12	16
	Detroit	6	0	4	1	1	2 14	30
Metropolitan Division								
		GP	W	L	ΤС	SOF	Pts GF	
	Carolina	7	1	2	1	Λ	0.25	2

4 4 0 0 0 8 17

GIRLS From Page 5

everyone's in it and

everyone's willing and ready to give 100

percent, we have the game." Bemidji 3, St. Cloud Cathedral 0

SCC 0 - 0First Half — 1, BEM GOAL, Toward (Free Kick) 19'.

Second Half — 2, BEM GOAL, Stone (Free Kick) 69': 3, BEM GOAL, Dickerson (Hildenbrand) 72'.



5 3 2 0 0 6 16 19 5 2 1 1 1 6 17 20 6 3 3 0 0 6 22 25 5 2 2 1 0 5 20 19 4 2 2 0 0 4 11 10 6 2 4 0 0 4 15 20 Columbus Pittsburgh Philadelphia Washington NY Islanders

Nashville Chicago Colorado Winnipeg Dallas Minnesota St. Louis

Pacific Division

GP W LOT SOPts GF GA
6 4 1 0 1 9 17 14
6 4 2 0 0 8 22 19
5 3 2 0 0 6 18 16
6 2 3 1 0 5 17 19
6 2 3 1 0 5 12 16
6 2 2 0 0 4 11 19
5 1 4 0 0 2 4 11 Vancouver Calgary San Jose Los Angeles Edmonton Monday's Games

x-Sunday, Oct. 21: Houston at Boston, 6:39 Toronto 4, Los Angeles 1 Montreal 7. Detroit 3 Ottawa 4, Dallas 1 Nashville 4, Minnesota 2 Tuesday's Games

Monday, Oct. 15: Milwaukee 4, Los Angeles 0 Tuesday, Oct. 16: Milwaukee at Los Angeles, 8:09 p.m. Wednesday, Oct. 17: Milwaukee at Los Angevectilesday, Cot. 17. inimwalee at Los Angeles, 4:05 p.m.
x-Friday, Oct. 19: Los Angeles at Milwaukee, 7:39 p.m.
x-Saturday, Oct. 20: Los Angeles at Milwaukee, 8:09 p.m.
WORLD SERIES
Rest of 7: v if necessary)

NY Rangers at Washington, 6 p.m. Boston at Calgary, 8:30 p.m. NY Islanders at Anaheim, 9 p.m.

NY Islanders at Los Angeles, 9:30 p.m. Buffalo at San Jose, 9:30 p.m.

0 0— 1 1 1— 2 Arizona 1 Minnesota

Shots on Goal—Arizona 12-12-8—32. Minnesota 8-10-10—28.
Power-play opportunities—Arizona 1 of 3. Minnesota 0 of 2.

Goalies—Arizona Kuemper 0-1-0 (28 shots-26 saves). Minnesota Dubnyk 2-1-2 (32-31). A—18,795 (18,064). T—2:35.

Edmonton 5, Winnipeg 4, 1OT

Edmonton, Puljujarvi 1 (Nugent-Hopkins, McDavid) 13:39.

Overtime—9, Edmonton, Nurse 1 (Nugent-Hopkins) 1:25.
Shots on Goal—Edmonton 12-12-10-1—35.

Winnipeg 14-11-8-0—33.

A—15,321 (15,004). T—2:29.

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Central Division
GP W LOT SOPts GF GA

Pacific Division

Tuesday's Games
New Jersey 3, Dallas 0
NY Rangers 3, Colorado 2, SO
Philadelphia 6, Florida 5, SO
Vancouver 3, Pittsburgh 2, OT
Tampa Bay 4, Carolina 2
Minnesota 2, Arizona 1
Edmonton 5, Winnipeg 4, OT
Buffalo at Vegas, 9 p.m.
Wednesday's Games
St. Louis at Montreal, 6 p.m.
NY Rangers at Washington, 6 p.

NY Islanders at Anaheim, 9 p.m. Thursday's Games Pittsburgh at Toronto, 6 p.m. Colorado at New Jersey, 6 p.m. Philadelphia at Columbus, 6 p.m. Detroit at Tampa Bay, 6:30 p.m. Vancouver at Winnipeg, 7 p.m. Arizona at Chicago, 7:30 p.m. Boston at Edmonton, 8 p.m. NY Islanders at I.o.s Anneles 9:30

Tuesday's results Minnesota 2, Arizona 1

Minnesota 0 1 1— 2 First Period—1, Arizona, Perlini 1 (Oesterle Hinostroza) 13:12 (pp.) Second Period—2, Minnesota, Granlund 2 (Spurgeon) 3:40. Third Period—3, Minnesota, Staal 2 (Zucker, Suter) 6:18.

Edmonton 5, Winnipeg 4, 10T

Edmonton 1 0 3 1— 5

Winnipeg 3 1 0 0— 4

First Period—1, Winnipeg, Lowry 2 (Tanev)
4:51.2, Winnipeg, Lowry 3 (Perreault, Copp)
7:47. 3, Edmonton, McDavid 3 (Draisaitl)
12:49 (pp). 4, Winnipeg, Chiarot 1 (Ehlers, Kulikov) 13:11.

Second Period—5, Winnipeg, Scheifele 2
(Laine, Morrissey) 1:02 (pp).

Third Period—6, Edmonton, Rattie 1 (McDavid, Klefbom) 0:18. 7, Edmonton, McDavid
4 (Nugent-Hopkins, Draisaitl) 2:28 (pp). 8,
Edmonton, Puljujarvi 1 (Nugent-Hopkins,
McDavid) 13:39.

Winnipeg 14-11-8-0—33.
Power-play opportunities—Edmonton 2 of 2.
Winnipeg 1 of 3.
Goalies—Edmonton Koskinen 0-0-0 (0 shots-o saves), Talbot 0-0-0 (33-29). Winnipeg
Hellebuyck 2-2-0 (39-34), Brossoit 0-0-0

VOLLEYBALL

Jacks top Hounds on Senior Night

Pioneer Staff Report sports@bemidjipioneer.com

BEMIDJI — The Bemidji High School volleyball team picked up a 3-1 (25-21, 25-14, 20-25, 25-18) win on Senior Night against Duluth East to win its final home match of the regular season.

"I think it went pretty well. We lacked some communication, but I erra Mathews posted a think overall our serve- team-high 19 assists with 20.

good tonight," said BHS head coach Alicia Kriens. "When our offense was on and taking some big, aggressive swings, I think it definitely caught their defense off guard." Taylor Wade led the

Lumberjacks (9-14) with 15 kills, with Rumer Flatness adding seven and Ashley Hofstad six. Mik-

receive looked pretty Emily Wade following with 17. Taylor Wade also made a team-leading five aces. Kenzie Christiansen

came up with five blocks to lead BHS on defense, and Jenna Anderson recorded 12 digs.

The Lumberjacks will conclude the regular season at the Chaska Invitational this Saturday, Oct.

BOYS

From Page 5

my boys displayed and the confidence they had in one another to trust in one another and play without one of the best players we have on the field in Ben Hess, who doesn't play more than about three minutes, and that was only

because it was 2-2 with 15 minutes left and we

had to get a goal." The win moves the Jacks into the Section

8A final, where they will take on the South's fourth seed, Sartell-St. Stephen. The game will be played Thursday, but the exact time and place have yet to be determined. Helwig said in order

to win the team's third straight section title, it'll take an well-rounded, solid performance.

"It'll take quick

feet, one-two touch, speed, taking our shots, communication and lockdown defense," he said.

"(We need) the same type of effort, the same type of focus, same type of mental toughness to get forward, get through and keep going," said Toward. Bemidji 4, St. Cloud Cathedral 2

BEM

5'; 2, SCC GOAL, Tetrault (Kent) 36'. Second Half — 3, BEM GOAL, Galdamez (Helwig) 43'; 4, SCC GOAL, Drong (Revier) 62'; 5, BEM GOAL, E. Mock (B. Hess) 72'; 6, BEM GOAL, Mitchell (E. Mock) 78'.

CROSS COUNTRY

From Page 5 friends in the crowd and cheering," Berg said. "It's not the easiest course, but it's definitely a fun one."

the regular season for the Lumberjacks. The Section 8AA meet is scheduled for Thursday, Oct. 25, in Thief River Falls. Aylesworth said things

The meet was the last of

are shaping up well entering the postseason. "We're looking strong,"

"We Aylesworth said. have a few little things we need to work on, but I like the progress I think GORGEOUS ONE OF A KIND

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that we're making."

Boys Team Results
1-Perham 44; 2-Moorhead 57; 3-Bemidji
71; 4-East Grand Forks 72; 5-Crosby-Ironton 182; 6-Bagley/Fosston 197; 7-Roseau
210; 8-Thief River Falls 213; 9-Ada-Borup/ Norman Co. 230; 10-Hawley 271; 11-War-

road 289; 12-Pelican Rapids 307. **Bemidji Boys Results**8-Berg 17:08.5; 10-Youso 17:12.4; 13-Mostad 17:25.0; 19-Fourquerel-Skoe 17:36.0; 21-Maish 17:37.8; 27-Lindgren 18:00.9; 31-McDonald 18:15.2.

31-McDonald 18:15.2.

Bagley/Fosston Boys Results

25-Tirkkonen 17:57; 33-G. Hemberger
18:31; 42-Olson 19:27; 46-Strandberg
19:38; 58-L. Hemberger 20:10; 72-Soren-

son 21:14; 75-Halverson 21:46. Cass Lake-Bena Boys Results 74-Howard 21:25.6; 82-Dunn 2: 84-Olson 24:33.3; 86-Coller 27:19.8.

Girls Team Results Giris Team Results

1-Perham 43; 2-Moorhead 57; 3-StaplesMotley 86; 4-Bemidji 127; 5-East Grand
Forks 130; 6-Pelican Rapids 169; 7-Hawley
199; 8-Crosby-Ironton 218; 9-Warroad 232;
10-Thief River Falls 240; 11-Roseau 277. Bemidji Girls Results

7-R. DeWitt 20:15.6; 10-Youso 20:23.0; 27-K. DeWitt 21:23.2; 42-Peters 22:16.6; 51-Williams 23:20.1; 53-Morin 23:35.1; 60-Thompson 24:23.8. Bagley/Fosston Girls Results 33-Landsverk 21:42; 35-Manecke 21:51; 78-Scherzer 27:48

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